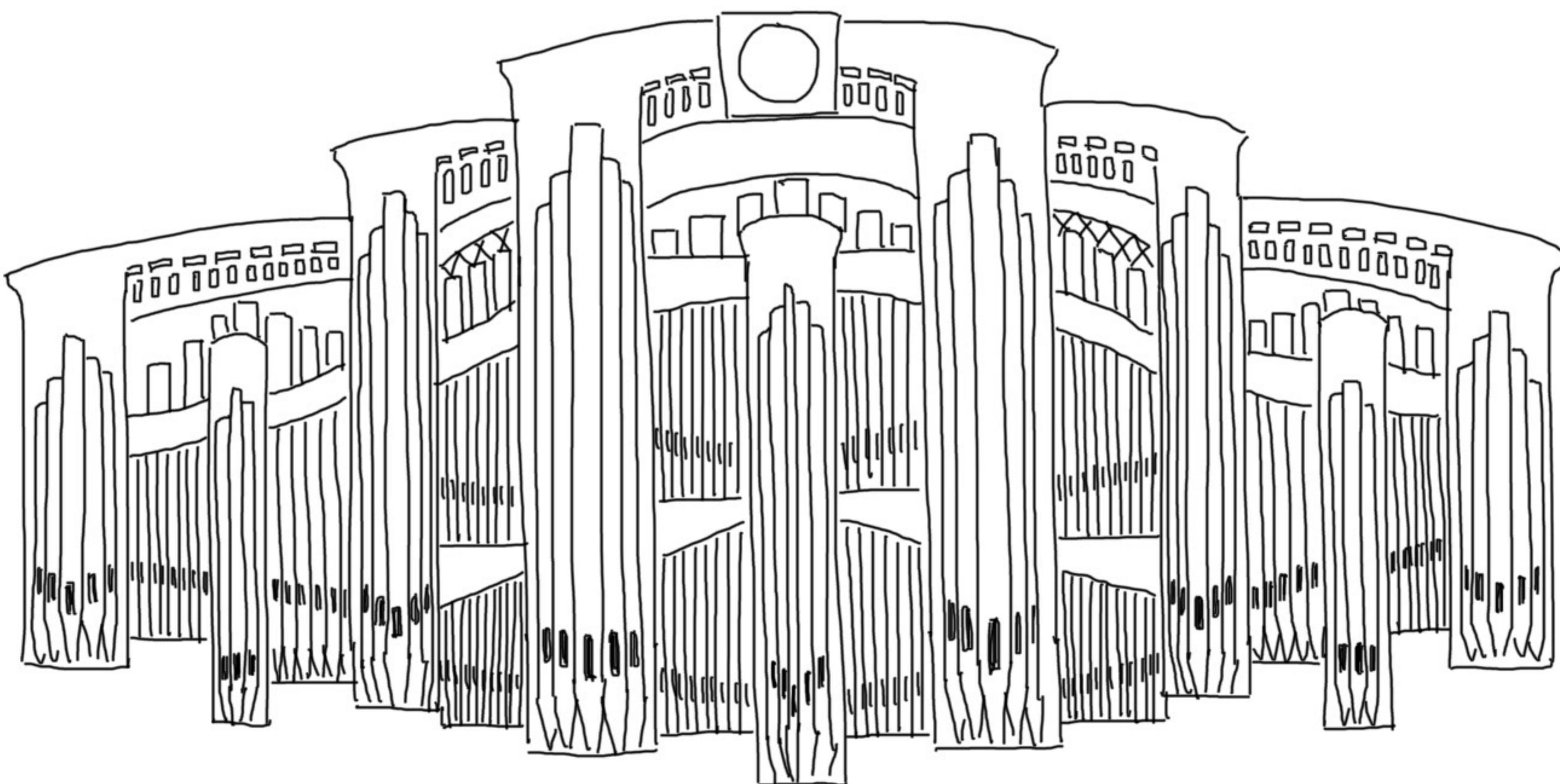


OCT 2016

General Conference

• SKETCHNOTES •



JEAN B. BINGHAM • FIRST COUNSELOR IN THE PRIMARY PRESIDENCY

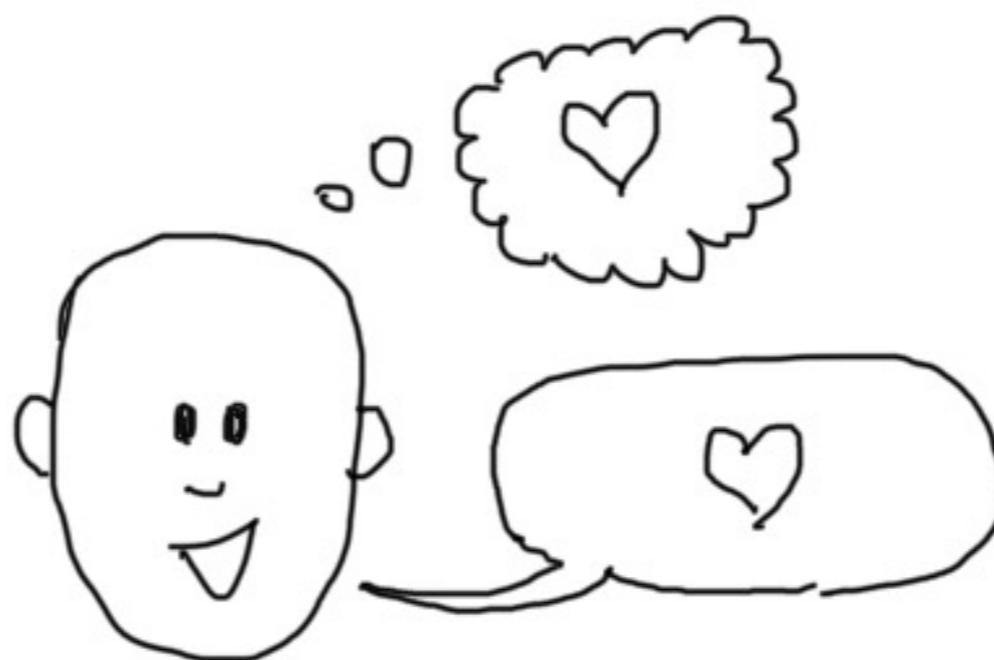
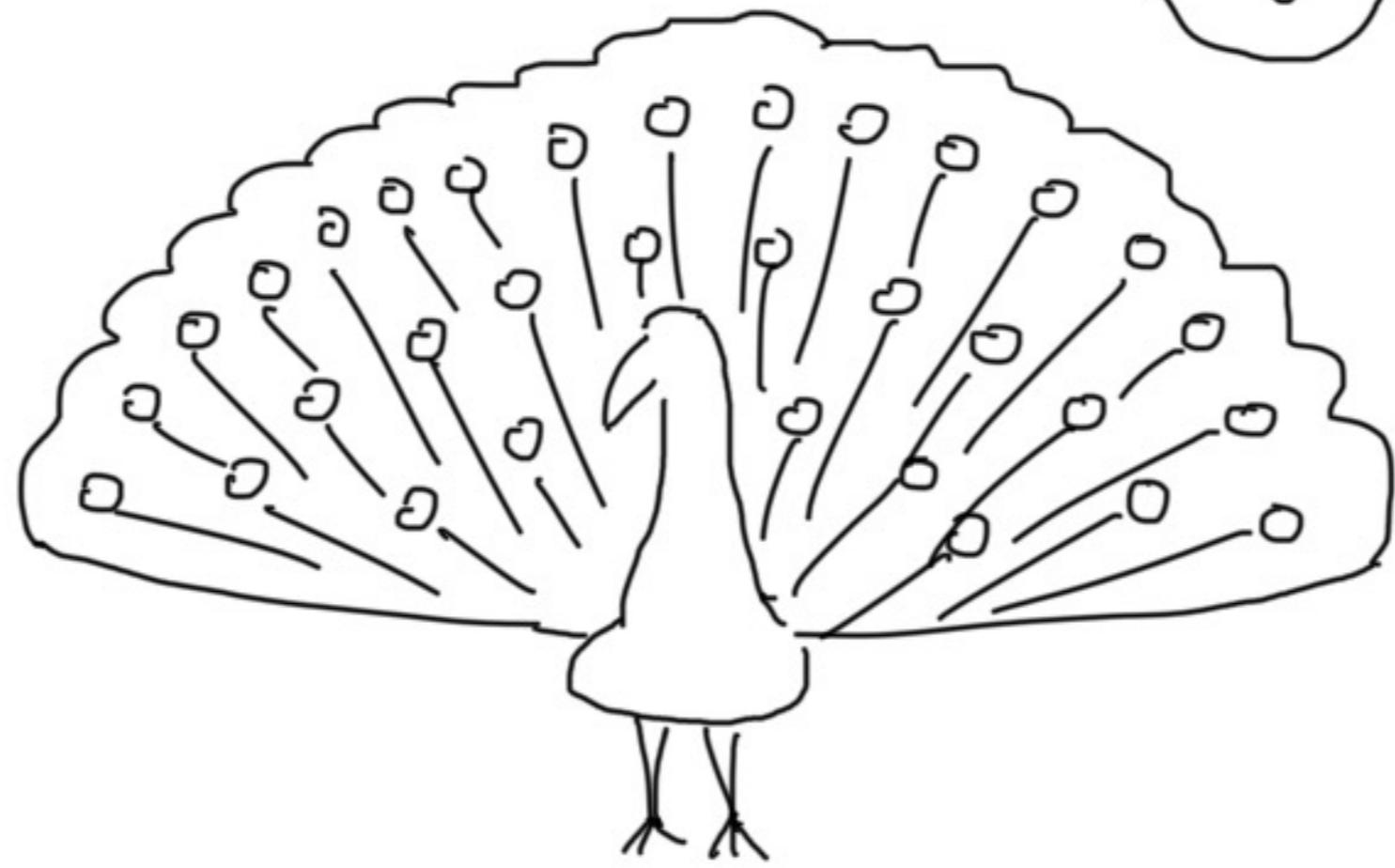
I WILL BRING THE LIGHT OF THE GOSPEL INTO MY HOME

CHARITY

BRINGS LOVE
BOTH TO GIVER
& RECEIVER

GREATEST FORM
MAY BE TO WITH-
HOLD JUDGMENT

see
OTHERS
as the SAVIOR
does



WE MUST WORK TO
BE GENEROUS IN
THOUGHT & WORD

MOM, THAT CHICKEN
IS WEIRD!

HONEY, THAT IS
A PEACOCK.

WE OFTEN LOOK AT OTHERS
WITH AN INCOMPLETE OR
INACCURATE UNDERSTANDING



KIND WORDS ARE LIKE WIND
IN OUR SAILS HELPING US ON

HAVE
FERVENT
CHARITY

I WILL
BRING THE LIGHT
OF THE GOSPEL
INTO MY HOME

FIND HAPPINESS
WHEREVER WE
FIND OURSELVES

ALLOW AND ENCOURAGE OTHERS TO CONTINUALLY IMPROVE

CAROLE M. STEPHENS • THE MASTER HEALER

FIRST COUNSELOR IN RELIEF SOCIETY PRESIDENCY

IS THERE SOMETHING
SPECIFIC WOMEN
SHOULD FOCUS ON?

yes!

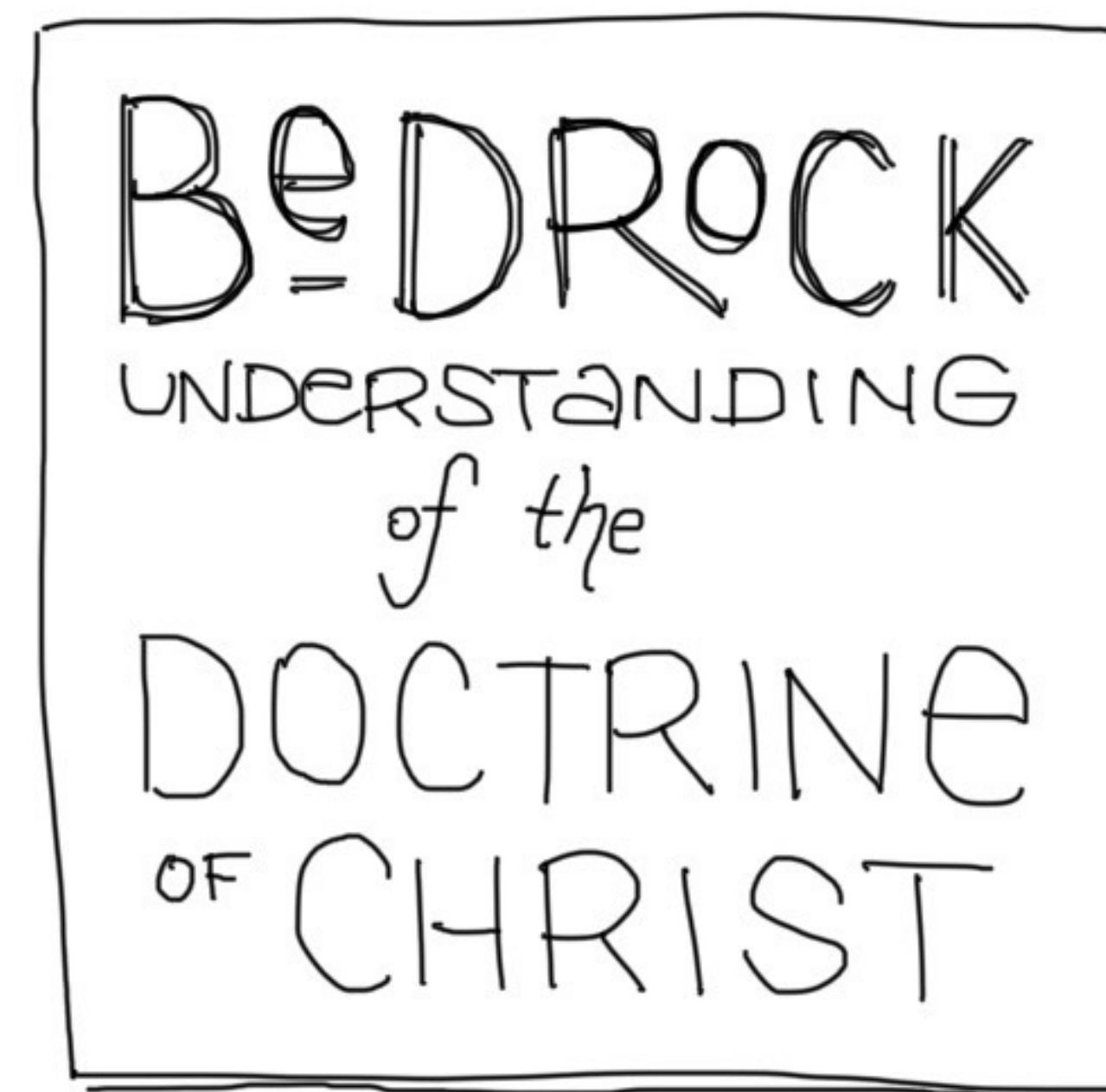
1

THE SAVIOR HAS
POWER TO CHANGE
OUR HEARTS AND
GIVE PERMANENT
RELIEF FROM THE
SORROW OF OUR SINS



GIVE ME
TO DRINK

CHRIST WILL
SPEAK TO US
IN A VOICE
WE RECOGNIZE



2

HE CAN COMFORT
AND STRENGTHEN
US WHEN WE FEEL
PAIN FROM THE
UNRIGHTEOUS
ACTIONS OF OTHERS

I WOULD DO ANYTHING
TO TAKE THIS FROM YOU

YOU DON'T HAVE
TO. SOMEONE
ALREADY HAS.

HOPE & HEALING ARE NOT
FOUND IN
SECRECY
BUT IN THE LIGHT AND
LOVE OF JESUS CHRIST



You don't have to go through life alone
Jesus Christ, the Master Healer, will be with you

BONNIE L. OSCARSON • RISE UP IN STRENGTH, SISTERS IN ZION

YOUNG WOMEN GENERAL PRESIDENT

RISE UP, O
MEN OF GOD

GORDON B.
HINCKLEY
OCT 2006

we live in
Perilous
TIMES

— BUT ALSO THE —

FULNESS
OF TIMES



EVEN THE YOUNGEST
CAN HELP BUILD
THE KINGDOM



MAKE YOUR HOME A
SAFE PLACE FOR
QUESTIONS



SISTER MALDONADO
7 → 20
STUDENTS IN
SUNDAY SCHOOL

I LOVE MY
STUDENTS

Why are ye ashamed
to take upon you
the name of Christ?
-- MORONI (to us)

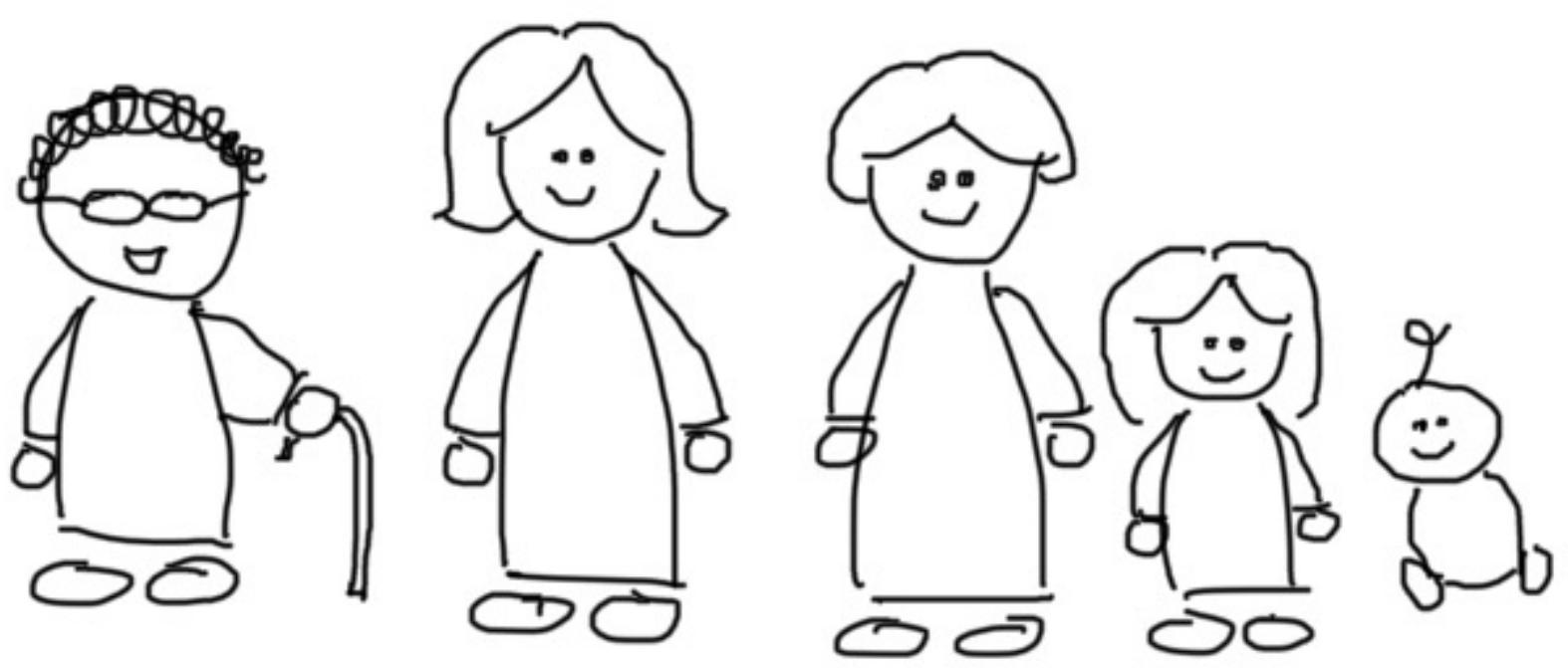
FOUNDATIONS OF TESTIMONY

- ① ACKNOWLEDGE THE CENTRALITY OF GOD AND JESUS CHRIST TO OUR FAITH AND SALVATION
- ② UNDERSTAND THE NEED FOR THE RESTORATION AND HAVE A WITNESS OF JOSEPH SMITH
- ③ STUDY AND UNDERSTAND TEMPLE ORDINANCES AND COVENANTS

WE MUST TEACH
CORRECT PRINCIPLES
OR THE WORLD WILL TEACH SATAN'S LIES

DIETER F. UCHTDORF • FOURTH FLOOR, LAST DOOR

SECOND COUNSELOR IN FIRST PRESIDENCY



WOMEN OF INFLUENCE

THIS FORCE FOR GOOD IS
REPLICATED AROUND THE WORLD

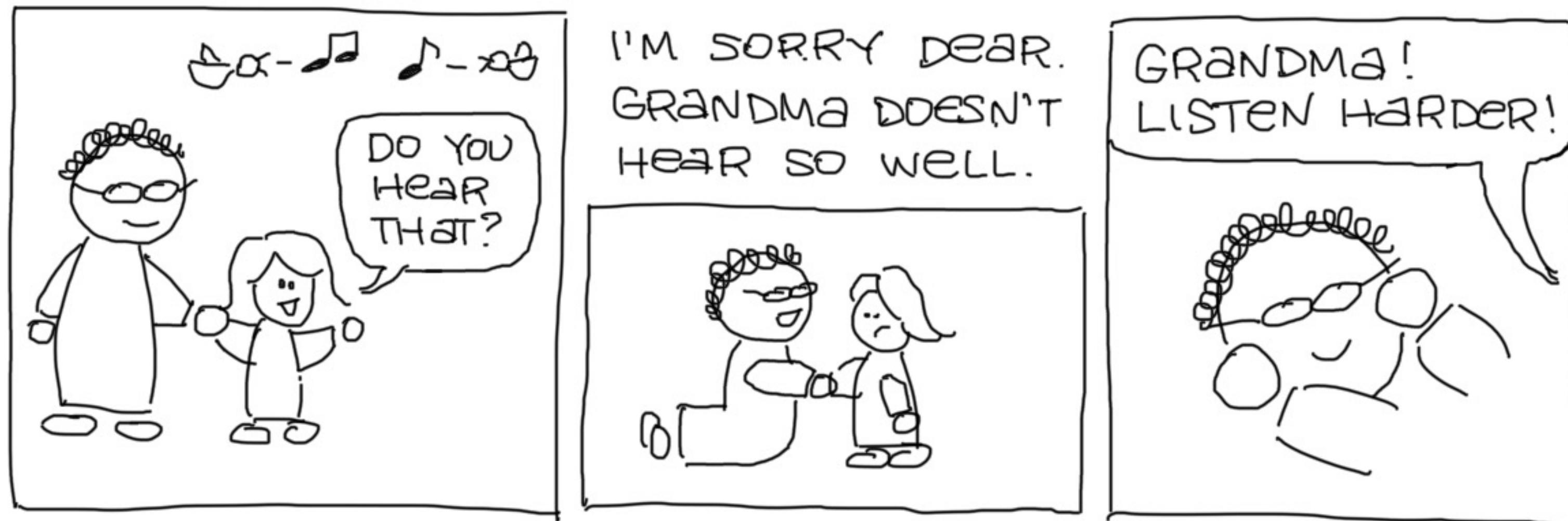
"Woman of Faith"

BELIEF IN
THINGS WE
CANNOT SEE

FAITH

SOME MIGHT NOT
FEEL WORTHY OF
THIS BECAUSE OF
DOUBTS — WE ALL
HAVE FELT THIS

MOVES US TO DO
DIFFERENT THINGS
THAN WE WOULD



- JUST BECAUSE WE CAN'T HEAR SOMETHING DOESN'T MEAN IT'S NOT THERE
- HELPING OTHERS & US TO INCREASE FAITH:
LISTEN DIFFERENTLY

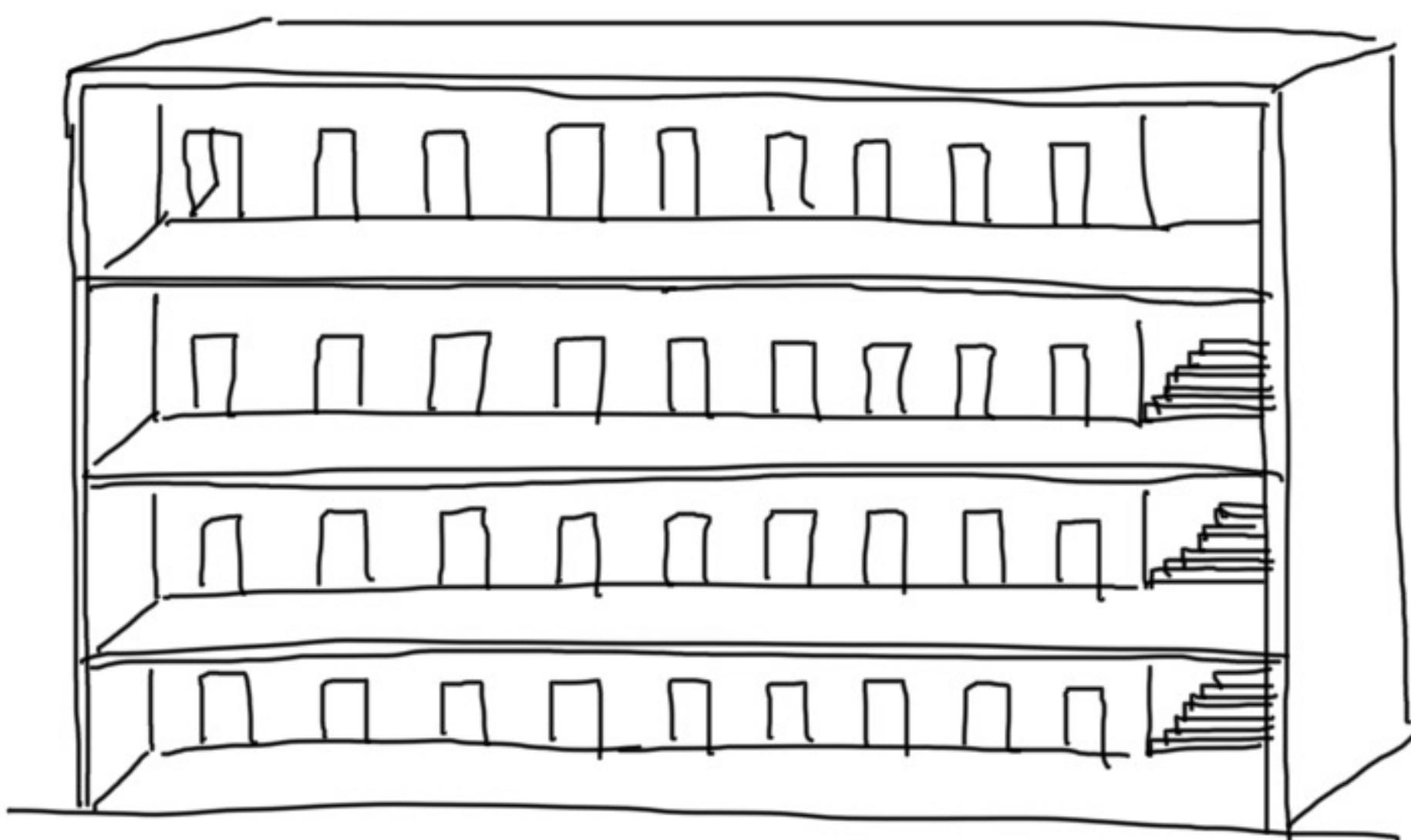
One sees clearly only
with the heart. Anything
essential is invisible
to the eyes.

-- The Little Prince

FAITH = TRUST

IN GOD'S
WISDOM

IN GOD'S LOVE



🚫 FAITH CANNOT VIOLATE
ANOTHER'S AGENCY 🚫

🚫 FAITH CANNOT FORCE
OUR WILL ON GOD 🚫

↳ IT EMPOWERS US TO
ACT ON GOD'S WILL

KEEP GOING

— TO THE —

FOURTH FLOOR
LAST DOOR

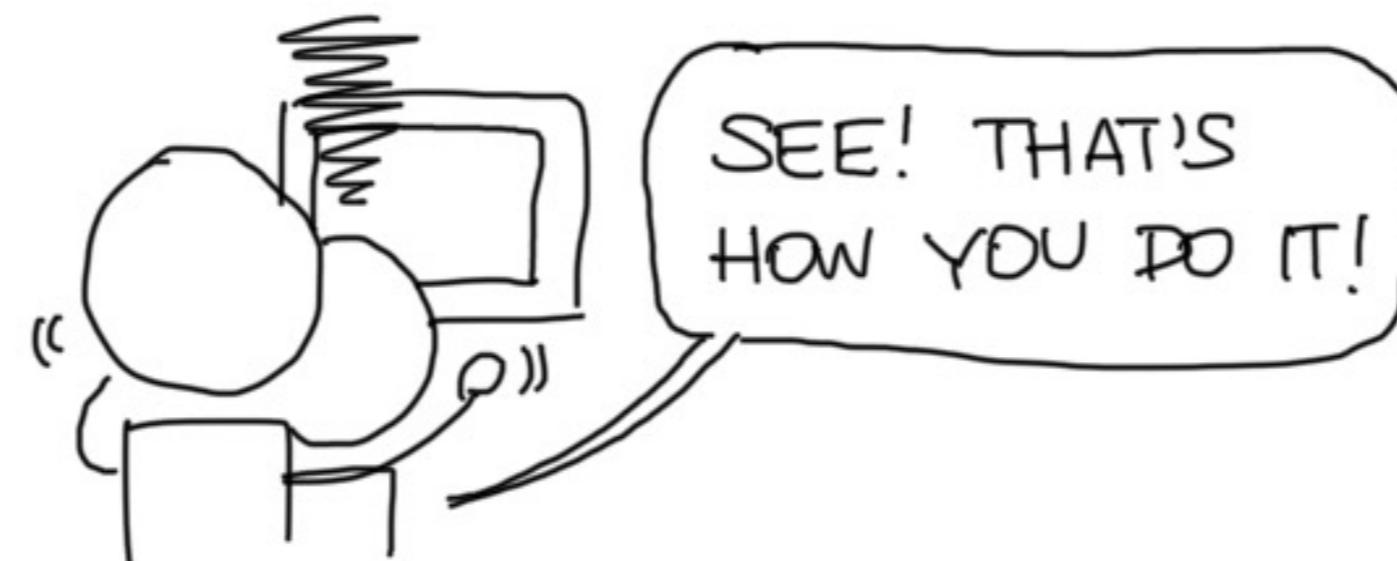
GOD'S REWARDS ARE
NOT USUALLY BEHIND
THE FIRST DOOR

DIETER F. UCHTDORF • O HOW GREAT THE PLAN OF OUR GOD

SECOND COUNSELOR IN THE FIRST PRESIDENCY



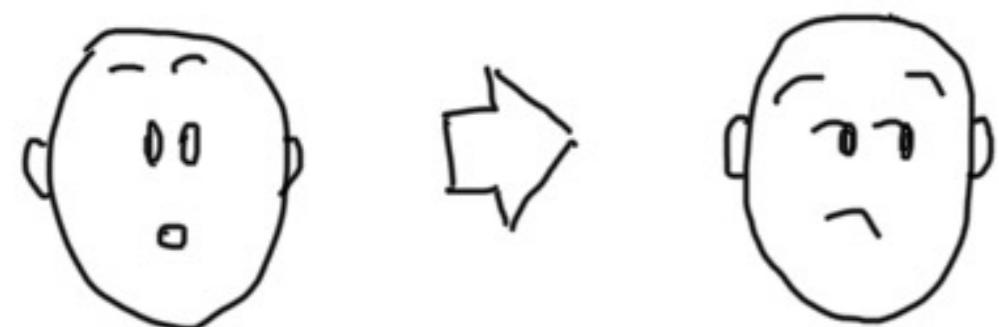
AS A GENERAL AUTHORITY, HAD TO USE ONE FOR THE FIRST TIME



... IT TOOK MANY LITERS OF A DIET SODA THAT SHALL REMAIN NAMELESS

THE MORE ADEPT I GET AT TECHNOLOGY, THE MORE I TAKE IT FOR GRANTED

! !



