# Structural Equation Modeling & Mediation

Introduction to SEM with Lavaan



Kyle M. Lang

Department of Methodology & Statistics Utrecht University

#### Outline

#### Structural Equation Modeling

#### Mediation

Simple Mediation Bootstrapping Multiple Mediation Parallel Mediators Serial Mediators Mediation + SEM

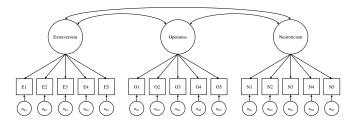


#### Full SEM

A full structural equation model (SEM) simply combines path analysis and CFA.

 SEM allows us to model complicated structural relations among latent variables.

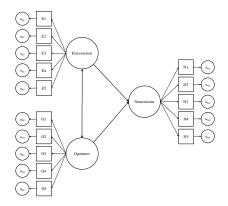
Let's consider a simple, three-factor CFA model.



#### $CFA \rightarrow SEM$

We first evaluate the validity of the measurement model via CFA.

 We then convert the CFA to an SEM by converting some covariances to latent regression paths.



```
## Load the lavaan package and some data:
library(lavaan)
data(bfi, package = "psych")
## Specify the CFA model:
cfaMod <- '
extra = E1 + E2 + E3 + E4 + E5
open = 01 + 02 + 03 + 04 + 05
neuro = N1 + N2 + N3 + N4 + N5
## Estimate the model:
cfaOut <- cfa(cfaMod, data = bfi, missing = "fiml", std.lv = TRUE)
## Check the fit:
fitMeasures(cfaOut,
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
                   pvalue cfi tli
  chisq
              df
                                             rmsea
                                                       srmr
2251.679 87.000
                    0.000 0.809 0.769
                                             0.094
                                                      0.081
```

```
partSummary(cfaOut, 7)
Latent Variables:
                    Estimate
                               Std.Err
                                        z-value P(>|z|)
  extra =~
    E1
                       0.973
                                 0.032
                                         30,607
                                                    0.000
    E2
                       1.163
                                 0.030
                                         38.171
                                                    0.000
    E3
                      -0.815
                                 0.027
                                        -30.358
                                                    0.000
    E4
                      -0.979
                                 0.028
                                        -35.254
                                                    0.000
    E5
                      -0.714
                                 0.027
                                        -26.638
                                                    0.000
  open =~
    01
                       0.630
                                 0.025
                                         24.886
                                                    0.000
    02
                      -0.605
                                 0.036
                                        -16.781
                                                    0.000
    03
                       0.897
                                 0.029
                                         30.765
                                                    0.000
    Π4
                       0.290
                                 0.028
                                         10.402
                                                    0.000
    05
                      -0.602
                                 0.031
                                        -19.734
                                                    0.000
  neuro =~
    N1
                       1.272
                                 0.027
                                         47.254
                                                    0.000
    N2
                       1.218
                                 0.026
                                         46,491
                                                    0.000
    NЗ
                       1.157
                                 0.029
                                         40.195
                                                    0.000
    N4
                       0.892
                                 0.030
                                         29.356
                                                    0.000
    N5
                       0.823
                                 0.031
                                          26.163
                                                    0.000
 6 of 134
```

```
partSummary(cfaOut, 8)
Covariances:
                           Std.Err z-value P(>|z|)
                  Estimate
 extra ~~
                   -0.444 0.024 -18.472
                                              0.000
   open
                    0.240
                             0.023 10.551
                                              0.000
   neuro
 open ~~
                    -0.117
                             0.025
                                     -4.667
                                              0.000
   neuro
```

```
partSummary(cfaOut, 9)
Intercepts:
                    Estimate
                               Std.Err
                                         z-value
                                                   P(>|z|)
   .E1
                        2.974
                                 0.031
                                          96.223
                                                     0.000
   .E2
                        3.143
                                 0.030
                                         103,424
                                                     0.000
   .E3
                       4.002
                                 0.026
                                         156.117
                                                     0.000
   .E4
                       4.421
                                 0.028
                                         160.350
                                                     0.000
   .E5
                       4.417
                                 0.025
                                         174,595
                                                     0.000
   .01
                       4.816
                                 0.021
                                         224.964
                                                     0.000
   .02
                        2.713
                                 0.030
                                          91.745
                                                     0.000
   .03
                       4.436
                                 0.023
                                         191.555
                                                     0.000
   .04
                       4.892
                                 0.023
                                         211.519
                                                     0.000
   .05
                        2.490
                                 0.025
                                          98.932
                                                     0.000
   .N1
                        2.932
                                 0.030
                                          98.589
                                                     0.000
   .N2
                        3.508
                                 0.029
                                         121.459
                                                     0.000
   .N3
                        3,217
                                 0.030
                                         106,147
                                                     0.000
   .N4
                                 0.030
                                                     0.000
                        3.185
                                         106.894
   .N5
                        2,969
                                 0.031
                                          96,663
                                                     0.000
                        0.000
    extra
                        0.000
    open
                        0.000
    neuro
 8 of 134
```

```
partSummary(cfaOut, 10)
Variances:
                     Estimate
                                Std.Err
                                          z-value
                                                   P(>|z|)
   .E1
                        1.713
                                  0.054
                                          31.442
                                                      0.000
   .E2
                        1.224
                                  0.049
                                          24.952
                                                      0.000
   .E3
                        1.163
                                 0.038
                                          30.388
                                                      0.000
   .E4
                        1.166
                                  0.041
                                          28.522
                                                      0.000
   .E5
                        1.272
                                  0.039
                                          32,789
                                                      0.000
   .01
                        0.878
                                  0.031
                                          28.320
                                                      0.000
   .02
                        2.083
                                  0.062
                                          33,705
                                                      0.000
   .03
                        0.686
                                  0.043
                                          16.130
                                                      0.000
   .04
                        1.407
                                  0.039
                                          36.236
                                                      0.000
   .05
                        1.401
                                  0.044
                                          31.837
                                                      0.000
   .N1
                        0.848
                                  0.037
                                          23.029
                                                      0.000
   .N2
                        0.842
                                  0.035
                                          24.184
                                                      0.000
   .N3
                        1.228
                                  0.043
                                          28,308
                                                      0.000
   .N4
                        1.666
                                  0.051
                                          32.808
                                                      0.000
   .N5
                        1.942
                                  0.056
                                           34,465
                                                      0.000
                        1.000
    extra
                        1.000
    open
                        1.000
    neuro
 9 of 134
```

```
## Add structural paths:
semMod <- '
extra = E1 + E2 + E3 + E4 + E5
open = 01 + 02 + 03 + 04 + 05
neuro = N1 + N2 + N3 + N4 + N5
neuro ~ extra + open
## Estimate the model:
semOut <- sem(semMod, data = bfi, missing = "fim1", std.lv = TRUE)</pre>
## Check the fit:
fitMeasures(semOut,
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
  chisq
              df pvalue cfi tli
                                             rmsea
                                                      srmr
2251.679 87.000 0.000
                           0.809 0.769
                                                     0.081
                                            0.094
```

```
partSummary(semOut, 7)
Latent Variables:
                    Estimate
                               Std.Err
                                         z-value P(>|z|)
  extra =~
    E1
                        0.973
                                 0.032
                                          30,607
                                                     0.000
    E2
                        1.163
                                 0.030
                                          38.172
                                                     0.000
    E3
                       -0.815
                                 0.027
                                         -30.358
                                                     0.000
    E4
                       -0.979
                                 0.028
                                         -35.254
                                                     0.000
    E5
                      -0.714
                                 0.027
                                         -26.638
                                                     0.000
  open =~
    01
                       0.630
                                 0.025
                                          24.886
                                                     0.000
    02
                       -0.605
                                 0.036
                                         -16.781
                                                     0.000
    03
                       0.897
                                 0.029
                                          30.765
                                                     0.000
    Π4
                       0.290
                                 0.028
                                         10.402
                                                     0.000
    05
                       -0.602
                                 0.031
                                         -19.734
                                                     0.000
  neuro =~
    N1
                        1.235
                                 0.027
                                          45.916
                                                     0.000
    N2
                        1.183
                                 0.026
                                          45,360
                                                     0.000
    NЗ
                        1.123
                                 0.028
                                          39.976
                                                     0.000
    N4
                        0.866
                                 0.029
                                          29.605
                                                     0.000
    N<sub>5</sub>
                        0.799
                                 0.031
                                          26.204
                                                     0.000
 11 of 134
```

```
partSummary(semOut, 8:9)
Regressions:
                          Std.Err z-value P(>|z|)
                 Estimate
 neuro ~
   extra
                   0.241 0.030
                                  8.169
                                            0.000
                  -0.014 0.031 -0.448
                                            0.654
   open
Covariances:
                 Estimate Std.Err z-value P(>|z|)
 extra ~~
                  -0.444 0.024 -18.472
                                            0.000
   open
```

```
partSummary(semOut, 10)
Intercepts:
                    Estimate
                               Std.Err
                                         z-value
                                                   P(>|z|)
   .E1
                        2.974
                                 0.031
                                          96.223
                                                     0.000
   .E2
                        3.143
                                 0.030
                                         103,424
                                                     0.000
   .E3
                       4.002
                                 0.026
                                         156.117
                                                     0.000
   .E4
                       4.421
                                 0.028
                                         160.350
                                                     0.000
   .E5
                       4.417
                                 0.025
                                         174,595
                                                     0.000
   .01
                       4.816
                                 0.021
                                         224.964
                                                     0.000
   .02
                        2.713
                                 0.030
                                          91.745
                                                     0.000
   .03
                       4.436
                                 0.023
                                         191.555
                                                     0.000
   .04
                       4.892
                                 0.023
                                         211.520
                                                     0.000
   .05
                        2.490
                                 0.025
                                          98.932
                                                     0.000
   .N1
                        2.932
                                 0.030
                                          98.589
                                                     0.000
   .N2
                        3.508
                                 0.029
                                         121,459
                                                     0.000
   .N3
                        3,217
                                 0.030
                                         106,146
                                                     0.000
   .N4
                                 0.030
                                                     0.000
                        3.185
                                         106.894
   .N5
                        2,969
                                 0.031
                                          96,663
                                                     0.000
                        0.000
    extra
                        0.000
    open
                        0.000
   .neuro
 13 of 134
```

```
partSummary(semOut, 11)
Variances:
                     Estimate
                                Std.Err
                                         z-value
                                                   P(>|z|)
   .E1
                        1.713
                                  0.054
                                          31.442
                                                      0.000
   .E2
                        1.224
                                  0.049
                                          24.952
                                                      0.000
   .E3
                        1.163
                                 0.038
                                          30.388
                                                      0.000
   .E4
                        1.166
                                  0.041
                                          28.522
                                                      0.000
   .E5
                        1.272
                                  0.039
                                          32,789
                                                      0.000
   .01
                        0.878
                                 0.031
                                          28.320
                                                      0.000
   .02
                        2.083
                                  0.062
                                          33,705
                                                      0.000
   .03
                        0.686
                                  0.043
                                          16.130
                                                      0.000
   .04
                        1.407
                                  0.039
                                          36.236
                                                      0.000
   .05
                        1.401
                                  0.044
                                          31.837
                                                      0.000
   .N1
                        0.848
                                  0.037
                                          23.029
                                                      0.000
                                          24.184
   .N2
                        0.842
                                  0.035
                                                      0.000
   .N3
                        1.228
                                  0.043
                                          28,308
                                                      0.000
   .N4
                        1.666
                                  0.051
                                          32.808
                                                      0.000
   .N5
                        1.942
                                  0.056
                                          34,465
                                                      0.000
                        1.000
    extra
                        1.000
    open
                        1.000
   .neuro
 14 of 134
```

