

SECTION 02 82 00

ASBESTOS REMEDIATION  
**01/24**

PART 1 GENERAL

1.1 REFERENCES

The publications listed below form a part of this specification to the extent referenced. The publications are referred to within the text by the basic designation only.

AMERICAN SOCIETY OF SAFETY PROFESSIONALS (ASSP)

ASSE/SAFE Z9.2	(2012) Fundamentals Governing the Design and Operation of Local Exhaust Ventilation Systems
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ASTM INTERNATIONAL (ASTM)

ASTM C732	(2006; R 2012) Aging Effects of Artificial Weathering on Latex Sealants
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ASTM D2794	(1993; R 2010) Resistance of Organic Coatings to the Effects of Rapid Deformation (Impact)
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ASTM D4397	(2016) Standard Specification for Polyethylene Sheeting for Construction, Industrial, and Agricultural Applications
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ASTM D522/D522M	(2014) Mandrel Bend Test of Attached Organic Coatings
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ASTM E119	(2020) Standard Test Methods for Fire Tests of Building Construction and Materials
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ASTM E1368	(2014) Visual Inspection of Asbestos Abatement Projects
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ASTM E1494	(2012) Encapsulants for Spray- or Trowel-Applied Friable Asbestos-Containing Building Materials
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ASTM E736/E736M	(2017) Standard Test Method for Cohesion/Adhesion of Sprayed Fire-Resistive Materials Applied to Structural Members
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ASTM E84	(2023) Standard Test Method for Surface Burning Characteristics of Building Materials
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ASTM E96/E96M	(2021) Standard Test Methods for Water Vapor Transmission of Materials
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COMPRESSED GAS ASSOCIATION (CGA)

CGA G-7 (2014) Compressed Air for Human  
Respiration; 6th Edition

INTERNATIONAL SAFETY EQUIPMENT ASSOCIATION (ISEA)

ANSI/ISEA Z87.1 (2020) Occupational and Educational  
Personal Eye and Face Protection Devices

NATIONAL FIRE PROTECTION ASSOCIATION (NFPA)

NFPA 701 (2015) Standard Methods of Fire Tests for  
Flame Propagation of Textiles and Films

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

NIOSH NMAM (2016; 5th Ed) NIOSH Manual of Analytical  
Methods

U.S. ARMY CORPS OF ENGINEERS (USACE)

EM 385-1-1 Safety -- Safety and Health Requirements  
Manual

U.S. ENVIRONMENTAL PROTECTION AGENCY (EPA)

EPA 560/5-85-024 (1985) Guidance for Controlling  
Asbestos-Containing Materials in Buildings  
(Purple Book)

U.S. DEPARTMENT OF DEFENSE (DOD)

JEGS (Apr 2024) Japan Environmental Governing  
Standards

U.S. NATIONAL ARCHIVES AND RECORDS ADMINISTRATION (NARA)

29 CFR 1910.147 The Control of Hazardous Energy (Lock  
Out/Tag Out)

29 CFR 1926.103 Respiratory Protection

29 CFR 1926.1101 Asbestos

29 CFR 1926.200 Accident Prevention Signs and Tags

29 CFR 1926.51 Sanitation

29 CFR 1926.59 Hazard Communication

40 CFR 61-SUBPART A General Provisions

40 CFR 61-SUBPART M National Emission Standard for Asbestos

40 CFR 763 Asbestos

42 CFR 84 Approval of Respiratory Protective Devices

49 CFR 107	Hazardous Materials Program Procedures
49 CFR 171	General Information, Regulations, and Definitions
49 CFR 172	Hazardous Materials Table, Special Provisions, Hazardous Materials Communications, Emergency Response Information, and Training Requirements
49 CFR 173	Shippers - General Requirements for Shipments and Packagings

U.S. NAVAL FACILITIES ENGINEERING COMMAND (NAVFAC)

NAVFAC P-502	(2017) Asbestos Program Management
ND OPNAVINST 5100.23	(2005; Rev G) Navy Occupational Safety and Health (NAVOSH) Program Manual

UNDERWRITERS LABORATORIES (UL)

UL 586	(2009; Reprint Dec 2017) UL Standard for Safety High-Efficiency Particulate, Air Filter Units
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1.2 DEFINITIONS

1.2.1 ACM

Asbestos Containing Materials.

1.2.2 Amended Water

Water containing a wetting agent or surfactant with a maximum surface tension of 2.9 Pa.

1.2.3 Area Sampling

Sampling of asbestos fiber concentrations which approximates the concentrations of asbestos in the theoretical breathing zone but is not actually collected in the breathing zone of an employee.

1.2.4 Asbestos

The term asbestos includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, and actinolite asbestos and any of these minerals that has been chemically treated or altered. Materials are considered to contain asbestos if the asbestos content of the material is determined to be at least one tenth of one percent.

1.2.4.1 Asbestos-Containing Material (ACM)

Any materials containing more than one tenth of one percent (0.1%) asbestos.

#### 1.2.5 Asbestos Control Area

That area where asbestos removal operations are performed which is isolated by physical boundaries which assist in the prevention of the uncontrolled release of asbestos dust, fibers, or debris.

#### 1.2.6 Asbestos Fibers

Those fibers having an aspect ratio of at least 3:1 and longer than 5 micrometers as determined by National Institute for Occupational Safety and Health (NIOSH) Method 7400.

#### 1.2.7 Asbestos Permissible Exposure Limit

0.1 fibers per cubic centimeter of air as an 8-hour time weighted average measured in the breathing zone as defined by 29 CFR 1926.1101 or other Federal legislation having legal jurisdiction for the protection of workers health.

#### 1.2.8 Authorized Person

Any person authorized by the Contractor and required by work duties to be present in the regulated areas.

#### 1.2.9 Background

The ambient airborne asbestos concentration in an uncontaminated area as measured prior to any asbestos hazard abatement efforts. Background concentrations for other (contaminated) areas are measured in similar but asbestos free locations.

#### 1.2.10 Building Inspector

Individual who inspects buildings for asbestos and has EPA Model Accreditation Plan (MAP) "Building Inspector" training; accreditation required by 40 CFR 763, Subpart E, Appendix C, has EPA/State certification/license as a "Building Inspector".

#### 1.2.11 Competent Person (CP)

A person meeting the requirements for competent person as specified in 29 CFR 1926.1101 including a person capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, and is specifically trained in a training course which meet the criteria of EPA's Model Accreditation Plan ( 40 CFR 763) for contractor/supervisor, and is AHERA certified as a contractor/supervisor.

#### 1.2.12 Contractor

The Contractor is that individual, or entity under contract to perform the herein listed work.

#### 1.2.13 Class I Asbestos Work

Activities defined by OSHA involving the removal of thermal system insulation (TSI) and surfacing ACM.

1.2.14 Class II Asbestos Work

Activities defined by OSHA involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos - containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic. Certain "incidental" roofing materials such as mastic, flashing and cements when they are still intact are excluded from Class II asbestos work. Removal of small amounts of these materials which would fit into a glovebag may be classified as a Class III job.

1.2.15 Class III Asbestos Work

Activities defined by OSHA that involve repair and maintenance operations, where ACM, including TSI and surfacing ACM, is likely to be disturbed. Operations may include drilling, abrading, cutting a hole, cable pulling, crawling through tunnels or attics and spaces above the ceiling, where asbestos is actively disturbed or asbestos-containing debris is actively disturbed.

1.2.16 Class IV Asbestos Work

Maintenance and custodial construction activities during which employees contact but do not disturb ACM and activities to clean-up dust, waste and debris resulting from Class I, II, and III activities. This may include dusting surfaces where ACM waste and debris and accompanying dust exists and cleaning up loose ACM debris from TSI or surfacing ACM following construction

1.2.17 Contractor/Supervisor

Individual who supervises asbestos abatement work and has EPA Model Accreditation Plan "Contractor/Supervisor" training; and is AHERA certified as a "Contractor/Supervisor".

1.2.18 Disposal Bag

A 0.15 mm thick, leak-tight plastic bag, pre-labeled in accordance with 29 CFR 1926.1101, used for transporting asbestos waste from containment to disposal site.

1.2.19 Disturbance

Activities that disrupt the matrix of ACM, crumble or pulverize ACM, or generate visible debris from ACM. Disturbance includes cutting away small amounts of ACM, no greater than the amount which can be contained in one standard sized glovebag or waste bag, not larger than 1.5 m in length and width in order to access a building component.

1.2.20 Encapsulation

The abatement of an asbestos hazard through the appropriate use of chemical encapsulants.

1.2.21 Encapsulants

Specific materials in various forms used to chemically or physically entrap asbestos fibers in various configurations to prevent these fibers from becoming airborne. There are four types of encapsulants as follows

which must comply with performance requirements as specified herein.

- a. Removal Encapsulant (can be used as a wetting agent)
- b. Bridging Encapsulant (used to provide a tough, durable surface coating to asbestos containing material)
- c. Penetrating Encapsulant (used to penetrate the asbestos containing material encapsulating all asbestos fibers and preventing fiber release due to routine mechanical damage)
- d. Lock-Down Encapsulant (used to seal off or "lock-down" minute asbestos fibers left on surfaces from which asbestos containing material has been removed).

#### 1.2.22 Friable Asbestos Material

A term defined in the JEGS meaning any material which contains more than 0.1 percent asbestos, as determined using the method specified in the JEGS, that when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

#### 1.2.23 Glovebag Technique

Those asbestos removal and control techniques put forth in 29 CFR 1926.1101 utilizing a bag not more than 1.5 by 1.5 m impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which material and tools may be handled.

#### 1.2.24 Government Consultant (GC)

That qualified person employed directly by the Government to monitor, sample, inspect the work or in some other way advise the Contracting Officer. The GC is normally a private consultant, but can be an employee of the Government.

#### 1.2.25 HEPA Filter Equipment

High efficiency particulate air (HEPA) filtered vacuum and exhaust ventilation equipment with a filter system capable of collecting and retaining asbestos fibers. Filters must retain 99.97 percent of particles 0.3 microns or larger as indicated in UL 586.

#### 1.2.26 Industrial Hygienist (IH)/Private Qualified Person (PQP)/ Qualified Person (QP)

A registered Architect, Professional Engineer (licensed), or U.S. Certified Industrial Hygienist who has successfully completed training in, and is accredited under a legitimate Model Accreditation Plan, as described in 40 CFR 763, as a certified Building Inspector, Contractor/Supervisor, and Project Designer. The IH/PQP shall have working knowledge of applicable U.S. Federal and Japanese occupational safety and health regulations for asbestos in construction.

The IH/PQP shall be considered a competent person as defined in 29 CFR 1926.1101. The IH/PQP shall be a third party Contractor and have no employee/employer relationship or financial relationship with the abatement Contractor, which could constitute a conflict of interest.

#### 1.2.27 Industrial Hygiene Technician

The Industrial Hygiene Technician (IHT) shall be an employee of the IH/PQP or the testing laboratory, have a minimum of 2 years experience in the industrial hygiene field working under the direction of the IH/PQP, and have completed the following courses: "Contractor Supervisor Abatement Worker" and "Asbestos Project Designer".

#### 1.2.28 Model Accreditation Plan (MAP)

USEPA training accreditation requirements for persons who work with asbestos as specified in 40 CFR 763.

#### 1.2.29 Negative Initial Exposure Assessment

A demonstration by the Contractor to show that employee exposure during an operation is expected to be consistently below the OSHA Permissible Exposure Limits (PELs).

#### 1.2.30 Negative Pressure Enclosure (NPE)

That engineering control technique described as a negative pressure enclosure in 29 CFR 1926.1101.

