



Identify the Mentors You Need in Your Life



**Launching
Leaders**

Step 1: In what areas of your life could you use a mentor?

Areas to consider are:

- Vocation
- Family life
- Adventure
- Spirituality
- Creativity
- Finances

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Step 2: Who are some individuals in your life that have experience in the above areas?

1. _____
2. _____
3. _____
4. _____

Step 3: Select one individual from Step 2 to ask to be your mentor.

Individual 1:

Individual 2:

Individual 3:

Individual 4:

Step 4: Use the web form to invite the individual(s) to view the Launching Leaders Mentor Briefing.

Step 5: After they have viewed the Mentor Briefing, invite them to a face-to-face meeting where you can ask them to be your mentor.

Tips:

- Be open and honest.
- Explain your goals.
- Explain your reason for asking them to be your mentor.
- Invite the potential mentor to ask you questions about the mentor relationship.
- Be grateful.

When you're done filling out this exercise, print it out or save it to your Launching Leaders folder on your electronic device.