

## 10. Tuning of autoISF settings for Full Closed Loop aided by the Emulator

V.2.9 for 3.0.1

**Please note that with autoISF you are in an early-dev. environment,** where the user interface is **not optimized for safety** of users who stray away from intended ways to use. Good safety features exist, but these are only as good as the development-oriented user understands and implements them. This is not a medical product, refer to disclaimer in [section 0](#)



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### Available related case studies:

#### Case study 10.1:

Based on older autoISF and older Emulator versions, examples from emulator use can be found in [case study 6.2](#), in [case study 4.1](#) (last pages there), and [case study 8.2](#)

Rather than elaborating further, what to best do in data analysis, we should, over time, add case studies.

You can set up and tune the system for full closed loop as described in previous sections. Doing this by frequently analyzing screenshots that must be taken in real-time of the AAPS **SMB tab** is tedious, however.

More elegant and precise tuning can be done with a special evaluation software for the AAPS logfiles, by using the **Emulator**.

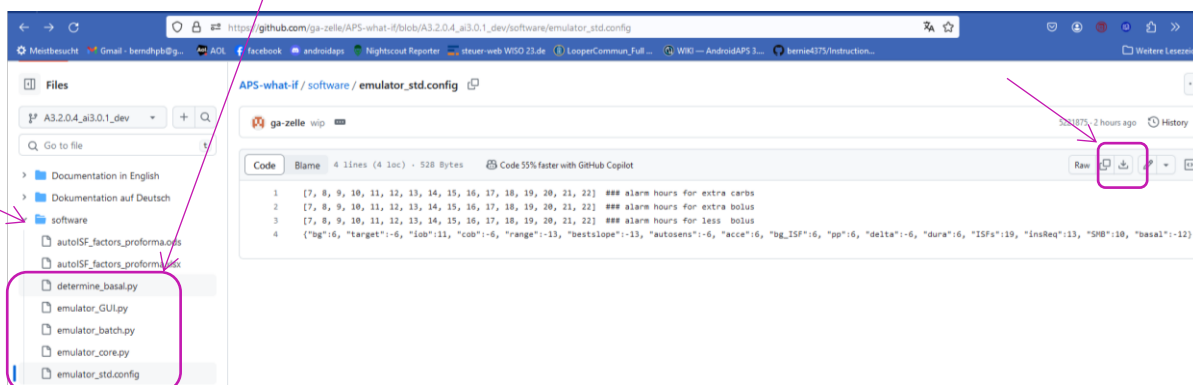
In the Emulator, you can see in tabular and graphical form, which autoISF component, and other settings, contributed to SMB values that determined the glucose curve.

Note that iOS based variants of autoISF (Trio or iAPS) can not use the Emulator. Refer to [section 11.3.](#)

## 10.1 Installation of the emulator on your PC

### 10.1.1 Downloads

- First download **QPython 3L** onto your PC (from Google Playstore).
- Then download from: [https://github.com/ga-zelle/APS-what-if/blob/A3.2.0.4\\_ai3.0.1\\_dev/software](https://github.com/ga-zelle/APS-what-if/blob/A3.2.0.4_ai3.0.1_dev/software) : each of these 5 py resp. config. files. To do this, you must press, for each one, here



Always make sure you use the files from the branch with the same version number as your AAPS version (in the example above: These files will work with AAPS dev version 3.2.0.4 with autoISF version 3.0.1); (the dev connotation is temporary). Always keep your AAPS x autoISF and also the emulator related files up-to-date!

### 10.1.2 Create your PC folder structure

Retrieve these 5 downloaded files on your PC (list of recent downloads), and shift them into a folder in which, or neighboring to which, you also keep your logfiles.

(These you must copy-in about once a week from your phone) :

My folder structure for Logfiles and Emulation on the PC has (three) monthly folders that I most likely will look at, plus one folder with data from previous months and years.

Name	Änderungsdatum	Typ
LogFiles older	07.05.2024 14:13	Dateiordner
2024_05	16.05.2024 00:11	Dateiordner
2024_04	10.05.2024 16:50	Dateiordner
2024_03	02.04.2024 16:50	Dateiordner

It is advisable to additionally store a pdf from **Nightscout Reporter** in the file for every month. From it, you can much easier find which days and times are of high interest to analyze with the Emulator.

Always factor in the time difference between your AAPS phone and the “Z” time used by AAPS.

Neighboring the AAPS\_logs is the Emulator file where the 5 downloaded files went:

Dokumente > B_Looping > Logfiles_Emulator > Emulator >			
Sortieren Anzeigen ...			
Name	Änderungsdatum	Typ	Größe
__pycache__	17.05.2024 19:01	Dateiordner	
determine_basal.py	17.05.2024 17:14	Python File	149 KB
emulator_batch.py	07.05.2024 20:04	Python File	21 KB
emulator_core.py	17.05.2024 17:14	Python File	163 KB
emulator_GUI.py	07.05.2024 20:04	Python File	42 KB
emulator_std.config	07.05.2024 20:05	CONFIG-Datei	1 KB
find_string_batch.py	07.05.2024 19:31	Python File	6 KB
find_string_core.py	07.05.2024 19:31	Python File	8 KB

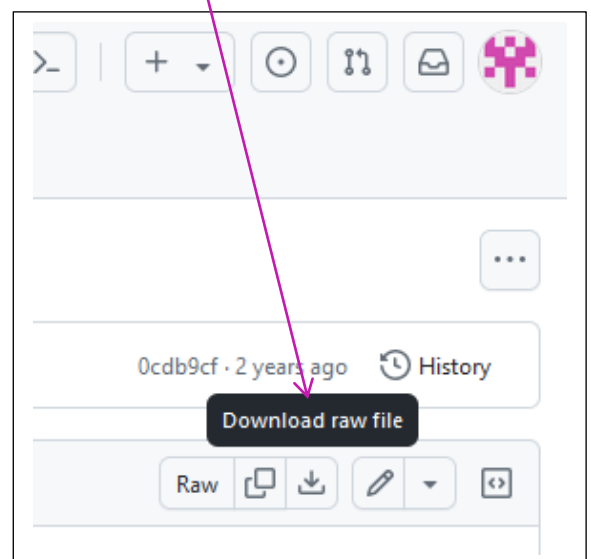
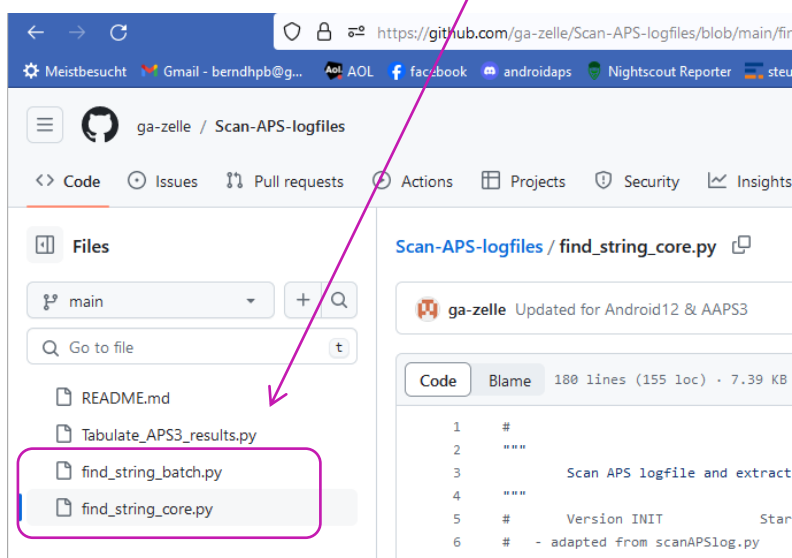
### 10.1.3 Create a “start emulation” button on your desktop

One of these files is “**emulator\_GUI.py**“

- Create a **link** to it
- Drag that link onto your **desktop**
- Name it something like Emulator start.

### 10.1.4 Fetch two more .py files

Repeat steps 10.1.1. and step 10.1.2. for 2 more py files from <https://github.com/ga-zelle/Scan-APS-logfiles/blob/main/fir> and download also these:



Include these in your Emulator file (as in example shown in [10.1.2](#) above).

## 10.2 Analyzing loop decisions in logfiles

Instead of making many screenshots every 5 minutes after meals, and analyzing them later, a much more elegant and powerful way to analyze your loop decisions (and how you might want to influence them with different settings, see [section 10.3](#) for this), is to use the Emulator.

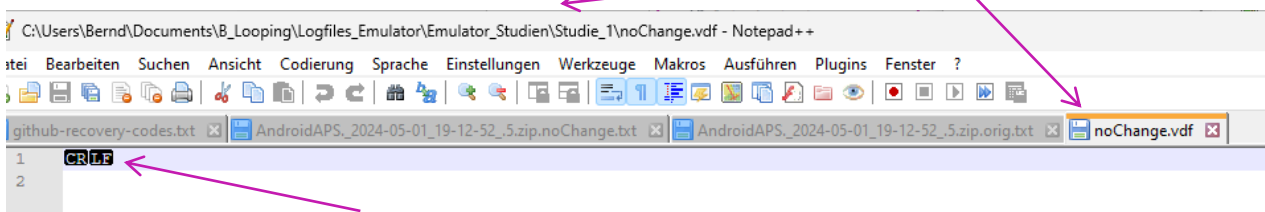
### 10.2.1 Set up a “no change” .vdf file.

It is just empty in the lines that would define any change to be investigated.

