# Structural Equation Modeling & Mediation

Introduction to SEM with Lavaan



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#### Outline

#### Structural Equation Modeling

#### Mediation

Simple Mediation Bootstrapping Multiple Mediation Parallel Mediators Serial Mediators Mediation + SEM

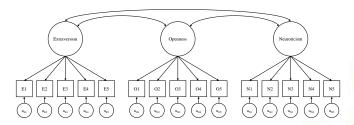


#### Full SEM

Structural equation modeling (SEM) simply combines path analysis and CFA.

• SEM allows us to model complicated structural relations among latent variables.

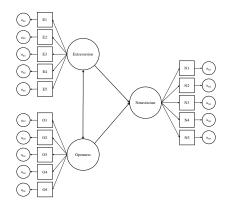
Let's consider a simple, three-factor CFA model.



#### $CFA \rightarrow SEM$

We first evaluate the validity of the measurement model via CFA.

• We then convert the CFA to an SEM by converting some covariances to latent regression paths.





```
data(bfi, package = "psych")
## Specify the CFA model:
cfaMod <- "
extra = E1 + E2 + E3 + E4 + E5
open = 01 + 02 + 03 + 04 + 05
neuro = N1 + N2 + N3 + N4 + N5
## Estimate the model:
cfaOut <- cfa(cfaMod, data = bfi, missing = "fiml", std.lv = TRUE)
## Check the fit:
fitMeasures(cfaOut,
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
              df pvalue cfi tli rmsea
  chisq
2251.679 87.000 0.000 0.809 0.769 0.094
   srmr
  0.081
```

```
partSummary(cfaOut, 5)
Latent Variables:
                    Estimate
                               Std.Err
                                        z-value P(>|z|)
  extra =~
    E1
                       0.973
                                 0.032
                                         30,607
                                                    0.000
    E2
                       1.163
                                 0.030
                                          38.171
                                                    0.000
    E3
                      -0.815
                                 0.027
                                         -30.358
                                                    0.000
    E4
                      -0.979
                                 0.028
                                         -35.254
                                                    0.000
    E5
                      -0.714
                                 0.027
                                         -26.638
                                                    0.000
  open =~
    01
                       0.630
                                 0.025
                                          24.886
                                                    0.000
    02
                      -0.605
                                 0.036
                                         -16.781
                                                    0.000
    03
                       0.897
                                 0.029
                                          30.765
                                                    0.000
    Π4
                       0.290
                                 0.028
                                         10.402
                                                    0.000
    05
                      -0.602
                                 0.031
                                         -19.734
                                                    0.000
  neuro =~
    N1
                       1.272
                                 0.027
                                          47.254
                                                    0.000
    N2
                       1.218
                                 0.026
                                          46,491
                                                    0.000
    NЗ
                       1.157
                                 0.029
                                          40.195
                                                    0.000
    N4
                       0.892
                                 0.030
                                          29.356
                                                    0.000
    N5
                       0.823
                                 0.031
                                          26.163
                                                    0.000
 6 of 127
```

```
partSummary(cfaOut, 6)
Covariances:
                            Std.Err z-value P(>|z|)
                  Estimate
  extra
                    -0.444 0.024 -18.472
                                               0.000
   open
                     0.240
                              0.023
                                      10.551
                                                0.000
   neuro
  open
                    -0.117
                              0.025
                                      -4.667
                                                0.000
   neuro
```



```
partSummary(cfaOut, 7)
Intercepts:
                     Estimate
                               Std.Err
                                         z-value
                                                   P(>|z|)
   .E1
                        2.974
                                  0.031
                                          96.223
                                                     0.000
   .E2
                        3.143
                                  0.030
                                         103,424
                                                     0.000
   .E3
                        4.002
                                  0.026
                                         156.117
                                                     0.000
   .E4
                       4.421
                                  0.028
                                         160.350
                                                     0.000
   .E5
                       4.417
                                  0.025
                                         174,595
                                                     0.000
   .01
                       4.816
                                  0.021
                                         224.964
                                                     0.000
   .02
                        2.713
                                  0.030
                                          91.745
                                                     0.000
   .03
                       4.436
                                  0.023
                                         191.555
                                                     0.000
   .04
                       4.892
                                  0.023
                                         211.519
                                                     0.000
   .05
                        2.490
                                  0.025
                                          98.932
                                                     0.000
   .N1
                        2.932
                                  0.030
                                          98.589
                                                     0.000
   .N2
                        3.508
                                  0.029
                                         121.459
                                                     0.000
   .N3
                        3,217
                                  0.030
                                         106,147
                                                     0.000
   .N4
                                  0.030
                                                     0.000
                        3.185
                                         106.894
   .N5
                        2,969
                                  0.031
                                          96,663
                                                     0.000
                        0.000
    extra
                        0.000
    open
                        0.000
    neuro
 8 of 127
```

```
partSummary(cfaOut, 8)
Variances:
                     Estimate
                                Std.Err
                                          z-value
                                                   P(>|z|)
   .E1
                        1.713
                                  0.054
                                           31.442
                                                      0.000
   .E2
                        1.224
                                  0.049
                                           24.952
                                                      0.000
   .E3
                        1.163
                                  0.038
                                           30.388
                                                      0.000
   .E4
                        1.166
                                  0.041
                                           28.522
                                                      0.000
   .E5
                        1.272
                                  0.039
                                           32,789
                                                      0.000
   .01
                        0.878
                                  0.031
                                           28.320
                                                      0.000
   .02
                        2.083
                                  0.062
                                           33,705
                                                      0.000
   .03
                        0.686
                                  0.043
                                           16.130
                                                      0.000
   .04
                        1.407
                                  0.039
                                           36.236
                                                      0.000
   .05
                        1.401
                                  0.044
                                           31.837
                                                      0.000
   .N1
                        0.848
                                  0.037
                                           23.029
                                                      0.000
   .N2
                        0.842
                                  0.035
                                           24.184
                                                      0.000
   .N3
                        1.228
                                  0.043
                                           28,308
                                                      0.000
   .N4
                        1.666
                                  0.051
                                           32.808
                                                      0.000
   .N5
                        1.942
                                  0.056
                                           34,465
                                                      0.000
                        1.000
    extra
                        1.000
    open
                        1.000
    neuro
 9 of 127
```

```
## Add structural paths:
semMod <- "
extra = E1 + E2 + E3 + E4 + E5
open = 01 + 02 + 03 + 04 + 05
neuro = N1 + N2 + N3 + N4 + N5
neuro ~ extra + open
## Estimate the model:
semOut <- sem(semMod, data = bfi, missing = "fiml", std.lv = TRUE)</pre>
## Check the fit:
fitMeasures(semOut,
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
  chisq
              df pvalue cfi tli
                                            rmsea
2251.679 87.000 0.000 0.809 0.769
                                             0.094
   srmr
  0.081
```

```
partSummary(semOut, 5)
Latent Variables:
                    Estimate
                               Std.Err
                                        z-value P(>|z|)
  extra =~
    E1
                       0.973
                                 0.032
                                         30,607
                                                    0.000
    E2
                       1.163
                                 0.030
                                          38.172
                                                    0.000
    E3
                      -0.815
                                 0.027
                                         -30.358
                                                    0.000
    E4
                      -0.979
                                 0.028
                                         -35.254
                                                    0.000
    E5
                      -0.714
                                 0.027
                                         -26.638
                                                    0.000
  open =~
    01
                       0.630
                                 0.025
                                          24.886
                                                    0.000
    02
                      -0.605
                                 0.036
                                         -16.781
                                                    0.000
    03
                       0.897
                                 0.029
                                          30.765
                                                    0.000
    Π4
                       0.290
                                 0.028
                                         10.402
                                                    0.000
    05
                      -0.602
                                 0.031
                                         -19.734
                                                    0.000
  neuro =~
    N1
                       1.235
                                 0.027
                                          45.916
                                                    0.000
    N2
                       1.183
                                 0.026
                                          45,360
                                                    0.000
    NЗ
                       1.123
                                 0.028
                                          39.976
                                                    0.000
    N4
                       0.866
                                 0.029
                                          29.605
                                                    0.000
    N5
                       0.799
                                 0.031
                                          26.204
                                                    0.000
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```

```
partSummary(semOut, 6:7)
Regressions:
                          Std.Err z-value P(>|z|)
                 Estimate
 neuro ~
   extra
                    0.241
                           0.030
                                    8.169
                                             0.000
                   -0.014 0.031 -0.448
                                             0.654
   open
Covariances:
                          Std.Err z-value P(>|z|)
                 Estimate
 extra
                           0.024 -18.472
                   -0.444
                                             0.000
   open
```

