

sample one bag packing list

clothing

- ☐ T-shirts (4)
- ☐ Hoodie
- ☐ Sweater
- ☐ Shorts (1)
- ☐ Pants (1)
- ☐ Bathing suit
- ☐ Long-sleeve base layer
- ☐ Pair of long underwear or tights
- ☐ Boxer briefs (4)
- ☐ Socks (4 pairs)
- ☐ Rain jacket or poncho
- ☐ Down puffy
- ☐ Sneakers
- ☐ Sandals
- ☐ Buff

toiletries (inside a ziplock bag or a lightweight pencil case)

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Towel
- ☐ Deodorant
- ☐ Floss

tech

- ☐ Laptop
- ☐ Tech bag
- ☐ Chargers
- ☐ Extras: mouse, keyboard, laptop stand, power bank, tablet, etc.

first aid kit

- ☐ Band-aids
- ☐ Butterfly bandages
- ☐ Antiseptic solution
- ☐ Ibuprofen or similar
- ☐ Tweezers
- ☐ Nail clippers
- ☐ Lip balm or vaseline