The Impact of Player Performance Metrics on Team Wins in Major League Baseball (MLB)

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**Abstract** 

The overarching goal of this research was to gain insight into an intriguing question that constantly ran through my mind during my baseball career. The question is, "What baseball statistics contribute the most to the number of wins a team achieves in a season?" I find this intriguing because statistics are so deeply involved in the culture of baseball. This can be seen when having a five minute conversation with virtually any die hard baseball fan. In one way or another statistics about players or teams will come up. Statistics play a major role in numerous decisions and strategies coaches implement, as well as the way players focus their training. I have always had a profound love for baseball, and this research was an enjoyable way to combine my interest in statistics with my love for baseball.

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### I. Introduction

Baseball is a game driven by statistics, the industry and its culture have embraced this in numerous ways. Examples of this can be seen in movies like *Moneyball*, fantasy baseball leagues that rely on player stats, sports betting on MLB teams, and even major contract negotiations are all filled with statistical decision-making. These examples, coupled with the increasing desire from coaches to possess meaningful data to make strategic decisions throughout games, clearly demonstrate that baseball is a game riddled with statistical intel. The purpose of this research is to examine some of these well-known statistics and determine their relevance in predicting the number of wins a team will achieve throughout the course of a season, as well as how large of an effect they each have individually. The overarching question is: "What statistics matter most in accurately predicting the number of wins a team will achieve?"

This research is vital because statistics hold significant weight in the culture of baseball. They inform us on how different organizations operate. It will give insight into what aspects of the game they believe to be essential, and how they think economically. As part of the research for this project, the model was run for ten different MLB seasons from 2014-2024, excluding 2020 because of the shortened season due to the COVID-19 pandemic. The reason this time period is relevant is because there are trends in most major sports surrounding how strategy adapts over time, and it seems relevant to understand whether that would apply to this research as well. It is also relevant because in the last ten years there have been lucrative contracts signed in the baseball industry. Some examples would include Shohei Ohtani signing for \$700 million with the Dodgers in 2023 (Li and Dore, 2023), Yoshinobu Yamamoto signing for \$325 million in 2023 (Stephen, 2024) also with the Dodgers, and Aaron Judge signing for \$360 million in 2022 with the Yankees (Associated Press). These contracts signify the deep appreciation their

respective organizations have for these players and the skills that they bring to the team. Without respectable, top-notch skills inside the game, they wouldn't receive contracts like these.

Another interesting point to note is that all these players play different roles on their teams, some are offensive, and some are defensive. This should be kept in mind to fully examine the connection between the results of this research and its effect on contract negotiations. The research draws on previous literature and aims to improve upon some of the work that has been done towards answering this question in the past. While previous literature on the topic of what statistics are most relevant to the number of wins a team will achieve is very respectable, there seems to be a gap in some of the findings that hopefully will be addressed throughout this paper. Section II will summarize the relevant literature to this paper. It will focus on papers such as "Which Baseball Statistic is the Most Important When Determining Team Success?" and "Common MLB Statistics: Which Stats Determine a Team's Win Percentage?" (Houser, 2005; Sult, 2021). Section III will examine the theoretical model and lay the groundwork for how the model will be built. Section IV will discuss the data and how it answers the question of what statistics are most relevant. Section V will evaluate the model's results and provide empirical evidence. Section VI will be a conclusion to the paper. Additional sections, VII and VIII will include relevant sources that were drawn on either directly or indirectly, as well as appendices and tables related to the results.

## **II. Literature Review**

The question of "What performance metrics matter most in professional baseball?" has been a long and comprehensively debated topic. Many people have spent countless hours researching and analyzing what makes teams successful, contributing to a plethora of valuable

research surrounding what qualities make a successful team, and what qualities make a successful player. This research has undoubtedly driven data-driven decision-making surrounding management and player personnel within professional organizations. While this topic is clearly relevant to many people, it isn't completely answered. This literature review aims to highlight some of the strengths in the available research, and some of the potential opportunities for improvement. Critically examining published works such as Houser (2005), Sult (2021), and Ballou-Crawford (n.d.) will address the strengths and limitations of available research. These relevant works will be attached below (refer to Section VII) and provide contextual insight into the answer to the question: "What statistics matter most in accurately predicting the number of wins a team will achieve?"