```
partSummary(semOut, 8)
Intercepts:
                     Estimate
                               Std.Err
                                         z-value
                                                   P(>|z|)
   .E1
                        2.974
                                  0.031
                                          96.223
                                                     0.000
   .E2
                        3.143
                                  0.030
                                         103,424
                                                     0.000
   .E3
                        4.002
                                  0.026
                                         156.117
                                                     0.000
   .E4
                       4.421
                                  0.028
                                         160.350
                                                     0.000
   .E5
                       4.417
                                  0.025
                                         174,595
                                                     0.000
   .01
                       4.816
                                  0.021
                                         224.964
                                                     0.000
   .02
                        2.713
                                  0.030
                                          91.745
                                                     0.000
   .03
                       4.436
                                  0.023
                                         191.555
                                                     0.000
   .04
                       4.892
                                  0.023
                                         211.520
                                                     0.000
   .05
                        2.490
                                  0.025
                                          98.932
                                                     0.000
   .N1
                        2.932
                                  0.030
                                          98.589
                                                     0.000
   .N2
                        3.508
                                  0.029
                                         121,459
                                                     0.000
   .N3
                        3,217
                                  0.030
                                         106,146
                                                     0.000
   .N4
                                  0.030
                                                     0.000
                        3.185
                                         106.894
   .N5
                        2,969
                                  0.031
                                          96,663
                                                     0.000
                        0.000
    extra
                        0.000
    open
                        0.000
   .neuro
 13 of 127
```

```
partSummary(semOut, 9)
Variances:
                     Estimate
                                Std.Err
                                          z-value
                                                   P(>|z|)
   .E1
                        1.713
                                  0.054
                                           31.442
                                                      0.000
   .E2
                        1.224
                                  0.049
                                           24.952
                                                      0.000
   .E3
                        1.163
                                  0.038
                                           30.388
                                                      0.000
   .E4
                        1.166
                                  0.041
                                           28.522
                                                      0.000
   .E5
                        1.272
                                  0.039
                                           32,789
                                                      0.000
   .01
                        0.878
                                  0.031
                                           28.320
                                                      0.000
   .02
                        2.083
                                  0.062
                                           33,705
                                                      0.000
   .03
                        0.686
                                  0.043
                                           16.130
                                                      0.000
   .04
                        1.407
                                  0.039
                                           36.236
                                                      0.000
   .05
                        1.401
                                  0.044
                                           31.837
                                                      0.000
   .N1
                        0.848
                                  0.037
                                           23.029
                                                      0.000
   .N2
                        0.842
                                  0.035
                                           24.184
                                                      0.000
   .N3
                        1.228
                                  0.043
                                           28,308
                                                      0.000
   .N4
                        1.666
                                  0.051
                                           32.808
                                                      0.000
   .N5
                        1.942
                                  0.056
                                           34,465
                                                      0.000
                        1.000
    extra
                        1.000
    open
                        1.000
   .neuro
 14 of 127
```

# Why SEM?

The beauty of SEM is that we get to model the types of complex relations we can specify via path models while leveraging all the strengths of latent variables.

- When we fit a multiple-group SEM, we are modeling moderation by group.
  - The latent variables give us the ability to evaluate measurement invariance across groups.
  - We'll see more of these ideas in the next lecture.
- Path analysis and SEM lend themselves especially well to mediation analysis and conditional process anlaysis.

# **MEDIATION**



#### Mediation vs. Moderation

What do we mean by *mediation* and *moderation*?

Mediation and moderation are types of hypotheses, not statistical methods or models.

- Mediation tells us how one variable influences another.
- Moderation tells us when one variable influences another.



#### Contextualizing Example

Say we wish to explore the process underlying exercise habits.

Our first task is to operationalize "exercise habits"

• DV: Hours per week spent in vigorous exercise (exerciseAmount).

We may initial ask: what predicts devoting more time to exercise?

• IV: Concerns about negative health outcomes (healthConcerns).



## Focal Effect Only

The *healthConcerns* → *exerciseAmount* relation is our *focal effect* 

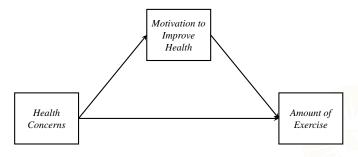


- Mediation, moderation, and conditional process analysis all attempt to describe the focal effect in more detail.
- · We always begin by hypothesizing a focal effect.

## The Mediation Hypothesis

A mediation analysis will attempt to describe how health concerns affect amount of exercise.

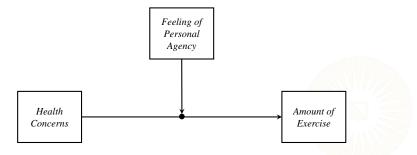
- The how is operationalized in terms of intermediary variables.
- Mediator: Motivation to improve health (motivation).



### **Moderation Hypothesis**

A moderation hypothesis will attempt to describe when health concerns affect amount of exercise.

- The when is operationalized in terms of interactions between the focal predictor and contextualizing variables
- Moderator: Sense of personal agency relating to physical health (agency).



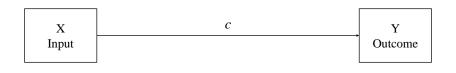
## **Conditional Process Analysis**

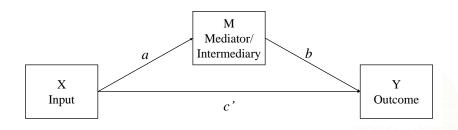
Conditional process analysis combines the mediation and moderation hypotheses into models of moderated mediation.

 Given a mediation model describing how health concerns affect exercise amount, what other variables may modulate the indirect effect.



# Path Diagrams





### **Necessary Equations**

To get all the pieces of the preceding diagram using OLS regression, we'll need to fit three seperate models.

$$Y = i_1 + cX + e_1 \tag{1}$$

$$Y = i_2 + c'X + bM + e_2 (2)$$

$$M = i_3 + aX + e_3 \tag{3}$$

- Equation 1 gives us the total effect (c).
- Equation 2 gives us the direct effect (c') and the partialled effect of the mediator on the outcome (b).
- Equation 3 gives us the effect of the input on the outcome (a).

#### Two Measures of Indirect Effect

Indirect effects can be quantified in two different ways:

$$IE_{diff} = c - c' \tag{4}$$

$$IE_{prod} = a \cdot b \tag{5}$$

 $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.

- Both give us information about the proportion of the total effect that is transmitted through the intermediary variable.
- IE<sub>prod</sub> provides a more direct representation of the actual pathway we're interested in testing.
- IE<sub>diff</sub> gets at our desired hypothesis indirectly.

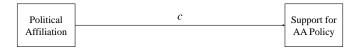
## The Causal Steps Approach

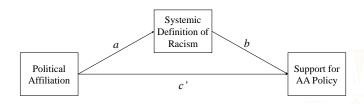
Baron and Kenny (1986, p. 1176) describe three/four conditions as being sufficient to demonstrate statistical "mediation."

- 1. Variations in levels of the independent variable significantly account for variations in the presumed mediator (i.e., Path *a*).
  - Need a significant *a* path.
- 2. Variations in the mediator significantly account for variations in the dependent variable (i.e., Path *b*).
  - Need a significant b path.
- 3. When Paths *a* and *b* are controlled, a previously significant relation between the independent and dependent variables is no longer significant.
  - Need a significant total effect
  - The direct effect must be "less" than the total effect

### Example Process Model

Consider the following process.