#### 1.2.31 NESHAP

National Emission Standards for Hazardous Air Pollutants. The USEPA NESHAP regulation for asbestos is at 40 CFR 61-SUBPART M.

#### 1.2.32 Nonfriable Asbestos Material

A term defined in the JECS meaning a material that contains asbestos in which the fibers have been immobilized by a bonding agent, coating, binder, or other material so that the asbestos is well bound and will not normally release asbestos fibers during any appropriate use, handling, storage or transportation. It is understood that asbestos fibers may be released under other conditions such as demolition, removal, or mishap.

#### 1.2.33 Permissible Exposure Limits (PELs)

##### 1.2.33.1 PEL-Time Weighted Average(TWA)

Concentration of asbestos not in excess of 0.1 fibers per cubic centimeter of air (f/cc) as an 8-hour time weighted average (TWA).

##### 1.2.33.2 PEL-Excursion Limit

An airborne concentration of asbestos not in excess of 1.0 f/cc of air as averaged over a sampling period of 30 minutes.

#### 1.2.34 Personal Sampling

Air sampling which is performed to determine asbestos fiber concentrations within the breathing zone of a specific employee, as performed in accordance with 29 CFR 1926.1101.

#### 1.2.35 Private Qualified Person (PQP)

See 1.2.26.

1.2.36 Qualified Person (QP)

See 1.2.26.

1.2.37 Regulated Asbestos Containing Material

Friable asbestos material; Category I nonfriable ACM that has become friable; Category I nonfriable ACM that will be or has been subjected to sanding grinding, cutting, or abrading; or Category II nonfriable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of demolition or renovation operations.

1.2.38 TEM

Refers to Transmission Electron Microscopy.

1.2.39 Time Weighted Average (TWA)

The TWA is an 8-hour time weighted average airborne concentration of asbestos fibers.

1.2.40 Transite

A generic name for asbestos cement wallboard and pipe.

1.2.41 Wetting Agent

A chemical added to water to reduce the water's surface tension thereby increasing the water's ability to soak into the material to which it is applied. An equivalent wetting agent must have a surface tension of at most 2.9 Pa.

1.2.42 Worker

Individual (not designated as the Competent Person or a supervisor) who performs asbestos work and has completed asbestos worker training required by 29 CFR 1926.1101, to include EPA Model Accreditation Plan (MAP) "Worker" training; accreditation, if required by the OSHA Class of work to be performed.

1.3 REQUIREMENTS

1.3.1 Description of Work

The work covered by this section includes the handling and control of asbestos containing materials and describes some of the resultant procedures and equipment required to protect workers, the environment and occupants of the building or area, or both, from contact with airborne asbestos fibers. The work also includes the disposal of any asbestos containing materials generated by the work. More specific operational procedures must be outlined in the Asbestos Hazard Abatement Plan called for elsewhere in this specification. The asbestos work includes the [demolition and removal][encapsulation] of [\_\_\_\_\_] located [\_\_\_\_\_] [which is governed by 40 CFR 763 and NAVFAC P-502]. [ Under normal conditions non-friable or chemically bound materials containing asbestos would not be considered hazardous; however, this material may release airborne asbestos fibers during demolition and removal and therefore must be handled in



accordance with the removal and disposal procedures as specified herein and/or developed by the IH/PQP and pre-approved by the Government.] Provide techniques as outlined in this specification. The [building][work area] will be evacuated during the asbestos abatement work. A competent person must supervise asbestos removal work as specified herein.

#### 1.3.1.1 Wallboard/Joint Compound

[ Discrete samples of the components (wallboard and joint compound) have been tested and results are shown in the attached Hazardous Material Survey.

] [Discrete samples of the wallboard were tested and found to contain [less than one tenth of one percent asbestos] [\_\_\_\_\_]. Discrete samples of the joint compound were tested and found to contain [greater than one tenth of one percent asbestos] [\_\_\_\_\_].

#### 1.3.2 Unexpected Discovery of Asbestos

The Contractor shall be responsible to review the available asbestos survey reports for this project, including, but not limited to: [insert title of report, Company who developed the report and the date of the report]

The Contractor's IH/PQP shall review the existing asbestos survey report(s) to develop the appropriate work response to ACM which may be disturbed as part of this project. Should the contract require the Contractor to perform any hazardous material survey, the Contractor shall provide a copy of all surveys/sampling activities and analytical results regarding asbestos to the Contracting Officer. The Asbestos Abatement Contractor shall also submit an Asbestos Hazard Abatement Plan, reviewed and certified by the IH/PQP, to the Contracting Officer for review before asbestos abatement work begins.

The Contractor shall review the existing Hazardous Material Reports and familiarize themselves on the specific homogeneous materials that were tested and all materials that were determined to be ACM. The Contractor shall be responsible for visually confirming the presence of these materials. The Contractor shall remove ACM which would otherwise be disturbed during normal work practices to execute the work required by this project:

The Contractor shall notify the Contracting Officer if any previously untested building components suspected to contain asbestos are discovered and will be impacted by the work. The material(s) in question shall not be disturbed until a response is received by the Contracting Officer. For any previously untested building components suspected to contain asbestos and located in areas impacted by the work, notify the Contracting Officer (CO) who will order up to [\_\_\_\_\_] bulk samples to be obtained and delivered to a laboratory accredited under the National Institute of Standards and Technology (NIST) "National Voluntary Laboratory Accreditation Program (NVLAP)" and analyzed by PLM. Samples shall be collected in sufficient amounts such that a follow-on test utilizing TEM or 1000 point count analysis can be performed, should it be necessary. This cost shall be included in the Contractor's bid and will be performed at no additional cost to the Government. The laboratory shall have a working definition of "Trace" amounts of asbestos, and the laboratory shall report any detectable amount of asbestos in a bulk sample that is less than the PLM Limit of Quantification of 1% as a "Trace"

concentration. If PLM does not detect the presence of asbestos (e.g. "non-detect"), the material shall be considered <0.1% asbestos. If PLM analysis detects asbestos in any discernible amount (to include "trace" or "less than 1%"), the material shall be considered >0.1% asbestos unless proven to be non-ACM by the use of quantification methods capable of achieving an analytical sensitivity of less than 0.1%, such as Transmission Electron Microscopy (TEM) or 1000 point counting. The CO will order up to [\_\_\_\_\_] samples to be analyzed further by TEM or 1000 point counting counting at no additional cost to the Government. Any additional components identified as ACM (not identified as ACM at the time of bidding) that will be disturbed will be paid for by an equitable adjustment to the contract price under the CONTRACT CLAUSE titled "changes". Sampling shall be conducted by personnel who have successfully completed the EPA Model Accreditation Plan (MAP) "Building Inspector" training course and is EPA/State certified/licensed as a "Building Inspector".

### 1.3.3 Medical Requirements

Provide medical requirements including but not limited to medical surveillance and medical record keeping as listed in 29 CFR 1926.1101.

#### 1.3.3.1 Medical Examinations

Before exposure to airborne asbestos fibers, provide workers with a comprehensive medical examination as required by 29 CFR 1926.1101 or other pertinent local, prefectural or Government of Japan (GOJ) directives. This requirement must have been satisfied within the 12 months prior to the start of work on this contract. The same medical examination must be given on an annual basis to employees engaged in an occupation involving asbestos and within 30 calendar days before or after the termination of employment in such occupation. Specifically identify x-ray films of asbestos workers to the consulting radiologist and mark medical record jackets with the word "ASBESTOS."

#### 1.3.3.2 Medical Records

Maintain complete and accurate records of employees' medical examinations, medical records, and exposure data for a period of [30 years][indefinite time] after termination of employment and make records of the required medical examinations and exposure data available for inspection and copying to: The Assistant Secretary of Labor for Occupational Safety and Health (OSHA), or authorized representatives of them, and an employee's physician upon the request of the employee or former employee.

#### 1.3.4 Employee Training

Submit certificates, prior to the start of work but after the main abatement submittal, signed by each employee indicating that the employee has received training in the proper handling of materials and wastes that contain asbestos in accordance with 40 CFR 763; understands the health implications and risks involved, including the illnesses possible from exposure to airborne asbestos fibers; understands the use and limits of the respiratory equipment to be used; and understands the results of monitoring of airborne quantities of asbestos as related to health and respiratory equipment as indicated in 29 CFR 1926.1101 on an initial and annual basis. Organize certificates by individual worker, not grouped by type of certification.[ Post appropriate evidence of compliance with the training requirements of 40 CFR 763.] Train personnel involved in the

asbestos control work in accordance with United States Environmental Protection Agency (USEPA) Asbestos Hazard Emergency Response Act (AHERA) training criteria. Document the training by providing: dates of training, training entity, course outline, names of instructors, and qualifications of instructors upon request by the Contracting Officer. Furnish each employee with respirator training and fit testing administered by the PQP as required by 29 CFR 1926.1101 and 29 CFR 1926.103. Fully cover engineering and other hazard control techniques and procedures.

#### 1.3.5 Permits[, Licenses,] and Notifications

Prior to the start of work, obtain necessary permits[ and licenses] in conjunction with asbestos removal, encapsulation, hauling, and disposition, and furnish notification of such actions required by local, prefectural and GOG regulations. Notify the Contracting Officer in writing [10] [20] [\_\_\_\_\_] working days prior to commencement of work in accordance with 40 CFR 61-SUBPART M and applicable laws, ordinances, criteria, rules, and regulations[\_\_\_\_\_]. In accordance with the JEGS, prior to demolition or renovation of a facility that involves removing or disturbing friable ACM, a written assessment of the action will be prepared and submitted to the installation commander via the Contracting Officer.

The Asbestos assessment shall include the following information:

1. Type of Operation: demolition or renovation
2. Description of the facility or affected part of the facility, including the age, size, and present and past use of the facility.
3. Procedure including analytical methods, use to detect the presence of regulated ACM and category I and category II nonfriable ACM.
4. Estimated amount of a)regulated ACM to be removed from the facility and b)Category I and II nonfriable ACM in the affected part of the facility that will not be removed before demolition
5. Location, street address, and building number of the facility being demolished or renovated.
6. Scheduled starting and completion dates of asbestos removal work, or any other activity such as site preparation, that would break up, dislodge or similarly disturb asbestos material.
7. Scheduled staring and completion dates of demolition or renovation.
8. Description of planned demolition or renovation work and method(s) to be used, including a description of affected facility components.
9. Description of work practices and engineering controls, including asbestos removal and waste-handling emission control procedures.
10. Name and location of the waste disposal site where the asbestos-containing waste material will be deposited.
11. Description of procedures to follow if unexpected regulated ACM is found or Category II nonfriable ACM becomes crumbled, pulverized, or reduced to powder.

Submit copies of all Notifications to the Contracting Officer who will need to provide to the Installation Asbestos Manager for their records in accordance with the JEGS.[ Notify the local fire department 3 days prior to removing fire-proofing material from the building including notice that the material contains asbestos.]

#### 1.3.6 Environment, Safety and Health Compliance

In addition to detailed requirements of this specification, comply with those applicable laws, ordinances, criteria, rules, and regulations of

local prefectural and GOJ regulations regarding handling, storing, transporting, and disposing of asbestos waste materials. Comply with the applicable requirements of the current issue of EM 385-1-1, 29 CFR 1926.1101, 40 CFR 61-SUBPART A, 40 CFR 61-SUBPART M, 40 CFR 763, and ND OPNAVINST 5100.23. Submit matters of interpretation of standards to the appropriate administrative agency for resolution before starting the work. Where the requirements of this specification, applicable laws, rules, criteria, ordinances, regulations, and referenced documents vary, the most stringent requirement as defined by the Government apply. The following laws, ordinances, criteria, rules and regulations regarding removal, handling, storing, transporting and disposing of asbestos materials apply:

- a. [\_\_\_\_\_]
- b. [\_\_\_\_\_]
- c. [\_\_\_\_\_].

