

Breakfast

Selected Stores only	Halai M	Tors Note	Ingredients 1	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MLK & MLK PRODUCTS	SOY	пзн	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	SESAWE	LUPINS	SUPHIES	LACTOSE FREE	Serving Energy Size (g) (kJ)	Protein (g)	Fat Total Fat (g) Satu	rated Carboh	ydr Sugara (g)	Sodum (mg)	Serving Size / 100g	Energy (KJ / 100g)	Protein (g / fi	at Total (g / 1	Sat Fat (g / Ci	Earbohydrales (g /	Sugara (g / 100g)	Sodium (g / Column38
0	0	Deathst																															
•	0	Ham & Chesse Grobseast	Cypeaumifring Prihesting, Thammer Fut Andi (State Buge 1985), Sugar Yithasipines, Yaast, Sait Austrian And (2005), Estypensis, (Sciouse Syring Statelines (2023)). Australia And (2005), Estypensis, (Sciouse Syring Statelines (2023)). Egypout Cheese Syring-Special Costs Miss. Am. (Surgers, Cheese) (Sciouse), Sciouse). Future Costs (Sciouse), Sciouse Syring Statelines (2023), Sciouse (Sciouse), Astronauter (2015), Sciouse). Astronauter (2015), Preservoire (2015), Andréy Sequitaire (2015), Sci., Scio.), Water, Modified Staten (1445) Maria Chi Tapoccul, Vegetate Grant (2015), Tokodo Strokel.	Y	Y	WHEAT	Ŧ	Y	Y	N	N	N	N	т	ALMOND	т	N	N		116 140	0 15.3	20.4 1	12.3 25.1	4.4	710	100	1220	192	17.6	10.6	21.6	2.8	612
•	0	Paul & Colonia Colonia Value IIII aliani	Contact Man, September 2011, 1980, 2011, 2	٧	Y	WHEAT	Ŧ	٧	٧	N	N	N	N	т	ALMOND	т	N	N		405 200	0 23.4	38.2 1	17.9 50.9	15.3	1060	190	656	58	9.4	4.4	12.6	2.8	361
	0		Sour Dough (Weat Flour (Vitamins (Thamine, Folix Acid; Water, todiesd Salt, Sourdough States (Pape Flour, Waller, Malan, Sour, Acid) Regulator (2005; Yasar, Carolia Cit, Vinayar, Inganuer (Soy Flour, Mineral Faul Institute, Paper (2005), Amer (1975), 200. (Soc), Emaldeding (1981), Wheat Mast Flour, Struymen, Carolina (1981), Carolina (1981), Ca	Y	Y	WHEAT, RYE	Ŧ	Y	Y	N	N	N	N	N		т	N	N		109 136	0 12.3	12.9	7.4 37.6	0.6	608	100	1240	11.3	11.8	6.0	345	0.6	55a
•	0	Hern & Cheeses Seer Dough Teastle	Sour Dough (What Flour (Washin) (Transine Fair voil, Wome (soles East, Southurs) Same (Washin) Sour Dough (What Flour (Washin) (Transine Fair voil, Wome (soles East, Southurs) (Washin) Sain (1978), Flour Transine Aprile (1974), 200, 500, Emulders (et al., 479a), Wheat Mat Flour, Encytness, Flour Transine Aprile (2070), Southurs, Comparison (Comparison) Hart Flour (Soles (1970)), Wome Care Southurs, Comparison (Comparison) Hart Flour (1971), Wome Care Southurs, Mexical Sain (et al., 10, Austropa datase Or Targicos), Armicalate (1781), Floure care Southurs, Comparison (Comparison) Armicalate (1781), Floure care Southurs, Comparison (Comparison) Armicalate (1781), Floure care Southurs, Comparison (Comparison) Armicalate (1781), Floure care Southurs, Comparison (1781), 200, Flour Floure, Incola Southurs, Comparison (1781), 200, Floure, Comparison (1781),	Y	Y	WHEAT, RYE	Ŧ	Y	Y	N	N	N	N	N		т	N	N		134 150	0 16.8	15.9	8.5 37.9	0.8	803	100	1160	12.6	11.9	63	283	0.6	599
•	0		Commission Plane Date (Planine) (Thanine, Fall, Acid, More, Indian Calif. Sociation) State (Plane 1996). The Commission Plane (Plane 1996) (Sept. Calif. Soci. 1996). The Commission Plane (Plane 1996) (Sept. Calif. Soci. 1996). The Commission Plane (Plane 1996) (Sept. Calif. Soci. 1996). The Commission Plane (Plane 1996) (Sept. 1	Y	Y	WEAT, RVE	Ŧ	Y	Y	N	N	N	N	N		т	N	N		162 151	0 17.1	15.9	8.5 38.4	1.4	805	100	967	12.6	68	62	23.7	0.8	49.7
0		A Heeft	Texton Bear (When Einer Vitterson, Ellerson, Felix And), prince (Joseph Ger, Vergatter), Cili van Handers (Wanger, German Einer, Felix Andre (Felix German Ender), Cili Coppers, Good Andre (German Ender), Cili Coppers, Good Andre (German Ender), Cili Coppers, Good Andre (German Ender), Good	٧	Y	WEAT	Y	Y	Y	N	N	N	N	N	N	Y	N	N	N	200 203	0 24.5	26.5 1	11.9 36.3	1 55	801	100	1020	123	132	6.0	182	2.7	401