The theory behind this project is simple: certain measured statistics will have a strong correlation with the number of wins a team will achieve over a given season. This theory will be examined using ordinary least squares (OLS) regression, determining a linear relationship between the chosen variables and the number of wins a team achieved for the given season. This is one of the most commonly accepted practices for research like this. The data was taken from the Official Major League Baseball website as well as Baseball Reference's website. The data contained 80+ different relevant statistics that could provide insight into the question. Once the data has been prepared, it will be read into a statistical software package that is able to run the regression and provide all the necessary information for answering this hypothesis. Throughout this process, multiple different variables and combinations of variables were used in the attempt to find the most statistically significant model. The values that the model finds can be used to predict future outcome values but also to infer the relationship between each feature of the model

and the dependent variable. For this inference to be valuable, the model must be sound and follow the Gauss-Markov assumptions for linear regression.

The purpose of drawing on previous literature for this paper is that it gives insight, as well as opportunities for improvement on the research surrounding this topic. These need improvement because much of the work directly violates the critical assumptions of linear regression. The first paper in question will be Houser's 2005 work: "Which Baseball Statistic is the Most Important When Determining Team Success?" This research is strong and gives a useful model with a strong R-squared value. However, this model inherently holds some flaws. For starters, two of the first features of Houser's model are average (AVG) and on-base percentage (OBP). This is a significant mistake in a model that is being used for interpretability. Average is found by dividing the number of hits a player gets by the number of at-bats they have had. This gives a percentage that alludes to how often that player will get a hit. It can also be calculated for a whole team, by summing the hits they get and dividing it by the sum of at-bats they have. On-base percentage is a combination of hits, walks and hit by pitches that a player or team gets, then divided by the total number of at-bats they have. These two features are highly correlated because of the fact that they both have hits in their numerator over at-bats in their denominator. While they are different, they generally are within five to ten percentage points of each other; for example, a player with an average of .300 might have an on-base percentage of .360. This high level of collinearity is an issue for a model being used for inference purposes, and it is likely the reason that his model found a negative parameter value for the average feature. No reasonable logic could explain why getting more hits would make a team less successful. On-base percentage has higher values and explains the outcome variable a little more because it also includes walks and hit-by-pitch which gives the team runners on base. That is

probably why the model gave a positive value while the average received a negative value to offset it. This error makes Houser's model unreliable for the purposes of inferring what metrics matter most. Throughout his research, Houser also makes the point that ERA wouldn't be a useful statistic because it is subject to human error when being assessed. The point that they make is that some players will be able to get to a ball and might be able to make an error while others wouldn't even get to it, so it could be a hit. This could be said for most of the features in this model, for example, if a player hits a weak ball not very far in the infield but is very speedy, they still may have a chance of getting a hit, which would increase their average, whereas some players might not have the speed to do so. This doesn't seem to be a significant argument for not including ERA. The most significant feature in Houser's model ends up being WHIP, which stands for Walks and Hits per Innings Pitched. This feature is directly related to human scoring decisions that are made, just the same as ERA is, because the scorers decide what is a hit and what isn't.

The last point of Houser's model that needs further exploration is the point made that what works for one team will surely work for another. While this model is trying to predict what overall works best for each team based on certain metrics, there is also an element to each team that makes them unique. Each team has its own unique identity that they play with and this is what contributes to the amount of wins or losses they have, some teams steal a lot of bases while some teams hit a lot of home runs, hopefully this claim can be examined further in this research. The next relevant paper to be examined is Sult's 2021 work "Common MLB Statistics: Which Stats Determine a Team's Win Percentage?" Sult developed a significant model that produced an even stronger R-Squared value compared to Houser. While this would indicate Sult's model improved upon Houser's as far as predictability, it struggled with the same downfalls as Houser's

due to the features that were selected for the model. Some of the features selected also contained high levels of multicollinearity similar to Houser's such as average squared, as well as slugging squared. Slugging will inherently contain average inside of it because when a player gets an extra base hit they are also contributing towards their average so these two stats will move together. While these errors don't directly violate Gauss-Markov's classical assumptions for linear regression, they undermine the model's reliability for inference purposes.

This research project aims to correct the gaps in the current available research on answering the question, "What statistics matter most in accurately predicting the number of wins a team will achieve?" The methodology to be used is listed above and will be the guiding force throughout this project. Tests will be conducted to prevent multicollinearity and uphold the critical assumptions of linear regression by Gauss-Markov. Through filling these gaps the question will be answered to a higher and more accurate extent furthering the useful knowledge in the world of baseball on what metrics are most important to a team's success. The research that will be drawn on is sound, useful, strong and has laid the foundation for this project.