```
## Load some data:
dat1 <- readRDS("../data/adamsKlpsScaleScore.rds")

## Check pre-conditions:
mod1 <- lm(policy ~ polAffil, data = dat1)
mod2 <- lm(policy ~ sysRac, data = dat1)
mod3 <- lm(sysRac ~ polAffil, data = dat1)

## Partial out the mediator's effect:
mod4 <- lm(policy ~ sysRac + polAffil, data = dat1)</pre>
```

```
summary(mod1)
Call:
lm(formula = policy ~ polAffil, data = dat1)
Residuals:
   Min 1Q Median 3Q Max
-2.7357 -0.8254 0.0643 0.6827 3.2481
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 2.71516 0.35648 7.617 3.32e-11 ***
polAffil 0.23675 0.07775 3.045 0.0031 **
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.134 on 85 degrees of freedom
Multiple R-squared: 0.09836, Adjusted R-squared: 0.08775
F-statistic: 9.273 on 1 and 85 DF, p-value: 0.003096
```

```
summary(mod2)
Call:
lm(formula = policy ~ sysRac, data = dat1)
Residuals:
    Min 1Q Median 3Q
                                     Max
-2.28970 -0.53821 0.08866 0.64015 3.08343
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.1218 0.4883 2.297 0.0241 *
       0.6649 0.1210 5.494 4.03e-07 ***
sysRac
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.026 on 85 degrees of freedom
Multiple R-squared: 0.262, Adjusted R-squared: 0.2534
F-statistic: 30.18 on 1 and 85 DF, p-value: 4.029e-07
```

```
summary(mod3)
Call:
lm(formula = sysRac ~ polAffil, data = dat1)
Residuals:
   Min 1Q Median 3Q Max
-2.2187 -0.5449 -0.2115 0.6182 1.9516
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 3.19726 0.27634 11.570 <2e-16 ***
polAffil 0.17023 0.06027 2.825 0.0059 **
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.8788 on 85 degrees of freedom
Multiple R-squared: 0.08581, Adjusted R-squared: 0.07505
F-statistic: 7.978 on 1 and 85 DF, p-value: 0.005898
```

```
summary(mod4)
Call:
lm(formula = policy ~ sysRac + polAffil, data = dat1)
Residuals:
       1Q Median 3Q Max
   Min
-2.1370 -0.6338 -0.0020 0.6658 3.4674
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.80704 0.51013 1.582 0.1174
sysRac 0.59680 0.12478 4.783 7.3e-06 ***
polAffil 0.13515 0.07252 1.864 0.0658 .
Signif. codes:
0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.011 on 84 degrees of freedom
Multiple R-squared: 0.2913, Adjusted R-squared: 0.2745
F-statistic: 17.27 on 2 and 84 DF, p-value: 5.228e-07
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```

```
## Extract important parameter estimates:
       <- coef(mod3)["polAffil"]</pre>
b <- coef(mod4)["sysRac"]</pre>
 <- coef(mod1)["polAffil"]</pre>
cPrime <- coef(mod4)["polAffil"]</pre>
## Compute indirect effects:
ieDiff <- unname(c - cPrime)</pre>
ieProd <- unname(a * b)</pre>
ieDiff
[1] 0.1015958
ieProd
[1] 0.1015958
```

#### Sobel's Z

In the previous example, do we have a significant indirect effect?

- The direct effect is "substantially" smaller than the total effect, but is the difference statistically significant?
- Sobel (1982) developed an asymptotic standard error for  $IE_{prod}$  that we can use to assess this hypothesis.

$$SE_{sobel} = \sqrt{a^2 \cdot SE_b^2 + b^2 \cdot SE_a^2}$$
 (6)

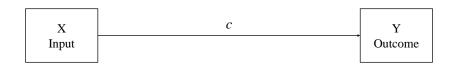
$$Z_{sobel} = \frac{ab}{SE_{sobel}} \tag{7}$$

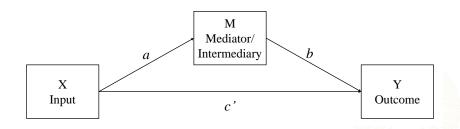
$$95\%CI_{sobel} = ab \pm 1.96 \cdot SE_{sobel} \tag{8}$$

### Sobel Example

```
## SE:
seA <- (mod3 %>% vcov() %>% diag() %>% sqrt())["polAffil"]
seB <- (mod4 %>% vcov() %>% diag() %>% sqrt())["sysRac"]
se \leftarrow sqrt(b^2 * seA^2 + a^2 * seB^2) \%\% unname()
## z-score:
(z \leftarrow ieProd / se)
[1] 2.432107
## p-value:
(p <- 2 * pnorm(z, lower = FALSE))
[1] 0.01501126
## 95% CI:
c(ieProd - 1.96 * se. ieProd + 1.96 * se)
[1] 0.01972121 0.18347034
```

# Recall our Basic Path Diagram





#### Two Measures of Indirect Effect

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \tag{9}$$

$$IE_{prod} = a \cdot b \tag{10}$$

It pays to remember a few key points:

- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- A significant indirect effect can exist without a significant total effect.
- If we only care about the indirect effect, then we don't need to worry about the total effect.

#### Two Measures of Indirect Effect

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \tag{9}$$

$$IE_{prod} = a \cdot b \tag{10}$$

It pays to remember a few key points:

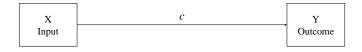
- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- A significant indirect effect can exist without a significant total effect.
- If we only care about the indirect effect, then we don't need to worry about the total effect.

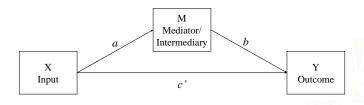
These points imply something interesting:

• We don't need to estimate *c*!

### Simplifying our Path Diagram

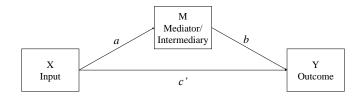
QUESTION: If we don't care about directly estimating c, how can we simplify this diagram?



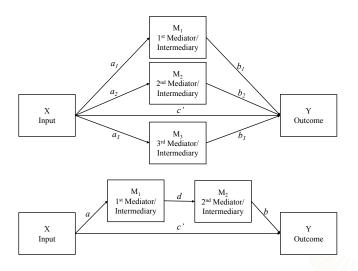


### Simplifying our Path Diagram

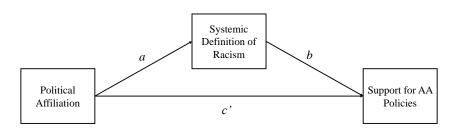
ANSWER: We don't fit the upper model.



# Why Path Analysis?



Let's revisit the above example using path analysis in **lavaan**.



```
## Load the lavaan package:
library(lavaan)

## Specify the basic path model:
mod1 <- "
policy ~ sysRac + polAffil
sysRac ~ polAffil
"

## Estimate the model:
out1 <- sem(mod1, data = dat1)</pre>
```

```
## Look at the results:
partSummary(out1, c(5, 6))
Regressions:
                                                P(>|z|)
                   Estimate
                             Std.Err
                                      z-value
 policy ~
    sysRac
                      0.597
                               0.123
                                        4.867
                                                  0.000
    polAffil
                      0.135
                               0.071
                                         1.897
                                                  0.058
  sysRac ~
    polAffil
                      0.170
                               0.060
                                         2.858
                                                  0.004
Variances:
                   Estimate
                             Std.Err
                                       z-value
                                                P(>|z|)
   .policy
                      0.987
                               0.150
                                         6.595
                                                  0.000
   .sysRac
                      0.755
                               0.114
                                         6.595
                                                  0.000
```

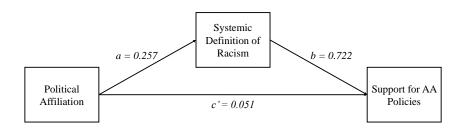
```
## Include the indirect effect:
mod2 <- "
policy ~ b*sysRac + polAffil
sysRac ~ a*polAffil

ab := a*b # Define a parameter for the indirect effect
"
## Estimate the model:
out2 <- sem(mod2, data = dat1)</pre>
```

```
## Look at the results:
partSummary(out2, 5:7)
Regressions:
                   Estimate
                             Std.Err z-value P(>|z|)
  policy ~
    sysRac
               (b)
                     0.597
                              0.123
                                       4.867
                                                 0.000
    polAffil
                      0.135
                               0.071
                                        1.897
                                                 0.058
  sysRac ~
    polAffil
               (a)
                     0.170
                               0.060
                                       2.858
                                                 0.004
Variances:
                   Estimate
                             Std.Err z-value P(>|z|)
   .policy
                     0.987
                              0.150
                                        6.595
                                                 0.000
   .sysRac
                     0.755
                               0.114
                                        6.595
                                                 0.000
Defined Parameters:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
    ab
                      0.102
                               0.041
                                        2.464
                                                 0.014
```

```
## We can also get CIs:
parameterEstimates(out2, zstat = FALSE, pvalue = FALSE, ci = TRUE)
             rhs label est se ci.lower ci.upper
     lhs op
   policy ~
                       b 0.597 0.123
                                     0.356
                                             0.837
             sysRac
   policy ~ polAffil
                        0.135 0.071 -0.005 0.275
   sysRac ~ polAffil
                       a 0.170 0.060 0.053 0.287
4
   policy ~~
                        0.987 0.150 0.694 1.280
            policy
   sysRac ~~
             sysRac
                        0.755 0.114 0.530 0.979
 polAffil ~~ polAffil
                        2.444 0.000 2.444 2.444
      ab :=
                a*b
                    ab 0.102 0.041 0.021
                                             0.182
```

#### Results





#### We're not there yet...

Path analysis allows us to directly model complex (and simple) relations, but the preceding example still suffers from a considerable limitation.

