***Tape #1***

|  |  |
| --- | --- |
|  | ***Personal*** |
| D. | Hello. |
|  | ***Personal*** |
| P. | Hi. |
|  | ***Unintel*** (unintelligible remark) |
|  | ***Personal*** |
| D. | Hi, I'm Dr. --- . |
|  | ***Personal*** |
| P. | Dr. --- . |
|  | ***Personal Personal*** |
| D. | Yeah. / Nice to meet you. |
|  | ***Gives-Med*** |
| P. | I have had a sore throat, and... |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | Well...since Christmas... |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med Concern*** |
| P. | This has been going on. / And I really have a problem with swollen glands. |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med Gives-Thera*** |
| P. | I went to a Dr. --- last Monday. / And he put me on Eryc for five days. / And I |
|  | ***Gives-Med Gives-Med*** |
|  | still have the sore throat and the swollen glands. / And I called him Wednesday... |
|  |  |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Gives-Med*** |
| P. | And he hadn't gotten the results from these tests that he took... |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Med Crit*** |
| P. | Until this week, / so it was a whole week before he got these results back. |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | And he's the one that was mentioning that my glands were swollen under my arms and |
|  | ***Gives-Med*** |
|  | this./ So he said he was going to take a mono test. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Med*** |
| P. | But he said they came out negative. / But I told him Wednesday that |
|  | ***Crit*** |
|  | I still wasn’t feeling well... |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Gives-Med*** ***Concern*** |
| P. | And he said you're just going to have to wait it out./ But it's just been so long that I |
|  | ***Crit*** |
|  | thought, / well, maybe I should just get a second opinion, you know. |
|  | ***Agree ? P/S*** |
| D. | Okay. / What concerns you the most...would you say? |
|  | ***Concern Concern*** |
| P. | Well...I have no appetite and I have swollen glands. /And that's what's bothering me |
|  | the most. |
|  | ***Agree ? P/S*** |
| D. | Okay. / And what would you hope that I could do, for you? |
|  | ***Concern*** |
| P. | Ah...just tell me what it is and how soon I can get rid of it. |
|  | ***Laughs*** (both laugh) |
|  | ***Agree Checks*** |
| D. | Okay. / So you want to know what's going on... |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Checks*** |
| D. | And you want to get rid of it...as soon as possible. |
|  | ***Agree Gives-L/S Gives-Med*** |
| P. | As soon as possible. / Because you know I work and... / I've been having to take off. / |
|  | ***Concern***   ***Gives-Med*** |
|  | And it's just too much. / I took a whole week off of work last week too. / And I figured, |
|  | ***Concern Concern*** |
|  | well, with that I should be over this but... / It's like it's just as bad as it was before I. |
|  | went. |
|  | ***Agree Orient*** |
| D. | Okay. / So let me get this, let me get it straight. / Um...you started having a |
|  | ***Checks*** |
|  | sore throat at Christmastime. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***Agree ? Med*** |
| D. | Okay. / And did you have anything else going on? |
|  | ***Gives-Med Gives-Med*** |
| P. | Ah...diarrhea and vomiting I've had. / And this is on and off I've had this. |
|  |  |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Med Gives-Med*** |
| P. | Like one day I'll be doing really good / and the next day I'm not doing good at all and... |
|  | ***[?] Med*** |
| D. | Is that since Christmas? |
|  | ***Gives-Med*** |
| P. | This is since Christmas... |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Med*** |
| P. | That this has been going on. |
|  | ***? Med*** |
| D. | And do you have any pain with that, in the abdomen or...? |
|  | ***Gives-Med Gives-Med*** |
| P. | Well, with the diarrhea I do. / Because I have colitis. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Concern*** |
| P. | So that has been acting, just kicking up terrible with this, so... |
|  | ***Agree Agree [?] Med*** |
| D. | Okay. / Alright. / Do you know what kind of colitis it...you know, it's called / |
|  | ***? Med*** |
|  | Or... or...? |
|  | ***Gives-Med*** |
| P. | I'm not sure./ But, ah...I will, I, first time I ever got it I was 16, was my first attack |
|  | ***Gives-Med*** |
|  | I ever had... |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | But I notice I've had it with my periods more than anything else. |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | That's the basic time when I get it really bad. |
|  | ***Agree Agree Checks*** |
| D. | Okay. / Alright. / So that's been acting up worse. |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Checks*** |
| D. | So the diarrhea is sort of the same as the colitis... |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***Checks*** |
| D. | But worse. |
|  | ***Agree Agree*** |
| P. | But worse. / Yeah. |
|  | ***Agree [?] Med*** |
| D. | Okay. / And the sore throat's been constant since Christmas? |
|  | ***Gives-Med*** |
| P. | Constant. |
|  | ***Checks*** |
| D. | It hasn't gone away. |
|  | ***Agree*** |
| P. | It hasn't gone away. |
|  | ***Agree [?] Med*** |
| D. | Okay. / And when did you see Dr. --- again? |
|  | ***Gives-Med Gives-Med*** |
| P. | A week ago from this Monday./ The past Monday. |
|  | ***Agree Agree Checks*** |
| D. | Okay. / Alright. / So...almost two weeks from today. |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***[?] Med*** |
| D. | He did a throat culture? |
|  | ***Gives-Med*** |
| P. | He did a throat culture. |
|  | ***[?] Med*** |
| D. | Did he get blood tests then? |
|  | ***Gives-Med Gives-Med*** |
| P. | He took a blood test. / Yeah. |
|  | ***Agree [?] Thera*** |
| D. | Okay. / And he gave you an antibiotic? |
|  | ***Gives-Thera Gives-Thera Gives-Thera Gives-Thera*** |
| P. | Eryc. / Yeah./ E-R-Y-C. / And I was on that for five days. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Thera*** |
| P. | Didn't help. |
|  | ***Checks Agree Checks*** |
| D. | Didn't help./ Alright. /And he got the throat culture. / Was the throat culture… |
|  | ***? Med*** |
|  | did it show anything? |
|  | ***Gives-Med*** |
| P. | He said they were both negative. |
|  | ***BC*** |
| D. | Okay. |
|  |  |
|  | ***Concern Concern*** |
| P. | So I'm wondering... / And I, you know, I wanted to get in for another appointment/ |
|  | ***Gives-Med Gives-Med*** |
|  | and he said it's nothing. / Just leave it alone. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Trans*** |
| P. | So... |
|  | ***Agree Agree Checks [?]Med*** |
| D. | Hmm. /Alright./Besides the sore throat you have the swollen glands. /Do they hurt? |
|  | ***Gives-Med*** |
| P. | Yes, they hurt. |
|  | ***[?] Med*** |
| D. | Where do they hurt? |
|  | ***Gives-Med*** |
| P. | Right in here. |
|  | ***Checks*** |
| D. | And you can feel the swelling. |
|  | ***Agree Gives-Med Laughs*** |
| P. | Yeah. / I can see the swelling. (laughs) |
|  | ***Agree Agree ? Med*** |
| D. | Ah-huh./ Okay. / And anything else along with the sore throat? / Like do you have |
|  | ***[?] Med***  ***[?] Med [?] Med*** |
|  | fever... / chills... / sweating? |
|  | ***Gives-Med Gives-Med*** |
| P. | On and off. / But that's not a constant thing. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Concern Laughs*** |
| P. | Just basically feel...lousy. (both laugh) |
|  | ***Checks ? Med*** |
| D. | Lousy. / Do you feel tired or...? |
|  | ***Gives-Med*** |
| P. | Oh, yeah, I've been more tired than I usually am. |
|  | ***Agree ? Med*** |
| D. | Okay. / Any problem with a cough? |
|  | ***Gives-Med Gives-Med*** |
| P. | Yeah, I have a cough. / Ah...I've had some, I get some phlegm up but not much. |
|  | ***Agree ? Med*** |
| D. | Okay./ Have you noticed the color or anything? |
|  | ***Gives-Med*** |
| P. | Brown. |
|  | ***Checks*** |
| D. | Brownish color. |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***Agree ? Med*** |
| D. | Okay. / Now, is this illness like anything you've had before? |
|  | ***Gives-Med*** ***Laughs*** |
| P. | No. / (laughs) |
|  | ***[?] Med*** |
| D. | Are you one to get colds frequently? |
|  | ***Gives-Med Gives-Med*** |
| P. | No. / Last year I didn't get a cold at all. |
|  | ***Agree [?] Med*** |
| D. | Okay. / And has anybody else...like has your husband had a cold recently? / |
|  | ***[?] Med*** |
|  | Anybody at work? |
|  | ***Gives-Med Gives-Med*** |
| P. | Ah...the woman I work for...had laryngitis./ She's 93. |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | Now she had a bad case of laryngitis around Christmas. / And then that cleared up |
|  | ***Gives-Med*** |
|  | and she's been fine. |
|  | ***Agree Trans Orient*** |
| D. | Okay. / Alright. / Let's take a look at you. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***? P/S*** |
| D. | Anything else been bothering you? |
|  | ***Gives-P/S*** |
| P. | No, not that I can think of. |
|  | ***Trans Orient Orient*** |
| D. | Alright./ I'm going to start...feeling your neck/and then I'm going to look in your ears. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Orient ?Permission*** |
| D. | And your mouth, / OK? |
|  | ***Agree*** |
| P. | Alright. |
|  | *(break in taping)* |
|  | ***Trans ? Med*** |
| D. | Okay./ Tell me if it's tender anywhere. |
|  | ***Gives-Med*** |
| P. | There it is, just a little. |
|  | ***[?] Med*** |
| D. | Which side? |
|  | ***Gives-Med*** |
| P. | Left. |
|  | ***Gives-Med*** |
| D. | You do have some swollen...glands. |
