## FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Welcome to the Downtown Berkeley YMCA Residence. Our goal is to provide you with comfortable and safe accommodations that allow you to enjoy the magnificent culture and events of Berkeley and the Greater Bay Area. We want you to be our partners during your stay. Therefore, we ask you to be respectful to other guests/residents and the YMCA Residence Staff by observing the following Rules and Practices.

## RULES AND PRACTICES

Common Sense – Please conduct yourself in a manner that is respectful to all. Please treat others as you want to be treated. Here at the YMCA Residence we believe an important factor to Health and Wellness is Integrity. Which means to adhere to these Rules and Practices in a manner that is beneficial to all.

Quiet Hours – Quiet Hours are from 9:00PM to 7:00AM in all areas of the YMCA Residence and its premises. This is in compliance of the City of Berkeley Noise Ordinance. We reserve the right to ask guests/residents who are not able to comply with Quiet Hours to find alternative accommodations.

Community Kitchen & Refrigerator – All registered guests/residents are walcome to use the community kitchen. Please thoroughly clean all utensils before use and thoroughly clean up after each use. The refrigerator is NOT for long term personal storage. It is to be used to assist you in preparation of individual meals. Mini refrigerators are provided in each room for longer term food storage. Please refer to and adhere to the posted Kitchen Rules.

Restrooms & Showers - Flease leave the restrooms/showers cleaner than you found them.

Room Key, Key Fob – All registered guests/residents are issued a room key and a building access key fob. There is a \$40.00 charge to replace either or both items if lost or not returned. Please keep these items safe and secure during your stay.

Visitor Policy - This is a very important policy for the personal safety and comfort of all registered guests/residents. We a chat all visitors report to the Front Desk on the 3rd Floor of the YMCA Residence. In addition, we ask that all visitors also adhere to the Rules and Practices of the YMCA Residence

Non-Prescription Drug Use, Irresponsible Substance Use & Smoking – The YMCA is a Health and Wellness facility and organization. As a health and wellness organization, one of our goals is to promote healthy living for all. We respectfully require guests/residents to partake of Non-Prescription Drug Use, Irresponsible Substance Use and Smoking away from YMCA Facilities. We reserve the right to ask guests/residents who are not able to comply with this Non-Prescription Drug Use, irresponsible Substance Use & Smoking rule to find alternative accommodations.

WiFi – Free WiFi access is available in all rooms and common areas of the Y Hotel. The WiFi network is Hotel Guest. Please see the Front Desk for password.

Thank You for choosing to stay at the Downtown Berkeley YMCA Residence. Don't hesitate to contact the Front Desk Staff for immediate issues or email me directly if you have a compliment, question or concern.

Lance Gorée
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