#### 1.3.7 Respiratory Protection Program

Establish and implement a respirator program as required by 29 CFR 1926.1101, and 29 CFR 1926.103. Submit a written description of the program to the Contracting Officer. Submit a written program manual or operating procedure including methods of compliance with regulatory statutes.

##### 1.3.7.1 Respirator Program Records

Submit records of the respirator program as required by 29 CFR 1926.103, and 29 CFR 1926.1101.

##### 1.3.7.2 Respirator Fit Testing

The Contractor's PQP must conduct a qualitative or quantitative fit test conforming to 29 CFR 1926.103 for each worker required to wear a respirator, and any authorized visitors who enter a regulated area where respirators are required to be worn. A respirator fit test must be performed prior to initially wearing a respirator and every 12 months thereafter. If physical changes develop that will affect the fit, a new fit test must be performed. Functional fit checks must be performed each time a respirator is put on and in accordance with the manufacturer's recommendation.

##### 1.3.7.3 Respirator Selection and Use Requirements

Provide respirators, and ensure that they are used as required by 29 CFR 1926.1101 and in accordance with CGA G-7 and the manufacturer's recommendations. Respirators must be approved by the National Institute for Occupational Safety and Health NIOSH, under the provisions of 42 CFR 84, for use in environments containing airborne asbestos fibers. For air-purifying respirators, the particulate filter must be high-efficiency particulate air (HEPA)/(N-,R-,P-100). The initial respirator selection and the decisions regarding the upgrading or downgrading of respirator type must be made by the Contractor's Designated IH based on the measured or anticipated airborne asbestos fiber concentrations to be encountered.

#### 1.3.8 Asbestos Hazard Control Supervisor

The Contractor must be represented on site by a supervisor, trained using the model Contractor accreditation plan as indicated in the Federal statutes for all portions of the herein listed work.

#### 1.3.9 Hazard Communication

Adhere to all parts of 29 CFR 1926.59 and provide the Contracting Officer with a copy of the Safety Data Sheets (SDS) for all materials brought to the site.

#### 1.3.10 Asbestos Hazard Abatement Plan

Submit a detailed plan of the safety precautions such as lockout, tagout, tryout, fall protection, and confined space entry procedures and equipment and work procedures to be used in the [encapsulation] [removal] [and demolition] of materials containing asbestos. The plan, not to be combined with other hazard abatement plans, must be prepared, signed, and sealed by the PQP. Provide a Table of Contents for each abatement submittal, which follows the sequence of requirements in the contract. The plan must include but not be limited to the precise personal protective equipment to be used including, but not limited to, respiratory protection, type of whole-body protection[ and if reusable coveralls are to be employed decontamination methods (operations and quality control plan)], the location of asbestos control areas including clean and dirty areas, buffer zones, showers, storage areas, change rooms, [removal] [encapsulation] method, interface of trades involved in the construction, sequencing of asbestos related work, disposal plan, type of wetting agent and asbestos sealer to be used, locations of local exhaust equipment, planned air monitoring strategies, and a detailed description of the method to be employed in order to control environmental pollution. The plan must also include (both fire and medical emergency) response plans and an Activity Hazard Analyses (AHAs) in accordance with EM 385-1-1. The Asbestos Hazard Abatement Plan must be approved in writing prior to starting any asbestos work. The Contractor, Asbestos Hazard Control Supervisor,, CP and PQP must meet with the Contracting Officer prior to beginning work, to discuss in detail the Asbestos Hazard Abatement Plan, including work procedures and safety precautions. Once approved by the Contracting Officer, the plan will be enforced as if an addition to the specification. Any changes required in the specification as a result of the plan must be identified specifically in the plan to allow for free discussion and approval by the Contracting Officer prior to starting work.

#### 1.3.11 Testing Laboratory

Submit the name, address, and telephone number of each testing laboratory selected for the[ sampling,] analysis, and reporting of airborne concentrations of asbestos fibers along with[ evidence that each laboratory selected holds the appropriate State license and permits and] certification that each laboratory is American Industrial Hygiene Association (AIHA) accredited and that persons counting the samples have been judged proficient by current inclusion on the AIHA Asbestos Analysis Registry (AAR) and successful participation of the laboratory in the Proficiency Analytical Testing (PAT) Program. Where analysis to determine asbestos content in bulk materials or transmission electron microscopy is required, submit evidence that the laboratory is accredited by the National Institute of Science and Technology (NIST) under National Voluntary Laboratory Accreditation Program (NVLAP) for asbestos analysis.

The testing laboratory firm must be independent of the asbestos contractor and must have no employee or employer relationship which could constitute a conflict of interest.

#### 1.3.12 Landfill Approval

Submit written evidence that the landfill is approved for asbestos disposal by local prefectural and GOJ regulatory agencies. Within three working days after delivery, submit detailed delivery tickets, prepared, signed, and dated by an agent of the landfill, certifying the amount of asbestos materials delivered to the landfill. Submit a copy of the waste shipment records within one day of the shipment leaving the project site.

##### 1.3.12.1 Records

The Contractor shall maintain records of all waste sampling and test data. The data shall include results of analyses performed, sample locations, the time of collection, and other pertinent data as applicable during the life of the contract. Transportation, treatment, and disposal methods and dates; quantities of wastes; names and addresses of each transporter and the disposal or reclamation facility, shall also be recorded and made available for inspection, along with the following documents:

1. Asbestos Waste Shipment Records
2. Waste Analyses
3. Licenses
4. Permits
5. Scale Weight Measurements
6. Weight Bills and Delivery Tickets

#### 1.3.13 Transporter Certification

Submit written evidence that the transporter is approved to transport asbestos waste in accordance with the DOT requirements of 49 CFR 171, 49 CFR 172 and 49 CFR 173 as well as registration requirements of 49 CFR 107 and all other GOJ and local prefectural regulatory agency requirements.

#### 1.3.14 Medical Certification

Provide a written certification for each worker and supervisor, signed by a licensed physician indicating that the worker and supervisor has met or exceeded all of the medical prerequisites listed herein and in 29 CFR 1926.1101 and 29 CFR 1926.103 as prescribed by law. Submit certificates prior to the start of work but after the main abatement submittal.

#### 1.4 SUBMITTALS

The Contractor's PQP shall, at a minimum, review and certify all submittals required under this section prior to submission to the Government. Government approval is required for submittals with a "G" designation; submittals not having a "G" designation are [for Contractor Quality Control approval.][for information only. When used, a designation following the "G" designation identifies the office that will review the submittal for the Government.] Submittals with an "S" are for inclusion in the Sustainability eNotebook, in conformance with Section 01 33 29 SUSTAINABILITY REPORTING. Submit the following in accordance with Section

01 33 00 SUBMITTAL PROCEDURES:

SD-03 Product Data

Amended Water; G [, [\_\_\_\_\_]]

Safety Data Sheets (SDS) for All Materials; G [, [\_\_\_\_\_]]

Encapsulants; G [, [\_\_\_\_\_]]

Respirators; G [, [\_\_\_\_\_]]

Local Exhaust Equipment; G [, [\_\_\_\_\_]]

Pressure Differential Automatic Recording Instrument; G [, [\_\_\_\_\_]]

Vacuums; G [, [\_\_\_\_\_]]

[ Glovebags; G [, [\_\_\_\_\_]]

] SD-06 Test Reports

Air Sampling Results; G

Pressure Differential Recordings for Local Exhaust System; G [, [\_\_\_\_\_]]

[ Encapsulation Test Patches; G [, [\_\_\_\_\_]]

] Clearance Sampling; G

Asbestos Disposal Quantity Report; G [, [\_\_\_\_\_]]

SD-07 Certificates

Employee Training; G

Notifications; G [, [\_\_\_\_\_]]

Respiratory Protection Program; G [, [\_\_\_\_\_]]

Asbestos Hazard Abatement Plan; G

Testing Laboratory; G [, [\_\_\_\_\_]]

Landfill Approval; G [, [\_\_\_\_\_]]

Delivery Tickets; G [, [\_\_\_\_\_]]

Waste Shipment Records; G

Transporter Certification; G [, [\_\_\_\_\_]]

Medical Certification; G [, [\_\_\_\_\_]]

Private Qualified Person Documentation; G

Competent Person; G

Worker's License; G [, [\_\_\_\_]]

Contractor's License; G [, [\_\_\_\_]]

Encapsulants; G [, [\_\_\_\_]]

Equipment Used to Contain Airborne Asbestos Fibers; G [, [\_\_\_\_]]

Water Filtration Equipment; G [, [\_\_\_\_]]

Vacuums; G [, [\_\_\_\_]]

Ventilation Systems; G [, [\_\_\_\_]]

#### SD-11 Closeout Submittals

Permits[ and Licenses]; G [, [\_\_\_\_]]

Notifications; G [, [\_\_\_\_]]

Respirator Program Records; G [, [\_\_\_\_]]

][ Protective Clothing Decontamination Facility Notification; G [, [\_\_\_\_]]

] Rental Equipment; G [, [\_\_\_\_]]

#### SD-11 Closeout Submittals

Records

### 1.5 QUALITY ASSURANCE

#### 1.5.1 Additional Requirements

In addition to detailed requirements of this specification, work performed under this contract shall comply with the JEGS, EM 385-1-1, applicable federal, GOJ, and local laws, ordinances, criteria, rules and regulations regarding handling, storing, transporting, and disposing of asbestos waste materials. Matters of interpretation of standards shall be submitted to the appropriate administrative agency for resolution before starting work. Where the requirements of this specification, applicable laws, criteria, ordinances, regulations, and referenced documents vary, the most stringent requirements shall apply. The following GOJ and local laws, rules and regulations regarding demolition, removal, encapsulation, construction alteration, repair, maintenance, renovation, spill/emergency cleanup, housekeeping, handling, storing, transporting and disposing of asbestos material apply:

1. Japan Environmental Governing Standards (JEGS), most recent version.

#### 1.5.2 Private Qualified Person Documentation

Submit the name, address, telephone number, and resume of the Private Qualified Person (PQP) selected to prepare the Asbestos Hazard Abatement Plan, direct monitoring and training, direct air monitoring and assist the Contractor's Competent Person in implementing and ensuring that safety and health requirements are complied with during the performance of all required work, and documented evidence that the PQP has successfully completed training in and is accredited and where required is certified



as, a Building Inspector and Contractor/Supervisor Abatement Worker. as described by 40 CFR 763. Submit certification to show that the PQP is a Registered Architect, Professional Engineer (licensed) or US Certified Industrial Hygienist determined and documented by the American Board of Industrial Hygiene (ABIH). A copy of the PQP's current valid ABIH certification and/or documentation that the PQP is a registered Architect or Professional Engineer shall be provided. The PQP and the asbestos contractor must not have an employee/employer relationship or financial relationship which could constitute a conflict of interest. The PQP must be a first tier subcontractor. The Designated IH/PQP shall [be onsite at all times] [visit the site at least [\_\_\_\_\_] per [month] [week]] for the duration of asbestos activities and shall be available for emergencies. In addition, submit resumes of additional IH/PQP's and industrial hygiene technicians (IHT) who will be assisting the Designated IH/PQP in performing onsite tasks. IH/PQPs and IHTs supporting the Designated IH/PQP shall have a minimum of [2 years] [\_\_\_\_\_] of practical onsite asbestos abatement experience. Indicate the formal reporting relationship between the Designated IH/PQP and the support IH/PQPs and IHTs, the Designated Competent Person, and the Contractor.

