Basic Roll Recipe

| Ingredients | Quantity |
|----------------|-----------|
| Milk | 2 cups |
| Sugar | 5 tbsp |
| Flour | 5-6 cups |
| Salt | 1.5 tsp |
| Shortening | 1/4 cup |
| Yeast Cake | 1 |
| Egg (optional) | 1 |
| | |

- 1. Scald the milk and add shortening and sugar.
- 2. When liquid is cooled to lukewarm temperature, add yeast that has been dissolved in $\frac{1}{2}$ cup lukewarm water.
- 3. Add 3 cups of flour and beat thoroughly. Set sponge in a warm place for 30 minutes, or until light.
- 4. Beat egg and salt and add to sponge along with the remaining flour. Knead until dough no longer sticks to the board or fingers.
- 5. When dough is light, cut into small pieces and shape into rolls. Brush with fat and let rise until light. Bake at 400-425° until a golden brown (15 to 20 minutes). Makes approximately 2 dozen medium-sized rolls.

From: MRS. JOHN W. GINGERICH, Wellman, Iowa

Book: Showalter, Mary Emma. Mennonite Community Cookbook . Herald Press. Kindle Edition.