WE LOSE OUR SENSE OF AWE AS WE ARE MORE FAMILIAR

DO WE DO THIS WITH THE
GOSPEL OF
JESUS CHRIST?

THINK OF THE FIRST TIME YOU REALLY FELT THAT YOU ARE LOVED AS A CHILD OF GOD OR THAT A LIVING PROPHET ON THE EARTH



WE WALK ON DIAMONDS AND ONLY SEE PEBBLES



IT FEELS FAMILIAR TO ALL WHO LEARN IT

Heavenly Parents

WE LIVED WITH THEM AND KNEW WE HAD TO LEAVE THEM AND BE BORN HERE



WE CAN ONLY RETURN THROUGH OUR SAVIOR JESUS CHRIST

BELFAST COAT OF ARMS

WE WILL BE ASTONISHED AT THE LOVE AND MERCY OF GOD AT HIS JUDGMENT

Remember the awe you felt

WHAT SHALL WE GIVE IN RETURN FOR SO MUCH?

ROBERT D. HALES • "COME FOLLOW ME" BY PRACTICING
QUORUM OF THE TWELVE APOSTLES CHRISTIAN LOVE AND SERVICE



IF WE LOVE THE SAVIOR
MORE, WILL WE SUFFER
LESS?



AS PARENTS, OUR MOST
IMPORTANT RESPONSIBILITY
IS TO HELP OUR CHILDREN
GROW IN THE GOSPEL

Thee LIFT me, and
I LIFT thee, and
we'll ascend
TOGETHER - QUAKER PROVERB

FAMILY ← SCRIPTURES
PRAYERS
HOME EVENING

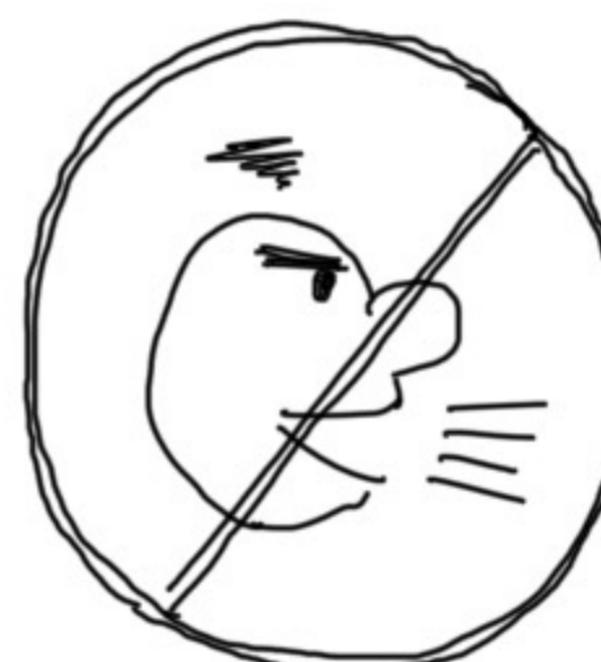
WE CANNOT PRAY
AWAY ANOTHER'S
AGENCY

LOVE HEAVENLY FATHER AND HIS SON
MORE AND SUFFER LESS

LOVE

GOD'S POWER
TO HELP
OTHERS TO
IMPROVE

WE MUST HAVE THE
HOLY GHOST
TO HELP US



WHEN WE RAISE OUR
VOICE OR SPEAK IN
ANGER, THE SPIRIT
LEAVES US AND
CANNOT HELP

PATIENCE

DON'T
GIVE
UP!



WE CAN PRAY TO
KNOW WHEN TO
SPEAK

CAREGIVERS



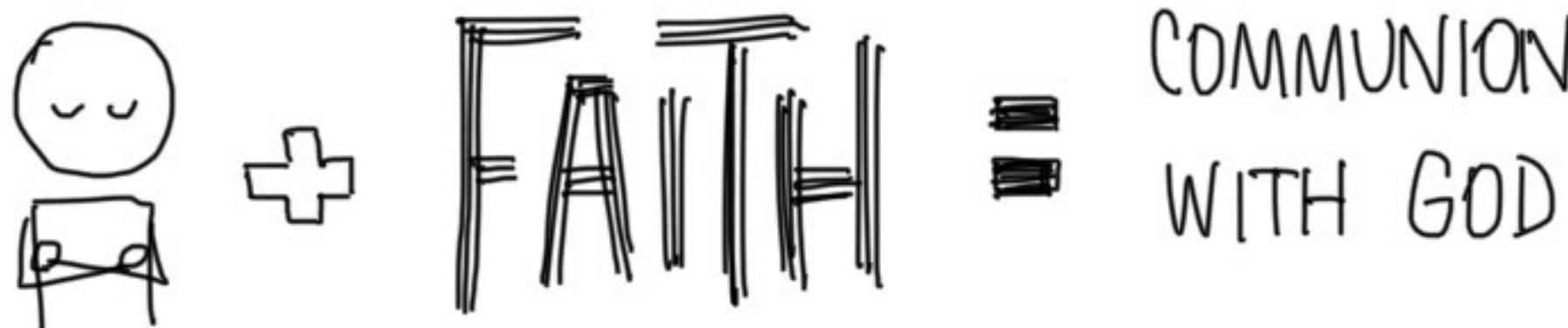
CAROL F. McCONKIE • THE SOUL'S SINCERE DESIRE

1ST COUNSELOR YOUNG WOMEN GENERAL PRESIDENCY

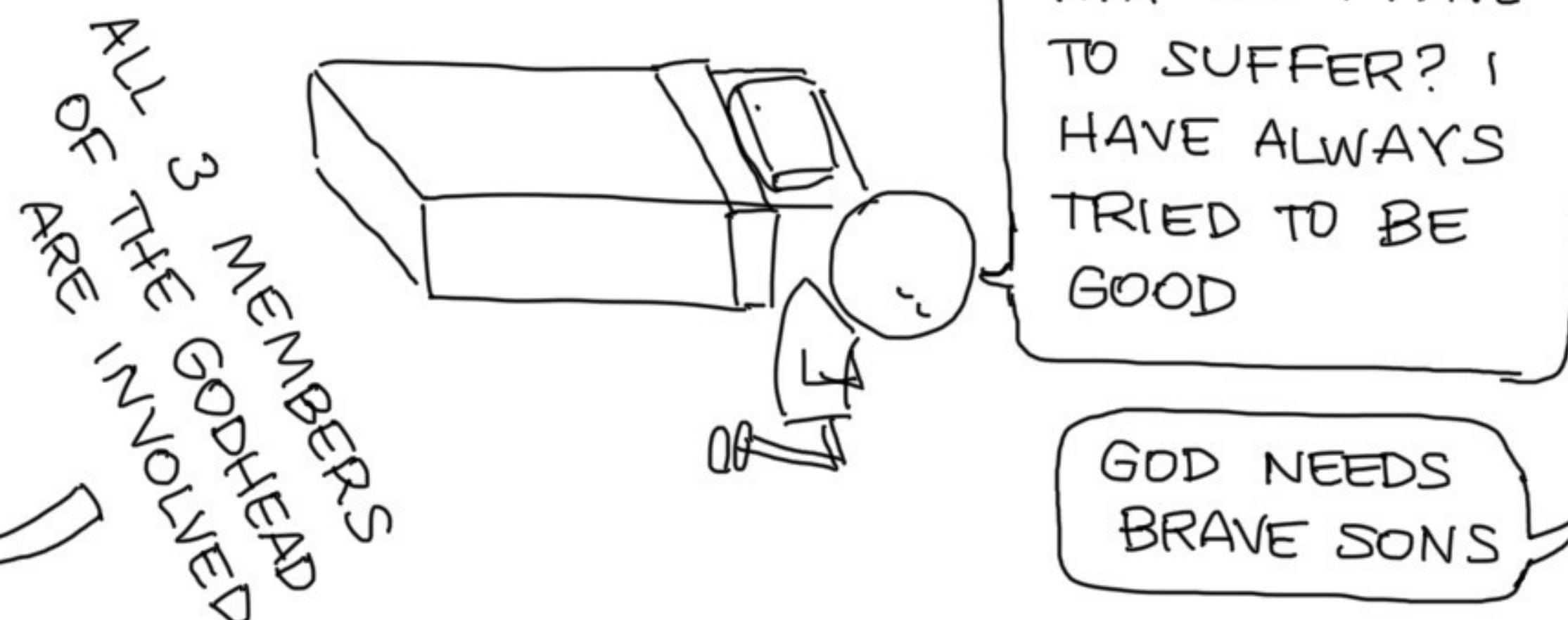
WIDOW → UNJUST JUDGE

EVEN MORE WILL GOD HEAR
AND ANSWER REPEATED &
CONSISTENT PRAYERS

WE PRAY TO HEAVENLY
FATHER IN THE NAME
OF JESUS CHRIST
BY THE POWER OF THE
HOLY GHOST



A LOVING GOD
IS AS CLOSE AS A PRAYER



~~REPETITIOUS PRAYERS~~

TAKING CHRIST'S NAME IN VAIN

LEARN TO PRAY TO GET ANSWERS

WHEN OUR WILL IS ALIGNED WITH GOD WE WILL GET OUR ANSWERS EASIER

IN GETHSEMANE



FATHER, TAKE THIS CUP FROM ME...
NOT MY WILL, BUT THINE BE DONE



PRAYER IS A GIFT FROM GOD

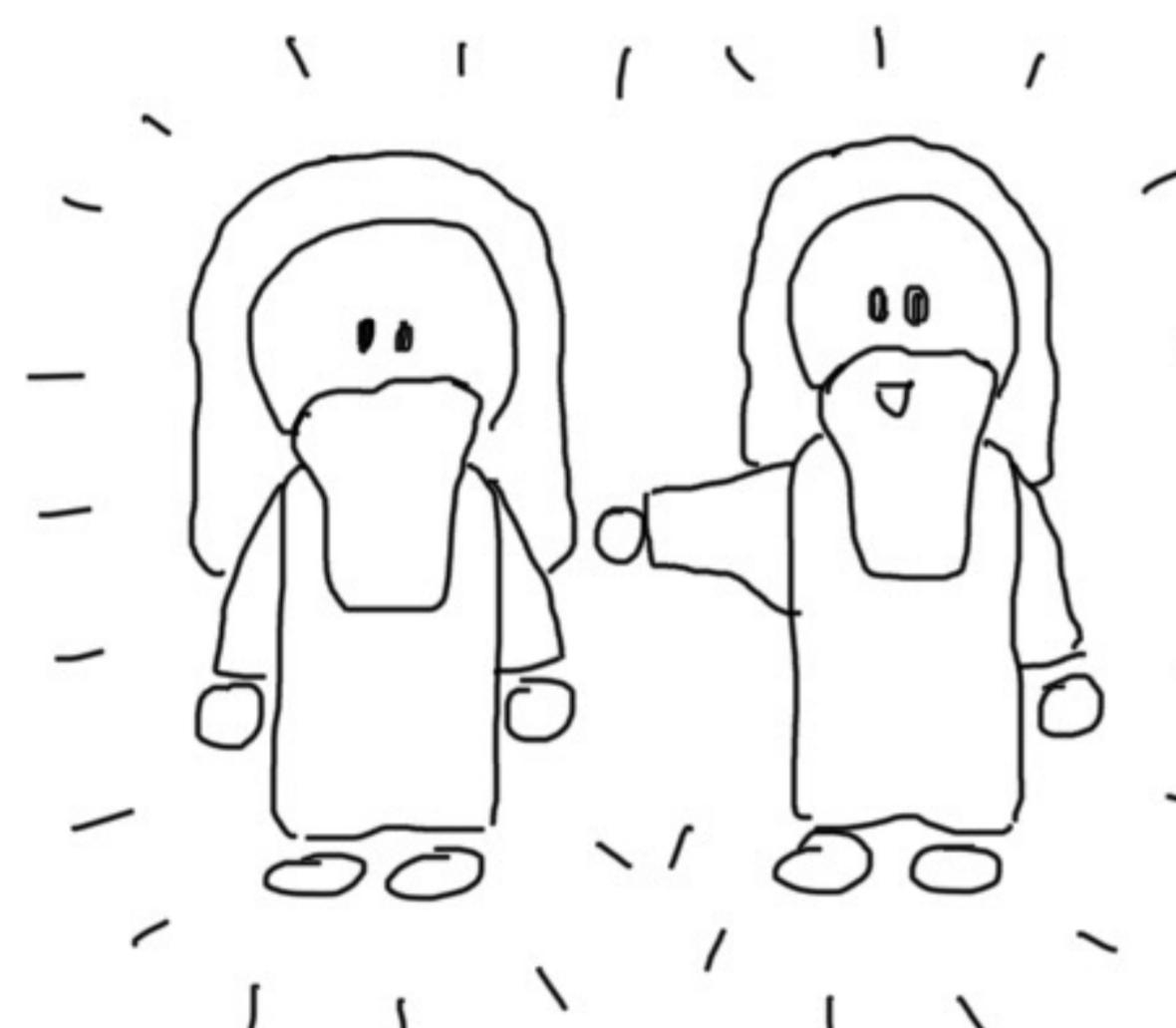
EVERY MOMENT OF PRECIOUS PRAYER CAN BE HOLY TIME SPENT WITH OUR FATHER, IN THE NAME OF THE SON, BY THE POWER OF THE HOLY GHOST.

CRAIG C. CHRISTENSEN • "A CHOICE SEER WILL I RAISE UP"

PRESIDENCY OF THE SEVENTY

JOSEPH SMITH'S

NAME SHOULD BE HAD FOR
GOOD AND EVIL AMONG
ALL NATIONS



THIS IS MY
BELOVED SON.
HEAR HIM.



JUST AS JOSEPH PRAYED
AND RECEIVED ANSWERS,
WE CAN TOO—USUALLY
THROUGH THE HOLY GHOST

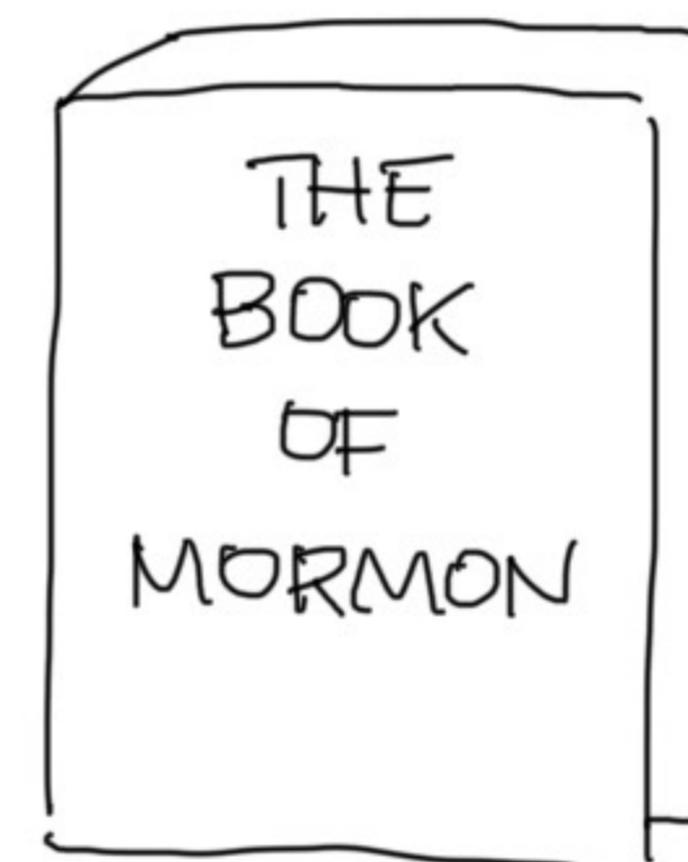
CONSIDER THE

FRUITS

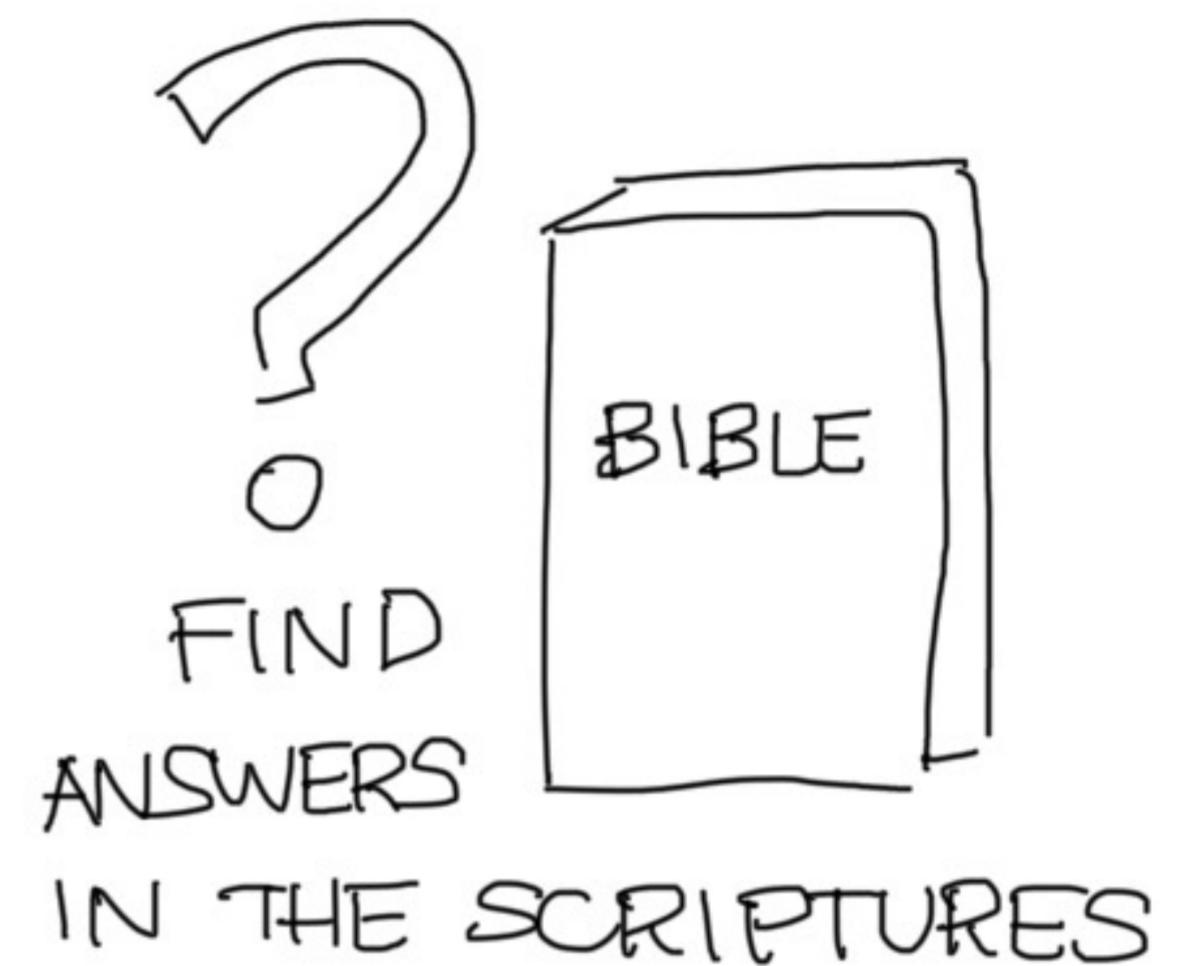
TESTIMONY OF CHRIST AS SAVIOR



THE SAME
FIGHT RAGES FROM
THE GROVE TO THE
INTERNET TODAY



THE
BOOK
OF
MORMON



FIND
ANSWERS
IN THE SCRIPTURES

TRY READING IT
AS IF JOSEPH
LEARNING THESE
TRUTHS FOR THE
FIRST TIME

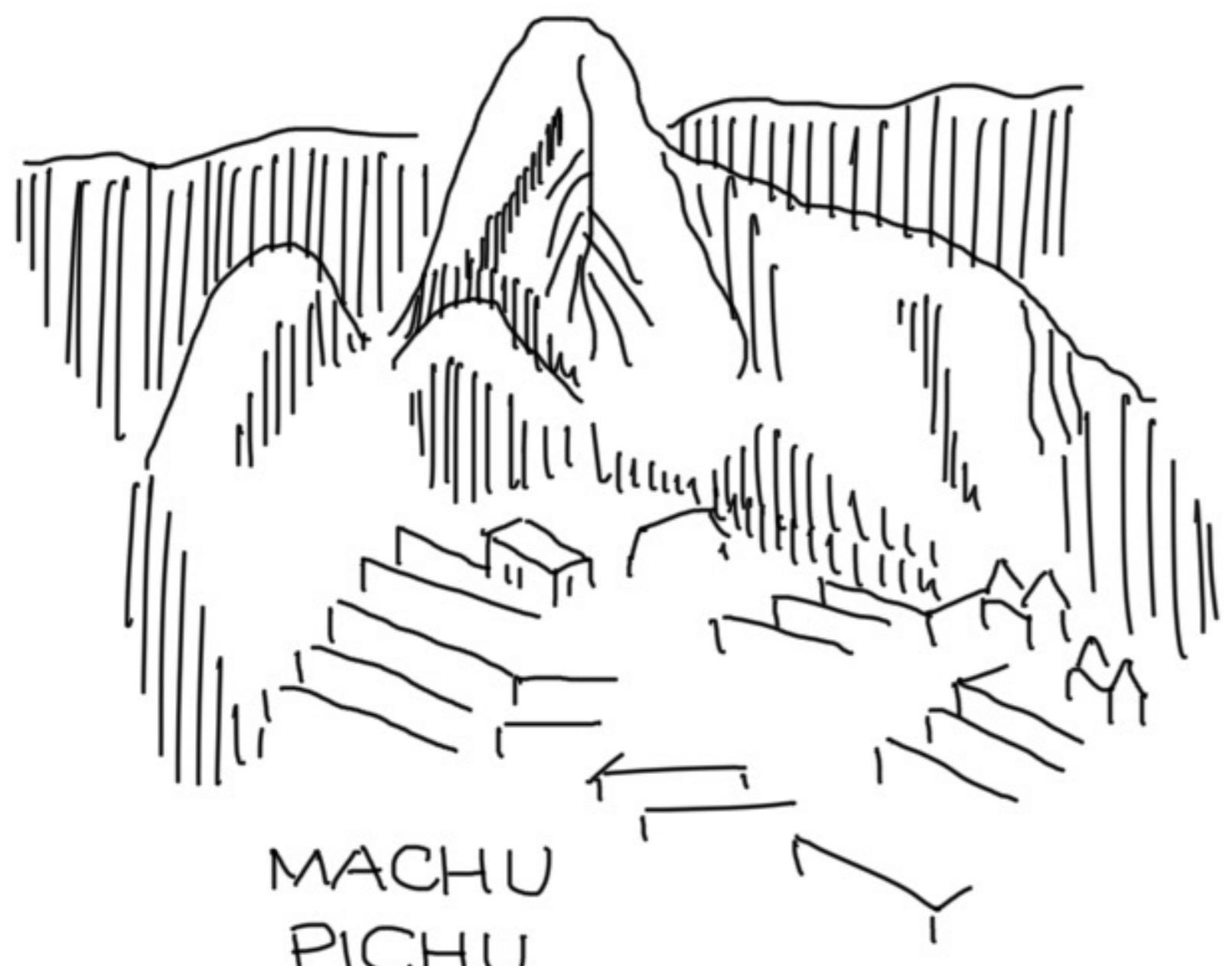
BAPTISM • PRIESTHOOD • ORGANIZATION
PROPHECY OF HIMSELF



POSSIBILITY OF
ETERNAL
FAMILIES

JUAN A. UCEDA • THE LORD JESUS CHRIST TEACHES US

QUORUM OF THE SEVENTY



MACHU
PICHU

DO YOU PRAY WITH
YOUR LIPS, OR WITH
YOUR HEART?



WHEN WAS THE
LAST TIME YOU
FELT THAT CONNECTION
WITH HEAVEN?



INCA
BRIDGE

NOT MY WILL,
BUT THINE,
BE DONE

THIS WAS
CHRIST'S ATTITUDE

THE MISSIONARY
WHO HAD STAYED
BEHIND SAVED ME

HE HAD PAID ATTENTION TO
MY VOICE BUT HAD NOT PAID
ANY ATTENTION TO HIS

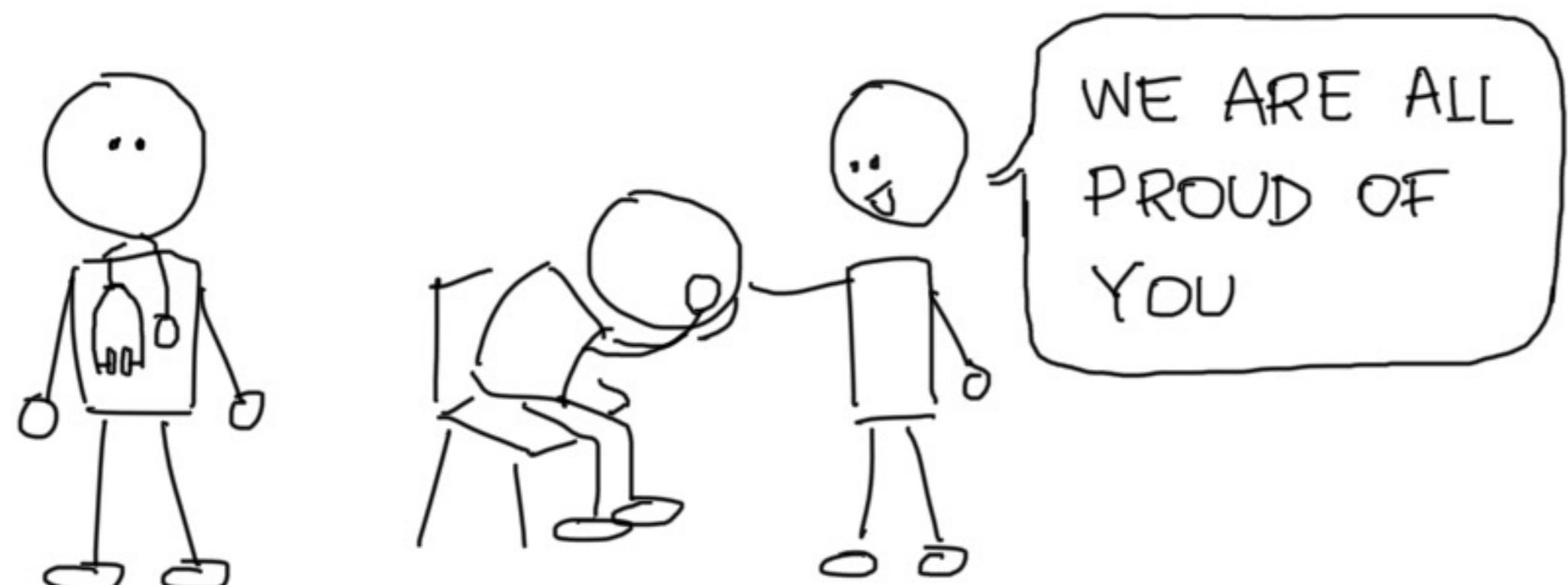
WHEN YOU PRAY, ARE YOU
Really Praying
OR JUST
SAYING PRAYERS?

GOD IS NEVER TOO
BUSY TO HEAR US &
IS ALWAYS THERE

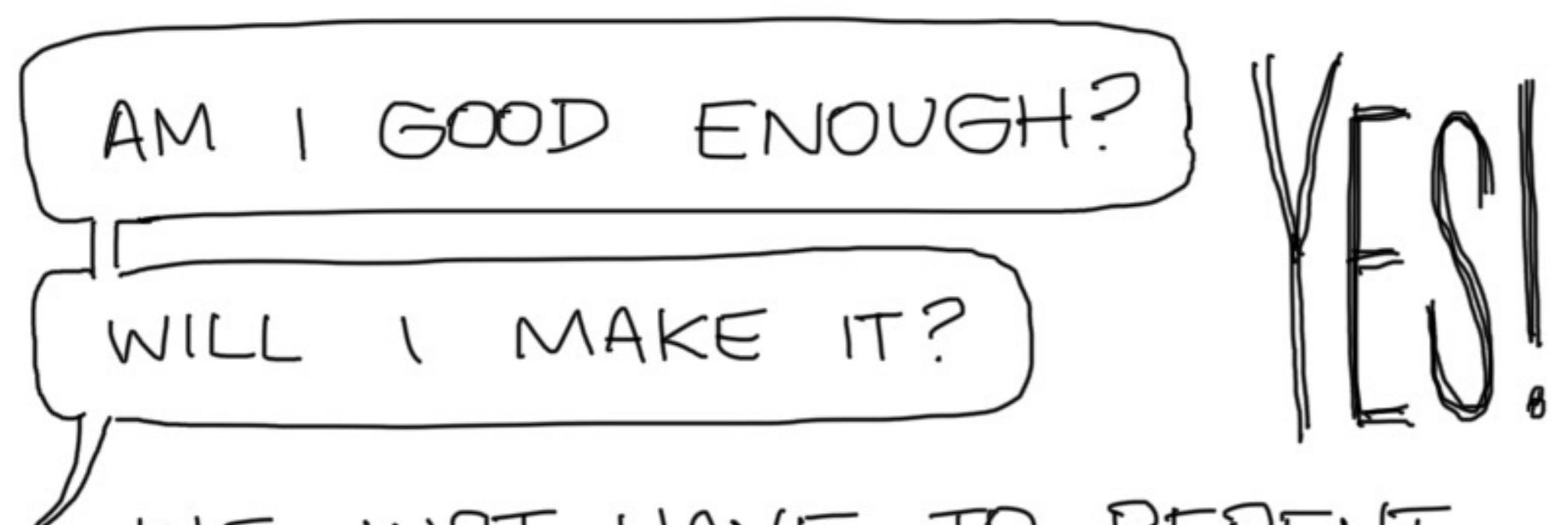
Prepare
FOR
PRAYER THROUGH
PRAYER

J. DEVN CORNISH - AM I GOOD ENOUGH? WILL I MAKE IT?

QUORUM OF THE SEVENTY



ONLY COMPARE
YOURSELF TO HOW
YOU WERE OR HOW
YOU WANT TO BE



GOD WILL LOVE AND CORRECT BUT
NEVER DISCOURAGE — THAT IS
SATAN'S TRICK

WE JUST HAVE TO REPENT
AND NOT RATIONALIZE
OR REBEL

PREMEDITATED SIN
IS A
SOLEMN MOCKERY

PLANNING -W-
SIN REPENT
P D

GOD WANTS US TO MAKE IT!