#### 1.5.3 Competent Person Documentation

The Competent Person must be experienced in the administration and supervision of asbestos abatement projects including exposure assessment and monitoring, work practices, abatement methods, protective measures for personnel, setting up and inspecting asbestos abatement work areas, evaluating the integrity of containment barriers, placement and operation of local exhaust systems, ACM generated waste containment and disposal procedures, decontamination units installation and maintenance requirements, site safety and health requirements, notification of other employees onsite, [\_\_\_\_\_]. The Competent Person must be on-site at all times when asbestos abatement activities are underway. Submit training certification and a current EPA MAP "Contractor/Supervisor" training certificates.. Submit evidence that the Competent Person has a minimum of 2 years of comprehensive experience in planning and overseeing asbestos abatement activities and is experienced in the administration and supervision of asbestos abatement projects relevant to OSHA competent person requirements, including exposure assessment and monitoring, work practices, abatement methods, protective measures for personnel, setting up and inspecting asbestos abatement work areas, evaluating the integrity of containment barriers, placement and operation of local exhaust systems, ACM generated waste containment and disposal procedures, decontamination units installation and maintenance requirements, site safety and health requirements, notification of other employees onsite, etc. The Designated Competent Person shall be responsible for compliance with the JEGS, applicable U.S. federal, GOJ, and local requirements, the Contractor's Accident Prevention Plan (APP) and Asbestos Hazard Abatement Plan (AHAP).

#### 1.5.4 Worker's License

Submit documentation that workers meet the requirements of 29 CFR 1926.1101, 40 CFR 61-SUBPART M and other applicable federal, GOJ, and local requirements. Worker training documentation shall be provided as required on the "Certificate of Workers Acknowledgment". Training documentation is required for each employee who will perform OSHA Class I, Class II, Class III, or Class IV asbestos abatement operations. Such documentation shall be submitted on a Contractor generated form titled "Certificate of Workers Acknowledgment", to be completed for each employee in the same format. Training course completion certificates (initial and most recent update

refresher) required by the information checked on the form shall be attached..

#### 1.5.5 Contractor's License

Submit a copy of the asbestos contractor's AHERA Asbestos Worker(s) certification. Submit the following certification along with the license: "I certify that the personnel I am responsible for during the course of this project fully understand the contents of 29 CFR 1926.1101, 40 CFR 61-SUBPART M, EM 385-1-1, and the Federal, JEGS, GOJ and local prefecture requirement for those asbestos abatement activities that they will be involved in." This certification statement must be signed by the Company's President or Chief Executive.

#### 1.5.6 Air Sampling Results

Complete fiber counting and provide results to the PQP for review within 16 hours of the "time off" of the sample pump. Notify the Contracting Officer immediately of any airborne levels of asbestos fibers in excess of the acceptable limits. Submit sampling results to the Contracting Officer and the affected Contractor employees where required by law within three working days, signed by the testing laboratory employee performing air sampling, the employee that analyzed the sample, and the PQP and GC. Notify the Contractor and the Contracting Officer immediately of any results in excess of 0.01 fibers per cubic centimeter or background whichever is higher. In no circumstance must levels exceed 0.1 fibers per cubic centimeter.

#### 1.5.7 Pressure Differential Recordings for Local Exhaust System

Provide a local exhaust system that creates a negative pressure of at least 0.51 mm of water relative to the pressure external to the enclosure and operate it continuously, 24-hours a day, until the temporary enclosure of the asbestos control area is removed. Submit pressure differential recordings for each work day to the PQP and GC for review and to the Contracting Officer within 24-hours from the end of each work day. Notify the Contractor and the Contracting Officer immediately of any variance in the pressure differential which could cause adjacent unsealed areas to have asbestos fiber concentrations in excess of 0.01 fibers per cubic centimeter or background whichever is higher.

#### [1.5.8 Protective Clothing Decontamination Quality Control Records

Keep all records that document quality control for the decontamination of reusable outer protective clothing in the Environmental Records Binder, on the project site.

#### ]1.5.9 Protective Clothing Decontamination Facility Notification

Submit written evidence that persons who decontaminate, store, or transport asbestos contaminated clothing used in the performance of this contract were duly notified in accordance with 29 CFR 1926.1101.

#### ]1.5.10 GOJ, Prefectural or Local Citations on Previous Projects

Keep a statement, signed by an officer of the company, containing a record of any citations issued by GOJ, Prefectural or local regulatory agencies relating to asbestos activities within the last 5 years (including projects, dates, and resolutions); a list of penalties incurred through

non-compliance with asbestos project specifications, including liquidated damages, overruns in scheduled time limitations and resolutions; and situations in which an asbestos-related contract has been terminated (including projects, dates, and reasons for terminations) in the Environmental Records Binder on the project site. If there are none, a negative declaration signed by an officer of the company must be placed in the binder.

#### 1.5.11 Preconstruction Conference

Conduct a safety preconstruction conference to discuss the details of the Asbestos Hazard Abatement Plan reviewed and certified by the Contractor's PQP, Accident Prevention Plan (APP) including the AHAs required in specification Section 01 35 26 GOVERNMENTAL SAFETY REQUIREMENTS [\_\_\_\_]. The safety preconstruction conference must include the Contractor and their Designated Competent Person, Designated IH and Project Supervisor and the Contracting Officer. Deficiencies in the APP will be discussed. Onsite work must not begin until the APP has been accepted. [\_\_\_\_]

#### 1.6 SECURITY

[[Twenty-four hour security guard] [Fenced and locked security area] [\_\_\_\_] shall be provided for each regulated area. ] A log book must be kept documenting entry into and out of the regulated area. Entry into regulated areas must only be by personnel authorized by the Contractor and the Contracting Officer. Personnel authorized to enter regulated areas must be trained, medically evaluated, and wear the required personal protective equipment.]

#### 1.7 EQUIPMENT

##### 1.7.1 Rental Equipment

Provide a copy of the written notification to the rental company concerning the intended use of the equipment and the possibility of asbestos contamination of the equipment.

### PART 2 PRODUCTS

#### 2.1 ENCAPSULANTS

Encapsulants must conform to current USEPA requirements, contain no toxic or hazardous substances as defined in 29 CFR 1926.59, and conform to the following performance requirements. Submit certificates stating that encapsulants meet the applicable specified performance requirements.

##### 2.1.1 Removal Encapsulants

<u>Requirement</u>	<u>Test Standard</u>
Flame Spread - 25, Smoke Emission - 50	ASTM E84
Life Expectancy - 20 years	ASTM C732 Accelerated Aging Test
Permeability - Minimum 0.4 perms	ASTM E96/E96M

<u>Requirement</u>	<u>Test Standard</u>
Fire Resistance - Negligible affect on fire resistance rating over 3 hour test (Classified by UL for use over fibrous and cementitious sprayed fireproofing)	ASTM E119
Impact Resistance - Minimum 245.5 mm/N	ASTM D2794 Gardner Impact Test
Flexibility - no rupture or cracking	ASTM D522/D522M Mandrel Bend Test

### 2.1.2 Bridging Encapsulant

<u>Requirement</u>	<u>Test Standard</u>
Flame Spread - 25, Smoke Emission - 50	ASTM E84
Life Expectancy - 20 years	ASTM C732 Accelerated Aging Test
Permeability - Minimum 0.4 perms	ASTM E96/E96M
Fire Resistance - Negligible affect on fire resistance rating over 3-hour test (Classified by UL for use over fibrous and cementitious sprayed fireproofing)	ASTM E119
Impact Resistance - Minimum 245.5 mm/N	ASTM D2794 Gardner Impact Test
Flexibility - no rupture or cracking	ASTM D522/D522M Mandrel Bend Test

### 2.1.3 Penetrating Encapsulant

<u>Requirement</u>	<u>Test Standard</u>
Flame Spread - 25, Smoke Emission - 50	ASTM E84
Life Expectancy - 20 years	ASTM C732 Accelerated Aging Test
Permeability - Minimum 0.4 perms	ASTM E96/E96M

<u>Requirement</u>	<u>Test Standard</u>
Cohesion/Adhesion Test - 729.5 N of force/meter	ASTM E119
Fire Resistance - Negligible affect on fire resistance rating over 3-hour test (Classified by UL for use over fibrous and cementitious sprayed fireproofing)	ASTM E119
Impact Resistance - Minimum 245.5 mm/N	ASTM D2794 Gardner Impact Test
Flexibility - no rupture or cracking	ASTM D522/D522M Mandrel Bend Test

#### 2.1.4 Lock-down Encapsulant

<u>Requirement</u>	<u>Test Standard</u>
Flame Spread - 25, Smoke Emission - 50	ASTM E84
Life Expectancy - 20 years	ASTM C732 Accelerated Aging Test
Permeability - Minimum 0.4 perms	ASTM E96/E96M
Fire Resistance - Negligible affect on fire resistance rating over 3-hour test (Tested with fireproofing over encapsulant applied directly to steel member)	ASTM E119
Bond Strength: 1459 N of force/meter	ASTM E736/E736M
(Tests compatibility with cementitious and fibrous fireproofing)	

## [ 2.2 ENCASEMENT PRODUCTS

Encasement must consist of primary cellular polymer coat, polymer finish coat, and any other finish coat as approved by the Contracting Officer.

## ]2.3 DUCT TAPE

Industrial grade duct tape of appropriate widths suitable for bonding sheet plastic and disposal container.

## 2.4 DISPOSAL CONTAINERS

Leak-tight (defined as solids, liquids, or dust that cannot escape or spill out) disposal containers must be provided for ACM wastes as required by 29 CFR 1926.1101. Disposal containers can be in the form of:

- a. Disposal Bags
- b. Fiberboard Drums
- c. Cardboard Boxes

## 2.5 SHEET PLASTIC

Sheet plastic must be polyethylene of 0.15 mm minimum thickness and must be provided in the largest sheet size necessary to minimize seams[, as indicated on the project drawings]. Film must be [clear][frosted][ or ][black] and conform to ASTM D4397, except as specified below

### 2.5.1 Flame Resistant

Where a potential for fire exists, flame-resistant sheets must be provided. Film must be [frosted][ or ][black] and must conform to the requirements of NFPA 701.

### 2.5.2 Reinforced

Reinforced sheets must be provided where high skin strength is required, such as where it constitutes the only barrier between the regulated area and the outdoor environment. The sheet stock must consist of translucent, nylon-reinforced or woven-polyethylene thread laminated between 2 layers of polyethylene film. Film must meet flame resistant standards of NFPA 701.

## 2.6 MASTIC REMOVING SOLVENT

Mastic removing solvent must be nonflammable and must not contain methylene chloride, glycol ether, or halogenated hydrocarbons. Solvents used onsite must have a flash point greater than 60 degrees C.

## 2.7 LEAK-TIGHT WRAPPING

Two layers of 0.15 mm minimum thick polyethylene sheet stock must be used for the containment of removed asbestos-containing components or materials such as large tanks, boilers, insulated pipe segments and other materials. Upon placement of the ACM component or material, each layer must be individually leak-tight sealed with duct tape.

## 2.8 VIEWING INSPECTION WINDOW

Where feasible, a minimum of one clear, 3 mm thick, acrylic sheet, 450 by 610 mm, must be installed as a viewing inspection window at eye level on a wall in each containment enclosure. The windows must be sealed leak-tight with industrial grade duct tape.

## 2.9 WETTING AGENTS

Removal encapsulant (a penetrating encapsulant) must be provided when conducting removal abatement activities that require a longer removal time or are subject to rapid evaporation of amended water. The removal

encapsulant must be capable of wetting the ACM and retarding fiber release during disturbance of the ACM greater than or equal to that provided by amended water. Performance requirements for penetrating encapsulants are specified in paragraph ENCAPSULANTS above.