# III. Modeling

The underlying question for this research is "What statistic matters most in predicting team wins?" This question takes on multiple hypotheses that are necessary to understand whether it has been answered properly. The first hypothesis is that in a standardized model, there will be features that are statistically significant different from zero. In other words, these variables calculated t-statistics, will be larger than the critical t-statistics at the chosen confidence levels for this model. These features will be directly comparable as far as their significance in predicting the number of wins as well as the magnitudinal effect they each have on the number of

wins. Failing to reject the null would mean that features are discovered through this research that prove to be significant in predicting the number of wins. The second hypothesis that will be tested is that OPS and WHIP will be the most significant features in predicting the number of wins a team will achieve. This will also be measured by observing these features' calculated t-statistics and comparing them to the critical t-statistic. Failing to reject the null would mean that OPS and WHIP will be the two most significant features in the standardized model, compared by their t-statistics.

The first hypothesis will be examined by running the OLS regression model on different sets of features. Some of the features that were examined were average, slugging, on-base percentage, on-base plus slugging, walks or hits per innings pitched and also stolen bases. As more variables were introduced to the model the Adjusted R-Squared value consistently decreased even if the R-Squared value was going which strongly indicated that penalties were being incurred due to including irrelevant variables. It became clear early on that for this model's parameters to be statistically significant different than zero as well as useful for interpretability, it would have to favor the path of omitting relevant variables rather than including irrelevant ones. This was to protect the variance of the model and in turn protect the t-statistics this model would produce. If this model's purpose was to predict the outcome it would be relatively easy to pick features from the list of 83 that would increase the R-Squared value without incurring major penalties but this wasn't the purpose of the model. There are however almost certainly omitted variables in this model that could increase its Adjusted R-Squared value if they were determined.

The second hypothesis will be tested by running a regression that uses just OPS and WHIP in its model. It will also be run as a standardized linear regression model as these two variables are on entirely different scales. This will allow the model's parameter estimates to be

significant in determining which feature has a stronger effect on the number of wins a team will achieve in a season. To determine if OPS and WHIP are statistically significant different than zero the feature's t-statistics will need to be evaluated. If these prove to be statistically significantly different than zero and have the highest calculated t-statistics compared to other features then the null will fail to be rejected and it will be accepted that OPS and WHIP are the two most significant features in explaining the number of wins a team will achieve. Throughout the research pairwise correlations were also used, examining the magnitude of the relationship between different features and the number of wins teams achieved by the end of the season. This was another important factor in determining whether this null hypothesis should be accepted.

### IV. Data

Data was not a major issue for this research. Baseball is a naturally statistically driven sport so there is ample data out there on team statistics as well as other new measures that have been coming out that are only going to further the game's skill level and bring in new strategies for how to manage games. This was very nice to have and the only conflicts that needed to be addressed was how to merge different data sets together. This wasn't too strenuous and the data ended up being in a very useful format. However, if there was something that could be adjusted in this research it would have been having access to certain data that couldn't be obtained. One example that would have been very useful would be data on stolen base success percentage (Houser, 2005). While there isn't direct evidence that this variable would be statistically significant, in theory it seems that there are teams that succeed as much as they do because of their ability to steal bases. Take the 2024 Brewers for example. They had a slightly better average than the league average, however they had one of their best seasons in a long time (MLB)

Website). Outside of that feature there are likely others that would be very interesting to explore under this topic.

The data that was used included 30 observations, one for every team in the league as well as 83 different features that could be chosen from. These features included hitting, fielding and pitching statistics so that the model had the opportunity to be tested with a comprehensive set of variables. Initial research into the data examined pairwise correlation between the number of wins and an assortment of statistical variables that teams achieved in a season. It was found that OPS and WHIP had some of the highest pairwise correlations with wins which followed previous literature as well as theory (Houser, 2005). It was also demonstrated that variables such as ERA and Runs/Game had very high correlations with the number of wins which made sense because if a team gives up less runs on average or scores more runs on average clearly they will have a higher likelihood of winning the game. This research avoided variables that were explicitly based on runs such as these. It does include homeruns for the team's offense in the measure of OPS as well as homeruns against them in the measure of WHIP but runs aren't the explicit purpose of those variables and therefore they are found to be useful for inferential purposes which is one of the goals of this research. They give insight into which aspects of the game are most important rather than the obvious fact that giving up less runs per game or scoring more runs per game will be highly correlated with the ability to win. That is why they were used in this model.

## V. Evidence

The model concluded that there were variables that were statistically significant in predicting the number of wins a team would achieve throughout the course of a regular season.

