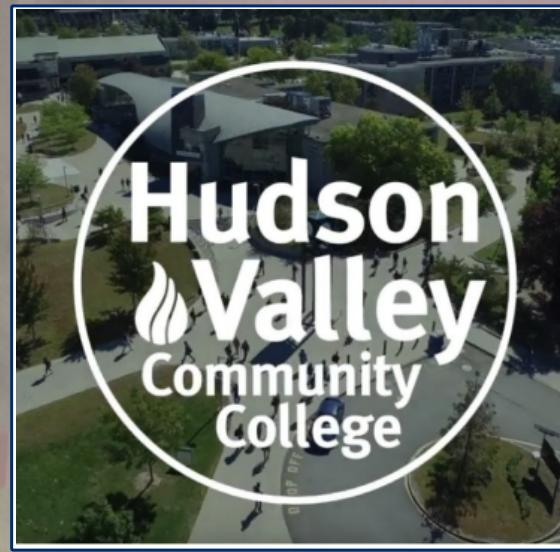
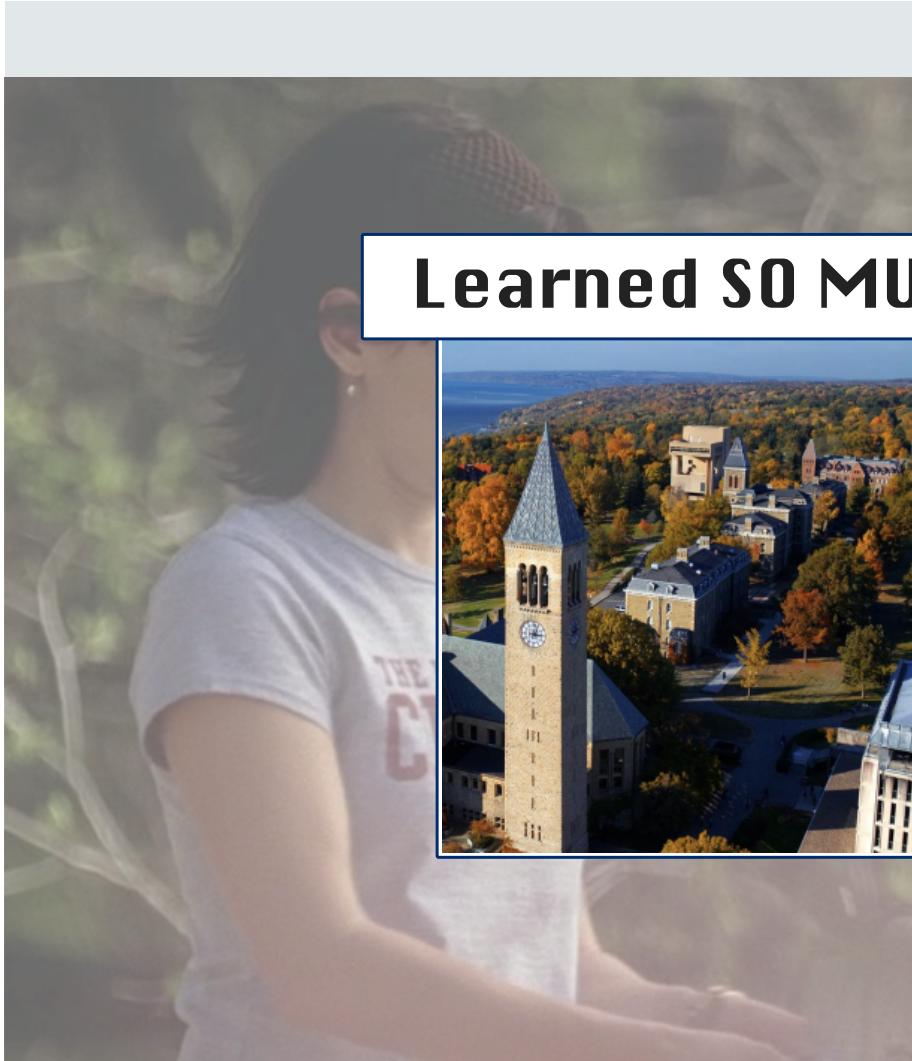




