$$\Gamma = \|FT[G_{\text{out}} + iG_{\text{out}}^{\pi/2}] - FT[G_{\text{out}}^{\pi/2} + iG_{\text{out}}]\| + \|FT[G_{\text{out}} + iG_{\text{out}}^{\pi/2}]\| - \|FT[G_{\text{out}}^{\pi/2} + iG_{\text{out}}]\|$$
(3)