### Why SEM?

The beauty of SEM is that we get to model the types of complex relations we can specify via path models while leveraging all the strengths of latent variables.

- Multiple-group SEM models moderation by group.
  - The latent variables give us the ability to evaluate measurement invariance across groups.
  - We'll see more of these ideas in the next lecture.
- Path analysis and SEM lend themselves especially well to mediation analysis and conditional process analysis.

# **MEDIATION**



#### Mediation vs. Moderation

What do we mean by *mediation* and *moderation*?

Mediation and moderation are types of hypotheses, not statistical methods or models.

- Mediation tells us how one variable influences another.
- Moderation tells us when one variable influences another.



#### Contextualizing Example

Say we wish to explore the process underlying exercise habits.

Our first task is to operationalize "exercise habits"

• DV: Hours per week spent in vigorous exercise (exerciseAmount).

We may initial ask: what predicts devoting more time to exercise?

IV: Concerns about negative health outcomes (healthConcerns).



### Focal Effect Only

The *healthConcerns* → *exerciseAmount* relation is our *focal effect* 



- Mediation, moderation, and conditional process analysis all attempt to describe the focal effect in more detail.
- We always begin by hypothesizing a focal effect.

### The Mediation Hypothesis

A mediation analysis will attempt to describe how health concerns affect amount of exercise.

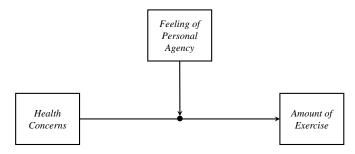
- The how is operationalized in terms of intermediary variables.
- Mediator: Motivation to improve health (motivation).



#### **Moderation Hypothesis**

A moderation hypothesis will attempt to describe when health concerns affect amount of exercise.

- The when is operationalized in terms of interactions between the focal predictor and contextualizing variables
- Moderator: Sense of personal agency relating to physical health (agency).



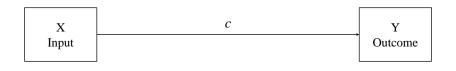
### **Conditional Process Analysis**

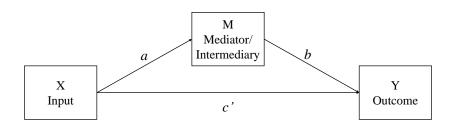
Conditional process analysis combines the mediation and moderation hypotheses into models of moderated mediation.

 Given a mediation model describing how health concerns affect exercise amount, what other variables may modulate the indirect effect.



## Path Diagrams





#### **Necessary Equations**

To get all the pieces of the preceding diagram using OLS regression, we'll need to fit three seperate models.

$$Y = i_1 + cX + e_1 \tag{1}$$

$$Y = i_2 + c'X + bM + e_2 (2)$$

$$M = i_3 + aX + e_3 \tag{3}$$

- Equation 1 gives us the total effect (c).
- Equation 2 gives us the direct effect (c') and the partialled effect of the mediator on the outcome (b).
- Equation 3 gives us the effect of the input on the outcome (a).

#### Two Measures of Indirect Effect

Indirect effects can be quantified in two different ways:

$$IE_{diff} = c - c' \tag{4}$$

$$IE_{prod} = a \cdot b \tag{5}$$

 $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.

- Both give us information about the proportion of the total effect that is transmitted through the intermediary variable.
- IE<sub>prod</sub> provides a more direct representation of the actual pathway we're interested in testing.
- IE<sub>diff</sub> gets at our desired hypothesis indirectly.

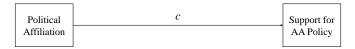
### The Causal Steps Approach

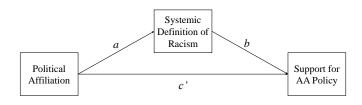
Baron and Kenny (1986, p. 1176) describe three/four conditions as being sufficient to demonstrate statistical "mediation."

- 1. Variations in levels of the independent variable significantly account for variations in the presumed mediator (i.e., Path *a*).
  - Need a significant *a* path.
- 2. Variations in the mediator significantly account for variations in the dependent variable (i.e., Path *b*).
  - Need a significant b path.
- 3. When Paths *a* and *b* are controlled, a previously significant relation between the independent and dependent variables is no longer significant.
  - Need a significant total effect
  - The direct effect must be "less" than the total effect

#### Example Process Model

Consider the following process.





```
## Load some data:
dat1 <- readRDS("../data/adamsKlpsScaleScore.rds")

## Check pre-conditions:
mod1 <- lm(policy ~ polAffil, data = dat1)
mod2 <- lm(policy ~ sysRac, data = dat1)
mod3 <- lm(sysRac ~ polAffil, data = dat1)

## Partial out the mediator's effect:
mod4 <- lm(policy ~ sysRac + polAffil, data = dat1)</pre>
```

```
summary(mod1)
Call:
lm(formula = policy ~ polAffil, data = dat1)
Residuals:
   Min 1Q Median 3Q
                                 Max
-2.7357 -0.8254 0.0643 0.6827 3.2481
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 2.71516 0.35648 7.617 3.32e-11 ***
polAffil 0.23675 0.07775 3.045 0.0031 **
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.134 on 85 degrees of freedom
Multiple R-squared: 0.09836, Adjusted R-squared: 0.08775
F-statistic: 9.273 on 1 and 85 DF, p-value: 0.003096
```

```
summary(mod2)
Call:
lm(formula = policy ~ sysRac, data = dat1)
Residuals:
    Min 10 Median 30
                                     Max
-2.28970 -0.53821 0.08866 0.64015 3.08343
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.1218 0.4883 2.297 0.0241 *
sysRac 0.6649 0.1210 5.494 4.03e-07 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.026 on 85 degrees of freedom
Multiple R-squared: 0.262, Adjusted R-squared: 0.2534
F-statistic: 30.18 on 1 and 85 DF. p-value: 4.029e-07
```

```
summary(mod3)
Call:
lm(formula = sysRac ~ polAffil, data = dat1)
Residuals:
   Min 10 Median 30
                                 Max
-2.2187 -0.5449 -0.2115 0.6182 1.9516
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 3.19726 0.27634 11.570 <2e-16 ***
polAffil 0.17023 0.06027 2.825 0.0059 **
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 0.8788 on 85 degrees of freedom
Multiple R-squared: 0.08581, Adjusted R-squared: 0.07505
F-statistic: 7.978 on 1 and 85 DF, p-value: 0.005898
```

```
summary(mod4)
Call:
lm(formula = policy ~ sysRac + polAffil, data = dat1)
Residuals:
   Min 1Q Median 3Q Max
-2.1370 -0.6338 -0.0020 0.6658 3.4674
Coefficients:
           Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.80704 0.51013 1.582 0.1174
sysRac 0.59680 0.12478 4.783 7.3e-06 ***
polAffil 0.13515 0.07252 1.864 0.0658 .
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.011 on 84 degrees of freedom
Multiple R-squared: 0.2913, Adjusted R-squared: 0.2745
F-statistic: 17.27 on 2 and 84 DF, p-value: 5.228e-07
```

```
## Extract important parameter estimates:
       <- coef(mod3)["polAffil"]</pre>
b <- coef(mod4)["sysRac"]</pre>
 <- coef(mod1)["polAffil"]</pre>
cPrime <- coef(mod4)["polAffil"]</pre>
## Compute indirect effects:
ieDiff <- unname(c - cPrime)</pre>
ieProd <- unname(a * b)</pre>
ieDiff
[1] 0.1015958
ieProd
[1] 0.1015958
```