|  | ***Gives-Med Gives-Med*** |
| P. | Now that, that hurts in there / and it does hurt on this side too. |
|  | ***[?] Med*** |
| D. | Is that tender at all? |
|  | ***Gives-Med Gives-Med*** |
| P. | A little. / Especially on the side for some reason. |
|  | ***Agree Orient*** |
| D. | Okay. / I'd like you to swallow. / Have you noticed if your throat |
|  | ***? Med*** |
|  | hurts more when you swallow or...? |
|  | ***Gives-Med*** |
| P. | No I haven't noticed. |
|  | ***Checks Agree [?] Med*** |
| D. | No. /Okay. / Do your ears hurt at all? |
|  | ***Gives-Med Laughs*** |
| P. | The left one. (both laugh) |
|  | ***Gives-Med Gives-Med*** |
| D. | It actually looks okay right now./ Doesn't look like it's infected. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Orient*** |
| D. | Say `Ah.' |
|  | ***Gives-Other*** |
| P. | Ah... |
|  |  |
|  | ***[?] Med*** |
| D. | Have you had your tonsils out? |
|  | ***Gives-Med*** |
| P. | Ah-hmm. |
|  | ***Agree Orient*** |
| D. | Yeah./ I'm going to take a culture also. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Orient***  ***[?] Thera*** |
| D. | Okay, I'm going to have you open your mouth real big./ Do you know what this feels |
|  | like? |
|  | ***Gives-Thera Concern*** |
| P. | Yes. / I'm not very good at this. |
|  | ***Orient Concern*** |
| D. | I'm going to go down to rub./ I'll let you rest a second./ To get a good |
|  | ***Gives-Thera*** |
|  | culture you really have to... |
|  | ***Unintel*** |
|  | (unintelligible comment) |
|  | ***Approve Self-Dis Laughs Trans*** |
| D. | Great. / I'm not too good at that either./ (both laugh) / Okay. / I think I will |
|  | ***Orient*** |
|  | feel under your arms too. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Orient ? Understand*** |
| D. | Ah...I'm going to close the curtain there though, / OK? |
|  | ***Agree*** |
| P. | Okay. |
|  |  |
|  | ***Trans*** |
| D. | For whatever... |
|  | ***Trans Gives-Other*** |
| D. | Okay./ It doesn't unbutton there. |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***? Med [?] Med*** |
| D. | Have you had any chest pain at all or.../shortness of breath? |
|  | ***Concern Concern*** |
| P. | It's...weird./ My chest feels funny. |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Gives-Med Gives-Med*** |
| P. | It doesn't feel like it hurts really / but I get so I can't really get enough breath in. |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Concern Laughs*** |
| P. | You know, but it's not...it's the strangest thing, you know... / (laughs) |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Concern*** |
| P. | It's hard to explain. |
|  | ***Agree ? Med ? Med*** |
| D. | Ah-hmm. / How about when you cough? / Any pain there at all? |
|  | ***Gives-Med*** |
| P. | Not really. |
|  | ***? Med*** |
| D. | How's your appetite been? |
|  | ***Concern Concern*** |
| P. | Terrible. / I haven't really been able to eat. |
|  | ***Agree [?] Med*** |
| D. | Ah-hmm./ Since when? |
|  | ***Gives-Med Gives-Med*** |
| P. | All this week, really./ Ah...Last night, the only thing I had yesterday was a bowl of |
|  | ***Concern Gives-Med*** |
|  | oatmeal./ That's all I could really stomach. /And the day before I didn't eat anything./ |
|  | ***Concern***  ***Laughs Concern Laughs*** |
|  | I really...it's strange / (laughs) /...I can't explain it./ (laughs) |
|  | ***? Med*** |
| D. | Have you lost any weight at all or...? |
|  | ***Gives-Med Gives-Med Gives-Med*** |
| P. | Oh yeah./ I feel as though I have./ I don't have a scale so I couldn't tell you for sure. |
|  | ***Agree ? Med [?] Med*** |
| D. | Okay. / How do your clothes fit?.../ Do they still fit okay? |
|  | ***Gives-Med*** |
| P. | Loose. |
|  | ***Checks*** |
| D. | They're a little bit loose? |
|  | ***Agree*** |
| P. | Loose. |
|  | ***Agree*** |
| D. | Okay./ And how long would you say the appetite problems have |
|  | ***[?] Med*** |
|  | been going on --just for a week? |
|  | ***Gives-Med*** |
| P. | About two weeks. |
|  | ***Checks*** |
| D. | Two weeks. |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Agree Orient*** |
| D. | Alright. / I want you to open your mouth and breathe in and out. |
|  | ***Agree*** |
| P. | (patient coughs) I'm sorry. |
|  | ***Agree*** |
| D. | That's okay. |
|  | ***Trans Orient Orient Orient*** |
| D. | Okay. / Let's see in the front./ Deep breath./ Okay, now just breathe normal. |
|  | ***Orient*** |
| D. | I'm going to go under your arm. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Unintel*** |
|  | (unintelligible comments) |
|  | ***Concern*** |
| D. | That hurts a little bit. |
|  | ***Laughs R/O*** |
| P. | (laughs) That's alright. |
|  | ***Orient Approve*** |
| D. | There you go./ Good. |
|  | ***Unintel***  ***Laughs*** |
|  | (unintelligible comment about curtain--both laugh) |
|  | ***Trans Trans*** |
| D. | Okay./ Let's see here. |
|  | ***Trans Gives-Med*** |
| D. | Okay, ah.. /What I find on your exam is that you do have swollen glands on both |
|  | ***Gives-Med Gives-Med*** |
|  | sides. /Your throat is...is mildly red./ It doesn't look really inflamed... |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Gives-Med*** |
| D. | And it doesn't have any pus in it that, you know, would show an... |
|  | ***Agree Checks*** |
| P. | Yeah./ Like strep. |
|  | ***Gives-Med Agree Gives-Med*** |
| D. | Infection./ Yeah. /Ah...What your symptoms sound like, you know, just feeling tired/ |
|  | ***Gives-Med Gives-Med*** |
|  | ah...having the sore throat and the swollen glands, /you know it does sound more |
|  | ***Gives-Med*** ***Gives-Med*** |
|  | like a viral infection,/ and your colitis has flared up./ It sort of goes along with a viral |
|  | ***Gives-Med*** |
|  | infection./You know there could be other things that could cause it. / Ah… you know if |
|  | ***Gives-Med*** |
|  | your doctor did get a blood test, like blood cell count, / you know that would help... |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***Gives-Med***  ***Gives-Med*** |
| D. | Us figure out what else could be causing it. / But it really sounds...like... |
|  | ***Checks*** |
| P. | A viral infection. |
|  | ***Gives-Med*** |
| D. | Like a viral infection./ And a lot of times viral infections can just linger on like |
|  | ***Gives-Med*** |
|  | for two or three weeks./ I mean it has been...what, almost...Well it's been about |
|  | ***Gives-Med*** |
|  | three weeks now... |
|  | ***Checks Agree*** |
| P. | Three weeks./ Yeah. |
|  |  |
|  | ***R/O*** |
| D. | And that's not real uncommon really. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***R/O*** |
| D. | To linger on. |
|  | ***Concern Concern*** |
| P. | I just wanted to make sure./ You know, because it just seemed terrible funny / |
|  | ***Gives-Med*** |
|  | because I'm generally not sick at all, you know… |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Concern*** |
| P. | And...I just wondered that... |
|  | ***R/O Laughs R/O*** |
| D. | It's been going around./ (Both laugh) / And it's really not...not that uncommon |
|  | ***C-Med/Thera*** ***Gives-Thera*** |
|  | to have it drag on./ Now in terms of what you can do, ah... /We'll send a culture along. / |
|  | ***Gives-Thera Gives-Thera*** |
|  | See what it shows up. / I would probably prefer calling your doctor's office / |
|  | ***Gives-Thera*** |
|  | and seeing what the results of the blood tests were that he got. |
|  | ***Agree Gives-Med Gives-Med*** |
| P. | Okay. / They were negative./ He told me. |
|  | ***Agree Checks*** |
| D. | Okay./ The mono test. |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  |  |
|  | ***Agree [?] Med*** |
| D. | Okay./ Did he do your white blood cell count? |
|  | ***Gives-Med*** |
| P. | No. |
|  | ***Checks*** |
| D. | He didn't do that one? |
|  | ***Agree Gives-Med*** |
| P. | No. / He just took mono and the strep. |
|  | ***Agree Gives-Thera Gives-Thera*** |
| D. | Okay./ Let's go ahead and get that test./ The white blood cell count sort of shows, ah…/ |
|  | ***Gives-Thera*** |
|  | If there's an infection going on it'll help show it./ And sometimes it'll help |
|  | ***Gives-Thera*** |
|  | differentiate between virus and bacteria infections. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Gives-Thera*** |
| D. | Sometimes. |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Gives-Thera*** |
| D. | So we'll go ahead and get that test, the blood test./ And in terms of what you |
|  | ***C-Med/Thera*** |
|  | you can do... |
|  | ***Concern*** |
| P. | (patient sighs) |
|  | ***C-Med/Thera Laughs*** |
| D. | To feel better... (both laugh) |
|  | ***Gives-Med*** |
| D. | As you know, viruses...you know there's not any cure for viruses. |
|  | ***Agree*** |
| P. | Right. |
|  | ***C-Med/Thera*** |
| D. | And the best thing to do is the same thing you've heard.... / People tell you, you |
|  | ***C-Med/Thera*** |
|  | know, we tell people to do for ages and that's just rest.../ you know, take aspirin or |
|  | ***C-Med/Thera*** |
|  | Tylenol for your sore throat or for any aches and pains you have. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***C-Med/Thera*** |
| D. | Drink lots of fluids... |
|  | ***Checks*** |
| P. | Lots of fluids... |
|  | ***Laughs*** |
|  | (both laugh) |
|  | ***R/O*** |
| D. | And it doesn't sound like anything serious is going on. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Gives-Med*** |
| D. | You know, your loss of appetite will go along with the virus too. /And since you |
|  | ***Gives-Med*** ***Gives-Thera*** |
