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Please note that with autoISF you are in an early-dev. environment, where the user interface is **not optimized for safety** of users who stray away from intended ways to use. Good safety features exist, but these are only as good as the development-oriented user understands and implements them. This is not a medical product, refer to disclaimer in section 0



Available related case studies:

Based on older autoISF and older

Emulator versions, examples from

emulator use can be found in case

there), and case study 8.2

study 6.2, in case study 4.1 (last pages

Case studies still missing:

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10 10.1 Installing the Emulator on your PC

10.1.1 Downloads for QPython

10.1.2 File structure on your PC

10.1.3 Start emulation button on desktop

10.1.4 .py scanning files

15 **10.2** Analyzing **loop decisions** in logfiles

16 10.2.1 **noChange**.vdf

17 10.2.2/3 Locate logfiles / prepare Emulator

10.2.4 Run emulation and inspect results

19 10.2.4.1 .txt (all SMB tab infos)

20 10.2.4.2 Tabular (.csv) presentation of all loop decisions

10.2.4.3 Manual extraction of key data in .xls or .odc

22 10.2.4. 4 .pdf chart

23 **10.3 What-if** analysis

10.3.1 Define (yourChanges).vdf

10.3.2 Run emulation

26 10.3.3 Inspect results

10.3.3.1 Logs (all SMB tab infos)

10.3.3.2 Tabular (.csv) presentation of all loop decisions

10.3.3.3 Semi-automated extraction of key data

10.3.3.4 .pdf chart

You can set up and tune the system for Full Closed Loop as described in previous sections. Doing this by frequently analyzing screenshots that must be taken in real-time of the AAPS **SMB tab** is

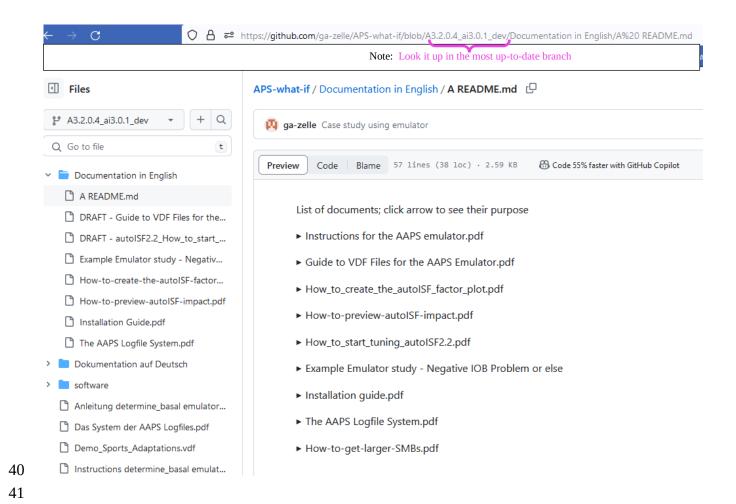
34 tedious, however.

36 More elegant and precise tuning can be done with a special evaluation software for the AAPS

37 logfiles, by using the **emulator.** It is described here: <a href="https://github.com/ga-zelle/APS-what-if">https://github.com/ga-zelle/APS-what-if</a>/

38 Documentation in English. There (under / Software) you find the files needed to download on your

39 PC, and the primary instructions:



- In the emulator, you can see in tabular and graphical form, which autoISF component, and other settings, contributed to SMB values that determined the glucose curve.
- 44 In the following, we look into how you create your relevant data.
- 45 Application examples for tuning are given in associated case studies (we need more).
- 47 Note that iOS based variants of autoISF (Trio or iAPS) can not use the emulator.
- 48 Refer to section 11.3.

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Join <a href="https://discord.gg/n3tD5eXExC">https://discord.gg/n3tD5eXExC</a> for seeking (and giving) help with the emulator set-up or use, and to exchange experience.

## 10.1 Installation of the emulator on your PC

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#### 10.1.1 Downloads

The suggested folder names and structure shown below is of course not mandatory, but a only suggestion.

First download QPython 3L onto your PC (detailed instruction see ... APS-what-if / Instructions determine basal emulator

Then download from: https://github.com/ga-zelle/APS-what-if/ **software**: each of these 5 py resp. config. files. To do this, you must press, for each one, here



Always make sure you use the files from the branch with the same version number as your AAPS version (in the example above: These files will work with AAPS dev version 3.2.0.4 with autoISF version 3.0.1). . Always keep your AAPS x autoISF and also the emulator related files up-to-date. If you can't get your Emulator run, look in the Github repo whether there is a newer .py file (even with the same name; there may be updates that iron out problems that may have been reported only with certain AndroidOS versions etc etc))!!

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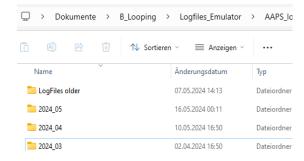
### 10.1.2 Create your PC folder structure ( - you can of course deviate from the specific example given below)

Retrieve these 5 downloaded files on your PC (list of recent downloads), and shift them into a folder in

which, or neighboring to which, you also keep your logfiles.

(These you must copy-in from your phone before they get automatically erased there after x days; check your x out;  $\sim$  2 weeks normally, smaller with Libre3 (1min.)).)-

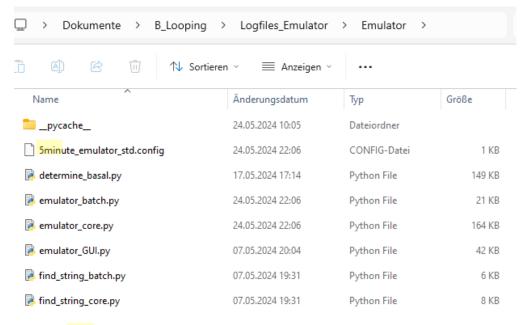
> My folder structure for Logfiles and Emulation on the PC has (three) monthly folders that I most likely will look at, plus one folder with data from previous months and years.



