

HEAVY SOCIAL MEDIA
USAGE

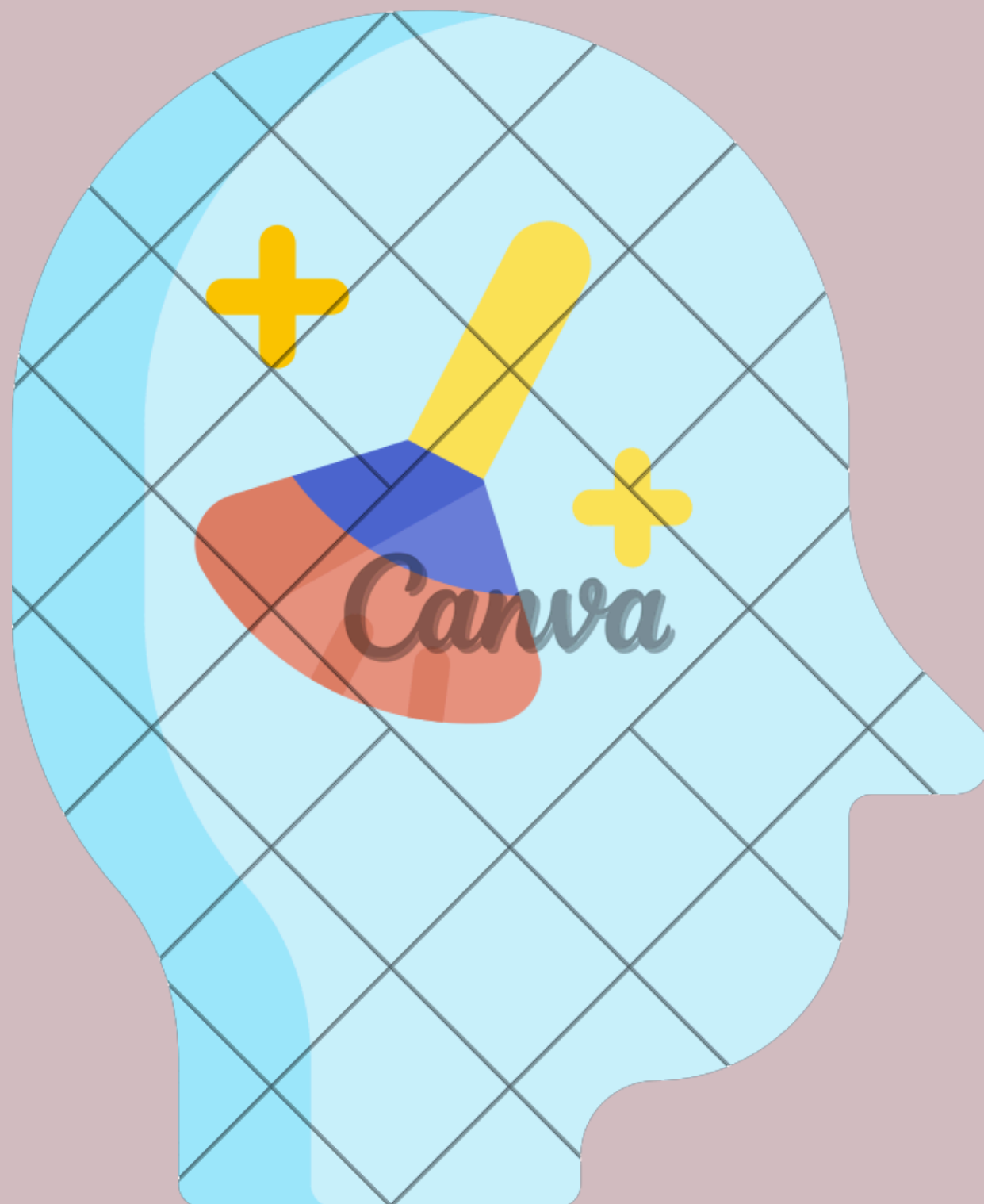
IMPROVES

MENTAL HEALTH AND WELL-BEING

Benjamin Yeom



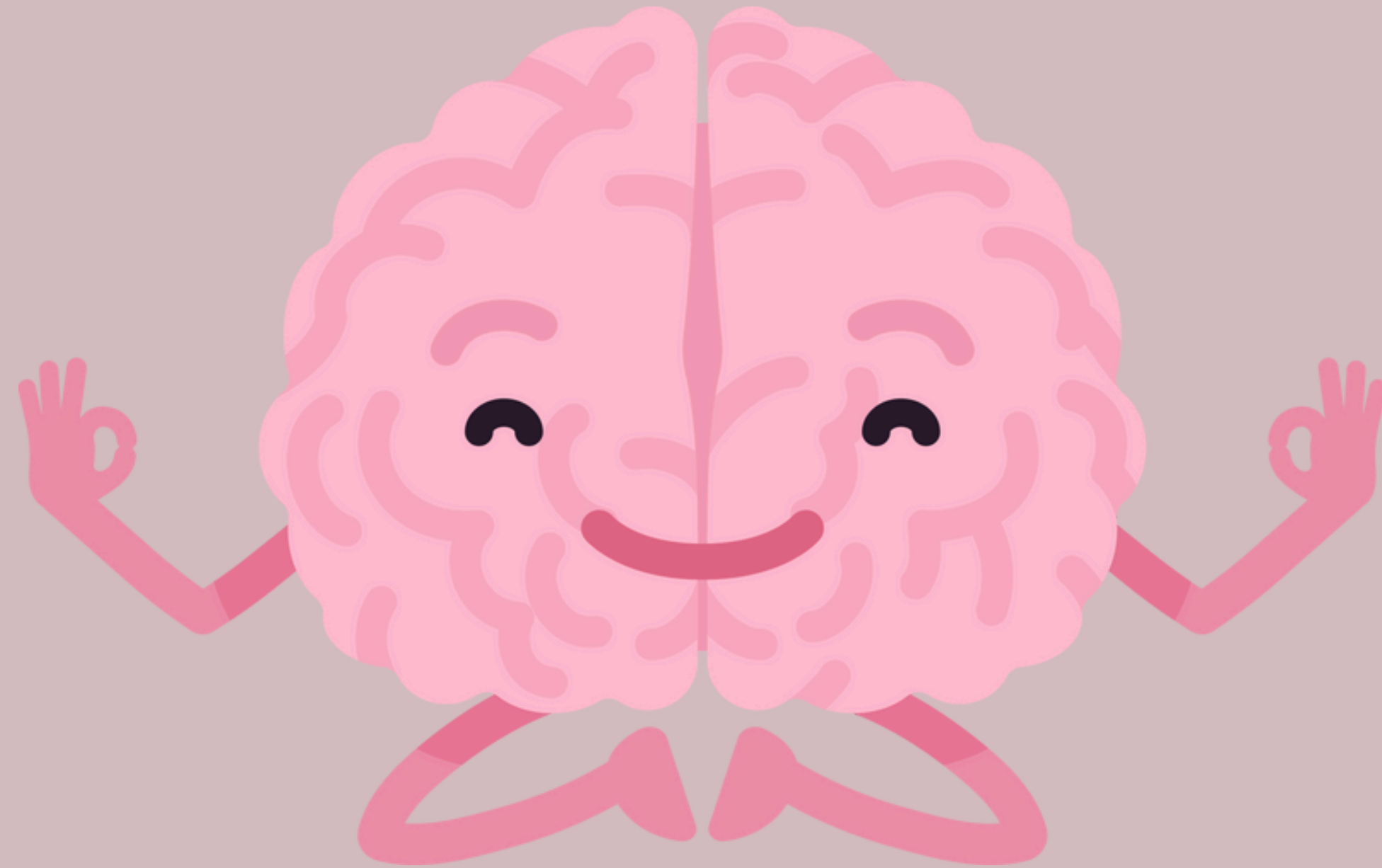






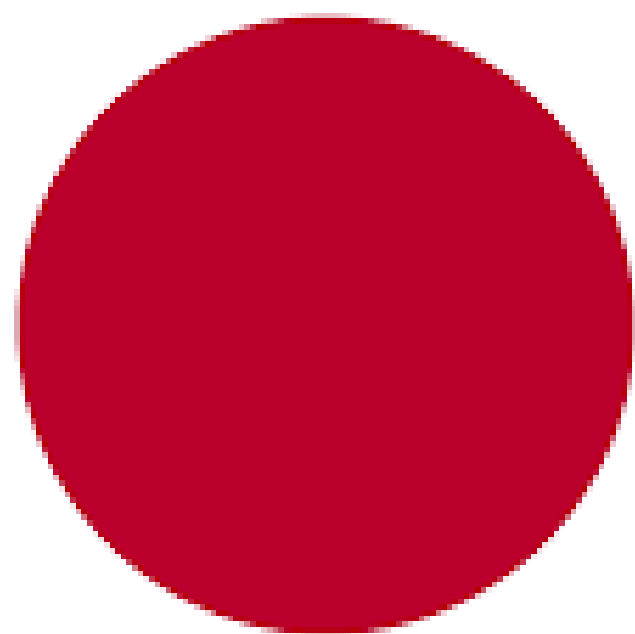






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CARE International Japan is a Japan charity and international humanitarian aid organization fighting global poverty, with a special focus on empowering women and girls to bring lasting change to their communities.

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Contact us

CARE International Japan

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E-mail: info@careintl.jp

Q: How does your organization help people in a specific area?

A: CARE's mission is to help poor people by delivering relief in emergencies, improving their capacity for self help, providing economic opportunity, influencing policies, and addressing discrimination. What we do in each country/ region/ community depends on the specific needs which are identified by the people themselves with the help of CARE.

Q: Where does your organization help?

A: We work in over 70 countries around the world, including those in Asia, Africa, Latin America, Eastern Europe and the Middle East.

Q: How do you decide which places need help the most?

A: We use available data (i.e. which country or region has the most number of very poor people, high literacy rate, or highest ratio of people living with HIV/AIDS), as well as information we collect from needs assessments and research (i.e. discussion with local leaders and community members) and decide where to work in consultation with other stakeholders (i.e. local government, United Nations, and NGOs).

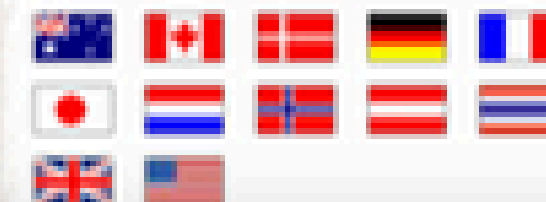
Q: What is your real motive in every place you help?

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- KENTA MINAMITANI, STANFORD LLM 2024



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- AKSHA M MEMON, SHIVA G SHARMA, SATYAJIT S MOHITE, SHAILESH JAIN