Note: for “what-if” analysis, entries will be made (in a second .vdf later, see [section 10.3](#) )

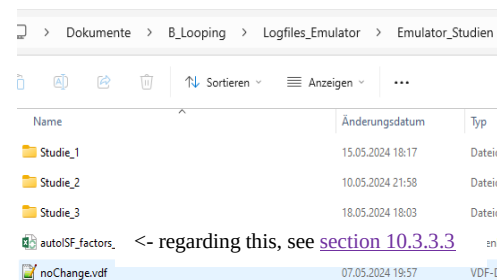
To do this, just open **Notepad++** (from list of all programs on your PC). Store that in a file of your current emulator project you are about to start (see my storage path in top line here)

The no change .vdf should look like something like this:



Erase any entries after CR LF and also in lines 2 ff, if any

Store this noChange.vdf in your Emul.-studies file (neighbors your Emulator and Logfiles files). From that position, you always make a copy and paste into each Studie\_1 ...\_n



### 10.2.2 Locate relevant logfiles

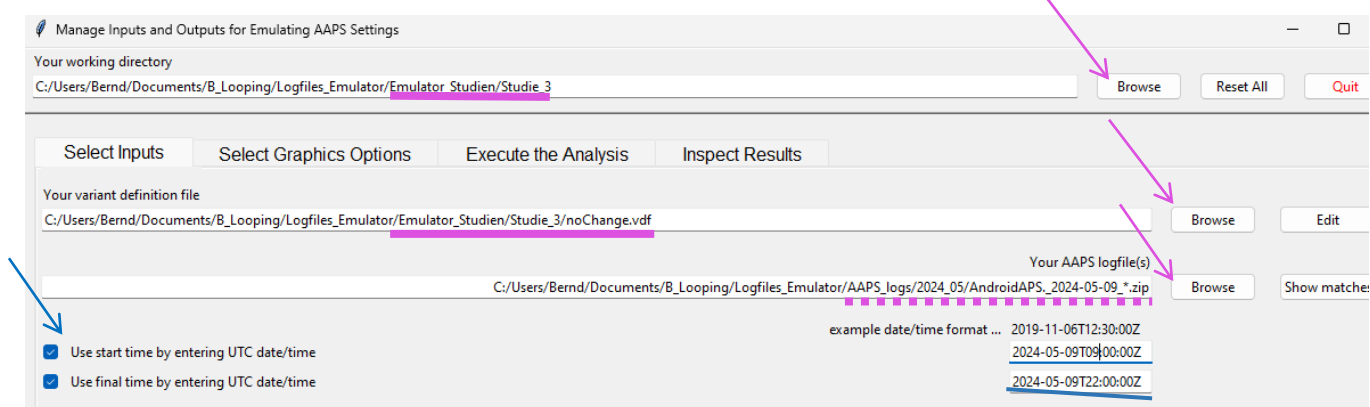
Make sure you have the AAPS logfiles that you want to analyze in an immediate-neighboring file to your Emulator-- and to your Emulator\_Studies- files (File structure as suggested and shown above).

Copy (not: move!) your noChange.vdf (see above) also into your Study file (must be in all of them).

### 10.2.3 Prepare the Emulator

Now go to your PC **desktop**, and start the emulator by **just pressing the button “Emulator start”** that you installed in step [10.1.3](#)

119  
120 This opens a big dialogue box with 3 fields that you must fill in with the applicable path (*without* any  
121 quotation marks “.”) from your Windows Explorer file system, best done via (3x) Browse button:



122  
123 a) The top box marks the path to your current emulator project (“Studie\_3” is where I want to  
124 store results)  
125 b) The middle box marks the path to your current vdf (what kind of analysis; here:  
126 “...noChange.vdf” = *read-only*; see section 10.3 for *what-if*)

127 c) The third box marks the path to your AAPS logfiles you wish to look into. A good way to do  
128 this is:

- 129 • Browse in your Windows Explorer to any logfile from the desired day (2024-05-09 in above ex-  
130 ample)
- 131 • Replace the time with an asterisk \* (this means you look at **all-day** data, in UTZ time).  
132 Check whether this will work by pressing Show matches .  
133 You should see all logfiles from that day in a pop-up info box.
- 134 • As I wanted to look at 11 am –midnight (for lunch and dinner related data), I :  
135     ○ clicked the bottom left two boxes  
136     ○ copied the date 2024-05-09 over the default date in the bottom right two data fields  
137     ○ after T (for time), I entered the desired time of analysis AFTER conversion into my local  
138 time (Central EU summer time minus 2 hours = UTZ; so to look at 11 to midnight of  
139 my AAPS screen, I must enter here 09.00:00Z, and below it 22:00:00Z).

140 Entries at the bottom are not mandatory, but when clicking these little boxes (bottom left)  
141 you can define a start and/or an end-point for analyzing, within the logfiles specified in the  
142 field above.

143  
144  
145

#### 10.2.4 Run emulation

Now we are ready to go: Press “Run Emulation”

This produces sometimes an error message (e.g. if you have a syntax error, or incompatible software versions: => seek help, in the Github materials provided by ga-zelle, or in Discord/Full-Closed-Looping/emulate-aaps here: <https://discord.gg/n3tD5eXExC>)

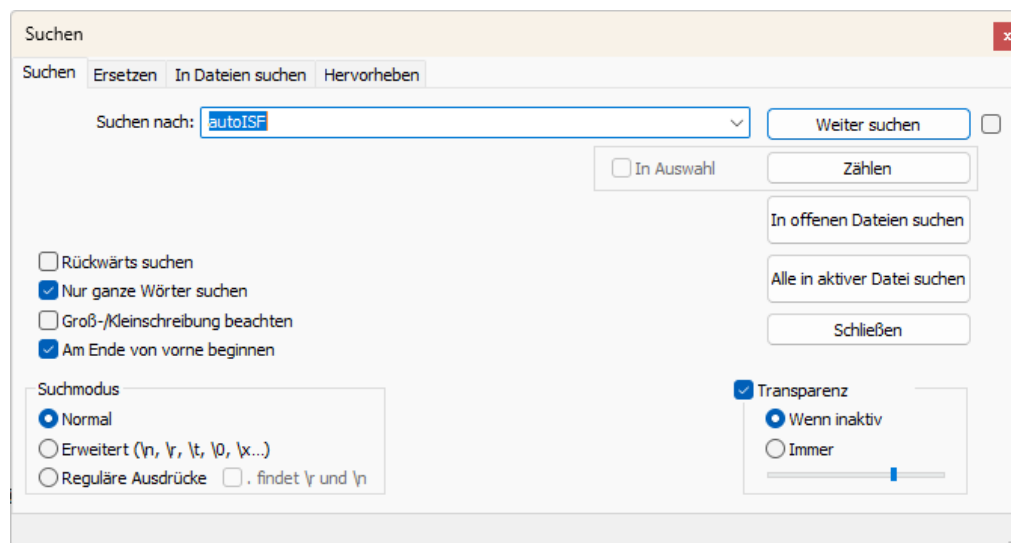
After a short moment results should show up, which you can look into in a couple of ways. First you could have a quick look into the **.log** file to see whether the run had errors (see [section 3.](#))

##### 10.2.4.1 SMB tab contents in (date..) noChange.txt result file

This basically gives you “all the SMB tabs” without needing to make screenshots every 5 minutes.

Search options help find what lines are of interest to your analysis:

By using the search function you can jump, in that super long list, to all places that e.g. have „autoISF“ in it or „script debug“, or „SMB disabled“ (if you want to analyze when that happened...)



##### 10.2.4.2 Table of results (...noChange.csv file)

The .csv file in your project folder gives a tabular presentation of how parameters like bg, iob, iobTH, the various ISF contributors, bg target, insulinRequired etc. develop every 5 minutes, and what SMB size and %TBR resulted.

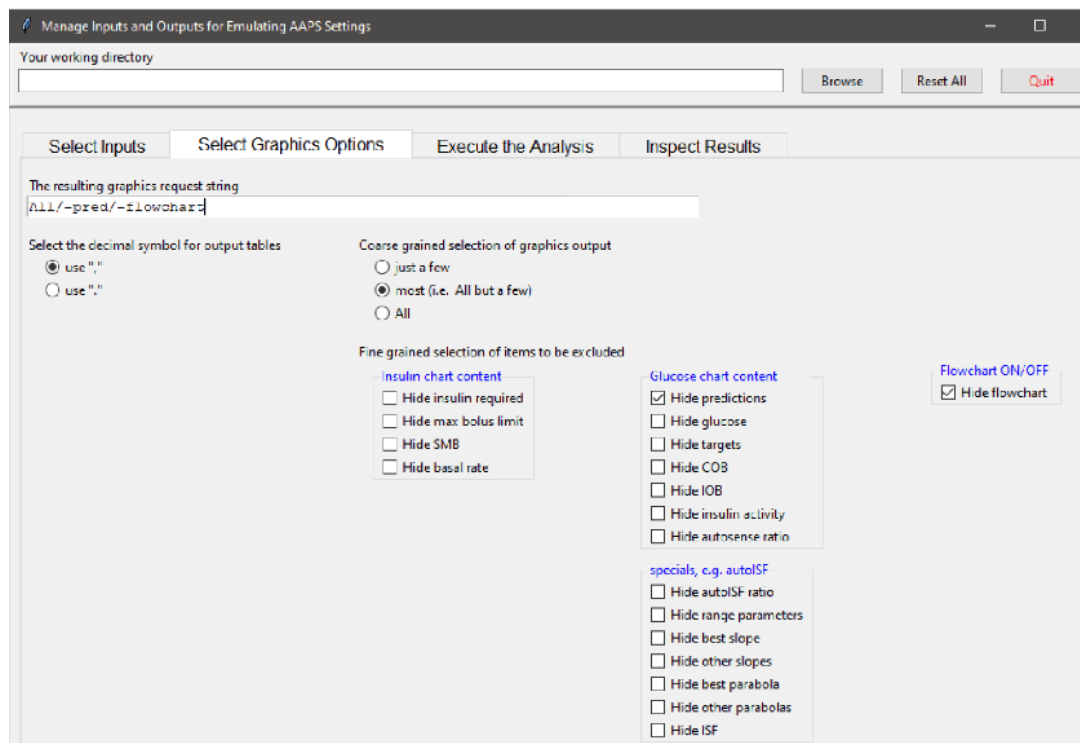
It is a vast table, so you may want to reduce it to something more “digestable”, either after transfer to your standard calculation program (next [section 10.2.4.3](#)). You can also make settings to suppress information you are usually not interested in (or do not know how to interpret, anyways) under “Select Graphics Options” when you open the emulator, before executing any analysis:

First, select your preferred way of outputting decimals (point or comma).