## PART 3 EXECUTION

### 3.1 EQUIPMENT

Provide the Contracting Officer or the Contracting Officer's Representative, with at least [two] [\_\_\_\_\_] complete sets of personal protective equipment [including decontaminating reusable coveralls] as required for entry to and inspection of the asbestos control area. Provide equivalent training to the Contracting Officer or a designated representative as provided to Contractor employees in the use of the required personal protective equipment. Provide manufacturer's certificate of compliance for all equipment used to contain airborne asbestos fibers.

#### 3.1.1 Air Monitoring Equipment

The Contractor's PQP must approve air monitoring equipment. The equipment must include, but must not be limited to:

- a. High-volume sampling pumps that can be calibrated and operated at a constant airflow up to 16 liters per minute.
- b. Low-volume, battery powered, body-attachable, portable personal pumps that can be calibrated to a constant airflow up to approximately 3.5 liters per minute, and a self-contained rechargeable power pack capable of sustaining the calibrated flow rate for a minimum of 10 hours. The pumps must also be equipped with an automatic flow control unit which must maintain a constant flow, even as filter resistance increases due to accumulation of fiber and debris on the filter surface.
- c. Single use standard 25 mm diameter cassette, open face, 0.8 micron pore size, mixed cellulose ester membrane filters and cassettes with 50 mm electrically conductive extension cowl, and shrink bands for personal air sampling.
- [ d. Single use standard 25 mm diameter cassette, open face, 0.45 micron pore size, mixed cellulose ester membrane filters and cassettes with 50 mm electrically conductive cowl, and shrink bands when conducting environmental area sampling using NIOSH NMAM Methods 7400 and 7402, (and the transmission electric microscopy method specified at 40 CFR 763 if required).
- ] e. A flow calibrator capable of calibration to within plus or minus 2 percent of reading over a temperature range of minus 20 to plus 60 degrees C and traceable to a NIST primary standard.

#### 3.1.2 Respirators

Select respirators from those approved by the National Institute for Occupational Safety and Health (NIOSH), Department of Health and Human Services.

### 3.1.2.1 Respirators for Handling Asbestos

Provide personnel engaged in pre-cleaning, cleanup, handling, [encapsulation][removal][ and ][ or ][demolition] of asbestos materials with respiratory protection as indicated in 29 CFR 1926.1101 and 29 CFR 1926.103. Breathing air must comply with CGA G-7.

### 3.1.3 Exterior Whole Body Protection

#### 3.1.3.1 Outer Protective Clothing

Provide personnel exposed to asbestos with disposable "non-breathable," [ or reusable "non-breathable" ] whole body outer protective clothing, head coverings, gloves, and foot coverings. Provide disposable plastic or rubber gloves to protect hands. Cloth gloves may be worn inside the plastic or rubber gloves for comfort, but must not be used alone. Make sleeves secure at the wrists, make foot coverings secure at the ankles, and make clothing secure at the neck by the use of tape.[ Reusable whole body outer protective clothing must be either disposed of as asbestos contaminated waste upon exiting from the asbestos regulated work area or be properly decontaminated.]

#### 3.1.3.2 Work Clothing

Provide cloth work clothes for wear under the outer protective clothing and foot coverings and either dispose of or properly decontaminate them as recommended by the [GC][PQP] after each use.

#### 3.1.3.3 Personal Decontamination Unit

Provide a temporary, negative pressure unit with a separate decontamination locker room and clean locker room with a shower that complies with 29 CFR 1926.51(f)(4)(ii) through (V) in between for personnel required to wear whole body protective clothing. Provide two separate lockers for each asbestos worker, one in each locker room. Keep street clothing and street shoes in the clean locker. HEPA vacuum and remove asbestos contaminated disposable protective clothing while still wearing respirators at the boundary of the asbestos work area and seal in impermeable bags or containers for disposal.[ HEPA vacuum and remove asbestos contaminated reusable protective clothing while still wearing respirators at the boundary of the asbestos work area, seal in two impermeable bags, label outer bag as asbestos contaminated waste, and transport for decontamination.] Do not wear work clothing between home and work. Locate showers between the decontamination locker room and the clean locker room and require that all employees shower before changing into street clothes. Collect used shower water and filter with approved water filtration equipment to remove asbestos contamination. Wastewater filters must be installed in series with the first stage pore size [20] [\_\_\_\_\_] microns and the second stage pore size of [5] [\_\_\_\_\_] microns. Dispose of filters and residue as asbestos waste. Discharge clean water to the sanitary system. Dispose of asbestos contaminated work clothing as asbestos contaminated waste[ or properly decontaminate as specified in the Contractor's Asbestos Hazard Abatement Plan]. Keep the floor of the decontamination unit's clean room dry and clean at all times. Proper housekeeping and hygiene requirements must be maintained. Provide soap and towels for showering, washing and drying. Cloth towels provided must be disposed of as ACM waste or must be laundered in accordance with 29 CFR 1926.1101. Physically attach the decontamination units to the asbestos control area. Construct both a personnel decontamination unit



and an equipment decontamination unit onto and integral with each asbestos control area.

#### [3.1.3.4 Decontamination of Reusable Outer Protective Clothing

When reusable outer protective clothing is used, transport the double bagged clothing to a previously notified commercial/industrial decontamination facility for decontamination. Perform non-destructive testing to determine the effectiveness of asbestos decontamination. If representative sampling is used, ensure the statistical validity of the sampling results. If representative sampling is used, reject any entire batch in which any of the pieces exceed 40 fibers per square millimeter. Inspect reusable protective clothing prior to use to ensure that it will provide adequate protection and is not or is not about to become ripped, torn, deteriorated, or damaged, and that it is not visibly contaminated. Notify, in writing, all personnel involved in the decontamination of reusable outer protective clothing as indicated in 29 CFR 1926.1101.

#### ]3.1.3.5 Eye Protection

Provide eye protection that complies with ANSI/ISEA Z87.1 when operations present a potential eye injury hazard. Provide goggles to personnel engaged in asbestos abatement operations when the use of a full face respirator is not required.

### 3.1.4 Regulated Areas

All Class I, II, and III asbestos work must be conducted within regulated areas. The regulated area must be demarcated to minimize the number of persons within the area and to protect persons outside the area from exposure to airborne asbestos. Control access to regulated areas, ensure that only authorized personnel enter, and verify that Contractor required medical surveillance, training and respiratory protection program requirements are met prior to allowing entrance.

### 3.1.5 Load-out Unit

Provide a temporary load-out unit that is adjacent and connected to the regulated area[ and ][access tunnel]. Attach the load-out unit in a leak-tight manner to each regulated area.

### 3.1.6 Warning Signs and Labels

Provide bilingual warning signs printed in English and Japanese at all approaches to asbestos control areas. Locate signs at such a distance that personnel may read the sign and take the necessary protective steps required before entering the area. Provide labels and affix to all asbestos materials, scrap, waste, debris, and other products contaminated with asbestos. Containers with preprinted warning labels conforming to the requirements are acceptable

#### 3.1.6.1 Warning Sign

Provide vertical format conforming to 29 CFR 1926.200, and 29 CFR 1926.1101 minimum 500 by 355 mm displaying the following legend in the lower panel:

<u>Legend</u>	<u>Notation</u>
DANGER	25 mm Sans Serif Gothic or Block
ASBESTOS	25 mm Sans Serif Gothic or Block
MAY CAUSE CANCER	25 mm Sans Serif Gothic or Block
CAUSES DAMAGE TO LUNGS	6 mm Sans Serif Gothic or Block
AUTHORIZED PERSONNEL ONLY	6 mm Sans Serif Gothic or Block
[WEAR RESPIRATORY PROTECTION AND PROTECTIVE CLOTHING IN THIS AREA]	6 mm Sans Serif Gothic or Block

Spacing between lines must be at least equal to the height of the upper of any two lines.

#### 3.1.6.2 Warning Labels

Provide labels conforming to 29 CFR 1926.1101 of sufficient size to be clearly legible, displaying the following legend:

DANGER
CONTAINS ASBESTOS FIBERS
MAY CAUSE CANCER
CAUSES DAMAGE TO LUNGS
DO NOT BREATHE DUST AVOID CREATING DUST

#### 3.1.7 Local Exhaust System

Provide a local exhaust system in the asbestos control area in accordance with ASSE/SAFE Z9.2 and 29 CFR 1926.1101 that will provide at least four air changes per hour inside of the negative pressure enclosure. Local exhaust equipment must be operated 24-hours per day, until the asbestos control area is removed and must be leak proof to the filter and equipped with HEPA filters. Maintain a minimum pressure differential in the control area of minus 0.51 mm of water column relative to adjacent, unsealed areas. Provide continuous 24-hour per day monitoring of the pressure differential with a pressure differential automatic recording instrument. The building ventilation system must not be used as the local exhaust system for the asbestos control area. Filters on exhaust equipment must conform to ASSE/SAFE Z9.2 and UL 586. Terminate the local exhaust system out of doors and remote from any public access or ventilation system intakes.

### 3.1.8 Tools

Vacuums must be leak proof to the filter and equipped with HEPA filters. Filters on vacuums must conform to ASSE/SAFE Z9.2 and UL 586. Do not use power tools to remove asbestos containing materials unless the tool is equipped with effective, integral HEPA filtered exhaust ventilation systems. Remove all residual asbestos from reusable tools prior to storage or reuse. Reusable tools must be thoroughly decontaminated prior to being removed from the regulated areas.

### 3.1.9 Rental Equipment

If rental equipment is to be used, furnish written notification to the rental agency concerning the intended use of the equipment and the possibility of asbestos contamination of the equipment.

#### [3.1.10 Glovebags

Submit written manufacturers proof that glovebags will not break down under expected temperatures and conditions. The glovebag assembly shall be 0.15 mm thick plastic, prefabricated and seamless at the bottom with preprinted OSHA warning label.

#### ]3.1.11 Single Stage Decontamination Area

A decontamination area (equipment room/area) must be provided for Class I work involving less than 7.5 m or 0.9 square meters of TSI or surfacing ACM, and for Class II and Class III asbestos work operations where exposures exceed the PELs or where there is no negative exposure assessment. The equipment room or area must be adjacent to the regulated area for the decontamination of employees, material, and their equipment which could be contaminated with asbestos. The area must be covered by an impermeable drop cloth on the floor or horizontal working surface. The area must be of sufficient size to accommodate cleaning of equipment and removing personal protective equipment without spreading contamination beyond the area.

### 3.1.12 Decontamination Area Exit Procedures

Ensure that the following procedures are followed:

- a. Before leaving the regulated area, remove all gross contamination and debris from work clothing using a HEPA vacuum.
- b. Employees must remove their protective clothing in the equipment room and deposit the clothing in labeled impermeable bags or containers for disposal or laundering.
- c. Employees must not remove their respirators until showering.
- d. Employees must shower prior to entering the clean room. If a shower has not been located between the equipment room and the clean room or the work is performed outdoors, ensure that employees engaged in Class I asbestos jobs:
  - a) Remove asbestos contamination from their work suits in the equipment room or decontamination area using a HEPA vacuum before proceeding to a shower that is not adjacent to the work area; or
  - b) Remove their contaminated work suits in the equipment room, without cleaning worksuits, and proceed to a shower that is not

adjacent to the work area.