|  | aren't eating you're going to lose weight./But let's get the white blood cell count... |
|  | ***Agree*** |
| P. | Alright. |
|  | ***Gives-Thera*** |
| D. | Just to make sure. |
|  | ***Checks Agree*** |
| P. | Just to make sure./ Okay. |
|  | ***? Understand*** |
| D. | Okay? |
|  | ***Agree R/O Gives-P/S*** |
| P. | Yeah. / I feel a lot better, just.../ I needed that second opinion just to, you know, / |
|  | ***Concern*** |
|  | because it seemed awful funny that the tests didn't come in for all that time and then../ |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Trans*** |
| P. | You know... |
|  | ***Concern*** |
| D. | And you continued to feel bad. |
|  | ***Agree*** ***Concern*** |
| P. | Yeah./ And it's like `Oh, no!' |
|  | ***Laughs*** |
|  | (both laugh) |
|  | ***Legit*** ***Trans*** ***[?] Thera*** |
| D. | I can't blame you./ Okay. / In terms of finding out what the results are now, from the |
|  | blood tests...? |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***[?] Thera*** |
| D. | Do you want us to have them sent to Dr...--- office? |
|  | ***Gives-Thera*** |
| P. | --- office. |
|  | ***Checks*** |
| D. | --- office? |
|  | ***Disagree*** |
| P. | No. |
|  |  |
|  | ***Gives-Thera*** |
| D. | Ah...we could send them to the doctor's office who's on call today, / which means the |
|  | ***Gives-Thera*** |
|  | doctor covers all the patients who are seen in the emergency room. / |
|  | ***C-Med/Thera*** |
|  | And you could call to find out... |
|  | ***Agree*** |
| P. | Okay. |
|  | ***C-Med/Thera*** |
| D. | What the results are. |
|  | ***R/O*** |
| P. | That would be best. |
|  | ***Agree*** ***C-Med/Thera*** ***C-Med/Thera*** ***C-Med/Thera*** |
| D. | Okay./ It's a group of doctors./ Dr. --- and Dr.---/ And I have their card here. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Agree*** ***C-Med/Thera*** |
| D. | Okay./ It has their telephone number on it./ And why don't you allow...ah... |
|  | ***C-Med/Thera*** |
|  | at least a day for the results. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Agree*** ***C-Med/Thera*** |
| D. | Okay./ Call tomorrow afternoon. |
|  | ***Agree*** |
| P. | Alright. |
|  | ***C-Med/Thera*** |
| D. | To their office or the next morning. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***? Understand*** |
| D. | Okay? |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Agree*** ***Concern*** |
| D. | Alright./ I hope you feel better. |
|  | ***Concern*** ***Laughs*** |
| P. | I hope so too. (both laugh) |
|  | ***Trans*** ***Trans*** ***Orient Orient*** |
| D. | Okay./ Let's see./ I think I'm supposed to write something down here.../ your |
|  | ***C-Med/Thera*** ***C-Med/Thera***  ***C-Med/Thera*** |
|  | instructions. / Rest.../ You can take one to two aspirins every four hours.../ sore |
|  | ***C-Med/Thera C-Med/Thera*** ***? Understand*** |
|  | throat…/ cough…/ the blood test results.../Okay? |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Orient*** |
| D. | You're supposed to sign right down there... |
|  | ***Agree*** |
| P. | Alright. |
|  | ***Orient*** ***Orient*** |
| D. | And I'll give you a copy of that./ And then we'll go out and get the blood work done |
|  | ***Agree*** |
| P. | Alright. |
|  | ***Agree*** |
| D. | Alright. |

***Tape #2***

|  |  |  |
| --- | --- | --- |
|  | | ***Personal*** |
| D. | | Mr. ---, how are you? |
|  | | ***Personal*** |
| D. | | I'm Dr. --- |
|  | | ***Concern*** |
| P. | | Oh, not so good, doctor. |
|  | | ***Orient*** ***? Opinion*** |
| D. | | Have a seat up there on the examining table.../ And, ah, tell me what your problem is. |
|  | | ***Gives-Med*** ***Gives-Med*** |
| P. | | I...I get...short of breath most everything I / ...well, most active thing...I do. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-huh./ How long have you had this? |
|  | | ***Gives-Med*** |
| P. | | It's been going on about...gradually about 8 or 10 years. |
|  | | ***[?] Med*** |
| D. | | Is it getting worse now? |
|  | | ***Gives-Med*** |
| P. | | Yeah. |
|  | | ***[?] L/S*** |
| D. | | Do you work or are you retired? |
|  | | ***Gives-L/S*** |
| P. | | I'm retired. |
|  | | ***[?] L/S*** |
| D. | | How long have you been retired? |
|  | | ***Gives-L/S*** |
| P. | | Six years. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-hmm./ Does this shortness of breath occur when you're resting or more when |
|  | | you exert yourself? |
|  | | ***Gives-Med*** |
| P. | | More with exertion. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-huh./ Do you ever wake up at night short of breath? |
|  | | ***Gives-Med*** |
| P. | | No. |
|  | | ***[?] Med*** |
| D. | | Or wheeze at night? |
|  | | ***Gives-Med*** |
| P. | | Ah...unless I have a coughing spell. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-hmm, ah-hmm./ Do your legs swell up at all? |
|  | | ***Gives-Med*** |
| P. | | No. |
|  | | ***[?] Med*** |
| D. | | Your ankles? |
|  | | ***Gives-Med*** |
| P. | | No. |
|  | | ***Agree*** ***[?] L/S*** |
| D. | | Ah-huh./ Do you smoke? |
|  | | ***Gives-L/S*** |
| P. | | Yeah. |
|  | | ***[?] L/S*** |
| D. | | How much do you smoke? |
|  | | ***Gives-L/S*** |
| P. | | Ah...I'm down to about a half a pack a day. |
|  | |  |
|  | | ***Agree*** ***[?] L/S*** |
| D. | | Ah-huh./ You had smoked heavier than this at one time? |
|  | | ***Gives-L/S*** |
| P. | | Yes sir. |
|  | | ***[?] L/S*** |
| D. | | How much did you use to smoke? |
|  | | ***Gives-L/S*** |
| P. | | Ah...for about 30 years I smoked about a pack and a half a day. |
|  | | ***[?] L/S*** |
| D. | | When did you cut down on your smoking? |
|  | | ***Gives-Med*** |
| P. | | I saw a doctor... |
|  | | ***BC*** |
| D. | | Ah-hmm. |
|  | | ***Gives-Med*** |
| P. | | Recently and... |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-hmm./ And he told you to quit smoking? |
|  | | ***Gives-Med*** |
| P. | | Yeah. |
|  | | ***[?] Med*** |
| D. | | Did he tell you what your problem was, what your diagnosis is? |
|  | | ***Gives-Med*** |
| P. | | Yeah. |
|  | | ***? Med*** |
| D. | | What? |
|  | | ***Gives-Med*** |
| P. | | Well, ah, he sent me to a lab for a breathing test. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-hmm./ And did he tell you what the results of those tests were? |
|  | | ***Gives-Med*** ***Gives-Med*** ***Gives-Med*** |
| P. | | Yeah. / I breathed into a machine and, ah/...they said I had medium emphysema / |
|  | | ***Gives-Med*** |
|  | | Whatever that is. |
|  | | ***Checks*** ***[?] Thera*** |
| D. | | Medium emphysema./ Did he give you medicine? |
|  | | ***Gives-Thera*** |
| P. | | Yes sir. |
|  | | ***? Thera*** |
| D. | | What kind of medicine did he give you? |
|  | | ***Gives-Thera*** |
| P. | | Ah, little white pills. |
|  | | ***Agree*** ***[?] Thera*** |
| D. | | Ah-hmm./ How many a day? |
|  | | ***Gives-Thera*** |
| P. | | Three a day. |
|  | | ***Agree ? Thera*** |
| D. | | Ah-hmm./ You don't know the name of them or what they are? |
|  | | ***Gives-Thera*** ***Concern*** ***[?] Thera*** |
| P. | | Yeah, yeah./ I may not pronounce it right. / Is it aminophylline? |
|  | | ***Checks*** ***Gives-Thera*** |
| D. | | Aminophylline?/ Ah-huh. |
|  | | ***? Reassure*** |
| P. | | Is that correct? |
|  | | ***Gives-Thera*** ***[?] Thera*** |
| D. | | That's correct, yeah./ Is that the only pills you took? |
|  | | ***Gives-Thera*** |
| P. | | Ah...Yeah, well when I had chest colds they would give me some, ah... |
|  | | ***BC*** |
| D. | | Ah-huh. |
|  | | ***Gives-Thera*** |
| P. | | Antibiotics. |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-hmm./ Have you ever been in the hospital with this problem? |
|  | | ***Gives-Med*** |
| P. | | No. |
|  | | ***Checks*** |
| D. | | No, then you've never been in the hospital then for anything like this. / |
|  | | ***[?] Med*** |
|  | | Have you ever had heart trouble? |
|  | | ***Gives-Med*** |
| P. | | No. |
|  | | ***[?] Med*** |
| D. | | High blood pressure? |
|  | | ***Gives-Med*** |
| P. | | Not that I know of. |
|  | | ***[?] Med*** |
| D. | | Sugar? |
|  | | ***Gives-Med*** |
| P. | | That's alright. |
|  | | ***[?] Med*** |
| D. | | Do you cough mucous up every day--phlegm? |
|  | | ***Gives-Med*** ***Gives-Med*** |
| P. | | Usually in the morning I cough up some … ah (cough)/ ...yellow, green phlegm / |
|  | | ***Trans*** |
|  | | Yeah… |
|  | | ***Agree*** ***[?] Med*** |
| D. | | Ah-huh./ Do you get a lot of colds? |
|  | | ***Gives-Med*** |
| P. | | About two...one or two every winter... |
|  | | ***BC*** |
| D. | | Ah-huh. |
|  | | ***Gives-Med*** |
| P. | | Chest colds like. |
|  | | ***Agree*** ***Trans*** ***? Med*** |
| D. | | Ah-huh /...Ah.../ Have you ever had any operations? / |
|  | | ***? Med*** |
|  | | Been in the hospital for any particular reason at all? |
|  | | ***Gives-Med*** |
| P. | | Yes sir. |
|  | | ***? Med*** |
| D. | | What? |
|  | | ***Gives-Med*** ***Gives-Med*** |
| P. | | I had, I think it was 1964, / I had, they called it a blocked artery... |
|  | | ***BC*** |
| D. | | Ah-huh. |
|  | | ***Gives-Med*** |
| P. | | And, ah, on the right side... |
|  | | ***BC*** |
| D. | | Ah-huh. |
|  | | ***Gives-Med*** |
| P. | | And, they corrected that with an operation they called a sympathectomy? |
|  | | ***Agree*** ***Checks*** |
| D. | | Ah-huh, ah-huh./ For a blocked artery. |
|  | |  |
|  | | ***Agree*** |
| P. | | Yeah. |
|  | | ***[?] Med*** |
| D. | | Did that help you? |
|  | | ***Gives-Med*** |
| P. | | Yeah. |
|  | | ***? Med*** |
| D. | | Any other operations? |
|  | | ***Gives-Med*** ***Gives-Med*** |
| P. | | Yeah.. / I had an aneurysm in the aorta, in 1975... |