• The significance test for the indirect effect is still conducted with the Sobel Z approach.

Path analysis (or full SEM) doesn't magically get around distributional problems associated with Sobel's Z test.

 To get a robust significance test of the indirect effect, we need to use bootstrapping.

### Bootstrapping

Bootstrapping was introduced by Efron (1979) as a tool for non-parametric inference.

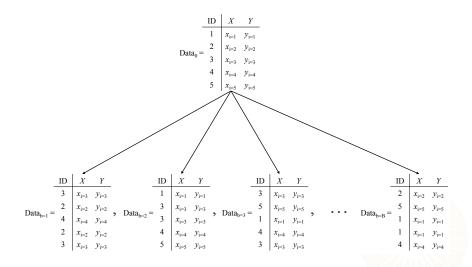
- Traditional inference requires that we assume a parametric sampling distribution for our focal parameter.
- We need to make such an assumption to compute the standard errors we require for inferences.
- If we cannot safely make these assumptions, we can use bootstrapping.

### Bootstrapping

Assume our observed data *Data*<sub>0</sub> represent the population and:

- 1. Sample rows of  $Data_0$ , with replacement, to create B new samples  $\{Data_b\}$ .
- 2. Calculate our focal statistic on each of the *B* bootstrap samples.
- 3. Make inferences based on the empirical distribution of the *B* estimates calculated in Step 2

#### Bootstrapping



Suppose I'm on the lookout for a retirement location. Since I want to relax in my old-age, I'm concerned with ensuring a low probability of dragon attacks, so I have a few salient considerations:

- Shooting for a location with no dragons, whatsoever, is a fools errand (since dragons are, obviously, ubiquitous).
- I merely require a location that has at least two times as many dragon-free days as other kinds.

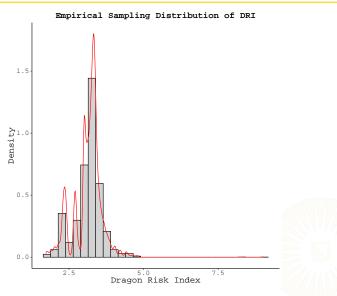
I've been watching several candidate locales over the course of my (long and illustrious) career, and I'm particularly hopeful about one quiet hamlet in the Patagonian highlands.

 To ensure that my required degree of dragon-freeness is met, I'll use the Dragon Risk Index (DRI):

$$DRI = Median \left( \frac{Dragon-Free Days}{Dragonned Days} \right)$$



```
## Read in the observed data:
rawData <- readRDS("../data/daysData.rds")</pre>
## Compute the observed test statistic:
obsDRI <- median(rawData$goodDays / rawData$badDays)</pre>
obsDRI
[1] 3.24476
## Draw the bootstrap samples:
set.seed(235711)
nSams <- 5000
bootDRI <- rep(NA, nSams)
for(b in 1:nSams) {
    bootSam <- rawData[sample(1:nrow(rawData), replace = TRUE), ]</pre>
    bootDRI[b] <- median(bootSam$goodDays / bootSam$badDays)</pre>
```



To see if I can be confident in the dragon-freeness of my potential home, I'll summarize the preceding distribution with a (one-tailed) percentile confidence interval:

```
bootLB <- sort(bootDRI)[0.05 * nSams]
bootUB <- Inf

## The bootstrapped Percentile CI:
c(bootLB, bootUB)

[1] 2.288555    Inf</pre>
```

#### **Bootstrapped Inference for Indirect Effects**

We can apply the same procedure to testing the indirect effect.

- The problem with Sobel's Z is exactly the type of issue for which bootstrapping was designed
  - We don't know a reasonable finite-sample sampling distribution for the ab parameter.
- Bootstrapping will allow us to construct an empirical sampling distribution for *ab* and construct confidence intervals for inference.

### Bootstrapped Inference for Indirect Effects

#### PROCEDURE:

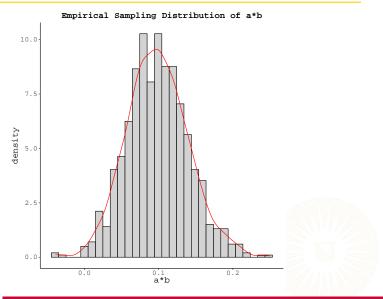
- 1. Resample our observed data with replacement
- 2. Fit our hypothesized path model to each bootstrap sample
- 3. Store the value of *ab* that we get each time
- 4. Summarize the empirical distribution of ab to make inferences



```
nSams <- 1000
abVec <- rep(NA, nSams)
for(i in 1:nSams) {
    ## Resample the data:
    bootSam <- dat1[sample(1:nrow(dat1), replace = TRUE), ]

    ## Fit the path model:
    bootOut <- sem(mod2, data = bootSam)

    ## Store the estimated indirect effect:
    abVec[i] <- coef(bootOut)[c("a", "b")] %>% prod()
}
```



```
## Calculate the percentile CI:
1b <- sort(abVec)[0.025 * nSams]
ub <- sort(abVec)[0.975 * nSams]
c(lb, ub)
[1] 0.01972696 0.18599868</pre>
```

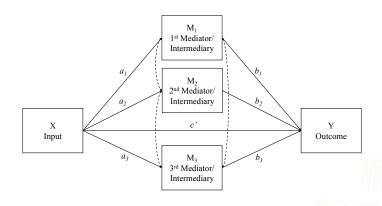


```
## Much more parsimoniously:
bootOut2 <- sem(mod2, data = dat1, se = "boot", bootstrap = 1000)
parameterEstimates(bootOut2, zstat = FALSE, pvalue = FALSE)
     lhs op rhs label est se ci.lower ci.upper
   policy ~
                      b 0.597 0.134 0.331 0.850
             sysRac
   policy ~ polAffil
                        0.135 0.084 -0.019 0.310
   sysRac ~ polAffil
3
                      a 0.170 0.066 0.029 0.291
   policy ~~
            policy
                        0.987 0.161 0.661 1.288
5
   sysRac ~~
             sysRac 0.755 0.111 0.547 0.969
 polAffil ~~ polAffil 2.444 0.000 2.444 2.444
7
      ab :=
                a*b ab 0.102 0.042 0.016 0.184
```

### Simple Mediation is Too Simple

We can justify multiple mediator models by asking: "What mediates the effects in a simple mediation model?"

- Mediation of the direct effect leads to parallel multiple mediator models.
- Mediation of the a or b paths produces serial multiple mediator models.



To get all of the information in the preceding diagram, we need to estimate four equations:

$$Y = i_Y + b_1M_1 + b_2M_2 + b_3M_3 + c'X + e_Y$$

$$M_1 = i_{M1} + a_1X + e_{M1}$$

$$M_2 = i_{M2} + a_2X + e_{M2}$$

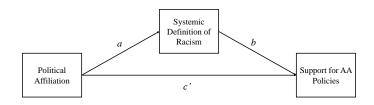
$$M_3 = i_{M3} + a_3X + e_{M3}$$

In general, a parallel mediator model with K mediator variables will required K+1 separate equations.

Path modeling can make this task much simpler.

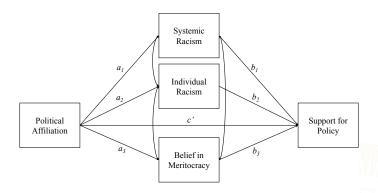
 Also allows us to explicitly estimate the correlations between parallel mediators.

Let's reconsider the last example:



QUESTION: What might be mediating the residual direct effect?

#### POTENTIAL ANSWER:



#### A Quick Note on Inference

#### In parallel multiple mediation:

- We have K specific indirect effects, where K is the number of mediators:  $a_1b_1, a_2b_2, \ldots, a_Kb_K$ .
- The *Total Indirect Effect* is equal to the sum of all the specific indirect effects:  $IE_{tot} = \sum_{k=1}^{K} a_k b_k$ .
- The *Total Effect* is equal to the direct effect plus the total indirect effect:  $c = c' + IE_{tot}$

Inference for the specific indirect effects is basically the same as it is for the sole indirect effect in simple mediation.