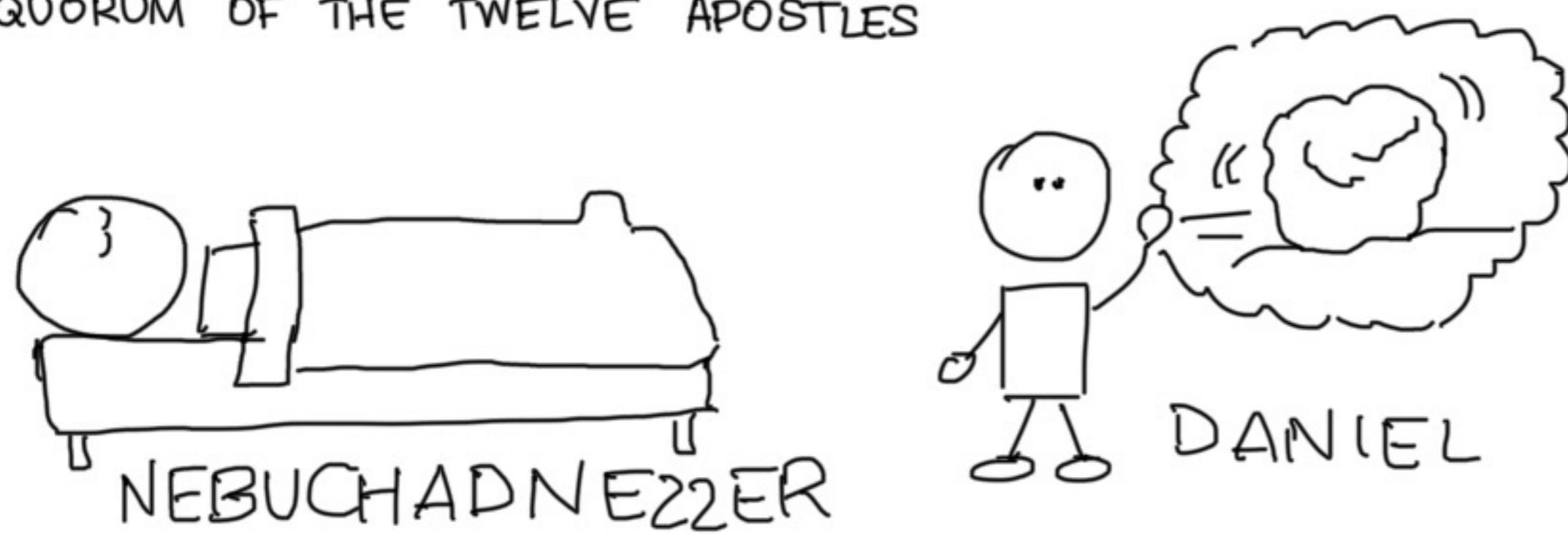
WE WILL GET HEAVENLY HELP IF WE
— ask —

We CANNOT MAKE IT ON OUR OWN

If we rationalize or rebel, we distance ourselves
from God and deny the Atonement in our lives

NEIL L. ANDERSON • A WITNESS OF GOD

QUORUM OF THE TWELVE APOSTLES

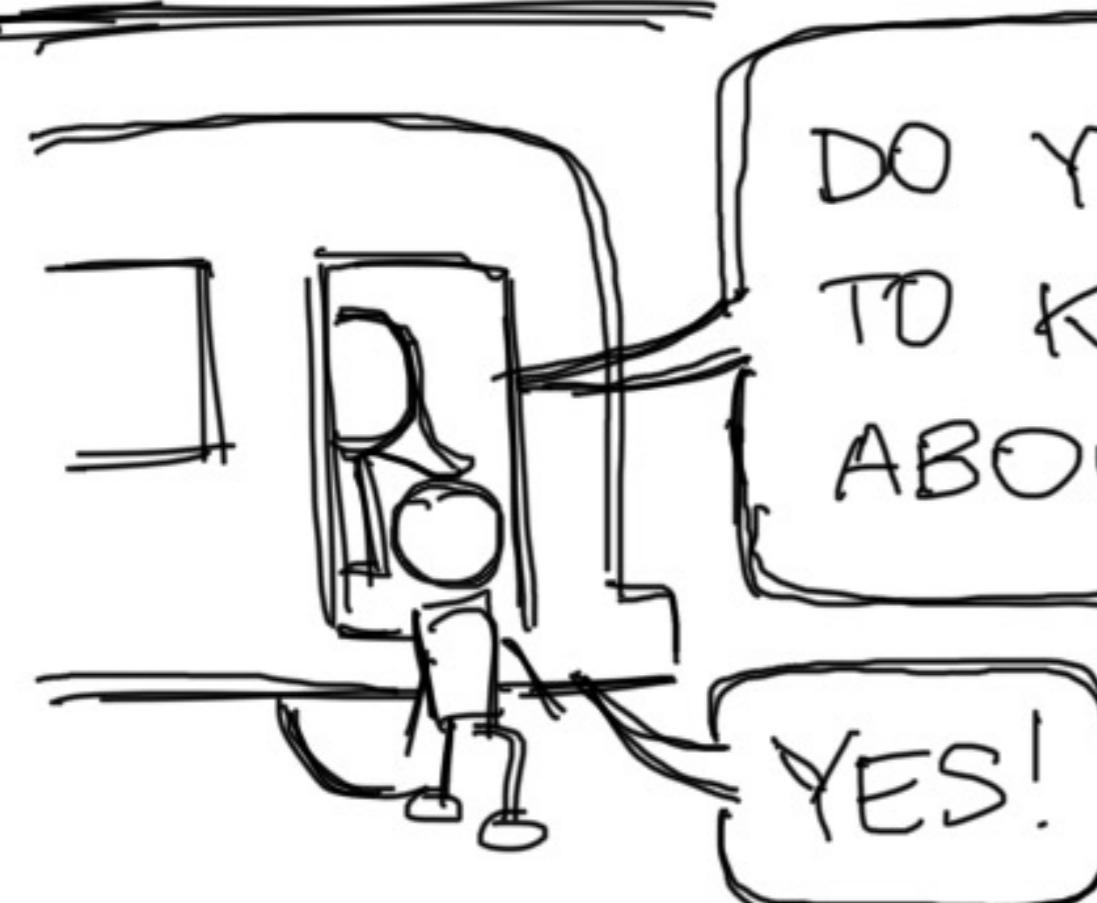


YOUR GOD IS A GOD OF
GODS, AND A LORD OF
KINGS

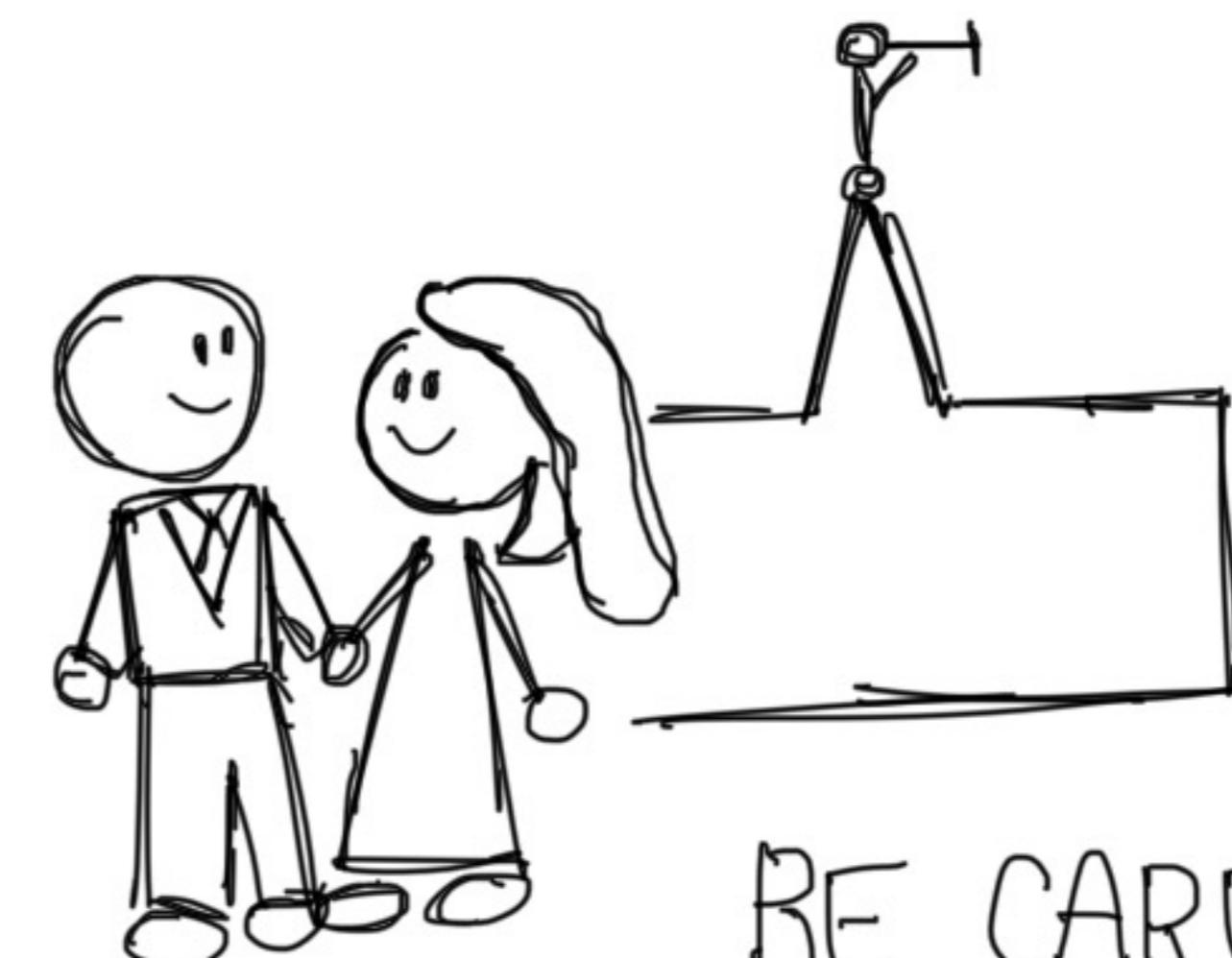
WHAT WAS ONCE PRIMARILY
THE RESPONSIBILITY OF THE
MISSIONARIES
IS NOW ALL OF OURS

Just be open about your faith in Jesus Christ

HELPING SOMEONE COME
INTO GOD'S KINGDOM IS A
GROUP EFFORT



IF WE
SHARE
FROM THE
HEART

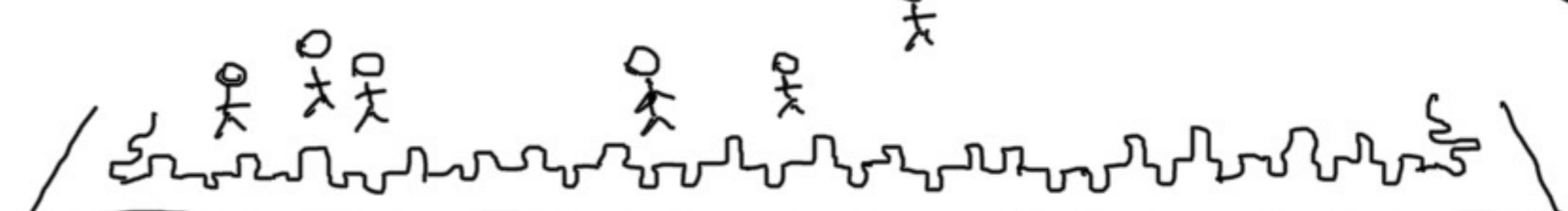
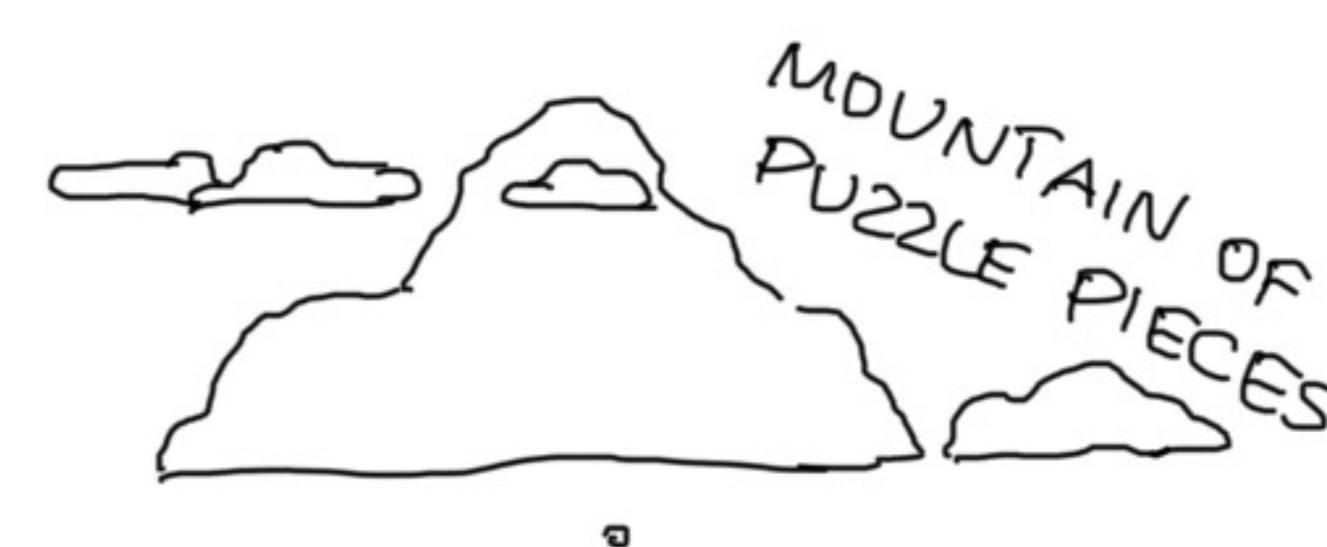


BE CAREFUL!

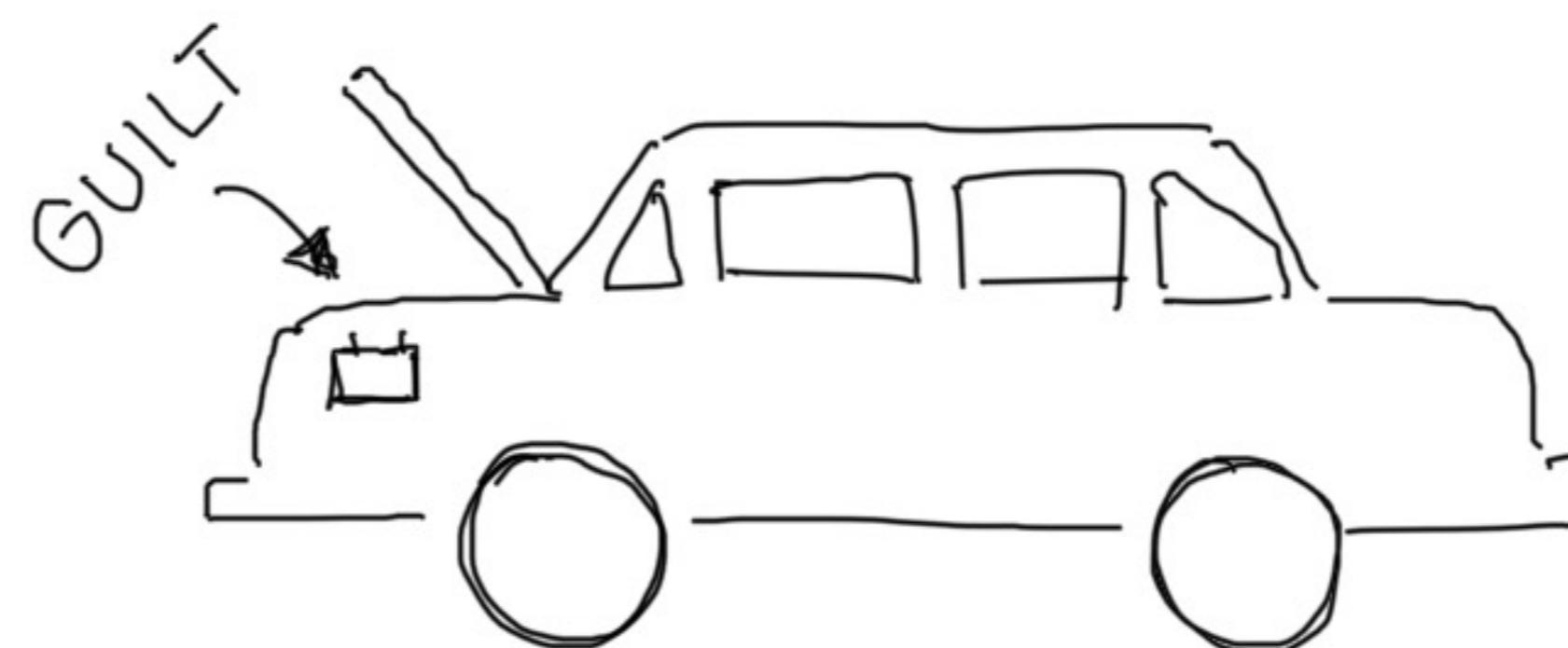
YOUTH

COME TO THE TABLE WITH
TECHNOLOGY IN YOUR HANDS

BE A WITNESS WHERE YOU ARE



THE EARLY SAINTS HAD TO JUST
START; WE SEE WHERE IT'S GOING



GUILT CAN BE
USEFUL TO GET
US STARTED,
BUT CANNOT
SUSTAIN US

YOUR BLESSINGS MAY
COME IN UNEXPECTED
WAYS

GETTING
READY
FOR THE
SECOND
COMING

QUENTIN L. COOK • VALIANT IN THE TESTIMONY OF JESUS

QUORUM OF THE TWELVE APOSTLES

STUMBLING BLOCKS

PERSPECTIVE

THIS IS
THE MOST
BEAUTIFUL THING
TO ME ON THE RANCH

WE EACH HAVE SOME
POTENTIAL BLOCKS
TO OUR FAITH AND
TESTIMONIES

PHILOSOPHIES OF MEN



STRUGGLED TO TEACH
THE FLEDGLING
SAINTS AGAINST
THEIR TRADITIONS

PAUL

LOOKING BEYOND THE MARK

GOSPEL EXTREMISM

- WORD OF WISDOM
CHANGES OR
PRIMARY EMPHASIS
- EXPENSIVE PREPPING

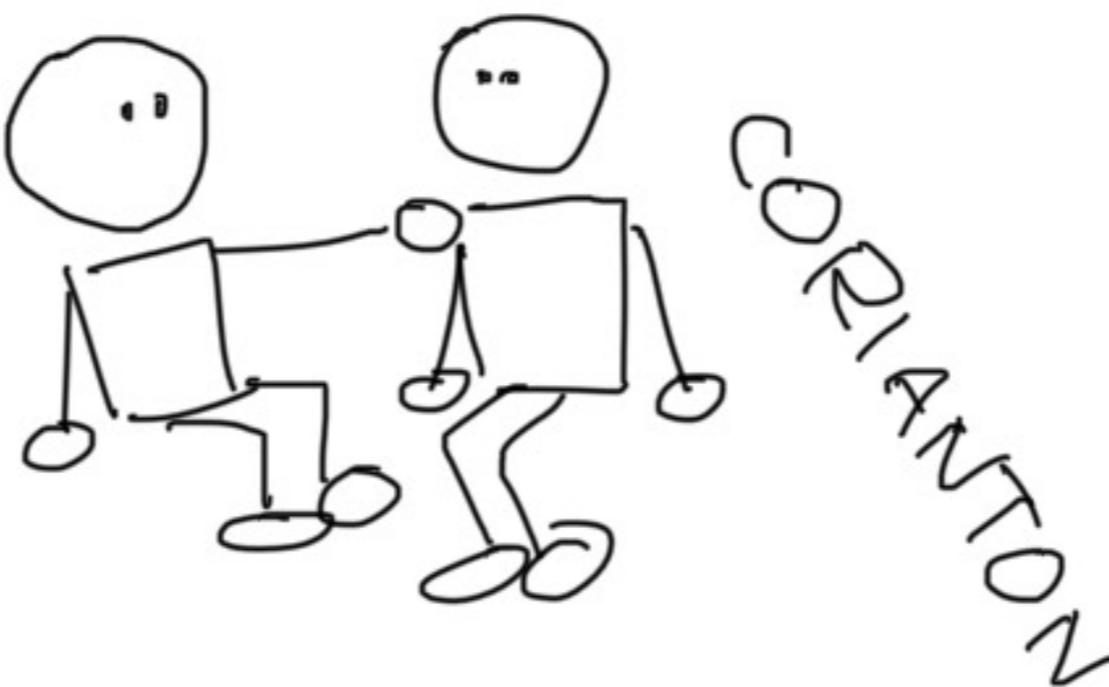
APoStASY

PHILOSOPHIES w/ THE GOSPEL

CAME IN
PART DUE TO
MIXING MEN'S

REFUSING TO SEE SIN

ALMA



CORINTHON

Repentance

JESUS CHRIST

IS THE MARK

Stumbling blocks may be made into stepping stones

GARY E. STEVENSON • LOOK TO THE BOOK, LOOK

QUORUM OF THE TWELVE APOSTLES



MET MISSIONARIES
WHO TOLD OF THE
BOOK OF MORMON

COULD I TAKE IT?



ISAAC
MORLEY

CHILD, TAKE
THIS BOOK
HOME AND
FINISH IT—
I CAN WAIT

TO THE LORD



GIVEN AS A GIFT
FROM JOSEPH SMITH



- ① KEYSTONE IN OUR WITNESS OF CHRIST
- ② KEYSTONE OF OUR DOCTRINE
- ③ KEYSTONE OF TESTIMONY



PERSONAL WITNESS



CHALLENGE

REPLACE SOME
SCREEN TIME
WITH READING
THE BOOK OF
MORMON

IT WAS WRITTEN FOR
OUR DAY

D. TODD CHRISTOFFERSON • "ABIDE IN MY LOVE"

QUORUM OF THE TWELVE APOSTLES

GOD
— IS —
Love UNCONDITIONAL? — EVERLASTING
 /
 GREAT AND
 WONDERFUL \
 REDEEMING



WE ABIDE IN HIS
LOVE BY KEEPING
HIS COMMANDMENTS

JESUS SAVES
ALL OF US
FROM
OUR SINS

PERFECT

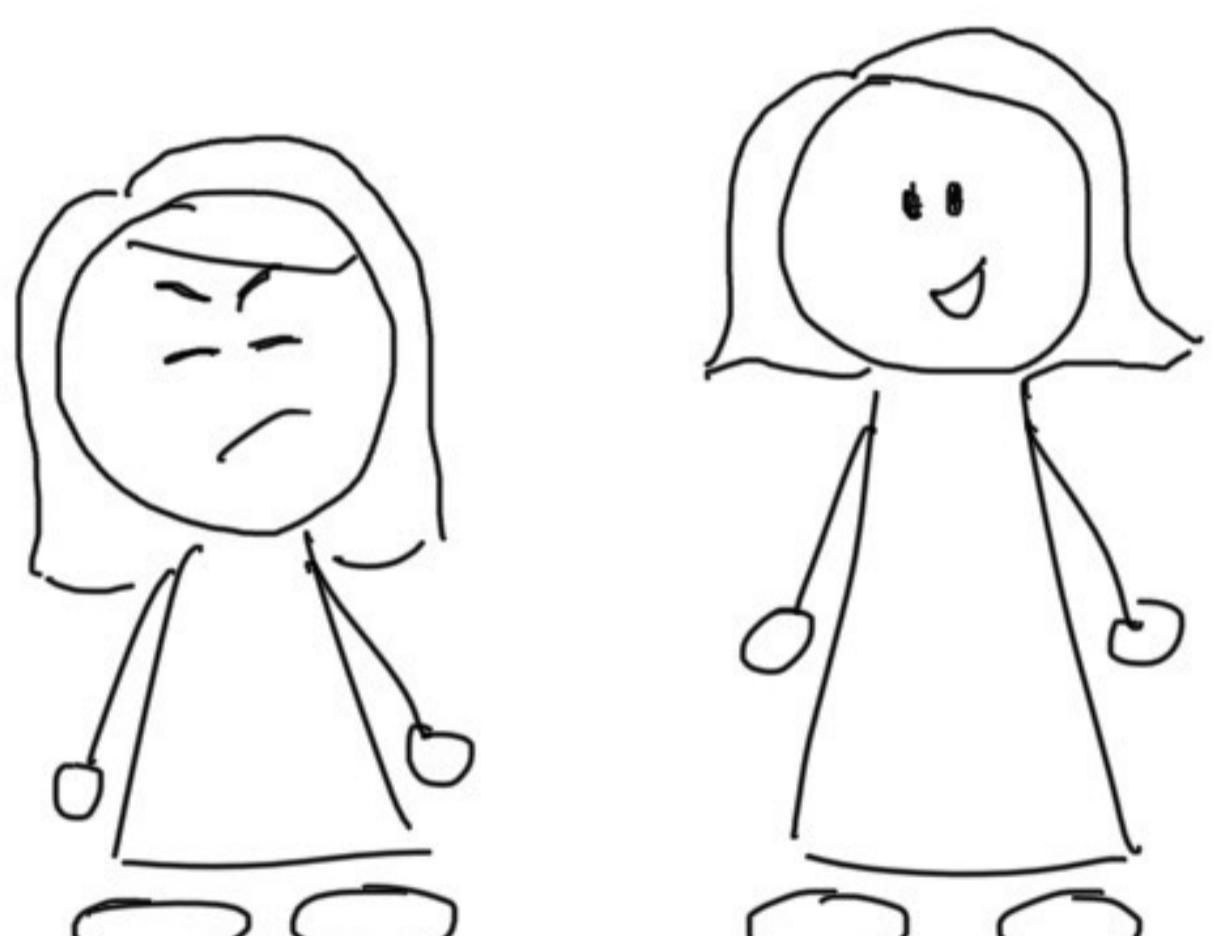
RePENTANCE

IS THE GIFT THROUGH
WHICH WE CAN RECEIVE
ALL OF HIS LOVE

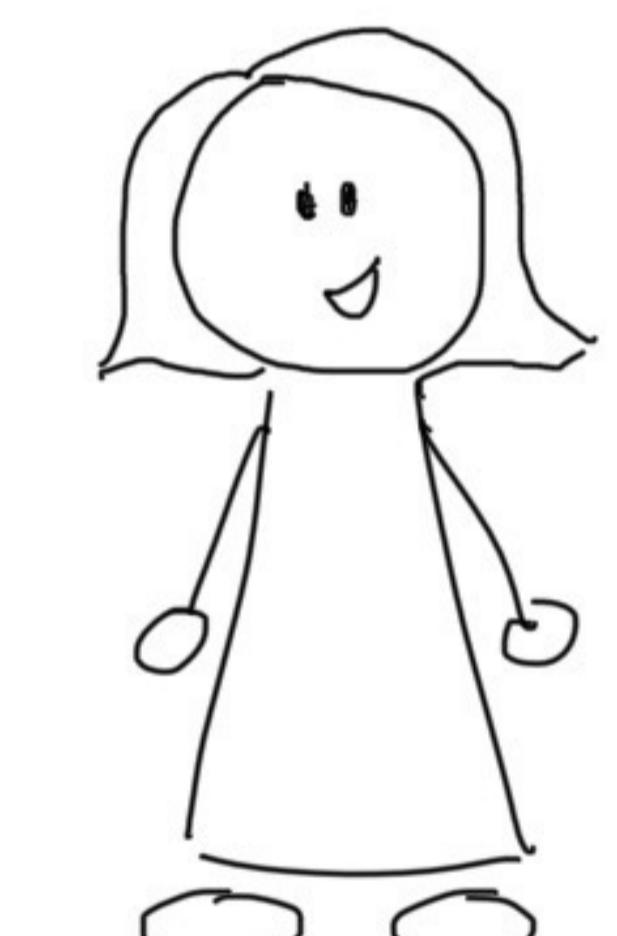
FINAL JUDGMENT



NOT JUST WHAT WE
HAVE DONE, BUT WHAT
WE HAVE BECOME



HELEN
KELLER



ANNE
SULLIVAN



HELEN WENT ON TO MAKE GREAT
CONTRIBUTIONS — WE CAN TOO!

SOMEHOW
THE MYSTERY
OF LANGUAGE
WAS REVEALED
TO ME

GOD KNOWS
BETTER OUR
POTENTIAL

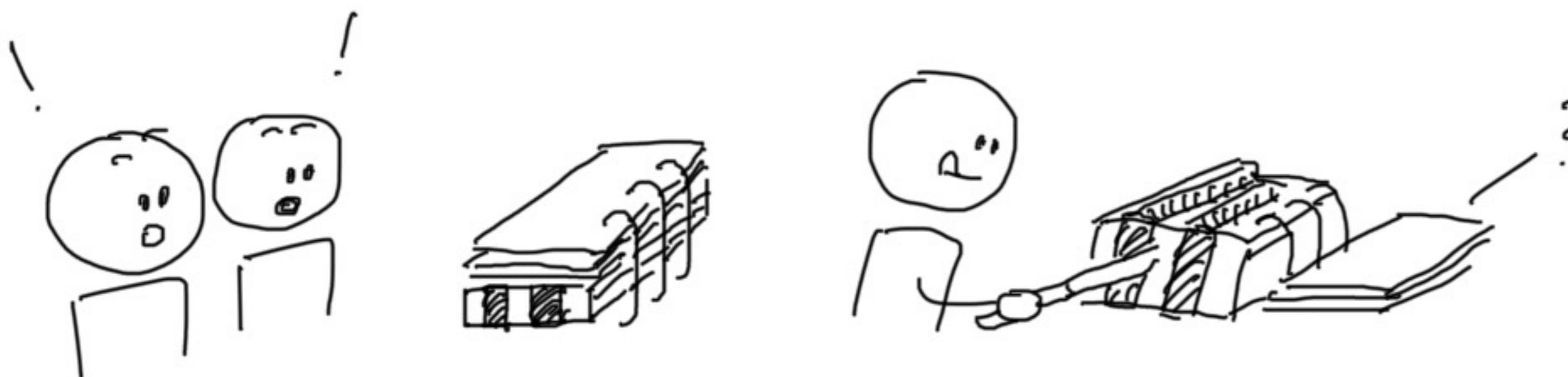
GETHSEMANE



A GREAT
PRICE WAS
PAID FOR US

W. MARK BASSETT • FOR OUR SPIRITUAL DEVELOPMENT AND LEARNING

QUORUM OF THE SEVENTY

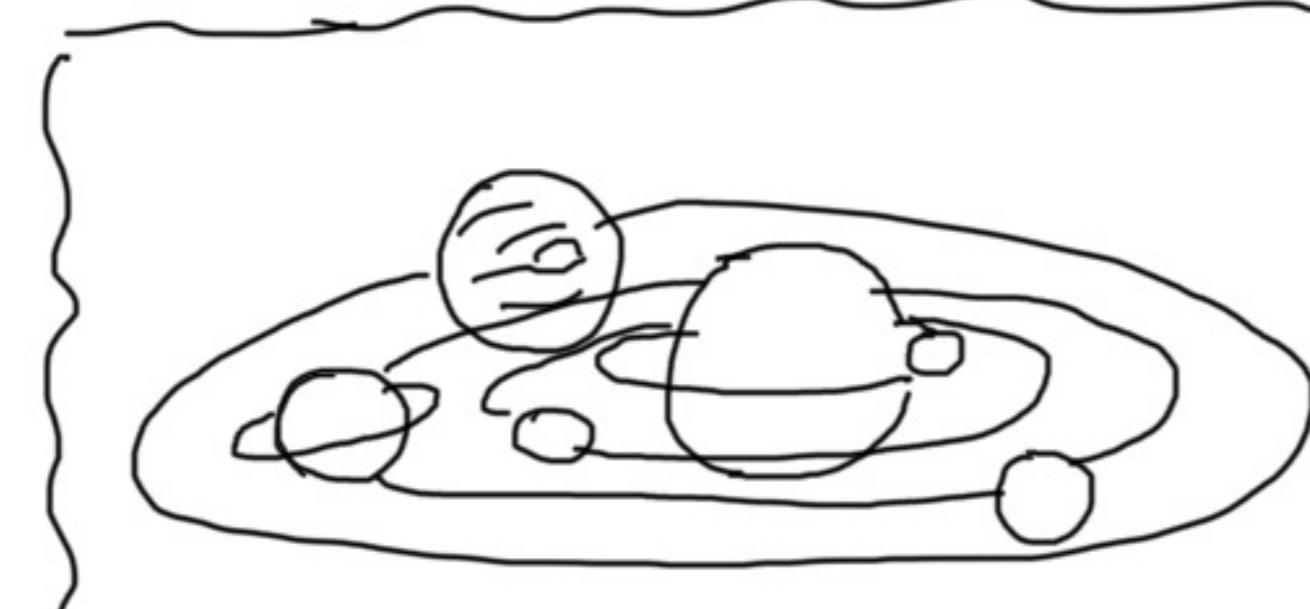


SPENT ALL EFFORTS TO PRY OPEN
THE SEALED PORTION AND NEVER
READ THE OPEN PAGES

"Seek not to counsel the Lord,
but to take counsel from
his hand."