It is advisable to additionally store a pdf from **Nightscout Reporter** in the file for every month. From it, you can much easier find which days and times are of high interest to analyze with the emulator.

Always factor in the time difference between your AAPS phone and the "Z" time used by AAPS.

Neighboring the AAPS logs is the Emulator file where the 5 downloaded files went:



Note: Use 1minute:emulator\_srd.config in case you use Libre3 (1 min) as your CGM

## **10.1.3** Create a "start emulation" button on your desktop

- One of these files is "emulator\_GUI.py"
- Create a **link to** it

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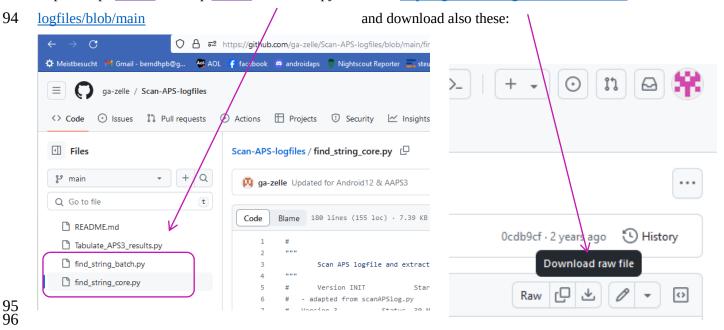
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- Drag that link onto your **desktop**
- Name it something like Emulator start.
  - 10.1.4 Fetch two more .py files

Repeat steps <u>10.1.1.</u> and step <u>10.1.2.</u> for 2 more py files from <u>https://github.com/ga-zelle/Scan-APS-</u>



Include these in your emulator file (as in example shown in  $\underline{10.1.2}$  above).

## 10.2 Analyzing loop decisions in logfiles

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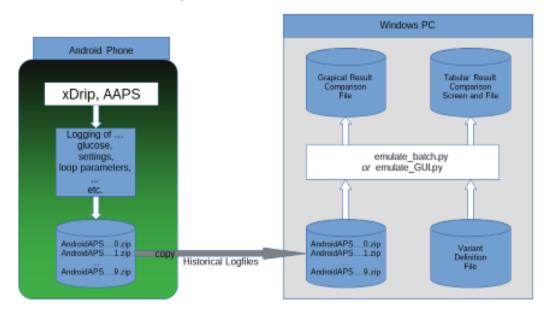
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Instead of making many screenshots every 5 (or, w/ Libre3, every 1) minutes after meals, and analyzing them later, a much more elegant and powerful way to analyze your loop decisions (and how you might want to influence them with different settings, see <a href="section 10.3">section 10.3</a> for this), is to use the emulator.



Sketch of Running the Emulator on a Windows PC

Github/ga-zelle / APS-what-if

104 10.2.1 Set up a "no change" .vdf file.

It is just empty in the lines that would define any change to be investigated.

Note: for "what-if" analysis, entries will be made (in a second .vdf later, see section 10.3)

To do this, just open **Notepad++** (from list of all programs on your PC).

Store that in a file of your current emulator project you are about to start (see my storage path in top line here)

The no change .vdf should look like something like this:



Erase any entries after CR LF and also in lines 2 ff, if any

117 118 Store this noChange.vdf in your Emulator-☐ → Dokumente → B\_Looping > Logfiles\_Emulator > Emulator\_Studien 119 studies file (it neighbors your Emulator and ↑ Sortieren ∨ ■ Anzeigen ¬ 120 Logfiles files). 121 Name Änderungsdatum Тур 122 From that position, you always make a Studie\_1 15.05.2024 18:17 Dateiord Studie\_2 10.05.2024 21:58 Dateiord copy and paste into each Study\_1 ...n: 123 Studie\_3 18.05.2024 18:03 Dateiord 124 autoISF\_factors\_proforma.ods OpenDo <- regarding this, see section 10.3.3.3 125 noChange.vdf 07.05.2024 19:57 VDF-Dat 3x copy / paste 126 127 128 10.2.2 Locate relevant logfiles 129 130 Make sure you have the AAPS logfiles that you want to analyze in an immediate-neighboring file to your Emulator -- and to your Emulator \_Studies - files (File structure as suggested and shown 131 132 above). 133 Copy (not: move!) your noChange.vdf (see above) also into your Study file (must be in all of them). 134 135

Now go to your PC desktop, and start the emulator by just pressing the button "emulator start"

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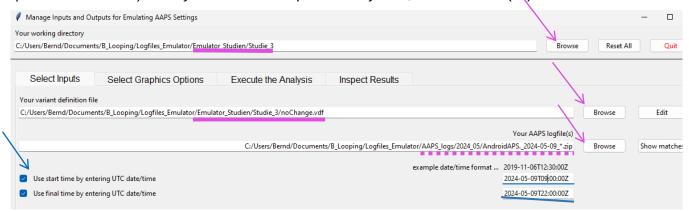
10.2.3 Prepare the emulator

that you installed in step 10.1.3

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This opens a big dialogue box with 3 fields that you must fill in with the applicable path (without any

quotation marks "..") from your Windows Explorer file system, best done via (3x) Browse button:



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a) The top box marks the path to your current emulator project ("Studie\_3" is where I want to store results)

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- b) The middle box marks the path to your current vdf (what kind of analysis; here:
- "...noChange.vdf" = read-only; see section 10.3 for what-if)

149 c) The third box marks the path to your AAPS logfiles you wish to look into. A good way to do this is:

- Browse in your Windows Explorer to any logfile from the desired day (2024-05-09 in above example)
- Replace the time with an asterix \* (this means you look at all-day data, in UTZ time).
   Check whether this will work by pressing Show matches.
   You should see all logfiles from that day in a pop-up info box.
- As I wanted to look at 11 am –midnight (for lunch and dinner related data), I:

7

o clicked the bottom left two boxes

o copied the date 2024-05-09 over the default date in the bottom right two data fields

o after T (for time), I entered the desired time of analysis AFTER conversion into my local time (Central EU summer time minus 2 hours = UTZ; so to look at 11 to midnight of my AAPS screen, I must enter here 09.00:00Z, and below it 22:00:00Z).