 CAVEAT: Each specific indirect effect must be interpreted as conditional on all other mediators in the model.

```
## Read in the data
dat1 <- readRDS("../data/adamsKlpsScaleScore.rds")</pre>
## Parallel Multiple Mediator Model:
mod1.1 <- "
policy ~ b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ a1*polAffil
indRac ~ a2*polAffil
merit ~ a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totallE := ab1 + ab2 + ab3
## Fit the model:
out1.1 \leftarrow sem(mod1.1, data = dat1, se = "boot", bootstrap = 5000)
```

```
## Look at results:
partSummary(out1.1, 5)
Regressions:
                   Estimate
                             Std.Err
                                      z-value
                                              P(>|z|)
  policy ~
    sysRac
              (b1)
                      0.601
                               0.142
                                        4.238
                                                 0.000
              (b2)
    indRac
                      0.143
                               0.106
                                        1.353
                                                 0.176
              (b3)
   merit
                     -0.036
                              0.152
                                       -0.238
                                                 0.812
    polAffil
              (cp)
                    0.125
                               0.077
                                       1.639
                                                 0.101
  sysRac ~
    polAffil
              (a1)
                      0.170
                               0.063
                                        2.686
                                                 0.007
  indRac ~
    polAffil
              (a2)
                     -0.004
                               0.079
                                       -0.054
                                                 0.957
 merit ~
   polAffil
              (a3)
                     -0.266
                               0.061
                                       -4.352
                                                 0.000
```

```
partSummary(out1.1, 6:7)
Covariances:
                   Estimate
                             Std.Err z-value P(>|z|)
 .sysRac
   .indRac
                     -0.076
                               0.100
                                       -0.757
                                                  0.449
   .merit
                     -0.217
                               0.092
                                       -2.354
                                                  0.019
 .indRac ~~
   .merit
                      0.154
                               0.098
                                        1.570
                                                  0.116
Variances:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
   .policy
                      0.963
                               0.174
                                        5.527
                                                  0.000
   .sysRac
                      0.755
                              0.110
                                        6.864
                                                  0.000
   .indRac
                      1.188
                               0.156
                                        7.609
                                                  0.000
   .merit
                      0.719
                               0.112
                                        6.420
                                                  0.000
```

```
partSummary(out1.1, 8)
Defined Parameters:
                                    z-value P(>|z|)
                  Estimate
                            Std.Err
   ab1
                     0.102
                            0.044
                                      2.310
                                               0.021
   ab2
                    -0.001 0.014
                                     -0.042
                                               0.966
   ab3
                     0.010
                            0.042
                                      0.231
                                               0.817
   totalIE
                     0.111
                             0.051
                                      2.165
                                               0.030
```



```
parameterEstimates(out1.1, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   tail(4)
    label est ci.lower ci.upper
16
      ab1
          0.102
                   0.031
                           0.208
17
      ab2 -0.001 -0.038 0.025
18
      ab3 0.010 -0.080 0.087
                   0.019
19 totalIE 0.111
                           0.223
```



#### Comparing Specific Indirect Effects

When we have multiple specific indirect effects in a single model, we can test if they are statistically different from one another.

QUESTION: How might we go about doing such a test (assuming we're using path modeling)?



#### Comparing Specific Indirect Effects

When we have multiple specific indirect effects in a single model, we can test if they are statistically different from one another.

QUESTION: How might we go about doing such a test (assuming we're using path modeling)?

ANSWER: There are, at least, two reasonable methods:

- 1. Use nested model  $\Delta \chi^2$  tests
- Define a new parameter to encode the constraint and use bootstrapping

```
## Test differences in specific indirect effects:
mod1.2 <- "
policy ~ b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ a1*polAffil
indRac ~ a2*polAffil
merit ~ a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totalIE := ab1 + ab2 + ab3
ab1 == ab2 # The first two IEs are constrained to equality
out1.2 \leftarrow sem(mod1.2, data = dat1)
```

```
## Look at results:
partSummary(out1.2, 5)
Regressions:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
  policy ~
    sysRac
              (b1)
                      0.575
                               0.123
                                        4.662
                                                  0.000
    indRac
              (b2)
                      0.192
                               0.096
                                        2.004
                                                  0.045
              (b3)
   merit
                     -0.055
                              0.131
                                       -0.416
                                                  0.678
    polAffil
              (cp)
                    0.125
                               0.074
                                       1.696
                                                  0.090
  sysRac ~
    polAffil
              (a1)
                      0.027
                               0.025
                                        1.082
                                                  0.279
  indRac ~
    polAffil
              (a2)
                      0.082
                               0.067
                                        1.222
                                                  0.222
 merit ~
   polAffil
              (a3)
                     -0.217
                               0.055
                                       -3.943
                                                  0.000
```

```
partSummary(out1.2, 6:7)
Covariances:
                   Estimate
                             Std.Err z-value P(>|z|)
 .sysRac
   .indRac
                     -0.106
                               0.106
                                       -0.995
                                                  0.320
   .merit
                     -0.234
                               0.086
                                       -2.731
                                                  0.006
 .indRac ~~
   .merit
                      0.164
                               0.102
                                         1.615
                                                  0.106
Variances:
                   Estimate
                             Std.Err
                                       z-value
                                                P(>|z|)
   .policy
                      0.967
                               0.147
                                         6.595
                                                  0.000
   .sysRac
                      0.804
                              0.122
                                        6.595
                                                  0.000
   .indRac
                      1.206
                               0.183
                                        6.595
                                                  0.000
   .merit
                      0.724
                               0.110
                                         6.595
                                                  0.000
```

```
partSummary(out1.2, 8)
Defined Parameters:
                           Std.Err
                                   z-value P(>|z|)
                 Estimate
   ab1
                    0.016
                            0.014
                                    1.093
                                             0.274
   ab2
                    0.016 0.014 1.093
                                             0.274
   ab3
                    0.012
                           0.029
                                     0.412
                                             0.680
   totalIE
                    0.043
                            0.042
                                     1.038
                                             0.299
```





```
## Same test as above using bootstrapping:
mod1.3 <- "
policy ~ b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ a1*polAffil
indRac ~ a2*polAffil
merit ~ a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totalIE := ab1 + ab2 + ab3
test1 := ab2 - ab1
out1.3 <- sem(mod1.3, data = dat1, se = "boot", bootstrap = 5000)
```

```
## Look at results:
partSummary(out1.3, 5)
Regressions:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
  policy ~
    sysRac
              (b1)
                      0.601
                               0.141
                                        4.253
                                                 0.000
              (b2)
    indRac
                      0.143
                               0.108
                                      1.324
                                                 0.186
              (b3)
   merit
                     -0.036
                              0.150
                                       -0.242
                                                 0.809
    polAffil
              (cp)
                    0.125
                               0.077
                                       1.629
                                                 0.103
  sysRac ~
    polAffil
              (a1)
                      0.170
                               0.064
                                        2.653
                                                 0.008
  indRac ~
    polAffil
              (a2)
                     -0.004
                               0.079
                                       -0.054
                                                 0.957
 merit ~
   polAffil
              (a3)
                     -0.266
                               0.060
                                       -4.465
                                                 0.000
```

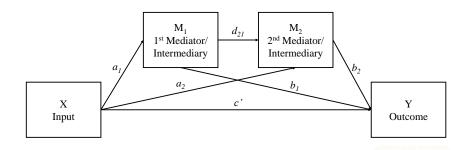
partSummary(out1.3, 6:7)				
Covariances:				
	Estimate	Std.Err	z-value	P(> z )
.sysRac ~~				
.indRac	-0.076	0.100	-0.758	0.448
.merit	-0.217	0.092	-2.361	0.018
.indRac ~~				
.merit	0.154	0.098	1.580	0.114
Variances:				
	Estimate	Std.Err	z-value	P(> z )
.policy	0.963	0.176	5.471	0.000
.sysRac	0.755	0.107	7.050	0.000
.indRac	1.188	0.152	7.833	0.000
.merit	0.719	0.112	6.424	0.000

```
partSummary(out1.3, 8)
Defined Parameters:
                                     z-value P(>|z|)
                  Estimate
                            Std.Err
   ab1
                     0.102
                             0.044
                                      2.305
                                               0.021
   ab2
                    -0.001
                            0.015
                                     -0.041
                                               0.967
   ab3
                     0.010
                            0.041
                                     0.235
                                               0.814
   totalIE
                     0.111
                            0.052
                                     2.134
                                               0.033
   test1
                    -0.103
                             0.048
                                     -2.131
                                               0.033
```



```
parameterEstimates(out1.3, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   tail(5)
    label est ci.lower ci.upper
16
      ab1 0.102
                   0.031 0.208
17
      ab2 -0.001 -0.037 0.028
18
      ab3 0.010 -0.076 0.087
19 totalIE 0.111
                   0.013 0.216
20
    test1 -0.103 -0.214
                          -0.020
```





To get all of the information in the preceding diagram, we need to estimate three equations:

$$Y = i_Y + b_1 M_1 + b_2 M_2 + c'X + e_Y$$

$$M_2 = i_{M2} + d_{21} M_1 + a_2 X + e_{M2}$$

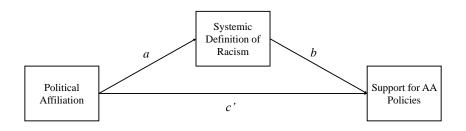
$$M_1 = i_{M1} + a_1 X + e_{M1}$$

As with parallel mediator models, a serial mediator model with K mediator variables will required K+1 separate equations.

