## Welcome to AMSA!

American Medical Student Association UC Berkeley Pre-Medical Chapter

### Your Path to Medical School



### First Year

- Get acquainted with campus pre-health resources
- Attend pre-health meetings on campus
- Seek opportunities to shadow a physician
- Consider identifying research opportunities

First Year –Get acquainted with campus pre-health resources and attend pre-health meetings on campus

- AMSA weekly meetings
- AMSA website resources
- AMSA weekly email newsletters

#### First Year – Seek opportunities to shadow a physician

- Physician mentor
- Physician panels at UCB Pre-Health Conference

#### First Year – Consider identifying research opportunities

- "How to get involved in research" general meeting presentation
- AMSA weekly email newsletters

### Second Year

- Plan remaining pre-medical coursework
- Make sure you are on email lists to receive relevant information and updates
- Pursue meaningful clinical and volunteering experiences
- Develop relationships with faculty, advisors, and mentors
- Consider summer opportunities

#### Second Year – Plan remaining pre-medical coursework

- Telebears advising night
- Website discussion forums

# Second Year – Make sure you are on email lists to receive relevant information and updates

AMSA weekly email newsletters

# Second Year – Pursue meaningful clinical and volunteering experiences

- "How to obtain volunteer positions" general meeting presentation
- Service trip
- Community service opportunities

# Second Year – Develop meaningful relationships with faculty, advisors, and mentors

- UCSF mentorship program
- Physician mentor

#### Second Year – Consider summer opportunities

AMSA General Meeting Presentations

### Third Year

- Investigate the medical school application process
- Learn about the MCAT
- Consider a more substantial leadership role
- Research medical school programs
- Consider the possibility of a gap year and research available opportunities
- Prepare for and take the MCAT
- Learn about combined-degree programs

# Third Year – Investigate the medical school application process

Career center workshops

#### Third Year – Learn about the MCAT

Kaplan partnership

#### Third Year – Consider a more substantial leadership role

- AMSA committees
- AMSA Officer Board

#### Third Year – Research medical school programs

- Davis Conference
- National AMSA Conference
- UCB Pre-Health Conference
- Medical school admissions committee representative presentations

## Third Year – Consider the possibility of a gap year and research available opportunities

Conference workshops

#### Third Year – Prepare for and take the MCAT

Kaplan partnership

#### Third Year – Learn about combined degree programs

- UCB Pre-Health Conference seminars
- UCB Pre-Health Conference graduate program fair
- Co-hosted Career Center graduate program information sessions

### Fourth Year

- APPLY TO MEDICAL SCHOOL!!
- Prepare for interviews
- Receive acceptances and make a final decision

#### Fourth Year - APPLY TO MEDICAL SCHOOL!!

UCB Pre-Health Conference workshops

#### Fourth Year – Prepare for interviews

 Mock interviews at UCB Pre-Health Conference

# Fourth Year – Receive acceptances and make a final decision



### How to Join

- registration form: amsa.berkeley.edu
- print registration form
- bring cash or check (AMSA ASUC) to general meetings
  - Thursdays, 7-8pm in 2063 VLSB