



CATHOLIC SOCIAL WORKERS GUILD

a member organisation of Caritas Singapore



CIRCLE OF COMPANIONS

A MENTORSHIP PROGRAMME

GROW MEANINGFUL CONNECTIONS & GAIN
VALUABLE INSIGHTS AS YOU NAVIGATE
THROUGH YOUR SOCIAL WORK PROFESSION





WELCOME MESSAGE

Dear New Graduate,

Congratulations on stepping into the noble and transformative field of Social Work. As you begin this journey, we invite you to become part of Circle of Companions—a mentorship initiative designed to walk alongside you as you grow in both professional confidence and spiritual depth.

In this programme, experienced Catholic Social Workers offer their time, wisdom, and hearts to support you. Through meaningful conversations, shared experiences, and faith-rooted guidance, you'll find a space to:

- 🤝 Build authentic connections with a mentor
- 🌱 Gain insights into integrating Catholic values with social work practice
- 🕊️ Reflect on your vocation and deepen your sense of purpose
- 🏡 Navigate challenges with clarity, compassion, and community

Whether you're discerning your path, seeking encouragement, or simply looking for a companion who understands the unique intersection of faith and service, Circle of Companions is here for you.

We look forward to journeying with you.

Warmly,

The Circle of Companions Team

CATHOLIC SOCIAL WORKERS GUILD



We are a community of Catholic Social Workers committed to integrating our faith and professional calling. Our Guild's mission is to reflect God's love through our service to the Church and society while promoting the spiritual and professional development of our members.

Our Guild encompasses a diverse group of social work professionals from various sectors, including healthcare, education, and community. Over the years, we have conducted prayer sessions, prayer experiences, talks where we share our experiences, support one another, and pray for those we serve.

Read more about us at cswg.catholic.sg



ABOUT THE MENTORSHIP PROGRAMME

The Circle of Companions (CoC) is an initiative where experienced Catholic Social Workers journey with members who are new to the Social Work profession, supporting them in integrating their faith and profession.

Mentors have at least 10 years of Social Work experience and are practising Catholics. They have undergone training with the Catholic Leadership Centre to onboard them onto the Circle.

Mentees should be registered CSWG members, and are relatively new to the field (less than 2 years).

[Register here to be a member of the CSWG:
<http://tinyurl.com/catholicswguild>]

Mentees will be matched with a mentor based on mentee's interest and nearest Parish where possible.

The CoC programme is currently planned to support mentees for 6 months. Recruitment is ongoing, and mentors and mentees are expected to meet an hour at least 4 times, over the course of the 6 months.

What You'll Find in the Circle:

- **Supportive Mentorship**

One-on-one guidance from seasoned professionals who understand both the challenges and joys of the vocation.

- **Faith & Practice Integration**

Explore how Catholic values can enrich your approach to social work and deepen your sense of purpose.

- **Community & Connection**

Build lasting relationships with mentors who share your commitment to service.

- **Reflection & Growth**

Engage in conversations that nourish your spirit and strengthen your professional identity.

JOINING THE PROGRAMME

As a Mentee

Sign up here: <https://tinyurl.com/cswgcocm>

Share why you want to be mentored, what are your personal learning goals and outcomes you hope from this journey



As a Mentor

We are always recruiting mentors. If you meet the following criteria, please sign up here: <https://tinyurl.com/cswgcocmentor>

Criteria:

- have at least 10 years of experience in the social work profession
- am a practising Catholic
- am able to meet your mentee at least 4 times (within 6 months) for at least 1 hour each session
- will pray for your mentee daily
- am a member of Catholic Social Workers Guild

Join as a CSWG member:

<http://tinyurl.com/catholicswguild>



<https://cswg.catholic.sg/>
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