**Office hours,
Study habits,
Time management**

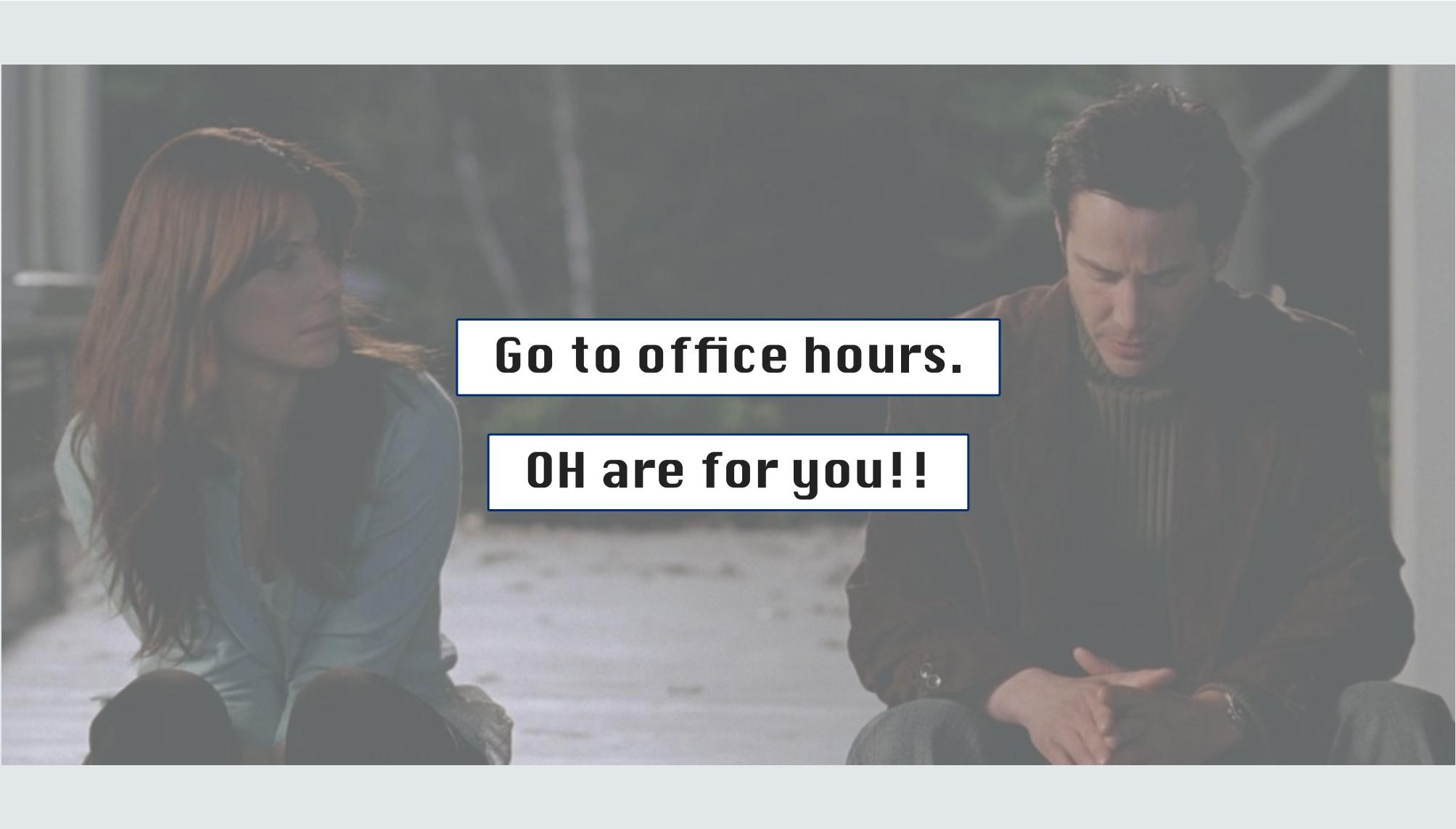
Ben Greenman





Learned SO MUCH from classmates



A man and a woman are sitting on a beach at night, looking at each other. The woman has long red hair and is wearing a light blue shirt. The man has dark hair and is wearing a brown jacket. They are both looking down at their hands.

Go to office hours.

OH are for you!!