|  | | ***BC*** |
| D. | | Ah-hmm. |
|  | | ***R/O*** |
| P. | | And, ah... I made a good recovery. |
|  | | ***BC*** |
| D. | | Ah-hmm. |
|  | | ***Comp*** |
| P. | | Good surgeon. |
|  | | ***? Thera*** |
| D. | | Are you allergic to any medicines at all? |
|  | | ***Gives-Thera*** |
| P. | | None that I know of. |
|  | | ***? L/S*** |
| D. | | What kind of work did you do? |
|  | | ***Gives-L/S*** |
| P. | | I was a hardware...merchant, salesman. |
|  | | ***[?] L/S*** |
| D. | | Never worked around coal mines or around industrial dust or factories or smoke / |
|  | | ***? L/S*** |
|  | | or anything like that? |
|  | | ***Gives-L/S*** |
| P. | | Ah...Bethlehem Steel...way back in 1943. |
|  | | ***[?] L/S*** |
| D. | | How many years? |
|  | | ***Gives-L/S*** |
| P. | | Not many. |
|  | | ***BC*** |
| D. | | Oh. |
|  | | ***Gives-L/S*** |
| P. | | Two. |
|  | ***? Med*** ***[?] Med*** | |
| D. | Do you have any trouble digesting your food,/ swallowing your food, / | |
|  | ***[?] Med*** ***? Med*** | |
|  | moving your bowels at all/ any difficulty urinating? | |
|  | ***Gives-Med*** | |
| P. | Ah...I have to get up at night and urinate. | |
|  | ***Agree*** ***? Med*** | |
| D. | Ah-huh./ You haven't had any blood with your bowel movement, / | |
|  | ***? Med*** | |
|  | no blood with your bowel movements or anything like that? | |
|  | ***Gives-Med*** | |
| P. | No sir. | |
|  | ***Trans*** ***Orient***  ***?Permission*** | |
| D. | Okay, Mr. --- / Do you want to take your shirt off / so I can check you, please? | |
|  | ***Agree*** ***[?] Other*** | |
| P. | Ah-hmm. / Is this alright up here? | |
|  | ***Gives-Other Agree*** ***Orient Concern*** | |
| D. | Sure, sure. / Yeah. / Or I'll just lay it down on this chair here./ I don’t want it to fall. | |
|  |  | |
|  | *(patient coughs)* | |
|  | ***[?] Med*** | |
| D. | You cough quite a bit, don't you? | |
|  | ***Gives-Med*** | |
| P. | Yeah, ah-huh. | |
|  | ***[?] Med*** | |
| D. | Do you wheeze sometimes too? | |
|  | ***Gives-Med*** | |
| P. | Yeah. | |
|  | ***Orient*** | |
| D. | Just have a seat on the table here. | |
|  | ***Agree*** | |
| P. | Yes sir. | |
|  | ***Orient*** | |
| D. | Just sit up with your feet over the side please. | |
|  | ***[?] L/S*** | |
| D. | Do you live right in Baltimore or do you live in the suburbs? | |
|  | ***Gives-L/S*** | |
| P. | Suburbs. | |
|  | ***Agree*** ***[?] L/S*** | |
| D. | Ah-hmm./ Is there much smoke or smog or pollution where you live? | |
|  | ***Gives-L/S*** | |
| P. | Not as much as here. | |
|  | ***Agree*** ***Gives-L/S*** | |
| D. | Ah-huh./ There's a lot around here... | |
|  | ***Agree*** | |
| P. | Ah-huh. | |
|  | ***Gives-L/S*** | |
| D. | Especially today. | |
|  | ***Agree*** | |
| P. | Ah-huh. | |
|  | ***[?] Med*** | |
| D. | Do the atmospheric conditions seem to bother you at all? | |
|  | ***Gives-Med*** | |
| P. | A little bit. | |
|  | ***Agree*** | |
| D. | Ah-hmm. | |
|  | ***Orient*** ***Orient*** | |
| D. | Just open your mouth real widely now./ And lift up your tongue please. / | |
|  | ***Orient*** ***[?] Med*** | |
|  | Just look at the white spot on the wall./ Have you ever experienced chest pains when | |
|  | ***[?]Med*** | |
|  | you exert yourself /or when you go outside and it's cold? / Have you ever had to take | |
|  | ***[?] Thera*** ***[?] Thera*** | |
|  | medication for chest pain? / ...Or pressure in your chest? | |
|  | ***Gives-Med*** | |
| P. | No, my ribs ache after a coughing spell. | |
|  | ***Agree*** | |
| D. | Ah-huh. | |
|  | ***Agree*** | |
| P. | Excuse me. | |
|  | ***Orient*** ***Orient*** | |
| D. | Take a deep breath please./ Just lay down please for a second--on your back. / | |
|  | ***Orient*** | |
|  | Unbutton your pants, Mr. ---. /... Why didn't you go back to that other doctor who | |
|  | ***? Med*** | |
|  | prescribed the, ah...medicines for you, the animophylline? | |
|  | ***Gives-Med*** | |
| P. | He died. | |
|  | ***Checks*** | |
| D. | Oh, he died. | |
|  | ***Agree*** | |
| P. | Ah-hmm. | |
|  | ***[?] Thera*** | |
| D. | Did the medicine he gave you help you? | |
|  | ***Gives-Thera*** | |
| P. | Yes. | |
|  | ***[?] Thera*** | |
| D. | Did you take it every day or just when you needed it? | |
|  | ***Gives-Thera*** | |
| P. | I did for a whole week... | |
|  | ***BC*** | |
| D. | Ah-hmm. | |
|  | ***Gives-Thera*** | |
| P. | Then, I don't know, I felt better... | |
|  | ***BC*** | |
| D. | Ah-huh. | |
|  | ***Gives-P/S*** | |
| P. | And, it got to be such a bother, I... | |
|  | ***BC*** | |
| D. | Ah-hmm. | |
|  | ***Gives-Thera*** | |
| P. | I didn't keep up with it. | |
|  | ***Trans*** ***Orient*** ***Orient*** | |
| D. | Okay. / If you want to sit up and get dressed, Mr. --- / and I'll have my assistant | |
|  | ***Orient*** | |
|  | come in and take your temperature./ Then I'll have you come back to my office / | |
|  | ***Orient*** | |
|  | and I'll talk to you about your problem. | |
|  | ***Agree*** | |
| P. | Yes sir. | |
|  | ***Orient*** | |
| D. | I'll see you in a few minutes. | |
|  |  | |
|  | *(break in taping)* | |
|  |  | |
|  | ***Gives-Med*** ***Gives-Med*** | |
| D. | You might have emphysema/...bronchitis or asthma / ...But it sounds from | |
|  | ***Gives-Med*** | |
|  | your history and your examination like you have emphysema. | |
|  | ***Agree*** | |
| P. | Yeah. | |
|  | ***Gives-Med*** ***Gives-Med*** | |
| D. | That's an over-inflation of the air sacks in your lung / ...ah...and that is aggravated by | |
|  | ***C-L/S-P/S*** | |
|  | smoking cigarettes./ Ah- hmm...You should try to discontinue smoking completely. / | |
|  | ***C-L/S-P/S*** | |
|  | If you can't quit all of your smoking at one time, I advise over a period of a few | |
|  | ***C-L/S-P/S*** | |
|  | weeks / you gradually cut down one cigarette every other day / so that you're off the | |
|  | ***C-L/S-P/S*** ***Trans*** | |
|  | cigarettes in two three weeks./ Ah...or… | |
|  | ***Checks*** | |
| P. | That's a must? | |
|  | ***Concern*** ***C-L/S-P/S*** | |
| D. | That's a must./ Also I'd like you to drink a lot more fluids / …to loosen the mucous | |
|  | ***C-L/S-P/S*** | |
|  | you have in your chest. | |
|  |  | |
|  | ***Trans*** ***Agree*** ***? L/S*** | |
| P. | Like.../ pardon me/ like what? | |
|  | ***C-L/S-P/S*** ***C-L/S-P/S*** | |
| D. | More water. / I'd like you to get a cool mist vaporizer or humidifier to run in your | |
|  | ***C-L/S-P/S*** | |
|  | room a few hours a day, / so that the vapor in the air will help loosen the mucous that | |
|  | ***Gives-Med*** | |
|  | you have. / And if you're able to cough up this mucous, you will probably be able | |
|  | ***Gives-Med*** | |
|  | to get the air in and out of your lungs with less difficulty. / See, you have this thick | |
|  | ***Gives-Med*** | |
|  | yellow, green mucous / and this plugs your windpipe. | |
|  | ***Agree*** | |
| P. | I see. | |
|  | ***Gives-Thera*** ***Gives-Thera*** | |
| D. | I'm also going to send you to the hospital.../ to get a, ah...blood test to measure the | |
|  | ***Gives-Thera*** | |
|  | amount of oxygen in your blood. / And here in my office we can take your chest | |
|  | ***Gives-Thera*** | |
|  | x-ray / and do a breathing test on you to see, ah...how much difficulty you | |
|  |  | |
|  | have with breathing. | |
|  | ***Agree*** | |
| P. | I see. | |
|  | *Gives-Med* *R/O* | |
| D. | Some of your problem may be reversible. / You may be able to improve considerably | |
|  | ***C-Med/Thera*** | |
|  | /if you follow my advice. | |
|  | ***? Reassure*** | |
| P. | It gets better? | |
|  | ***R/O*** ***Concern*** ***R/O*** | |
| D. | Oh yes, it gets better. / Maybe not completely better, / but ah...significantly better. | |
|  | ***? Reassure*** | |
| P. | Can I play golf again? | |
|  | ***Concern*** | |
| D. | Ah...let's wait and see. | |
|  | ***Agree*** | |
| P. | Alright sir. | |
|  | ***C-L/S-P/S*** | |
| D. | That's a possibility. | |
|  | ***Agree*** | |
| P. | Ah-hmm. | |
|  | ***Gives-Thera*** | |
| D. | Ahm...I'm going to give you a prescription right now for some Ampicillin/ because | |
|  | ***Gives-Med*** | |
|  | you're coughing up this yellow green mucous. / Ahm... and I'm going to give you a | |
|  | ***Gives-Thera*** | |
|  | prescription for some colydil, ah, for breathing. | |
|  | ***? Thera*** | |
| P. | What's that do, doctor? | |
|  | ***Gives-Thera*** | |
| D. | Colydil is like aminophylline. | |
|  | ***Agree*** | |
| P. | Oh...ah-hmm. | |
|  | ***Gives-Thera*** ***Gives-Thera*** | |
| D. | And, ah...we'll see how you do. / I'll see you next week./ If you're not improved | |
|  | ***Gives-Thera*** | |
|  | as much as I'd like, I can give you some other kind of medications to take / | |
|  | ***Gives-Thera*** | |
| C | depending on the results of your blood test. | |
|  | ***Agree*** | |
| P. | Yes sir. | |
|  | ***Gives-Thera*** | |
| D. | So I'm going to give you the prescription for some ampicillin and colydil. / And  we'll | |
|  | ***Gives-Thera******C-Med/Thera*** | |
|  | get these tests. / And I'll see you in the office next week. / And if you have | |
|  | ***C-Med/Thera*** | |
|  | any problems, you give me a call over the phone | |
|  | ***Agree*** | |
| P. | Yes sir. | |
|  | ***? Understand*** | |
| D. | Okay? | |
|  | ***Agree*** ***Gives-L/S*** ***[?] L/S*** | |
| P. | Ah-hmm... / No smoking. / Gradually cut down? | |
|  | ***C-L/S-P/S*** | |
| D. | Gradually cut down so you don't smoke at all. | |
|  | ***Agree*** | |
| P. | Ah-hmm. | |
|  | ***C-Med/Thera*** | |
| D. | And, ah...If you have any problems...you, ah...give me...a call. | |