174 Then select whether you want “All” possible outputs in the graph, or “Most” = all except those you tick “off”  
175 in the boxes for each output parameter.

176 In case you would use “Some/just a few”, you would have to tick those few you that do want to see, by ticking  
177 the corresponding boxes.

178 Recommendation is to look at (nearly) everything offered (as your default setting that you can leave  
179 untouched in most of your emulator runs):



180  
181 It might be easier, to not deal with customizing the csv file, and rather copy the data into your  
182 favorite calculation program:

183  
184 10.2.4.3 Analysis of the **noChange.csv** table in Excel or LibreOffice calc.

185  
186 Best copy the entire table into a new .xls or .ods sheet, where you can:

- 187
- add right next to the standard world time your corresponding “AAPS **time**”

188 For instance, adding +2/24 translates the UTZ column into central European summer time  
189 column next to it (where currently a row of Z stands). Likewise, subtract like -5/24 from UTZ  
190 for an US East Coast time scale.

191 Highlight all time fields (the entire columns), and switch from hh:mm:ss format to hh:mm.  
192 (While the seconds are important for the loop's calculations, for our comparison with  
193 Nightscout or other charts and data, it is much easier without the seconds attached)

- 194
- **hide** any column you find less important to look at for your intended analysis

195 That way, “boxes” (data fields) retain their original position in tables

196                   Also, in case later you want to look into additional info, you can simply un-hide the relevant  
197                   columns ... or time lines:

- 198           • **hide** lines (time segments) you find less important to look at for your intended analysis

199

200   Usually you will color mark where relevant SMBs were given, which of the ISFs (and underlying  
201   weights) was strongly contributing (note that this can be good or not good) . Also where iobTH was  
202   exceeded, whether an Automation kicked in e.g. setting a TT, when there were periods with zero  
203   insulinRequired.

204           In [section 10.3.4](#) we present an extra tool that does a standardized table reduction and color marking  
205           for you!

206

207   You may be able to formulate a hypothesis or two, what settings (...ISF\_weights, iobTH%,  
208   SMB\_range\_extention, autoISFmax ...) should be changed for improvement (then go to [10.3](#))

209

210

211   10.2.4.4..   Graph **noChange.pdf**

212

213

214   After your emulation run, under Inspect Results, you can open the pdf file that is last in the results list  
215   offered.

216

217   This **noChange.pdf** is a chart that shows along the time axis (down), from right to left:

218

- Red: the bg curve

219

- Yellow: the bg target (note that I do no manual “EatingSoonTT” but for bg rises over +10 mg/dl  
220   I have an Automation that sets low TT for a couple of minutes)

221

- Light blue corridor: Left edge is set iobTH, and bandwidth +30% (would be +20% at elevated  
222   TT)

223

- Dark blue line: iob (exceeding twice the iobTH, with temp. SMB shut-off

224

As bg did not convincingly come down enough, one could hypothesize that iobTH should be  
225   elevated. ((But, again, this would have to be confirmed also with other kinds of meals)).

226

- Thin yellow line: Insulin activity

227

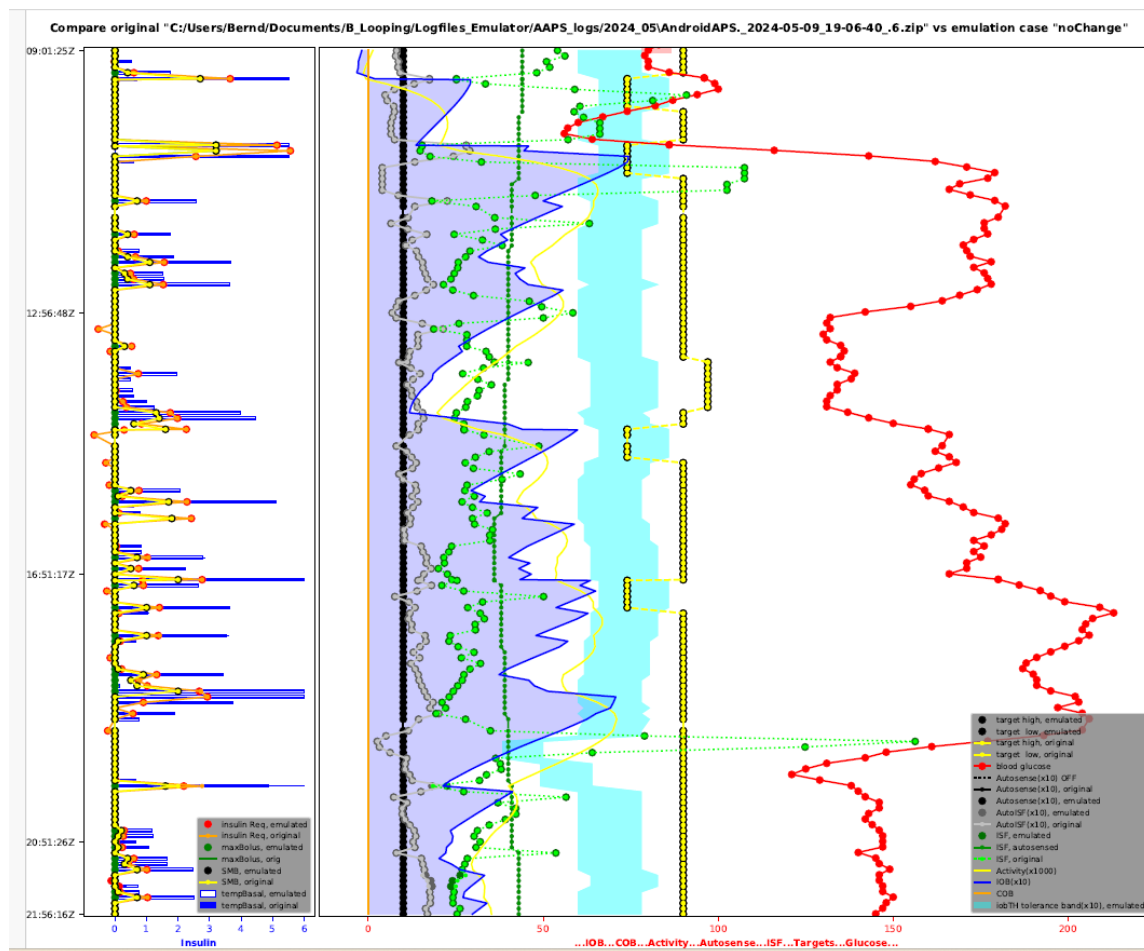
- Green dotted line: ISF as would result from AAPS w/Autosens

228

- Green scatter points: autoISF ISF no Chage (lighter points) or what-if (darker points)



- 229 • Black line: Profile ISF
- 230 • Gray scatter points: ISF weakened (to the left of black line) or strengthened (to the right)
- 231 • Orange line: cob=0 at all times (in FCL)



232 More see discussed together with (yourChanges).pdf in [section 10.3.3.4](#)

241  
242 **“What-if” analysis using the emulator**  
243

244 In the following you see an example how you can analyze a day of logfiles, and selecting the time span of  
245 interest, for instance 11-24 h to look at how autoISF managed lunch and dinner.

246  
247 You have to go through the emulator twice. You already did it ([section 10.2.](#)) using the no change.vdf, and  
248 now start over with the same emulator with your (desired changes).vdf. Repeat, if you have two or more such  
249 vdf defined. (Just clear results before executing analysis each time. No worries, all results are automatically  
250 captured for all runs, all in your selected study file).

251  
252 **10.3.1 Define your investigated changes in a, or in several, (yourChanges).vdf**  
253

254 Define for which one to max three parameters in your current profile settings you want to look into a  
255 different setting. Recommendation is to use a factor, like for example current setting \* 0.9 , or current  
256 setting \* 1.2, and use that in your naming for this vdf file, too.

257  
258 Within the same study, you can make several runs with several vdf files.  
259 All results, like the csv results table, will appear then several times in your study file, only with different  
260 name endings as in the underlying vdf.

261  
262 Example: I like to check in my actual data (they are in my noChange.vdf emulator run), **in which time**  
263 **points the following parameter changes would make a** (how) big **difference** in the loop’s decision:

- 264       • 20% higher bgAccel\_ISF\_weight to boost the first SMBs stronger: How would that tend to ramp  
265       up early iob; and might that get too strong in other parts of the data? Or does it bounce into a  
266       restriction (maxSMB size; autoISFmax; iobTH...) that I might need to widen?
- 267       • Doubling my cautiously set bgBrake\_ISF\_weight shall give me insight into the workings of that  
268       parameter (and whether using a much smaller weight than for bgAccel\_ISF\_weight is really  
269       what I should keep doing)
- 270       • As my bg came down from a persistent high quite slowly, I elevate the dura\_ISF by 20%

271  
272       Actually, it would make more sense to first find my “optimal”, maybe indeed elevated,  
273       bgAccel\_ISF\_weight. *Then*, do a noChange (!) run **with that**, plus a (yourChanges) run with the stronger  
274       dura weight, investigated on that basis.  
275       Reason: 1) As we always say, better do only one change at a time. 2) A better job with bg control via  
276       bgAccel\_ISF will reduce the peak height and provide a different (easier) scenario for dura\_ISF to manage.