WE DON'T HAVE
TO KNOW ALL
THINGS — WE
CAN TRUST IN
THE LORD

FAITH
IS REQUIRED
FOR US TO
LEARN THE
THINGS OF
GOD



All things denote
that there is a God

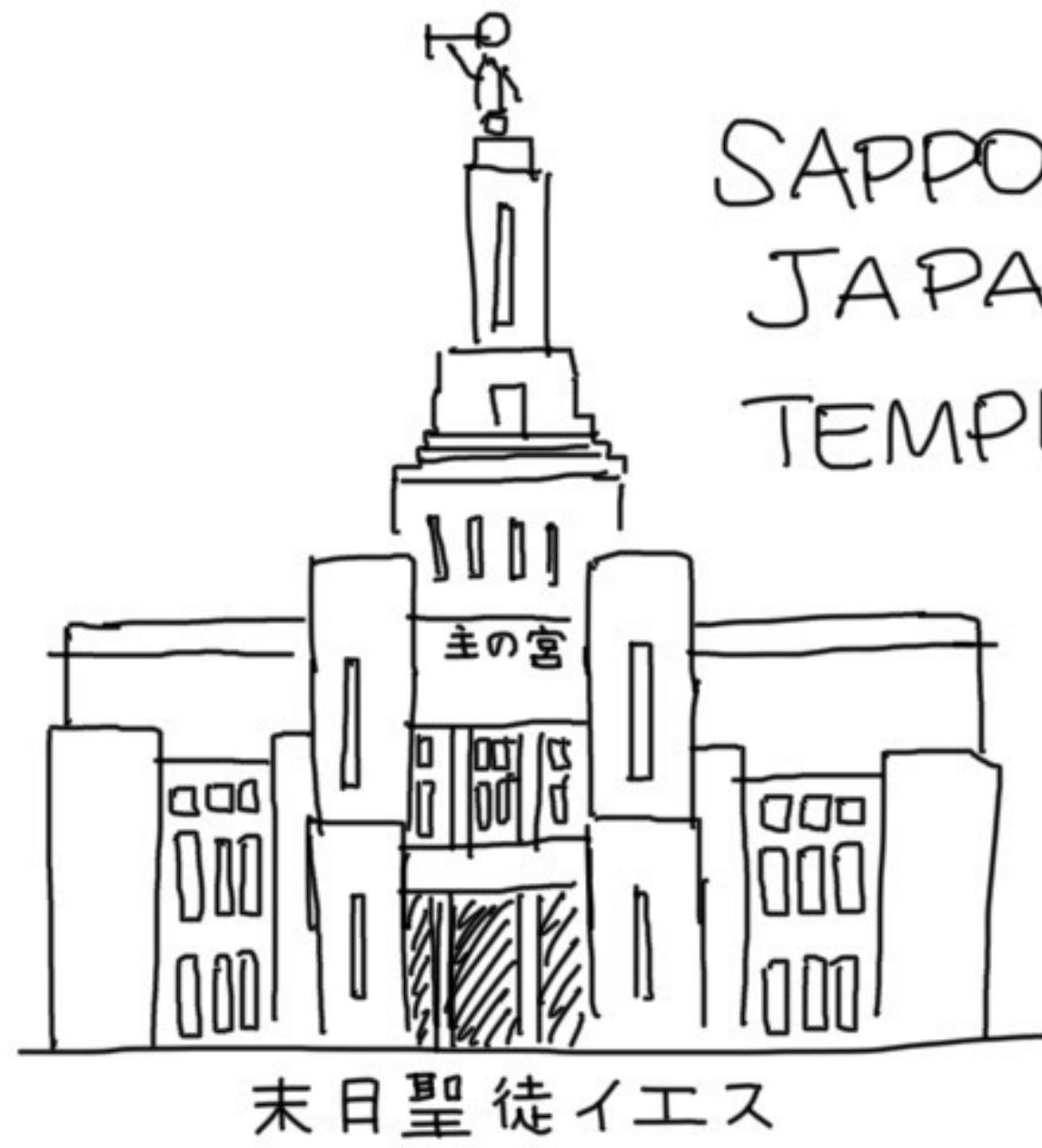
I WANT TO KNOW
NOW!

WE GET IMPATIENT WHEN
SPIRITUAL THINGS TAKE
TIME FOR US TO LEARN

— WAIT ON
THE
LORD —

KAZUHIKO YAMASHITA • BE AMBITIOUS FOR CHRIST

QUORUM OF THE SEVENTY



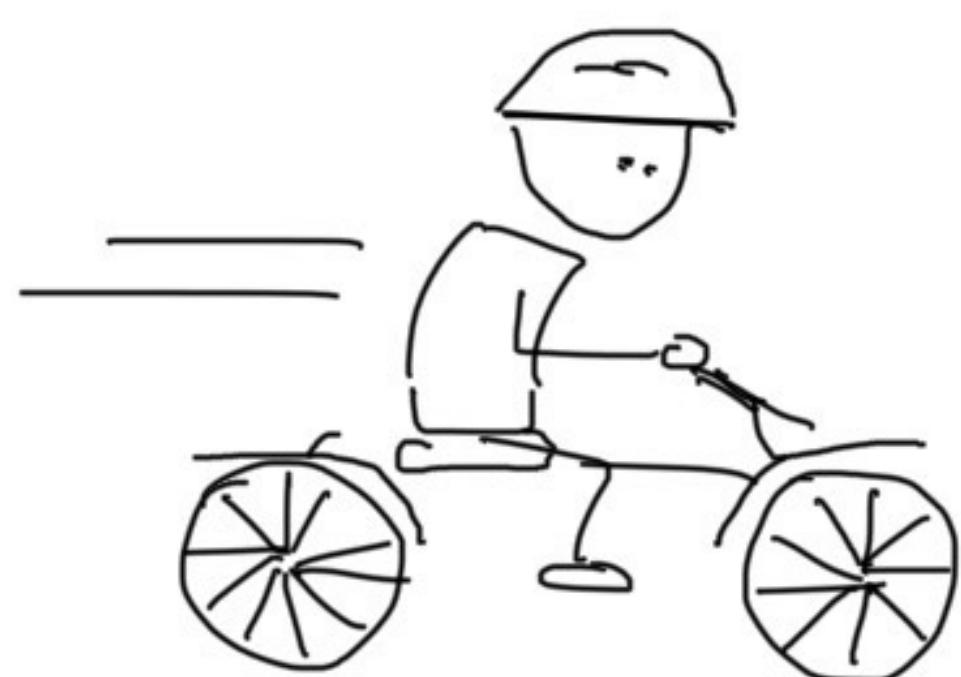
SAPPORO
JAPAN
TEMPLE
DEDICATED
LAST AUGUST
BY ELDER
NELSON IN
HOKKAIDO

DR. WILLIAM
CLARK



"Be ambitious
for Christ"

EDUCATOR WHO CAME TO
HOKKAIDO FOR 8 MONTHS
LEFT A LASTING IMPRESSION



ELDER COWAN CAME
TO NAGOYA AND
SERVED WITHOUT A
RIGHT LEG

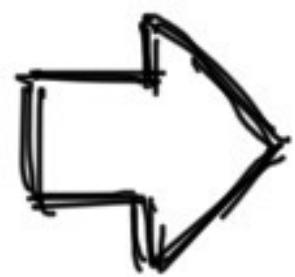


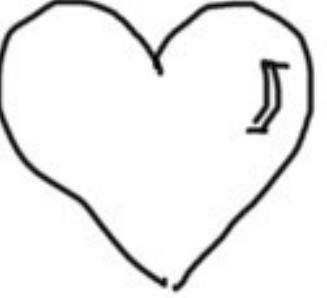
THE PROSTHETIC
LEG CONTINUED
TO BREAK AND
HE WENT HOME
HE WAS REASSIGNED

NEVER
COMPLAINED



THEIR SON
STRUGGLED
CAME BACK TO THE CHURCH
AND SERVED A MISSION



 FELT
GOD'S
LOVE WHICH
CHANGED
EVERYTHING

Trials COME,
BUT IF WE ARE AMBITIOUS
FOR CHRIST, WE WILL
FOCUS ON HIM & FEEL


DALLIN H. OAKS • SHARING THE RESTORED GOSPEL

QUORUM OF THE TWELVE APOSTLES

GO YE THEREFORE, AND
TEACH
ALL NATIONS

AS LATTER-DAY SAINTS, WE
SHOULD BE SOME OF THE
MOST COMMITTED OF ALL
CHRISTIANS AT FULFILLING
THIS GREAT COMMISSION

I. PRAY FOR DESIRE TO HELP

II. KEEP THE COMMANDMENTS

III. PRAY FOR INSPIRATION TO
KNOW WHAT WE CAN DO

PEOPLE LEARN WHEN
READY TO
LEARN

LEARN ABOUT
NOT CHRIST
OUR CHURCH

SHARE BEYOND
FRIENDS

PLAN A SPECIAL
SACRAMENT
MEETING

SOCIAL
MEDIA
GO TO IT, YOUTH!

LOOSE THEIR
THUMBS THAT
THEY COULD
UTTER

Sharing the Gospel is
a burden joy

SOME IDEAS
ARE UNIQUE
TO A GROUP
HERE ARE MORE
GENERAL IDEAS FOR
EVERYONE

PRAY WITH A REAL
COMMITMENT
TO ACT ON THE
ANSWER WE GET



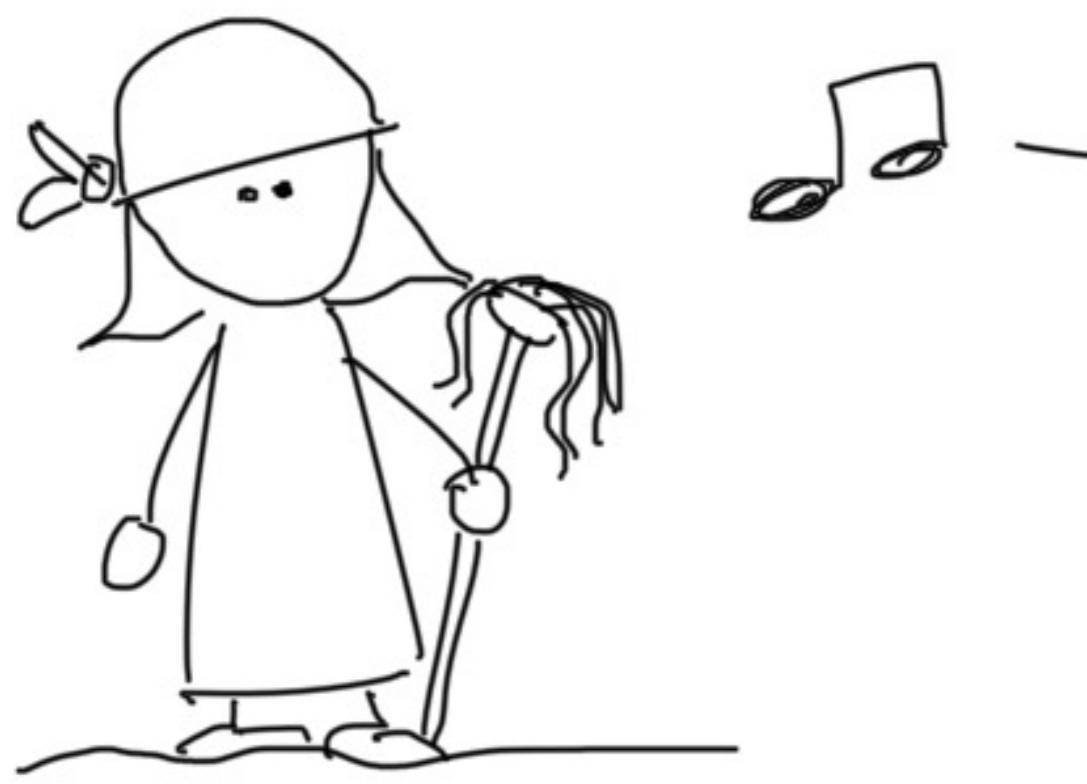
WE NEED
GOD'S HELP

BE
AUTHENTIC

LOOK FOR OTHER
OPPORTUNITIES

JEFFREY R. HOLLAND • EMISSARIES TO THE CHURCH

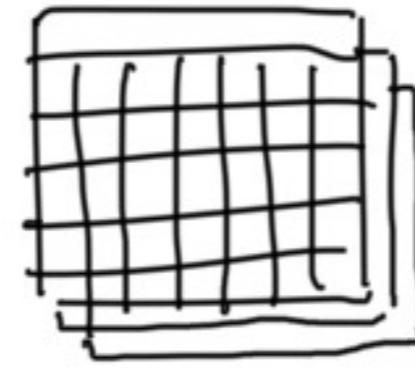
QUORUM OF THE TWELVE APOSTLES



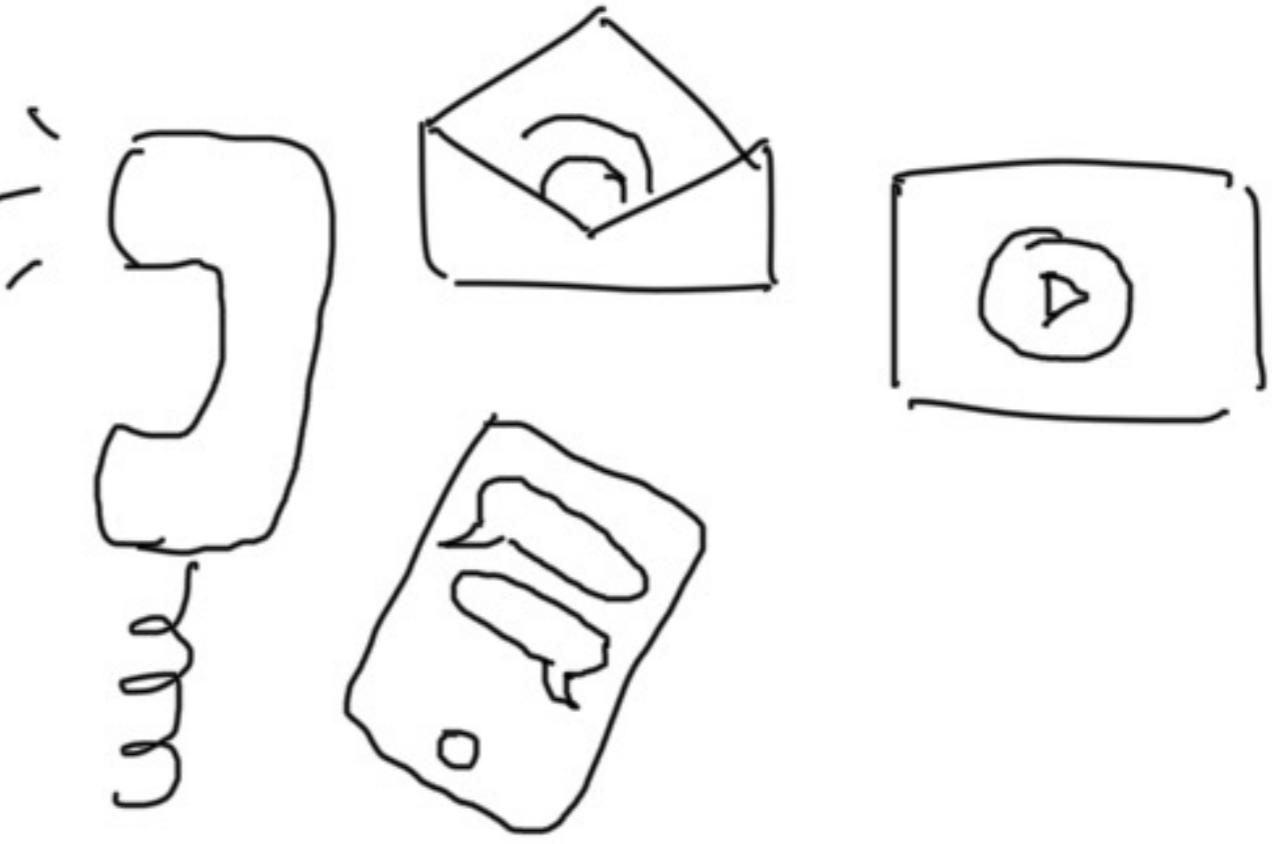
WE STILL STRUGGLE
TO ACHIEVE ANYWHERE
NEAR AN ACCEPTABLE
STANDARD OF
PERFORMANCE

THE
IDEAL
IS A MONTHLY
VISIT IN EACH
HOME

IF THE IDEAL IS NOT
POSSIBLE, MAKE A PLAN



SET A SCHEDULE
TO GET IN EACH
HOME



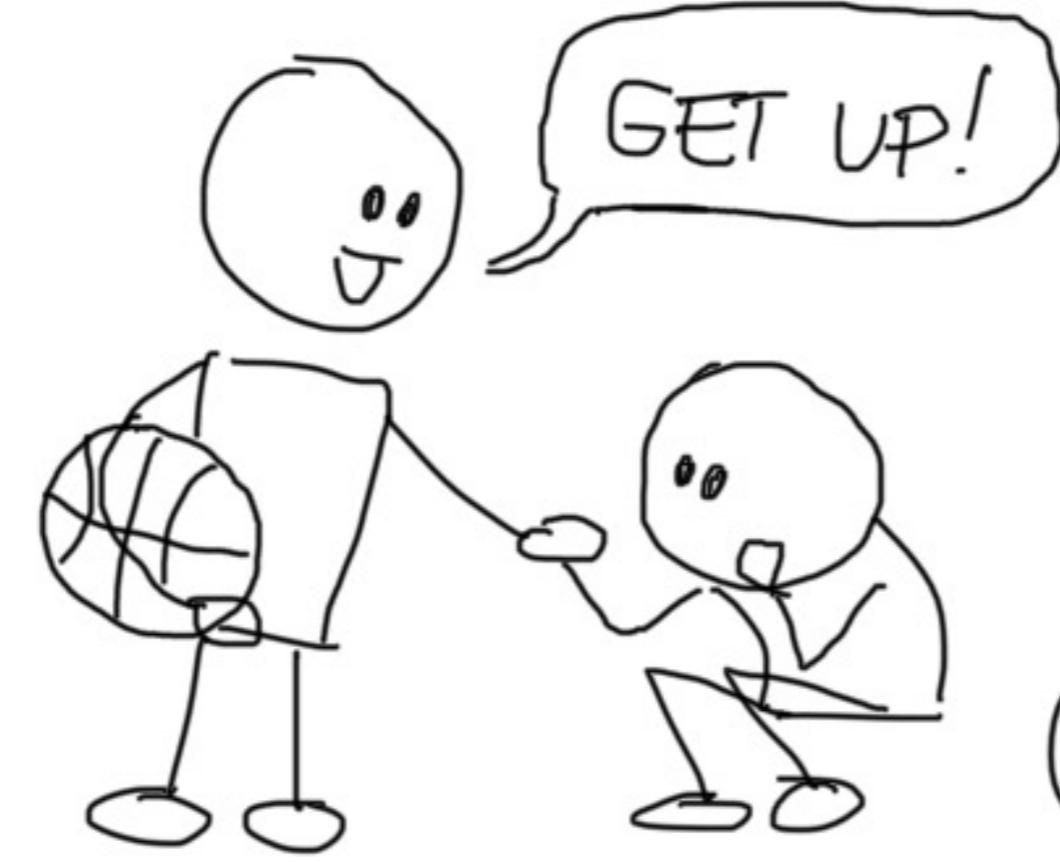
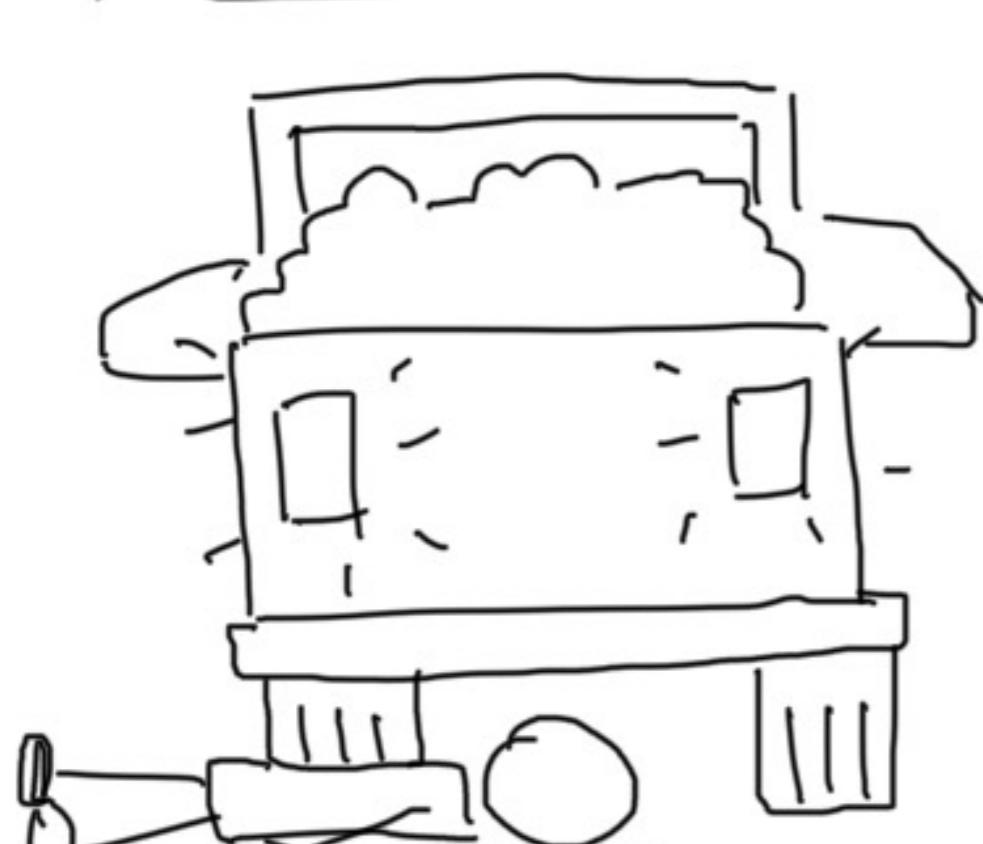
MEANWHILE, CONTACT
ALL FAMILIES

LIFT
YOUR VISION
OF HOME TEACHING

Everything counts

REPORT IT ALL!

WHAT MATTERS
MOST IS THAT
YOU LOVE THEM



I TALKED AND JOHN
LISTENED UNTIL THE
SUN FINALLY ROSE
AGAIN IN MY LIFE

9 YR OLD AUSTIN

WE ARE ASKING YOU AS HOME TEACHERS TO BE
EMISSARIES TO GOD'S
CHILDREN



TEND

THE FLOCK
OF GOD



LOVE : CARE

FOR THE PEOPLE
YOU ARE ASSIGNED
AS WE LOVE AND
CARE FOR YOU

LEGRAND R. CURTIS JR. THERE IS POWER IN

QUORUM OF THE SEVENTY

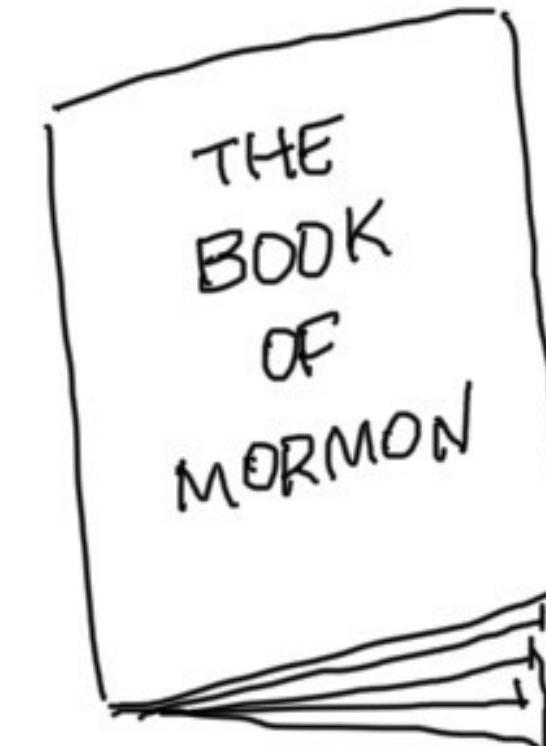
JUNE

14
1989



NOV

30
1990



THE BOOK

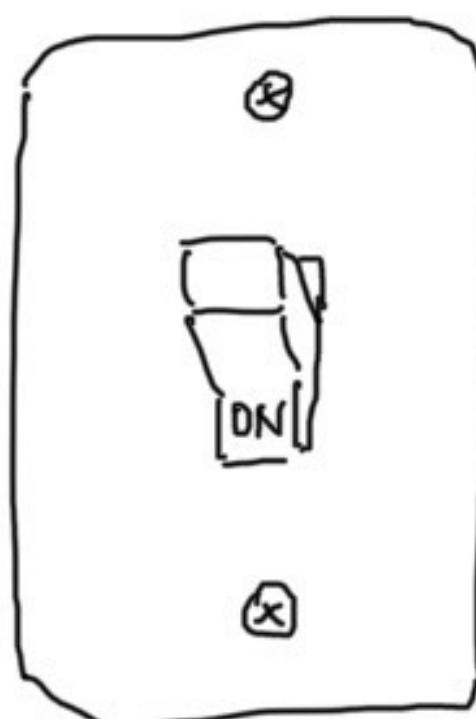
NICOLAS
OFOSU-HENE
POLICEMAN DURING
THE FREEZE



STUDIED THEOLOGY
IN ITALY AND THEN
DECIDED THERE
WAS AN APOSTASY

ANGELO
SCARPULLA

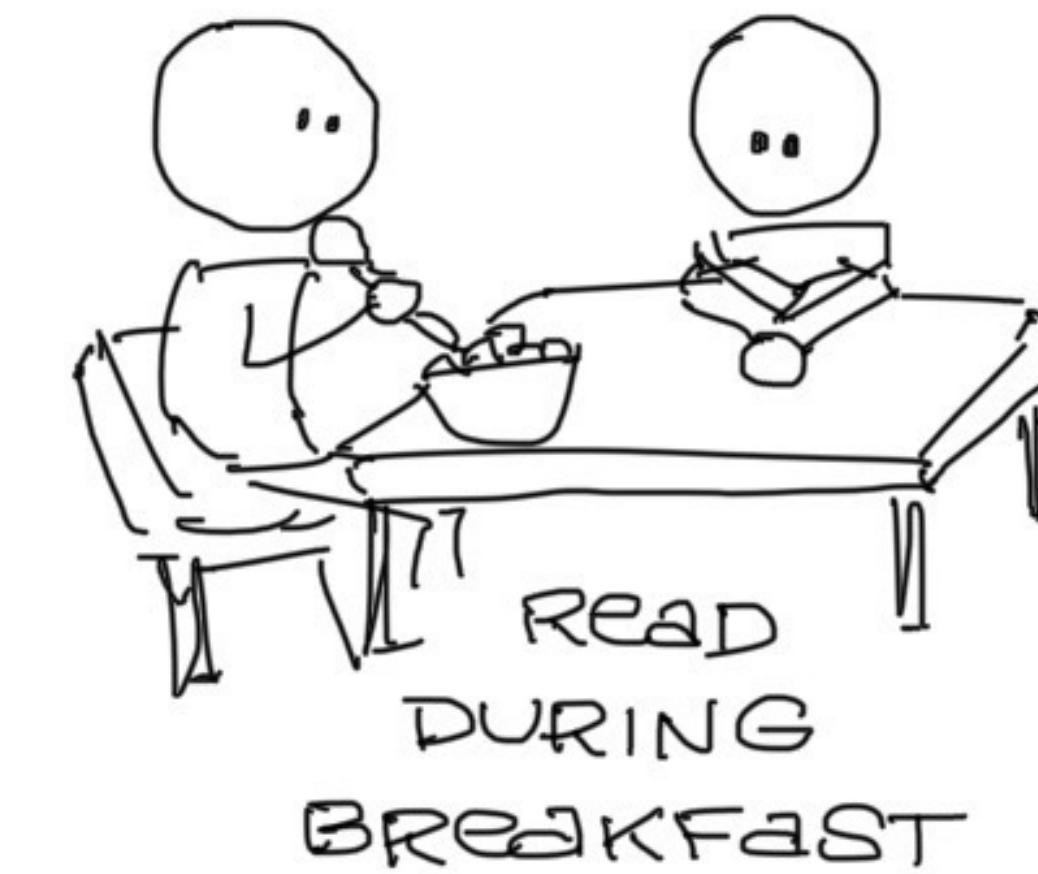
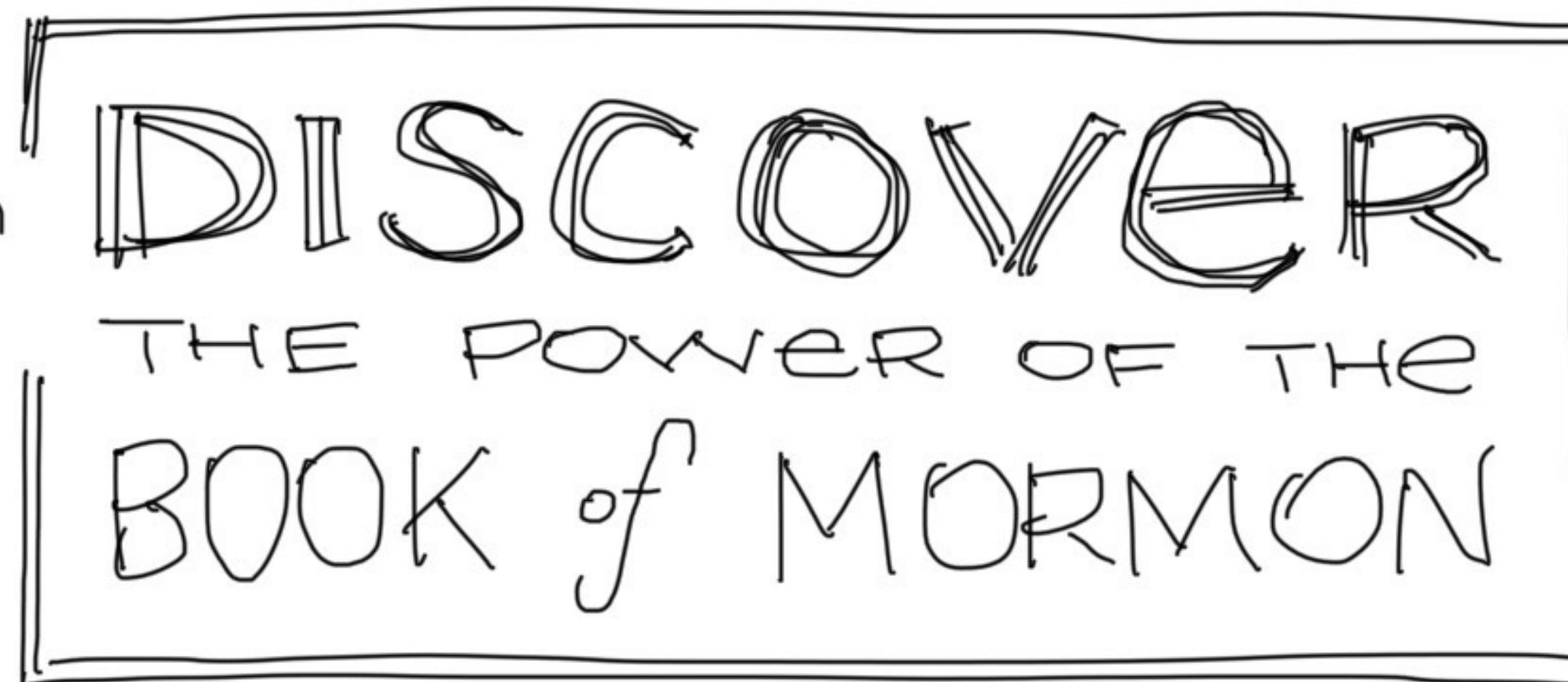
FOUND THE BOOK
OF MORMON



