

# Gradient descent: Understanding optimization algorithms

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# Outline

- 1 Introduction
- 2 General algorithm
- 3 Adaptive stepsizing
- 4 Analytical example
- 5 Numerical example
- 6 Using GD to solve a linear system
- 7 Other types of GD

# What is gradient descent?

- We implement gradient descent to find a local minimum (or maximum) of any function that maps from  $\mathbb{R}^n \rightarrow \mathbb{R}$
- The central idea is to begin with an initial guess and then 'descend' down the steepest path, which will lead you to the critical point
- The application of gradient descent falls under the category of machine learning, as we will see we must use an adaptive step size
- Gradient descent can see applications in PDE's, multidimensional functional analysis, statistics, linear modeling and more

# An analogy



# General application

- To understand gradient descent, it will be first important to understand the parameters of the method
- Consider a function  $F(\mathbf{x})$  such that  $F : \mathbb{R}^n \rightarrow \mathbb{R}$
- We can 'descend' to find the location of the critical point using the scheme:

$$\mathbf{x}_{n+1} = \mathbf{x}_n - \alpha_n \nabla F(\mathbf{x}_n) \quad (1)$$

- The key aspect of machine learning involved here is the idea of  $\alpha_n$ . Many numerical methods set a constant stepsize, but we adapt  $\alpha_n$  as we continue to descend to find the 'steepest' path
- We can find each  $\alpha_n$  through the adaptive algorithm:

$$-\nabla F\left(\left(\mathbf{x}_n - \alpha_n \nabla F(\mathbf{x}_n)\right)\right)^T \nabla F(\mathbf{x}_n) = 0 \quad (2)$$

## Other method for adaptive stepsizing

- The previous method involves a line search
- We can also implement the Barzilai-Borwein method, choosing our stepsize as a function of the current descent location and the previous descent location such that:

$$\alpha_n = \frac{|(\mathbf{x}_n - \mathbf{x}_{n-1})^T [\nabla F(\mathbf{x}_n) - \nabla F(\mathbf{x}_{n-1})]|}{\|\nabla F(\mathbf{x}_n) - \nabla F(\mathbf{x}_{n-1})\|^2} \quad (3)$$

- BB method will guarantee convergence of the method

# The algorithm

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**Algorithm 1:** Gradient descent

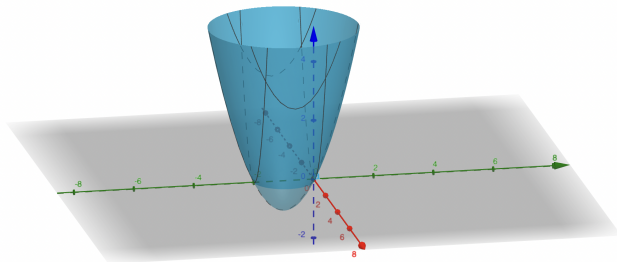
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```
1 Set initial guess  $\mathbf{x}_0, \alpha_0$ ;  
2 while  $\nabla F(\mathbf{x}_i) \geq \epsilon$  do  
3    $\mathbf{x}_{i+1} = \mathbf{x}_i - \alpha_i \nabla F(\mathbf{x}_i)$ ;  
4    $i \rightarrow i + 1$   
5 end
```

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# An example

- Consider the following function:  $F(x, y) = x^2 + y^2 - 2y$





# An example

- One can easily see from a 3-dimensional plot that the location of the minimum is  $\mathbf{x} = (0, 1)$  - we will show a 'by hand' approach on how to begin the algorithm

$$\nabla F(\mathbf{x}) = \begin{bmatrix} \frac{\partial F}{\partial x} \\ \frac{\partial F}{\partial y} \end{bmatrix} = \begin{bmatrix} 2x \\ 2y - 2 \end{bmatrix}$$

- We will start at the point  $\mathbf{x}_0 = (2, 2)$ , and descend from there
- The next point is calculated as

$$\mathbf{x}_1 = \mathbf{x}_0 - \alpha_0 \nabla F(\mathbf{x}_0) \tag{4}$$

# An example

- Recalling the expression we can find  $\alpha_0$  such that

$$G(\alpha) = -\nabla F(\mathbf{x}_0 - \alpha_0 \nabla F(\mathbf{x}_0))^T \nabla F(\mathbf{x}_0) = 0 \quad (5)$$

$$\implies -\nabla F((2, 2) - \alpha_0(4, 2))^T (4, 2)^T = 0 \quad (6)$$

$$\implies -\nabla F(2 - 4\alpha_0, 2 - 2\alpha_0)^T (4, 2)^T = 0 \quad (7)$$

$$\implies -4(4 - 8\alpha_0, 2 - 4\alpha_0)(4, 2)^T = 0 \quad (8)$$

$$\implies -12 + 24\alpha_0 = 0 \implies \alpha_0 = 1/2 \quad (9)$$

# An example

- Now that we have  $\alpha_0 = 1/2$ , we can find the corresponding  $\mathbf{x}_0$

$$\mathbf{x}_1 = \mathbf{x}_0 - \frac{1}{2} \nabla F(\mathbf{x}_0) \quad (10)$$

$$\mathbf{x}_1 = (2, 2) - (2, 1) = (0, 1) \quad (!!!!) \quad (11)$$

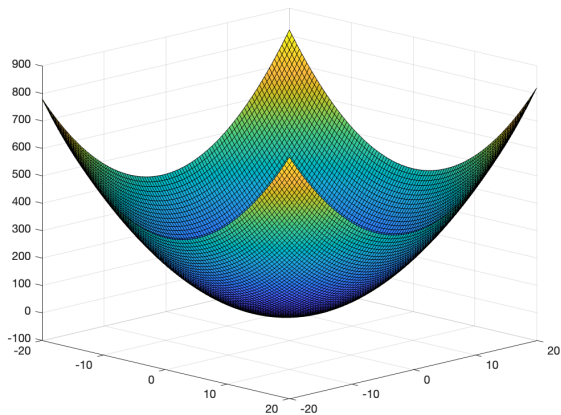
- Since this is a rather simple problem, it only took one iteration to find the critical point. We can verify this is a critical point with:

$$\nabla F(\mathbf{x} = (0, 1)) = \quad (12)$$

$$\begin{bmatrix} 2 \cdot 0 \\ 2 \cdot 1 - 2 \end{bmatrix} = (0, 0)^T$$

# A numerical example

- Consider the equation:  $f(x, y) = x^2 + y^2 - 2y + 3x$



# A numerical example