277

278 Now, to **write** your **(yourChanges). vdf for the emulator** (this is same procedure as you did in section  
279 10.2.1 for the noChange.vdf):

280

- 281 • just open Notepad++ (from list of all programs on your PC) to create a new vdf.

282 Alternatively you can also take another pre-existing vdf file, and copy it into your current project  
283 giving it a new name (re-name it)

- 284 • name your vdf (in our example: 1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.vdf) ...

- 285 • ... and store that in a file of your current emulator project you are about to start (see my storage  
286 path in top line here)

287 **Caution:** Make absolutely sure (best by looking it up in the SMB tab, down in the profile set  
288 section) to **spell each term exactly** as your loop uses it (probably w/ decimal points, not comma)

289

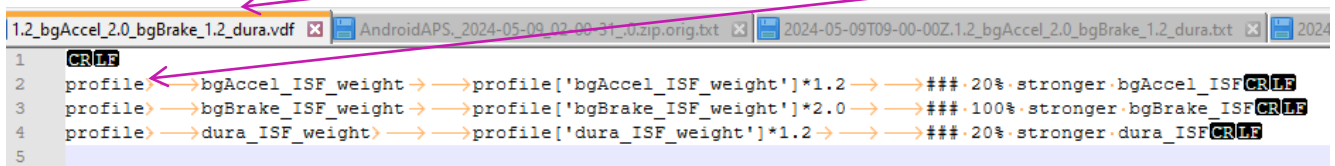
- 290 • ...when you make one line per parameter (separating entries with spacers->):

291 profile->(parameter) ->->profile['(parameter)']\*(factor)->->####(comment as you like)

292

293 The (yourChanges) .vdf should look like something like this:

294



295

296 CR = LF= Erase any entries after CR LF and also any entries in lines below, if any

297

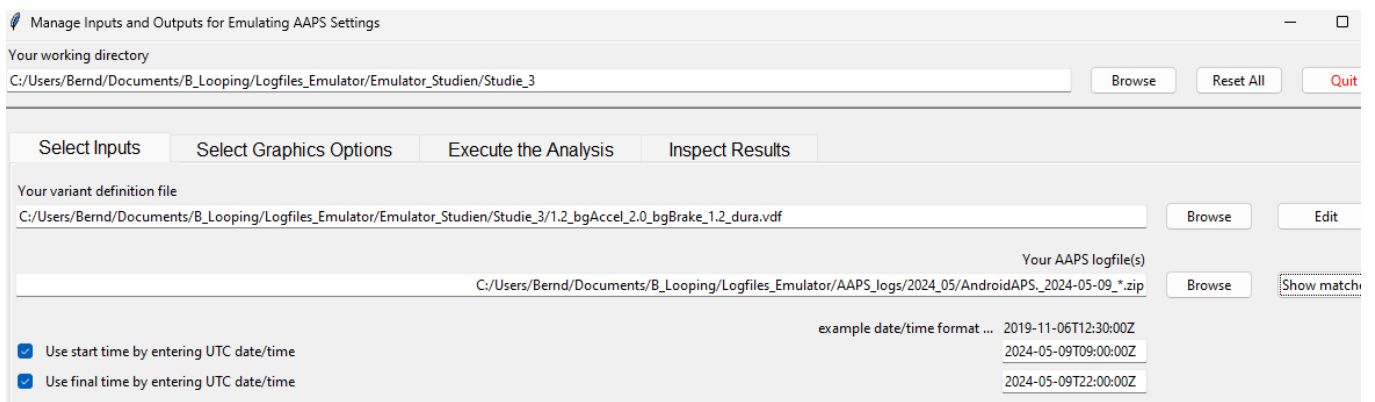
### 298 10.3.2 Run the emulator with (yourChanges).vdf

299

300 The “what-if” emulator run is done the same way as you did the noChanges run ([section 10.2](#)), however,

301 now , the **(yourChanges).vdf** must be loaded into the 2<sup>nd</sup> input field, where formerly you had the

302 noChange.vdf.:



303

304

- 305 In the 3<sup>rd</sup> input field, give the path to your stored logfiles. A good way to do this is:
- 306       • Browse in your Windows Explorer to any logfile from the desired day (2024-05-09 in above ex-
- 307       ample)
- 308       • Replace the time with an asterix \* (this means you look at all-day data, in UTZ time). Check
- 309       whether this will work by pressing Show matches . You should see all logfiles from that day in a
- 310       pop-up info box.
- 311       • As I wanted to look at 11 am –midnight for lunch and dinner related data, I :
- 312           ○ clicked the bottom left two boxes
- 313           ○ copied the date 2024-05-09 over the default date in the bottom right two data fields
- 314           ○ after T (for time), I entered the desired time of analysis AFTER conversion into my local
- 315           time (Central EU summer time minus 2 hours = UTZ; so to look at 11 to midnight of
- 316           my AAPS screen, I must enter here 09:00:00Z, and below it 22:00:00Z).

317 After making these entries, press Execute the Analysis, (evtl also Clear old Data) and then press Run

318 Emulation, you can look the results up under “Inspect Results”. First you could have a quick look into

319 the **.log** file to see whether the run had errors (see [section 3.](#))

### 321 10.3.3 Emulation results

322

Your working directory  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3

Select Inputs    Select Graphics Options    Execute the Analysis    Inspect Results

\*.log - Your file showing edits from the variant assignments  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.log    Browse    Show

\*.csv - Your table comparing key values of original vs emulation  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.csv    Browse    Show

\*.delta - Your table comparing bg deltas of original vs emulation  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.delta    Browse    Show

\*.orig.txt - Your short log of original analysis  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.orig.txt    Browse    Show

\*.txt - Your short log of emulated analysis  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.txt    Browse    Show

\*.pdf etc. - Your graphic file comparing key values of original vs emulation  
C:/Users/Bernd/Documents/B\_Looping/Logfiles\_Emulator/Emulator\_Studien/Studie\_3/2024-05-09T09-00-00Z.1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.pdf    Browse    Show

324 All results from your (yourChanges).vdf emulator go automatically where the noChange.vdf results are

325 already stored, in our example into the “Studie 3” file, below:

326       Besides the 1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.vdf case which I like to look into for the present high carb

327       meal, I also prepared another vdf that investigates a factor 1.2 stronger pp\_ISF and a weaker, factor 0.8,

328       bgAccel\_ISF (with the intention to test this, and a noChange, on a low carb meal later.

B_Looping > Logfiles_Emulator > Emulator_Studien > Studie_3				Studie_3 durchsuchen
Sortieren ▾ Anzeigen ▾ ...				
Name	Änderungsdatum	Typ	Größe	
2024-05-09T09-00-00Z .noChange.pdf	15.05.2024 17:17	Adobe Acrobat-D...	77 KB	
2024-05-09T09-00-00Z .noChange.csv	15.05.2024 17:17	Microsoft Excel C...	51 KB	
2024-05-09T09-00-00Z .noChange.log	15.05.2024 17:17	Notepad++ Docu...	35 KB	
2024-05-09T09-00-00Z .noChange.txt	15.05.2024 17:17	Notepad++ Docu...	281 KB	
2024-05-09T09-00-00Z .orig.txt	15.05.2024 17:17	Notepad++ Docu...	281 KB	
2024-05-09T09-00-00Z .1.2_pp_0.8_bgAccel.pdf	15.05.2024 17:16	Adobe Acrobat-D...	78 KB	
2024-05-09T09-00-00Z .1.2_pp_0.8_bgAccel.csv	15.05.2024 17:16	Microsoft Excel C...	51 KB	
2024-05-09T09-00-00Z .1.2_pp_0.8_bgAccel.log	15.05.2024 17:16	Notepad++ Docu...	57 KB	
2024-05-09T09-00-00Z .1.2_pp_0.8_bgAccel.txt	15.05.2024 17:16	Notepad++ Docu...	281 KB	332
2024-05-09T09-00-00Z.1.2_bgAccel_2.0_bgBrake_1.2_dura.csv	17.05.2024 21:29	Microsoft Excel C...	51 KB	
2024-05-09T09-00-00Z.1.2_bgAccel_2.0_bgBrake_1.2_dura.log	17.05.2024 21:29	Notepad++ Docu...	66 KB	
2024-05-09T09-00-00Z.1.2_bgAccel_2.0_bgBrake_1.2_dura.pdf	17.05.2024 20:40	Adobe Acrobat-D...	78 KB	333
2024-05-09T09-00-00Z.1.2_bgAccel_2.0_bgBrake_1.2_dura.txt	17.05.2024 21:29	Notepad++ Docu...	282 KB	334
1.2_bgAccel_2.0_bgBrake_1.2_dura.vdf	17.05.2024 20:38	VDF-Datei	1 KB	
1.2_pp_0.8_bgAccel.vdf	10.05.2024 21:55	VDF-Datei	1 KB	
noChange.vdf	07.05.2024 19:57	VDF-Datei	1 KB	335
				336

### 10.2.5 ....(yourChange).txt: “what-if” impact on loop decisions (as in SMB tab )

The **noChange.txt** has all the info your series of SMB tabs had that day.

How to search in this vast list is shown elsewhere (see [section 10.2.4.3](#) ).

