We consider a pure death process $\{X_t\}_{t\geq 0}$ with parameters μ i for i=1,...,N and $X_0=N$. Note that state 0 is absorping.

Consider the process as follows: See Figure 6.1 or Figure 6.2. For a duration of Sn the process is a state N, which implies that the area under the trajectory is NSn. Similar arguments apply for the other states and consequently

$$\int_{0}^{\infty} X_{t} dt = \sum_{i=1}^{N} i S_{i}$$

Hence,

$$\mathbb{E}\left[\int_{0}^{\infty} X_{t} dt\right] = \mathbb{E}\left[\sum_{i=1}^{n} i S_{i}\right] = \sum_{i=1}^{n} i \mathbb{E}\left[S_{i}\right]$$

$$= \sum_{i=1}^{n} i \mu_{i}!$$

Note that you get the same result by using the hint from the book. The hint simply states that $\sum_{i=1}^{N} W_i = \sum_{i=1}^{N} i S_i$, which basically is the result from problem exercise 61.2 b).