	0		Twen Bed (When Ellaw (Wannier (Blance), False And), Water (Sode Call Yangsater CA), Yang Handoo (Sogger), Gelamin General, Yang Handoo (Yang), General General, Yang Handoo (Yang), General General, Yang Handoo (Yang), General Gener	٧	Y	WHEAT	Y	Y	٧	N	N	N	N	N	N	Y	N	N	N	175 160	0 18.9	19.2	92 365	5.6	843	100	944	10.6	10.8	5.2	20.5	2.1	473
0	0	Jacob's Birektay Plaid	Broche Style Bun (Wheat Flour, Water, Canola Oli, Bakers Yeard, Sugar, Wheat Glater, lodined Salt, Non- Fast Milk Soldin, Shottening Prepter (Appetitile Fast Milk Protein, Aprilocated (ICVS Floor Soly), Skyl Flour, Preservatives (ICV, 201), And Casking April (141), Calour (1614), Innualifier (ICIT), Wheat Milk 111)	Y	Y	WHEAT	Y	Y	Y	N	N	N	N	N		т	N	N		240 256	0 34.1	39.5 2	11.6 30.2	7.4	1300	100	1090	14.2	16.5	9.0	12.6	9.1	560
	0	85 Spoiling Dead Harm Choose Tourille & Andelson Collee	Visition (Tuburus, voice Analy). When the Ministry voice Analy Start is, Bear's Years, Shy Flore, When Claims, Volgagi, Indied Care Vegegier, Son Year, Care Analysis, San Care Vegegier, Son Start is and Care Vegegier, Son Year Start Is and Care Vegerier, Son Year Start	٧	¥	WHEAT	N	٧	v	N	N	N	N	N		N	N	N		473 215	9 257	23.6	122 45.6	15.9	1000	100	460	Sa	50	2.6	9.6	2.4	216
			Land the party of	٧	Y	WHEAT	Y	Y	Y	N	N	N	N	N		N	N	Ť		210 200	0 56.5	26.9	10.6 25.4		1160	100	962	12.6	11.9	5.0	169	42	Seit
0		BBQ Big Breidy Wrep	Totals ware, where I have [1991]. That was not failed and there in registers inchance personal training language (specific and the 1996 00.01 Hz) could be all the 1996 00.01 Hz) total be all the could plice under the 1996 00.00 Hz of the 19	٧	Y	WHEAT	Y	Y	Y	N	N	N	N	N		N	N	Ť		268 268	0 27.9	35.9	11.9 50.5	9.1	1390	190	1000	10.4	124	4.4	18.0	3.4	\$19
0		Hash Broom (1 Place)	Sassage Party, Meet 67% (Port, Sept.), Sop Protein, Sast, Spinos, Heres, Caustross, Sugar, Carrystated Vegetalis, Vegetalis of Linear Carbinaccing (Sc)), despited Vegetalis Palazia(Sept.). Palazia(Sept.) Palazia(Sept.), Sept. Se	Ŧ	т	WHEAT	N	N	Y	N	N	N	N	N		N	N	N		50 60	1 14	11.0	12 15.1	0.3	263	100	1180	24	18.0	21	26.1	0.5	419
		Choose Tourille	White Tour (Wheat Flour, Water, Malos Storch, Raber's Years, Soy Figns, Wheat Glazes, Vinegar, Isolaed Sart, Petropation Gain (1912), Say Flour, Candid Oli, Emaldidine (1917, 473e, 471), Vitamine (1918), Foliate, Vitamin III, Vitamine (1918), Marchael (1918), Say Congress (1918), Vitamine (1918), Marchael (1918), Vitamine (1918), Marchael (1918), Vitamine (1918), Marchael (1918), Vitamine (1918	¥	Y	WHEAT	N	Y	Y	N	N	N	N	N		N	N	N		111 128	0 11.9	13.0	5.6 32.5	2.7	511	100	1153	19.7	11.7	62	283	2.4	460
		Hem & Chasse Tonsile	Presention (DUI, Clinix ACI, Visibilità A II - Nistatta d'Association) (Southern Federal Considere), Patalant Federal Visibilità (Southern Federal Considere) (Southern Federal Considere Visibilità (Southern Federa	¥	Y	WHEAT	N	Y	Y	N	N	N	N	N		N	N	N		142 140	0 16.6	16.2	6.1 22.5	2.0	41	100	986	11.7	10.0	43	22.9	2.1	620
			Presenting (DI), Chit CA, Mc Version A E. D. Nazara Chiane (Disc Canteness, Natural Trainer) Share These (The Sept. Trainer) Share (The Sept. Traine	¥	Y	WHEAT	N	Y	Y	N	N	N	N	N		N	N	N		170 140	0 16.8	54.1	6.1 22.9	2.5	676	100	835	60	63	2.6	184	2.1	Snii
			Parciales: Water Wheat Flour Sugar Canola Ot 16th Solids: Audity Pipedator (EV)L Egg Pauder Wheat (Thanks, Foliate) - (Thanks,	¥	Y	WHEAT	Y	Y	Y	N	N	N	N	N		т	N	N		159 170	0 63	16.2	4.6 61.6	22.5	403	100	1009	40	8.9	2.9	28.7	14.2	253