### 3.2 WORK PROCEDURE

Perform asbestos related work in accordance with the JEGS, 29 CFR 1926.1101, 40 CFR 61-SUBPART M, NAVFAC P-502, and as specified herein. Use [[wet]] or [[if given prior EPA approval, dry] removal procedures][appropriate encapsulation procedures as listed in the asbestos hazard abatement plan] and [negative pressure enclosure] [\_\_\_\_\_] techniques. Wear and utilize protective clothing and equipment as specified herein. No eating, smoking, drinking, chewing gum, tobacco, or applying cosmetics is permitted in the asbestos work or control areas. Personnel of other trades not engaged in the [encapsulation][removal and demolition] of asbestos containing material must not be exposed at any time to airborne concentrations of asbestos unless all the personnel protection and training provisions of this specification are complied with by the trade personnel.[ Seal all roof top penetrations, except plumbing vents, prior to asbestos roofing work.] Shut down the building heating, ventilating, and air conditioning system, cap the openings to the system, [and provide temporary [heating,][ and ][ventilation,][ and ][air conditioning]] prior to the commencement of asbestos work. Power to the regulated area must be locked-out and tagged in accordance with 29 CFR 1910.147.[ Disconnect electrical service when [encapsulation][wet removal] is performed and provide temporary electrical service with verifiable ground fault circuit interrupter (GFCI) protection prior to the use of any [water][encapsulant].] All electrical work must be performed by a licensed electrician. Stop abatement work in the regulated area immediately when the airborne total fiber concentration: (1) equals or exceeds 0.01 f/cc, or the pre-abatement concentration, whichever is greater, outside the regulated area; or (2) equals or exceeds 1.0 f/cc inside the regulated area. Correct the condition to the satisfaction of the PQP, including visual inspection and air sampling. Work must resume only upon notification by the Contracting Officer once the PQP has certified that the condition has been corrected. Corrective actions must be documented. If an asbestos fiber release or spill occurs[ outside of the asbestos control area], stop work immediately, correct the condition to the satisfaction of the PQP. Submit the documents certified by the PQP to the Contracting Officer including clearance sampling, and obtain the Contracting Officer's approval prior to resumption of work.

#### 3.2.1 Building Ventilation System and Critical Barriers

Building ventilation system supply and return air ducts in a regulated area must be[ shut down and isolated by lockable switch or other positive means in accordance with 29 CFR 1910.147.][ isolated by airtight seals to prevent the spread of contamination throughout the system.] The airtight seals must consist of [air-tight rigid covers for building ventilation supply and exhaust grills where the ventilation system is required to remain in service during abatement][2 layers of polyethylene]. Edges to wall, ceiling and floor surfaces must be sealed with industrial grade duct tape.

- a. A Competent Person must supervise the work.
- b. For indoor work, critical barriers must be placed over all openings to the regulated area.
- c. Impermeable dropcloths must be placed on surfaces beneath all removal activity.

### 3.2.2 Protection of Existing Work to Remain

Perform work without damage or contamination of adjacent work. Where such work is damaged or contaminated as verified by the Contracting Officer using visual inspection or sample analysis, it must be restored to its original condition or decontaminated by the Contractor at no expense to the Government as deemed appropriate by the Contracting Officer. This includes inadvertent spill of dirt, dust, or debris in which it is reasonable to conclude that asbestos may exist. When these spills occur, stop work immediately. Then clean up the spill. When satisfactory visual inspection and air sampling results are obtained from the [PQP][GC] work may proceed at the discretion of the Contracting Officer.

### 3.2.3 Furnishings

[ Furniture [,(\_\_\_\_)] and equipment will be removed from the area of work by the Government before asbestos work begins.

] [Furniture [,(\_\_\_\_)] and equipment will remain in the building. Cover and seal furnishings with 0.15 mm plastic sheet or remove from the work area and store in a location on site approved by the Contracting Officer.

] [Furnishings listed below and located in the work area are considered to be contaminated with asbestos fibers. Transfer these items to an area on site approved by the Contracting Officer, decontaminate (wet methods where possible), and then store until the room from which they came is declared clean and safe for entry. [ Carpets, draperies, and other items with porous, non-solid surfaces can not be suitably cleaned and must be properly disposed of as contaminated waste.] At the conclusion of the asbestos removal work and cleanup operations, transfer all objects so removed and cleaned back to the area from which they came and re-install them. Base bids on decontaminating:

- a. [\_\_\_\_] Desks
- b. [\_\_\_\_] Filing cabinets
- c. [\_\_\_\_] Linear meters of shelving
- d. [\_\_\_\_] Cubic meters of books, papers, files, [\_\_\_\_].
- e. [\_\_\_\_].

### 3.2.4 Precleaning

Wet wipe and HEPA vacuum all surfaces potentially contaminated with asbestos prior to establishment of an enclosure.

### 3.2.5 Asbestos Control Area Requirements

#### 3.2.5.1 Negative Pressure Enclosure

Removal of [asbestos contaminated acoustical ceiling tiles,] [spray applied fireproofing,] [thermal system insulation,] [gypsum wallboard/joint compound] [\_\_\_\_] require the use of a negative pressure enclosure. Block and seal openings in areas where the release of airborne asbestos fibers can be expected. Establish an asbestos negative pressure enclosure with the use of curtains, portable partitions, or other

enclosures in order to prevent the escape of asbestos fibers from the contaminated asbestos work area. Negative pressure enclosure development must include protective covering of uncontaminated walls, and ceilings with a continuous membrane of two layers of minimum 0.15 mm plastic sheet sealed with tape to prevent water or other damage. Provide two layers of 0.15 mm plastic sheet over floors and extend a minimum of 300 mm up walls. Seal all joints with tape. Provide local exhaust system in the asbestos control area. Openings will be allowed in enclosures of asbestos control areas for personnel and equipment entry and exit, the supply and exhaust of air for the local exhaust system and the removal of properly containerized asbestos containing materials. Replace local exhaust system filters as required to maintain the efficiency of the system.

#### 3.2.5.2 Glovebag

If the construction of a negative pressure enclosure is infeasible for the [removal] [encapsulation] of [\_\_\_\_\_] located [\_\_\_\_\_]. Use alternate techniques as indicated in 29 CFR 1926.1101. Establish designated limits for the asbestos regulated area with the use of rope or other continuous barriers, and maintain all other requirements for asbestos control areas. The PQP must conduct personal samples of each worker engaged in asbestos handling (removal, disposal, transport and other associated work) throughout the duration of the project. If the quantity of airborne asbestos fibers monitored at the breathing zone of the workers at any time exceeds background or 0.01 fibers per cubic centimeter whichever is greater, stop work, evacuate personnel in adjacent areas or provide personnel with approved protective equipment at the discretion of the Contracting Officer. This sampling may be duplicated by the Government at the discretion of the Contracting Officer. If the air sampling results obtained by the Government differ from those obtained by the Contractor, the Government will determine which results predominate. If adjacent areas are contaminated as determined by the Contracting Officer, clean the contaminated areas, monitor, and visually inspect the area as specified herein.

#### 3.2.5.3 Regulated Area for Class II Removal

Removal of [asbestos containing floor tile/mastic,] [carpet/mastic,] [sealants,] [\_\_\_\_\_] are Class II removal activities. Establish designated limits for the asbestos regulated work area with the use of red barrier tape; install critical barriers, splash guards and signs, and maintain all other requirements for asbestos control area except local exhaust. Place impermeable dropcloths on surfaces beneath removal activity extending out 3 feet in all directions. A detached decontamination system may be used. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If workers the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.6 Removal Procedures

Wet asbestos material with a fine spray of [amended water][a specific wetting agent such as light oil] during removal, cutting, or other handling so as to reduce the emission of airborne fibers. Remove material and immediately place in 0.15 mm plastic disposal bags. Remove asbestos containing material in a gradual manner, with continuous application of the amended water or wetting agent in such a manner that no asbestos

material is disturbed prior to being adequately wetted. Where unusual circumstances prohibit the use of 0.15 mm plastic bags, submit an alternate proposal for containment of asbestos fibers to the Contracting Officer for approval. For example, in the case where both piping and insulation are to be removed, the Contractor may elect to wet the insulation, wrap the pipes and insulation in plastic and remove the pipe by sections. Containerize asbestos containing material while wet. Do not allow asbestos material to accumulate or become dry. Lower and otherwise handle asbestos containing material as indicated in 40 CFR 61-SUBPART M.

#### 3.2.6.1 Sealing Contaminated Items Designated for Disposal

Remove contaminated architectural, mechanical, and electrical appurtenances such as venetian blinds, full-height partitions, carpeting, duct work, pipes and fittings, radiators, light fixtures, conduit, panels, and other contaminated items designated for removal by completely coating the items with an asbestos lock-down encapsulant at the demolition site before removing the items from the asbestos control area. These items need not be vacuumed. The asbestos lock-down encapsulant must be tinted a contrasting color and spray-applied by airless method. Thoroughness of sealing operation must be visually gauged by the extent of colored coating on exposed surfaces. Lock-down encapsulants must comply with the performance requirements specified herein.

#### 3.2.6.2 Exposed Pipe Insulation Edges

Contain edges of asbestos insulation to remain that are exposed by a removal operation. Wet and cut the rough ends true and square with sharp tools and then encapsulate the edges with a 6 mm thick layer of non-asbestos containing insulating cement troweled to a smooth hard finish. When cement is dry, lag the end with a layer of non-asbestos lagging cloth, overlapping the existing ends by at least 100 mm. When insulating cement and cloth is an impractical method of sealing a raw edge of asbestos, take appropriate steps to seal the raw edges as approved by the Contracting Officer.

#### 3.2.7 Methods of Compliance

##### 3.2.7.1 Mandated Practices

The specific abatement techniques and items identified must be detailed in the Contractor's AHAP. Use the following engineering controls and work practices in all operations, regardless of the levels of exposure:

- a. Vacuum cleaners equipped with HEPA filters.
- b. Wet methods or wetting agents except where it can be demonstrated that the use of wet methods is unfeasible due to the creation of electrical hazards, equipment malfunction, and in roofing.
- c. Prompt clean-up and disposal.
- d. Inspection and repair of polyethylene.
- e. Cleaning of equipment and surfaces of containers prior to removing them from the equipment room or area.

#### 3.2.7.2 Control Methods

Use the following control methods:

- a. Local exhaust ventilation equipped with HEPA filter;
- b. Enclosure or isolation of processes producing asbestos dust;
- c. Where the feasible engineering and work practice controls are not sufficient to reduce employee exposure to or below the PELs, use them to reduce employee exposure to the lowest levels attainable and must supplement them by the use of respiratory protection.

#### 3.2.7.3 Unacceptable Practices

The following work practices must not be used:

- a. High-speed abrasive disc saws that are not equipped with point of cut ventilator or enclosures with HEPA filtered exhaust air.
- b. Compressed air used to remove asbestos containing materials, unless the compressed air is used in conjunction with an enclosed ventilation system designed to capture the dust cloud created by the compressed air.
- c. Dry sweeping, shoveling, or other dry clean up.
- d. Employee rotation as a means of reducing employee exposure to asbestos.

#### 3.2.8 Class I Work Procedures

In addition to requirements of paragraphs MANDATED PRACTICES and CONTROL METHODS, the following engineering controls and work practices must be used:

- a. A Competent Person must supervise the installation and operation of the control methods.
- b. For jobs involving the removal of more than 7.5 m or 0.9 square m of TSI or surfacing material, place critical barriers over all openings to the regulated area.
- c. HVAC systems must be isolated in the regulated area by sealing with a double layer of plastic or air-tight rigid covers.
- d. Impermeable dropcloths (0.15 mm or greater thickness) must be placed on surfaces beneath all removal activity.
- e. Where a negative exposure assessment has not been provided or where exposure monitoring shows the PEL was exceeded, the regulated area must be ventilated with a HEPA unit and employees must use PPE.

