

THE ABOUT ME SECTION

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Abstract:

Depression is a serious mental illness, usually in depression people didn't reach out for the help and didn't share their feelings and feel hard to talk about their mental health, cause of all this they become helpless and that's what depression is all about.

Therefore, this site brings help and solutions to all such people to fight against depression.

PROJECT PROPOSAL

- **Information about depression:**

This section of website will enlighten the people about the reality of depression. It tells them about what depression really is and how you can get out of it.

- **Get Help:**

- This section provides help to the people, by giving them the helpline numbers, where they can share about their mental health.

- This section will also provide links to the different mental health caring websites, that contain videos and stories of depression survivor people.

- We gonna integrate chatbot to the website, through which users can get various information about mental health and even they could share their feeling to that chatbot. Chatbot provides logical and helpful solutions to them.

- **Write your story:**

This section of website enables people to write about their story, like how the victim survive the depression and fought against it, how they reach out for the help. This motivates the depressed people to get out of it.

- **Measure your depression level:**

This section will measure the level of depression of the person, which later gonna guide them accordingly to their level of depression.

- **Donate money:**

This section will let the people donate money, so our service can provide them the best of psychologist in the country for free.

- **Get Psychologist:**

This section will provide the list of psychologist to which the user can select and contact for the help.