|  | ***? Thera*** | |
| P. | Like what? | |
|  | ***C-Med/Thera*** ***C-Med/Thera*** | |
| D. | Oh, if you get more short of breath...than you are now. / If it gets worse I’d like | |
|  | ***C-Med/Thera*** | |
|  | to know about it./ Or if your wheezing gets worse. | |
|  | ***Agree*** | |
| P. | Ah-hmm. | |
|  |  | |
|  | ***C-Med/Thera*** ***C-Med/Thera*** | |
| D. | We'll try you on this medicine / and I'll see you next week. | |
|  | *(phone rings)* | |
|  | ***Agree*** | |
| D. | Excuse me one second. | |
|  | *(doctor answers phone; brief conversation, lasting less than one minute)* | |
|  | ***Trans*** ***C-Med/Thera*** | |
| D. | Okay, Mr. --- / I'll see you next week. | |
|  | ***Approve*** | |
| P. | Thank you, doctor. | |
|  | ***Approve*** | |
| D. | You're welcome. | |
|  | ***Personal*** | |
| P. | Bye sir. | |
|  | ***Personal*** | |
| D. | Bye. | |

***Tape #5***

|  |  |
| --- | --- |
|  | ***Personal*** |
| D. | Good morning. |
|  | ***Personal Personal*** |
| P. | Good morning. / ----is my name. |
|  | ***Agree*** ***Orient*** |
| D. | Okay. / Have a seat here please. |
|  | ***Checks*** |
| P. | Right here? |
|  | ***Agree*** |
| D. | Yes, please. |
|  | ***Agree*** |
| P. | Alright. |
|  | ***[?] Med*** |
| D. | How do you spell your last name? |
|  | ***Gives-Med*** |
| P. | ----- |
|  | ***[?] Med*** |
| D. | And your first name? |
|  | ***Gives-Med*** |
| P. | ----- |
|  | ***[?] Med*** |
| D. | How old are you? |
|  | ***Gives-Med*** |
| P. | I'm 69 this month. |
|  | ***? Opinion*** |
| D. | And what's the trouble, today? |
|  | ***Gives-Med*** ***Concern Concern*** |
| P. | Well...it's a long story. / I got these terrible colds I get in my chest. / That's bad |
|  | ***Concern Concern*** |
|  | enough.../ but it's the shortness of breath that's got meconcerned. /And it's becoming |
|  | ***Gives-Med*** |
|  | worse./After each one of these colds, the shortness of breath becomes worse. |
|  | ***[?] Med*** |
| D. | How long would you say you've had this...a number of years? |
|  | ***Gives-Med*** |
| P. | Oh well I...it started about 2 years before I retired, which is... / about 6-7 years, |
|  | ***Gives-Med*** |
|  | between 6 and 7 years now. |
|  | ***? L/S*** |
| D. | What kind of work did you do? |
|  | ***Gives-L/S*** |
| P. | I was a clothing salesman...in, ah, you call it a men's haberdashery store. / |
|  | ***Gives-L/S*** |
|  | You know, you want a suit, shirt, underwear, the whole bit, ah, socks, shoes. / |
|  | ***Gives-L/S*** |
|  | Complete outfitter. |
|  | ***Agree*** ***? Thera*** |
| D. | Okay. / Do you take any medication now? |
|  | ***Gives-Thera Gives-Thera*** |
| P. | Oh, a couple of...no, I'm not taking any now. / I had some once...a couple of times... |
|  | ***Gives-Thera*** |
|  | but I'm not taking any now. |
|  | ***Agree*** ***? Med*** |
| D. | Okay. / Have you ever had any studies, any studies for your...?/ |
|  | ***? Med*** ***? Med*** |
|  | Any physical examinations? / Any x-rays? |
|  | ***Gives-Med*** ***R/O*** |
| P. | No. / I...I consider myself pretty healthy, I think I'm pretty healthy. / But this...ah... |
|  | ***Concern*** |
|  | increasing shortness of breath...has got me worried because, / as I say I'm pretty |
|  | ***Concern*** ***Trans*** |
|  | healthy but I know this is a bad sign for something. / But this cold's...still-- |
|  | ***[?] L/S*** |
| D. | Do you smoke? |
|  | ***Gives-L/S*** |
| P. | Yeah, I smoke. |
|  | ***[?] L/S*** |
| D. | How much? |
|  | ***Gives-L/S*** ***Agree*** |
| P. | Oh, I guess about a pack a day. / (coughs) Excuse me. |
|  | ***? Med*** |
| D. | Have you had any other serious illnesses in the past, any heart trouble? |
|  | ***Gives-Med*** ***Gives-Med*** ***R/O*** |
| P. | No... / No, I haven't had any. / That's the reason I say I think I'm pretty healthy. |
|  | ***[?] Med*** ***? Med*** |
| D. | No trouble with your kidneys? / Have you ever had any surgery? |
|  | ***Gives-Med*** |
| P. | When I was 9 years old. |
|  | ***? Med*** |
| D. | What kind of surgery? |
|  | ***Gives-Med*** |
| P. | Ah...appendicitis. |
|  | ***? Med*** |
| D. | Do you have any problems with headaches or dizziness? |
|  | ***Gives-Med*** |
| P. | No. |
|  | ***? Med*** |
| D. | Any trouble with your vision? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | I wear glasses for reading. / That's all. |
|  | ***[?] Med*** |
| D. | Do you sleep well at night? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | I think I sleep pretty good. / I get up...when I have the colds, why of course I |
|  | ***Gives-Med*** |
|  | don't...sleep too well. / Ah...I may get up and go the head once or twice. / |
|  | ***Gives-Med*** |
|  | But I sleep pretty good. |
|  | ***[?] Med*** |
| D. | Do you...is your cough pretty severe? |
|  | ***Checks*** ***Gives-Med*** |
| P. | With the colds? / Yeah, quite a lot of coughing and... |
|  | ***[?] Med*** |
| D. | Do you bring up some sputum? |
|  | ***Checks*** ***Gives-Med*** ***Laughs*** |
| P. | Phlegm? / Yeah. (laughs) |
|  | ***? Med*** |
| D. | Is this any time of day or night or is it worse at sometime? |
|  | ***Gives-Med*** |
| P. | Ah...well when I have the cold it's day and night, sure. |
|  | ***Orient*** ***? Med*** |
| D. | How about your...this shortness of breath. / Does anything bring it on for you? / |
|  | ***[?] Med [?] Med*** |
|  | Are...are you short of breath at night when you're sleeping or... / when you're laying |
|  | down? |
|  | ***Gives-Med*** ***Gives-Med Checks*** |
| P. | Well, a little bit. / But it isn't so bad as when I have the colds. / You say does |
|  |  |
|  | ***Gives-L/S*** |
|  | anything bring it on. / Ah...I like to ride my bike a little bit and that, ah... |
|  | ***Checks*** |
| D. | That makes it... |
|  | ***Gives-Med*** ***Gives-L/S*** |
| P. | That, ah, that makes it very noticeable. / So I don't ride my bike any more |
|  | like I used to. |
|  | ***[?] Med*** |
| D. | Can you walk down the street without shortness of breath? |
|  | ***Gives-Med*** ***[?] Med Gives-Med*** |
| P. | Well, I can walk, ah... / With or without the cold? / Because it's worse with the cold. |
|  | ***[?] Med*** |
|  | What do you mean--with or without the cold? |
|  | ***[?] Med*** |
| D. | When you don't have the cold you can walk, ah...? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | Well I can walk, ah, 3 blocks, 4 blocks / and...that's about a quarter of a mile I |
|  | ***Gives-Med*** |
|  | think, something like that. / And then I notice shortness of breath, yeah. |
|  | ***[?] Med*** |
| D. | Your appetite's good? |
|  | ***Gives-Med*** |
| P. | I think it is, yeah. |
|  | ***[?] Med*** |
| D. | No particular nausea or vomiting? |
|  | ***Gives-Med*** |
| P. | No. |
|  | ***[?] Med*** |
| D. | Bowels move alright? |
|  | ***Trans*** ***Laughs***  ***Laughs*** |
| P. | Oh... / I think I'm one of the regulars. (laughs) |
|  | ***[?] Med*** |
| D. | Pass your urine okay? |
|  | ***Gives-Med*** |
| P. | I think so. |
|  | ***? Med*** |
| D. | Anybody in your family have serious illnesses? / Brothers and sisters have any |
|  | ***? Med*** |
|  | serious problems with heart trouble or trouble with their lungs? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | Ah, I don't know of any lung problem. / I had 3 half brothers and a half sister. / |
|  | ***Gives-Med*** ***Gives-Med*** |
|  | I never had a full...relation. / But, ah...they were older, much older than I am. / |
|  | ***Gives-Med*** ***Gives-Med*** |
|  | They passed away. / They lived some place out of town. / I really can’t.... |
|  | ***Gives-Med*** |
|  | I don't know for sure exactly what they had except my sister. / She was in her |
|  | ***Gives-Med Gives-Med*** |
|  | late 70's, and she kind of got weak and infirmed. / I guess that's the right word. |
|  | ***Trans*** ***Orient*** |
| D. | Okay, let's ah... / I think now we'll slip your sweater and shirt off. |
|  | ***Concern*** |
| P. | Yeah, I like to think I'm pretty healthy and then this shortness of breath. / I guess it's |
|  | ***? Reassure*** |
|  | reason to be concerned about it, isn't it? |
|  | ***Legit*** |
| D. | Sounds that way, yes. |
|  | ***[?] Other*** |
| P. | Want me to take this shirt off? |
|  | ***Orient*** |
| D. | Yes, please. |
|  | ***Checks*** |
| P. | Right down to the bare... |
|  | ***Orient*** |
| D. | Just have a seat again please. |
|  | ***Agree*** |
| P. | Yes sir. |
|  | ***Orient*** |
| D. | I'll be back in just a minute. |
|  |  |
|  | *(doctor leaves room briefly)* |
|  |  |
|  | ***Personal*** |
| P. | What are you, about 6'4"? |
|  | ***Personal*** |
| D. | 6-5. |
|  | ***Personal*** |
| P. | 6-5. |
|  | ***R/O*** |
| D. | Blood pressure is good. |
|  | ***? Reassure*** |
| P. | It is? |
|  | ***R/O*** ***Gives-Med*** |
| D. | Yeah. / 140/80. |
|  | ***? Reassure*** ***Laughs*** |
| P. | That's one thing in my favor, maybe, huh? (laughs) |
|  | ***Orient*** |
| D. | Let's just listen here. |
|  | ***Orient*** ***Orient*** |
| D. | Now, keep your mouth open please / and breath through your mouth, |
|  | in and out. |
|  | ***Approve*** ***Orient*** |
| D. | Okay, that's good. / Now keep your mouth open and breathe again please. |
|  | ***Approve*** |
| D. | Okay that's good. |
|  | ***? Reassure*** |
| P. | You say it's good, huh? |
|  | ***Trans*** ***Concern*** ***Gives-Med*** |
| D. | Well... / I do think you have a problem. / Most likely with your bronchial tubes./ |
|  | ***Gives-Thera*** |
|  | But this is something that, that has to have further investigation / and then some |