The model also found OPS and WHIP to both be statistically significant different than zero and both had high calculated t-stats indicating that they were very significant in predicting this dependent variable. They also had very low p-values which further assured that these variables were significant in this model. The model found OPS to have a stronger effect on the number of wins a team would achieve compared to WHIP but it was a close comparison. As the model was run for each season going back to 2014 there was also a noticeable trend moving away from this and instead finding that WHIP had a stronger effect on the number of wins a team would achieve. This was surprising and wasn't an anticipated result going into the research. What this could signal is that there has been a shift in the way players play the game and the playstyles they play with. It could be interpreted that pitching used to have a much stronger impact on the outcome of games and that now there has been a shift in which offense is having a stronger effect. This could be because players are focusing on hitting for power more nowadays or could also not have much significance at all and just be due to different seasons having randomly different statistics but it was an interesting result (Ballou-Crawford).

Table 1: Tests for Heteroskedasticity, Autocorrelation and Multicollinearity

This model went through lots of testing to prove that it doesn't violate the classical assumptions for linear regression. First to test for heteroskedasticity and autocorrelation, the Bruesch-Pagan test as well as the Durbin-Watson test were performed. What these tests both did was ensure that the model wasn't incurring any heteroskedasticity or autocorrelation which

would mess with the standard deviation for the model and in turn, make the features less reliable. The model achieved a BP test score of 0.157 (rounded) as well as a DW test score of 2.221 (rounded). This indicated that the model didn't show signs for serious heteroskedasticity or autocorrelation as the BP test was evaluated at a 5% level of significance and it passes that. The DW stat, although wasn't exactly 2, doesn't give evidence of serious autocorrelation and therefore also wasn't a concern for this model. Finally the variance inflated factors, or VIFs, were calculated and this test also demonstrated reassurance in the model similar to the BP test and DW test. Both variables had VIFs around 1.09. What this test showed was that both of the features didn't demonstrate signs of multicollinearity meaning this model was a reliable model for inference purposes, because the model will be able to determine where the variance in the dependent variable is coming from all else held equal as one of the features changes. This was a very encouraging sign for the purposes of this research.

**Table 2: Regression Results: Predicting Number of Wins** 

		R-squa	red:		0.903
Model:	OLS	Adj. F	l-squared:		0.896
Method:	Least Squares	F-stat	F-statistic:		
No. Observations:	30	AIC:			20.03
Of Residuals:		BIC:			24.23
Of Model:					
Covariance Type:	nonrobust				
coef	std err	t	P> t	[0.025	0.975]
onst -1.527e-16	0.059 -2.	 59e-15	1.000	-0.121	0.121
PS_bat 0.6309	0.063	10.093	0.000	0.503	0.759
HIP_pitch -0.5514	0.063	-8.821	0.000	-0.680	-0.423
 mibus:	0.420	 Durbir	=======  -Watson:		2.221
rob(Omnibus):	0.811	Jarque	-Bera (JB):		0.567
kew:	-0.141	Prob(3	B):		0.753
(urtosis:	2.389	Cond.	No.		1.35

The final model only includes two features. They are OPS and WHIP. They both proved to be statistically significant in literature review as well as in models that were run for this and because of this they stood out as the most significant features. They also both contained very

high pairwise correlation with the number of wins a team will get. At the 0.05 level of significance both features proved to be statistically significant different than zero and also had p-values of 0 meaning they are very significant. The F-statistic is high indicating the model is significant as a whole and useful for interpretation. Finally the model has a very high R-Squared value as well as a high Adjusted R-Squared value which would signal that this model can explain a lot of the variation in the number of wins a team gets and doesn't suffer a high penalty for including irrelevant variables.

This model is very statistically sound and strongly answers the question of what statistics are most important in contributing to the number of wins a team will achieve throughout the course of a season. This model can be used by players and coaches alike to determine that a focus on OPS as well as WHIP will contribute to greater success for their team and careers. This has major implications in the industry because many of these people's careers and livelihoods depend on it. I have known and been around multiple professional baseball players throughout my career playing baseball and believe that they would have found this information useful and pertinent to their career path.