Again, path modeling can make this task much simpler.

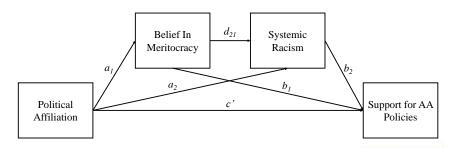
• Also allows us to fit more parsimonious, restricted models.

Okay, back to our simple mediation example:



QUESTION: What could be mediating the *a* path?

#### POTENTIAL ANSWER:



#### A Quick Note on Inference

Parallel multiple mediation operates much like a number of combined simple mediation models.

• Serial multiple mediation is not so straight-forward.

In serial multiple mediation:

- Every possible path from X to Y that passes through, at least, one mediator is a specific indirect effect.
  - With the saturated two-mediator model shown above, we have:  $IE_{spec} = \{a_1b_1, a_2b_2, a_1d_{21}b_2\}$
- The *Total Indirect Effect* is, again, equal to the sum of all the specific indirect effects:  $IE_{tot} = \sum_{k=1}^{|\{IE_{spec}\}|} IE_{spec,k}$ .
- The Total Effect is equal to the direct effect plus the total indirect effect: c = c' + IE<sub>tot</sub>

#### A Quick Note on Inference

Inference for the specific indirect effects is basically the same as it is for the sole indirect effect in simple mediation.

- CAVEAT: Normal-theory, Sobel-Type, standard errors for the specific indirect effects that involve more than two constituent paths can be very complex.
  - This isn't really a problem since you should always use bootstrapping, anyway!



```
## Serial Multiple Mediator Model:
mod2.1 <- "
policy ~ b1*merit + b2*sysRac + cp*polAffil
sysRac ~ d21*merit + a2*polAffil
merit ~ a1*polAffil

ab1 := a1*b1
ab2 := a2*b2
fullIE := a1*d21*b2
totalIE := ab1 + ab2 + fullIE
"

out2.1 <- sem(mod2.1, data = dat1, se = "boot", bootstrap = 5000)</pre>
```

```
## Check the results:
partSummary(out2.1, 5)
Regressions:
                   Estimate
                              Std.Err
                                       z-value
                                                P(>|z|)
  policy ~
    merit
              (b1)
                     -0.008
                                0.147
                                        -0.051
                                                  0.959
             (b2)
    sysRac
                     0.595
                               0.145
                                         4.111
                                                  0.000
    polAffil
              (cp)
                     0.134
                                0.077
                                        1.738
                                                  0.082
  sysRac ~
    merit.
             (d21)
                     -0.301
                                0.112
                                        -2.695
                                                  0.007
    polAffil
              (a2)
                      0.090
                                0.073
                                         1.226
                                                  0.220
  merit ~
    polAffil
              (a1)
                     -0.266
                                0.060
                                        -4.409
                                                  0.000
```

```
partSummary(out2.1, 6:7)
Variances:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
   .policy
                     0.987
                              0.167
                                      5.923
                                               0.000
                                               0.000
   .sysRac
                     0.689
                            0.092
                                      7.482
   .merit
                     0.719
                              0.112
                                       6.440
                                               0.000
Defined Parameters:
                  Estimate
                            Std.Err
                                     z-value
                                             P(>|z|)
   ab1
                     0.002
                              0.040
                                       0.049
                                               0.961
                            0.044
   ab2
                     0.053
                                      1.203
                                               0.229
   fullIE
                     0.048
                            0.027
                                      1.799
                                               0.072
   totalIE
                     0.103
                              0.048
                                      2,130
                                               0.033
```

```
parameterEstimates(out2.1, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    tail(4)

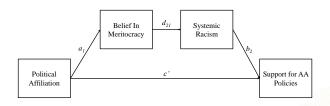
    label    est ci.lower ci.upper
11    ab1 0.002    -0.079     0.080
12    ab2 0.053     -0.029     0.150
13    fullIE 0.048     0.012     0.124
14 totalIE 0.103     0.014     0.206
```



#### **Restricted Models**

In the preceding example, the  $a_2$  and  $b_1$  paths and the specific indirect effects  $a_1b_1$  and  $a_2b_2$  were all non-significant.

• There is a school of thinking that would prescribe constraining the  $a_2$  and  $b_1$  paths to zero as in:



• This model will ascribe a larger effect size to  $a_1d_{21}b_2$  since it must convey all of the indirect influence of X on Y.

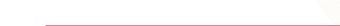
```
mod2.2 <- "
policy ~ cp*polAffil + b2*sysRac
merit ~ a1*polAffil
sysRac ~ d21*merit

fullIE := a1*d21*b2
"
out2.2 <- sem(mod2.2, data = dat1, se = "boot", bootstrap = 5000)</pre>
```

```
partSummary(out2.2, 5:7)
Regressions:
                   Estimate
                             Std.Err z-value P(>|z|)
  policy ~
    polAffil
              (cp)
                      0.135
                               0.083
                                        1.635
                                                  0.102
    sysRac
              (b2)
                      0.597
                               0.135
                                        4.415
                                                  0.000
 merit ~
   polAffil
              (a1)
                     -0.266
                               0.061
                                       -4.385
                                                  0.000
  sysRac ~
   merit.
             (d21)
                     -0.367
                               0.095
                                       -3.864
                                                  0.000
Variances:
                   Estimate
                             Std.Err
                                      z-value P(>|z|)
   .policy
                      0.987
                               0.166
                                        5.958
                                                  0.000
   .merit
                      0.719
                               0.112
                                        6.416
                                                  0.000
   .sysRac
                      0.705
                               0.093
                                        7.578
                                                  0.000
Defined Parameters:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
    fullIE.
                      0.058
                               0.025
                                        2.336
                                                  0.019
```

```
parameterEstimates(out2.2, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    filter(label != "")

label    est ci.lower ci.upper
1    cp    0.135    -0.042    0.284
2    b2    0.597    0.317    0.849
3    a1    -0.266    -0.385    -0.146
4    d21    -0.367    -0.541    -0.170
5    fullIE    0.058    0.020    0.120
```



As in parallel multiple mediation, we can test for differences in the specific indirect effects of a serial multiple mediator model:

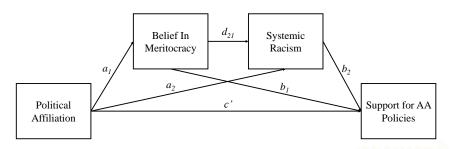
```
mod2.3 <- "
policy ~ cp*polAffil + b1*merit + b2*sysRac
merit ~ a1*polAffil
sysRac ~ a2*polAffil + d21*merit
ab1 := a1*b1
ab2 := a2*b2
fullIE := a1*d21*b2
totalIE := ab1 + ab2 + fullIE
fullIE == ab1
fullIE == ab2
out2.3 \leftarrow sem(mod2.3, data = dat1)
```

```
partSummary(out2.3, 5)
Regressions:
                             Std.Err z-value
                                                P(>|z|)
                   Estimate
 policy ~
              (cp)
    polAffil
                     0.108
                               0.074
                                       1.469
                                                  0.142
   merit.
              (b1)
                     -0.150
                               0.046
                                       -3.243
                                                  0.001
              (b2)
    sysRac
                    0.521
                               0.113
                                        4.624
                                                  0.000
 merit ~
    polAffil
              (a1)
                     -0.271
                               0.057
                                       -4.769
                                                  0.000
  sysRac ~
    polAffil
              (a2)
                      0.078
                               0.023
                                        3.364
                                                  0.001
             (d21)
   merit
                     -0.287
                               0.073
                                        -3.925
                                                  0.000
```

```
partSummary(out2.3, 6:7)
Variances:
                                     z-value P(>|z|)
                  Estimate
                            Std.Err
                     1.001
                              0.152
                                       6.595
                                                0.000
   .policy
   .merit
                                                0.000
                     0.719
                              0.109
                                       6.595
   .sysRac
                     0.690
                              0.105
                                       6.595
                                                0.000
Defined Parameters:
                  Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
    ab1
                     0.041
                              0.014
                                       2.873
                                                0.004
                             0.014 2.873
                                                0.004
    ab2
                     0.041
    fullIE
                     0.041
                             0.014
                                       2.873
                                                0.004
   totalIE
                     0.122
                              0.042
                                       2.873
                                                0.004
```

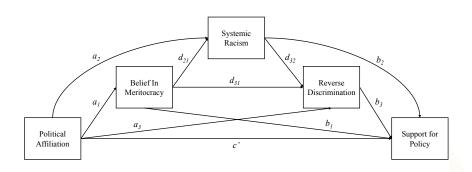


OK. We've supported an interesting hypothesis with the following model, but why stop there?



