

AMSA Board of Officers 2012-2013 Application



- 1) As a Public Health Major I am interested in the health of the community as a large and how different factors including the environment impact it. The affects and consequences that impact communities close to us also have an impact of communities around the world. Thus, I believe that it is important to look into global health as well. Through my work with Mentoring in Medicine and Science (MIMS) over the past year I have begun to learn about the numerous health disparities that communities in the Bay Area experience and I have taken a great interest in educating the children of the community on how to combat certain health problems and how to stay safe and healthy in their community. My work has inspired my passion to continue learning about health implications as they apply to a community and to see how we can work on improving conditions now and as future physicians. As the chair of CEH/GH committee I hope to continues learning and teaching others about health disparities that have a greater impact on communities as a large either here in the Bay Area or anywhere around the world.
- 2) I am a very organized and efficient worker. This will allow me to facilitate discussions and plan presentations well. I have worked with my committee as well as MIMS in the past to put together presentations in a timely manner while including all members. I am also a member of Peer Health Exchange. Through working with this program I have been able to improve my public speaking and classroom managing skills. This will help me be more at ease in facilitating discussion in the committee. I also hope to pass on some of the classroom management skills to my committee in order to help us all be able put on better presentations.
- 3) I was the Sports and Senior Classes editor for my high school yearbook. I have gained the experience of working with others in order to complete these sections. One of the most vital things I learned in this leadership role is that it is important to be able to assist in completing tasks on time but it is also important to listen to and take on the suggestions of others. Everyone has a unique point of view and bringing several points of view together will help create a better final product. As the editor I was in the position of incorporating numerous peoples ideas into creating a coherent final product. As the CEH/GH chair I hope to apply the same perspective into creating a coherent product whether it be an informative presentation or a thought provoking discussion.
- 4) One of the greatest things I got out of being a part of this committee for the past year was knowledge. It was not the typical write on the board and have to memorize knowledge. Instead, it was knowledge and insight gained from learning about new topics in the health field through research and active discussion. The greatest aspect of the discussions was the chance to hear other people's ideas regarding a certain matter. This gave me a more holistic view on the subject. My main goal will be to keep this flow of knowledge going for the future members of the committee. I plan on researching into different topics related to community and global health, either by reading articles or taking ideas from things I will be discussing in my Public Health classes. I will then allow committee members to find information related to these topics to bring back and discuss. I want to create an atmosphere that will promote open discussion on topics of interest for everyone. As for the

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presentations, I plan on guiding the committee with ideas and suggestions as opposed to telling them exactly what to do. Furthermore, since we are the community health committee I believe it is important to do something that allows us to get involved in the committee. I plan on getting in touch with certain schools in Oakland to set up one or two dates where we can go in and present a workshop to the kids regarding a health topic that affects them. I believe that this will be a beneficial experience for not only the kids but also the committee.

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