#### VI. Conclusions

In conclusion, this research determined that OPS and WHIP are the most statistically significant features in determining the number of wins that a team will achieve throughout the course of a 162 game season. This implies that coaches and players should focus on structuring their teams, as well as their training, towards measures that will improve upon these statistics. Doing so will increase their likelihood of winning baseball games and give them the best chance to succeed. While there are likely omitted variables in this model it still holds to be highly

significant in respect to predicting the number of wins a team will achieve based on these two factors. This was proven through statistical testing such as observing F-statistics as well as looking at variables' individual calculated t-statistics and their p-values. These provided overwhelming evidence in favor of accepting the first hypothesis proposed, that there would be variables that are statistically significant different than zero in predicting the number of wins a team will achieve. Additionally, previous literature, theory, and different combinations of variables were used in this research to also accept the second aforementioned hypothesis, that OPS and WHIP are the two most statistically significant features in predicting the number of wins a team will achieve. The evidence in favor of this was their high calculated t-statistics, low p-values and also the F-statistic generated in the two feature model that only included these features. It was very high indicating that the model with just those two was highly significant in predicting the number of wins a team will achieve. This fell in line with previous research into this topic as well as the underlying theory that these two stats mean the most for team success. The most notable finding that was obtained through this research, that wasn't previously anticipated, was that OPS has slowly been increasing over time in the magnitude it has towards the number of wins a team will achieve. The model was evaluated for the years 2014-2024 excluding 2020 because of the shortened season due to COVID-19. A notable trend was determined through this that WHIP's magnitude was actually higher than OPS's earlier on in that time period. This could indicate that there has been a shift in the game away from reliance on pitcher's success to win games and instead it may have become more offensively focused.

This paper provided a model for predicting the number of wins a team will achieve throughout a 162 game season, as well as the ability to interpret its results, stemming from a combination of highly statistically significant variables as well as the model being standardized

to place the variables on the same scale. The model improved upon the available literature by demonstrating that OPS and WHIP are the most statistically significant variables for this question and other commonly used variables can add unnecessary noise to the model. The research generated new questions about what other variables there are out there and how they could improve the model's accuracy. Undoubtedly, there are some that could be added that don't undermine the models reliability but also contribute to its ability to predict the number of wins. For the scope of this project it wasn't feasible to determine all of these and proved satisfactory to only use these two. The model is still able to predict almost 90% of the variance in the number of wins teams achieve based on just these two statistics. Additional research into this question could provide highly meaningful answers for coaches and players about what aspects of the game they should focus their time and energy towards. This model will hopefully be improved upon in the future.

## VII. References

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# VIII. Appendices

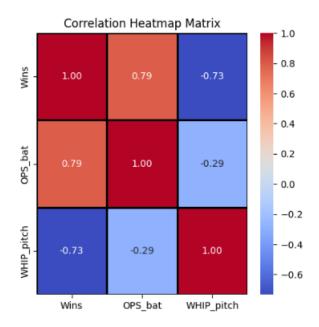
Table 1: Tests for Heteroskedasticity, Autocorrelation and Multicollinearity

Table 2: Regression Results: Predicting Number of Wins (2024)

Model: OLS Adj. R-sqı	OLS Adj. R-squared:	
Method: Least Squares F-statist:	F-statistic:	
No. Observations: 30 AIC:		20.03
Of Residuals: 27 BIC:		24.23
Of Model: 2		
Covariance Type: nonrobust		
coef std err t l	?> t  [0.025	0.975]
const -1.527e-16 0.059 -2.59e-15 1		
PS_bat 0.6309 0.063 10.093 (		
HIP_pitch -0.5514 0.063 -8.821 (	9.000 -0.680	-0.423
Dmnibus: 0.420 Durbin-Wat	 tson:	2.221
Prob(Omnibus): 0.811 Jarque-Ber	ra (JB):	0.567
5kew: -0.141 Prob(JB):		0.753
Kurtosis: 2.389 Cond. No.		1.35

# Additional References:

Correlation Heatmap for Wins, OPS and WHIP



# Regression Results for Comparison (2014)

						=======		
Dep. Variab	le:		ins	R-squa			0.775	
Model:					-squared:		0.758	
Method: No. Observations: Df Residuals: Df Model:							44.88	
				AIC:			43.97 48.07	
				BIC:				
Covariance	Type:	nonrobu	ıst					
	coef	std err		t	P> t	[0.025	0.975]	
const	5.667e-16	0.091	6.2	 2e-15	1.000	-0.188	0.188	
OPS_bat	0.5061	0.096	9	5.269	0.000	0.309	0.704	
WHIP_pitch	-0.8596	0.096	-8	3.949	0.000	-1.057	-0.662	
 nnibus:	=======	0.3	===== 290	 Durbin	======= -Watson:		 2.934	
rob(Omnibu	ıs):	0.8	365	Jarque	-Bera (JB):		0.427	
kew:		-0.1	L97	Prob(J	B):		0.808	
(urtosis:		2.5	555	Cond.	No.		1.29	