```
function [X0, iter] = GD()

f = @(x,y) x.^2 + y.^2 - 2*y + 3*y;
% symbolic function to be used
syms fs xs ys
fs = xs.^2 + ys.^2 - 2*ys + 3*xs;

x = linspace(-20,20,100);
y = x';
z = f(x,y);
surf(x,y,z);
|

dfx = diff(fs,xs);
dfy = diff(fs,ys);

% converts symbolic functions to anonymous functions
gradx = matlabFunction(dfx);
grady = matlabFunction(dfy);

X0 = [5,3];
alpha = .5;
iter = 1;

for i = 1:20
    X0(1) = X0(1) - alpha * gradx(X0(1));
    X0(2) = X0(2) - alpha * grady(X0(2));
end

end
```

# Using gradient descent to solve a linear system

We can use methods of gradient to solve linear systems. It can be an extremely efficient algorithm for complicated data sets

Consider the bivariate linear model:

$$Y = X\beta + \epsilon, \quad \beta \in \mathbb{R}^2 \quad (13)$$

We set  $\beta_0, \beta_1 = 0$ , and proceed with the following intermediaries

$$D_{\beta_0} = \frac{-2}{n} \sum_{i=0}^n (y_i - \hat{y}_i) \quad (14)$$

$$D_{\beta_1} = \frac{-2}{n} \sum_{i=0}^n x_i (y_i - \hat{y}_i) \quad (15)$$

Then update  $\beta_0, \beta_1$  as follows:

$$\beta_0 \rightarrow \beta_0 - \alpha D_{\beta_0} \quad (16)$$

$$\beta_1 \rightarrow \beta_1 - \alpha D_{\beta_1} \quad (17)$$

# Using gradient descent to solve a linear system (Davis)

## gradient

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## Load data

```
load(file = 'Davis.Rda') Davis = Davis[complete.cases(Davis),]  
X = as.matrix(cbind(1,Davis[, 'repwt']))  
Y = as.matrix(Davis[, 'weight'])  
beta_start = t(cbind(0,0))  
m = 0 c = 0  
L = 0.0001 # The learning Rate  
iter = 1000 # The number of iterations to perform gradient descent  
n = length(X[,1]) # Number of elements in X
```

## Performing Gradient Descent

for (i in 1:iter)

```
Y_pred = X %*% beta_start  
D_m = (-2/n) * sum(X[,2] * (Y - Y_pred))  
D_c = (-2/n) * sum(Y - Y_pred)  
beta_start[1] = beta_start[1] - L * D_m  
beta_start[2] = beta_start[1] - L * D_c
```

# Conclusion of Davis data using gradient descent

- For a correct choice of learning rate  $\alpha$ , we can find the coefficients necessary to fit the linear model
- The Davis test confirms this
- If the learning rate is incorrectly fit or too high, the method will not converge, indicating the importance of the learning rate



Adarsh Menon. “Linear Regression Using Gradient Descent”. In: *Towards Data Science* (2016)

Sebastian Ruder. “An overview of gradient descent optimization algorithms”. In: *Aylien LTD*. (2017)