IT CAN BRING
THE SPIRIT
IN OUR
LIVES

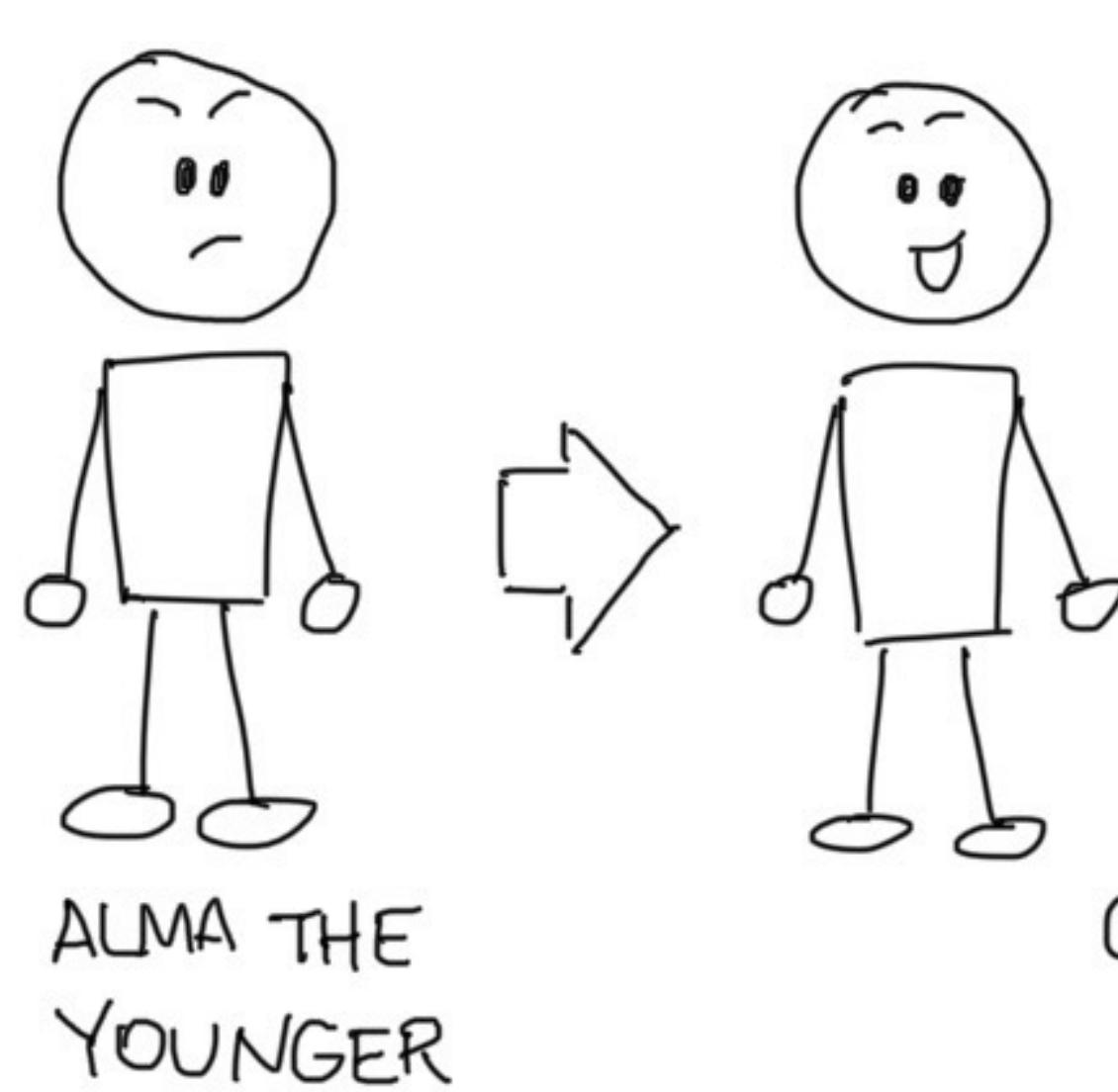


PROMISED BLESSINGS
WILL COME TO
OUR FAMILIES,
BUT MAY TAKE
TIME TO COME



DIETER F. UCHTDORF • LEARN FROM ALMA & AMULEK

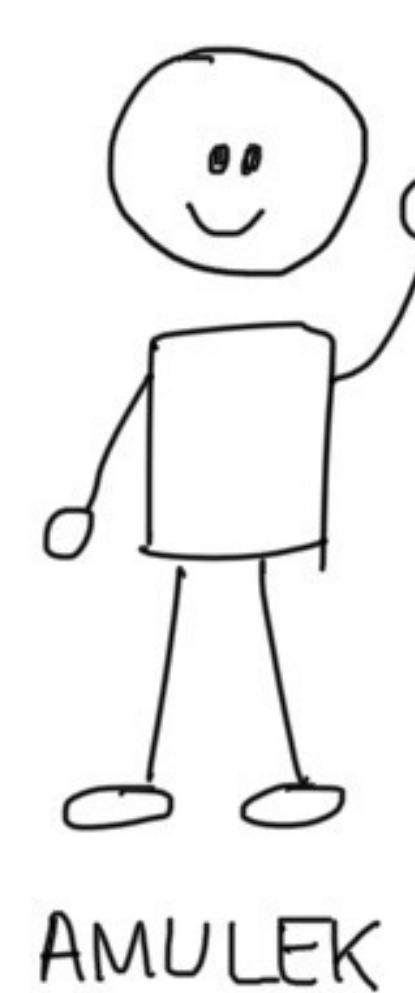
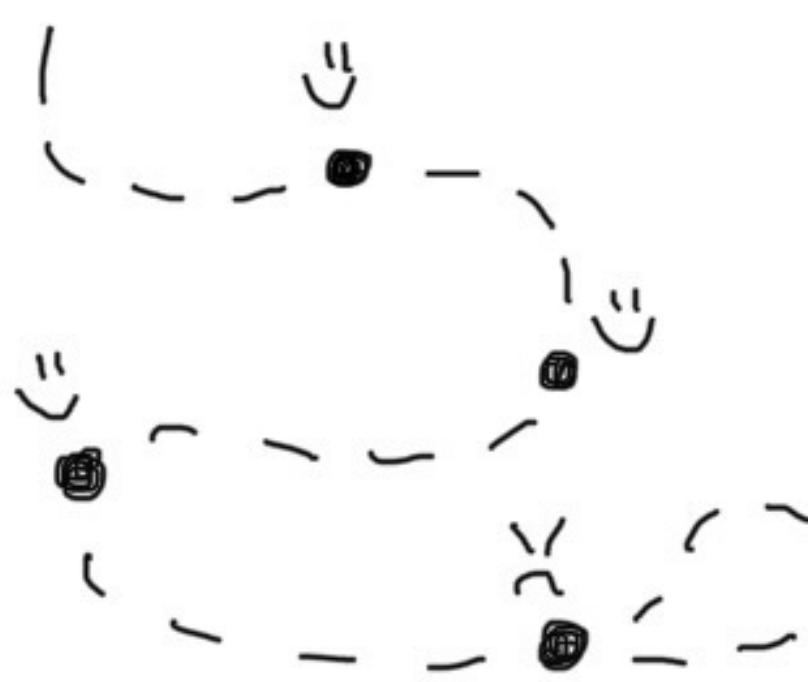
FIRST PRESIDENCY SECOND COUNSELOR



ALMA THE YOUNGER



BECAME THE
MOST WELL-KNOWN
CELEBRITY OF HIS DAY



HAD FALLEN AWAY BUT
ACCEPTED GOD'S CALL
TO ASSIST THE
PROPHET AND
COME BACK TO
THE BODY OF CHRIST

1. What can I learn from Alma?

TOO OFTEN WE ARE
RELUCTANT TO ASK
FOR HELP

FIND YOUR
AMULEKS

THE LORD NEEDS YOU

I NEED YOU

- REACH OUT
- TEACH
- INSPIRE
- ASK

MANY
AND
TO BE ASKED
WANT TO SERVE
TO WAITING

THE LORD'S
PREPARING
PEOPLE TO
STEP UP
SERVE

2. How am I like Amulek?

PERHAPS YOU HAVE LOST YOUR
WAY AND DISTANCED YOURSELF

THERE IS
SERVICE
ONLY YOU
CAN GIVE



we can
PRAY FOR
THOSE WHO
NEED HELP
TO COME BACK

TESTIMONY

HENRY B. EYRING • THAT HE MAY BECOME

FIRST PRESIDENCY FIRST COUNSELOR

THE LORD GRANTS HIS

POWER

TO THOSE WHO
SERVE WORTHILY

GRATITUDE



AS HOLDERS OF
THE MELCHIZEDEK
PRIESTHOOD, WE ALL
HAVE MEMORIES OF
BEING LIFTED UP

I FELT CONFIDENCE
THAT ONE DAY I
COULD BECOME
WHAT HE THOUGHT
I ALREADY WAS

AS WE ARE CONVERTED, WE MUST REACH
DOWN TO STRENGTHEN OUR BRETHREN

OATH & COVENANT
OF THE PRIESTHOOD

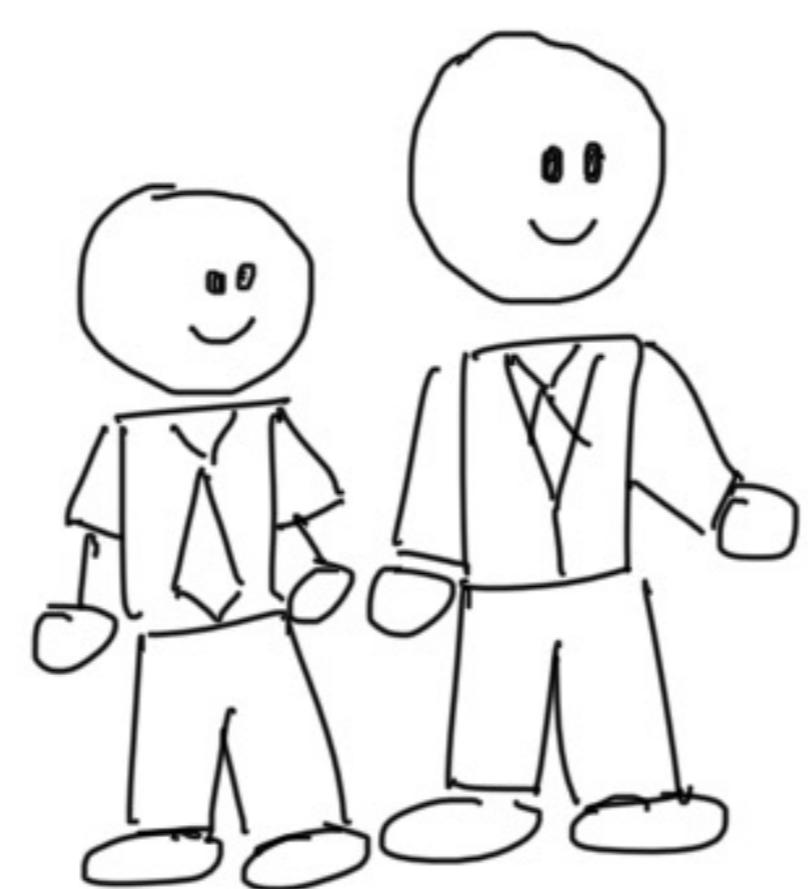


WILFORD
WOODRUFF

ORDAINED AS A
TEACHER-SERVED
A MISSION, THEN
A PRIEST AND TO
ANOTHER MISSION,
FINALLY AN ELDER,
THEN AN APOSTLE

STRONG ALSO

"I WAS just as
much sustained
by the power of
God as a teacher
and priest as an
an apostle."



AS A PRIEST,
THE BISHOP
INVITED HIM
TO VISIT THE
MEMBERS IN
NEED

YOU WILL KNOW IF
I SHOULD SEND
THIS TO THE
APOSTLES
! !



ENCOURAGEMENT AND CORRECTION

we need
THIS FROM
THE LORD
AND OTHERS

THIS GIVES US ALL
THE CALLING AND
AUTHORITY WE NEED

RISE TO OUR
CALL TO
LIFT OTHERS

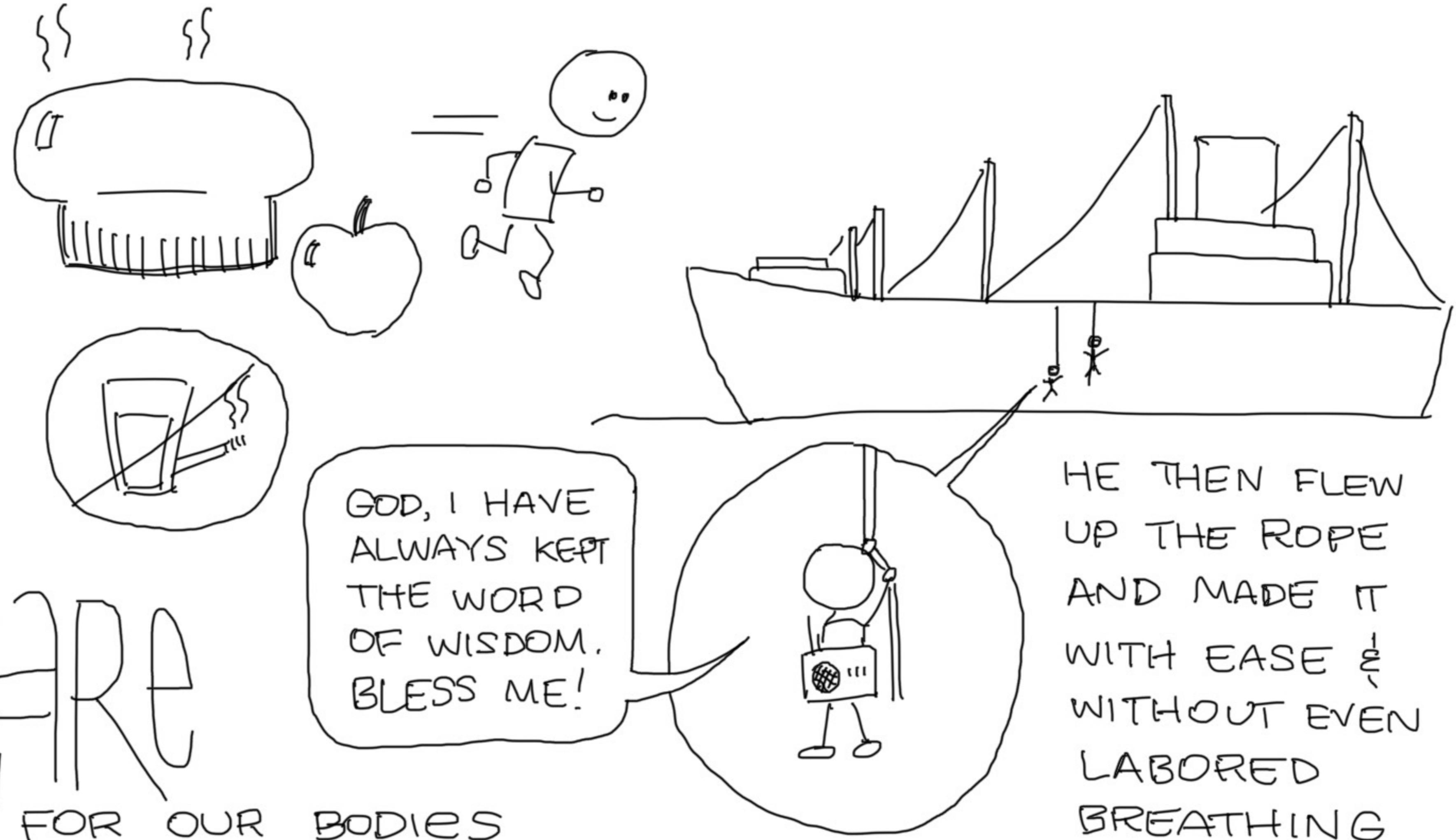
THOMAS S. MONSON • PRINCIPLES & PROMISES

PRESIDENT OF THE CHURCH

WORD
— OF —
WISDOM

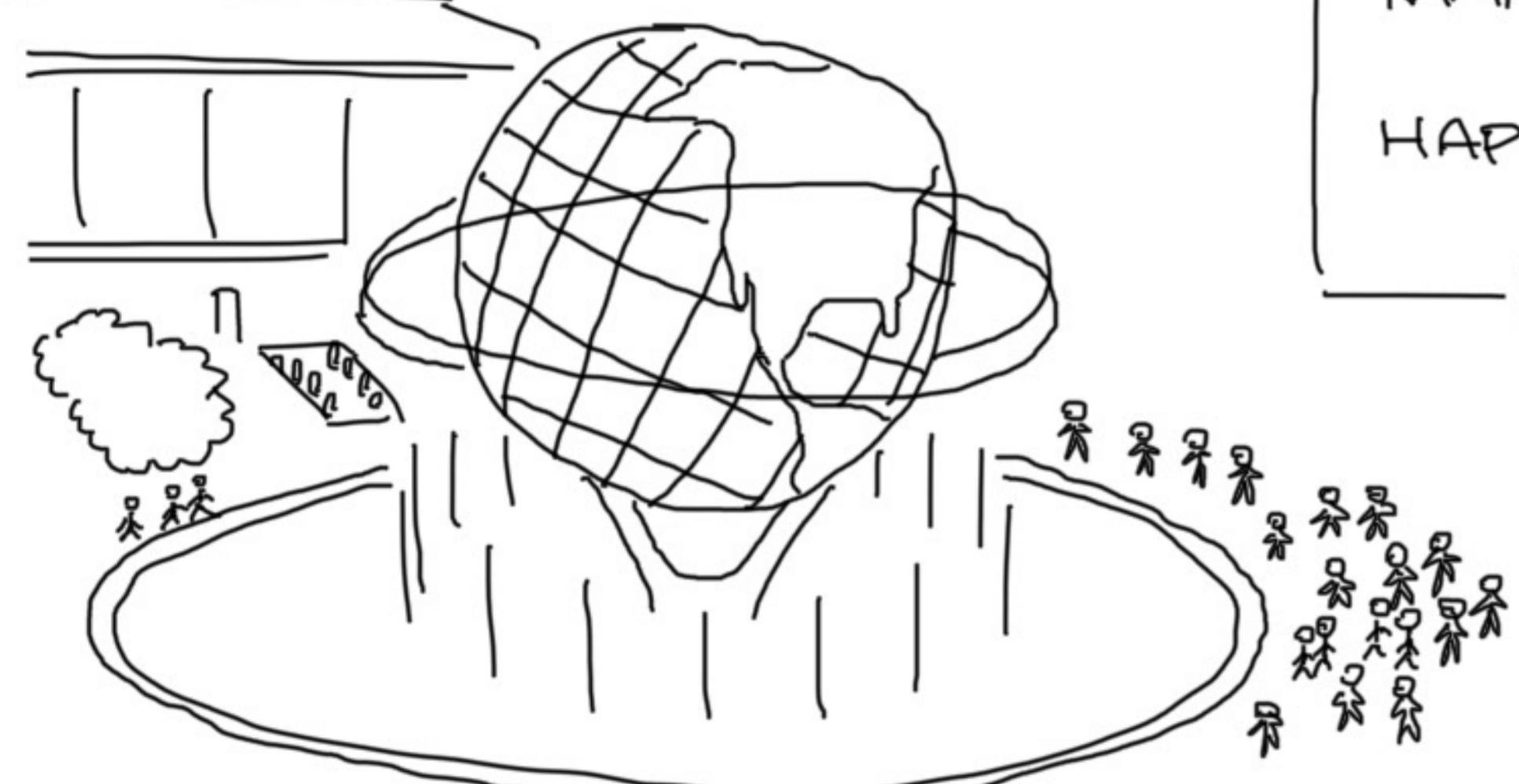
↑
THE LORD'S
PLAN FOR
HEALTHY
LIVING
plan promises!

CARE
FOR OUR BODIES



THOMAS S. MONSON • THE PERFECT PATH TO

PRESIDENT OF THE CHURCH



1964 WORLD'S FAIR IN NEW YORK

TRUTH

WE ARE BLESSED TO HAVE IT
WE HAVE A MANDATE TO SHARE IT
WE MUST LIVE IT



THIS IS
THE TRUTH!



THESE UNIVERSAL QUESTIONS
AND WE ARE BLESSED
TO HAVE ANSWERS



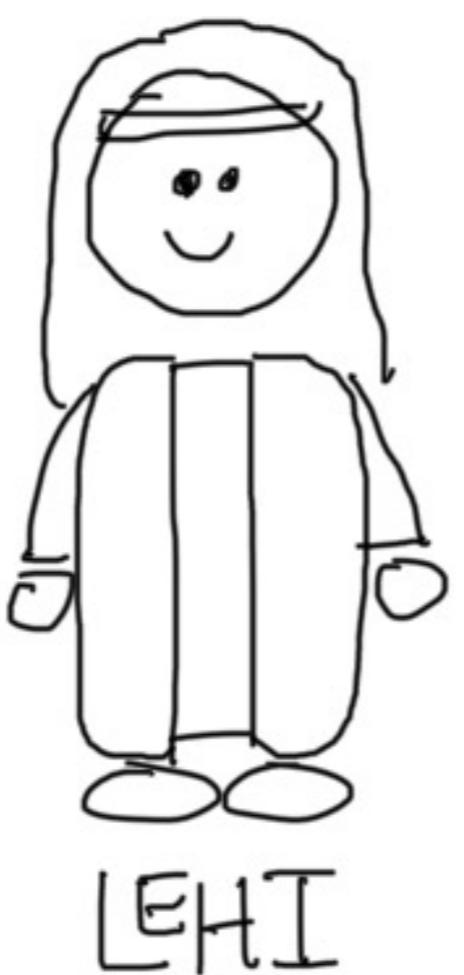
JESUS CHRIST
IS ESSENTIAL
TO THE PLAN

HAPPINESS

RUSSELL M. NELSON • JOY AND SPIRITUAL SURVIVAL

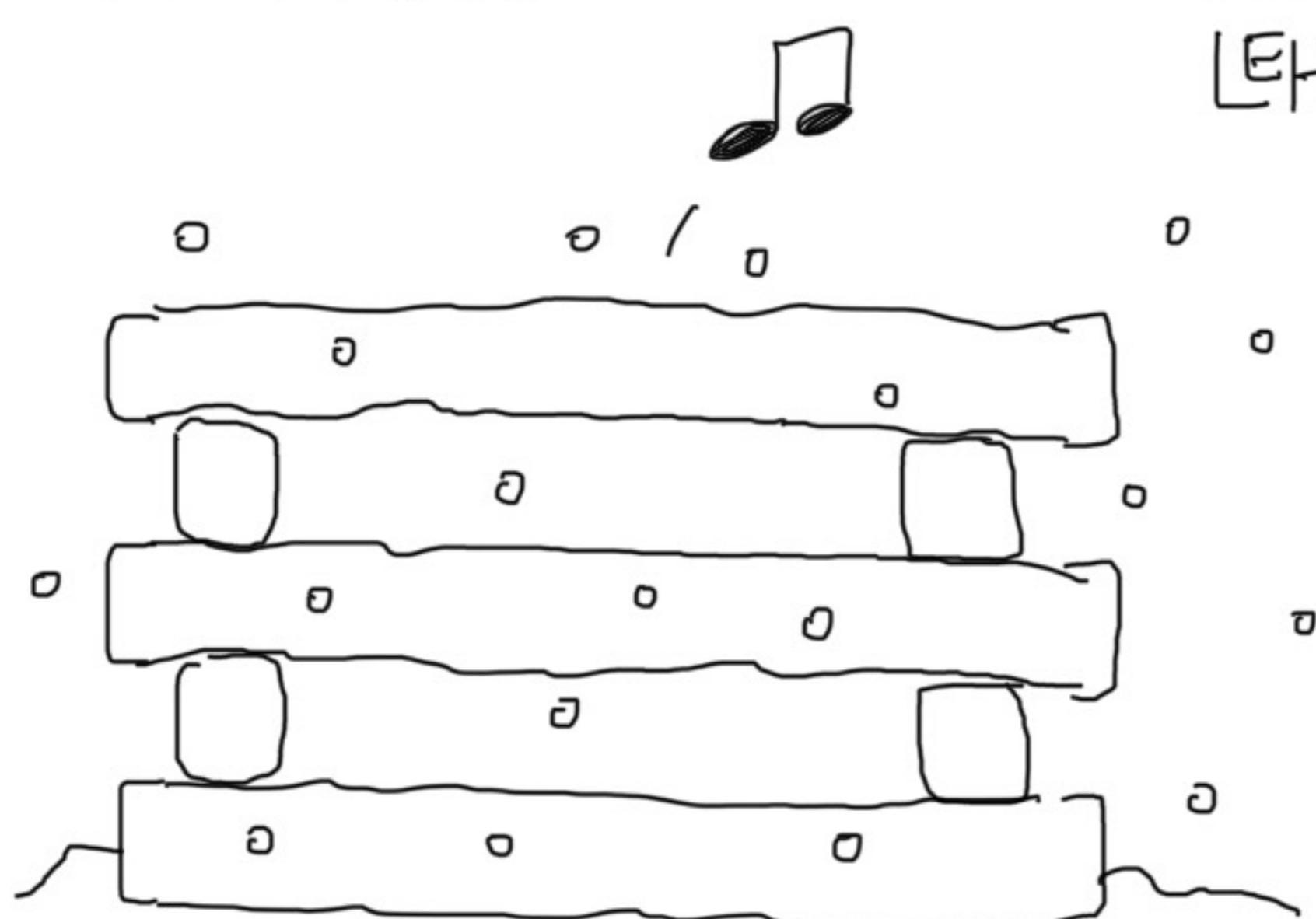
PRESIDENT OF THE QUORUM OF TWELVE APOSTLES

THESE ARE THE
ATTER DAYS
AND WE SHOULD
NOT BE SURPRISED
TO SEE PROPHECY
FULFILLED



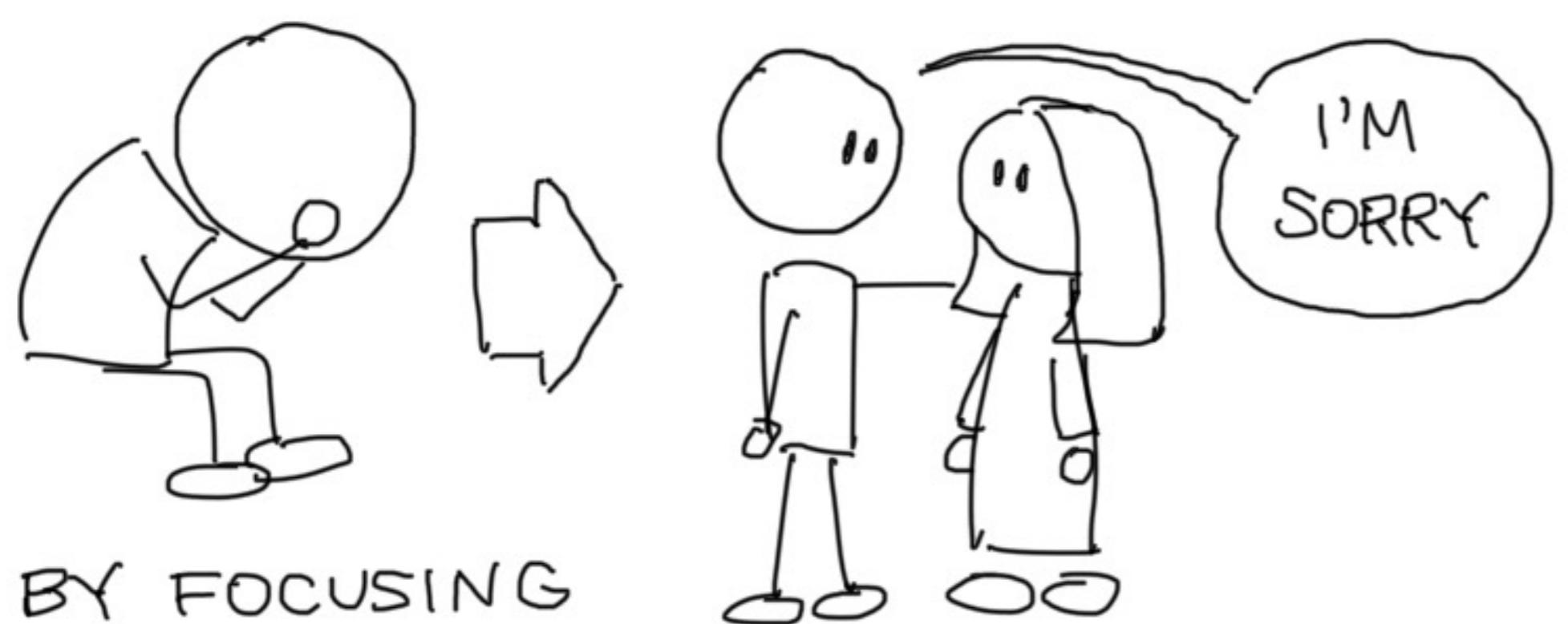
KNEW OPPPOSITION
AND TRIBULATION

MEN ARE THAT THEY
MIGHT HAVE



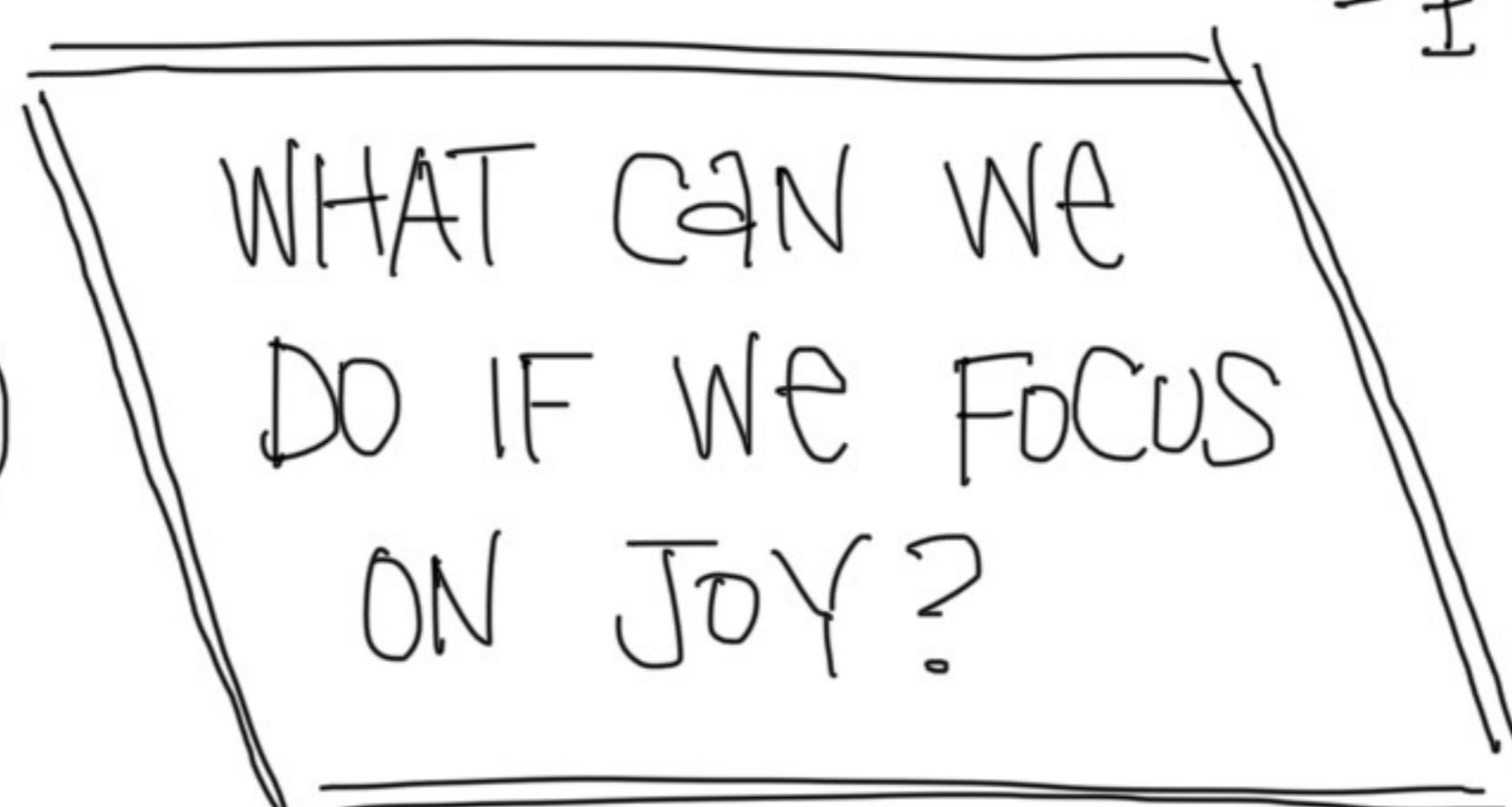
"NONE BUT SAINTS CAN BE
HAPPY UNDER EVERY
CIRCUMSTANCE."

