

# ELSA summaries

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## **1 Appendices**

### **1.1 Summary of numerical variables**

### **1.2 Summary of categorical variables**

Predictor	Description	Cohort, mean (95% CI)	Observation (% missing)
fglu	Blood glucose level (mmol/L) - fasting	5.01 (4.0, 6.9)	3278 (41.88)
ldl	Blood LDL level (mmol/l)	3.66 (1.8, 5.7)	5243 (66.98)
hgb	Blood haemoglobin level (g/dl)	14.34 (11.7, 17.1)	5339 (68.2)
non_hdl	Non HDL-cholesterol	4.26 (0.9, 6.7)	5350 (68.34)
cfib	Blood fibrinogen level (g/l)	3.21 (2.1, 4.9)	5357 (68.43)
apoe	Blood APOE level (mmol/l)	0.04 (0.02, 0.07)	5384 (68.78)
hdl	Blood HDL level (mmol/l)	1.54 (0.9, 2.4)	5391 (68.87)
hscrp	Blood CRP level (mg/l)	3.97 (0.2, 20.4)	5391 (68.87)
trig	Blood triglyceride level (mmol/l)	1.81 (0.6, 4.7)	5395 (68.92)
chol	Blood total cholesterol level (mmol/l)	6.0 (3.9, 8.5)	5396 (68.93)
rtin	Blood ferritin level (ng/ml)	120.03 (14.0, 384.0)	5398 (68.96)
mapval	Mean arterial pressure	95.47 (73.5, 121.0)	5971 (76.28)
pulval	Pulse pressure	59.89 (36.5, 97.0)	5971 (76.28)
diaval	Diastolic blood pressure	75.51 (54.5, 97.5)	5971 (76.28)
sysval	Systolic blood pressure	135.4 (103.5, 177.88)	5971 (76.28)
bmival	Valid BMI	27.9 (19.84, 39.57)	6521 (83.3)
whval	Mean Waist/Hip ratio	0.89 (0.74, 1.05)	6662 (85.1)
mmgsdl	Grip strength	29.06 (10.0, 53.0)	6747 (86.19)
years_in_study	Years in study	14.04 (4.0, 15.0)	7828 (100.0)
months_in_study	Months in study	168.51 (48.0, 179.98)	7828 (100.0)
dhager	Age	66.21 (53.0, 86.0)	7828 (100.0)

Table 1: Summary of numerical variables

Variable	Description	Most frequent answer(%)	Categories (unique)
DhSex	Sex	Female (56.72)	2
HESka	Whether smokes cigarettes at all nowadays	No (84.47)	4
clotb	Has blood clotting	No (85.37)	3
couple	Relationship status	Married (65.0)	3
DiCDNM	Cause of death of mother	Not applicable (94.17)	8
DiCDNF	Cause of death of father	Not applicable (94.15)	8
Hehelf	Self-reported general health	good (31.66)	7
HeFunc	Difficulty walking 1/4 mile un-aided	No difficulty (73.65)	5
Hebpchk	Blood pressure: checked by doctor or nurse in past year	Not applicable (50.8)	5
HeActa	Frequency does vigorous sports or activities	hardly ever, or never (59.79)	5
wpdes	Best description of current situation	Retired (51.65)	9
wpjact	Level of physical activity in main job	Not applicable (65.37)	6
fqethnr	Ethnicity recoded into white and non-white	White (97.71)	4
PScedG	Whether respondent felt sad much of the time during the past week	No (77.71)	5
PScedC	Whether respondent felt their sleep was restless during the past week	No (57.45)	5
fqcbthr	Country of birth	Not applicable (99.63)	4
scpt05	Respondent has taken a holiday abroad in the last 12 months	Yes (44.69)	4
scpt08	Respondent owns a mobile phone	Yes (60.77)	4
scaccd	How respondent finds getting to GP	Very easy (59.72)	7
scponeg	Whether respondent has found growing older a positive or negative experience	Mainly positive (39.38)	7
scako	How often respondent has had an alcoholic drink during the last 12 months	Once or twice a week (22.59)	10
diabetes	Reported a diagnosis of diabetes	No (92.13)	2

Table 2: Summary of categorical variables