



# UC BERKELEY PRE-MEDICAL CHAPTER

# What makes AMSA different?

- ② Part of a National Organization  
(amsa.org)
- ② Non-discriminatory
  - Won't be turned down because of your major, GPA, etc.

# About AMSA

- ◉ Website: [amsa.berkeley.edu](http://amsa.berkeley.edu)
- ◉ General Meetings
  - Every Thursday from 7-8 pm
- ◉ Committees
- ◉ Volunteer
  - Various volunteer opportunities available every month
  - Weekly e-mails
- ◉ Support
  - UCSF Mentorship Program
  - Meet fellow pre-meds

# AMSA today

- The oldest and largest independent association of physicians-in-training in the U.S.
- Over 150 medical chapters and over 400 premedical chapters
- Represent the U.S. in the International Federation of Medical School Associations
- 62,000 medical students, premedical students, residents and physicians



# Points System

- General Meeting = 2 pts
- Community Service event = 1 pt/hr (5 pts max)
- Committee member = 5 pts
- Officer = 10 pts
- Only awarded to UCB AMSA Chapter members (dues-paid)
- Prizes awarded at end of each year
- Eligibility to participate in mentorship program and other AMSA events

# Committees & Officers

- CEH/Global Health

## ⦿ Community Service

- Committee members in the community service committee work to organize and lead service events for AMSA members. Committee members are in charge of initiating contact with different organizations in our community and working to arrange all of the logistics of each event as well as leading AMSA members through the entire event.

## ◎ Culture of Medicine

- In the Culture of Medicine committee, we explore several issues ranging from medical ethics to healthcare reform. We organize many exciting events, such as First Aid and Splinting workshops for AMSA members. Every semester, we also conduct First Aid workshops for elementary school children. If these events sound fun to you, please join the Culture of Medicine committee!



## ● Fundraising

## ◎ REACH/Gender & Sexuality

- The Race, Ethnicity, and Culture in Health and Gender and Sexuality committee strives to raise awareness of the disparities between different ethnic, cultural and racial groups in regards to overall health, while also promoting a better understanding of the health issues surrounding gender and sexuality in medicine. Our committee's goal is to help create culturally aware and open-minded Physicians through the facilitation of workshops, discussions and presentations surrounding cultural competency and gender and sexuality within Medicine.

## ● Student Life/PMSG

# Joining a committee

- Become an AMSA member
- Universal requirements:
  - Attend all committee meetings
  - Attend at least 50% of GMs (~5 GMs per semester)
  - Additional requirements as set by committee chair

# Becoming an Officer

- Must be a dues-paid member
- Must have served on a committee for at least 2 semesters
- Must achieve 30% of the highest total number of AMSA points
- Must run for position in elections held in April

# UC Berkeley Pre-Health Conference (UCBPHC)

- ⦿ Annual pre-health conference
- ⦿ Saturday March 2nd
- ⦿ Variety of speakers and workshops

# Starting your semester off right

- Get to know your fellow pre-meds!