#### Sobel's Z

In the previous example, do we have a significant indirect effect?

- The direct effect is "substantially" smaller than the total effect, but is the difference statistically significant?
- Sobel (1982) developed an asymptotic standard error for  $IE_{prod}$  that we can use to assess this hypothesis.

$$SE_{sobel} = \sqrt{a^2 \cdot SE_b^2 + b^2 \cdot SE_a^2}$$
 (6)

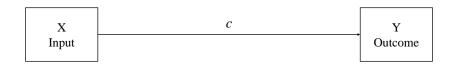
$$Z_{sobel} = \frac{ab}{SE_{sobel}} \tag{7}$$

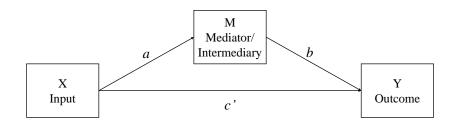
$$95\%CI_{sobel} = ab \pm 1.96 \cdot SE_{sobel} \tag{8}$$

### Sobel Example

```
## SE:
seA <- (mod3 %>% vcov() %>% diag() %>% sqrt())["polAffil"]
seB <- (mod4 %>% vcov() %>% diag() %>% sqrt())["sysRac"]
se \leftarrow sqrt(b^2 * seA^2 + a^2 * seB^2) \%\% unname()
## z-score:
(z \leftarrow ieProd / se)
[1] 2.432107
## p-value:
(p <- 2 * pnorm(z, lower = FALSE))
[1] 0.01501126
## 95% CI:
c(ieProd - 1.96 * se. ieProd + 1.96 * se)
[1] 0.01972121 0.18347034
```

# Recall our Basic Path Diagram





#### Two Measures of Indirect Effect

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \tag{9}$$

$$IE_{prod} = a \cdot b \tag{10}$$

It pays to remember a few key points:

- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- A significant indirect effect can exist without a significant total effect.
- If we only care about the indirect effect, then we don't need to worry about the total effect.

#### Two Measures of Indirect Effect

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \tag{9}$$

$$IE_{prod} = a \cdot b \tag{10}$$

It pays to remember a few key points:

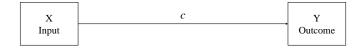
- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- A significant indirect effect can exist without a significant total effect.
- If we only care about the indirect effect, then we don't need to worry about the total effect.

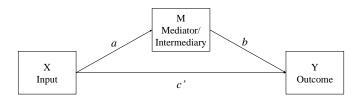
These points imply something interesting:

• We don't need to estimate *c*!

## Simplifying our Path Diagram

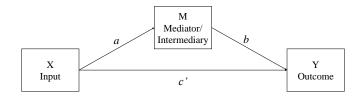
QUESTION: If we don't care about directly estimating c, how can we simplify this diagram?



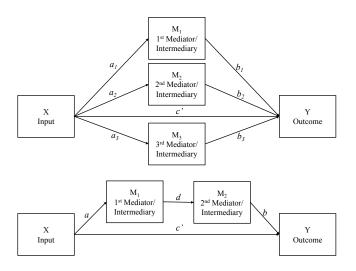


## Simplifying our Path Diagram

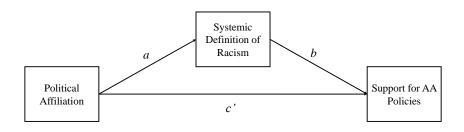
ANSWER: We don't fit the upper model.



# Why Path Analysis?



Let's revisit the above example using path analysis in **lavaan**.



```
## Load the lavaan package:
library(lavaan)

## Specify the basic path model:
mod1 <- '
policy ~ 1 + sysRac + polAffil
sysRac ~ 1 + polAffil
'

## Estimate the model:
out1 <- sem(mod1, data = dat1)</pre>
```

```
## Look at the results:
partSummary(out1, 7:9)
Regressions:
                             Std.Err z-value P(>|z|)
                   Estimate
  policy ~
    sysRac
                      0.597
                               0.123
                                        4.867
                                                 0.000
    polAffil
                      0.135
                               0.071
                                        1.897
                                                 0.058
  sysRac ~
    polAffil
                      0.170
                               0.060
                                        2.858
                                                 0.004
Intercepts:
                   Estimate
                             Std.Err z-value
                                               P(>|z|)
   .policy
                      0.807
                               0.501
                                        1.610
                                                 0.107
   .sysRac
                      3,197
                               0.273
                                       11,705
                                                 0.000
Variances:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
                               0.150
                                        6.595
                                                 0.000
   .policy
                      0.987
   .sysRac
                      0.755
                               0.114
                                        6.595
                                                 0.000
```

```
## Include the indirect effect:
mod2 <- '
policy ~ 1 + b*sysRac + polAffil
sysRac ~ 1 + a*polAffil

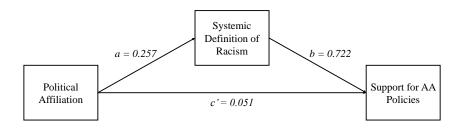
ab := a*b # Define a parameter for the indirect effect
'
## Estimate the model:
out2 <- sem(mod2, data = dat1)</pre>
```

```
## Look at the results:
partSummary(out2, 7:8)
Regressions:
                   Estimate
                             Std.Err
                                       z-value
                                                P(>|z|)
  policy ~
    sysRac
               (b)
                      0.597
                               0.123
                                         4.867
                                                  0.000
    polAffil
                      0.135
                               0.071
                                         1.897
                                                  0.058
  sysRac ~
    polAffil
               (a)
                      0.170
                               0.060
                                         2.858
                                                  0.004
Intercepts:
                   Estimate
                             Std.Err
                                       z-value
                                                P(>|z|)
   .policy
                      0.807
                               0.501
                                         1.610
                                                  0.107
   .sysRac
                      3.197
                               0.273
                                        11.705
                                                  0.000
```

```
partSummary(out2, 9:10)
Variances:
                           Std.Err z-value P(>|z|)
                  Estimate
   .policy
                    0.987
                            0.150
                                     6.595
                                              0.000
                             0.114
                                     6.595
                                              0.000
   .sysRac
                    0.755
Defined Parameters:
                           Std.Err z-value P(>|z|)
                  Estimate
                    0.102
                             0.041
                                      2,464
                                              0.014
   ab
```

```
## We can also get CIs:
parameterEstimates(out2, zstat = FALSE, pvalue = FALSE, ci = TRUE)
      lhs op rhs label est se ci.lower ci.upper
    policy ~1
                         0.807 0.501
                                     -0.175 1.789
1
2
    policy ~ sysRac b 0.597 0.123 0.356 0.837
3
    policy ~ polAffil
                      0.135 0.071 -0.005 0.275
4
    sysRac ~1
                         3.197 0.273 2.662 3.733
5
    sysRac ~ polAffil a 0.170 0.060 0.053
                                             0.287
            policy 0.987 0.150 0.694 1.280
6
    policy ~~
7
    sysRac ~~ sysRac
                    0.755 0.114 0.530
                                             0.979
  polAffil ~~ polAffil 2.444 0.000 2.444 2.444
  polAffil ~1
                         4.310 0.000 4.310 4.310
10
       ab :=
              a*b
                      ab 0.102 0.041 0.021
                                             0.182
```

#### Results



## We're not there yet...

Path analysis allows us to directly model complex (and simple) relations, but the preceding example still suffers from a considerable limitation.

• The significance test for the indirect effect is still conducted with the Sobel Z approach.

Path analysis (or full SEM) doesn't magically get around distributional problems associated with Sobel's Z test.

 To get a robust significance test of the indirect effect, we need to use bootstrapping.

## Bootstrapping

Bootstrapping was introduced by Efron (1979) as a tool for non-parametric inference.

