Full Closed Loop (FCL) using autoISF .. V2.6

in green: missing parts (texts, or software features not included in autoISF vet)

0. Introduction V.2.6

Exploring Full Closed Loop potential of-autoISF

Disclaimer – Important to read and understand

Authors are no medical professionals but T1 diabetics (or parents of a T1D child) who report their - limited - understanding and experience, in an effort to contribute to a growing body of knowledge, and to facilitate development of patient centered solutions.

Nothing in this site is medical advice, but meant to stimulate patient-driven self-responsible research, and is meant also to stimulate product developments by the medical industry. Anything you try to conclude for yourself you do on own risk. **This is by no means a medical product but what is offered is a toolset for participating in development.**

Never copy what others report to use, but **investigate and adjust to your data**. Neglecting safety instructions, and just using the "buttons" that are made available in a supposed "learning by doing" mode, would be very dangerous with the early development stage tools this research paper is about.

In case you choose to get deeper involved, **run the system disconnected**, parallel to your current glucose management, to learn its behavior before eventually considering (on own risk) to go any further. Please stay connected and share experiences, too.

Introduction

Full Closed Loop using Automations is represented in AAPS Master and in the related readthedocs since autumn 2023. (https://androidaps.readthedocs.io/en/latest/Usage/Full-ClosedLoop.html.).

Pre-requisites and the principal function of a Full Closed Loop, *without the user ever giving a bolus and without entering any carb info* are explained, also in a couple of other languages, there.

The essential points are summarized also below, in section 1.

autoISF is being developed as a much more **sophisticated alternative for FCL, aiming at higher %TIR performance and/or higher degree of daily „freedom"** than simpler approaches to FCL could provide.

However, this demands much higher degree of involvement by the user. **Setting up your FCL is a very serious multi-week project, and it is important that you follow us through the material in the sequence of suggested steps.**

Of note, parts of this paper marked in green color, notably sections 5.3 and 6.4 describing functions of the "improved FCL cockpit" are not implemented at launch because development focus had to be on more core functions. For most of these “missing elements”, work arounds are described, often involving a similarly ease to use (but requiring some extra work in your set-up) DIY FCL cockpit (see section 5.2 and 6.3 and case studies 5.2 and 6.2)

With autoISF, and especially with the intention to use it for Full Closed Loop, you are in the early development area. It is therefore important to observe the disclaimer given above, and the warnings given in the e-book sections, as well as the hints given by the developers in the respective manuals and readme files on their Github pages:

- For autoISF with **AAPS,** the main ones are https://github.com/T-o-b-i-a-s/AndroidAPS/ and https://github.com/ga-zelle/autoISF/).

- Note there is **no** FCL solution for **iOS Loop** because their algorithm depends very much on carb inputs. However, the oref(1) algorithm (UAM+SMB as in AAPS) has been developed also for i-Phone based systems on the so-called **iAPS** platform. And autoISF has also been ported into an early development branch of iAPS: https://github.com/mountrcg/iAPS .

  Unless you are ready to read a lot, re-set some things about your HCL iAPS first, and do a rather disciplined, well structured, several weeks if not months long project to get FCL running, please stay with what you have. Trial and error won’t get you anywhere, with this complicated program!
  Besides lacking mandatory "education" by "Objectives", iAPS users also are disadvantaged re. FCL because of the lack of an Automation feature (and also because of partially different other feature details, or nomenclature, in iAPS, compared to AAPS).

First of all, a tip: If the following “e-book” looks too complicated for you - and it's not just about understanding, but also about time requirements and discipline during experimentation and data analysis - you would be well advised to first try the **Full Closed Loop in a simpler form** with Automations (reference see above, and section 13.1): Depending on the quality of their HCL tuning they are starting from, their expectations for %TIR, and on rapid carb contents of their diet, an increasing number of people succeed in making a respectable start the first time they try using AAPS in that much simpler Full Closed Loop mode.

See also the first published medical study that included 16 patients using AAPS, who found, on average, comparable %TIR performance when using a basic Full Closed Loop mode: https://pubmed.ncbi.nlm.nih.gov/36826996/

Alternatively you can use some techniques used in hybrid closed loop, such as using a pre-bolus with autoISF, or explore other early-DEV-variants mentioned in section 13.3, which also undergo permanent further development (Boost, AIMI, EatingNow, Tsunami).