-- ELIZA R. SNOW



BY FOCUSING
ON THE JOY OF
BEING CLEAN

THE JOY WE FEEL HAS
LITTLE TO DO WITH THE
CIRCUMSTANCES OF OUR
LIVES & EVERYTHING
TO DO WITH THE
FOCUS
OF OUR LIVES



HOW TO
HAVE JOY



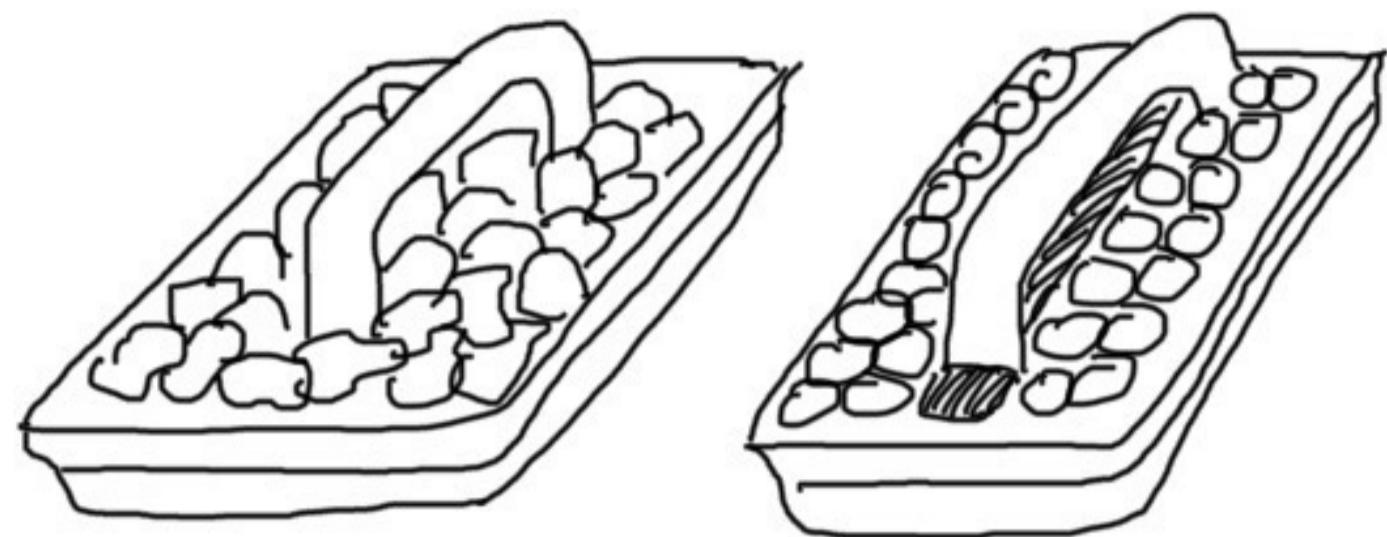
JESUS CHRIST

LOOK TO HIM
IN EVERY
THOUGHT



JOY IS A GIFT
TO THE FAITHFUL

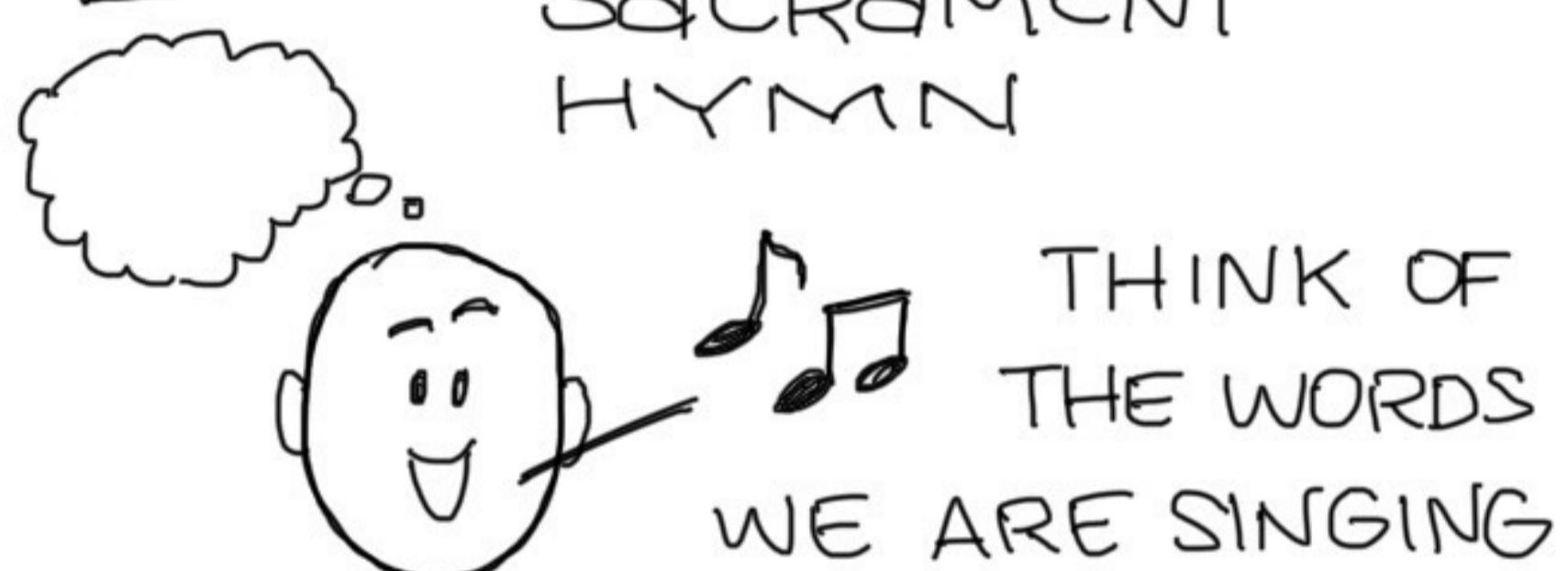
PETER F. MEURS • THE SACRAMENT CAN HELP US QUORUM OF THE SEVENTY



FIVE WAYS

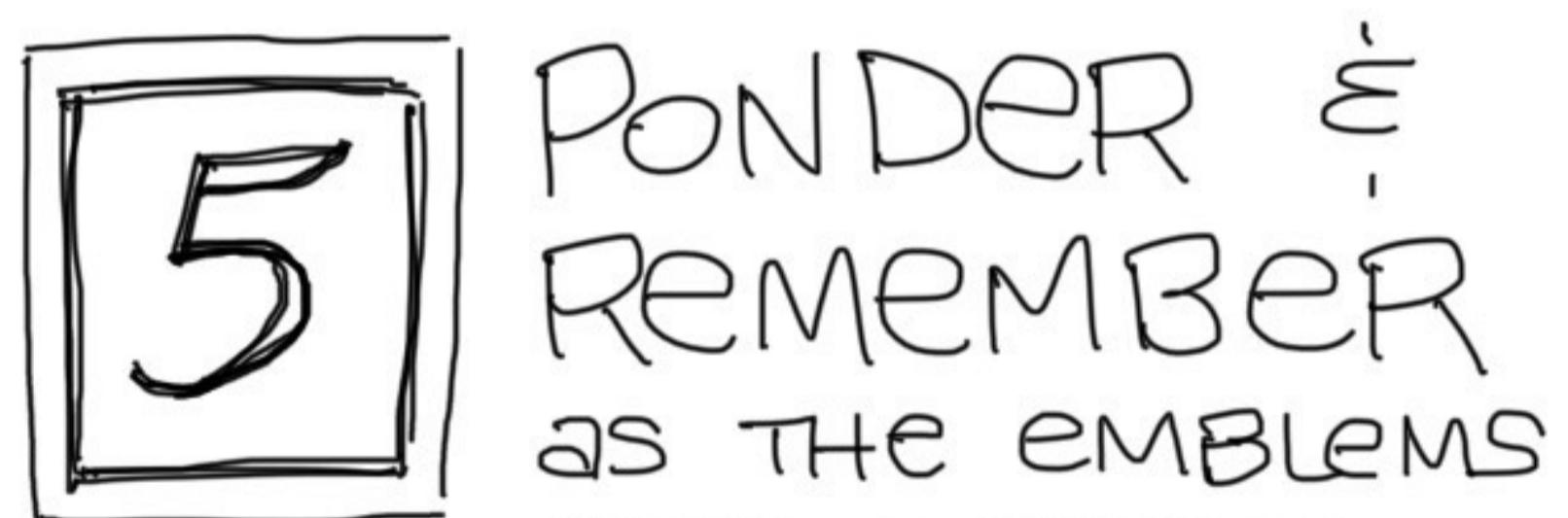
BECOME HOLY

TO INCREASE THE IMPACT AND POWER OF OUR
REGULAR PARTICIPATION IN THE SACRAMENT



WILLING

- TAKE UPON US THE NAME OF CHRIST
- KEEP HIS COMMANDMENTS
- ALWAYS REMEMBER HIM



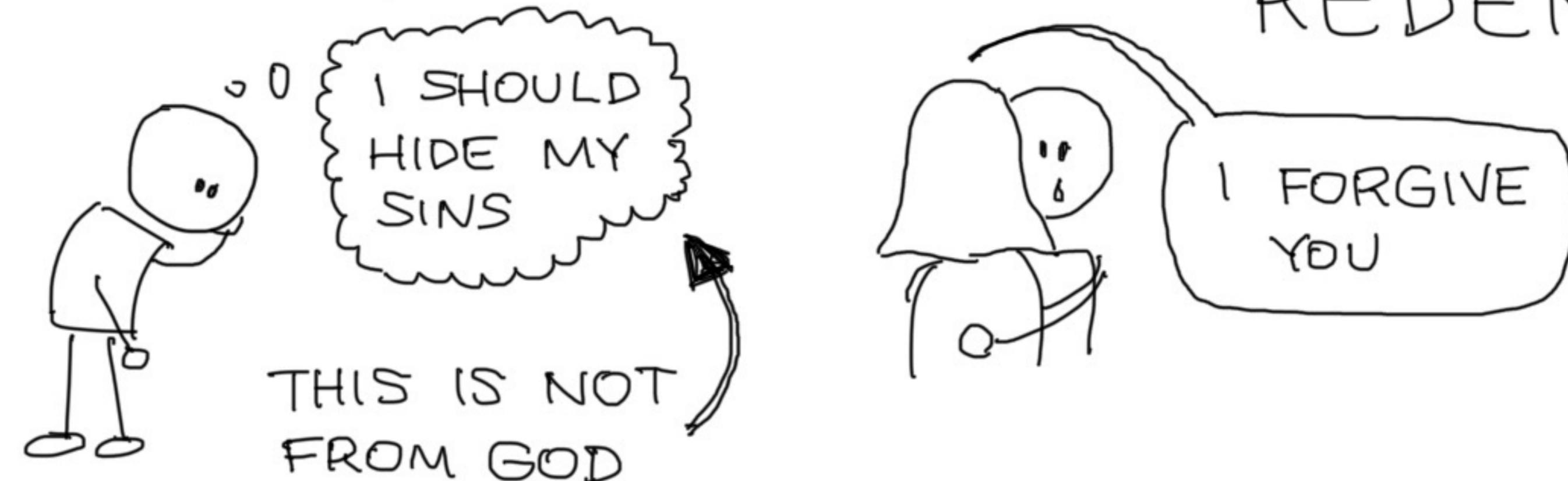
- ? WHAT DID I FEEL TODAY?
° WHAT WILL I DO THIS WEEK?

The ordinance of the sacrament is an invitation to repent sincerely and to be renewed spiritually

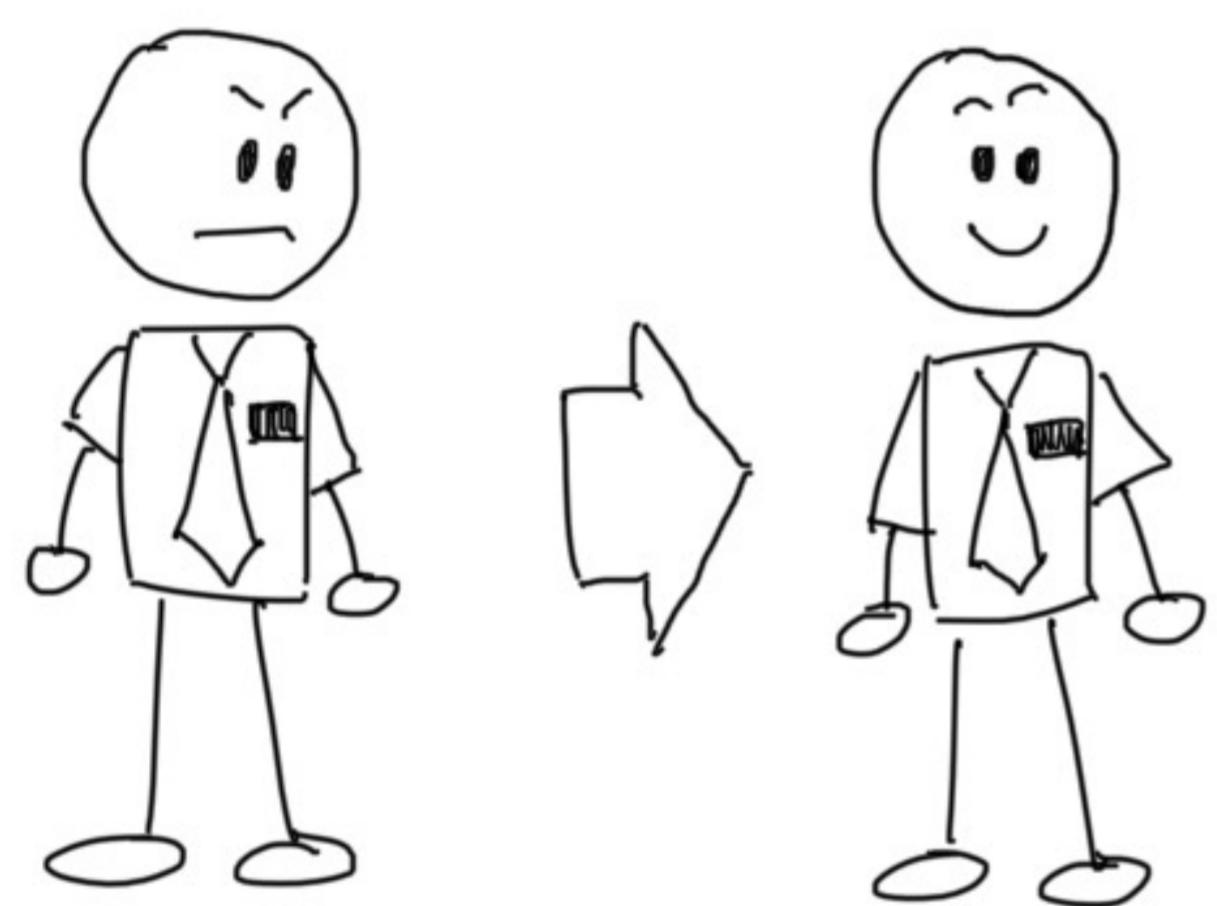
LINDA S. REEVES • THE GREAT PLAN OF SECOND COUNSELOR IN RELIEF SOCIETY PRESIDENCY

REDEMPTION

NO
Trace
OF SINS THAT
WERE SINCERELy
REPENTED OF

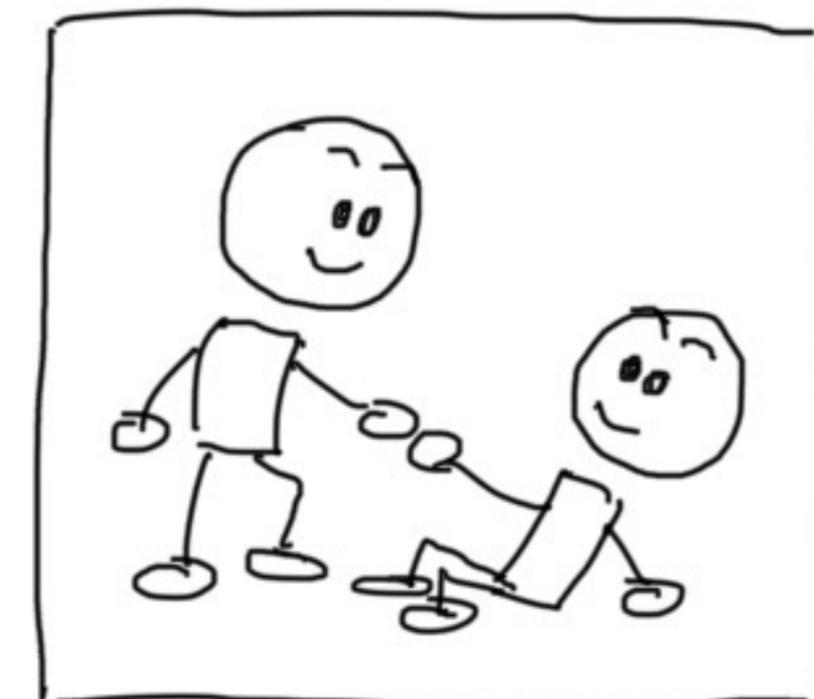
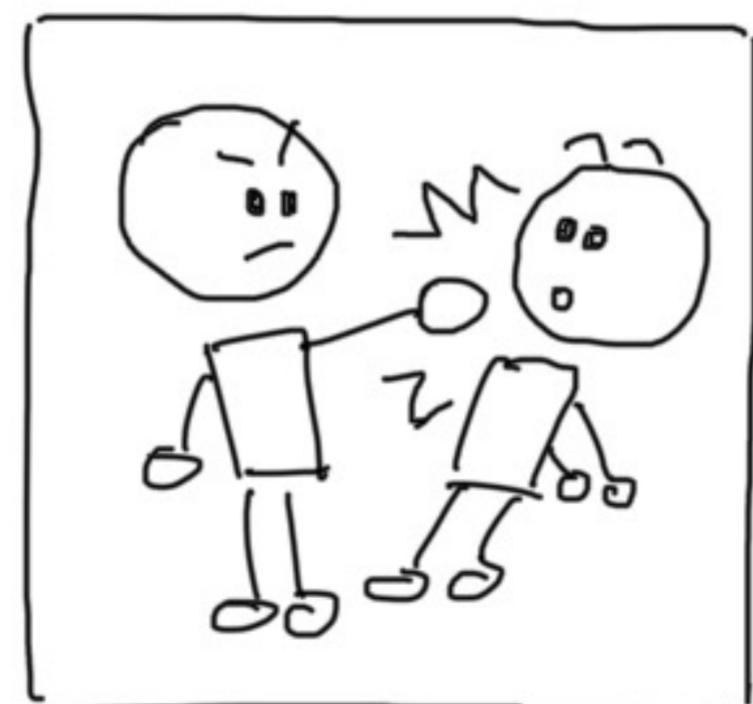


AFTER HE
CONFESSED &
REPENTED,
THEY WORKED
TOGETHER



PLANNED _____
REPENTANCE
_____ IS NOT GOD'S PLAN

WHAT IS
REPENTANCE?



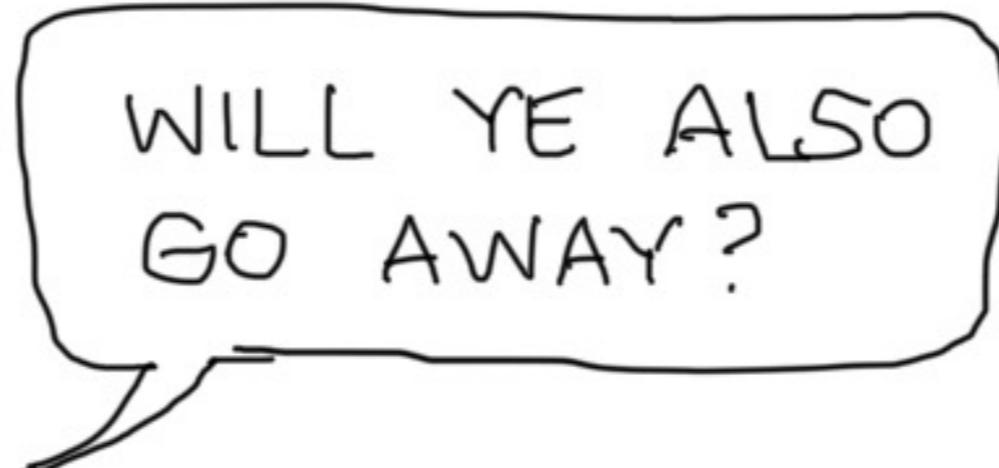
WE ALL HAVE NEED OF REPENTANCE

M. RUSSELL BALLARD • TO WHOM SHALL WE GO?

QUORUM OF THE TWELVE APOSTLES



I PRAY FOR THEM
THAT THEY MAY
BE ONE, AS WE ARE



LORD, TO WHOM
SHALL WE GO?

IF YOU CHOOSE TO WALK NO MORE
WITH THE LORD & SAINTS, THEN WHAT?

WHAT BROUGHT YOU?
THINK ABOUT THAT

WHERE WILL YOU GO

- TO FIND PEOPLE WHO SHARE A BELIEF IN LOVING HEAVENLY PARENTS
- TO BE TAUGHT ABOUT A SAVIOR WHO IS YOUR BEST FRIEND
- TO LEARN ABOUT GOD'S PLAN
- TO BE SUPPORTED AND SERVED
- TO FIND LIVING PROPHETS & APOSTLES
- TO HAVE THE JOY OF TEMPLE COVENANTS

LIVING CHRIST'S
GOSPEL IS

HARD



We NEED TO
LOVE THOSE
WHO ARE
STRUGGLING



HE IS ON THE GOOD
SHIP ZION AND CAN
CALM THE STORM

DEAN M. DAVIES • THE BLESSINGS OF WORSHIP

FIRST COUNSELOR IN PRESIDING BISHOPRIC



WHEN WE ATTEND CHURCH SERVICES, WE CAN ELEVATE OUR EXPERIENCE THROUGH WORSHIP

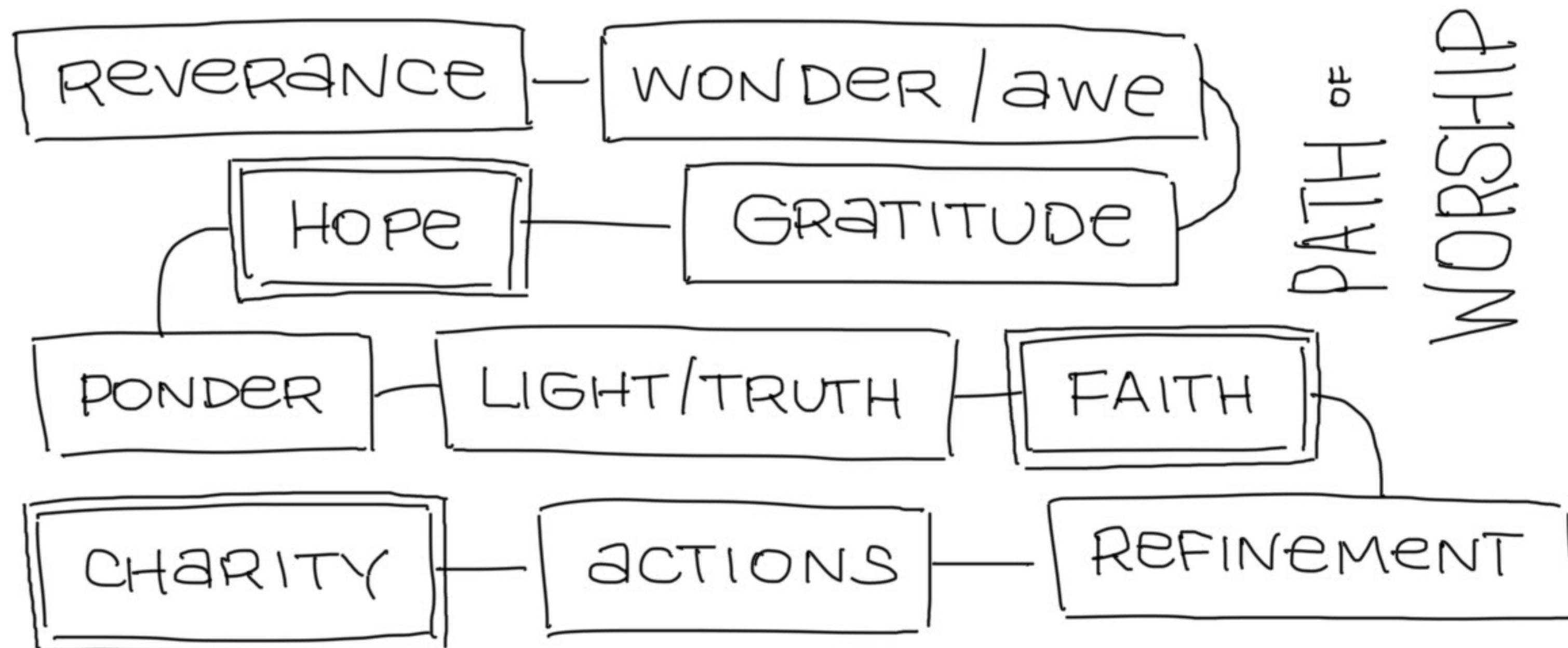
THIS IS MORE THAN JUST FULFILLING OUR CALLING



WONDER
GRATITUDE
HOPE

TRUE WORSHIP
Transforms
US INTO SINCERE DISCIPLES
AND ORDINARY CHURCH MEETINGS
INTO SPIRITUAL FEASTS

FAITH



LYNN G. ROBBINS • THE RIGHTEOUS JUDGE

PRESIDENCY OF THE SEVENTY

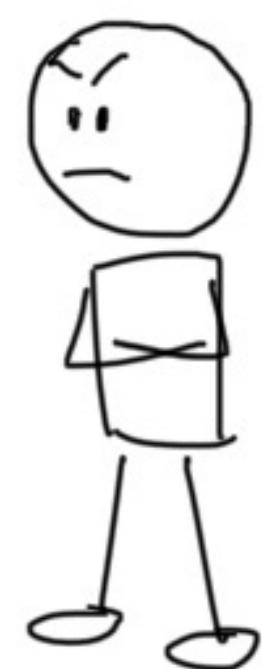
WHAT MANNER OF
MEN OUGHT YE TO
BE? even as I AM.