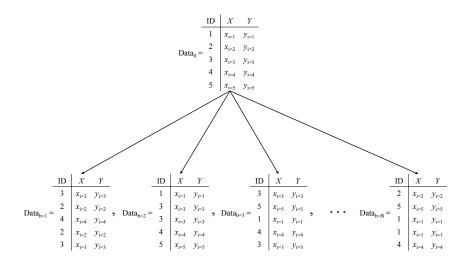
- Traditional inference requires that we assume a parametric sampling distribution for our focal parameter.
- We need to make such an assumption to compute the standard errors we require for inferences.
- If we cannot safely make these assumptions, we can use bootstrapping.

## Bootstrapping

Assume our observed data  $Data_0$  represent the population and:

- 1. Sample rows of  $Data_0$ , with replacement, to create B new samples  $\{Data_b\}$ .
- 2. Calculate our focal statistic on each of the *B* bootstrap samples.
- 3. Make inferences based on the empirical distribution of the  ${\it B}$  estimates calculated in Step 2

## Bootstrapping



Suppose I'm on the lookout for a retirement location. Since I want to relax in my old-age, I'm concerned with ensuring a low probability of dragon attacks, so I have a few salient considerations:

- Shooting for a location with no dragons, whatsoever, is a fools errand (since dragons are, obviously, ubiquitous).
- I merely require a location that has at least two times as many dragon-free days as other kinds.

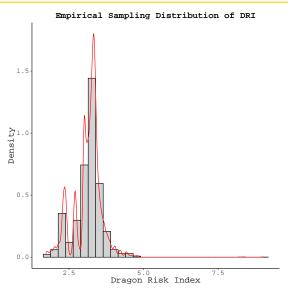
I've been watching several candidate locales over the course of my (long and illustrious) career, and I'm particularly hopeful about one quiet hamlet in the Patagonian highlands.

 To ensure that my required degree of dragon-freeness is met, I'll use the Dragon Risk Index (DRI):

$$DRI = Median \left( \frac{Dragon-Free Days}{Dragonned Days} \right)$$



```
## Read in the observed data:
rawData <- readRDS("../data/daysData.rds")</pre>
## Compute the observed test statistic:
obsDRI <- median(rawData$goodDays / rawData$badDays)</pre>
obsDRI
[1] 3.24476
## Draw the bootstrap samples:
set.seed(235711)
nSams <- 5000
bootDRI <- rep(NA, nSams)
for(b in 1:nSams) {
    bootSam <- rawData[sample(1:nrow(rawData), replace = TRUE), ]</pre>
    bootDRI[b] <- median(bootSam$goodDays / bootSam$badDays)</pre>
```



To see if I can be confident in the dragon-freeness of my potential home, I'll summarize the preceding distribution with a (one-tailed) percentile confidence interval:

```
bootLB <- sort(bootDRI)[0.05 * nSams]
bootUB <- Inf

## The bootstrapped Percentile CI:
c(bootLB, bootUB)

[1] 2.288555    Inf</pre>
```

## **Bootstrapped Inference for Indirect Effects**

We can apply the same procedure to testing the indirect effect.

- The problem with Sobel's Z is exactly the type of issue for which bootstrapping was designed
  - We don't know a reasonable finite-sample sampling distribution for the ab parameter.
- Bootstrapping will allow us to construct an empirical sampling distribution for ab and construct confidence intervals for inference.

## **Bootstrapped Inference for Indirect Effects**

#### PROCEDURE:

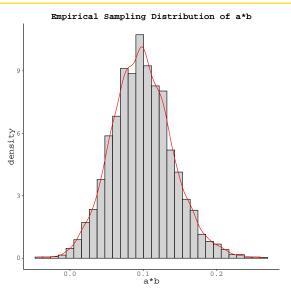
- 1. Resample our observed data with replacement
- 2. Fit our hypothesized path model to each bootstrap sample
- 3. Store the value of *ab* that we get each time
- 4. Summarize the empirical distribution of ab to make inferences



```
abVec <- rep(NA, nSams)
for(i in 1:nSams) {
    ## Resample the data:
    bootSam <- dat1[sample(1:nrow(dat1), replace = TRUE), ]

    ## Fit the path model:
    bootOut <- sem(mod2, data = bootSam)

    ## Store the estimated indirect effect:
    abVec[i] <- coef(bootOut)[c("a", "b")] %>% prod()
}
```



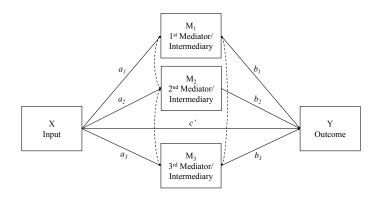
```
## Calculate the percentile CI:
lb <- sort(abVec)[0.025 * nSams]
ub <- sort(abVec)[0.975 * nSams]
c(lb, ub)
[1] 0.01983165 0.18521052</pre>
```

```
## Much more parsimoniously:
bootOut2 <- sem(mod2, data = dat1, se = "boot", bootstrap = nSams)
parameterEstimates(bootOut2, zstat = FALSE, pvalue = FALSE)
      lhs op rhs label est se ci.lower ci.upper
    policy ~1
                         0.807 0.554 -0.269 1.912
2
    policy ~ sysRac b 0.597 0.136 0.314 0.858
3
    policy ~ polAffil 0.135 0.084 -0.030 0.303
4
    sysRac ~1
                       3.197 0.276 2.674 3.782
5
    sysRac ~ polAffil a 0.170 0.063 0.039 0.292
6
    policy ~~ policy 0.987 0.166 0.650 1.291
7
    sysRac ~~ sysRac 0.755 0.109 0.530 0.959
                      2.444 0.000 2.444 2.444
  polAffil ~~ polAffil
  polAffil ~1
                      4.310 0.000 4.310 4.310
10
       ab := a*b
                      ab 0.102 0.042 0.024
                                             0.189
```

## Simple Mediation is Too Simple

We can justify multiple mediator models by asking: "What mediates the effects in a simple mediation model?"

- Mediation of the direct effect leads to parallel multiple mediator models.
- Mediation of the a or b paths produces serial multiple mediator models.



To get all of the information in the preceding diagram, we need to estimate four equations:

$$Y = i_Y + b_1M_1 + b_2M_2 + b_3M_3 + c'X + e_Y$$

$$M_1 = i_{M1} + a_1X + e_{M1}$$

$$M_2 = i_{M2} + a_2X + e_{M2}$$

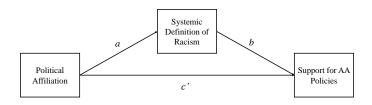
$$M_3 = i_{M3} + a_3X + e_{M3}$$

In general, a parallel mediator model with K mediator variables will required K+1 separate equations.

Path modeling can make this task much simpler.

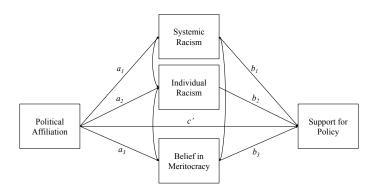
 Also allows us to explicitly estimate the correlations between parallel mediators.

Let's reconsider the last example:



QUESTION: What might be mediating the residual direct effect?

#### POTENTIAL ANSWER:



#### A Quick Note on Inference

#### In parallel multiple mediation:

- We have K specific indirect effects, where K is the number of mediators:  $a_1b_1, a_2b_2, \ldots, a_Kb_K$ .
- The *Total Indirect Effect* is equal to the sum of all the specific indirect effects:  $IE_{tot} = \sum_{k=1}^{K} a_k b_k$ .
- The *Total Effect* is equal to the direct effect plus the total indirect effect:  $c = c' + IE_{tot}$

Inference for the specific indirect effects is basically the same as it is for the sole indirect effect in simple mediation.