Entries at the bottom are not mandatory, but when clicking these little boxes (bottom left) you can define a start and/or an end-point for analyzing, within the logfiles specified in the field above.

167 10.2.4 Run emulation 168

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170 Now we are ready to go: Press "Run emulation"

> This produces sometimes an error message (e.g. if you have a syntax error, or incompatible software versions: => seek help, in the Github materials provided by ga-zelle, or in Discord/Full-Closed-

Looping/emulate-aaps here: https://discord.gg/n3tD5eXExC

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After a short moment results should show up, which you can look into in a couple of ways. First you could have a quick look into the .log file to see whether the run had errors (see section 3.)

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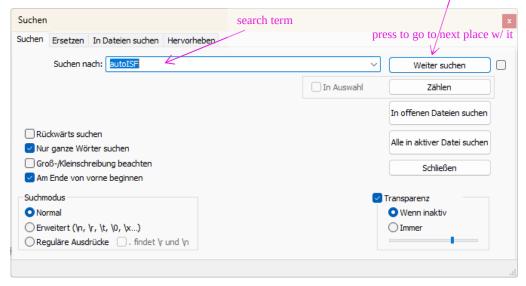
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#### 10.2.4.1 SMB tab contents in (date..) noChange.txt result file

179 This basically gives you "all the SMB tabs" without needing to make screenshots every 5 minutes. 180 Search options help find what lines are of interest to your analysis:

> By using the **search function** you can jump, in that super long list, to all places that e.g. have "autoISF" in it or "script debug", or "SMB disabled" (if you want to analyze when that happened). Precise spelling, as in this .txt (or in SMB tab) is of course important.



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#### 10.2.4.2 Table of results (...noChange.csv file)

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188 The .csv file in your project folder gives a tabular presentation of how parameters like bg, job, 189 iobTH, the various ISF contributors, bg target, insulinRequired etc. develop every 5 minutes, and 190 what SMB size and %TBR resulted.

- 191 It is a vast table, so you may want to reduce it to something more "digestable", either after transfer 192 to your standard calculation program (next section 10.2.4.3). You can also make settings to suppress
- 193 information you are usually not interested in (or do not know how to interpret, anyways) under "Select
- 194 Graphics Options" when you open the emulator, before executing any analysis:
- 195 First, select your preferred way of outputting decimals (point or comma).

Then select whether you want "All" possible outputs in the graph, or "Most" = all except those you tick "off" in the boxes for each output parameter.

In case you would use "Some/just a few", you would have to tick those few you that do want to see, by ticking the corresponding boxes.

Recommendation is to look at (nearly) everything offered (as your default setting that you can leave untouched in most of your emulator runs):

Manage Inputs and Ou	utputs for Emulating AAPS	S Settings				-	
Your working directory							
					Browse	Reset All	Quit
Select Inputs	Select Graphics	Options	Execute the Analysis	Inspect Results			
The resulting graphics re	quest string						
hll/-pred/-flowd	hart						
Select the decimal symbo  use ","  use ","	cl for output tables	○ just a	ned selection of graphics output few t (i.e. All but a few) d selection of items to be exclu- chart content le insulin required le max bolus limit			Flowchart Of	
		_	e SMB le basal rate	Hide targets Hide COB Hide IOB Hide insulin activity Hide autosense rati			
				specials, e.g. autoISF  Hide autoISF ratio  Hide range parame  Hide best slope  Hide other slopes  Hide best parabola  Hide other parabol			

It might be easier, to not deal with customizing the csv file, and rather copy the data into your favorite calculation program:

10.2.4.3 Analysis of the **noChange.csv** table in Excel or LibreOffice calc.

Best copy the entire table into a new .xls or .ods sheet, where you can:

• add right next to the standard world time your corresponding "AAPS time"

For instance, adding +2/24 translates the UTZ column into central European summer time column next to it (where currently a row of Z stands). Likewise, subtract like -5/24 from UTZ for an US East Coast time scale.

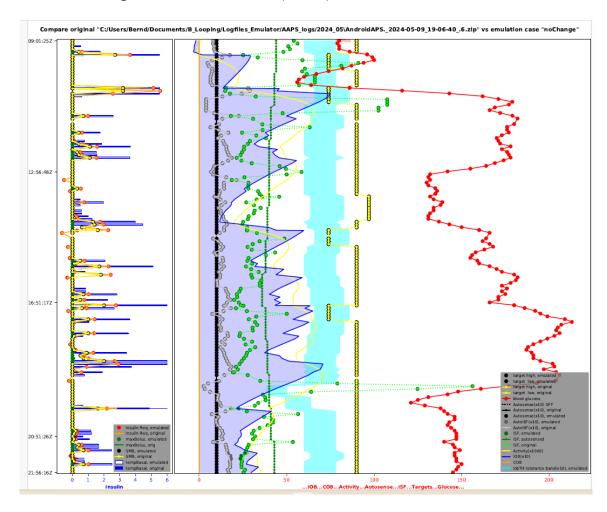
Highlight all time fields (the entire columns), and switch from hh:mm:ss format to hh:mm. (While the seconds are important for the loop's calculations, for our comparison with Nightscout or other charts and data, it is much easier without the seconds attached)

