

Weekly Group Exercise Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:00 - 11:00	Zumba		FitCore		Zumba		FitCore
04.00 - 11.00	Zumba		ricore		Zumba		ricole
13:00 - 15:00	CrossFit	Body Pump			CrossFit	Body pump	
17:30 - 19:30	Zumba		FitCore		Zumba		FitCore
20:00 - 22:00	CrossFit	Body Pump			CrossFit	Body pump	

What are people saying about us





Find Us

Our Address: Nedergardsvagen 9 14740 Tumba

1-555-555 555

Club Hours: Mon-Fri 06:00 - 23:00 Sat 08:00 - 21:00 Sun 09:00 - 19:00



Send Us a Message











