

Benjamin Mackenzie

I am a curious learner, highly driven and adaptable. Throughout my career I have remained innovative and diverse in my approach to work whilst ensuring high levels of organisation and departmental efficiency. In addition, whilst optimising the use of both resources and personnel, I have been able to remain goal orientated and meet strict deadlines. I have extensive experience of effectively leading, and working well within, a multidisciplinary team and I am equally as comfortable working alone. As a result of these experiences, I have developed excellent interpersonal skills and I am at ease conversing with individuals of all backgrounds and with varied interests. After 15 years of working primarily within the discipline of Sports Science I am now looking to pursue an alternative career path. I am currently engaged in both a Physics A-level and Full Stack Development HND with a view to securing a role that can utilise my vast work experience as well as the new skillsets I am currently refining.



Personal information

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Work Experience

Jan 2019 - Present	Maintenance Assistant , <i>B & M Installations</i>
Nov 2018 - Dec 2018	Lecturer in Sport (Cover) , <i>Peterborough Regional College</i>
Jul 2018 - Oct 2018	Head of Performance , <i>Pafos Football Club</i>
Jul 2016 - Apr 2018	Head of Physical Performance , <i>Peterborough United Football Club</i>
Apr 2016 - Jun 2016	Physical Performance Coach , <i>The Football Association</i>
Apr 2015 - Jun 2016	Sports Scientist , <i>Perform, Spire Healthcare</i>
Nov 2013 - Mar 2015	Warehouse Operative , <i>Morrison's, PLC</i>
Jun 2013 - Sept 2013	Head of Science and Fitness , <i>Bristol City Football Club</i>
Nov 2009 - May 2013	Head of Sports Science , <i>Peterborough United Football Club</i> Achievement: League 1 Play-Off Winners 2011
Jun 2009 - Jul 2010	Adult Education Tutor , <i>The Football Association</i>
Apr 2008 - Oct 2009	Strength and Conditioning Coach , <i>Celtic Football Club</i> Achievement: Premier League Champions 2008 & League Cup Winners 2009
Jan 2007 - Mar 2008	Head of Sports Science , <i>Peterborough United Football Club</i> Achievement: League 2 Automatic Promotion 2008
Jul 2004 - Dec 2006	Head of Sports Science , <i>Wrexham Football Club</i> Achievement: EFL Trophy Winners 2005



Skill sets

MS Office - Excel, Word & Powerpoint



HTML5, CSS3, Javascript, Python & Django



Education

Jan 2019 - Present	Fullstack Web Development, HND , Code Institute Accredited by Edinburgh Napier University
Sept 2017 - Present	Physics, A level , CloudLearn
Sept 2006 - Mar 2014	Exercise & Nutrition Science, MSc , University of Chester
Sept 2000 - May 2003	Science & Football, BSc (Hons) , Liverpool John Moores' University
Sept 1998 - May 2000	3 x A Levels (B-D) , Alun School, Mold
Sept 1993 - Jun 1998	10 x GCSEs (A-B) , Connah's Quay High School

Certificates

Apr 2016	Certified Strength & Conditioning Coach , NSCA
Jun 2013	Strength & Conditioning Foundation Workshop , UKSCA
Feb 2012	Periodisation in Football , UKFA (Raymond Verheijen)
Oct 2006	Psychology for Football: Level 5 , The Football Association
Jun 2006	Accredited Weight Lifting Coach , The British Weight Lifting Association
Jun 2006	The Fitness Trainers' Award , The Football Association
Oct 2005	NVQ Support Competence Achieved in the Workplace , OCR
Jun 2005	Youth Coaches Award , The Football Association
Apr 2002	UEFA B Coaching Licence , The Football Association of Wales
Oct 2000	UEFA C Coaching Licence , The Football Association of Wales

Publications

Mackenzie, B., Aylward, I. S., Male, B. H. & Wells, C. M. (2016). Differences in power output profiles during high-intensity intermittent cycling in acute heat and hypoxic exposure. Journal of Sports Sciences, 34(Suppl.), s79-s80.

References

Dr. Carl Wells Head of Academy Sports Science & Medicine E: carl.wells@sufc.co.uk M: +447765000169	Steven Pressley Carlisle United Football Club Manager E: stevenpressley@btinternet.com M: +447710780429	Grant McCann Doncaster Rovers Football Club Manager M: +447876831130
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