• hide any column you find less important to look at for your intended analysis

That way, "boxes" (data fields) retain their original position in tables

<ul><li>218</li><li>219</li></ul>	Also, in case later you want to look into additional info, you can simply un-hide the relevant columns or time lines:
220	• hide lines (time segments) you find less important to look at for your intended analysis
221	
<ul><li>222</li><li>223</li><li>224</li><li>225</li></ul>	Usually you will color mark where relevant SMBs were given, which of the ISFs (and underlying weights) was strongly contributing (note that this can be good or not good). Also where iobTH was exceeded, whether an Automation kicked in e.g. setting a TT, when there were periods with zero insulinRequired.
<ul><li>226</li><li>227</li><li>228</li></ul>	In <u>section 10.3.4</u> we present an extra tool that does a standardized table reduction and color marking for you!
229 230	You may be able to formulate a hypothesis or two, what settings (ISF_weights, iobTH%, SMB_range_extention, autoISFmax) should be changed for improvement (then go to $\underline{10.3}$ )
231 232 233 234 235 236	10.2.4.4 Graph <b>noChange.pdf</b> After your emulation run, under Inspect Results, you can open the pdf file that is last in the results list offered.
<ul><li>237</li><li>238</li></ul>	This <b>noChange.pdf</b> is a chart that shows along the time axis (down), from right to left:  • Red: the bg curve
239 240	• Yellow: the bg target (note that I do no manual "EatingSoonTT" but for bg rises over +10 mg/dl I have an Automation that sets low TT for a couple of minutes)
241 242	• Light blue corridor: Left edge is set iobTH, and bandwidth +30% (would be +20% at elevated TT)
243	Dark blue line: iob (exceeding twice the iobTH, with temp. SMB shut-off
244 245	As bg did not convincingly come down enough, one could hypothesize that iobTH should be elevated. ((But, again, this would have to be confirmed also with other kinds of meals)).
246	Thin yellow line: Insulin activity
247	Green dotted line: ISF as would result from AAPS w/Autosens
248	• Green scatter points: autoISF ISF no Chage (lighter points) or what-if (darker points)
249	Black line: Profile ISF

• Orange line: cob=0 at all times (in FCL)



More see discussed together with (yourChanges).pdf in section 10.3.3.4

# 10.3 "What-if" analysis using the emulator

In the following you see an example how you can analyze a day of logfiles, and selecting the time span of interest, for instance 11-24 h to look at how autoISF managed lunch and dinner.

You have to go through the emulator twice. You already did it (<u>section 10.2</u>.) using the no change.vdf, and now start over with the same emulator with your (desired changes).vdf. Repeat, if you have two or more such vdf defined. (Just clear results before executing analysis each time. No worries, all results are automatically captured for all runs, all in your selected study file).

270	10.3.1 Define your investigated changes in a, or in several, (yourChanges).vdf						
271							
<ul><li>272</li><li>273</li></ul>	Define for which one to max three parameters in your current profile settings you want to look into a different setting. Recommendation is to use a factor, like for example current setting * 0.9 , or current						
274	setting * 1.2, and use that in your naming for this vdf file, too. Check APS-what-if /Documentation in						
275	English/Guide to VDF Files for the AAPS Emulator.pdf in section 3.						
276							
277	Within the same study, you can make several runs with several vdf files.						
278	All results, like the csv results table, will appear then several times in your study file, only with different						
<ul><li>279</li><li>280</li></ul>	name endings as in the underlying vdf.						
281	Example: I like to check in my actual data (they are in my noChange.vdf emulator run), in which time						
282	points the following parameter changes would make a (how) big difference in the loop's decision:						
283	• 20% higher bgAccel_ISF_weight to boost the first SMBs stronger: How would that tend to ramp						
284	up early iob; and might that get too strong in other parts of the data? Or does it bounce into a						
285	restriction (maxSMB size; autoISFmax; iobTH) that I might need to widen?						
286	• Doubling my cautiously set bgBrake_ISF_weight shall give me insight into the workings of that						
287	parameter (and whether using a much smaller weight than for bgAccel_ISF_weight is really						
288	what I should keep doing)						
289	• As my bg came down from a persistent high quite slowly, I elevate the dura_ISF by 20%						
290							
291	Actually, it would make more sense to first find my "optimal", maybe indeed elevated,						
292	bgAccel_ISF_weight. Then, do a noChange (!) run with that, plus a (yourChanges) run with the stronger						
293	dura weight, investigated on that basis.						
294	Reason: 1) As we always say, better do only one change at a time. 2) A better job with bg control via						
295	bgAccel_ISF will reduce the peak height and provide a different (easier) scenario for dura_ISF to manage.						
296							
297	Now, to <b>write</b> your <b>(yourChanges). vdf for the emulator</b> (this is same procedure as you did in section						
298	10.2.1 for the noChange.vdf):						
299							
300	• just open Notepad++ (from list of all programs on your PC) to create a new vdf.						
301	Alternatively you can also take another pre-existing vdf file, and copy it into your current project						
302	giving it a new name (re-name it)						
303	• name your vdf (in our example: 1.2_bgAccel_2.0_bgBrake_1.2_dura.vdf)						

... and store that in a file of your current emulator project you are about to start (see my storage
 path in top line here)

**Caution:** Make absolutely sure (best by looking it up in the SMB tab, down in the profile set section) to **spell each term exactly** as your loop uses it (probably w/ decimal points, not comma)

...when you make one line per parameter (separating entries with spacers->):

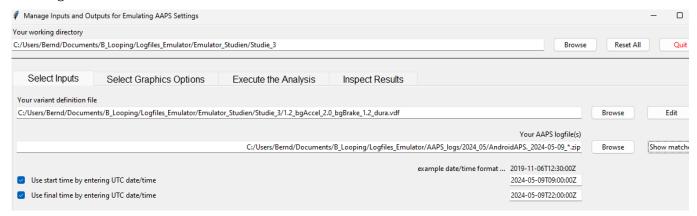
profile->(parameter) ->->profile['(parameter)']\*(factor)->->###(comment as you like)

The (yourChanges) .vdf should look like something like this:

CR = LF= Erase any entries after CR LF and also any entries in lines below, if any

10.3.2 Run the emulator with (yourChanges).vdf

The "what-if" emulator run is done the same way as you did the noChanges run (section 10.2), however, now, the **(yourChanges).vdf** must be loaded into the 2<sup>nd</sup> input field, where formerly you had the noChange.vdf.:



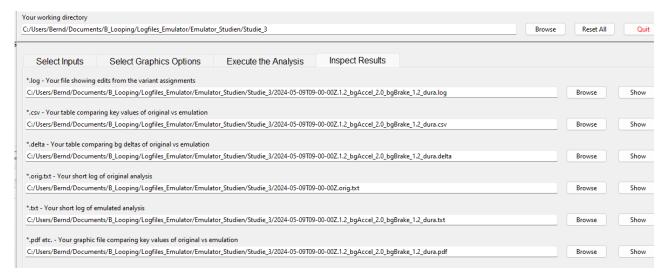
In the 3<sup>rd</sup> input field, give the path to your stored logfiles. A good way to do this is:

- Browse in your Windows Explorer to any logfile from the desired day (2024-05-09 in above example)
- Replace the time with an asterix \* (this means you look at all-day data, in UTZ time). Check whether this will work by pressing Show matches . You should see all logfiles from that day in a pop-up info box.
- As I wanted to look at 11 am –midnight for lunch and dinner related data, I:

- o clicked the bottom left two boxes
  - o copied the date 2024-05-09 over the default date in the bottom right two data fields
  - o after T (for time), I entered the desired time of analysis AFTER conversion into my local time (Central EU summer time minus 2 hours = UTZ; so to look at 11 to midnight of my AAPS screen, I must enter here 09.00:00Z, and below it 22:00:00Z).

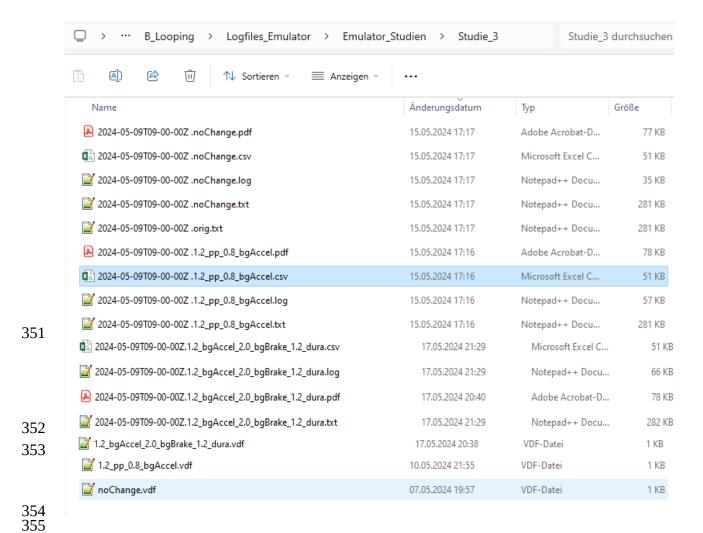
After making these entries, press Execute the Analysis, (evtl also Clear old Data) and then press Run Emulation, you can look the results up under "Inspect Results". First you could have a quick look into the .log file to see whether the run had errors (see <a href="section 3">section 3</a>.)

### 10.3.3 Emulation results



All results from your (yourChanges).vdf emulator go automatically where the noChange.vdf results are already stored, in our example into the "Studie 3" file, below:

Besides the 1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura.vdf case which I like to look into for the present high carb meal, I also prepared another vdf that investigates a factor 1.2 stronger pp\_ISF and a weaker, factor 0.8, bgAccel\_ISF (with the intention to test this, and a noChange, on a low carb meal later.



10.3.4 ....(yourChange).txt: "what-if" impact on loop decisions (as in SMB tab )

The **noChange.txt** has all the info your series of SMB tabs had that day.

How to search in this vast list is shown elsewhere (see section 10.2.4.3).

Likewise, the **(yourChanges).txt** gives *for each loop decision* in all detail how and why each single decision *would have* changed with the different parameter inputs you are checking out here

In the two (yourChanges) examples here, , it was a check on the difference

- a 20% stronger pp\_weight and 20% weaker bgAccel\_weight
- a 20% stronger weight for both, bgAccel\_ and dura\_ISF, and a doubling of bgBrake\_weight

366 would make.

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Note that all these "what if" data can only give rough hints, notably about **the first** greater change that you would see with the investigated changed setting. So it works quite well for our main problem in FCL, investigating how to ramp up iob quickly after detection of acceleration.