Likewise, the **(yourChanges).txt** gives *for each loop decision* in all detail how and why each single decision *would have* changed with the different parameter inputs you are checking out here

In the two (yourChanges) examples here, , it was a check on the difference

- a 20% stronger pp\_weight and 20% weaker bgAccel\_weight
- a 20% stronger weight for both, bgAccel\_ and dura\_ISF, and a doubling of bgBrake\_weight

would make.

Note that all these “what if” data can only give rough hints, notably about **the first** greater change that you would see with the investigated changed setting. So it works quite well for our main problem in FCL, investigating how to ramp up iob quickly after detection of acceleration.

352 Note that any relevant change would put your bg curve on a different trajectory, so that would influence *all*  
353 *following* results. Therefore, what you get here is **not** a complete modelling how your bg would have  
354 developed in the alternative scenario.  
355 But you can investigate in which stages the parameter(s) you are looking at in your current “what-if” had big  
356 influence, and in which direction the changes would go. (see also charts shown in [section 10.3.3.4](#)).  
357 Analyzing how to safely come down from a high glucose plateau while limiting hypo danger towards the end  
358 of digestion is also to some extent possible.

359

360 A good other way to employ the what-if analysis is real time, on your smartphone, using speech synthesis  
361 (see [section 11](#)): Then you get real-time info, as to exactly when a significantly different proposal would  
362 emerge, and can decide (and watch!) real-time whether to follow the new idea and not was probably better.

363

364 Observe that a setting change must work well for you

365 

- not just in one point of time, and

366 

- not just for one kind of meal,

367 but you must look at all time slots in the investigated meal, plus analyze with the same tool a totally different  
368 meal within your usual spectrum, how things work out there

369

#### 370 [10.3.3.2 Tabular results](#)

371

372 The **noChange.csv** table gives all relevant data. Besides development of bg and iob you see the calculated  
373 insulinRequired in each loop decision, and how each of the autoISF categories contributed to the decision  
374 (notably regarding SMB size).

375

376 The **(your changes).csv** shows in detail how **every single loop decision** would be influenced by the different  
377 settings you are investigating. To inspect that huge table, click on the Z behind the start UTC time entry  
378 (see black box in the Z column of the following table

379 

- If you like to see the bg in each screen, too, go 3 or 4 columns farther to the right with your black

  
380 

- box.

381 Then, go to window/fix. Now you can scroll through the data and always see headline and time (or time and  
382 bg level).

383 

- To further ease analysis, feel free to temporarily erase (hide) any columns that you (think you) do not

  
384 

- need for the intended analysis. More suggestions see in [section 10.2.4.2](#)

385

2024-05-09T09-00-00Z .1.2\_pp\_0.8\_bgAccel.csv - LibreOffice Calc

Datei Bearbeiten Ansicht Einfügen Format Extras Daten Fenster Hilfe

Neues Fenster  
Fenster schließen  
Teilen  
Fixieren

• 2024-05-09T09-00-00Z .1.2\_pp\_0.8\_bgAccel.csv - LibreOffice Calc  
autoISF\_factors\_proforma.ods - LibreOffice Calc

id	UTC time	UNIX time	bg accel	bg brake	target low	orig	emul	emul	cob	job	emul	emul	act	orig	orig	dura	min	utes
0	0,3759837963	1715245285,9	80		90	90	90	90	0	-0,18	6	7,8	0,001	1	0,81	10		
1	0,3793981481	1715245580,3	79	79	90	90	90	90	0	-0,23	6	7,8	0,001	1	0,78	15		
2	0,3829166667	1715245884,2	80		90	90	90	90	0	-0,28	6	7,8	0	1	0,86	20		
3	0,386412037	1715246186,2	80		90	90	90	90	0	-0,28	6	7,8	-0,001	1	0,85	25		
4	0,3898263889	1715246482	86		90	90	90	90	0	-0,33	6	7,8	-0,001	1	0,91	0		
5	0,393587963	1715246806,8	96		74	74	74	74	0	0,18	6,6	8,58	-0,001	1	1,75	0		
6	0,3942013889	1715246859,5	96		74	74	74	74	0	2,92	6,6	8,58	0	1	1,75	0		
7	0,3968055556	1715247084,8	99		74	74	74	74	0	2,92	6,6	8,58	0,005	1	1,31	5		
8	0,4002430556	1715247381,7	100	100	74	74	74	74	0	2,83	6,6	8,58	0,011	1	0,75	10		
9	0,4037384259	1715247683,2	94	94	74	74	74	74	0	2,72	6,6	8,58	0,015	1	0,48	0		
10	0,4071643519	1715247979,7	87	87	74	74	74	74	0	2,59	6,6	8,58	0,018	1	0,54	0		
11	0,4107407407	1715248288,8	82	82	74	74	74	74	0	2,45	6,6	8,58	0,02	1	0,73	0		
12	0,4141435185	1715248583	74	74	90	90	90	90	0	2,3	6	7,8	0,022	1	0,75	0		
13	0,4176273148	1715248883,1	67	67	90	90	90	90	0	2,14	6	7,8	0,022	1	0,7	0		
14	0,4210300926	1715249177,9	60	60	90	90	90	90	0	1,99	6	7,8	0,023	1	0,65	0		
15	0,4245949074	1715249485,3	57	57	90	90	90	90	0	1,82	6	7,8	0,023	1	0,65	0		
16	0,4280439815	1715249783,8	56	56	90	90	90	90	0	1,67	6	7,8	0,022	1	0,65	5		
17	0,4315277778	1715250084,6	64		90	90	90	90	0	1,51	6	7,8	0,021	1	0,75	0		
18	0,435	1715250384,3	86		74	74	74	74	0	1,36	6,6	8,58	0,02	1	2,8	0		
19	0,4355787037	1715250434,4	86		74	74	74	74	0	4,58	6,6	8,58	0,021	1	2,8	0		
20	0,4384953704	1715250686,1	116		74	74	74	74	0	4,45	6,6	8,58	0,026	1	2,9	0		
21	0,4419675926	1715250987	143		74	74	74	74	0	7,44	6,6	8,58	0,038	1	2,43	0		
22	0,4454513889	1715251287,7	162	162	74	74	74	74	0	7,4	6,6	8,58	0,048	1	1,33	0		
23	0,4490046296	1715251594,5	171	171	74	74	74	74	0	7,15	6,6	8,58	0,055	1	0,4	0		
24	0,452349537	1715251883,2	179	179	74	74	74	74	0	6,84	6,6	8,58	0,06	1	0,4	5		
25	0,4558217593	1715252183,5	177	177	90	90	90	90	0	6,48	6	7,8	0,063	1	0,4	10		
26	0,4594328704	1715252495,4	169	169	90	90	90	90	0	6,1	6	7,8	0,065	1	0,4	15		
27	0,4630208333	1715252805,5	166	166	90	90	90	90	0	5,72	6	7,8	0,066	1	0,4	5		
28	0,4662847222	1715253087,3	172	172	90	90	90	90	0	5,37	6	7,8	0,065	1	0,86	25		
29	0,4697453704	1715253386,2	179		90	90	90	90	0	5	6,36	8,27	0,064	1	2,26	5		
30	0,4731828704	1715253683,7	182		90	90	90	90	0	5,54	6,36	8,27	0,064	1	1,33	10		
31	0,480162037	1715254286,4	180		90	90	90	90	0	4,81	6,36	8,27	0,063	1	1,13	0		
32	0,4837731481	1715254598,6	176	176	90	90	90	90	0	4,44	6,36	8,27	0,061	1	0,65	5		
33	0,4873032407	1715254903,9	176		90	90	90	90	0	4,09	6	7,8	0,059	1	1,13	10		
34	0,4905555556	1715255184,4	177		90	90	90	90	0	3,78	6	7,8	0,056	1	1,67	15		
35	0,4940625	1715255487,9	173		90	90	90	90	0	3,98	6	7,8	0,054	1	1,26	20		
36	0,4974884259	1715255783,9	170	170	90	90	90	90	0	3,69	6	7,8	0,053	1	1,07	25		
37	0,5009722222	1715256084,7	171		90	90	90	90	0	3,39	6	7,8	0,05	1	1,38	30		

Tabelle 1 / 1 Standard Summe=0 100 %

Still, the csv tables are overwhelming. You could proceed in either of two directions now:

- A) Convert both (or all 3) csv files into one table in Excel or into Libre office calculator. Hide columns (and eventually also lines) that are of no particular interest for your analysis. Mark differences between noChange and (yourChanges) column data with color, add extra columns with additional calculations ...

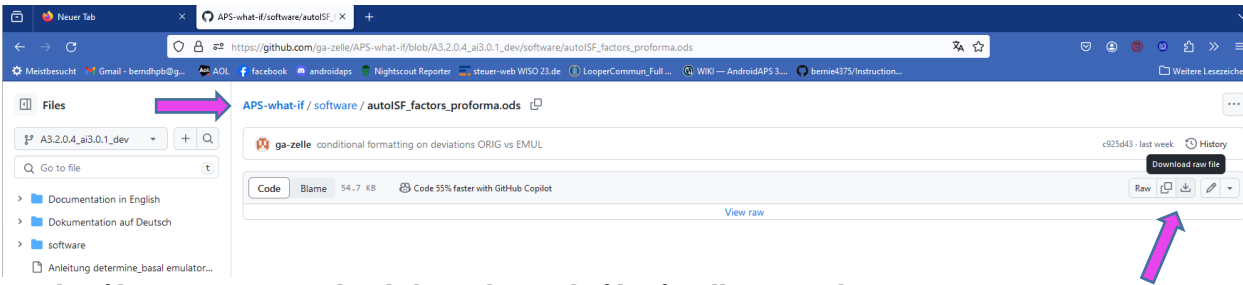
This route is good to compare quantitative impacts of autoISF categories in critical time points.

