



**Local BEST group Kyiv**

**presents:**

**SPRING COURSE 2011:**

**"Catch the wave"**

**(30 April - 11 May)**

## Dear participants!

We like to welcome you to our course, where you would see:

- Kyiv - city, which will hold Euro-2012!
- Taste delicious! Ukrainian borsch!
- Ukrainian fascinating blooming spring Kyiv chestnuts!
- Kyiv is the greenest capital of Europe!
- The most beautiful University in Ukraine!

This is your survival guide, where you will find out useful information about Kyiv and course, what you need to bring, facts about Ukraine, informational about our University, some current prices, Ukrainian phrases and what happen when you came to Kyiv :)

We are looking for you! See you soon in Kyiv!

Best Kyiv Team



## SPRING COURSE 2011: USSR

(30 April -11 May)

This spring will give you a great opportunity to dive into the world of to get a knowledge about how the radio works, about it's components and history, moreover to construct your own radio!

After this Spring Course you will surprise your friends stories how WI-FI and their cell phones works.

Have you ever head about Ukrainian traditional and hospitable people? How cute Ukrainian girls are? No??? Come and discover it!

WE are looking for you!



## Who's in charge? AAA?

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**And....**



# Switch on UKRAINE!

Ukraine is situated in the south-eastern part of Central Europe and has its own territory, government, national emblem, flag and anthem. It borders on Russia,

Belorussia, Moldova, Slovakia, Romania, Hungary and Poland on land and Russia, Georgia, Bulgaria, Romania and Turkey on sea.



The territory of Ukraine was a key centre of East Slavic culture in the Middle Ages, before being divided between a variety of powers. However, the history of Ukraine dates back many thousands of years. The territory

has been settled continuously since at least 5000 BC, and is also a candidate site of the origins of the Proto-Indo-European language family.



## Top 5: Amazing Places in Kyiv



**1: Andriyivsky Uzviz** is the most ancient and steep street in Kyiv, is Kyivites' favorite place for outdoor fairs, festivals, and concerts. Art galleries, shops, and studios make Andriyivsky Uzviz the best place to shop for Ukrainian crafts and artworks. Cultural museums located here reveal the history of the legendary street and of the whole Kyiv.

**2: Khreschatyk** is the main street in Kyiv. It was recently renovated into one of the most scenic and beautiful places that combines the features of a busy business center with the historical architectural design of buildings. The street leads to Maidan Nezalezhnosti, the city's main square and one of the most popular places of meetings.



**3: Mariinsky Palace** is the gorgeous blue-and-cream palace designed by Bartolomeo Rastrelli was built in 1750 under the supervision of Russian architect Ivan Michurin and is located on top of the hill in a beautiful park.



**4: St. Sophia Cathedral** is also one of the best place to visit in Ukraine. This is historical place and it is under the protection of UNESCO. Large number of people comes here to see its beauty.



**5: Kyiv** is truly a party-goers paradise, and fans of nightlife really can't leave Kyiv clubs. Bring your funny spirit and you'll have a fantastic time!



**Facts about Ukraine:**



**Full country name:** Ukraine

**Area:** 603,700 sq km (233,000 sq mi)

**Population:** 48.4 million (67% urban and 33% of rural residents)

**Capital city:** Kyiv (pop. 3 mill.)

**Other large cities:** Kharkov, Dnipropetrov's'k, Donetsk, Lvov, Simferopol, Odessa.

**People:** Ukrainians 77.8%; principal minorities include Russians, Byelorussians, Romanians, Tatars

**Language:** Ukrainian.

**Religion:** Ukrainian Orthodox, Ukrainian Autocephalous Orthodox, Ukrainian Catholic, Protestant, Jewish

**Currency:** 1 grivna (Hr) = 100 kopiyok = 0.1 euro

**Government:** Presidential - Parliamentary Republic

**Judicial Power:** Constitutional Court

**Political Division:** 24 oblasts(regions) and one Autonomous Republic of Crimea

**President:** Viktor Yanukovych

**Flag :** Composed of two equal horizontal bands of azure and golden yellow colors.

**Independence Day:** August, 24.

**Climate:** Ukraine has a mostly temperate continental climate, the average spring temperature varies + 5 Centigrade in the north to + 20 in the south.