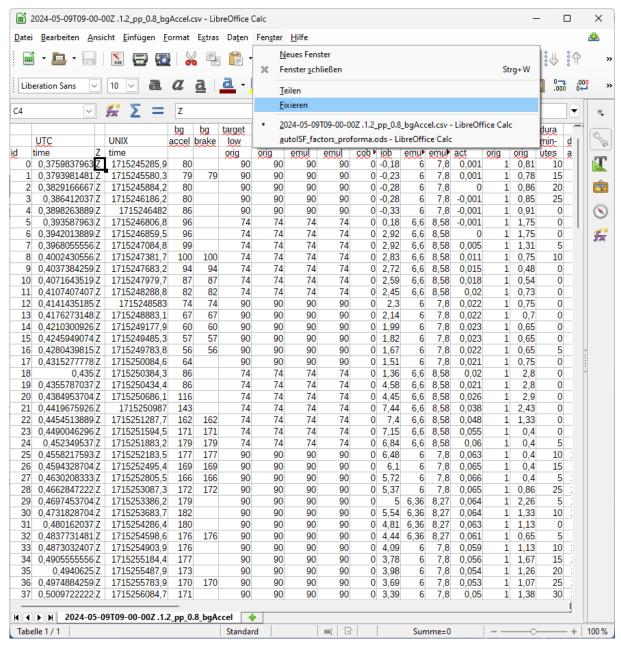
371	Note that any relevant change would put your bg curve on a different trajectory, so that would influence <i>all</i>
372	following results. Therefore, what you get here is <b>not</b> a complete modelling how your bg would have
373	developed in the alternative scenario.
374	But you can investigate in which stages the parameter(s) you are looking at in your current "what-if" had big
375	influence, and in which direction the changes would go. (see also charts shown in $\underline{\text{section } 10.3.3.4}$ ).
376	Analyzing how to safely come down from a high glucose plateau while limiting hypo danger towards the end
377	of digestion is also to some extent possible.
378	
379	A good other way to employ the what-if analysis is real time, on your smartphone, using speech synthesis
380	(see section 11): Then you get real-time info, as to exactly when a significantly different proposal would
381	emerge, and can decide (and watch!) real-time whether to follow the new idea and not was probably better.
382	
383	Observe that a setting change must work well for you
384	<ul> <li>not just in one point of time, and</li> </ul>
385	<ul> <li>not just for one kind of meal,</li> </ul>
386	but you must look at all time slots in the investigated meal, plus analyze with the same tool a totally different
387	meal within your usual spectrum, how things work out there
388	
389	10.3.3.2 Tabular results
390	
391	A) .csv results table and spreadsheet copies of it
392	
393	The <b>noChange.csv</b> table gives all relevant data. Besides development of bg and iob you see the calculated
394	insulinRequired in each loop decision, and how each of the autoISF categories contributed to the decision
395	(notably regarding SMB size).
396	(notably regarding 51vib 31ze).
397	Note that the "acce_ISF" results are only in case of positive acceleration (that is our main focus)
398	driven by the bgAccel_ISF_weight setting. (These are all positions > 1.0 in the "acce ISF" columns).
399	· · · · · · · · · · · · · · · · · · ·
400	In case of negative acceleration (decelerating rise, positions < 1.0 in the "acce ISF" columns),
401	bgBrake_ISF_weight is applied. As discussed in section 4.4, bgBrake_ISF might be most
402	important (and interesting to analyze) in slowly resorbing meals.
403 404 405	Note: maxBolus=0 means in this table that SMBs were not capped by maxBolus.
406	
407	The <b>(your changes).csv</b> shows in detail how <b>every single</b> loop <b>decision</b> would be influenced by the different
408	settings you are investigating.

To inspect that huge table, click on the Z behind the start UTC time entry (see black box in the Z column of the table, next page).

If you like to see the bg in each screen, too, go 3 or 4 columns farther to the right with your black box.

Then, go to window/fix. Now you can scroll through the data and always see headline and time (or time and bg level).

To further ease analysis, feel free to temporarily erase (hide) any columns that you (think you) do not need for the intended analysis. More suggestions see in section 10.2.4.2



Still, the csv tables are overwhelming. You could proceed in either of two directions now:

- A) Convert both (or all 3) csv files into one table in Excel or into Libre office calculator. Hide columns (and eventually also lines) that are of no particular interest for your analysis. Mark differences between noChange and (yourChanges) column data with color, add extra columns with additional calculations ...
- This route is good to compare quantitative impacts of autoISF categories in critical time points.
  - B) For the core data relevant to assessing your autoISF settings, there is an extra tool for convenient analysis see the following section 10.3.3.3
    - That tool is quite a bit of work to set up. Decide for yourself whether you do it, or whether you rather work with extracting the csv table into Excel (A), and work freely from there.
  - 10.3.3.3 Automated extraction from tabular results

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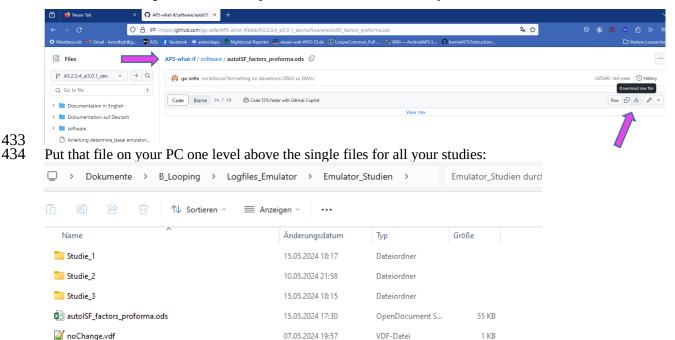
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430 431

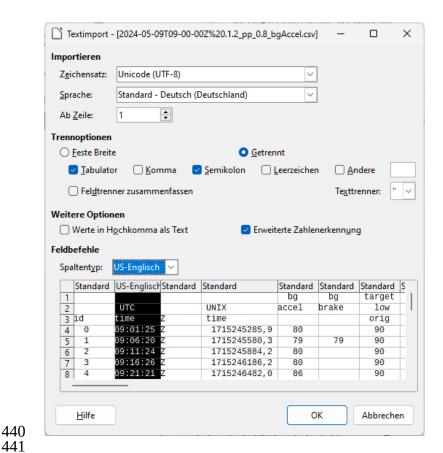
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432 **autoISF\_factors\_proforma.ods** is provided as an **extra tool** that you download from here:



- Now, if we want to use this tool on the two csv files of our Studie\_3 file, we must proceed as follows (for *each* of the two .csv files, *separately*):
- 1. Click on the .csv file and open in Libre office calculator.
- 439 2. Make sure the time column is set to US\_English:



3. Now start, in Libre office calculator, the autoISF\_factors\_proforma.ods ...

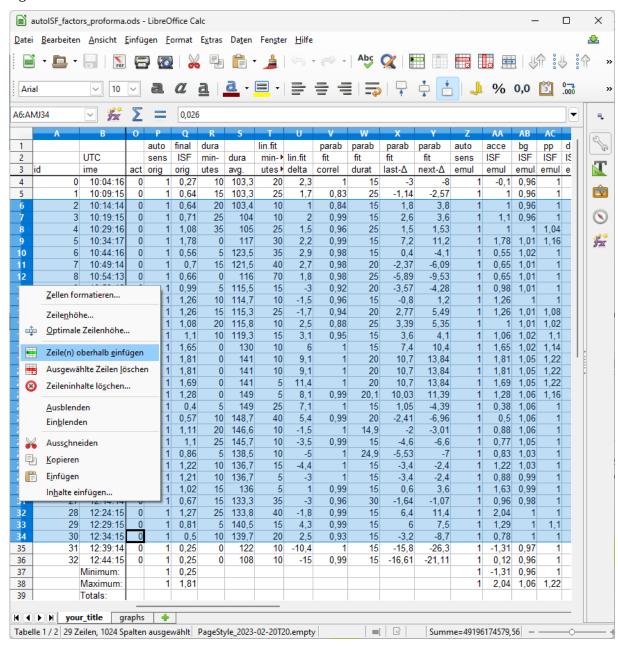
This turns the first 30-some lines of your csv table (left side) into a form in which important effects are highlighted in color, and formatting is improved:



Now, you want this for the entire table.