- B) For the core data relevant to assessing your autoISF settings, there is an extra tool for convenient analysis (see next section)

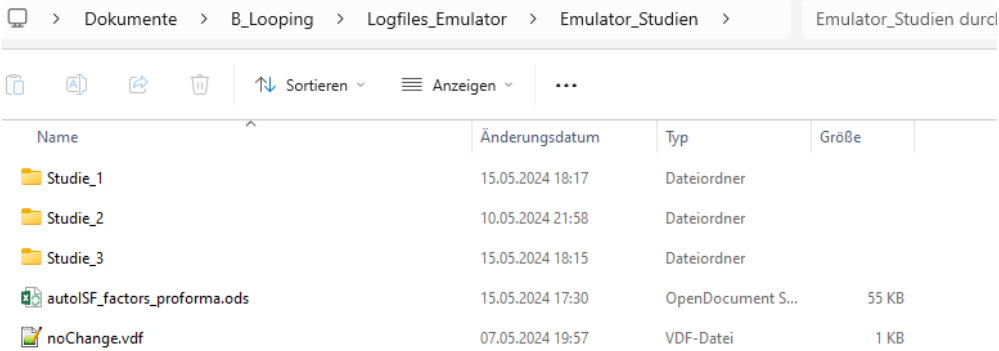


399 10.3.3.3 Automated extraction from tabular results

400 **autoISF\_factors\_proforma.ods** is provided as an **extra tool** that you download from here:

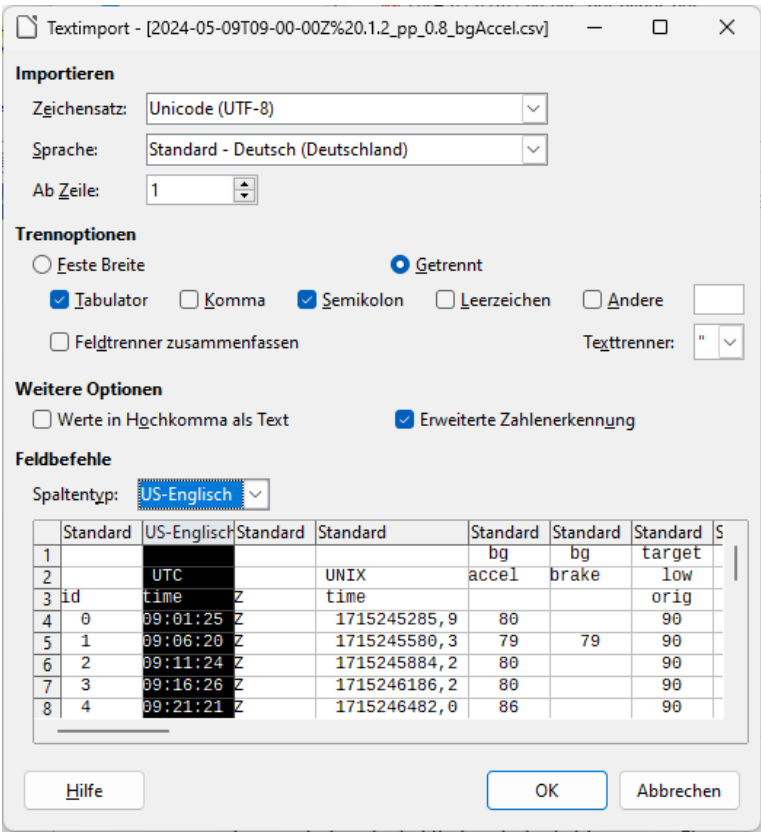


401 Put that file on your PC one level above the single files for all your studies:



403 Now, if we want to use this tool on the two csv files of our Studie\_3 file, we must proceed as follows (for  
404 each of the two .csv files, *separately*):

- 405 1. Click on the .csv file and open in Libre office calculator.
- 406 2. Make sure the time column is set to US\_English:





409  
410 3. Now start, in Libre office calculator, the autoISF\_factors\_proforma.ods ...

411 This turns the first 30-some lines of your csv table (left side) into a form in which important effects are  
412 highlighted in color, and formatting is improved:



413  
414  
415 Now, you want this for the entire table.

416 In the autoISF\_factors\_proforma table, highlight 20 or more lines (not including the first or last), and mouse  
417 right hand/insert above ...

autoISF\_factors\_proforma.ods - LibreOffice Calc

Datei Bearbeiten Ansicht Einfügen Format Extras Daten Fenster Hilfe

A6:AMJ34 0,026

	A	B	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC
1				auto	final	dura		lin.fit		parab	parab	parab	parab	auto	acce	bg	pp
2		UTC		sens	ISF	min-	dura	min-	lin.fit	fit	fit	fit	fit	sens	ISF	ISF	ISF
3	id	ime	act	orig	orig	utes	avg.	utes	delta	correl	durat	last-Δ	next-Δ	emul	emul	emul	emul
4	0	10:04:16	0	1	0,27	10	103,3	20	2,3	1	15	-3	-8	1	-0,1	0,96	1
5	1	10:09:15	0	1	0,64	15	103,3	25	1,7	0,83	25	-1,14	-2,57	1	1	0,96	1
6	2	10:14:14	0	1	0,64	20	103,4	10	1	0,84	15	1,8	3,8	1	1	0,96	1
7	3	10:19:15	0	1	0,71	25	104	10	2	0,99	15	2,6	3,6	1	1,1	0,96	1
8	4	10:29:16	0	1	1,08	35	105	25	1,5	0,96	25	1,5	1,53	1	1	1	1,04
9	5	10:34:17	0	1	1,78	0	117	30	2,2	0,99	15	7,2	11,2	1	1,78	1,01	1,16
10	6	10:44:16	0	1	0,56	5	123,5	35	2,9	0,98	15	0,4	-4,1	1	0,55	1,02	1
11	7	10:49:14	0	1	0,7	15	121,5	40	2,7	0,98	20	-2,37	-6,09	1	0,65	1,01	1
12	8	10:54:13	0	1	0,66	0	116	70	1,8	0,98	25	-5,89	-9,53	1	0,65	1,01	1
				1	0,99	5	115,5	15	-3	0,92	20	-3,57	-4,28	1	0,98	1,01	1
				1	1,26	10	114,7	10	-1,5	0,96	15	-0,8	1,2	1	1,26	1	1
				1	1,26	15	115,3	25	-1,7	0,94	20	2,77	5,49	1	1,26	1,01	1,08
				1	1,08	20	115,8	10	2,5	0,88	25	3,39	5,35	1	1	1,01	1,02
				1	1,1	10	119,3	15	3,1	0,95	15	3,6	4,1	1	1,06	1,02	1,1
				1	1,65	0	130	10	6	1	15	7,4	10,4	1	1,65	1,02	1,14
				1	1,81	0	141	10	9,1	1	20	10,7	13,84	1	1,81	1,05	1,22
				1	1,81	0	141	10	9,1	1	20	10,7	13,84	1	1,81	1,05	1,22
				1	1,69	0	141	5	11,4	1	20	10,7	13,84	1	1,69	1,05	1,22
				1	1,28	0	149	5	8,1	0,99	20,1	10,03	11,39	1	1,28	1,06	1,16
				1	0,4	5	149	25	7,1	1	15	1,05	-4,39	1	0,38	1,06	1
				1	0,57	10	148,7	40	5,4	0,99	20	-2,41	-6,96	1	0,5	1,06	1
				1	1,11	20	146,6	10	-1,5	1	14,9	-2	-3,01	1	0,88	1,06	1
				1	1,1	25	145,7	10	-3,5	0,99	15	-4,6	-6,6	1	0,77	1,05	1
				1	0,86	5	138,5	10	-5	1	24,9	-5,53	-7	1	0,83	1,03	1
				1	1,22	10	136,7	15	-4,4	1	15	-3,4	-2,4	1	1,22	1,03	1
				1	1,21	10	136,7	5	-3	1	15	-3,4	-2,4	1	0,88	0,99	1
				1	1,02	15	136	5	1	0,99	15	0,6	3,6	1	1,63	0,99	1
				1	0,67	15	133,3	35	-3	0,96	30	-1,64	-1,07	1	0,96	0,98	1
32	28	12:24:15	0	1	1,27	25	133,8	40	-1,8	0,99	15	6,4	11,4	1	2,04	1	1
33	29	12:29:15	0	1	0,81	5	140,5	15	4,3	0,99	15	6	7,5	1	1,29	1	1,1
34	30	12:34:15	0	1	0,5	10	139,7	20	2,5	0,93	15	-3,2	-8,7	1	0,78	1	1
35	31	12:39:14	0	1	0,25	0	122	10	-10,4	1	15	-15,8	-26,3	1	-1,31	0,97	1
36	32	12:44:15	0	1	0,25	0	108	10	-15	0,99	15	-16,61	-21,11	1	0,12	0,96	1
37		Minimum:		1	0,25									1	-1,31	0,96	1
38		Maximum:		1	1,81									1	2,04	1,06	1,22
39		Totals:															

your\_title graphs +

Tabelle 1 / 2 | 29 Zeilen, 1024 Spalten ausgewählt | PageStyle\_2023-02-20T20.empty | Summe=49196174579,56