**Telephone numbers in Ukraine:** Police - 102; Ambulance - 103; Fire – 101. Gas leaks - 104.



## About our university:

**National Technical University of Ukraine 'Kyiv Polytechnic Institute'** is one of the oldest and largest technical universities in Europe. It was founded in 1898. NTUU KPI is famous for its academic excellence and leading innovative research. NTUU KPI ranks first nationally, and is world recognized in the number of graduate academic and research programs in the top ten in their field. 40 500 students study at 29 University Colleges. NTUU KPI has drawn 1 500 students from all over the world.

The glory and traditions of the University have been created by the famous scientists such as D. Mendeleyev, I. Sikorski, S. Korolev, S. Timoshenko, V. Kirpichev, E. Paton, I. Bardin, O. Mickulin, L. Luliev, O. Vinter, B. Vul, A. Lulka, V. Plotnikov, and others.

Today NTUU KPI is the biggest university in Ukraine. Here are some statistics about our University:

- Every sixth student in Kyiv is a KPI student;
- 4% of all freshmen in Ukraine are KPI students;
- Every 25-th Professor in Ukraine is a Professor of KPI;
- Every 5-th College/Faculty is KPI College/Faculty among all Polytechnic universities of Ukraine;
- In Ukraine, every third student in Engineering is a KPI student.



# Don't be stupid or how to survive in Ukraine, and be safe & sound:

Don't be afraid if someone came to ask you something it doesn't mean that he/she wants to grab all your money or kill you for selling your kidney :D



But nevertheless...Avoid drinking the water from the tap - bottled water is

cheap & available everywhere. Kiev is a generally open and friendly city and stays lively until at least 11PM in most districts. You can be safe here if you follow common rules of behavior that are similar for all big cities!

Suggestions for added safety when visiting Kyiv include:

1. Don't walk along dark streets in the late night;
2. Don't visit apartments of people that you have just met;
3. Don't go with anyone you have just met far from where you are at the moment;
4. Don't get into cars of unknown people who invite you to do this;
5. Don't invite people that you have just met to the apartment

Robberies and Scams on tourists are fairly common in Kiev. The best approach is to be extremely selfish and ignore anyone who approaches you.



On the metro ALWAYS keep your belongings securely zipped as close to your skin as possible. Pickpockets are highly organized and often in gangs that know what they are doing.



## How not to be hungry in Ukraine:

In general, it is very cheap to dine in Kiev in comparison with EU standards. So long as you stay away from the places that totally pander to tourists, the food is great

and cheap. Try the Borscht and the Mlyntzi and then try absolutely everything else. Baked goods are cheap and great too. Even the ice-cream on the street is great.



When you see vendors selling some liquid from big yellow/blue tanks on the street, you can be sure that it is "Kvas," which is a brewed bread drink, it's like non-alchogol drink. Some people like it and others hate it. It

tastes a bit like malt. Try "Odyn Malenkyi" (one small) drink.

**You should not drink the tap water.** You can always order "Bonaqua" (mineral water), but beer is just about as cheap and nice). McDonald's and others fast foods are actually opened tell 12pm, and you can buy some snacks there. Prices are also cheaper than European. (BigMak costs only 1 euro).

### Supermarkets (groceries)

The leading supermarket chains are "**MegaMarket**" (МегаМаркет), "**Furshet**" (Фуршет), "**Velyka kyshenya**" (Велика кишеня), which are conveniently located to the city centre. The nearest one to the place where you will live is "**Materuk**", "**MegaMarket**", "**Sil'po**" (Сільпо).

Do not forget to buy Kyivskij tort (київський торт) – another thing you should eat in Kiev if you love cakes. Dark rye bread, Ryazhenka (Ряженка, krainian style yogurt), Kvas (Квас) could be also be interesting things to taste.