 CAVEAT: Each specific indirect effect must be interpreted as conditional on all other mediators in the model.

```
## Read in the data
dat1 <- readRDS("../data/adamsKlpsScaleScore.rds")</pre>
## Parallel Multiple Mediator Model:
mod1.1 <- '
policy ~ 1 + b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ 1 + a1*polAffil
indRac ~ 1 + a2*polAffil
merit ~ 1 + a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totallE := ab1 + ab2 + ab3
## Fit the model:
out1.1 \leftarrow sem(mod1.1, data = dat1, se = "boot", bootstrap = 5000)
```

```
## Look at results:
partSummary(out1.1, 7)
Regressions:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
  policy ~
   sysRac
             (b1)
                     0.601
                              0.142
                                      4.243
                                                0.000
             (b2)
   indRac
                   0.143
                            0.105
                                     1.359
                                                0.174
             (b3)
   merit
                    -0.036
                             0.153
                                      -0.238
                                                0.812
   polAffil
             (cp)
                   0.125
                              0.077
                                     1.637
                                                0.102
  sysRac ~
   polAffil
             (a1)
                     0.170
                              0.065
                                       2.623
                                                0.009
  indRac ~
   polAffil
             (a2)
                    -0.004
                              0.077
                                      -0.055
                                                0.956
 merit ~
   polAffil
             (a3)
                    -0.266
                              0.060
                                      -4.429
                                                0.000
```

```
partSummary(out1.1, 9)
Intercepts:
                                     z-value P(>|z|)
                  Estimate
                            Std.Err
                     0.490
                              0.886
                                      0.553
                                               0.580
   .policy
   .sysRac
                     3.197
                            0.282
                                     11.325
                                               0.000
   .indRac
                             0.319
                                     10.656
                                               0.000
                     3.398
   .merit
                     4.977
                              0.259
                                     19.252
                                               0.000
```

```
partSummary(out1.1, c(10, 8))
Variances:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
                     0.963
                              0.177
                                       5.454
                                                0.000
   .policy
                     0.755 0.110 6.880
                                                0.000
   .sysRac
   .indRac
                     1.188 0.152
                                      7.816
                                                0.000
   .merit
                     0.719
                              0.112
                                       6.444
                                                0.000
Covariances:
                  Estimate
                            Std.Err
                                     z-value
                                             P(>|z|)
 .sysRac ~~
   .indRac
                    -0.076
                              0.102
                                      -0.742
                                                0.458
   .merit
                    -0.217
                              0.092
                                      -2.343
                                                0.019
 .indRac ~~
   .merit
                     0.154
                              0.098
                                       1.577
                                                0.115
```

```
partSummary(out1.1, 11)
Defined Parameters:
                                  z-value P(>|z|)
                 Estimate
                          Std.Err
                   0.102
                           0.045
                                   2.283
                                            0.022
   ab1
                                  -0.042
   ab2
                   -0.001 0.015
                                            0.966
   ab3
                   0.010 0.042
                                            0.818
                                  0.230
   totalIE
                   0.111
                            0.053
                                    2.109
                                            0.035
```

```
parameterEstimates(out1.1, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    tail(4)

    label    est ci.lower ci.upper
21    ab1    0.102    0.030    0.213
22    ab2    -0.001    -0.035    0.029
23    ab3    0.010    -0.075    0.090
24 totalIE    0.111    0.015    0.220
```

#### Comparing Specific Indirect Effects

When we have multiple specific indirect effects in a single model, we can test if they are statistically different from one another.

QUESTION: How might we go about doing such a test (assuming we're using path modeling)?



#### Comparing Specific Indirect Effects

When we have multiple specific indirect effects in a single model, we can test if they are statistically different from one another.

QUESTION: How might we go about doing such a test (assuming we're using path modeling)?

ANSWER: There are, at least, two reasonable methods:

- 1. Use nested model  $\Delta \chi^2$  tests
- Define a new parameter to encode the constraint and use bootstrapping

```
## Test differences in specific indirect effects:
mod1.2 <- '
policy ~ 1 + b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ 1 + a1*polAffil
indRac ~ 1 + a2*polAffil
merit ~ 1 + a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totalIE := ab1 + ab2 + ab3
ab1 == ab2 # The first two IEs are constrained to equality
out1.2 \leftarrow sem(mod1.2, data = dat1)
```

```
## Look at results:
partSummary(out1.2, 7)
Regressions:
                   Estimate
                            Std.Err
                                     z-value P(>|z|)
  policy ~
    sysRac
              (b1)
                     0.575
                              0.123
                                       4.662
                                                0.000
              (b2)
    indRac
                    0.192
                              0.096
                                       2.004
                                                0.045
             (b3)
   merit
                    -0.055 0.131
                                      -0.416
                                                0.678
    polAffil
              (cp)
                    0.125
                              0.074
                                      1.696
                                                0.090
  sysRac ~
    polAffil
             (a1)
                     0.027
                              0.025
                                       1.082
                                                0.279
  indRac ~
    polAffil
              (a2)
                     0.082
                              0.067
                                       1.222
                                                0.222
 merit ~
   polAffil
              (a3)
                    -0.217
                              0.055
                                      -3.943
                                                0.000
```

```
partSummary(out1.2, 9)
Intercepts:
                            Std.Err
                                             P(>|z|)
                  Estimate
                                     z-value
                     0.497
                              0.965
                                       0.514
                                                0.607
   .policy
   .sysRac
                     3.813 0.146
                                      26.178
                                                0.000
   .indRac
                              0.313
                                       9.668
                                                0.000
                     3.025
   .merit
                     4.766
                              0.254
                                      18.730
                                                0.000
```

```
partSummary(out1.2, c(10, 8))
Variances:
                  Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
                     0.967
                              0.147
                                       6.595
                                                0.000
   .policy
                                                0.000
   .sysRac
                     0.804
                            0.122
                                       6.595
   .indRac
                     1.206 0.183
                                       6.595
                                                0.000
   .merit
                     0.724
                              0.110
                                       6.595
                                                0.000
Covariances:
                  Estimate
                            Std.Err
                                     z-value
                                             P(>|z|)
 .sysRac ~~
                                                0.320
   .indRac
                    -0.106
                              0.106
                                      -0.995
   .merit
                    -0.234
                              0.086
                                      -2.731
                                                0.006
 .indRac ~~
   .merit
                     0.164
                              0.102
                                       1.615
                                                0.106
```

```
partSummary(out1.2, 11)
Defined Parameters:
                                  z-value P(>|z|)
                 Estimate
                          Std.Err
                   0.016
                          0.014
                                   1.093
                                            0.274
   ab1
   ab2
                   0.016 0.014 1.093
                                            0.274
   ab3
                   0.012 0.029
                                   0.412
                                            0.680
   totalIE
                   0.043
                           0.042
                                   1.038
                                            0.299
```

```
## Same test as above using bootstrapping:
mod1.3 <- '
policy ~ 1 + b1*sysRac + b2*indRac + b3*merit + cp*polAffil
sysRac ~ 1 + a1*polAffil
indRac ~ 1 + a2*polAffil
merit ~ 1 + a3*polAffil
sysRac ~~ indRac + merit
indRac ~~ merit
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
totallE := ab1 + ab2 + ab3
test1 := ab2 - ab1
out1.3 <- sem(mod1.3, data = dat1, se = "boot", bootstrap = 5000)
```

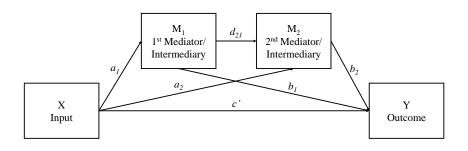
```
## Look at results:
partSummary(out1.3, 7)
Regressions:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
  policy ~
    sysRac
             (b1)
                     0.601
                              0.144
                                       4.161
                                                0.000
             (b2)
    indRac
                    0.143
                            0.108
                                     1.326
                                                0.185
             (b3)
   merit
                    -0.036
                             0.152
                                      -0.239
                                                0.811
    polAffil
             (cp)
                   0.125
                              0.079
                                      1.592
                                                0.111
  sysRac ~
    polAffil
             (a1)
                     0.170
                              0.063
                                       2.710
                                                0.007
  indRac ~
    polAffil
             (a2)
                    -0.004
                              0.078
                                      -0.055
                                                0.956
 merit ~
   polAffil
             (a3)
                    -0.266
                              0.061
                                      -4.390
                                                0.000
```

```
partSummary(out1.3, 9)
Intercepts:
                                    z-value P(>|z|)
                  Estimate
                            Std.Err
                     0.490
                             0.894
                                      0.548
                                               0.584
   .policy
   .sysRac
                     3.197 0.274
                                    11.684
                                               0.000
   .indRac
                            0.325
                                     10.463
                                               0.000
                     3.398
   .merit
                     4.977
                              0.260
                                     19.155
                                               0.000
```

```
partSummary(out1.3, c(10, 8))
Variances:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
                     0.963
                              0.178
                                       5.424
                                                0.000
   .policy
                                                0.000
   .sysRac
                     0.755 0.109 6.903
   .indRac
                     1.188 0.155
                                      7.680
                                                0.000
   .merit
                     0.719
                              0.111
                                       6.479
                                                0.000
Covariances:
                  Estimate
                            Std.Err
                                     z-value
                                             P(>|z|)
 .sysRac ~~
   .indRac
                    -0.076
                              0.102
                                      -0.742
                                                0.458
   .merit
                    -0.217
                              0.090
                                      -2.416
                                                0.016
 .indRac ~~
   .merit
                     0.154
                              0.099
                                       1.553
                                                0.120
```

```
partSummary(out1.3, 11)
Defined Parameters:
                                   z-value P(>|z|)
                 Estimate
                           Std.Err
   ab1
                    0.102
                            0.044
                                     2.340
                                              0.019
   ab2
                   -0.001
                          0.015
                                    -0.042
                                             0.967
   ab3
                    0.010
                           0.042
                                   0.231
                                             0.818
   totalIE
                    0.111 0.050
                                   2.216
                                             0.027
   test1
                   -0.103
                            0.048
                                    -2.158
                                              0.031
```

```
parameterEstimates(out1.3, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   tail(5)
    label est ci.lower ci.upper
21
      ab1 0.102
                   0.033 0.209
22
      ab2 -0.001 -0.037 0.027
23
      ab3 0.010 -0.079 0.088
24 totalIE 0.111
                   0.019 0.220
25
   test1 -0.103 -0.215
                          -0.022
```



To get all of the information in the preceding diagram, we need to estimate three equations:

$$Y = i_Y + b_1 M_1 + b_2 M_2 + c'X + e_Y$$

$$M_2 = i_{M2} + d_{21} M_1 + a_2 X + e_{M2}$$

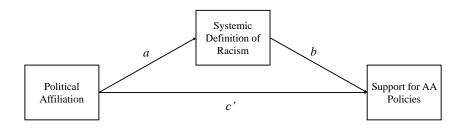
$$M_1 = i_{M1} + a_1 X + e_{M1}$$

As with parallel mediator models, a serial mediator model with K mediator variables will required K+1 separate equations.