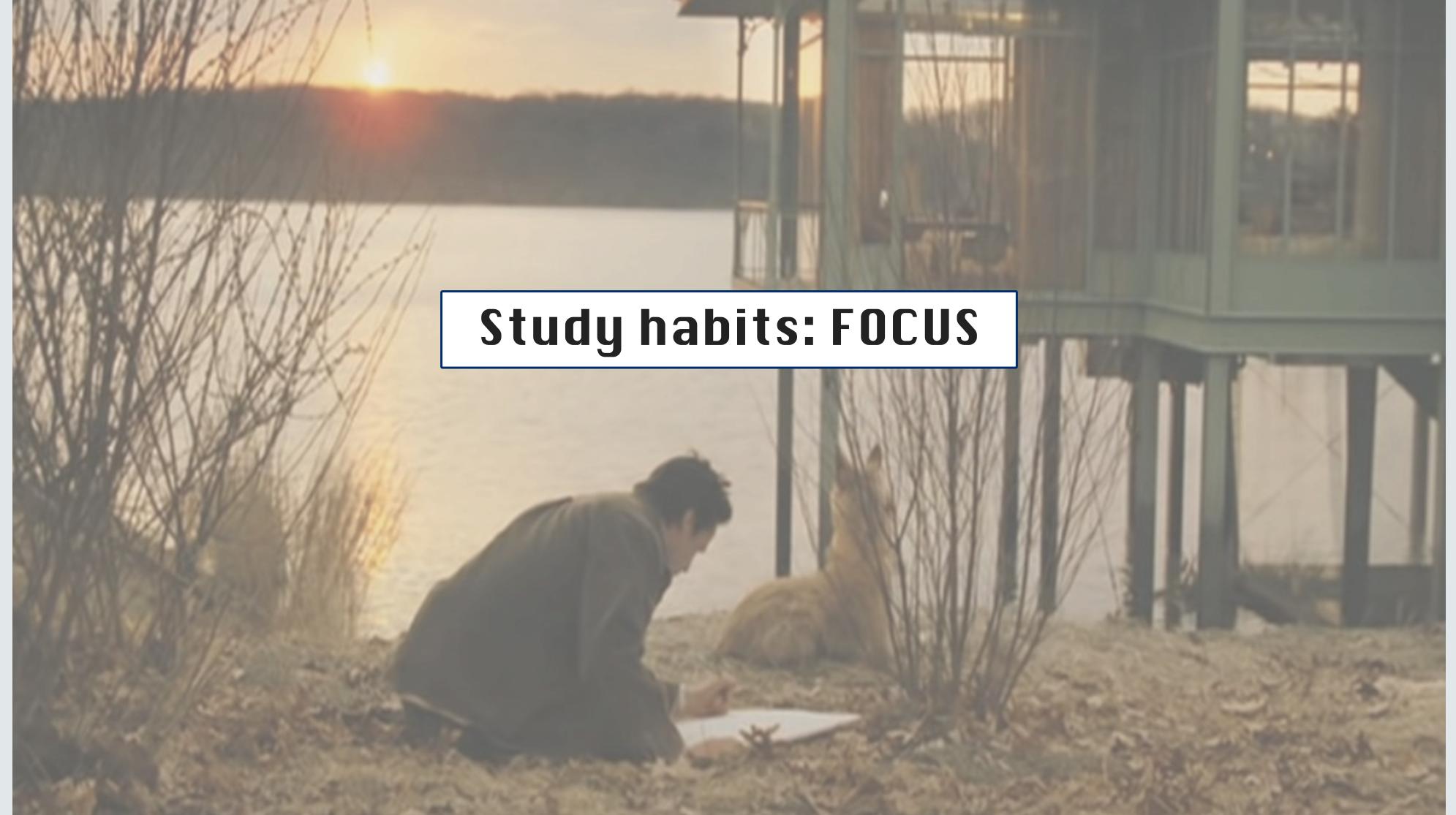


Instructors

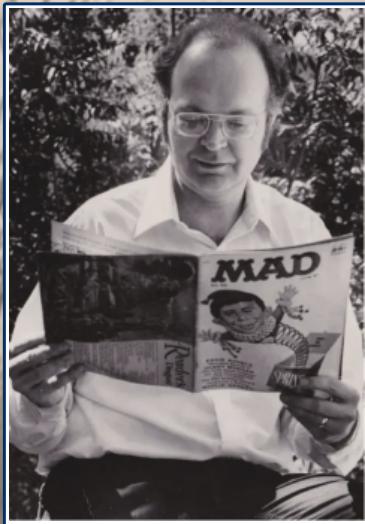
Students

Making Questions

Learn from:



Study habits: FOCUS



TU on = 1.5x slower



Try 40-min sessions



**Pomodoro
technique**

A photograph of a person sitting on a grassy bank by a lake at sunset. The sun is low on the horizon, casting a warm glow over the water. In the background, there's a wooden cabin with large windows. The person is wearing a dark long-sleeved shirt and pants, and is sitting cross-legged on the ground, facing away from the camera towards the water.

