# Uncomfortable Questions

Benjamin Shu HON 301

### Before We Begin

Take a moment to think about when you first learned about sex, who it was that first taught you, and what they told you.



### "Where do we begin?"

- The Center for Disease Control and Prevention (CDC) has a list
  - Creating/maintaining healthy relationships
  - Influences on sexual risk behavior
  - STDs and pregnancy: transmission & prevention
  - Obtaining/using condoms & contraception
  - Benefits of abstinence and monogamy



### "Are we all on the same page?"



- American parents are strongly in favor of sex education in schools (Kantor & Levitz, 2017)
  - Middle school
    - 93% overall, 82% of Democrats, 64% of Republicans
  - High school
    - 86% overall, 92% of Democrats, 77.2% of Republicans

### "So...why are we talking about this now?"

- Sex education is relevant to modern social issues (citation needed)
  - Laws governing consent/sexual assault
  - Gender and sexuality
  - Prevention of STDs/pregnancy
- The U.S. has higher rates of teen pregnancy than other First World countries (Sedgh et al., 2014)
- STDs reached a record high in 2016 (CDC 2017)
  - Most diagnoses in young women aged 15 24
- Trump administration may cut funding for Teen Pregnancy Prevention Program (Belluck 2017)

### "What's going on here?"

- According to the NCSL, 24 states and D.C. require sex education (2016)
  - 20 states require medical/factual accuracy (definitions vary)
  - o Of the 36 bills introduced in 2016, 26 failed to pass
  - o 35 states (and D.C.) allow for parental opt-out
- Not a lot of schools are teaching everything (CDC, 2015):
  - Fewer than half of all high schools teach all 16 topics
  - Less than 20 percent of all middle schools teach all 16 topics
- And the substitutes are worse than not being taught
  - Frequent reliance on shame and fear to discourage sexual activity (Lynch, 2017)
  - Emphasis on abstinence-only sex education is positively correlated with rates of teenage pregnancy and HIV (Elliot et al., 2017)

### "So, how bad is it?"

#### In summary:

- Sex education is a controversial topic covering several important fields
- Trying to teach it runs afoul of questions in ethics and morality...
- ...and current attempts omit important details in trying to influence behaviors
- All to the detriment of teenagers who are experiencing higher rates of pregnancy and STDs



### "So, how bad is it?" (contd.)



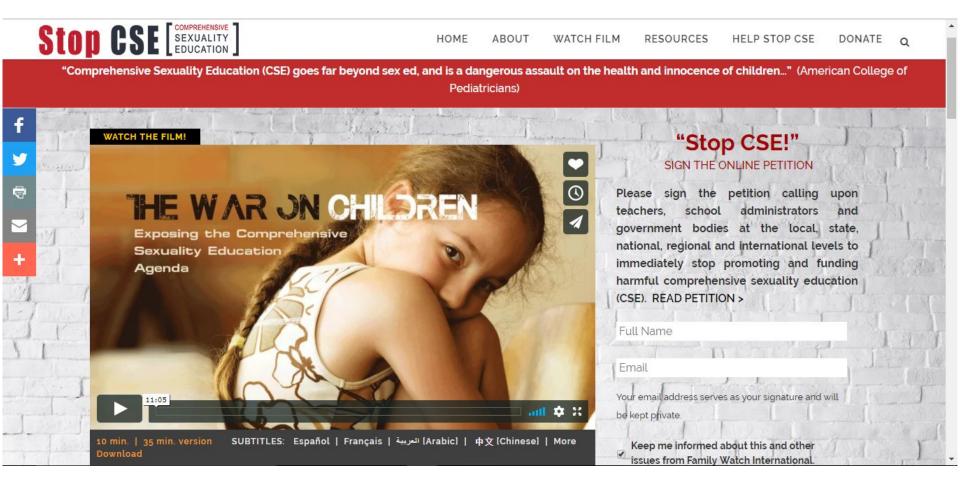
Pam Stenzel

Source: https://www.salon.com/2013/04/21/no one has ever had more than one partner and not paid/

## **Shelly Donahue**



In case this breaks, go here: <a href="https://www.youtube.com/watch?v=enCls-01Ebc">https://www.youtube.com/watch?v=enCls-01Ebc</a>



If you're interested: <a href="https://www.comprehensivesexualityeducation.org">https://www.comprehensivesexualityeducation.org</a>



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### "What's going on here?"