418  
419  
420 Do this as often as you need to create the number of lines that your emulated csv file comes with.  
421 If you ended up with too many lines, erase the superfluous number (any four, in the example):

autolSF\_factors\_proforma.ods - LibreOffice Calc

Datei Bearbeiten Ansicht Einfügen Format Extras Daten Fenster Hilfe

Arial 10

A128:AMJ131

	A	B	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD
1				auto	final	dura		lin.fit		parab	parab	parab	parab	auto	acce	bg	pp	d
2		UTC		sens	ISF	min-	dura	min-	lin.fit	fit	fit	fit	fit	sens	ISF	ISF	ISF	ISF
3	id	ime	act	orig	orig	min- utes	avg.	min- utes	delta	correl	durat	last-Δ	next-Δ	emul	emul	emul	emul	e
121																		
122																		
123																		
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142																		
143																		
144																		
145																		
146																		
147	18	11:34:21	0	1	1,28	0	149	5	8,1	0,99	20,1	10,03	11,39	1	1,28	1,06	1,16	
148	19	11:39:14	0	1	0,4	5	149	25	7,1	1	15	1,05	-4,39	1	0,38	1,06	1	
149	20	11:44:15	0	1	0,57	10	148,7	40	5,4	0,99	20	-2,41	-6,96	1	0,5	1,06	1	
150	21	11:49:16	0	1	1,11	20	146,6	10	-1,5	1	14,9	-2	-3,01	1	0,88	1,06	1	
151	22	11:54:16	0	1	1,1	25	145,7	10	-3,5	0,99	15	-4,6	-6,6	1	0,77	1,05	1	
152	23	11:59:14	0	1	0,86	5	138,5	10	-5	1	24,9	-5,53	-7	1	0,83	1,03	1	
153	24	12:04:14	0	1	1,22	10	136,7	15	-4,4	1	15	-3,4	-2,4	1	1,22	1,03	1	
154	25	12:08:45	0	1	1,21	10	136,7	5	-3	1	15	-3,4	-2,4	1	0,88	0,99	1	
155	26	12:10:37	0	1	1,02	15	136	5	1	0,99	15	0,6	3,6	1	1,63	0,99	1	
156	27	12:14:14	0	1	0,67	15	133,3	35	-3	0,96	30	-1,64	-1,07	1	0,96	0,98	1	

your\_title graphs

Tabelle 1 / 2 4 Zeilen, 1024 Spalten ausgewählt PageStyle\_2023-02-20T20.empty Summe=0 100 %

Then just copy it in, by selecting all data lines in the emulated csv, and pasting (paste special, values only) into box A4 of your “elonged” autoISF\_factors\_performa.ods.

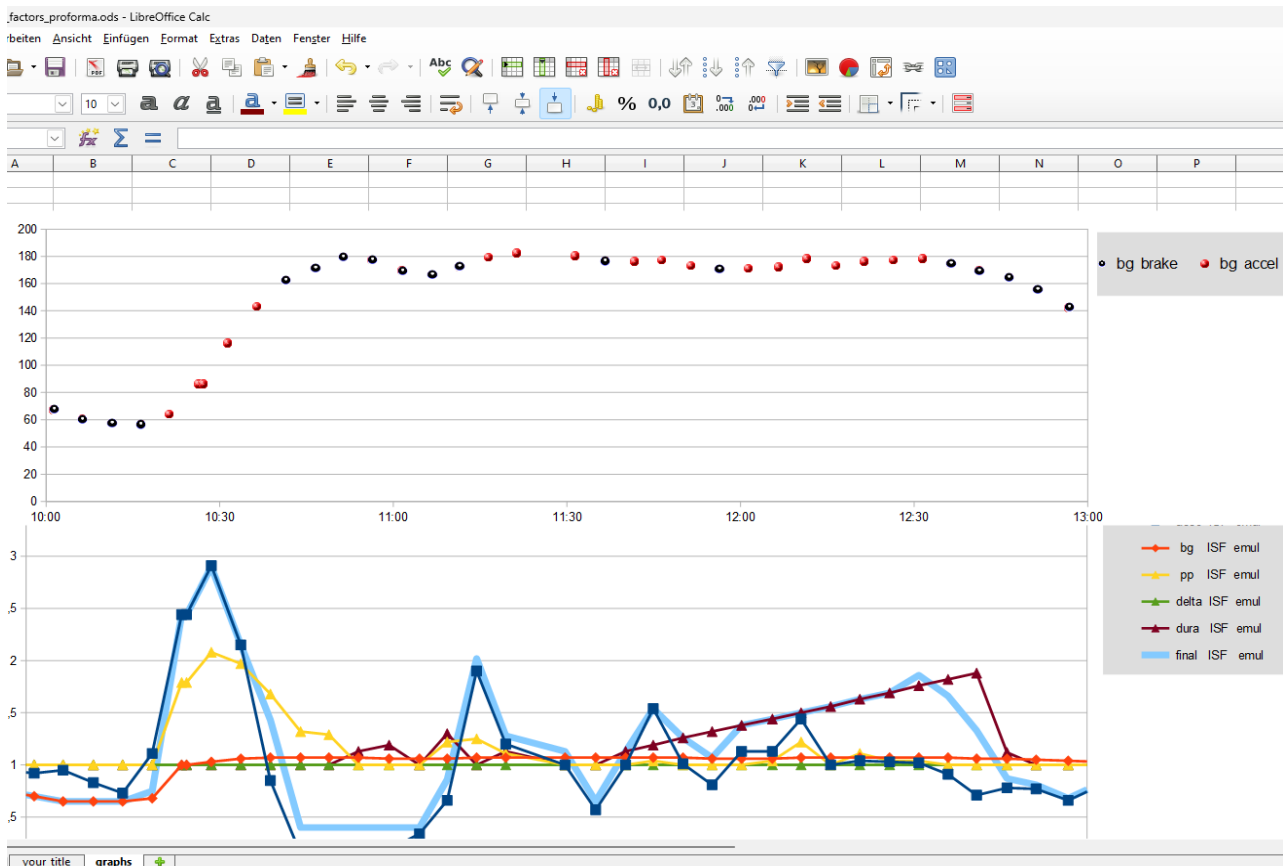
The bottom tab “your\_title” should be re-named by you, best with day of log you analyze, and your what-if parameters (so, the name of your csv file could be put in here)

**Now you have a table with optimized lay-out that incorporates key data from both your no change AND of your investigated changes.csv files.**

A super neat extra feature is already pre-programmed, which you can see if you click on the bottom tab “graphs”.

The top graph is the bg curve (the actually seen bg).

Note that for the what-if no bg development over the time range is available. (The noChange one is also given there).



436  
437 The bottom graph (do one for each, the noChange or the (yourChanges) case) shows the amplification factors  
438 coming from each autoISF category, and the overall resulting ISF amplification.

439 You probably have to widen the time scale (double click on the time axis, and type the desired time  
440 span (min and max UTC)(and spacing of data points, 00:30:00 or 00:15:00) into this box:

X-Achse

Skalierung Positionierung Liniendiagramm Beschriftung Zahlen Schrift Sch

**Skalierung**

☐ Richtung umkehren

☐ Logarithmische Skalierung

Minimum 10:00:00 ☐ Automatisch

Maximum 15:30:00 ☐ Automatisch

Hauptintervall 00:30:00 ☐ Automatisch

Hilfsintervall Schritte 5 ☐ Automatisch

OK Abbr

441  
442 In the given example above, the 2.5 hours were not enough yet to analyze this 10:30 UTC (12:30 AAPS)  
443 lunch; we need to look until bg is near target (hopefully before dinner starts).

444  
445 A similar graph is available on the (i-)phone if you use the autoISF dev variant of iAPS (and maybe of Trio,  
446 in the near future). (Later insert details here, or in [section 11](#))

#### 447 10.3.3.4 Chart coming with the Emulator

448

449 In case you find the extra steps described in the preceding section “too much”, also the emulator offers one  
450 chart (the pdf offered at the bottom of the screen as shown below the “[10.3.3](#) Emulaton results” headline).

451

452 First look at the initial bg rise in the noChange.pdf chart (emulation results from your noChange.vdf run),  
453 and see how bgAccel\_ISF and pp\_ISF acted, or could have acted in improved ways.

454 Then look into in (yourChange).pdf to see potential effects (or what other change to try). (Actually, you  
455 probably will have to go into a detrailed analysis of several lines and columns of the tables as discussed in  
456 sections [10.3.3.2](#) and [10.3.3.3](#)).

457

458 Note that ideally we want FCL coverage of our entire “normal day” meal spectrum by one set of  
459 settings. So, **not much is gained if you put a lot of effort in optimizing FCL settings for one**  
460 **meal.**

461

462 You will need iterations. Do such analysis for **two or three very different meals** that you wish the  
463 algorithm to automatically handle. See [section 4.2/4.3](#) on how meals with very different carb loads  
464 might benefit or also suffer from too aggressive or to mild (category)\_ISF\_weights you could set.

465

466

467 The initial iob received might be limited by allowed SMB sizes, autoISFmax, or the (dynamic!) iobTH. You  
468 will have to look into the data table to find out about this (a quick orientation - notably regarding the light  
469 blue iobTH band, see next page - is also possible in the pdf result files you have in your project file (project  
470 file example “Studie 3” in 2<sup>nd</sup> chart under the [10.3.3](#). headline).

471

472 Only once you found OK weights for bgAccel- and pp\_ISF\_weights, does it make sense to go tune the  
473 dura\_ISF\_weight. 12:00 – 12:45 UTC in above graph, the resulting effective ISF is dominated by dura\_ISF.  
474 Just judging from the picture, a stronger weight might be worth trying. However, we really need to see the  
475 insulinRequired calculation and the further development because impatience about bringing bg values down  
476 faster too often results in hypoglycemia later.

477

478 The **noChange.pdf** is a chart that shows along the time axis (down), from right to left:

479

- Red: the bg curve

480

- Yellow: the bg target (note that I do no manual “EatingSoonTT” but for bg rises over +10 mg/dl  
481 I have an Automation that sets low TT for a couple of minutes)

482

- Light blue corridor: Left edge is set iobTH, and bandwidth +30% (would be +20% at elevated  
483 TT)

484 • Dark blue line: iob (exceeding twice the iobTH, with temp. SMB shut-off)

485 As bg did not convincingly come down enough, one could hypothesize that iobTH should be  
486 elevated. ((But, again, this would have to be confirmed also with other kinds of meals)).