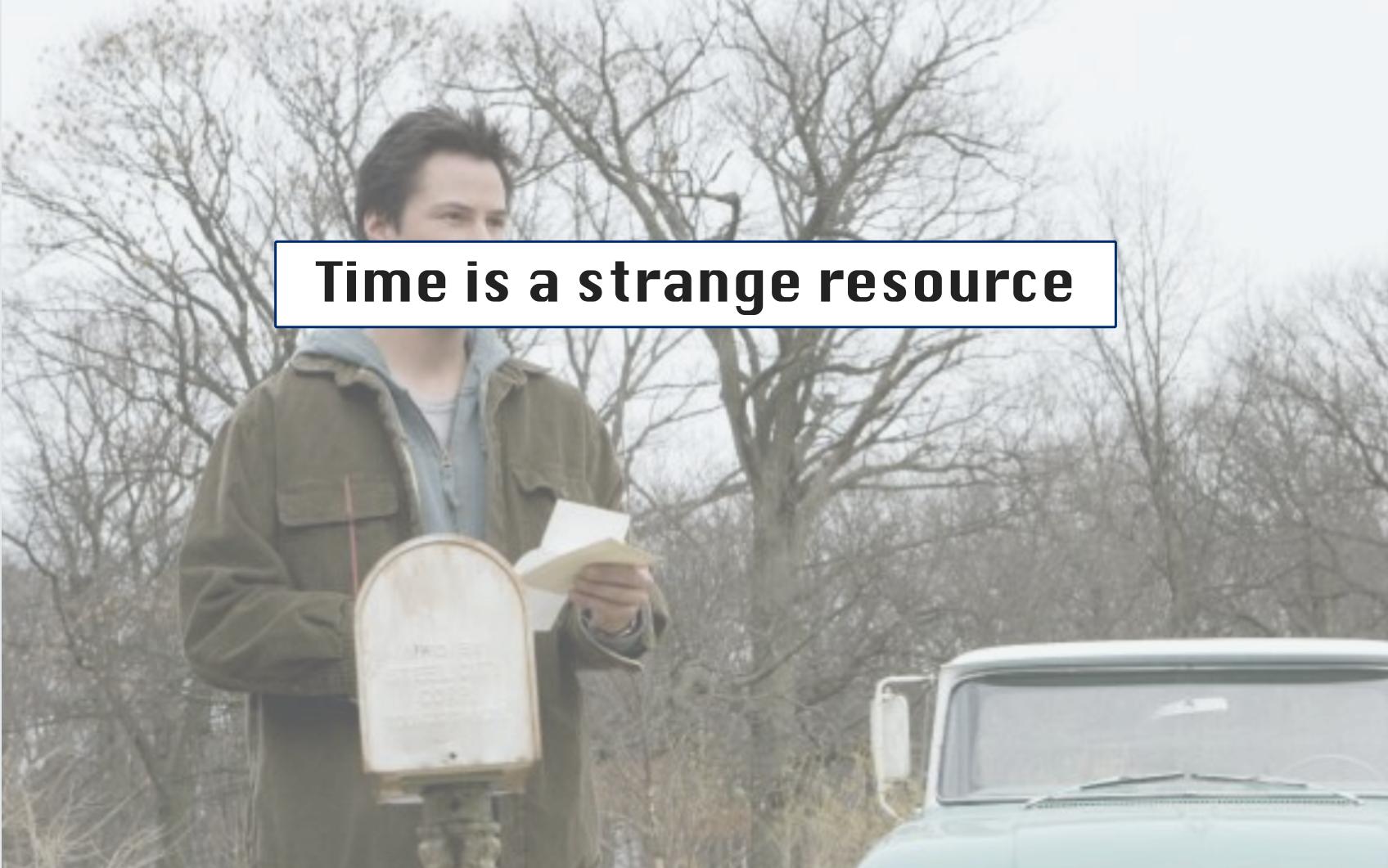
Plan for breaks

Mind works in background

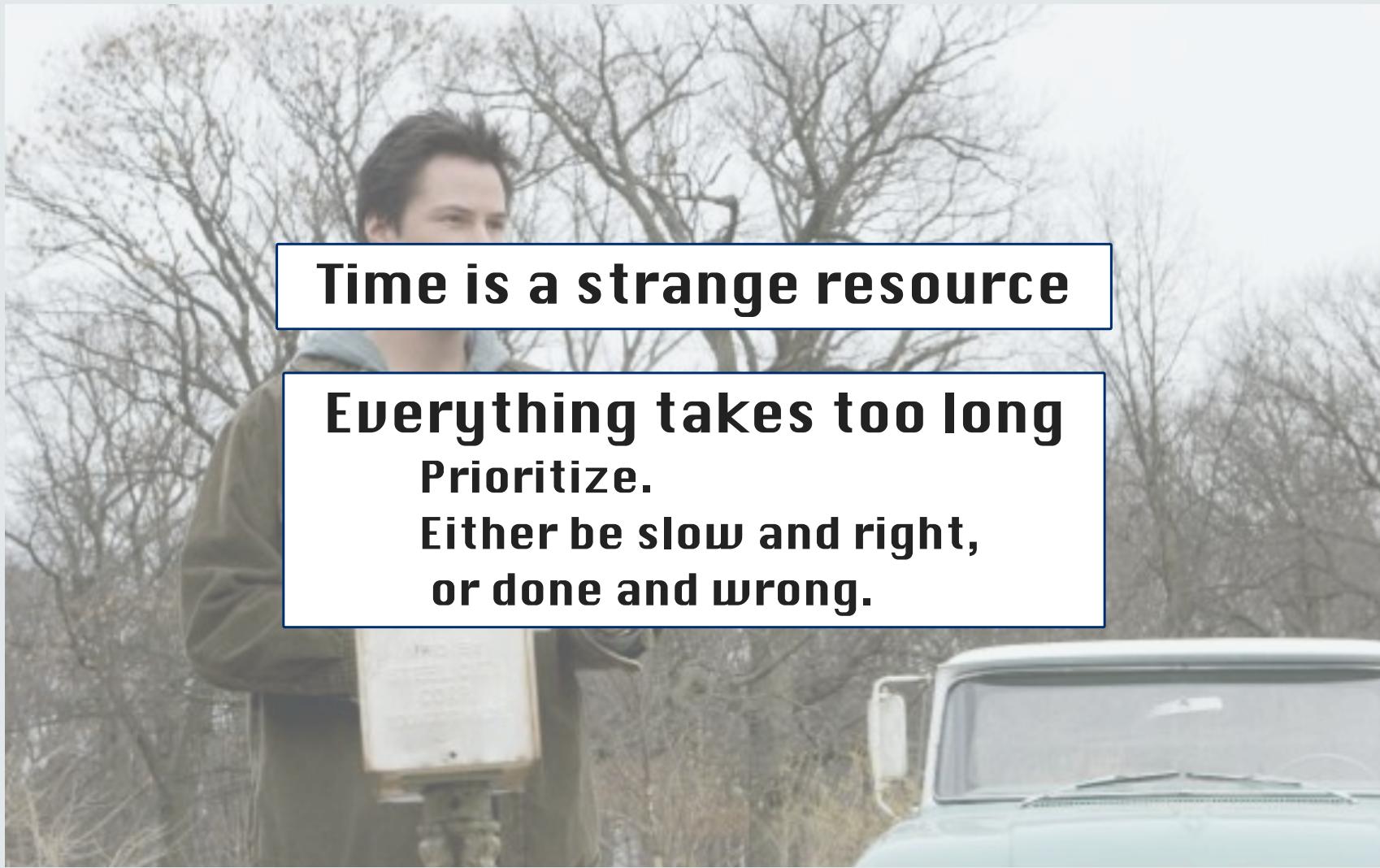
A photograph of a person sleeping in a dark tent on a grassy hillside. In the background, a large wooden cabin sits on stilts over water, with the sun setting behind it. The foreground shows bare branches and fallen leaves.