- Strictly speaking, abstinence-only education isn't factually inaccurate
  - Abstinence is the best way to prevent STDs and pregnancy
- But by definition, it attempts to push students towards making certain decisions and discourages others
  - Think of the tape analogy, and the use of guilt/shame
  - Why teach teenagers how to do safely do something stupid?
  - Why not just teach them not to be stupid in the first place?
- It also draws more support from personal beliefs than statistics
  - i.e. abstinence-only education is abortion politics rather than tornado politics
  - It's easier to convince people that a correlation is inaccurate than it is to convince them that their morals are wrong and shouldn't be taught

### "What's going on here?" (contd.)

- Speakers like Stenzel and Donahue are preaching moral guidelines instead of giving a complete education
  - Issue Advocacy rather than Honest Brokership
- Whether or not you think this is a good thing depends on your personal views
  - Recall that quite a few schools don't teach this at all
  - Parents (understandably) want a say in how their children are taught
  - Literally everyone has a different idea of what exactly should be taught

### "What have I just walked in on?"

- Unanswered ethical questions about controversial issues
  - The big example is abortion murder?
- The (justifiable) fear of what behaviors sex education might encourage in teenagers
  - Resurgence of HIV/AIDS in gay men following the widespread availability of effective treatment (Pilsani, 2015)
  - Note that only 36% of Americans think teenage sex is morally acceptable (Jones, 2017)
- The clash of personal views on what constitutes morally acceptable behavior
  - Note again the cultural differences between Democratic demographics (millennials w/ no religious affiliation) and Republican demographics (older Christians)

### "What have I just walked in on?" (contd.)

- Democrats and Republicans have very different demographics (Pew Research Center, 2015)
  - Democrats
    - Millennials, people w/ no religious affiliation, college graduates or higher
    - Women
  - Republicans
    - Older generations, Christians, college graduates or lower
- Reflected in American morality (Pew Research Center, 2013)
  - 49% consider abortion unacceptable
  - o 37% consider homosexuality unacceptable
  - 30% consider premarital sex unacceptable
  - Republicans are more likely to hold all of the above views

### "What have I just walked in on?" (contd.)

- Nobody can dispute the facts in comprehensive sex education
  - That said, the facts aren't what people find objectionable!
- Parents are rejecting it based on the effects it might have on their culture
  - Opponents of comprehensive sex education tend to be white evangelical Christians
  - Recall again that marriage is a sacred institution and premarital sex a sin
  - Comprehensive sex education seeks to normalize sexual activity
    - Supporters tend to have more liberal views on sexuality
    - Also tend to support easier access to contraception
  - o To its opponents, comprehensive sex ed does not seem objective/unbiased
    - It looks like liberals enforcing their views on sex in public education
- When trying to teach sex education, we have to be mindful of how our perspectives shape what we consider beneficial
  - Morality comes into play even if we try to be objective and rational!

### "So, what do we do now?"

- Science cannot answer questions on ethics/morality
- So what can it do for us?
  - Provide factual, relevant information
  - Maintain objectivity through rational thought
  - This only works if we acknowledge our inherent biases
- And what can we do with that?
  - Provide information/assistance with confidentiality and as requested
    - Only give information if asked for it (i.e. no preaching to/at people)
      - Demonstrates respect for individual beliefs/morals
    - Give information anonymously, to sidestep social taboo
  - Make this information easily accessible to everyone
  - Hopefully, provide a platform for discussion of beliefs
    - Participants must accept that there isn't necessarily a right or wrong

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