NEITHER DO I CONDEMN
THEE: GO, AND SIN NO MORE

WHEN SOMEONE
CONFESSES, WE
MUST BE LOVING
AND COMPASSIONATE

di · sci · pline

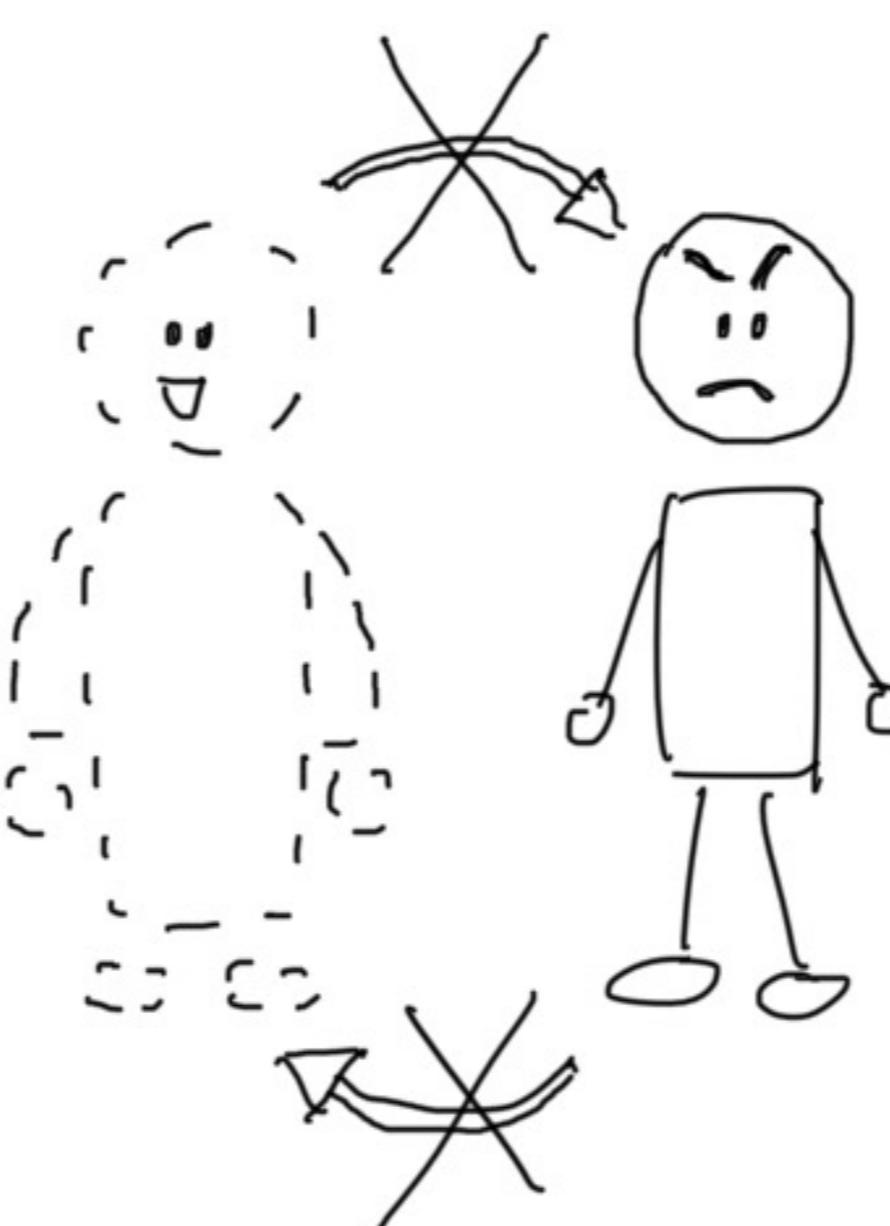
- discere, to learn
- discipulus, learner



IF CHILDREN ARE
DEFIANT, BE PATIENT
UNTIL YOU CAN CONQUER
BY LOVE - THEN YOU CAN
MOLD THEIR CHARACTER

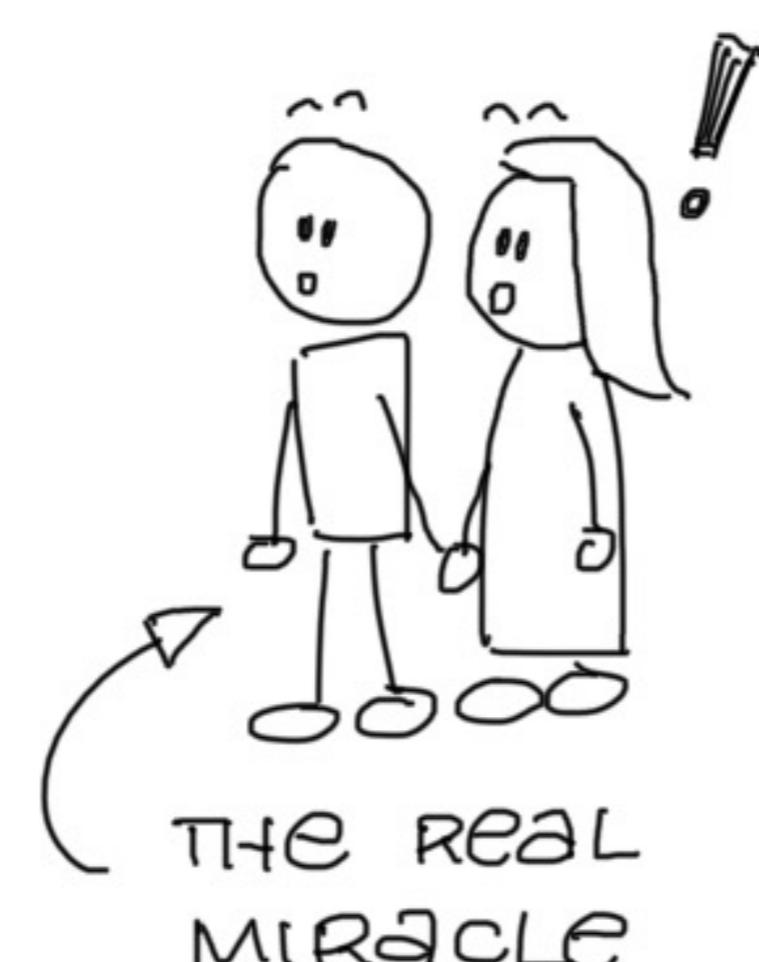
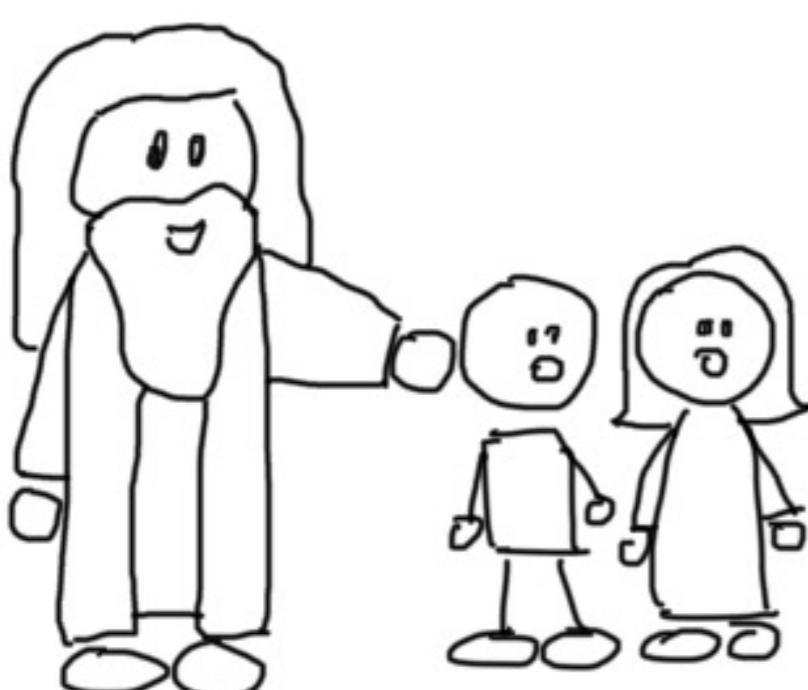
SACRIFICE

IS REQUIRED
AS PART
OF OUR
REPENTANCE



THE HOLY
GHOST AND
ANGER ARE
INCOMPAT-
IBLE

REPROVE
WHEN MOVED
UPON BY THE
HOLY GHOST
— NOT —
ANGER



NEVER LET A PROBLEM TO BE SOLVED BECOME MORE
IMPORTANT THAN A PERSON TO BE LOVED

The way you see a child is the
way you treat them, and the
way you treat them is who
they will become. -- GOETHE

THOMAS S.
MONSON

HENRY B. EYRING • GRATITUDE ON THE SABBATH DAY

FIRST COUNSELOR IN THE FIRST PRESIDENCY

GRATITUDE

FOR LATTER-DAY SAINTS,
THE SABBATH IS A DAY
OF GRATITUDE & LOVE

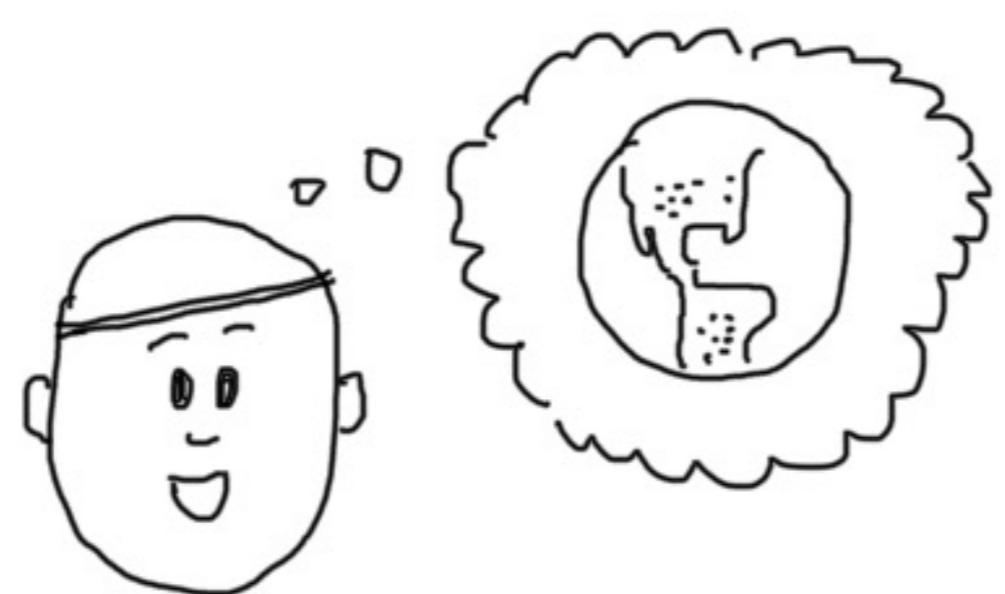


BE GRATEFUL
THAT WE CAN
BE AT CHURCH



EVEN IF OUR SERVICE
IS TO HAND OUT TOYS
IN NURSERY, THIS
MATTERS IN THE LIFE
OF THOSE WE SERVE

NEPHI SAW OUR
DAY THAT OUR
NUMBERS WOULD
BE FEW BUT WE
WOULD HAVE
GOD'S POWER



Thou shalt thank the
Lord thy God in
all things.



WE CANNOT
SEE THE
EFFECTS
OF OUR SERVICE
FOR LONG
PERIODS OF TIME.



PHILADELPHIA, PENNSYLVANIA

COVENANTS

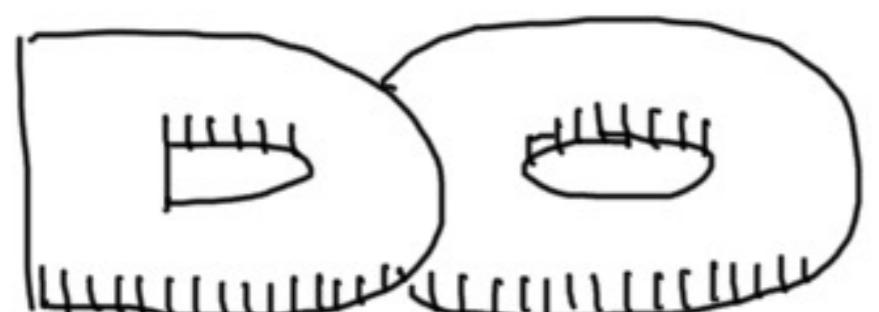
BLESS US AND OTHERS
AS WE KEEP THEM



PRAY TO KNOW WHO
NEEDS YOUR HELP

DAVID A. BEDNAR • "IF YE HAD KNOWN ME"

QUORUM OF THE TWELVE APOSTLES



THE WILL OF
THE FATHER

"I never
knew you"
"I know
you not"



"Ye never
knew me"
"Ye know
me not"

DO WE ONLY
KNOW ABOUT
THE SAVIOR, OR ARE
INCREASINGLY
COMING TO KNOW
HIM?

4 STEPS TO HELP US COME TO KNOW THE LORD



EXERCISE
FAITH IN HIM



GIVE PLACE IN
OUR SOULS
FOR HIS WORD
FAITH ALWAYS
IS FOLLOWED BY
RIGHTEOUS

S
N
O
F
U
T
R



PETER AND
ANDREW



FOLLOW HIM

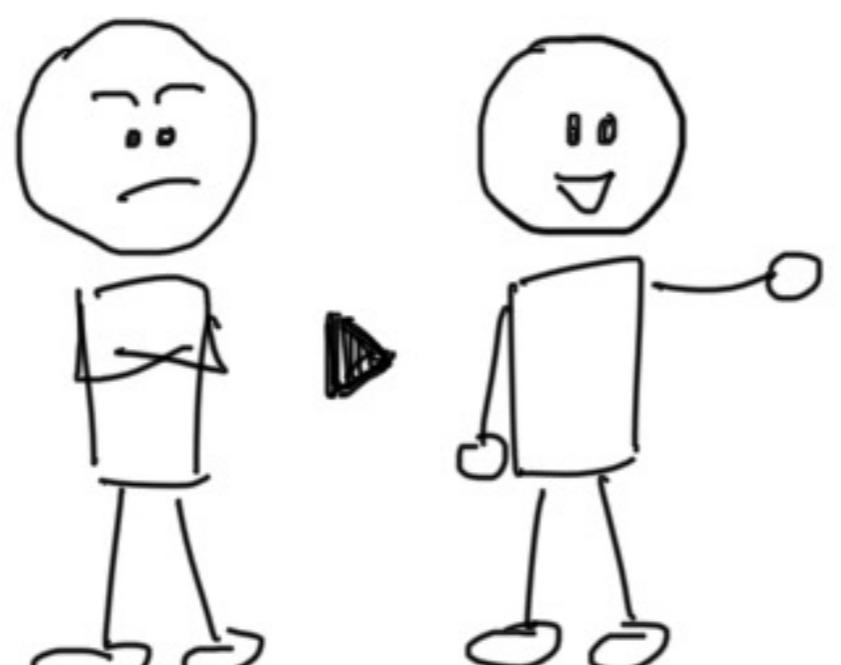
We MUST BECOME
AS HE IS

WE CAN KNOW OUR LIFE IS
IN ACCORDANCE WITH
GOD'S WILL



SERVE HIM

we are never
ALONE
as we work in
HIS VINEYARD

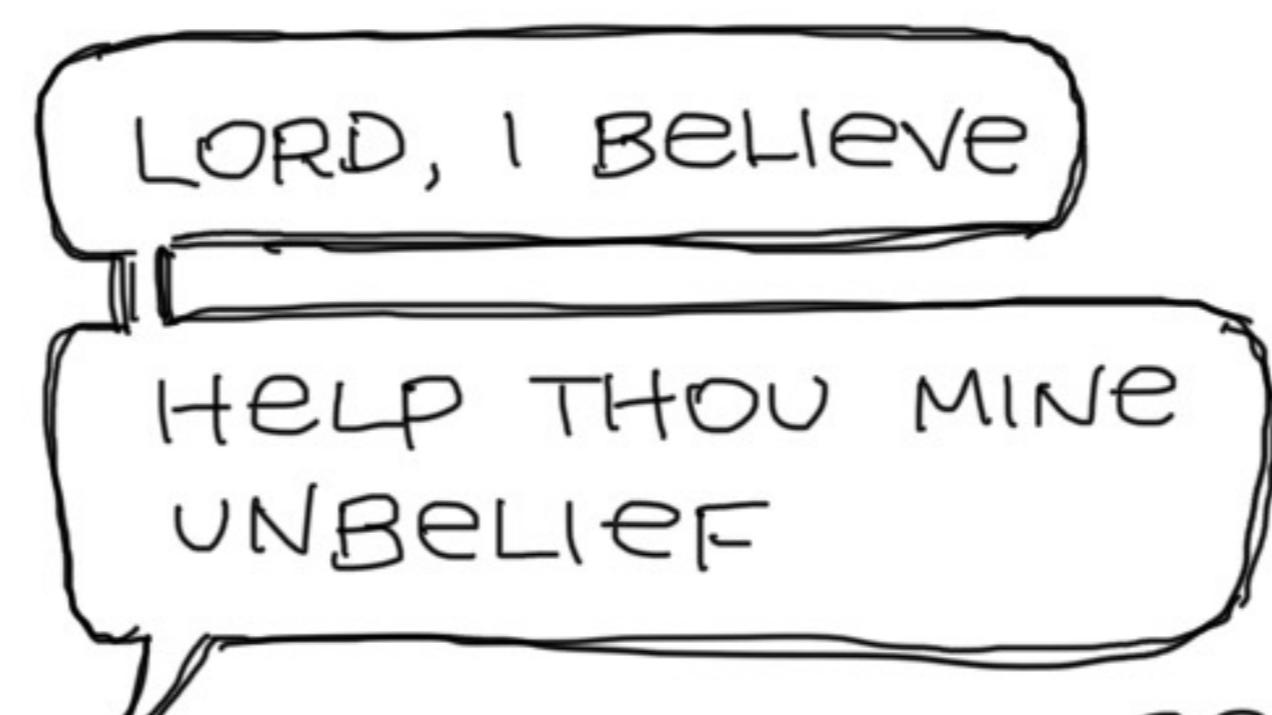


HE WILL GO
WITH US

CONQUER
SELFISHNESS



Believe HIM



WE NEED TO BELIEVE
CHRIST PERSONALLY

DO WE
Believe
WHAT WE
KNOW
?

BRIAN K. ASHTON • THE DOCTRINE OF CHRIST

2ND COUNSELOR IN SUNDAY SCHOOL PRESIDENCY

THIS IS MY BELOVED SON, IN WHOM I AM WELL PLEASED



THE DOCTRINE OF CHRIST MAKES IT POSSIBLE FOR US TO RECEIVE THE BLESSINGS OF THE

Atonement
OF CHRIST

ELEMENTS OF THE DOCTRINE OF CHRIST

1 FAITH IN JESUS CHRIST AND HIS ATONEMENT

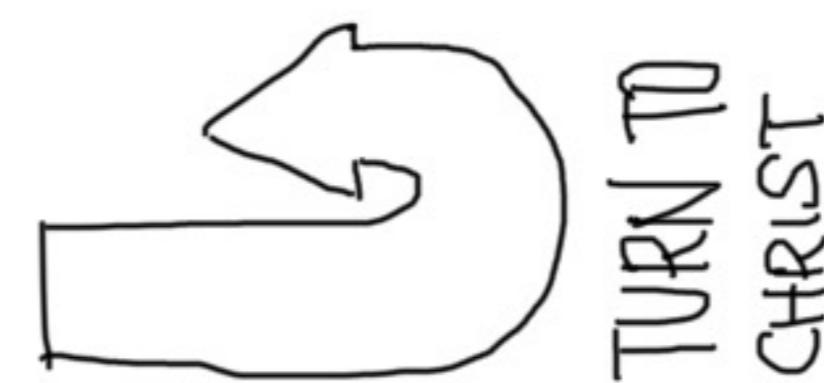


STOP WORRYING ABOUT WHAT OTHERS THINK AND CARE MORE WHAT GOD THINKS

2 REPENTANCE



NOT BACKUP FOR WHEN OUR PLAN TO BE PERFECT FAILS



DAILY

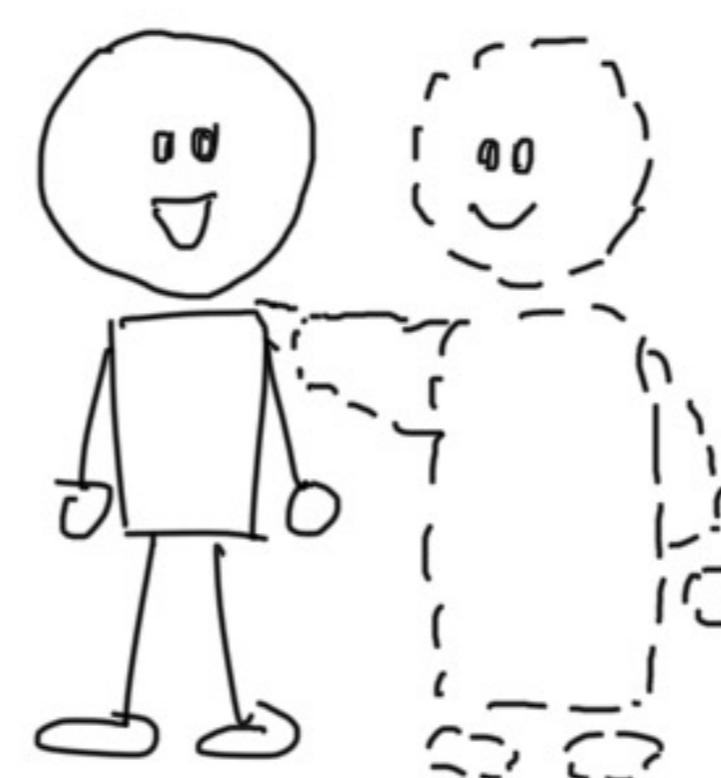
3 BAPTISM & THE SACRAMENT

COVENANTS

WITH ORDINANCES, ARE ESSENTIAL TO BRINGING THE POWER OF GODLINESS IN OUR LIVES



4 THE GIFT OF THE HOLY GHOST



AS WE RECEIVE THE GIFT AND HIS CONSTANT COMPANIONSHIP, WE BECOME MORE LIKE CHRIST

5 ENDURING TO THE END

FOLLOW

THE EXAMPLE OF JESUS CHRIST

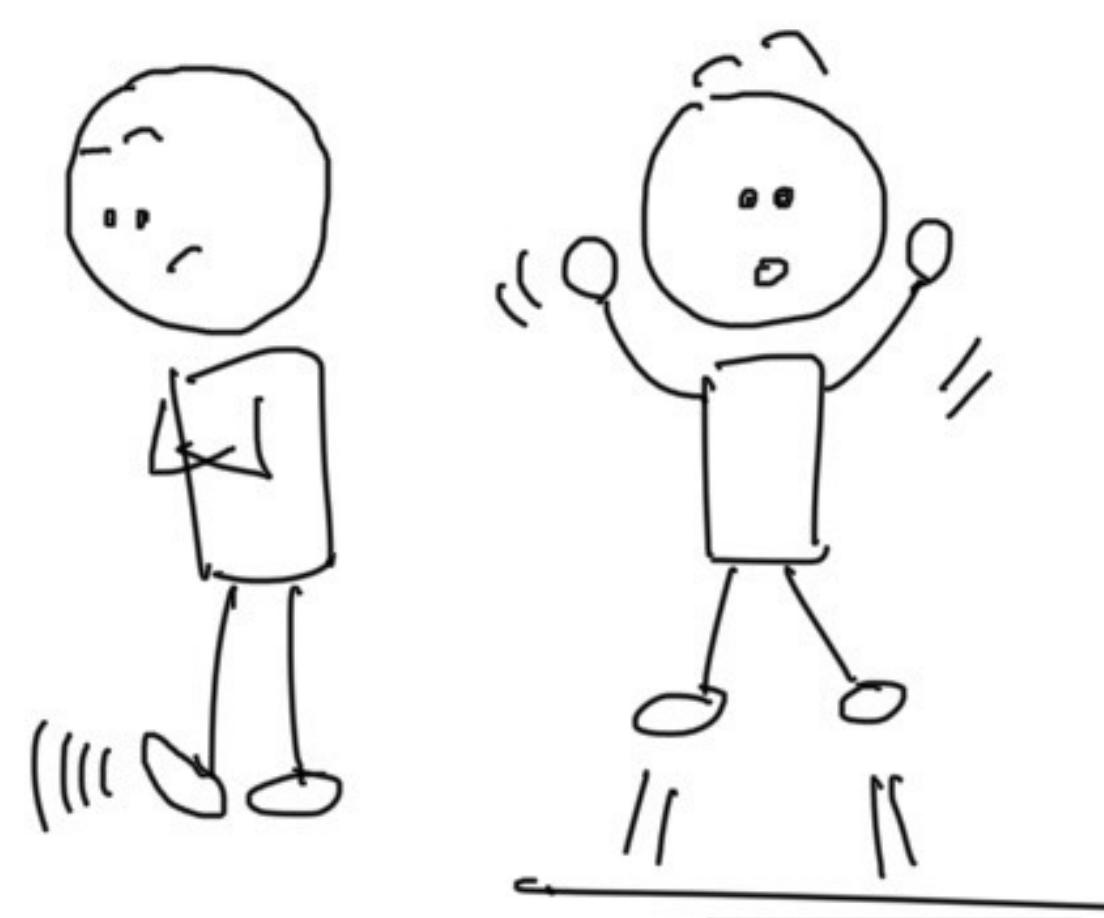
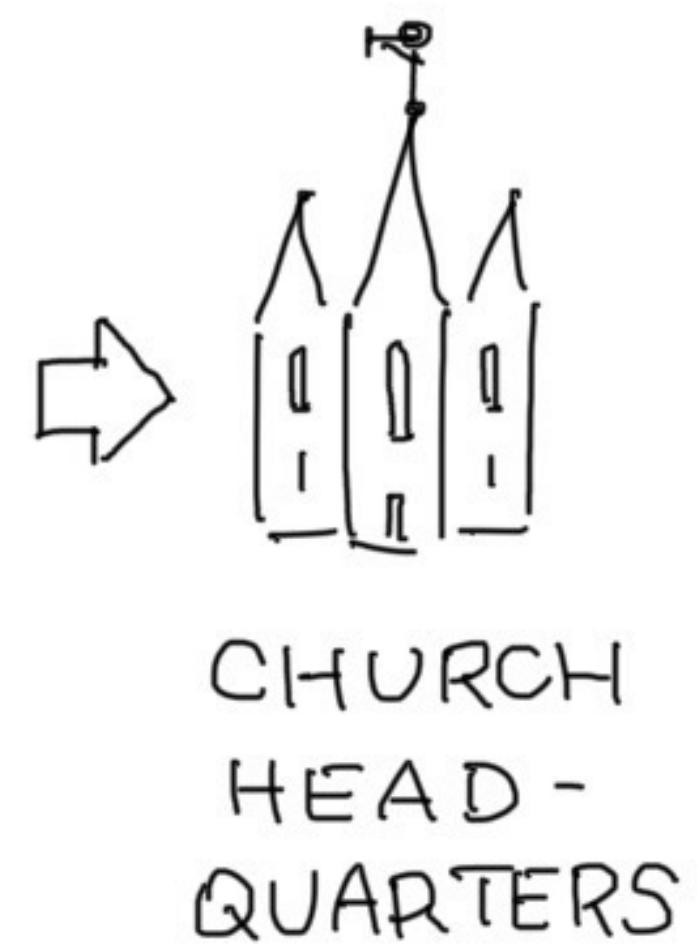
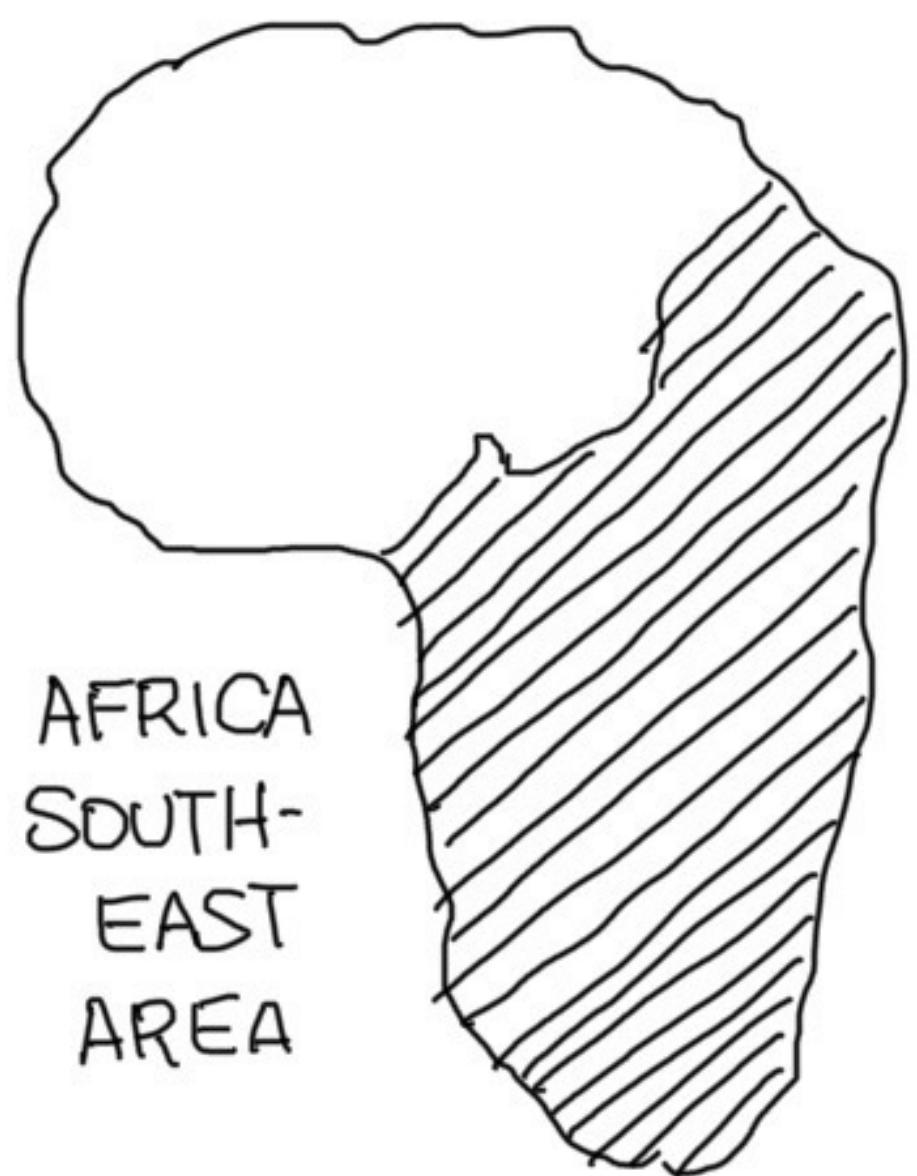
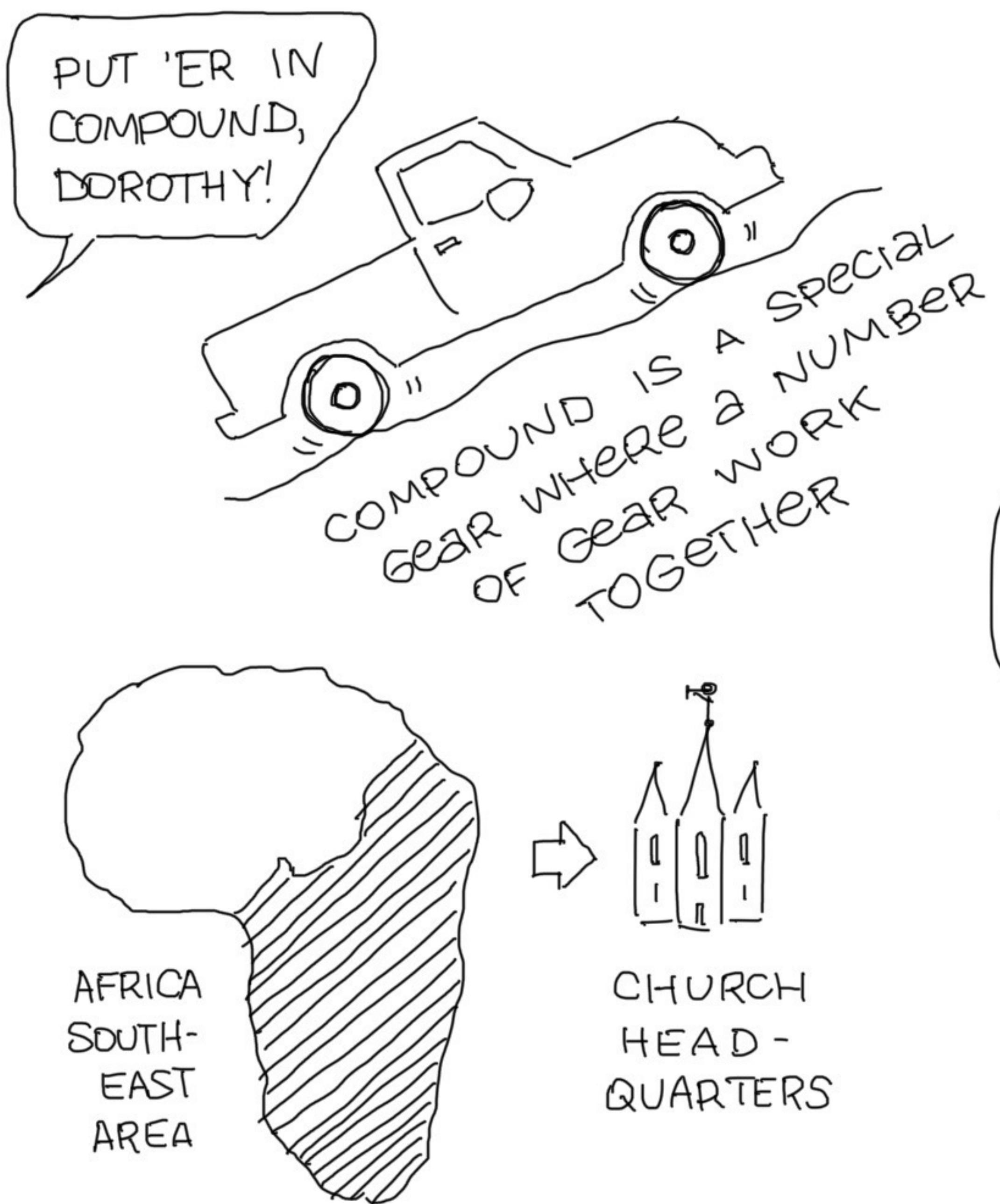