**Sleep
4 or 8hr**

Drink water.



Time is a strange resource



Time is a strange resource

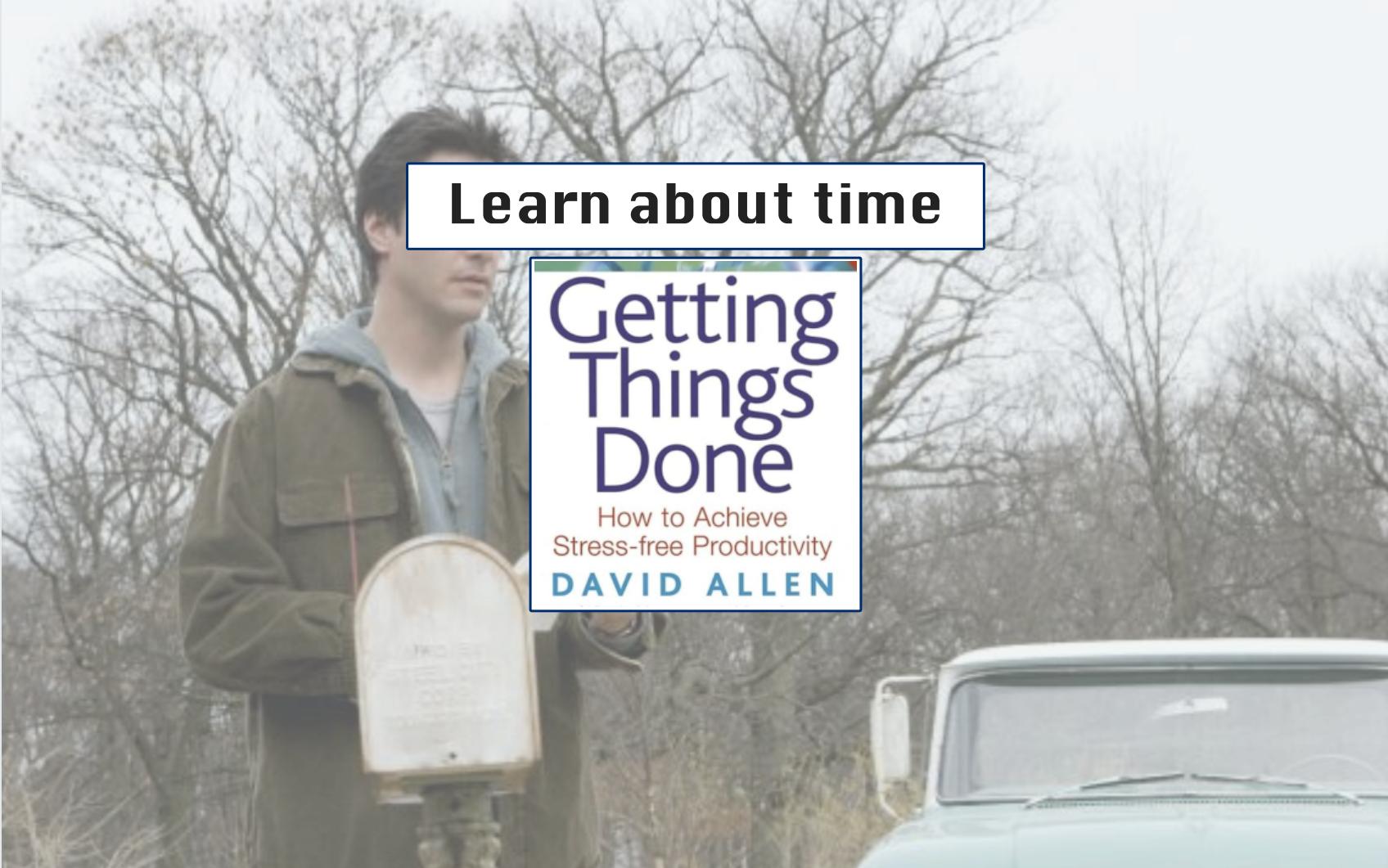
Everything takes too long

Prioritize.