Again, path modeling can make this task much simpler.

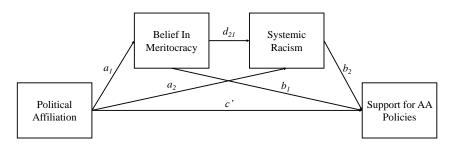
• Also allows us to fit more parsimonious, restricted models.

OK, back to our simple mediation example:



QUESTION: What could be mediating the *a* path?

#### POTENTIAL ANSWER:



#### A Quick Note on Inference

Parallel multiple mediation operates much like a number of combined simple mediation models.

• Serial multiple mediation is not so straight-forward.

#### In serial multiple mediation:

- Every possible path from X to Y that passes through, at least, one mediator is a specific indirect effect.
  - With the saturated two-mediator model shown above, we have:  $IE_{spec} = \{a_1b_1, a_2b_2, a_1d_{21}b_2\}$
- The *Total Indirect Effect* is, again, equal to the sum of all the specific indirect effects:  $IE_{tot} = \sum_{k=1}^{|\{IE_{spec}\}|} IE_{spec,k}$ .
- The Total Effect is equal to the direct effect plus the total indirect effect: c = c' + IE<sub>tot</sub>

#### A Quick Note on Inference

Inference for the specific indirect effects is basically the same as it is for the sole indirect effect in simple mediation.

- CAVEAT: Normal-theory, Sobel-Type, standard errors for the specific indirect effects that involve more than two constituent paths can be very complex.
  - This isn't really a problem since you should always use bootstrapping, anyway!



```
## Serial Multiple Mediator Model:
mod2.1 <- '
policy ~ 1 + b1*merit + b2*sysRac + cp*polAffil
sysRac ~ 1 + d21*merit + a2*polAffil
merit ~ 1 + a1*polAffil

ab1 := a1*b1
ab2 := a2*b2
fullIE := a1*d21*b2
totalIE := ab1 + ab2 + fullIE
'
out2.1 <- sem(mod2.1, data = dat1, se = "boot", bootstrap = 5000)</pre>
```

```
## Check the results:
partSummary(out2.1, 7)
Regressions:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
  policy ~
   merit
              (b1)
                    -0.008
                              0.147
                                      -0.051
                                                0.959
            (b2)
    sysRac
                    0.595
                              0.145
                                       4.087
                                                0.000
    polAffil
             (cp)
                    0.134
                              0.076
                                      1.750
                                                0.080
  sysRac ~
   merit.
             (d21)
                    -0.301
                              0.112
                                      -2.700
                                                0.007
    polAffil
             (a2)
                    0.090
                              0.072
                                      1.248
                                                0.212
 merit ~
    polAffil (a1)
                    -0.266
                              0.061
                                      -4.391
                                                0.000
```

```
partSummary(out2.1, 8:9)
Intercepts:
                   Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
                     0.851
                             0.917
                                       0.928
                                                0.353
   .policy
   .sysRac
                     4.698
                              0.651
                                       7.210
                                                0.000
   .merit
                     4.977
                              0.260
                                      19,117
                                                0.000
Variances:
                  Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
   .policy
                     0.987
                              0.165
                                       5.973
                                                0.000
   .sysRac
                     0.689
                              0.092
                                       7.513
                                                0.000
   .merit
                     0.719
                              0.115
                                       6.261
                                                0.000
```

```
partSummary(out2.1, 10)
Defined Parameters:
                                   z-value P(>|z|)
                 Estimate
                          Std.Err
                    0.002
                           0.040
                                    0.050
   ab1
                                             0.960
   ab2
                    0.053 0.044 1.209
                                             0.226
   fullIE
                    0.048 0.026 1.803
                                             0.071
   totalIE
                    0.103
                            0.049
                                    2.095
                                             0.036
```

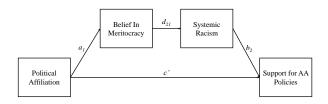
```
parameterEstimates(out2.1, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    tail(4)

    label    est ci.lower ci.upper
15    ab1 0.002    -0.079     0.082
16    ab2 0.053    -0.030     0.147
17    fullIE 0.048     0.010     0.116
18    totalIE 0.103     0.011     0.209
```

#### **Restricted Models**

In the preceding example, the  $a_2$  and  $b_1$  paths and the specific indirect effects  $a_1b_1$  and  $a_2b_2$  were all non-significant.

• There is a school of thinking that would prescribe constraining the  $a_2$  and  $b_1$  paths to zero as in:



• This model will ascribe a larger effect size to  $a_1d_{21}b_2$  since it must convey all of the indirect influence of X on Y.

```
mod2.2 <- '
policy ~ 1 + cp*polAffil + b2*sysRac
merit ~ 1 + a1*polAffil
sysRac ~ 1 + d21*merit

fullIE := a1*d21*b2
'
out2.2 <- sem(mod2.2, data = dat1, se = "boot", bootstrap = 5000)</pre>
```

```
partSummary(out2.2, 7:8)
Regressions:
                   Estimate
                             Std.Err
                                      z-value P(>|z|)
  policy ~
    polAffil
              (cp)
                      0.135
                               0.082
                                        1.650
                                                  0.099
    sysRac
              (b2)
                      0.597
                               0.135
                                        4.435
                                                  0.000
 merit ~
   polAffil
              (a1)
                     -0.266
                               0.061
                                       -4.371
                                                  0.000
  sysRac ~
   merit
             (d21)
                     -0.367
                               0.097
                                       -3.767
                                                  0.000
Intercepts:
                                               P(>|z|)
                   Estimate
                             Std.Err
                                      z-value
   .policy
                      0.807
                               0.563
                                        1.433
                                                  0.152
   .merit
                      4.977
                               0.260
                                       19,106
                                                  0.000
   .sysRac
                      5.337
                               0.394
                                       13.539
                                                  0.000
```

```
partSummary(out2.2, 9:10)
Variances:
                           Std.Err z-value P(>|z|)
                  Estimate
   .policy
                    0.987
                           0.167
                                      5.895
                                              0.000
   .merit
                    0.719 0.113 6.333
                                              0.000
   .sysRac
                    0.705
                             0.092
                                      7.635
                                              0.000
Defined Parameters:
                  Estimate
                           Std.Err z-value P(>|z|)
   fullIE
                    0.058
                             0.025
                                      2.303
                                              0.021
```

```
parameterEstimates(out2.2, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    filter(label != "")

label    est ci.lower ci.upper
1    cp    0.135    -0.034    0.287
2    b2    0.597    0.304    0.846
3    a1    -0.266    -0.390    -0.152
4    d21    -0.367    -0.545    -0.159
5    fullIE    0.058    0.021    0.126
```

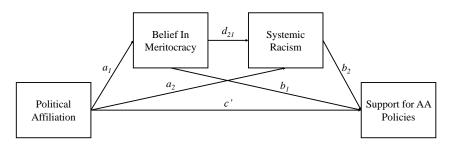
As in parallel multiple mediation, we can test for differences in the specific indirect effects of a serial multiple mediator model:

```
mod2.3 <- '
policy ~ 1 + cp*polAffil + b1*merit + b2*sysRac
merit ~ 1 + a1*polAffil
sysRac ~ 1 + a2*polAffil + d21*merit
ab1 := a1*b1
ab2 := a2*b2
fullIE := a1*d21*b2
totalIE := ab1 + ab2 + fullIE
fullIE == ab1
fullIE == ab2
out2.3 \leftarrow sem(mod2.3, data = dat1)
```

```
partSummary(out2.3, 7:8)
Regressions:
                             Std.Err
                                      z-value
                                               P(>|z|)
                   Estimate
  policy ~
    polAffil
              (cp)
                     0.108
                               0.074
                                       1.469
                                                 0.142
   merit.
              (b1)
                     -0.150
                               0.046
                                       -3.243
                                                 0.001
    sysRac
              (b2)
                    0.521
                               0.113
                                        4.624
                                                 0.000
 merit ~
    polAffil
              (a1)
                     -0.271
                               0.057
                                       -4.769
                                                 0.000
  sysRac ~
    polAffil
              (a2)
                      0.078
                               0.023
                                        3.364
                                                 0.001
   merit
             (d21)
                     -0.287
                               0.073
                                       -3.925
                                                 0.000
Intercepts:
                   Estimate
                             Std.Err
                                      z-value
                                               P(>|z|)
                      1.794
                               0.435
                                        4.124
                                                 0.000
   .policy
   .merit
                               0.261
                                       19.122
                                                 0.000
                      4.998
   .sysRac
                      4.695
                               0.237
                                       19.826
                                                 0.000
```