QUESTION: What might mediated the  $b_2$  path?

#### POTENTIAL ANSWER:



QUESTION: How many equations do we need to get the information in the preceding diagram?



QUESTION: How many equations do we need to get the information in the preceding diagram?

$$\begin{split} Policy &= i_Y + b_1 Merit + b_2 SysRac + b_3 Rev Disc + c' PolAff + e_Y \\ Rev Disc &= i_{M3} + d_{31} Merit + d_{32} SysRac + a_3 PolAff + e_{M3} \\ SysRac &= i_{M2} + d_{21} Merit + a_2 PolAff + e_{M2} \\ Merit &= i_{M1} + a_1 PolAff + e_{M1} \end{split}$$

Which produces the following set of specific indirect effects:

- $a_1b_1$
- a<sub>2</sub>b<sub>2</sub>
- *a*<sub>3</sub>*b*<sub>3</sub>

- $a_1d_{31}b_3$
- $a_1d_{21}b_2$
- $a_2d_{32}b_3$

•  $a_1d_{21}d_{32}b_3$ 

```
## Serial Multiple Mediator Model with 3 Mediators:
mod3.1 <- "
policy ~ b1*merit + b2*sysRac + b3*revDisc + cp*polAffil
revDisc ~ d31*merit + d32*sysRac + a3*polAffil
sysRac ~ d21*merit + a2*polAffil
merit ~ a1*polAffil
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
partIE1 := a1*d31*b3
partIE2 := a1*d21*b2
partIE3 := a2*d32*b3
fullIE := a1*d21*d32*b3
totalIE := ab1 + ab2 + ab3 + partIE1 + partIE2 + partIE3 + fullIE
out3.1 \leftarrow sem(mod3.1, data = dat1, se = "boot", bootstrap = 5000)
```

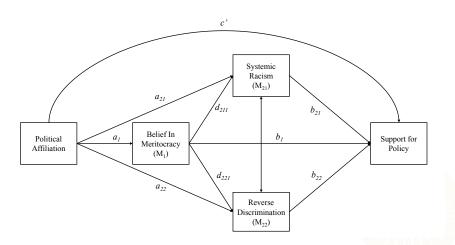
```
partSummary(out3.1, 5)
Regressions:
                              Std.Err
                                        z-value
                                                 P(>|z|)
                    Estimate
  policy ~
    merit
              (b1)
                      0.005
                                0.146
                                          0.034
                                                   0.973
    sysRac
              (b2)
                      0.589
                                0.149
                                          3.958
                                                   0.000
              (b3)
    revDisc
                      -0.026
                                0.080
                                         -0.328
                                                   0.743
    polAffil
              (cp)
                     0.130
                                0.079
                                          1.632
                                                   0.103
  revDisc ~
    merit
              (d31)
                     0.473
                                0.192
                                          2,471
                                                   0.013
    sysRac
              (d32)
                      -0.196
                                0.242
                                         -0.810
                                                   0.418
    polAffil
              (a3)
                      -0.149
                                0.130
                                         -1.146
                                                   0.252
  sysRac ~
    merit
             (d21)
                      -0.301
                                0.111
                                         -2.706
                                                   0.007
              (a2)
    polAffil
                      0.090
                                0.071
                                          1.261
                                                   0.207
  merit ~
    polAffil
              (a1)
                      -0.266
                                0.061
                                         -4.399
                                                   0.000
```

```
partSummary(out3.1, 6:7)
Variances:
                   Estimate
                              Std.Err
                                       z-value
                                                P(>|z|)
   .policy
                      0.985
                                0.166
                                         5.932
                                                  0.000
   .revDisc
                      2.361
                               0.307
                                         7.682
                                                  0.000
   .sysRac
                      0.689
                               0.090
                                         7.630
                                                  0.000
   .merit
                      0.719
                                0.112
                                         6.406
                                                  0.000
Defined Parameters:
                   Estimate
                              Std.Err
                                       z-value
                                                P(>|z|)
    ab1
                     -0.001
                                0.040
                                        -0.033
                                                  0.974
    ab2
                      0.053
                                0.044
                                         1,207
                                                  0.228
    ab3
                               0.016
                      0.004
                                         0.242
                                                  0.808
    partIE1
                      0.003
                              0.013
                                         0.265
                                                  0.791
    partIE2
                      0.047
                               0.027
                                         1.782
                                                  0.075
    partIE3
                      0.000
                                0.003
                                         0.151
                                                  0.880
    fullIE.
                      0.000
                                0.002
                                         0.184
                                                  0.854
    totalIE
                      0.107
                                0.052
                                         2.043
                                                  0.041
```

```
parameterEstimates(out3.1, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   filter(label != "")
    label est ci.lower ci.upper
       b1
           0.005
                   -0.293
                            0.284
2
       b2
          0.589
                    0.282 0.873
3
       b3 -0.026 -0.186
                           0.129
4
       cp 0.130 -0.034 0.278
5
      d31
           0.473
                    0.086 0.845
6
      d32 -0.196
                  -0.639
                           0.287
7
       a3 -0.149 -0.413
                            0.101
8
      d21 -0.301 -0.517
                           -0.085
9
       a2
           0.090 -0.063
                             0.222
10
       a1 -0.266
                 -0.391
                            -0.153
11
      ab1 -0.001
                 -0.082
                            0.078
12
      ab2
           0.053
                   -0.028
                            0.151
13
      ab3 0.004
                   -0.015
                            0.059
14 partIE1 0.003
                  -0.015
                            0.037
15 partIE2 0.047
                    0.011
                            0.119
16 partIE3 0.000
                   -0.002
                            0.018
17
   fullIE
           0.000
                   -0.002
                             0.010
1189 trotalIE
```

## **Hybrid Multiple Mediation**

We can also combine parallel and serial mediation models:



```
## Hubrid Multiple Mediator Model:
mod4 1 <- "
policy ~ b1*merit + b21*sysRac + b22*revDisc + cp*polAffil
sysRac ~ d211*merit + a21*polAffil
revDisc ~ d221*merit + a22*polAffil
merit ~ a1*polAffil
sysRac ~~ revDisc
ab1 := a1*b1
ab21 := a21*b21
ab22 := a22*b22
fullIE21 := a1*d211*b21
fullIE22 := a1*d221*b22
totalIE := ab1 + ab21 + ab22 + fullIE21 + fullIE22
out4.1 <- sem(mod4.1, data = dat1, se = "boot", bootstrap = 500)
```

```
partSummary(out4.1, 5)
Regressions:
                   Estimate
                             Std.Err
                                       z-value P(>|z|)
  policy ~
    merit
              (b1)
                      0.005
                               0.143
                                         0.035
                                                  0.972
    sysRac
             (b21)
                      0.589
                               0.149
                                         3.969
                                                  0.000
             (b22)
    revDisc
                     -0.026
                               0.081
                                        -0.327
                                                  0.743
    polAffl
              (cp)
                     0.130
                               0.082
                                         1.584
                                                  0.113
  sysRac ~
    merit
            (d211)
                     -0.301
                               0.111
                                        -2.720
                                                  0.007
    polAffl
             (a21)
                     0.090
                               0.070
                                        1.277
                                                  0.201
  revDisc ~
            (d221)
    merit
                     0.532
                               0.182
                                         2.922
                                                  0.003
    polAffl
             (a22)
                     -0.167
                               0.127
                                        -1.311
                                                  0.190
  merit ~
    polAffl
              (a1)
                     -0.266
                               0.062
                                        -4.311
                                                  0.000
```

```
partSummary(out4.1, 6:7)
Covariances:
                  Estimate
                            Std.Err z-value P(>|z|)
 .sysRac ~~
   .revDisc
                    -0.135
                              0.157
                                      -0.859
                                                0.390
Variances:
                                              P(>|z|)
                  Estimate
                            Std.Err
                                     z-value
   .policy
                     0.985
                              0.167
                                       5.917
                                                0.000
   .sysRac
                     0.689
                              0.087
                                       7.883
                                                0.000
   .revDisc
                     2.388
                             0.289
                                       8.249
                                                0.000
   .merit
                     0.719
                              0.116
                                       6.200
                                                0.000
```