#### 3.2.9 Specific Control Methods for Class I Work

Use Class I work procedures, control methods and removal methods for the following ACM:

- a. Spray Applied Fireproofing



- b. Gypsum Wallboard and Joint Compound
- c. Thermal System Insulation and Mudded Pipe Fittings
- d. Plaster and Textured Ceilings and Walls
- e. Vermiculite

#### 3.2.9.1 Negative Pressure Enclosure (NPE) System

The system must provide at least four air changes per hour inside the containment. The local exhaust unit equipment must be operated 24-hours per day until the containment is removed. The NPE must be smoke tested for leaks at the beginning of each shift and be sufficient to maintain a minimum pressure differential of minus 0.5 mm of water column relative to adjacent, unsealed areas. Pressure differential must be monitored continuously, 24-hours per day, with an automatic manometric recording instrument and Records must be provided daily on the same day collected to the Contracting Officer. The Contracting Officer must be notified immediately if the pressure differential falls below the prescribed minimum. The building ventilation system must not be used as the local exhaust system for the regulated area. The NPE must terminate outdoors unless an alternate arrangement is allowed by the Contracting Officer. All filters used must be new at the beginning of the project and must be periodically changed as necessary and disposed of as ACM waste.

#### 3.2.9.2 Glovebag Systems

Glovebags must be used without modification, smoke-tested for leaks, and completely cover the circumference of pipe or other structures where the work is to be done. Glovebags must be used only once and must not be moved. Glovebags must not be used on surfaces that have temperatures exceeding 66 degrees C. Prior to disposal, glovebags must be collapsed using a HEPA vacuum. Before beginning the operation, loose and friable material adjacent to the glovebag operation must be wrapped and sealed in 2 layers of plastic or otherwise rendered intact. At least two persons must perform glovebag removal. Asbestos regulated work areas must be established for glovebag abatement. Designated boundary limits for the asbestos work must be established with rope or other continuous barriers and all other requirements for asbestos control areas must be maintained, including area signage and boundary warning tape.

- a. Attach HEPA vacuum systems to the bag to prevent collapse during removal of ACM.
- b. The negative pressure glove boxes must be fitted with gloved apertures and a bagging outlet and constructed with rigid sides from metal or other material which can withstand the weight of the ACM and water used during removal. A negative pressure must be created in the system using a HEPA filtration system. The box must be smoke tested for leaks prior to each use.

#### 3.2.9.3 Mini-Enclosure

[Single bulkhead containment ][Double bulkhead containment ][or ][Mini-containment (small walk-in enclosure)] to accommodate no more than two persons, may be used if the disturbance or removal can be completely contained by the enclosure. The mini-enclosure must be inspected for leaks and smoke tested before each use. Air movement must be directed

away from the employee's breathing zone within the mini-enclosure.

#### 3.2.9.4 Wrap and Cut Operation

Prior to cutting pipe, the asbestos-containing insulation must be wrapped with polyethylene and securely sealed with duct tape to prevent asbestos becoming airborne as a result of the cutting process. The following steps must be taken: install glovebag, strip back sections to be cut 150 mm from point of cut, and cut pipe into manageable sections.

#### 3.2.9.5 Class I Removal Method

Class I ACM must be removed using a control method described above. Prepare work area as previously specified. Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area. Spread one layer of 0.15 mm seamless plastic sheeting on the floor below the work area.[ Remove asbestos containing spray applied fireproofing using a scraper and wet methods and immediately place into 0.15 mm thickness disposal bag. After removal of the material use a wire brush to clean the exposed substrate to remove residual material. Continue wet cleaning until surfaces are free of visible debris.][ Cut manageable sections of gypsum wallboard and joint compound and immediately place into a 0.15 mm minimum thickness disposal bag or other approved container. Make every effort to keep the material from falling to the floor of the work area. Use a wire brush and wet clean to remove residual material from studs. Continue wet cleaning until the surface is clean of visible material and encapsulate stud walls.][ Remove ACM thermal system insulation and mudded pipe fittings using mechanical means and wet methods and immediately place into 0.15 mm thickness disposal bag. Continue wet cleaning until surfaces are free of visible debris.][ Remove ACM plaster ceilings or walls using mechanical means and adequately wet methods and immediately place into 0.15 mm thickness disposal bag. Make every effort to keep the material from falling to the floor of the work area. Continue wet cleaning until surfaces are free of visible debris.][ Remove ACM textured ceiling finish using a scraper and wet methods and immediately place into 0.15 mm thickness disposal bag. Floors are considered contaminated from fallen textured ceiling finish. Clean up debris on floor and dispose of [carpet ]as asbestos contaminated material. After removal of the material use a wire brush to clean the exposed [concrete ]ceiling to remove residual material. Continue wet cleaning until surfaces are free of visible debris.][ Remove ACM vermiculite using mechanical means and adequately wet methods and immediately place into 0.15 mm thickness disposal bag. Make every effort to keep the material from falling to the floor of the work area. Continue wet cleaning until surfaces are free of visible debris.] Bag all asbestos debris which has fallen to the floor as asbestos-containing debris. Place all debris in plastic disposal bags of 0.15 mm minimum thickness. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Lower and otherwise handle asbestos containing materials as indicated in 40 CFR 61-SUBPART M. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the quantity of airborne asbestos fibers monitored at the breathing zone of the workers or the designated

limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work, and immediately correct the situation.

### 3.2.10 Class II Work Procedures

In addition to the requirements of paragraphs MANDATED PRACTICES and CONTROL METHODS, the following engineering controls and work practices must be used:

- a. A Competent Person must supervise the work.
- b. For indoor work, critical barriers must be placed over all openings to the regulated area.
- c. Impermeable dropcloths must be placed on surfaces beneath all removal activity.

### 3.2.11 Specific Control Methods for Class II Work

#### 3.2.11.1 [Vinyl and Asphaltic Flooring Materials] [Carpet and Mastic]

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. A detached decontamination system may be used. When removing [vinyl floor tile and mastic][carpet and mastic] which contains ACM, use the following practices. Remove [floor tile and mastic][carpet and mastic] using adequately wet methods. Remove [floor tiles][carpet and mastic] intact (if possible). [Wetting is not required when floor tiles are heated and removed intact.] Do not sand flooring or its backing. Scrape residual adhesive and backing using wet methods. Mechanical chipping is prohibited unless performed in a negative pressure enclosure. Dry sweeping is prohibited. Use vacuums equipped with HEPA filter, disposable dust bag, and metal floor tool (no brush) to clean floors. Place debris into a 0.15 mm minimum thickness disposal bag or other approved container. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Lower and otherwise handle asbestos containing materials as indicated in 40 CFR 61-SUBPART M. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If workers the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.11.2 Sealants and Mastic

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers and signs, and maintain all other requirements for asbestos control area except local exhaust. Spread 0.15 mm plastic sheeting on the ground around the perimeter of the work area extending out in all directions. Using adequately wet methods, carefully remove the ACM sealants and mastics using a scraper or knife blade. As it is removed place the material into a disposal bag. Make every effort to keep the asbestos material from falling to the ground or

work area floor below. Dry sweeping is prohibited. Use vacuums equipped with HEPA filter and disposable dust bag. Place debris into a 0.15 mm minimum thickness disposal bag or other approved container. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Lower and otherwise handle asbestos containing materials as indicated in 40 CFR 61-SUBPART M. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or at designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.11.3 Suspect Fire Doors

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. A detached decontamination system may be used. Spread 0.15 mm plastic sheeting on the ground beneath the work area and around the perimeter of the work area extending out in all directions. Remove door intact from hinges and wrap with 6-mil plastic sheeting. Inspect the interior areas of the door to determine if ACM is present. If ACM is not present the door may be disposed of as general construction debris. If ACM is present place whole door in enclosed container for disposal. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.11.4 Roofing Materials

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. When removing roofing materials which contain ACM as described in 29 CFR 1926.1101(g)(8)(ii), use the following practices. Roofing material must be removed in an intact state. Wet methods must be used to remove roofing materials that are not intact, or that will be rendered not intact during removal, unless such wet methods are not feasible or will create safety hazards. When removing built-up roofs, with asbestos-containing roofing felts and an aggregate surface, using a power roof cutter, all dust resulting from the cutting operations must be collected by a HEPA dust collector, or must be HEPA vacuumed by vacuuming along the cut line. Asbestos-containing roofing material must not be dropped or thrown to the ground, but must be lowered to the ground via covered, dust-tight chute, crane, hoist or other method approved by the Contracting Officer. Any ACM that is not intact must be lowered to the ground as soon as practicable, but not later than the end of the work shift. While the material remains on the roof it must be kept wet or placed in an impermeable waste bag or wrapped in plastic sheeting. Intact ACM must be lowered to the ground as soon as practicable, but not later than the end of the work shift. Unwrapped material must be transferred to a closed receptacle. Critical

barriers must be placed over roof level heating and ventilation air intakes. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.11.5 Cementitious Siding and Shingles or Transite Panels

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. When removing cementitious asbestos-containing siding, shingles or Transite panels use the following work practices. Intentionally cutting, abrading or breaking is prohibited. Each panel or shingle must be sprayed with amended water prior to removal. Nails must be cut with flat, sharp instruments. Unwrapped or unbagged panels or shingles must be immediately lowered to the ground via covered dust-tight chute, crane or hoist, or placed in an impervious waste bag or wrapped in plastic sheeting and lowered to the ground no later than the end of the work shift. Place debris into a 0.15 mm minimum thickness disposal bag or other approved container. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.11.6 Gaskets

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. Gaskets must be thoroughly wetted with amended water prior to removal and immediately placed in a disposal container. If a gasket is visibly deteriorated and unlikely to be removed intact, removal must be undertaken within a glovebag. Any scraping to remove residue must be performed wet. Place debris into a 0.15 mm minimum thickness disposal bag or other approved container. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

### [3.2.12 Encapsulation Procedures

#### 3.2.12.1 Preparation of Test Patches

Install [three] [\_\_\_\_\_] test patches of encapsulant in [\_\_\_\_\_] , as indicated. Use airless spray at the lowest pressure and as recommended by the encapsulant manufacturer. Follow exactly the manufacturer's instructions for thinning recommendations, application procedures and rates. Curing time must be not less than five days or that recommended by the manufacturer, whichever is more. A test patch must be 0.8 square meter in size.

#### 3.2.12.2 Field Testing

Field test the encapsulation test patches in accordance with ASTM E1494, paragraph "Required Field Test," in the presence of the Contracting Officer. Keep a written record of the testing procedures and test results. Upon successful testing of the encapsulant, submit a signed statement to the Contracting Officer certifying that the encapsulant is suitable for installation on the particular asbestos containing material.

#### 3.2.12.3 Large-Scale Application

Apply encapsulant using the same equipment and procedures as employed for the test patches. Keep the encapsulant material stirred to prevent settling. Keep a clean work area. Change pre-filters in the ventilation equipment as soon as they appear clogged by encapsulant aerosol or pressure differential drops below 0.02 Hg.

### ]3.2.13 Abatement of Asbestos Contaminated Soil

Establish designated limits for the asbestos regulated work area with the use of red barrier tape, critical barriers, signs, and maintain all other requirements for asbestos control area except local exhaust. Asbestos contaminated soil must be removed from areas to a minimum depth of [50] [\_\_\_\_\_] mm. Soil must be thoroughly dampened with amended water and then removed by manual shoveling into labeled containers. Place debris into a 0.15 mm minimum thickness disposal bag or other approved container. Once the material is in the disposal bag, apply additional water as needed to achieve "adequately wet" conditions for NESHAP compliance. Place bagged asbestos waste under negative pressure with the use of a HEPA vacuum, goose neck and duck tape to seal the bag, wash to remove any visible contamination and place into a second 0.15 mm minimum thickness disposal bag. Containerize asbestos containing waste while wet. Conduct area monitoring of airborne fibers during the work shift at the designated limits of the asbestos work area and conduct personal samples of each worker engaged in the work. If the airborne fiber concentration of the workers or designated limits at any time exceeds background or 0.01 fibers per cubic centimeter, whichever is greater, stop work immediately and correct the situation.