|  | ***Gives-Thera***  ***Gives-Thera*** |
|  | treatment. / So I think there's a number of things we should do. / I think you'll |
|  | ***Gives-Thera*** ***Gives-Thera*** |
|  | need a chest x-ray. / You will need some studies for...to see how you're breathing. |
|  | ***Concern*** |
| P. | That makes it sound very bad. |
|  | ***R/O*** |
| D. | Well, not necessarily. |
|  | ***Concern*** |
| P. | I'm concerned and that makes it sound worse. |
|  | ***Gives-Med*** |
| D. | But I think you have some chronic irritation in your bronchial tubes. / And they keep |
|  | ***Gives-Med Gives-Thera*** |
|  | secreting mucous and then subject you to infection / But if we can get this basic |
|  | study... |
|  | ***Checks*** |
| P. | You mean when I have the cold in the lungs. |
|  | ***Agree*** ***Gives-Med*** |
| D. | That's right. / And it makes you more susceptible. / So we'll have to... |
|  | ***Gives-Thera*** |
|  | I’ll write down a list of a few studies to be done at the lab. / And after that's done, |
|  | ***C-Med/Thera*** |
|  | you come back in and start under some treatment. / Now there are a few things |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | you can do to start with immediately. / Of course, you should avoid anything |
|  | ***C-Med/Thera*** |
|  | that irritates your...bronchial tubes. / Any type of irritation. / |
|  | ***C-L/S-P/S*** ***C-L/S-P/S*** ***C-L/S-P/S*** |
|  | That goes for smoking... / dust, fumes... / anything of that order. |
|  | ***Concern*** |
| P. | I tried to stop smoking once. |
|  | ***Concern*** ***C-L/S-P/S*** |
| D. | This is very important. / Any time you smoke, the tars and the smoke irritates the |
|  | ***C-L/S-P/S*** |
|  | bronchial tubes / and causes them to secrete more mucous and makes you more |
|  | ***Concern*** |
|  | susceptible to infection. / So smoking is extremely important. / To avoid smoking is |
|  | ***Concern*** |
|  | extremely important as something you have to try to do, / or this process continues |
|  | ***Concern*** |
|  | getting worse and worse. |
|  | ***Concern Concern*** |
| P. | I know I'm not smart...when it comes to smoking. / But I'm also a weak, a weak, |
|  | ***Concern*** |
|  | fellow. /I tried to stop once...but just couldn't make it. |
|  | ***C-L/S-P/S*** |
| D. | Well, this is something that...that you'll have to work on a little bit at a time. / And |
|  | ***C-Med/Thera*** |
|  | maybe with repeated visits, as you get on some medication, ah... /you can start |
|  | ***C-L/S-P/S*** ***Orient*** |
|  | cutting down more and more on your cigarettes./ So I'll write down this list-- |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***Gives-Thera*** |
| D. | --Of work that should be done for you. |
|  | ***[?] Other*** |
| P. | Shall I...get my shirt on? |
|  | ***Orient*** |
| D. | Yes, you can. |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***[?] Med*** |
| D. | You spitting up a lot now...a lot of mucous? |
|  | ***Gives-Med*** |
| P. | Only in the morning, when I...cough a little in the morning./ I call them bullets, little |
|  | ***Gives-Med*** ***Trans*** ***Gives-Med*** |
|  | white...pieces of phlegm or something will come up. / Ah... / Not like it is when I |
|  | have the heavy chest colds. |
|  | ***Gives-Thera*** ***Gives-Thera Gives-Thera*** |
| D. | Well we'll order the blood count. / We'll order the x-ray. / We'll order some |
|  | ***Gives-Thera Gives-Thera Gives-Thera*** |
|  | breathing tests./ And we'll check your sputum. / Then you should be checked again |
|  | ***Gives-Thera*** ***? Understand*** |
|  | in about one week./And then proceed from there, / alright? |
|  | ***Approve*** ***Laughs*** |
| P. | You're the doctor. (laughs) |
|  |  |
|  | ***Trans*** |
| D. | Okay. |
|  | ***Agree*** ***Approve*** |
| P. | That's it. / Thank you doctor. |
|  | ***Approve*** ***C-L/S-P/S*** ***?Understand*** |
| D. | You're welcome. / Now you start working on that. / Okay? |
|  | ***Checks*** |
| P. | You mean like the smoking? |
|  | ***Agree*** |
| D. | Yeah. |
|  | ***Agree*** ***Concern*** |
| P. | Yeah. / Ah...I'm a weak kind of guy. |
|  | ***Personal*** |
| D. | Bye. |

***Tape #6***

|  |  |
| --- | --- |
|  | ***Trans*** ***Orient*** ***[?] Med*** |
| D. | Alright. / Let's see what we've got here. / When was the last I saw you, Ms. --- ? |
|  | ***Trans*** |
| P. | Ah...wait a minute now... |
|  | ***Trans*** ***Gives-Med Concern*** |
| D. | Ah...let me see. / I have a better chart than this one. / I hope. |
|  | ***Unintel*** |
|  | (unintelligible comment) |
|  | ***Gives-Med*** ***Gives-Med*** ***[?] Med*** |
| P. | It was in February I guess. / I don't know... / Was that the last time? |
|  | ***Gives-Med*** ***Gives-Med*** ***Gives-Med*** |
| D. | Yes. / The last time I saw you was in, ah... / February. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***? P/S*** |
| D. | How you feeling? |
|  | ***Gives-P/S*** |
| P. | Fine. |
|  | ***Checks*** |
| D. | Fine? |
|  | ***Agree*** |
| P. | Fine. |
|  | ***Approve*** |
| P. | Good. |
|  | ***Laughs*** |
| P. | (patient laughs) |
|  | ***Trans*** ***[?] Thera*** |
| D. | And, ah... / And you're taking the diabetes pill one twice a day, is that right? |
|  | ***Gives-Thera*** |
| P. | Yes. |
|  | ***Checks*** |
| D. | And the blood pressure pill...one twice a day. |
|  | ***Agree*** ***Agree*** |
| P. | Twice a day. / Ah-hmm. |
|  | ***[?] Med*** |
| D. | Are your eyes still hazy? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | A little. / Sometimes they're a little better, they're not as… / |
|  | ***Gives-Med*** |
|  | But, most of the time they're a little bit hazy. |
|  | ***[?] Med*** |
| D. | And your urine is, ah...negative all the time? |
|  | ***Gives-Med*** ***Gives-Med*** |
| P. | Yeah. / Ah-huh. |
|  | ***Checks*** |
| D. | They have been negative all the time. |
|  | ***Agree*** ***Agree*** |
| P. | Yeah. / Ah-huh. |
|  | ***Checks*** |
| D. | They've never been...never been high. |
|  | ***Agree*** ***Agree*** |
| P. | Right. / Yeah. |
|  | ***Orient*** |
| D. | Let's see if I can find the results of the blood test we did last time in the chart. |
|  | ***Agree*** |
| P. | Oh, yeah. |
|  | ***Trans*** ***Gives-Med*** ***Gives-Med*** |
| D. | Alright. / February. / It was still a little bit high there in February. |
|  | ***Checks*** |
| P. | What...my pressure? |
|  | ***Disagree*** |
| D. | No the blood...sugar. |
|  | ***Checks*** ***Agree*** ***Agree*** |
| P. | Sugar. / Oh I see. / Yeah. |
|  | ***Trans*** ***Trans*** ***Trans*** ***? Med*** |
| D. | Okay. / Alright. / How about your, how about your... / hip pain? |
|  | ***Gives-Med*** |
| P. | Yeah, it's alright. |
|  | ***Checks*** |
| D. | It's okay? |
|  | ***Agree*** ***Gives-Med*** ***R/O*** |
| P. | Yeah. / It's fine. / I don't have any problem there. |
|  | ***Approve*** |
| D. | Wow! |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***R/O*** |
| D. | So it sounds like things are good. |
|  | ***Agree*** ***R/O*** |
| P. | Yeah. / I feel good. |
|  | ***? Opinion*** |
| D. | Is there anything that you have on your mind that I can help you with? |
|  | ***Gives-P/S*** ***R/O*** ***Gives-P/S*** |
| P. | No, I don't think so. / Because I been feeling good. / As I say I still have to get my, |
|  | ***Laughs*** |
|  | wiggle my weight a little more / (laughs), so... |
|  | ***Agree*** ***Approve*** ***Trans*** |
| D. | Oh you do. / And that would be a good plan. / Let's see... |
|  | ***Agree*** ***Laughs*** |
| P. | Yeah. (laughs) |
|  | ***Gives-Med*** ***Gives-Med*** |
| D. | 161 was last time. / And today is 164. |
|  | ***Agree*** ***Concern*** ***Laughs*** ***Trans*** |
| P. | Yeah. / That's not good. / (laughs) / But, as I say I... |
|  | ***Legit*** |
| D. | It's very hard. |
|  | ***Agree*** ***R/O*** |
| P. | Yeah it is. / But now that summer is coming I think I can exercise more. |
|  | ***Approve*** |
| D. | That'd be a good idea. |
|  | ***Gives-L/S*** ***Gives-L/S*** |
| P. | Walk... / Walk... |
|  | ***BC*** |
| D. | Yeah. |
|  | ***Agree*** ***Gives-L/S*** |
| P. | Yeah. / So...But you know when it's wintertime you don't get around too much. / |
|  | ***Laughs*** ***Gives-L/S*** |
|  | (laughs) / But now that the weather's getting better I can, I can, ah, get out and walk |
|  | ***Gives-P/S*** ***R/O*** |
|  | more. /See if I can get some of this weight off. / But other than that I feel good./ |
|  | ***R/O*** |
|  | Seems like I have no problems. |
|  | ***[?] L/S*** |
| D. | Do you have someone in your household with you there or are you by yourself? |
|  | ***Gives-L/S*** ***Gives-L/S Gives-L/S*** |
| P. | No, I live alone. / But the landlady lives upstairs. / It's a two-family... / |
|  | ***Gives-L/S Gives-L/S*** |
|  | And, ah...she lives upstairs and I have my own first floor. / No one lives with me./ |
|  | ***Gives-L/S*** |
|  | But I do have...have visitors quite often. |
|  | ***C-L/S-P/S*** |
| D. | I was just thinking about the kinds of food that you can keep |
|  | ***C-L/S-P/S*** |
|  | In your house. / If you're by yourself you can...you can not have a lot of that. |
|  | ***Agree*** ***Agree*** ***Gives-L/S*** |
| P. | Yeah. / Right. / Well that's what...I was going to concentrate on that too. / |
|  | ***Gives-L/S*** |
|  | Because it's just...I'm alone, I can, ah, / I don't have to have a lot of food |
|  | ***Gives-L/S*** |
|  | around anyway. |
|  | ***BC*** |
| D. | Ah-hmm. |
|  | ***Gives-L/S*** ***Gives-L/S*** |
| P. | There's no one there. / It's easier...ah...when you're alone you don't have to prepare |
|  | ***Trans*** |