## **Some current prices:**



1 bottle of water (0.5 l.) = 5 grn.= € 0.5  
1 cup of coffee (natural) = 8 grn.= € 0.8  
1 beer = 7 grn.= € 0.7  
1 bread roll = 2.5 grn.= € 0.25  
Cinema = 17 grn.= € 2  
A chocolate bar = 8 grn. = € 0.8  
CD=between 8 to 40 grn. = between € 1 to 4  
A pack of condoms (3) = between € 3 to 5

## **Currency**

Information about course of currency you can get with a help of this web-page: <http://www.bank.gov.ua/Engl/default.htm>

1 \$= 8 griwnas  
1 euro = 11 griwnas



## **What TO BRING WITH YOU!**

- Passport
- Visa
- Health insurance
- ISIC or EURO26
- Umbrella
- Travel and health insurance
- Leisure suit for outdoor activities
- Official clothes
- Sleeping bag
- National food from your country
- Typical drink for the international evening
- Songs from your country
- Musical instrument (if u play any)
- Cash money
- Camera and wire (for Memory ;)
- Mobile phone
- This survival guide :)
- Anything, what you want
- Your funny spirit



# How to get in?

- By plane:

Search for cheap tickets here :

[www.wizzair.com](http://www.wizzair.com)

[www.skyscanner.net](http://www.skyscanner.net)

The Boryspil International Airport (KBP) is about 1.5 hours from the city center. The simplest way to get to the city center is to take a mini bus, we call it "marshrutka". We recommend using the comfortable and convenient "Polit" buses that travel from the Boryspil to Kyiv and back every 20-30 minutes 24 hours a day. Late at night (between 23:00 and 6:00) the bus runs about every hour. Fare is 25 UAH (2.5 Euro) one way; advance reservation is not possible.



The total driving time is from 50 minutes if there's no traffic to 1 hour 30 minutes in bad traffic. The bus waits directly in front of the right exit of the airport terminal, so it's easy to find. Buses have a baggage compartment.

- By train:

For further information try several websites:

[www.seat61.com/Ukraine.htm](http://www.seat61.com/Ukraine.htm)

[http://www.pz.gov.ua/\\_q/exprt.php?lid=1&mid=31](http://www.pz.gov.ua/_q/exprt.php?lid=1&mid=31)

<http://www.bahn.de/p/view/index.shtml>

- By car:

If you are not afraid of Ukrainian crazy drivers, it's great for travel.



- By hitchhiking:

Very exciting option, you may meet new people, get new experience in communication ;)

- By bus:

For further information go to this link or you can try your own

<http://www.bus.com.ua/>

[www.euromet.com](http://www.euromet.com)



# Kyiv Underground Stations:



You should remember that meeting point is the station of Metro KPI (Polytechnichny Instytut).



From the airport to get to the station of Metro "Vokzalna": You need to get out of Terminal B - find a bus "Polit". The bus stop near the exit from the airport (ticket price, 25 grn.= 2.5 euro) go to the end station "Vokzalna".

So after coming to the railway station you need to go to Metro, but at first you should exchange your currency (remember that you should better take cash instead of credit cards). You need to buy a ticket in a small window near the entrance. A trip in Metro costs 2.0 UAH (0.2 Euro). So, station - KPI (Polytechnichny Instytut) is in one stop after the "Vokzalna" (Вокзальна) – so just please be attentive and choose the right way!



## List of Ukrainian phrases:

For you to help you to understand the Ukrainian language, and to better help you communicate on your trip to Ukraine and become Ukrainians (for awhile).

english	how to read	ukrainian
Hi	pryvit	привіт
good morning	dobryi ranok	добрый ранок
good afternoone	dobrogo dnia	доброго дня
good evening	dobrogo vechora	доброго вечора
bye	boovai	бувай
how are you	iak tu	як ти
yes	tak	так
no	ni	ні
thanks	diakuu	дякую
you're welcome	bud' laska	будь ласка
How can I get to..?	iak proity do..?	як пройти до..?
I don't understand Ukrainian\ Russian	ia ne rozumiui Ukrainsku\ Rosiusku	я не розумію Українську\ Російську
Cool	kruto	крутого
One beer, please	odne puvo, bud' laska	одне пиво, будь ласка
no more vodka..	ne treba bil'she gorilku	не треба більше горілки
I like you	ty meni podobaieshsia	ти мені подобаєшся
how much does it cost?	skil'ku tce koshtue?	скільки це коштує?
I want to buy	ia hochu kupytu	я хочу купити
what time is it now?	kotra godynna?	котра година?
Cheers	bud'mo	будьмо
bustgalter	nacutcnuk	нацизник
1	odyn	один
2	dva	два
3	try	три
4	chotyry	четири
5	piat'	п'ять
eat me, I'm strawberry	zyizh mene, ia polunychka	з'їж мене, я полуничка
good night	dobroii nochi	доброї ночі
party	vechirka	вечірка



WE ARE  
WAITING FOR YOU;)