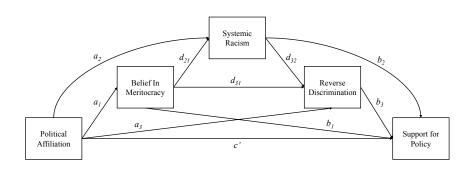
```
partSummary(out2.3, 9:10)
Variances:
                  Estimate
                           Std.Err z-value P(>|z|)
                     1.001
                             0.152
                                     6.595
                                              0.000
   .policy
                                              0.000
   .merit
                    0.719
                           0.109
                                     6.595
   .sysRac
                    0.690
                             0.105
                                     6.595
                                              0.000
Defined Parameters:
                  Estimate
                           Std.Err
                                    z-value P(>|z|)
   ab1
                    0.041
                             0.014
                                      2.873
                                              0.004
                           0.014 2.873
                                              0.004
   ab2
                    0.041
   fullIE.
                    0.041 0.014 2.873
                                              0.004
   totalIE
                    0.122
                             0.042
                                     2.873
                                              0.004
```

OK. We've supported an interesting hypothesis with the following model, but why stop there?



QUESTION: What might mediated the  $b_2$  path?

#### POTENTIAL ANSWER:



QUESTION: How many equations do we need to get the information in the preceding diagram?



QUESTION: How many equations do we need to get the information in the preceding diagram?

$$\begin{split} Policy &= i_Y + b_1 Merit + b_2 SysRac + b_3 Rev Disc + c' PolAff + e_Y \\ Rev Disc &= i_{M3} + d_{31} Merit + d_{32} SysRac + a_3 PolAff + e_{M3} \\ SysRac &= i_{M2} + d_{21} Merit + a_2 PolAff + e_{M2} \\ Merit &= i_{M1} + a_1 PolAff + e_{M1} \end{split}$$

Which produces the following set of specific indirect effects:

- $a_1b_1$
- a<sub>2</sub>b<sub>2</sub>
- *a*<sub>3</sub>*b*<sub>3</sub>

- $a_1d_{31}b_3$
- $a_1d_{21}b_2$
- $a_2d_{32}b_3$

•  $a_1d_{21}d_{32}b_3$ 

```
## Serial Multiple Mediator Model with 3 Mediators:
mod3.1 <- '
policy ~ 1 + b1*merit + b2*sysRac + b3*revDisc + cp*polAffil
revDisc ~ 1 + d31*merit + d32*sysRac + a3*polAffil
sysRac ~ 1 + d21*merit + a2*polAffil
merit ~ 1 + a1*polAffil
ab1 := a1*b1
ab2 := a2*b2
ab3 := a3*b3
partIE1 := a1*d31*b3
partIE2 := a1*d21*b2
partIE3 := a2*d32*b3
fullIE := a1*d21*d32*b3
totalIE := ab1 + ab2 + ab3 + partIE1 + partIE2 + partIE3 + fullIE
out3.1 \leftarrow sem(mod3.1, data = dat1, se = "boot", bootstrap = 5000)
```

```
partSummary(out3.1, 7)
Regressions:
                              Std.Err
                                       z-value P(>|z|)
                    Estimate
  policy ~
    merit
              (b1)
                      0.005
                                0.141
                                          0.035
                                                   0.972
    sysRac
              (b2)
                      0.589
                                0.147
                                         4.003
                                                   0.000
              (b3)
    revDisc
                      -0.026
                                0.082
                                        -0.323
                                                   0.747
    polAffil
              (cp)
                     0.130
                                0.079
                                          1.633
                                                   0.103
  revDisc ~
    merit
             (d31)
                     0.473
                                0.190
                                         2.493
                                                   0.013
    sysRac
             (d32)
                      -0.196
                                0.240
                                         -0.818
                                                   0.413
    polAffil
              (a3)
                      -0.149
                                0.133
                                         -1.122
                                                   0.262
  sysRac ~
    merit
             (d21)
                      -0.301
                                0.112
                                        -2.681
                                                   0.007
              (a2)
    polAffil
                      0.090
                                0.073
                                          1,236
                                                   0.217
  merit ~
    polAffil
              (a1)
                      -0.266
                                0.061
                                        -4.382
                                                   0.000
```

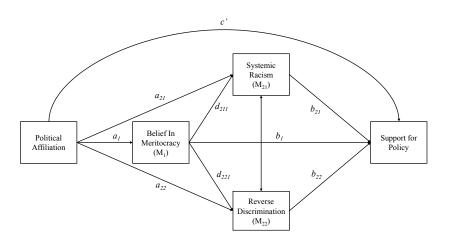
```
partSummary(out3.1, 8:9)
Intercepts:
                   Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
                     0.933
                              1.005
                                       0.928
                                                0.353
   .policy
   .revDisc
                     3.108
                              1.572 1.977
                                                0.048
   .sysRac
                     4.698
                              0.660
                                       7.115
                                                0.000
   .merit
                     4.977
                              0.263
                                      18.894
                                                0.000
Variances:
                   Estimate
                            Std.Err
                                     z-value
                                              P(>|z|)
   .policy
                     0.985
                              0.165
                                       5.968
                                                0.000
   .revDisc
                     2.361
                              0.307
                                       7.683
                                                0.000
                                       7.387
   .sysRac
                     0.689
                              0.093
                                                0.000
   .merit
                     0.719
                              0.112
                                       6.434
                                                0.000
```

```
partSummary(out3.1, 10)
Defined Parameters:
                   Estimate
                             Std.Err
                                       z-value
                                                P(>|z|)
    ab1
                     -0.001
                               0.039
                                        -0.034
                                                  0.973
    ab2
                      0.053
                               0.044
                                       1.199
                                                  0.231
    ab3
                                                  0.816
                      0.004
                              0.017
                                        0.232
    partIE1
                      0.003
                              0.012
                                        0.268
                                                  0.788
    partIE2
                      0.047
                              0.026
                                        1.796
                                                  0.072
    partIE3
                      0.000
                              0.003
                                        0.160
                                                  0.873
    fullIE
                      0.000
                               0.002
                                         0.177
                                                  0.859
    totalIE
                      0.107
                               0.052
                                         2.055
                                                  0.040
```

```
parameterEstimates(out3.1, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   tail(8)
    label est ci.lower ci.upper
21
      ab1 -0.001 -0.078
                          0.076
22
      ab2 0.053 -0.029 0.146
23
      ab3 0.004 -0.018 0.060
24 partIE1 0.003 -0.014 0.039
25 partIE2 0.047 0.012 0.121
26 partIE3 0.000 -0.002 0.016
  fullIE 0.000 -0.002 0.011
27
28 totalIE 0.107
                  0.012
                          0.219
```

# **Hybrid Multiple Mediation**

We can also combine parallel and serial mediation models:



```
## Hubrid Multiple Mediator Model:
mod4 1 <- '
policy ~ 1 + b1*merit + b21*sysRac + b22*revDisc + cp*polAffil
sysRac ~ 1 + d211*merit + a21*polAffil
revDisc ~ 1 + d221*merit + a22*polAffil
merit ~ 1 + a1*polAffil
sysRac ~~ revDisc
ab1 := a1*b1
ab21 := a21*b21
ab22 := a22*b22
fullIE21 := a1*d211*b21
fullIE22 := a1*d221*b22
totalIE := ab1 + ab21 + ab22 + fullIE21 + fullIE22
out4.1 <- sem(mod4.1, data = dat1, se = "boot", bootstrap = 5000)
```

```
partSummary(out4.1, 7)
Regressions:
                   Estimate
                             Std.Err
                                      z-value P(>|z|)
  policy ~
   merit
              (b1)
                     0.005
                               0.143
                                        0.035
                                                 0.972
    sysRac
             (b21)
                     0.589
                               0.149
                                        3.969
                                                 0.000
             (b22)
    revDisc
                     -0.026
                               0.080
                                       -0.329
                                                 0.742
   polAffl
              (cp)
                    0.130
                               0.079
                                       1.634
                                                 0.102
  sysRac ~
   merit
            (d211)
                     -0.301
                               0.110
                                       -2.752
                                                 0.006
    polAffl
             (a21)
                    0.090
                               0.072
                                       1.249
                                                 0.212
  revDisc ~
            (d221)
   merit
                    0.532
                               0.189
                                        2.822
                                                 0.005
    polAffl
             (a22)
                     -0.167
                               0.136
                                       -1.227
                                                 0.220
 merit ~
   polAffl
              (a1)
                     -0.266
                               0.061
                                       -4.358
                                                 0.000
```