442

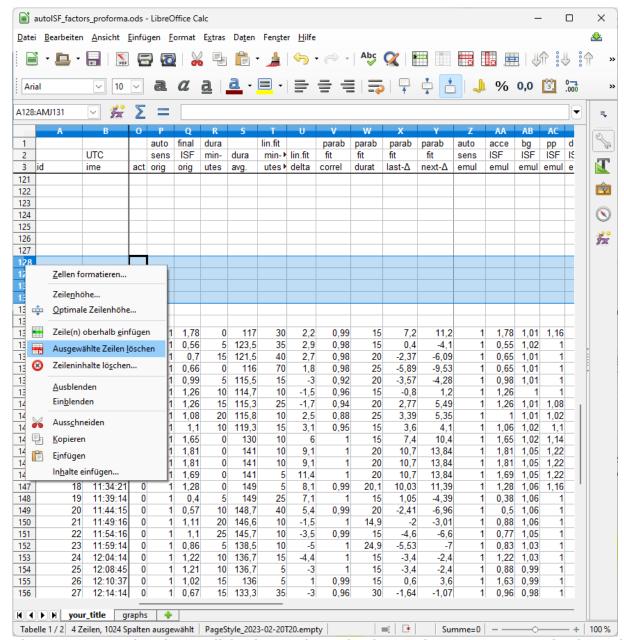
In the autoISF\_factors\_proforma table, highlight 20 or more lines (not including the first or last), and mouse right hand/insert above ...



Do this as often as you need to create the number of lines that your emulated csv file comes with.

453 If you ended up with too many lines, erase the superfluous number (any four, in the example):

450



Then just copy it in, by selecting all data lines in the emulated csv, and pasting (paste special, values only)

into box A4 of your "elonged" autoISF\_factors\_performa.ods.

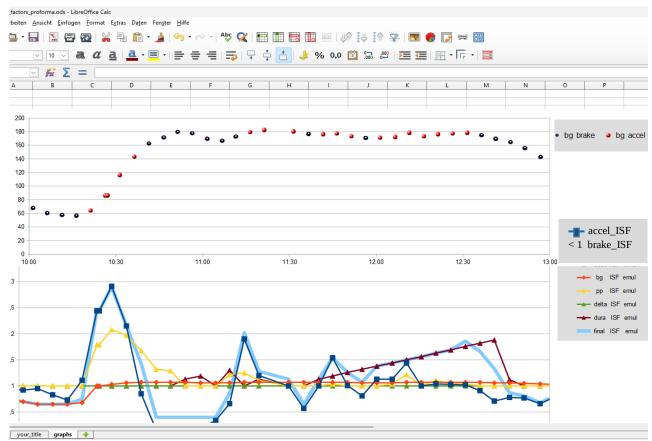
The bottom tab "your\_title" should be re-named by you, best with day of log you analyze, and your what-if parameters (so, the name of your csv file could be put in here)

Now you have a table with optimized lay-out that incorporates key data from both your no change AND of your investigated changes.csv files.

A super neat extra feature is already pre-programmed, which you can see if you click on the bottom **tab** "**graphs**".

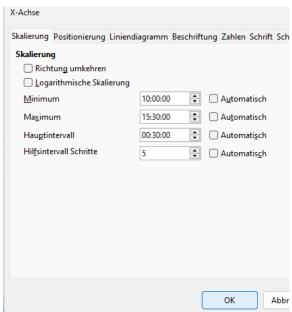
The top graph is the bg curve (the actually seen bg).

Note that for the what-if no bg development over the time range is available. (The noChange one is also given there).



The bottom graph (do one for each, the noChange or the (yourChanges) case) shows the amplification factors coming from each autoISF category, and the overall resulting ISF amplification.

You probably have to widen the time scale (double click on the time axis, and type the desired time span (min and max UTC)(and spacing of data points, 00:30:00 or 00:15:00) into this box:



In the given example above, the 2.5 hours were not enough yet to analyze this 10:30 UTC (12:30 AAPS) lunch; we need to look until bg is near target (hopefully before dinner starts).

A similar graph is available on the (i-)phone if you use the autoISF dev variant of iAPS (and maybe of Trio, in the near future). See also <u>section 11.3</u>)

