



BESI-C Set Up

Below are the steps to set up the BESI-C system.



1



Check and Confirm BESI-C Box Contents

- Please use the checklist below to make sure everything below is in your BESI-C Box:
 - _____ Welcome folder with important paperwork
 - _____ 4 watches: 2 patient (gray) and 2 caregiver (black)
 - _____ 1 watch charging stations (with 2 charging discs)
 - _____ "The brain" which includes the base station, mobile hotspot, and the sync phone
 - _____ 4 room sensors

NOTE: Save the original shipping box to return the system.

2



Place Watches on Charging Discs

- Plug the watch charging station in to an electrical outlet in an easy to access location.
- Put one patient watch (gray) and one caregiver watch (black) on each charging disc to turn them on (they will buzz).
- The watches will magnetically attach to the charging discs, but please make sure they are securely attached.
- Place the other 2 watches aside for now.

3



Plug in "the Brain"

- Plug "the brain" into an electrical outlet in an out-of-the-way central location.
- Turn on the sync phone by pressing and holding the power button for 2-3 seconds (smaller button on side of phone).
- Turn on the mobile hotspot by pressing the power button (located at the top of the device).

4



Place Room Sensors on Wall

- Choose up to 4 rooms where you spend the most time (for example, kitchen, living room/family room, bedrooms).
- Plug one room sensor into an electrical outlet of each room (in the middle of the room if possible).
- Extend the cord 3-4 feet above the electrical outlet, peel off the sticky strip, and press the sensor to the wall for 10 seconds.
- Each sensor is labeled with a number (1,2,3,4). Please note which number sensor you place in each room (for example, sensor 1 = kitchen).

NOTE: Do NOT place sensors in bathrooms!

5



Go Back to the Watches

- Take the watches off the charging discs.
- Place the gray watch on the patient's wrist; place the black watch on the caregiver's wrist. Put the other two watches you set aside in Step 2 on the charging discs.
- When you receive a low battery warning, or you notice the watch is not responding, place that watch back on the charging disc and put the other fully charged watch on your wrist.

NOTE: You should always have 1 watch on your wrist, your other watch on the charging disc. Wear the watch as much as possible.

Any Questions?

Call the Clinical Research Coordinator at 434-459-1628