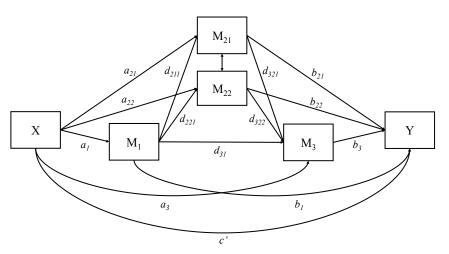
```
partSummary(out4.1, 8:10)
Covariances:
                  Estimate
                           Std.Err z-value P(>|z|)
 .sysRac ~~
   .revDisc
                    -0.135
                             0.161
                                     -0.841
                                               0.400
Intercepts:
                  Estimate
                            Std.Err
                                    z-value
                                             P(>|z|)
  .policy
                     0.933
                             1.014
                                      0.921
                                               0.357
  .sysRac
                     4.698 0.646 7.267
                                               0.000
  .revDisc
                     2.187 1.167 1.873
                                               0.061
  .merit
                     4.977
                             0.264
                                     18.866
                                               0.000
Variances:
                  Estimate
                            Std.Err
                                    z-value
                                             P(>|z|)
                     0.985
                             0.166
                                      5.940
                                               0.000
  .policy
  .sysRac
                     0.689
                             0.092
                                      7.499
                                               0.000
                             0.306
  .revDisc
                     2.388
                                      7.793
                                               0.000
  .merit
                     0.719
                             0.112
                                      6.421
                                               0.000
```

```
partSummary(out4.1, 11)
Defined Parameters:
                                     z-value P(>|z|)
                  Estimate
                            Std.Err
    ab1
                    -0.001
                              0.040
                                      -0.034
                                                0.973
    ab21
                     0.053
                            0.044
                                      1.198
                                                0.231
    ab22
                     0.004
                            0.018
                                       0.249
                                                0.803
                                                0.068
    full 1 TE21
                     0.047
                             0.026
                                      1.828
    fullIE22
                     0.004
                              0.013
                                       0.277
                                                0.782
   totalIE
                     0.107
                              0.052
                                       2.067
                                                0.039
```

```
parameterEstimates(out4.1, boot.ci.type = "bca.simple") %>%
   select(c("label", "est", "ci.lower", "ci.upper")) %>%
   tail(6)
     label
             est ci.lower ci.upper
21
       ab1 -0.001
                   -0.084
                            0.077
22
      ab21 0.053 -0.024 0.157
23
      ab22 0.004 -0.018 0.062
24 fullIE21 0.047 0.011 0.117
25 fullIE22 0.004
                  -0.016 0.042
26 totalIE 0.107
                  0.013
                           0.224
```

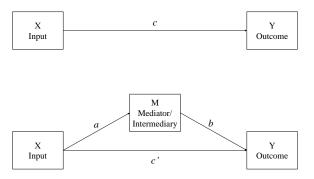
#### Practice

List all of the specific indirect effects present in this model:



## **Boring Model**

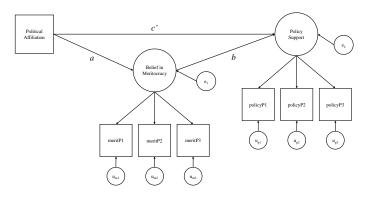
So far, all of our models have looked something like:



But there is no reason that we need to restrict ourselves to mucking around with observed variables.

#### Better Model

We can (and should) test for indirect effects using full SEMs such as:



Measurement error can be a big problem for mediation analysis, so latent variable modeling is highly recommended.

```
dat1 <- readRDS("../data/adamsKlpsData.rds") %>% select(-merit, -policy)
## Specify the CFA model:
mod5.1 <- '
merit = meritP1 + meritP2 + meritP3
policy = policyP1 + policyP2 + policyP3
## Fit the CFA and check model:
out5.1 <- cfa(mod5.1, data = dat1, std.lv = TRUE)
## Check model fit:
fitMeasures(out5.1.
           c("chisq", "df", "pvalue", "cfi", "tli", "rmsea", "srmr")
 chisq df pvalue cfi tli rmsea
                                          srmr
16.869 8.000 0.031 0.922 0.853 0.113 0.065
```

```
partSummary(out5.1, 7)
Latent Variables:
                             Std.Err z-value P(>|z|)
                   Estimate
  merit =~
    meritP1
                      0.690
                               0.134
                                        5.155
                                                  0.000
    meritP2
                      0.968
                              0.142
                                        6.830
                                                  0.000
    meritP3
                      0.748
                               0.137
                                        5.458
                                                  0.000
  policy =~
    policyP1
                      0.851
                               0.186
                                        4.570
                                                  0.000
    policyP2
                      0.996
                               0.167
                                        5.967
                                                  0.000
    policyP3
                      1.121
                                         6.339
                               0.177
                                                  0.000
```

```
partSummary(out5.1, 8:9)
Covariances:
                  Estimate
                           Std.Err z-value P(>|z|)
 merit ~~
   policy
                    -0.336
                             0.131
                                     -2.563
                                               0.010
Variances:
                  Estimate
                           Std.Err
                                    z-value
                                             P(>|z|)
   .meritP1
                     0.865
                             0.165
                                      5.248
                                               0.000
   .meritP2
                    0.445
                           0.201 2.211
                                               0.027
   .meritP3
                    0.833 0.172 4.857
                                               0.000
   .policyP1
                    1.836
                           0.324 5.671
                                               0.000
                            0.256
                                               0.000
   .policyP2
                    0.942
                                      3.683
   .policyP3
                    0.857
                            0.297
                                      2.882
                                               0.004
   merit
                     1,000
   policy
                     1,000
```

```
partSummary(out5.2, 7:8)
Latent Variables:
                            Std.Err z-value P(>|z|)
                  Estimate
 merit =~
   meritP1
                     0.545
                             0.124
                                      4.396
                                               0.000
   meritP2
                     0.858
                            0.132
                                      6.506
                                               0.000
   meritP3
                     0.609
                            0.116
                                      5.252
                                               0.000
 policy =~
   policyP1
                     0.799
                             0.194
                                      4.107
                                               0.000
   policyP2
                     0.924 3.111
                                      0.297
                                               0.766
   policyP3
                     1.001
                              1.708
                                       0.586
                                               0.558
Regressions:
                  Estimate
                            Std.Err
                                     z-value P(>|z|)
 policy ~
   merit
              (b)
                    -0.195
                              0.210
                                     -0.929
                                               0.353
   polAffil
                     0.169
                              0.148
                                      1.148
                                               0.251
 merit ~
   polAffil
              (a)
                    -0.411
                              0.102
                                     -4.034
                                               0.000
```

```
partSummary(out5.2, 9:10)
Variances:
                  Estimate
                           Std.Err z-value P(>|z|)
   .meritP1
                     0.922
                             0.182
                                      5.078
                                               0.000
   .meritP2
                    0.341 0.226 1.507
                                              0.132
   .meritP3
                    0.869 0.183 4.755
                                              0.000
   .policyP1
                    1.801 0.337 5.338
                                              0.000
   .policyP2
                    0.918
                           166.242
                                      0.006
                                               0.996
   .policyP3
                    0.922
                           103.049
                                      0.009
                                               0.993
   .merit
                    1,000
   .policy
                     1.000
Defined Parameters:
                           Std.Err z-value P(>|z|)
                  Estimate
   ab
                     0.080
                             0.109
                                      0.732
                                               0.464
```

```
parameterEstimates(out5.2, boot.ci.type = "bca.simple") %>%
    select(c("label", "est", "ci.lower", "ci.upper")) %>%
    filter(label != "")

label    est ci.lower ci.upper
1    b -0.195    -0.593    0.214
2    a -0.411    -0.642    -0.240
3    ab    0.080    -0.091    0.274
```

# **Interpretation of Indirect Effects**

Indirect effects are composed parameters, but they can be interpreted independently of their constituent paths.

- The  $X \to M \to Y$  indirect effect, ab, is interpreted as:
  - The expected change in Y for a unit change in X that is transmitted indirectly through M.
  - For a unit change in X, Y is expected to change by ab units, indirectly through M.
  - Participants who differ by one unit on X are expect to differ by ab units on Y as a results of the effect of X on M which, in turn, affects Y.
- The interpretation/scaling of the indirect effect is entirely defined by the input, X, and outcome, Y.
  - The scaling of the intermediary variable, M, does not affect the interpretation of the indirect effect.

#### References

- Baron, R. M., & Kenny, D. A. (1986). The moderator-mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51(6), 1173.
- Efron, B. (1979). Bootstrap methods: Another look at the jackknife. *The Annals of Statistics*, 7(1), 1–26. doi: 10.1214/aos/1176344552
- Sobel, M. E. (1982). Asymptotic confidence intervals for indirect effects in structural equation models. *Sociological Methodology*, *13*(1982), 290–312.