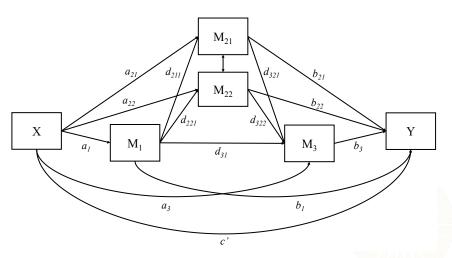
```
partSummary(out4.1, 8)
Defined Parameters:
                                                P(>|z|)
                   Estimate
                             Std.Err
                                       z-value
    ab1
                     -0.001
                               0.038
                                        -0.035
                                                  0.972
    ab21
                      0.053
                              0.045
                                        1.177
                                                  0.239
                                                  0.803
    ab22
                      0.004
                              0.018
                                        0.249
    fullIE21
                      0.047
                              0.027
                                        1.751
                                                  0.080
    fullIE22
                      0.004
                               0.012
                                        0.307
                                                  0.759
    totalIE
                      0.107
                               0.052
                                         2.061
                                                  0.039
```



```
parameterEstimates(out4.1, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   filter(label != "")
     label
              est ci.lower ci.upper
        b1
            0.005
                   -0.285
                             0.294
2
       b21
            0.589
                  0.296 0.862
3
       b22 -0.026
                  -0.181 0.133
4
        cp 0.130
                  -0.034
                           0.302
5
      d211 -0.301
                  -0.516
                           -0.059
6
            0.090
       a21
                  -0.064
                           0.214
7
      d221
            0.532
                   0.169
                           0.880
8
       a22 -0.167
                  -0.390
                           0.087
9
        a1 -0.266
                   -0.396
                            -0.153
10
       ab1 -0.001
                   -0.078
                           0.074
11
      ab21
            0.053
                   -0.036
                           0.144
12
      ab22 0.004
                   -0.017
                           0.058
13 full TE21
            0.047
                   0.012
                             0.133
14 fullIE22 0.004
                   -0.016
                            0.036
15
   totalIE
            0.107
                   0.007
                             0.209
```

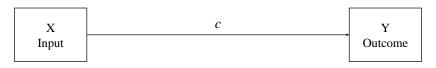
### **Practice**

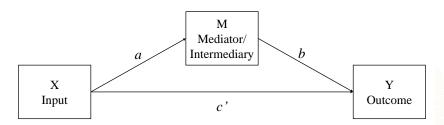
List all of the specific indirect effects present in this model:



## Boring Model

So far, all of our models have looked something like:

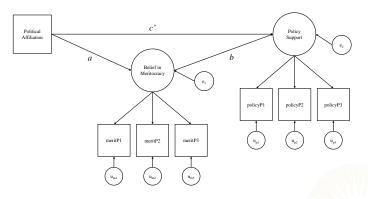




But there is no reason that we need to restrict ourselves to mucking

#### Better Model

We can (and should) test for indirect effects using full SEMs such as:



Measurement error can be a big problem for mediation analysis, so latent variable modeling is highly recommended.

```
dat1 <- readRDS("../data/adamsKlpsData.rds") %>% select(-merit, -policy)
## Specify the CFA model:
mod5.1 <- "
merit = meritP1 + meritP2 + meritP3
policy = policyP1 + policyP2 + policyP3
## Fit the CFA and check model:
out5.1 <- cfa(mod5.1, data = dat1, std.lv = TRUE)
## Check model fit:
fitMeasures(out5.1.
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
 chisq df pvalue cfi tli rmsea
                                           srmr
16.869 8.000 0.031 0.922 0.853 0.113 0.065
```

```
partSummary(out5.1, 5)
Latent Variables:
                                               P(>|z|)
                   Estimate
                              Std.Err z-value
  merit =~
    meritP1
                      0.690
                                0.134
                                         5.155
                                                   0.000
    meritP2
                      0.968
                               0.142
                                         6.830
                                                   0.000
    meritP3
                      0.748
                                0.137
                                         5.458
                                                   0.000
  policy =~
    policyP1
                      0.851
                                0.186
                                         4.570
                                                   0.000
    policyP2
                      0.996
                                0.167
                                         5.967
                                                   0.000
    policyP3
                       1.121
                                         6.339
                                0.177
                                                   0.000
```



```
partSummary(out5.1, 6:7)
Covariances:
                  Estimate
                            Std.Err z-value P(>|z|)
 merit ~~
   policy
                    -0.336
                              0.131
                                      -2.563
                                                0.010
Variances:
                  Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
   .meritP1
                     0.865
                              0.165
                                       5.248
                                                0.000
   .meritP2
                     0.445
                             0.201
                                       2.211
                                                0.027
   .meritP3
                     0.833 0.172 4.857
                                                0.000
   .policyP1
                     1.836
                             0.324 5.671
                                                0.000
                             0.256
                                       3.683
                                                0.000
   .policyP2
                     0.942
   .policyP3
                     0.857
                              0.297
                                       2.882
                                                0.004
   merit
                     1,000
   policy
                     1,000
```

```
## Specify the structural model:
mod5.2 <- "
merit = " meritP1 + meritP2 + meritP3
policy = policyP1 + policyP2 + policyP3
policy ~ b*merit + polAffil
merit ~ a*polAffil
ab := a*b
## Fit the structural model and test the indirect effect:
out5.2 <-
    sem(mod5.2, data = dat1, std.lv = TRUE, se = "boot", bootstrap = 2000)
```

```
partSummary(out5.2, 5:6)
Latent Variables:
                            Std.Err z-value P(>|z|)
                  Estimate
 merit =~
   meritP1
                     0.545
                              0.501
                                       1.088
                                                0.277
   meritP2
                     0.858
                            0.129
                                       6.658
                                                0.000
   meritP3
                     0.609
                             0.119
                                       5.117
                                                0.000
 policy =~
    policyP1
                     0.799
                             0.187
                                       4.266
                                                0.000
    policyP2
                     0.924 1.778
                                       0.520
                                                0.603
    policyP3
                     1.001
                              1.342
                                       0.746
                                                0.456
Regressions:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
 policy ~
   merit
               (b)
                    -0.195
                              0.204
                                      -0.955
                                                0.340
    polAffil
                     0.169
                              0.134
                                       1.262
                                                0.207
 merit ~
    polAffil
               (a)
                    -0.411
                              0.098
                                      -4.177
                                                0.000
```

```
partSummary(out5.2, 7:8)
Variances:
                  Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
   .meritP1
                     0.922
                             11.008
                                       0.084
                                                0.933
   .meritP2
                     0.341
                             0.223
                                      1.529
                                                0.126
   .meritP3
                     0.869 0.179
                                       4.848
                                                0.000
   .policyP1
                     1.801
                            0.336
                                     5.365
                                                0.000
   .policyP2
                     0.918
                             88.978
                                       0.010
                                                0.992
   .policyP3
                     0.922
                             53.003
                                       0.017
                                                0.986
   .merit
                     1,000
   .policy
                     1.000
Defined Parameters:
                            Std.Err
                                     z-value
                                              P(>|z|)
                  Estimate
    ab
                     0.080
                              0.089
                                       0.901
                                                0.368
```

```
parameterEstimates(out5.2, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    filter(label != "")

label    est ci.lower ci.upper
1    b -0.195    -0.615    0.190
2    a -0.411    -0.634    -0.238
3    ab    0.080    -0.072    0.273
```



# **Interpretation of Indirect Effects**

Indirect effects are composed parameters, but they can be interpreted independently of their constituent paths.

- The  $X \to M \to Y$  indirect effect, ab, is interpreted as:
  - The expected change in Y for a unit change in X that is transmitted indirectly through M.
  - For a unit change in X, Y is expected to change by ab units, indirectly through M.
  - Participants who differ by one unit on X are expect to differ by ab units on Y as a results of the effect of X on M which, in turn, affects Y.
- The interpretation/scaling of the indirect effect is entirely defined by the input, X, and outcome, Y.
  - The scaling of the intermediary variable, M, does not affect the interpretation of the indirect effect.

#### References

- Baron, R. M., & Kenny, D. A. (1986). The moderator-mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51(6), 1173.
- Efron, B. (1979). Bootstrap methods: Another look at the jackknife. *The Annals of Statistics*, 7(1), 1–26. doi: 10.1214/aos/1176344552
- Sobel, M. E. (1982). Asymptotic confidence intervals for indirect effects in structural equation models. *Sociological Methodology*, *13*(1982), 290–312.