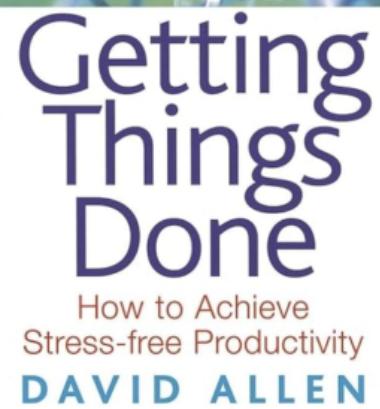
**Either be slow and right,
or done and wrong.**

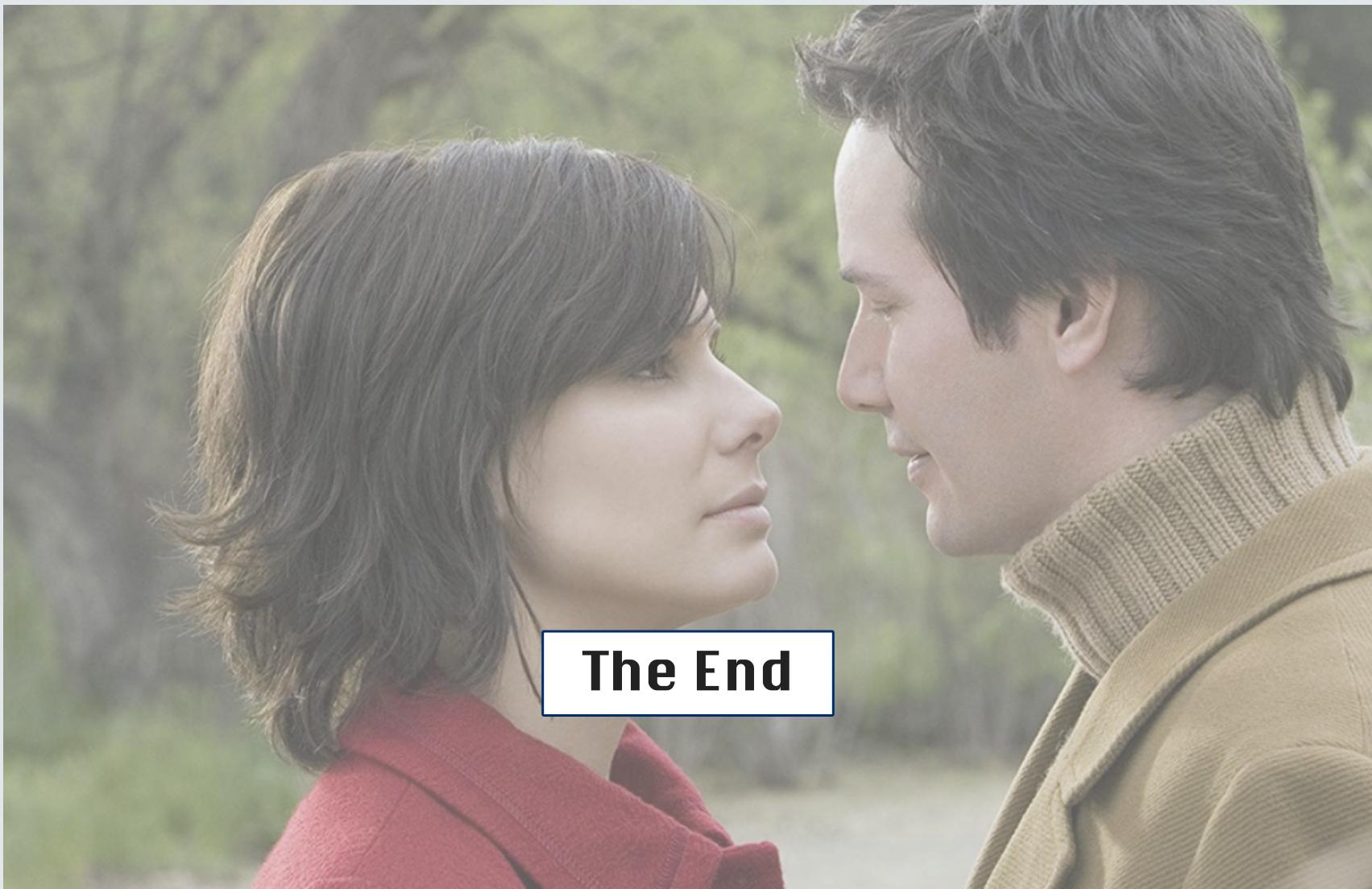


You have control



Learn about time





The End