487 • Thin yellow line: Insulin activity

488 • Green dotted line: ISF as would result from AAPS w/Autosens

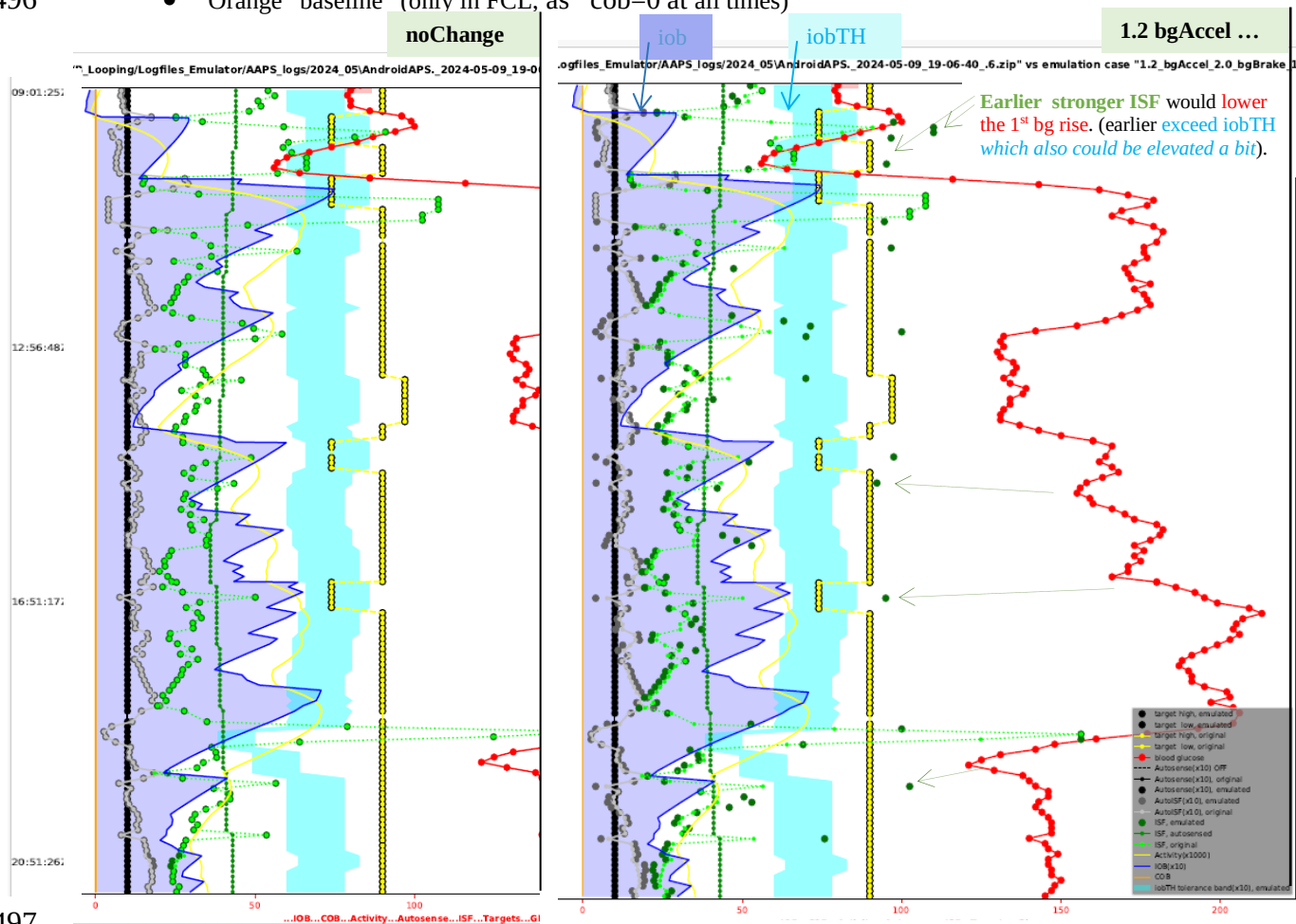
489 • **Green scatter points:** autoISF ISF no Change (lighter points) or **what-if (darker points)**

490 Foreseeably, this is the strongest difference between our noChange (left) and 120% bgAcel\_ISF\_weight  
491 (right) in the picture below. (Note the red bg curve is *both times* the really seen bg, because the what-if  
492 case only looks at each single loop decision). The first ( -> ) time the dark green dot is far to the right, this  
493 would get the bg down, we would start to see a ( <- ) bg lowering effect, shifting the red curve to the left

494 • Black line: Profile ISF

495 • Gray scatter points: ISF weakened (to the left of black line) or strengthened (to the right)

496 • Orange “baseline” (only in FCL, as cob=0 at all times)



497  
498 Regarding the other changed parameters: Stronger dura\_ISF would suggest more insulin towards the end of  
499 plateaus; this should have helped in the 1<sup>st</sup> plateau (red curve, top right quadrant of the picture). However,  
500



501 same setting would have to work also on 2<sup>nd</sup> plateau; the chart cuts off there, so too early to see whether a  
502 hypo danger might result.

503 Effect from doubling the bgBrake\_ISF effect are hard to evaluate. Better probably to look in .csv tables, or  
504 run a separate emulation for that change only.

505

506 Always check for 2 or 3 kinds of your meals whether the “new” parameter settings really are on average  
507 better. (See negative example in [case study 8.2!](#))

508

509

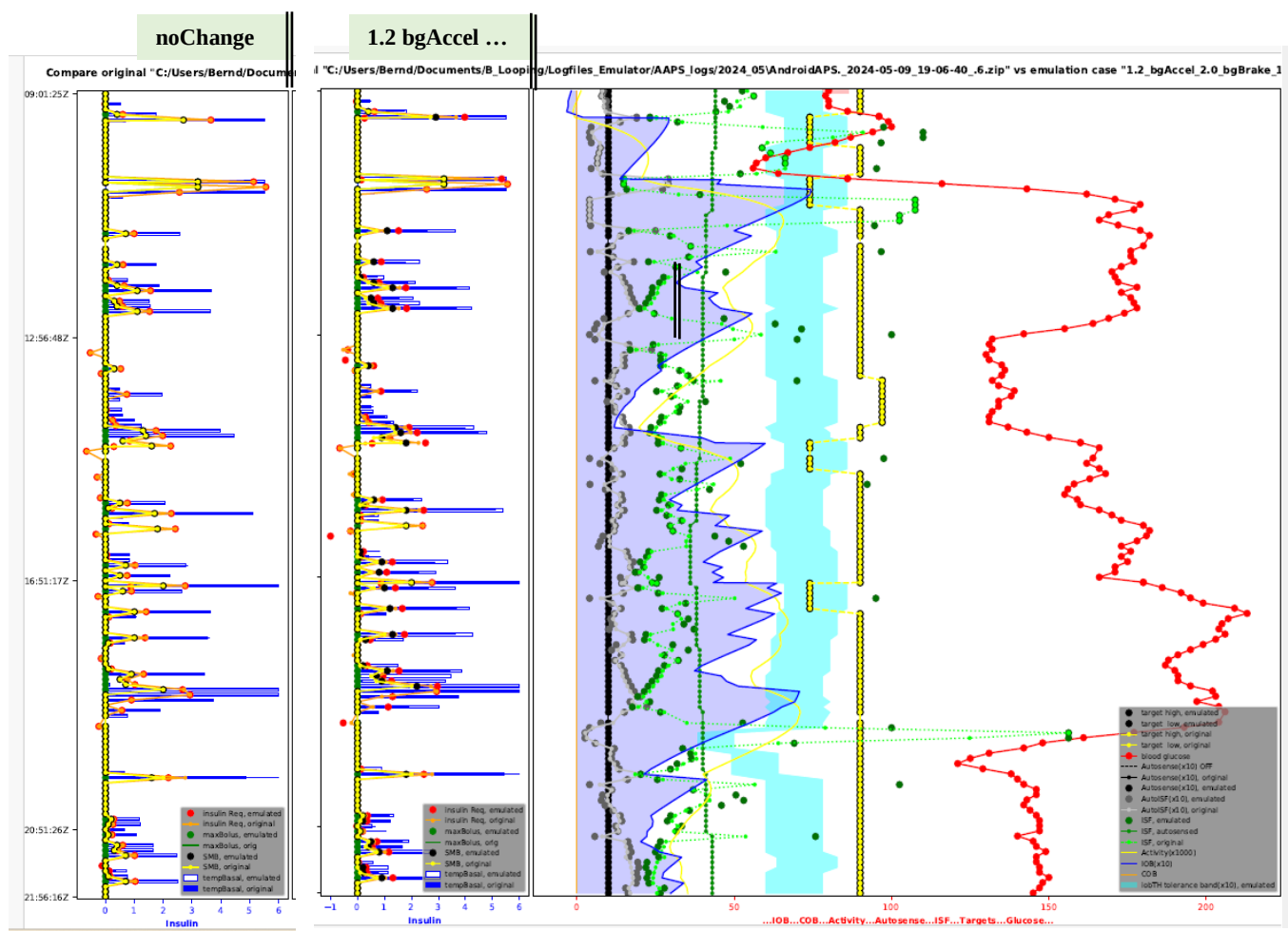
510 Part of both above shown charts (left side of each, with blue peaks) was cut out.....

511

512 (Unfinished / to be explained later) (...note: yourChanges = 1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura)

513

514



515

516