479 480	10.3.3.4 Chart coming with the emulator			
481	In case you find the extra steps described in the preceding section "too much", also the emulator offers one			
482	chart (the pdf offered at the bottom of the screen as shown below the "10.3.3 Emulaton results" headline).			
483				
484	First look at the initial bg rise in the noChange.pdf chart (emulation results from your noChange.vdf run),			
485	and see how bgAccel_ISF and pp_ISF acted, or could have acted in improved ways.			
486	Then look into in (yourChange).pdf to see potential effects (or what other change to try). (Actually, you			
487	probably will have to go into a detrailed analysis of several lines and columns of the tables as discussed in			
488	sections $10.3.3.2$ and $10.3.3.3$ ).			
489				
490	Note that ideally we want FCL coverage of our entire "normal day" meal spectrum by one set of			
491	settings. So, not much is gained if you put a lot of effort in optimizing FCL settings for one			
492	meal.			
493				
494	You will need iterations. Do such analysis for two or three very different meals that you wish the			
495	algorithm to automatically handle. See $\underline{\text{section } 4.2/4.3}$ on how meals with very different carb loads			
496	might benefit or also suffer from too aggressive or to mild (category)_ISF_weights you could set.			
497				
498				
499	The initial iob received might be limited by allowed SMB sizes, autoISFmax, or the (dynamic!) iobTH. You			
500	will have to look into the data table to find out about this (a quick orientation - notably regarding the light			
501	blue iobTH band, see next page - is also possible in the pdf result files you have in your project file (project			
502	file example "Studie 3" in $2^{nd}$ chart under the $\underline{10.3.3}$ . headline).			
503				
504	Only once you found OK weights for bgAccel- and pp_ISF_weights, does it make sense to go tune the			
505	$dura\_ISF\_weight.\ 12:00-12:45\ UTC\ in\ above\ graph,\ the\ resulting\ effective\ ISF\ is\ dominated\ by\ dura\_ISF.$			
506	Just judging from the picture, a stronger weight might be worth trying. However, we really need to see the			
507	insulinRequired calculation and the further development because impatience about bringing bg values down			
508	faster too often results in hypoglycemia later.			
509				
510	The <b>noChange.pdf</b> is a chart that shows along the time axis (down), from right to left:			
511	Red: the bg curve			
512	• Yellow: the bg target (note that I do no manual "EatingSoonTT" but for bg rises over +10 mg/dl			
513	I have an Automation that sets low TT for a couple of minutes)			
514	• Light blue corridor: Left edge is set iobTH, and bandwidth +30% (would be +20% at elevated			
515	TT)			

• Dark blue line: iob (exceeding twice the iobTH, with temp. SMB shut-off

As bg did not convincingly come down enough, one could hypothesize that iobTH should be elevated. ((But, again, this would have to be confirmed also with other kinds of meals)).

• Thin yellow line: Insulin activity

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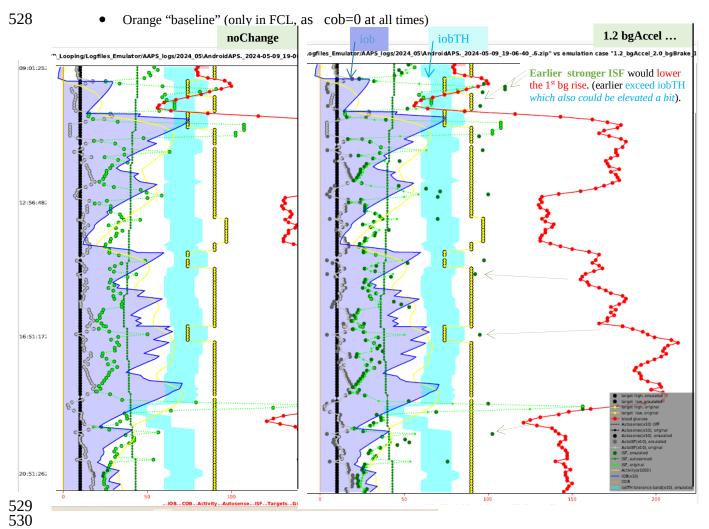
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- Green dotted line: ISF as would result from AAPS w/Autosens
- Green scatter points: autoISF ISF no Change (lighter points) or what-if (darker points)

Foreseeably, this is the strongest difference between our noChange (left) and 120% bgAcel\_ISF\_weight (right) in the picture below. (Note the red bg curve is *both times* the really seen bg, because the what-if case only looks at each single loop decision). The first ( -> ) time the dark green dot is far to the right, this *would* get the bg down, we *would start to see* a ( <- ) bg lowering effect, shifting the red curve to the left

- Black line: Profile ISF
- Gray scatter points: ISF weakened (to the left of black line) or strengthened (to the right)



Regarding the other changed parameters: Stronger dura\_ISF would suggest more insulin towards the end of plateaus; this should have helped in the 1<sup>st</sup> plateau (red curve, top right quadrant of the picture). However,

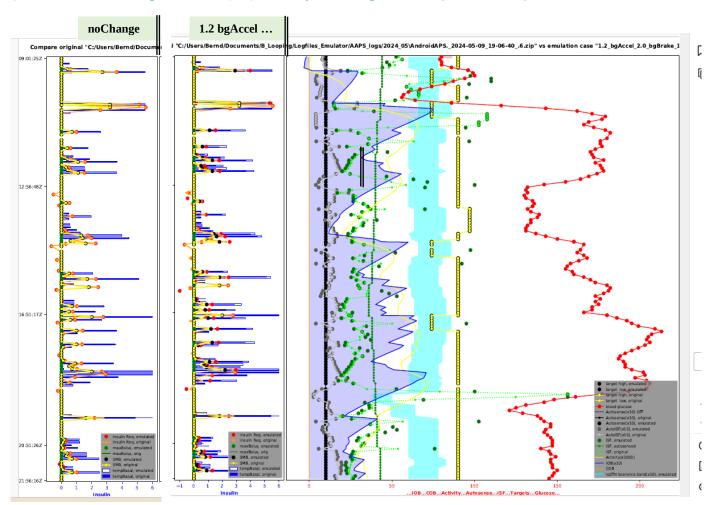
same setting would have to work also on 2<sup>nd</sup> plateau; the chart cuts off there, so too early to see whether a hypo danger might result.

Effect from doubling the bgBrake\_ISF effect are hard to evaluate. Better probably to look in .csv tables, or run a separate emulation for that change only.

Always check for 2 or 3 kinds of your meals whether the "new" parameter settings really are on average better. (See negative example in <u>case study 8.2!</u>)

Part of both above shown charts (left side of each, with blue peaks) was cut out.....

(Unfinished / to be explained later) (...note: yourChanges = 1.2\_bgAccel\_2.0\_bgBrake\_1.2\_dura)



Please share your experiences with the emulator in Discord / Full-Closed-Looping /  $\ensuremath{\mathsf{HOW}}$ 

TO / emulate-aaps, at: https://discord.gg/n3tD5eXExC