Mustard

Bank-cress Seeds of each 2 drams and an half,

Raddish Sitron

Citron Spils dry,

Orange Spils dry,

Cinnamon White, Mace, of each 3 drams and a quarter; bruise them all, distil them into strong proof-spirit according to Art, duscifie with white Sugar I pound for use; take 7 parts of this spirit, and I part of suyce of Limons (or more) mingle them together, and duscifie with white Sugar what sufficeth.

CHAP. XXVIII: Plague VVater.

Take strong Proof-spirit what sufficeth, Butter-bur-roots dry 1 pound, Garden Valerian roots dry, commom Valerian roots dry, Angelica roots, Imperatoria, Gentian, Enula Campana, Spake-grass roots, of each six ounces, Contra Yerra, Zedoary, Galingale, of each 4 ounces, Rue leaves dry, White Hotehound, Scordium, Cardous Benedictus, of each 5 ounces, Elderslowers Lavender, Mace of each 3 ounces, Citron piladry, Juniper berties, of each 8 ounces, Green Walnuts with the hunks 1 pound, Venus Triacle, Mithridate, of each 2 ounces, Anniseeds best a pound and half, Camphire 1 ounce; distil them into strong Proot-spirit according to Art, dulcisse with white Sugar 10 pound; for use; let the party insected take of this water 1 ounce, mingled with warm Posser drink, (or any water proper in that case) and be kept very warm and sweat well thereon.

Take strong Proof spirit I gallon, Butter-bur-roots dry one onnce and 5 drams, Garden Valerian roots dry, Common Valerian roots dry, Angelica roots, Imperatoria, Gentian, Enula-Campana, Snake-grafs roots, of each half an ounce and three quarters of a dram, Contra Yerva, Zedoary, Galingale, of each 3 drams and a quarter, Rue leaves dry, White Horehound, Scordiam, Carduns Benedictus, of each half an ounce, Elder flowers, Lavender, Mace, of each two drams and a half, Citron pils dry, Juniper berries, of each 6 drams and a half, Green Ccc 2