|  | food for somebody else. / So I can, you know... |
|  | ***C-L/S-P/S*** |
| D. | And you don't have to have that...desserts and stuff around. |
|  | ***Agree*** ***Agree*** ***Gives-L/S*** |
| P. | No. / Right. / 'Cause I don't eat a lot of desserts / but sometimes at night I do |
|  | ***Gives-L/S*** |
|  | like to eat Jello...or something like that at night. / But other than that I don't |
|  | ***Gives-L/S*** |
|  | have any other sweets. |
|  | ***Approve*** |
| D. | Good for you. |
|  | ***Trans*** |
| P. | Ah...but... *(remainder of tape not transcribed)* |

***Tape #7***

|  |  |
| --- | --- |
|  | ***Personal*** |
| D. | Hi,--- |
|  | *Personal* |
| P. | Hello, again. |
|  | ***? Opinion*** |
| D. | How you doing? |
|  | ***R/O*** |
| P. | Ah, I'm doing a little better. |
|  | ***Checks*** |
| D. | Doing better. |
|  | ***? Service*** |
| P. | I just, um, see if I can get a prescription for a bee sting kit. |
|  | ***Agree*** |
| D. | Okay. |
|  | ***Gives-Thera*** |
| P. | I used to carry one around and I just kind of let it lapse./ I haven't been |
|  | ***Gives-L/S*** |
|  | in the woods much. |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-Med*** |
| P. | I went out hiking yesterday and got stung by a bee/ and got a |
|  | ***Concern*** |
|  | nice big reaction on my leg. |
|  | ***? Med*** |
| D. | What kind of a reaction? |
|  |  |
|  | ***Gives-Med*** |
| P. | Basically swelling. |
|  | ***? Med*** |
| D. | Have you ever had any other problem other than swelling? |
|  | ***Gives-Med*** ***Concern*** |
| P. | None other than swelling./ Each one gets progressively a little more severe. |
|  | ***Agree*** ***[?] Med*** |
| D. | Okay./ Now was this, what type of bee, yellow jacket...? |
|  | ***Gives-Med*** |
| P. | Yeah. |
|  | ***[?] Thera*** |
| D. | Have you ever used a bee sting kit? |
|  | ***Gives-Thera*** ***Concern*** ***Gives-L/S*** |
| P. | No. / I was a little concerned. / I'm taking off Friday for a week in the back country… |
|  | ***BC*** |
| D. | Ah-huh. |
|  | ***Gives-L/S*** ***Concern*** |
| P. | In the Tetons./ And we won't be able to get out./ And it'd be some miserable time |
|  | ***Concern*** |
|  | if there was something wrong. |
|  | ***Gives-Med*** |
| D. | Ah, in general, the kind of reaction you have is the kind of reaction you'll have./ |
|  | ***Gives-Med*** |
|  | So if you tend to get swelling and tend not to get asthma or lung problems—/ |
|  | ***Gives-Med*** |
|  | It's not 100 per cent. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***C-Med/Thera*** |
| D. | If you were in the general ------- area, I would probably recommend against burying  ***Gives-L/S*** |
|  | one./ They're not that expensive, but they are expensive. |
|  | ***Laughs*** |
| P. | It's only money. |
|  | ***Agree*** ***Laughs*** |
| D. | Yeah. (laughs) |
|  | ***Laughs*** |
| P. | (laughs) |
|  | ***Trans*** ***Gives-Med*** |
| D. | And, as I say, the likelihood of--/and they've done some research on this--/ |
|  | ***Gives-Med*** |
|  | the likelihood of you having a significant reaction other than swelling, ah, is |
|  | ***Gives-Med*** |
|  | extremely small./ Probably not much greater than, if any, the average person. |
|  | ***Agree*** |
| P. | Okay. |
|  | ***Gives-Med*** |
| D. | Ah, how much swelling you get depends on a couple of factors, well, three factors |
|  | ***Gives-Med Gives-Med*** |
|  | really./ One is what kind of bee stings you. / The yellow jacket is particularly nasty. / |
|  | ***Gives-Med Gives-Med*** |
|  | Honeybee doesn’t usually cause as much./ Two, how much venom the bee injected./ |
|  | ***Gives-Med*** ***Gives-Med*** |
|  | And they have some control over that./ And the third one is how sensitive you are to |
|  | ***Gives-Med*** |
|  | it. /So if you got bit, stung on the bottom of your foot, your foot can look like a |
|  |  |
|  | ***Gives-Med*** |
|  | balloon. / But if you get stung on the leg you'll get a big red spot and some swelling. |
|  | ***Agree*** |
| P. | Ah-hmm. |
|  | ***Gives-Med*** |
| D. | But that's usually about as far as it goes unless you have a major reaction. / |
|  | ***[?] Med*** |
|  | Ah, the a ...now when you got stung was the stinger left in? |
|  | ***Gives-Med*** |
| P. | I didn't pay that much attention to it. |
|  | ***BC*** |
| D. | Okay. |
|  | ***Gives-Med*** |
| P. | I knocked the bee off and-- |
|  | ***Agree*** ***C-Med/Thera*** |
| D. | Okay. / Take a look when, if you should get stung to be sure that the stinger isn’t in |
|  | ***[?] Thera C-Med/Thera*** |
|  | there. /And do you know how to take the stinger out? / Never, never grab it / because |
|  | ***C-Med/Thera*** |
|  | if it's got the sack you'll essentially squeeze in like a hypodermic syringe./ What |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | you want to do is take the sharp edge /and if you've got a knife you take it like this./ |
|  | ***C-Med/Thera***  ***C-Med/Thera*** |
|  | And if this is the stinger you flick it on out. / You flick it out this way so that you’re |
|  | ***C-Med/Thera*** |
|  | going out rather than squeeze./ You can use a good sharp fingernail you can do |
|  | ***C-Med/Thera*** |
|  | that too./ The idea is--you're not trying to cut yourself-- |
|  |  |
|  | ***Agree*** |
| P. | Right. |
|  | ***C-Med/Thera C-Med/Thera*** |
| D. | But the idea is to flick it out so that if you pull it out / rather than grab it and |
|  | ***Laughs*** |
|  | essentially pour all the poison/ (laughs) in. / You know, you might have been lucky, |
|  | ***C-Med/Thera Laughs Laughs*** |
|  | he might not have injected much/ but now you do the job. (laughs) |
|  | ***Agree*** ***Laughs*** |
| P. | Right. (laughs) |
|  | ***Agree*** |
| D. | Okay. / So, ah...were you not going to be where you would be a long long way from |
|  | ***C-Med/Thera*** |
|  | any kind of exposure, I would really probably say why bother./ It's always hard to say |
|  | ***C-Med/Thera*** |
|  | don't do something that's a safety factor. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***Gives-L/S Trans*** |
| D. | Other than when you're looking at costs and things. / So...But I would kind of.../ |
|  | ***Gives-Thera*** |
|  | I'll give you the prescription because, as you say, you're going to be way out there./ |
|  | ***R/O***  ***C-Med/Thera*** |
|  | But to be honest, I don't think you need it. / The best thing that you could probably do |
|  | ***C-Med/Thera*** |
|  | is take some Benadryl. / And that, if you get stung, you take some of that./ That's an |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | antihistamine./ Because you're not going to give yourself an injection right in that |
|  | ***C-Med/Thera*** |
|  | area usually./ There are times when you can do a little bit in the area around it, |
|  | ***C-Med/Thera*** |
|  | which will constrict it. / But you're not going to do that kind of thing./ |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | The kits are basically for zot injection,/ usually for somebody's who's got |
|  | ***C-Med/Thera*** |
|  | respiratory problems/ or where they're getting swelling of their throat and so on./ |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | Having trouble breathing./ But a local reaction is not where you use the kit./ |
|  | ***C-Med/Thera*** |
|  | In fact the kits usually contain some chlorpheniramine,/ which is just a different |
|  | ***C-Med/Thera*** |
|  | antihistamine plus the injectable. |
|  | ***Gives-Thera*** |
| P. | I was going to ask you about Benadryl antihistamine. |
|  | ***Agree*** ***Gives-Thera*** |
| D. | Yeah. / Chlor-Trimeton, Chlorpheniramine are basically the same./ |
|  | ***Gives-Thera*** ***Gives-Thera*** ***R/O*** |
|  | Benadryl is an old and tried--/ makes you sleepy. / But you can't beat it. / |
|  | ***C-Med/Thera*** |
|  | And that's the thing, if you want to be sure to get the least reaction, in traditional kinds |
|  | ***C-Med/Thera*** |
|  | of things that I would take./ The injection is adrenaline. / And it'll speed up your |
|  | ***C-Med/Thera*** |
|  | heart rate and make you jittery and nervous and things like that./ It wears off in about |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | 15 minutes. / But it can be life- saving if you can't breathe. |
|  |  |
|  | ***Agree*** |
| P. | Yeah. |
|  | ***Agree*** ***R/O*** |
| D. | Okay. / And as I say, the likelihood of your going into not being |
|  | ***R/O*** |
|  | able to breath is extremely small./ Very small./ You know, if you told me that this |
|  | ***Gives-Med*** |
|  | happened and your face swelled up from the injection then I’d be very concerned / |
|  | ***Gives-Med*** |
|  | or that you had asthma from it or something, then I’d be very concerned. / |
|  | ***Gives-Med*** |
|  | And you really don't have any history of asthma or anything like that. |
|  | ***Agree*** |
| P. | Oh, okay. |
|  | ***Trans*** ***[?] Thera*** |
| D. | So, ah.../ Do you remember what kind it was, was it Ana-Kit that you had? |
|  | ***Gives-Thera*** |
| P. | Yeah, I think so. / Would the Benadryl taken now help bring down |
|  | ***[?] Thera*** |
|  | the swelling that's going on now? |
|  | ***Gives-Thera*** ***Self-Dis*** |
| D. | I don't know if much will do it now./ You know you get things, I got bitten by a |
|  | ***Self-Dis*** |
|  | mosquito 5 days ago / and I've still got a little bit of a welt. / |
|  | ***Self-Dis Gives-Med*** |
|  | I'm fairly sensitive to it./ So you might take a week for that swelling to go down./ |
|  | ***Gives-Thera*** |
|  | But, ah, most of what you want the antihistamine for initially is right at the beginning. |