#### 3.2.14 Air Sampling

Perform sampling of airborne concentrations of asbestos fibers in accordance with 29 CFR 1926.1101, the Contractor's air monitoring plan and as specified herein. Sampling performed in accordance with 29 CFR 1926.1101 must be performed by the PQP.[ Sampling performed for environmental and quality control reasons must be performed by the [PQP][GC].] Unless otherwise specified, use NIOSH Method 7400 for

sampling and analysis. Monitoring may be duplicated by the Government at the discretion of the Contracting Officer. If the air sampling results obtained by the Government differ from those results obtained by the Contractor, the Government will determine which results predominate. Results of breathing zone samples must be posted at the job site and made available to the Contracting Officer. Submit all documentation regarding initial exposure assessments, negative exposure assessments, and air-monitoring results.

#### 3.2.14.1 Sampling Prior to Asbestos Work

Provide area air sampling and establish the baseline one day prior to the masking and sealing operations for each [demolition] [removal] [encapsulation] site. Establish the background by performing area sampling in similar but uncontaminated sites in the building.

#### 3.2.14.2 Sampling During Asbestos Work

[ The PQP must provide personal and area sampling as indicated in 29 CFR 1926.1101 and governing environmental regulations. Breathing zone samples must be taken for at least 25 percent of the workers in each shift, or a minimum of two, whichever is greater. Air sample fiber counting must be completed and results provided within 24-hours (breathing zone samples), and [\_\_\_\_\_] hours (environmental/clearance monitoring) after completion of a sampling period. In addition, provided the same type of work is being performed, provide area sampling at least once every work shift close to the work inside the enclosure, outside the clean room entrance to the enclosure, and at the exhaust opening of the local exhaust system. If sampling outside the enclosure shows airborne levels have exceeded background or 0.01 fibers per cubic centimeter, whichever is greater, stop all work, correct the condition(s) causing the increase, and notify the Contracting Officer immediately.[ Where alternate methods are used, perform personal and area air sampling at locations and frequencies that will accurately characterize the evolving airborne asbestos levels.] The written results must be signed by testing laboratory analyst, testing laboratory principal and the [Contractor's PQP][GC]. The air sampling results must be documented on a Contractor's daily air monitoring log.

][The PQP must provide personal sampling as indicated in 29 CFR 1926.1101. Breathing zone samples must be taken for at least 25 percent of the workers in each shift, or a minimum of two, whichever is greater. Breathing zone samples must be taken for at least 25 percent of the workers in each shift, or a minimum of two, whichever is greater. Air sample fiber counting must be completed and results provided within 24-hours (breathing zone samples), and [\_\_\_\_\_] hours (environmental/clearance monitoring) after completion of a sampling period. At the same time the GC will provide area sampling close to the work inside the enclosure, outside the clean room entrance to the enclosure, and at the exhaust opening of the local exhaust system. In addition, provided the same type of work is being performed, the GC will provide area sampling once every work shift close to the work inside the enclosure, outside the clean room entrance to the enclosure, and at the exhaust opening of the local exhaust system. If sampling outside the enclosure shows airborne levels have exceeded background or 0.01 fibers per cubic centimeter, whichever is greater, stop all work, correct the condition(s) causing the increase, and notify the Contracting Officer immediately.[ Where alternate methods are used, perform personal and area air sampling at locations and frequencies that will accurately characterize the evolving airborne asbestos levels.] The written results

must be signed by testing laboratory analyst, testing laboratory principal and the [Contractor's PQP][GC]. The air sampling results must be documented on a Contractor's daily air monitoring log.

#### 13.2.14.3 Final Clearance Requirements, NIOSH PCM Method

For PCM sampling and analysis using NIOSH NMAM Method 7400, the fiber concentration inside the abated regulated area, for each airborne sample, must be less than 0.01 f/cc. The abatement inside the regulated area is considered complete when every PCM final clearance sample is below the clearance limit. If any sample result is greater than 0.01 total f/cc, the asbestos fiber concentration (asbestos f/cc) must be confirmed from that same filter using NIOSH NMAM Method 7402 (TEM) at Contractor's expense. If any confirmation sample result is greater than 0.01 asbestos f/cc, abatement is incomplete and cleaning must be repeated at the Contractor's expense. Upon completion of any required recleaning, resampling with results to meet the above clearance criteria must be done at the Contractor's expense.

#### 3.2.14.4 Final Clearance Requirements, EPA TEM Method

For EPA TEM sampling and analysis, using the EPA Method specified in 40 CFR 763, abatement inside the regulated area is considered complete when the arithmetic mean asbestos concentration of the five inside samples is less than or equal to 70 structures per square millimeter (70 S/mm). When the arithmetic mean is greater than 70 S/mm, the three blank samples must be analyzed. If the three blank samples are greater than 70 S/mm, resampling must be done. If less than 70 S/mm, the five outside samples must be analyzed and a Z-test analysis performed. When the Z-test results are less than 1.65, the decontamination must be considered complete. If the Z-test results are more than 1.65, the abatement is incomplete and cleaning must be repeated. Upon completion of any required recleaning, resampling with results to meet the above clearance criteria must be done at the Contractor's expense.

#### 3.2.14.5 Sampling After Final Clean-Up (Clearance Sampling)

The Contractor must perform any Clearance Sampling utilizing a third-party independent person who has no ties to the Contractor (except as being a subcontractor), the Asbestos Abatement Subcontractor, and the IH/PQP for the project. Provide area sampling of asbestos fibers[ using aggressive air sampling techniques as defined in the EPA 560/5-85-024] and establish an airborne asbestos concentration of less than 0.01 fibers per cubic centimeter after final clean-up but before removal of the enclosure or the asbestos work control area. After final cleanup and the asbestos control area is dry but prior to clearance sampling, the [PQP][ and ][GC] must perform a visual inspection in accordance with ASTM E1368 to ensure that the asbestos control and work area is free of any accumulations of dirt, dust, or debris.[ Prepare a written report signed and dated by the PQP documenting that the asbestos control area is free of dust, dirt, and debris and all waste has been removed.][ Perform at least [\_\_\_\_\_] samples.][ Use transmission electron microscopy (TEM) to analyze clearance samples and report the results in accordance with current NIOSH criteria.] The asbestos fiber counts from these samples must be less than 0.01 fibers per cubic centimeter or be not greater than the background, whichever is greater. Should any of the final samples indicate a higher value take appropriate actions to re-clean the area and repeat the sampling and [TEM] analysis at the Contractor's expense.



#### 3.2.14.6 Air Clearance Failure

If clearance sampling results fail to meet the final clearance requirements, pay all costs associated with the required recleaning, resampling, and analysis, until final clearance requirements are met.

#### 3.2.15 Lock-Down

Prior to removal of plastic barriers and after pre-clearance clean up of gross contamination, the [PQP][GC] must conduct a visual inspection of all areas affected by the [removal][encapsulation] in accordance with ASTM E1368. Inspect for any visible fibers[, and to ensure that encapsulants were applied evenly and appropriately]. [ Spray apply a post removal (lock-down) encapsulant to ceiling, walls, floors and other areas exposed in the removal area. The exposed area includes but is not limited to plastic barriers, furnishings and articles to be discarded as well as dirty change room, air locks for bag removal and decontamination chambers.]

#### 3.2.16 Site Inspection

While performing asbestos engineering control work, the Contractor must be subject to on-site inspection by the Contracting Officer who may be assisted by or represented by safety or industrial hygiene personnel. If the work is found to be in violation of this specification, the Contracting Officer or his representative will issue a stop work order to be in effect immediately and until the violation is resolved. All related costs including standby time required to resolve the violation must be at the Contractor's expense.

### 3.3 CLEAN-UP AND DISPOSAL

#### 3.3.1 Housekeeping

Essential parts of asbestos dust control are housekeeping and clean-up procedures. Maintain surfaces of the asbestos control area free of accumulations of asbestos fibers. Give meticulous attention to restricting the spread of dust and debris; keep waste from being distributed over the general area. Use HEPA filtered vacuum cleaners. DO NOT BLOW DOWN THE SPACE WITH COMPRESSED AIR. When asbestos removal is complete, all asbestos waste is removed from the work-site, and final clean-up is completed, the Contracting Officer will attest that the area is safe before the signs can be removed. After final clean-up and acceptable airborne concentrations are attained but before the HEPA unit is turned off and the enclosure removed, remove all pre-filters on the building HVAC system and provide new pre-filters. Dispose of filters as asbestos contaminated materials. Reestablish HVAC mechanical, and electrical systems in proper working order. The Contracting Officer will visually inspect all surfaces within the enclosure for residual material or accumulated dust or debris. The Contractor must re-clean all areas showing dust or residual materials. If re-cleaning is required, air sample and establish an acceptable asbestos airborne concentration after re-cleaning. The Contracting Officer must agree that the area is safe in writing before unrestricted entry will be permitted. The Government must have the option to perform monitoring to determine if the areas are safe before entry is permitted.

#### 3.3.2 Title to Materials

All waste materials, except as specified otherwise, become the property of

the Contractor and must be disposed of as specified in accordance with the JEGS, applicable U.S. Federal, GOJ, and local regulations. The Contractor shall be licensed to both transport and to dispose of asbestos waste in accordance with the JEGS and the Japanese Waste Law. Copies of these licenses shall be provided to the Contracting Officer.

### 3.3.3 Disposal of Asbestos

#### 3.3.3.1 Procedure for Disposal

Coordinate all waste disposal manifests with the Contracting Officer and NAVFAC EV. Collect asbestos waste, contaminated waste water filters, asbestos contaminated water, scrap, debris, bags, containers, equipment, and asbestos contaminated clothing which may produce airborne concentrations of asbestos fibers and place in sealed fiber-proof, waterproof, non-returnable containers (e.g. double plastic bags 0.15 mm thick, cartons, drums or cans). Wastes within the containers must be adequately wet in accordance with 40 CFR 61-SUBPART M. Affix a warning and Department of Transportation (DOT) label to each container including the bags or use at least 0.15 mm thick bags with the approved warnings and DOT labeling preprinted on the bag. Clearly indicate on the outside of each container the name of the waste generator and the location at which the waste was generated. Prevent contamination of the transport vehicle (especially if the transport vehicle is a rented truck likely to be used in the future for non-asbestos purposes). These precautions include lining the vehicle cargo area with plastic sheeting (similar to work area enclosure) and thorough cleaning of the cargo area after transport and unloading of asbestos debris is complete. Dispose of waste asbestos material at an approved asbestos landfill off Government property. For temporary storage, store sealed impermeable bags in asbestos waste drums or skids. An area for interim storage of asbestos waste-containing drums or skids will be assigned by the Contracting Officer or his authorized representative. Comply with 40 CFR 61-SUBPART M, GOJ, regional, and local standards for hauling and disposal. Sealed plastic bags may be dumped from drums into the burial site unless the bags have been broken or damaged. Damaged bags must remain in the drum and the entire contaminated drum must be buried. Uncontaminated drums may be recycled. Workers unloading the sealed drums must wear appropriate respirators and personal protective equipment when handling asbestos materials at the disposal site.

#### 3.3.3.2 Asbestos Disposal Quantity Report

[ Direct the PQP to record and report, to the Contracting Officer, the amount of asbestos containing material removed and released for disposal. Deliver the report for the previous day at the beginning of each day shift with amounts of material removed during the previous day reported in linear meters or square meters as described initially in this specification and in cubic meters for the amount of asbestos containing material released for disposal.

] [Allow the GC to inspect, record and report the amount of asbestos containing material removed and released for disposal on a daily basis.]  
-- End of Section --