

$$\begin{aligned}
& \begin{pmatrix} \frac{1}{2} & \frac{1}{2} \\ 0 & \frac{1}{2} \end{pmatrix} \cdot \begin{pmatrix} \frac{1}{2} & \frac{1}{2} \\ 0 & \frac{1}{2} \end{pmatrix} = \begin{pmatrix} \frac{1}{2} & \frac{1}{2} \\ 0 & \frac{1}{2} \end{pmatrix}^2 = \begin{pmatrix} \frac{1}{4} & \frac{1}{4} \\ 0 & \frac{1}{4} \end{pmatrix} \\
& \left(\frac{1}{\sqrt{2}}\right) \begin{pmatrix} 1 & 0 \\ \frac{1}{2} & 0 \end{pmatrix} \\
& (1 - \frac{1}{2})\left(\frac{1}{\sqrt{2}}\right)\left(\frac{1}{\sqrt{2}}\right) = \frac{1}{4} \\
& (1 + \frac{1}{2})\left(\frac{1}{\sqrt{2}}\right)\left(\frac{1}{\sqrt{2}}\right) = \frac{3}{4} \\
& \begin{pmatrix} \frac{3}{4} & \frac{1}{2} \\ \frac{1}{4} & -\frac{1}{2} \end{pmatrix} \cdot \begin{pmatrix} \frac{3}{4} & \frac{1}{2} \\ \frac{1}{4} & -\frac{1}{2} \end{pmatrix} = \begin{pmatrix} \frac{3}{4} & \frac{1}{2} \\ \frac{1}{4} & -\frac{1}{2} \end{pmatrix}^2 = \begin{pmatrix} \frac{11}{16} & \frac{1}{8} \\ \frac{1}{16} & \frac{3}{8} \end{pmatrix} \\
& a = \left(\frac{1}{\sqrt{2}}\right)\left(\frac{7}{16} + \frac{5}{16}\right) = \frac{3}{8}\sqrt{2} \\
& b = \left(\frac{1}{\sqrt{2}}\right)\left(\frac{7}{16} - \frac{5}{16}\right) = \frac{1}{16}\sqrt{2} \\
& c = \left(\frac{1}{\sqrt{2}}\right)\left(-\frac{5}{8} + \frac{1}{8}\right) = -\frac{1}{4}\sqrt{2} \\
& d = \left(\frac{1}{\sqrt{2}}\right)\left(-\frac{5}{8} - \frac{1}{8}\right) = -\frac{3}{8}\sqrt{2} \\
& \left(\frac{\sqrt{2}}{2}\right)(b - d) = \frac{7}{16} = \frac{7}{16} \\
& \left(\frac{\sqrt{2}}{2}\right)(b + d) = -\frac{5}{16} = -\frac{5}{16} \\
& \frac{1}{\sqrt{2}}(a - c) = \frac{5}{8} = \frac{5}{8} \\
& \frac{1}{\sqrt{2}}(a + c) = \frac{1}{8} = \frac{1}{8} \\
& \begin{pmatrix} \frac{1}{2} & x+y+w+z & x-y+w-z \\ x+y-w-z & x-y-w+z & \frac{1}{2} \end{pmatrix} \begin{pmatrix} x+y+w+z & x-y+w-z \\ x+y-w-z & x-y-w+z \end{pmatrix} = \begin{pmatrix} \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}xw + yw + \frac{1}{2}yz + \frac{1}{2}z^2 & \frac{1}{2}x^2 + \frac{1}{2}xy - \frac{1}{2}wz - \frac{1}{2}z^2 - \frac{1}{2}xw \\ \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}xw + yw + \frac{1}{2}yz + \frac{1}{2}wz + \frac{1}{2}z^2 & -(\frac{1}{2}x^2 + \frac{1}{2}xy - \frac{1}{2}wz - \frac{1}{2}z^2 - \frac{1}{2}xw + \frac{1}{2}yz) \end{pmatrix} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}xw + yw + \frac{1}{2}yz + \frac{1}{2}wz + \frac{1}{2}z^2 \right) = \frac{1}{2} (xw + yw + wz + z^2) \sqrt{2} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}xw + yw + \frac{1}{2}yz + \frac{1}{2}wz + \frac{1}{2}z^2 \right) + \left( \frac{1}{2}x^2 + \frac{1}{2}xy - \frac{1}{2}wz - \frac{1}{2}z^2 - \frac{1}{2}xw + \frac{1}{2}yz \right) = \frac{1}{2} (x^2 + xy + yw + yz) \sqrt{2} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}x^2 + \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}z^2 - \frac{1}{2}xy + \frac{1}{2}wz \right) - \left( \frac{1}{2}x^2 + yw + \frac{1}{2}z^2 - \frac{1}{2}xy - \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}wz \right) = \frac{1}{2} (xw - z^2 + wz - yw) \sqrt{2} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}x^2 + \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}z^2 - \frac{1}{2}xy + \frac{1}{2}wz \right) + \left( \frac{1}{2}x^2 + yw + \frac{1}{2}z^2 - \frac{1}{2}xy - \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}wz \right) = \frac{1}{2} (x^2 - yz - xy + yw) \sqrt{2} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}(xw + yw + wz + z^2)\sqrt{2} - \left(\frac{1}{2}(xw - z^2 + wz - yw)\sqrt{2}\right) \right) = yw + z^2 = \frac{1}{4} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}(xw + yw + wz + z^2)\sqrt{2} + \left(\frac{1}{2}(xw - z^2 + wz - yw)\sqrt{2}\right) \right) = w(x + z) = 0 \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}(x^2 + xy + yw + yz)\sqrt{2} - \left(\frac{1}{2}(xw - z^2 + wz - yw)\sqrt{2}\right) \right) = \frac{1}{2}x^2 + \frac{1}{2}xy + yw + \frac{1}{2}yz - \frac{1}{2}xw + \\
& \frac{1}{2}z^2 - \frac{1}{2}wz = \frac{1}{2} \\
& \frac{\sqrt{2}}{2} \left( \frac{1}{2}(x^2 + xy + yw + yz)\sqrt{2} + \left(\frac{1}{2}(xw - z^2 + wz - yw)\sqrt{2}\right) \right) = \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}yz + \frac{1}{2}xw - \frac{1}{2}z^2 + \\
& \frac{1}{2}wz = \frac{1}{4} \\
& x = \frac{1}{2} \\
& y = \frac{1}{2} \\
& z = \frac{1}{2} \\
& w = 0 \\
& \begin{pmatrix} \frac{1}{2}x^2 + \frac{1}{2}xy + \frac{1}{2}xw + yw + \frac{1}{2}yz + \frac{1}{2}wz + \frac{1}{2}z^2 & \frac{1}{2}x^2 + \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}z^2 - \frac{1}{2}xy + \frac{1}{2}wz \\ \frac{1}{2}x^2 + \frac{1}{2}xy - \frac{1}{2}wz - \frac{1}{2}z^2 - \frac{1}{2}xw + \frac{1}{2}yz & \frac{1}{2}x^2 + yw + \frac{1}{2}z^2 - \frac{1}{2}xy - \frac{1}{2}xw - \frac{1}{2}yz - \frac{1}{2}wz \end{pmatrix} \\
& = \begin{pmatrix} \frac{1}{2} & -\frac{1}{4} \\ \frac{1}{4} & 0 \end{pmatrix}
\end{aligned}$$

$$\frac{1}{2} \begin{array}{cc} x+y+w+z & x-y+w-z \\ x+y-w-z & x-y-w+z \end{array} = \begin{array}{cc} \frac{3}{4} & -\frac{1}{4} \\ \frac{1}{4} & \frac{1}{4} \end{array}$$