|  |  |
|  | ***Gives-Thera*** |
|  | /It blocks the histamine reaction so you don't pour all this protein and fluid--/ that's |
|  |  |
|  | ***Gives-Med*** ***Gives-Med*** |
|  | why it swells. / But once it's in there, you know, basically your reaction's probably |
|  | ***Gives-Med*** ***Laughs*** |
|  | gone now./ It's just a question now of getting all this stuff out./(laughs) |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***C-Med/Thera*** |
| D. | And if it bothers you, you can try putting on a heat pack or soaking it or something./ |
|  | ***C-Med/Thera C-Med/Thera*** ***C-Med/Thera*** |
|  | That will help you./ Initially I wouldn't put heat on it./ You don't want to spread it./ |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | You want to localize it. / So ice or something like that or cold water. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***Trans*** ***Gives-Thera*** |
| D. | But, ah.../ But as I say I have mixed feelings as to whether or not--/ If you want to be |
|  | ***C-Med/Thera*** |
|  | really absolutely safe, but if you want to look at it your likelihood of needing |
|  | ***Gives-L/S*** ***Gives-L/S*** |
|  | the kit -- / I don't know what they cost--/ about 20 dollars or something like that-- |
|  | ***Agree*** |
| P. | About that. |
|  | ***Gives-L/S*** |
| D. | As opposed to a couple dollars for Benadryl, if you don't already have it, or |
|  | Chlor-Trimeton. |
|  |  |
|  | ***Unintel*** |
| P. | (Unintel) |
|  | ***Trans*** ***Gives-Thera*** |
| D. | So, ah.../ I think you probably don't need it. / On the other hand, it's a kind of thing |
|  | ***Gives-Thera*** |
|  | where it not like I'm giving you something that's going to cause problems / because |
|  | ***Gives-Thera*** ***Gives-L/S*** |
|  | you may never need it. / It's just a question of expense. |
|  | ***Agree Gives-Thera*** |
| P. | Alright./ I carried it when I was working in the woods everyday./ |
|  | ***Gives-Thera*** ***Gives-Thera*** |
|  | I carried it all the time. / And then I never bothered the last few years. / |
|  | ***Gives-Med*** |
|  | Haven't been stung either. |
|  | ***Laughs*** ***Gives-Med*** ***Gives-Med*** |
| D. | (laughs) Yeah, yellow-jackets can be really nasty./ They'll make anyone swell. / |
|  | ***Gives-Med*** |
|  | And the fact that you've swollen worse this time may be that you’re more sensitive |
|  | ***Gives-Med*** |
|  | to it,/ or it may be that you got more venom. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***Gives-Med*** |
| D. | There's just no way to know. / Where you swell too also makes a |
|  | ***Gives-Med*** |
|  | difference where you were stung. |
|  | ***Agree*** |
| P. | Alright. |
|  |  |
|  | ***[?] Thera*** |
| D. | Do you know how to give the injection? |
|  | ***Checks*** |
| P. | Know how to? |
|  | ***Agree*** |
| D. | Yeah. |
|  | ***Gives-Thera*** |
| P. | I'd have to review that. |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
| D. | Do read it. / Basically, usually if there's any question, like if your windpipe was |
|  | ***C-Med/Thera*** |
|  | closing up, you want to go right to the thigh./ There's no big blood vessels here./ |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | You don't want to inject it in the vein. / I mean, you can, intravenously, but I wouldn't |
|  | ***C-Med/Thera*** |
|  | generally do it for you./ But you want to get it into the muscle the fastest. /The next |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | easiest way to do it is under the skin./ Just grab it up here and just jab it in here. / |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | Not even the muscle. / And that will give you some benefit as well. / They |
|  | ***C-Med/Thera*** |
|  | come in a thing where you go zip and you get one dose / and you twist it a half a turn |
|  | ***C-Med/Thera C-Med/Thera*** |
|  | and you can do a second dose. / But I wouldn't do it. / The other thing is, if you ever |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | see that solution turn yellow, throw it away. / It can become a fairly toxic chemical, / |
|  | ***C-Med/Thera*** ***C-Med/Thera*** |
|  | that breaks down. / This is one that I really would probably discard after the time |
|  |  |
|  | ***C-Med/Thera*** |
|  | limit. / But do read the directions. / You know, if someone were actually literally |
|  | ***C-Med/Thera*** |
|  | gasping for breath I wouldn't even take the pants off, I’d just go right through. / You |
|  | ***C-Med/Thera*** |
|  | run some risk of infection but could save a life. |
|  | ***Agree*** |
| P. | Ah-huh. |
|  | ***C-Med/Thera [?] L/S*** |
| D. | Otherwise you get to some skin area that you can do./ Are you going to be alone...? |
|  | ***Gives-L/S*** |
| P. | Ah, two of us. |
|  | ***Checks*** ***Gives-Thera*** ***Gives-Thera*** |
| D. | Two of us. / So, someone else could help. / I give it to you with a refill /but I honestly |
|  | ***C-Med/Thera*** |
|  | don't know that you'll need it. / It just depends on how nervous you're |
|  | ***C-L/S-P/S*** |
|  | going to be going out there-- |
|  | ***Agree*** |
| P. | Right. |
|  | ***Trans*** ***Emp*** |
| D. | Ah.../ and the feeling that you don't have this kind of security especially after having |
|  | ***R/O*** |
|  | been bitten./ Although in a way it should be security that you got bitten and you |
|  | ***?Understand*** ***Laughs*** |
|  | didn’t have breathing troubles./ Okay? / (Laughs) |
|  | ***Agree*** |
| P. | Okay. |
|  |  |
|  | ***? P/S ? P/S*** |
| D. | How about the anxiety? / How's that doing? |
|  | ***Gives-P/S Gives-P/S*** |
| P. | It's not acute. / Otherwise, I've just kind of settled into a mild depression right now. |
|  | ***? P/S*** |
| D. | What do you do with that? |
|  | ***Gives-P/S*** |
| P. | Ups and downs. / I'm hoping, I'm planning once I get back from this trip to see about |
|  | ***Gives-P/S*** |
|  | getting a hold of a therapist. |
|  | ***Approve*** ***C-L/S-P/S*** |
| D. | I think that's a good idea. / Because obviously what's happening is you're triggering |
|  | ***C-L/S-P/S*** |
|  | something. / The fear we talked about last time has obviously not taken place./ And |
|  | ***C-L/S-P/S*** ***Emp*** |
|  | that of course was your greatest terror. / But still obviously there's a lot of anxiety |
|  | ***C-L/S-P/S*** ***Emp*** |
|  | related to that/ that I'd like to see you get therapy for too./ Scary stuff, therapy. |
|  | ***Agree*** ***Gives-P/S*** |
| P. | Yeah,/ one doesn't always react the way one expects to. |
|  | ***R/O*** ***C-L/S-P/S*** |
| D. | But it can have big dividends. / I kind of make a analogy of a crisis to imagine like |
|  | ***C-L/S-P/S*** |
|  | Chinese checkers. / Every marble is sitting in their place. / And somebody comes |
|  | ***C-L/S-P/S*** |
|  | along and goes Wham! and all the marbles jump up and they start rolling around./ |
|  | ***C-L/S-P/S*** |
|  | The marble can go right back in the hole it was, or it might go advanced and fall |
|  |  |
|  | ***C-L/S-P/S*** |
|  | into another hole, or it could fall back. / And the wham on the side of the Chinese |
|  | ***R/O*** |
|  | checkers is kind of like a crisis. / So crises can actually be growth events. / |
|  |  |
|  | ***C-L/S-P/S*** ***R/O*** |
|  | They can get you into counseling,/ they can get you better than you were before |
|  | ***C-L/S-P/S R/O*** |
|  | it happened. / Or you can just sit there where you were./ So that's why I think this |
|  | ***Emp R/O*** ***Laughs ?Understand*** |
|  | is an opportunity /--painful opportunity-- /but an opportunity. (laughs) Okay? |
|  | ***Concern*** |
| P. | I'm sitting here and tears are starting to well up just listening to you. / |
|  | ***Concern*** |
|  | So I know it's not very far behind me. |
|  | ***Agree*** ***[?] P/S*** |
| D. | Okay. / Are you as frightened of coming apart as you were last time? |
|  | ***Concern*** |
| P. | Well, that's the fear, yeah. |
|  | ***Agree*** |
| D. | Yeah. |
|  | ***Gives-P/S*** |
| P. | Not so obvious. |
|  | ***Agree*** ***C-L/S-P/S C-Med/Thera*** |
| D. | Okay. / But do. / There may be a place--you know, we do use very short term |
|  | ***C-Med/Thera*** |
|  | medication tranquilizers--/there may be a place for an anti-depressant in the long |
|  |  |
|  | ***C-L/S-P/S***   ***C-L/S-P/S*** ***C-L/S-P/S*** |
|  | run. / It can help counseling. / See how you're doing. / Let me know./ |
|  | ***C-L/S-P/S [?] P/S*** |
|  | And, ah...we'll go from there./ Is it going to be a fun trip? |
|  | ***R/O*** ***Laughs*** |
| P. | I sure hope so. (laughs) |
|  |  |
|  | ***Approve*** ***? L/S*** |
| D. | Good. / What are you going to do? |
|  | ***Gives-L/S*** |
| P. | Oh, just going backpacking. |
|  | ***Agree*** |
| D. | Oh. |
|  | ***Gives-L/S*** |
| P. | About a weeks worth of packing to do. |
|  | ***Approve*** ***Agree*** |
| D. | Great. / Okay. |
|  | ***Gives-Med*** ***Laughs*** |
| P. | That's what I was doing when I got stung this weekend. / (laughs) |
|  | ***Laughs*** |
| D. | (laughs) |
|  | ***Gives-L/S*** |
| P. | (Unintel) berry-picking. |
|  | ***[?] L/S*** |
| D. | Did you get the berries at least? |
|  | ***Gives-L/S*** |
| P. | We got the berries. |
|  | ***Approve*** ***Laughs*** ***Trans*** |
| D. | Good. / (laughs) / Okay. |
|  | ***Agree*** ***Approve*** |
| P. | Okay. / Thank you. |
|  | ***[?] Thera*** |
| D. | I did give you the prescription, didn't I? |
|  | ***Gives-Thera*** |
| P. | Yeah. |
|  | ***Personal Personal Personal*** |
| D. | Have a good trip. / Have a relaxing trip and (unintel). / Bye-bye now. |