THIS IS THE ONLY WAY TO RETURN TO LIVE WITH GOD AGAIN



CARL B. COOK • SERVE

QUORUM OF THE SEVENTY



WHETHER WE ARE BORED TO DEATH OR SCARED TO DEATH, WE NEED TO GEAR UP AND SERVE

THROUGH SERVING, WE DRAW CLOSER TO GOD & COME TO KNOW HIM IN WAYS THAT WE COULD NOT OTHERWISE

CALLINGS

COME FROM THE LORD THROUGH OUR PRIESTHOOD LEADERS

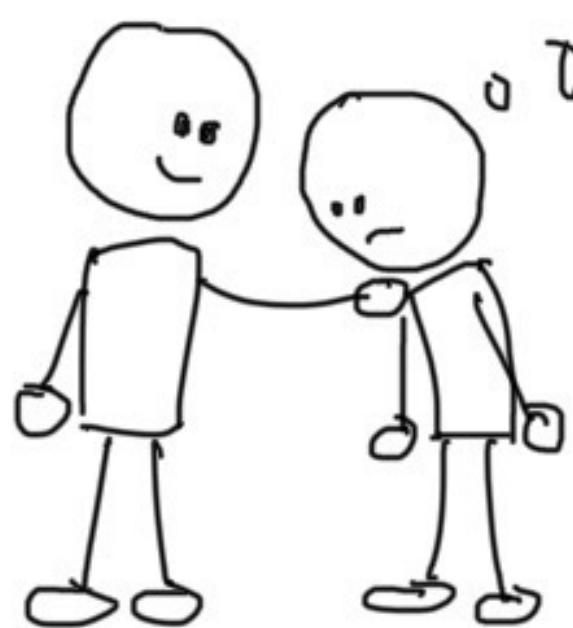


A BISHOP'S FAVORITE QUESTIONS

Service[®]
IS THE VERY FIBER OF WHICH AN EXALTED LIFE IN THE CELESTIAL KINGDOM IS MADE

RONALD A. RASBAND • LEST THOU FORGET

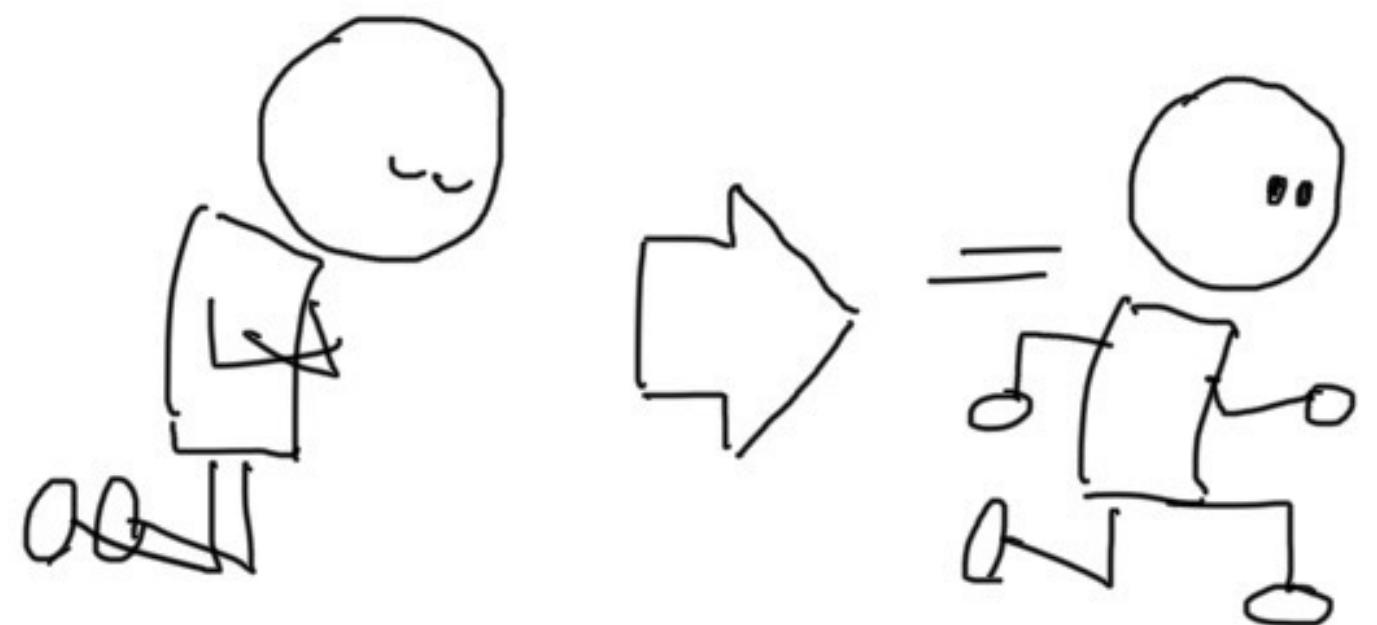
QUORUM OF THE TWELVE APOSTLES



HEAVENLY FATHER,
ARE YOU REALLY
THERE?

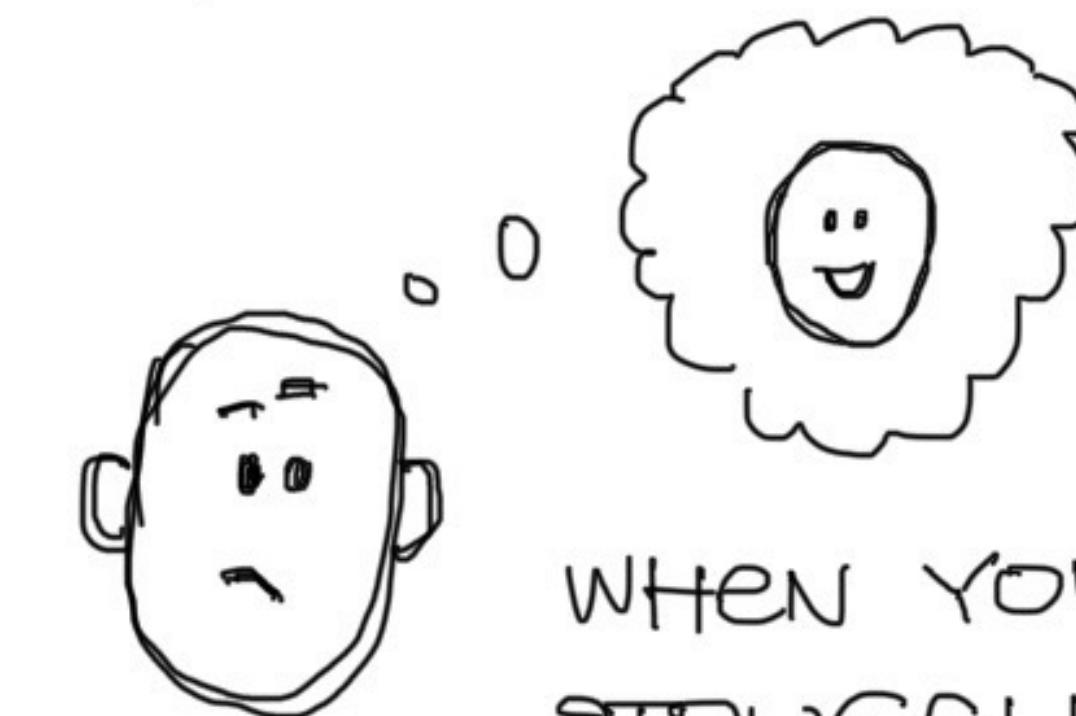
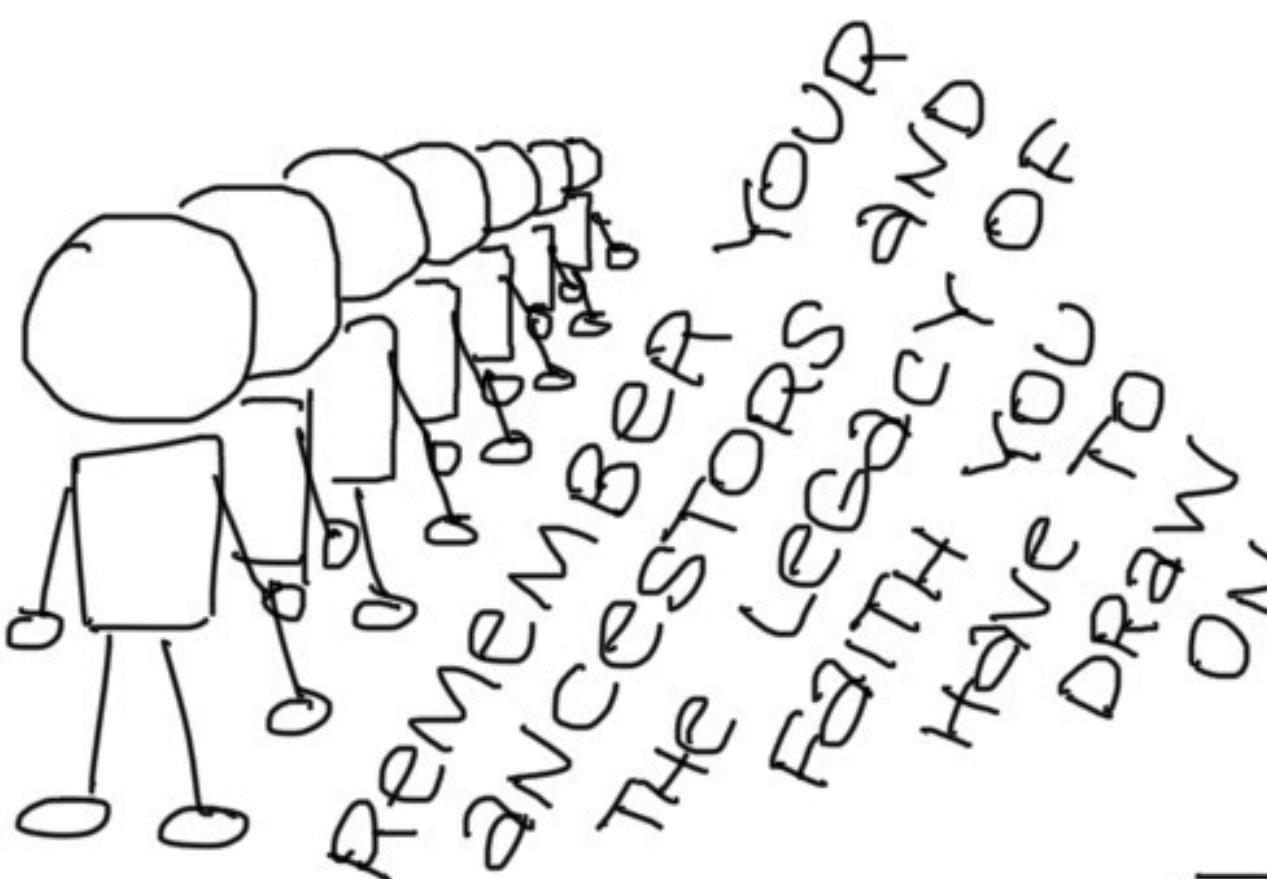
SERVE

YOU CAN ALWAYS REACH
OUTSIDE YOURSELF AND
LIFT OTHERS WHO ARE
STRUGGLING



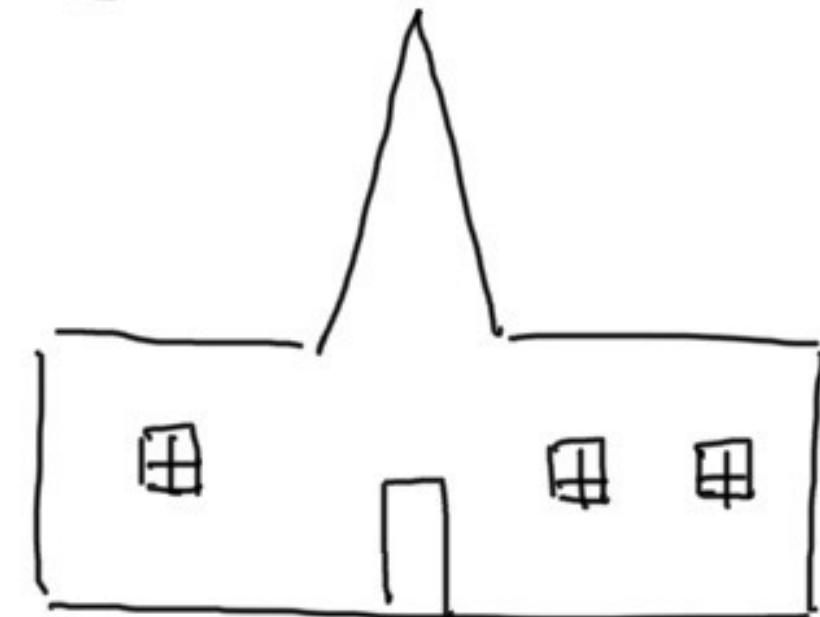
WHEN YOU RECEIVE
AN ANSWER, GO ACT
ON IT IMMEDIATELY

THE
LOVE
OF GOD IS
ALWAYS
THERE



WHEN YOU ARE
STRUGGLING,
REMEMBER THE TIMES
WHEN YOUR TESTIMONY
FELT STRONG

ATTEND
YOUR
CHURCH
MEETINGS



DO NOT FORGET

EVAN A. SCHMUTZ • GOD SHALL WIPE AWAY ALL TEARS

QUORUM OF THE SEVENTY



THIS IS A NATURAL
AND PLANNED PART
OF LIFE

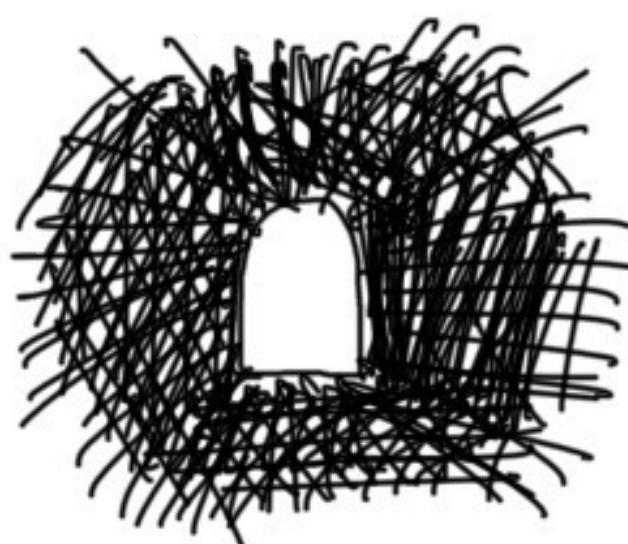


IT CAN BE
TEMPTING TO
FEEL GOD IS
NOT LISTENING

HE IS

SUFFERING ≠ VALUE

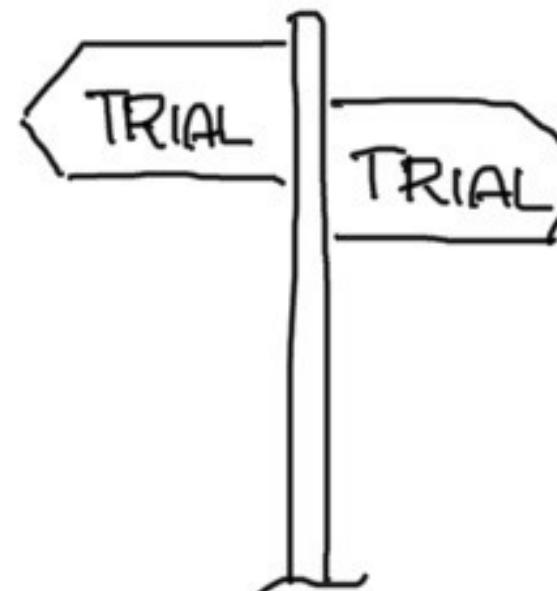
WE HAVE TO ACTIVELY
LEARN FROM AFFICTIONS



THERE IS a
LIGHT
AT
THE END OF THE
TUNNEL

WHY DO
BAD THINGS
HAPPEN
TO **GOOD**
PEOPLE

TO UNDERSTANDING
WE CAN FIND
THIS QUESTION



~~COMPARE~~

INSTEAD, LOOK FOR
ETERNAL PRINCIPLES TO
HELP IN YOUR STRUGGLES

→ **THE LIGHT
OF THE
WORLD**

If thou art sorrowful,
call on the Lord thy
God with supplication,
that your souls may
be joyful.

-- PAUL



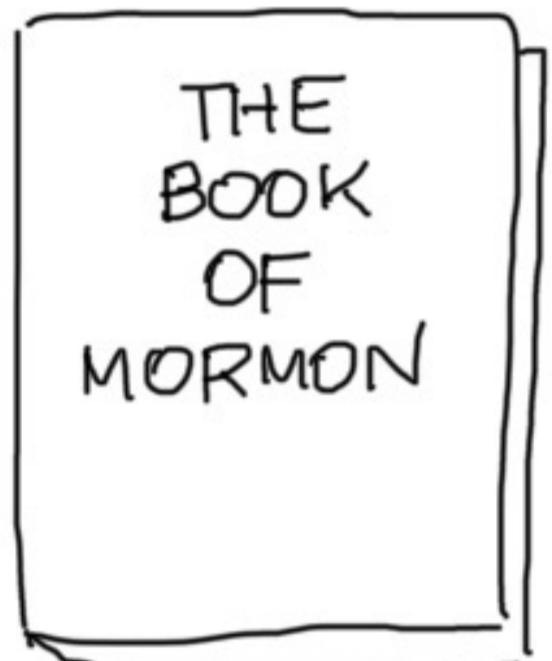
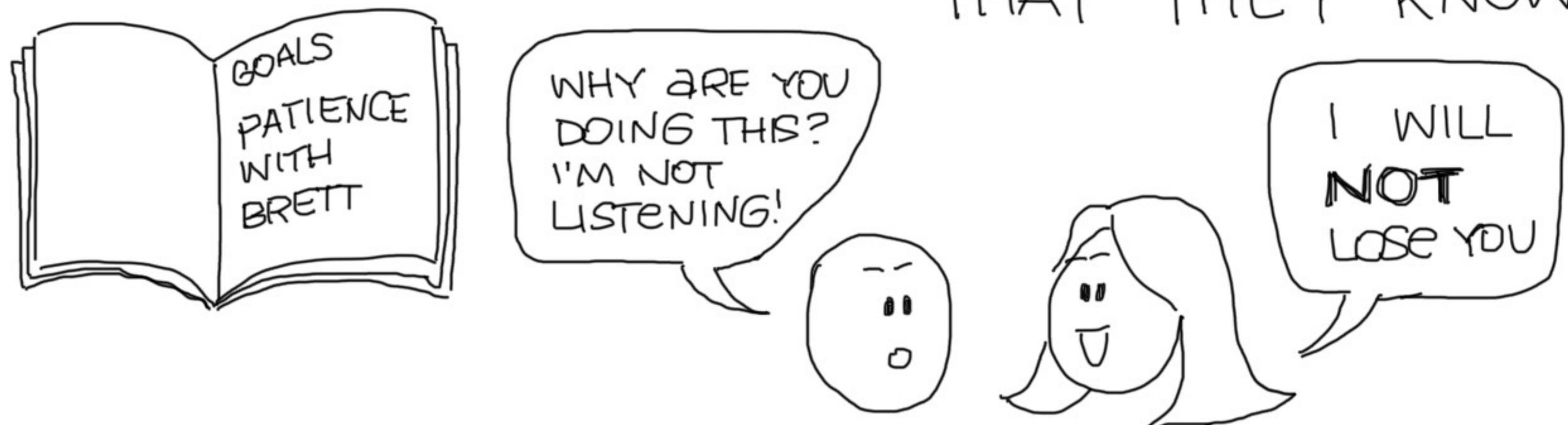
BROTHER APILADO LOST HIS
WIFE & FIVE CHILDREN as
STAKE PRESIDENT

GOD & JESUS CHRIST
LIVE AND THEY ARE
KEEPERS
OF PROMISES

K. BRETT NATTRESS • NO GREATER JOY THAN TO KNOW THAT THEY KNOW

QUORUM OF THE SEVENTY

IF ALL YOUR CHILDREN
KNEW OF THE GOSPEL
CAME FROM YOU, HOW
MUCH WOULD THEY
KNOW?



NO ONE WHO IS DILIGENTLY
READING IT DAILY HAS LOST
THEIR TESTIMONY OR
FALLEN AWAY

We love him because he loved us

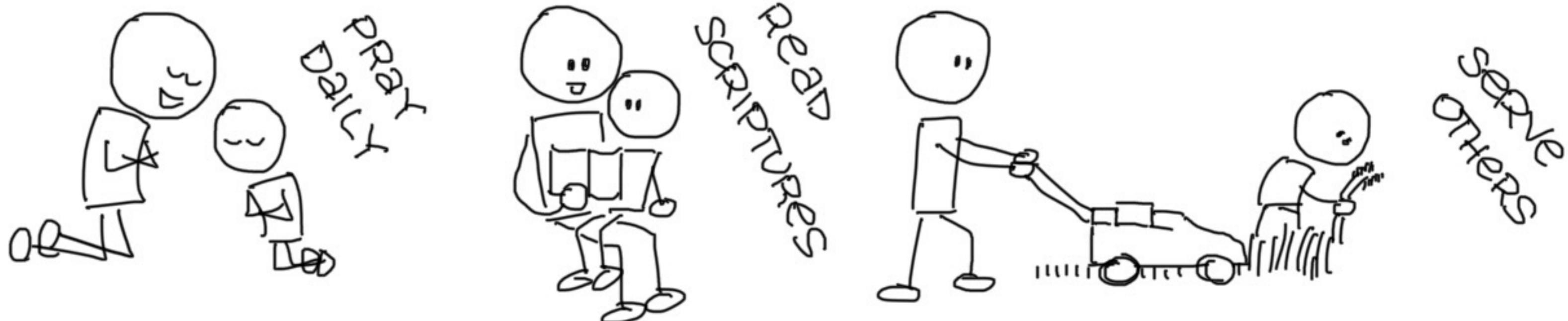


IMAGINE BEING ABLE TO SEE
CHRIST CALL OUR CHILDREN
TO HIM AND FOR THEM TO
TURN AND TO SAY TO US,

MOM! DAD! IT'S HIM!

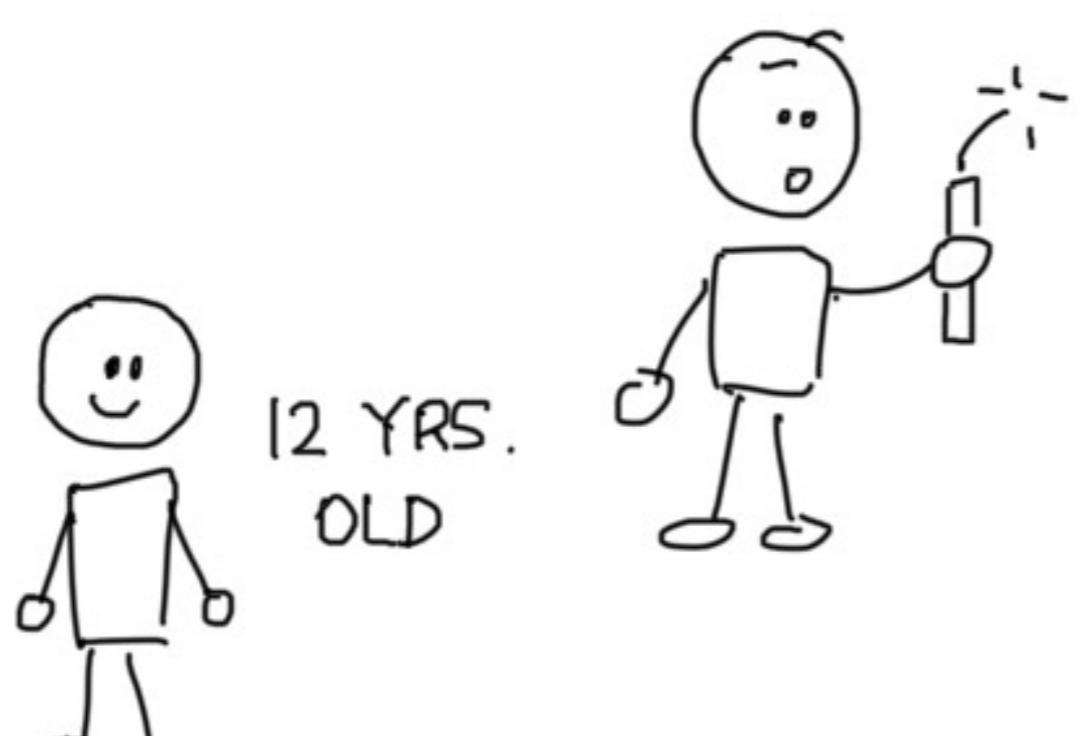
THROUGH THE
Atonement
we can ALL
have hope that we
will be saved

We want our children to know the savior:



DALE G. RENLUND • REPENTANCE: A JOYFUL CHOICE

QUORUM OF THE TWELVE APOSTLES



REPENTANCE AND
FORGIVENESS
BRING SWEET JOY

Omvänd

"TO TURN AROUND"

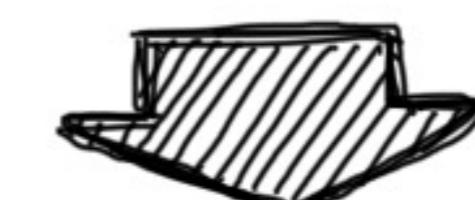
(REPENT IN SWEDISH)

REQUIRES FAITH IN THE
SAVIOR, WITHOUT WHICH, IT
IS MISERABLE BEHAVIOR
MODIFICATION

MINIMIZE OUR MISTAKES

THE OUTCOME DOES NOT DETER-
MINE THE NEED TO REPENT

EXCUSES

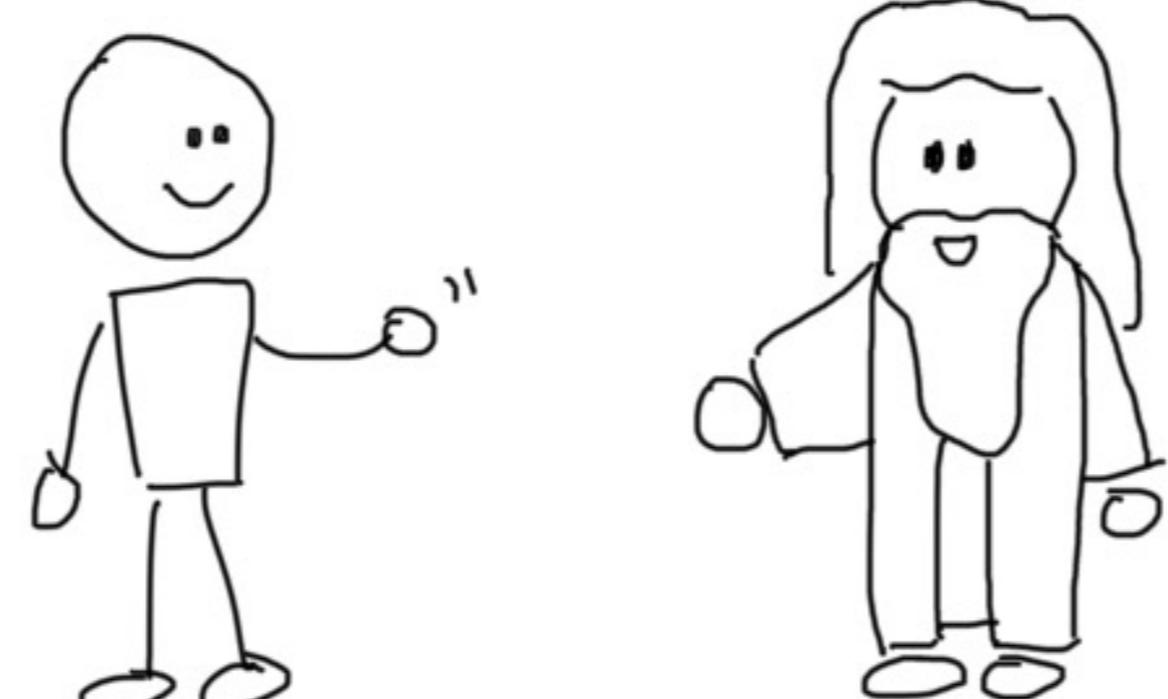


REPENTANCE

SHIFTS THE
RESPONSIBILITY
FOR OUR ACTIONS

THE Atonement

leaves NO
TRACES, TRACKS, NOR
SCARS — IT JUST HEALS



REPENTANCE IS
INVITING THE
SAVIOR INTO OUR
LIVES MORE

The fact that we can repent is the good news!