

- Activity metrics–Awake
- Heart metrics—Awake
- Heart metrics—Before Bed
- Heart metrics—Sleep
- Heart rate variability–Awake
- Heart rate variability–Before Bed
- Heart rate variability–Sleep
- Items-Questionnaire
- Labels-Questionnaire
- Sleep metrics–Sleep
- Stress metrics–Awake
- Stress metrics-Before Bed
- Stress metrics–Sleep