

# Tracking Functional Network Connectivity Dynamics in the Elderly

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## 2 ABSTRACT

Functional magnetic resonance imaging (fMRI) has shown that ageing disturbs healthy brain organization and functional connectivity. However, how this age-induced alteration impacts dynamic brain function interaction has not yet been fully investigated. Dynamic function network connectivity (DFNC) analysis can produce a brain representation based on the time-varying network connectivity changes, which can be further used to study the brain ageing mechanism for people at different age stages. Hence, this presented investigation examined the dynamic functional connectivity representation and its relationship with brain age for people at an elderly stage as well as in early adulthood. Specifically, the resting-state fMRI data from the University of North Carolina cohort of 34 young adults and 28 elderly participants were fed into a DFNC analysis pipeline. This DFNC pipeline forms an integrated dynamic functional connectivity (FC) analysis framework, which consists of brain functional network parcellation, dynamic FC feature extraction, and FC dynamics examination. The statistical analysis demonstrates that extensive dynamic connection changes in the elderly concerning the transient brain state and the method of functional interaction in the brain. In addition, various machine learning algorithms have been developed to verify the ability of dynamic FC features to distinguish the age stage. Results show that the fraction time of DFNC states has the highest performance, which can achieve a classification accuracy of over 88% by a decision tree. Furthermore, the dynamic FC alteration has been found to be correlated with mnemonic discrimination ability and could have an impact on the balance of functional integration and segregation.

Keywords: Ageing, Dynamic functional network connectivity, Graph theory, Mnemonic Discrimination Ability, Functional integration and segregation

## 1 INTRODUCTION

Ageing has a profound influence on the brain's structure and function at both local and global scales. These effects are responsible for decreased mental and physical fitness (Cole et al., 2018) and increased risk of neurodegenerative diseases such as Alzheimer's disease (Abbott, 2011), or Parkinson's disease (Reeve et al., 2014) (Dennis and Thompson, 2014). Functional magnetic resonance imaging (fMRI) is a powerful and efficient, accessible and non-invasive tool, which has been extensively used to reveal neural mechanisms engaged in the normal ageing process. It has also contributed greatly to elucidating the role that ageing plays in the decline of brain function (e.g., the cognitive (Uddin et al., 2017) or motor function (Thomason et al., 2008)). More precisely, resting-state fMRI studies have frequently reported altered connectivity both within-network and between-network. In human ageing the findings encountered include: the functional connectivity (FC) decreases within higher-order networks and segregation of networks diminishes with advancing age. For example, within the default network, the salience network, and the frontoparietal control network, FC has been reported to be reduced (Fjell et al., 2016; Grady et al., 2016). This FC alteration could be a sign of neural or functional network reorganisation, however, these findings rely on the static functional network connectivity analysis (SFNC). One potential limitation of SFNC is the theoretical assumption that the FC exhibits a constant state during a rest MRI period. This means that the fine-grained temporal evaluation of resting state has been neglected, and the flexibility of the functional network reorganisation cannot be assessed.

Recently, with the advances in understanding of the temporal resolution of resting-state fMRI, the interest in how normal human ageing affects the time-varying or dynamic functional network connectivity (DFNC) has increased (Calhoun et al., 2014). For instance, the loss or decline of FC dynamics has been wildly found in the elderly adult group (Chen et al., 2017; Schaefer et al., 2014). This temporal variation of FC reflects the network flexibility necessary for brain function response, which fits our intuitive perception of the elderly who have the loss of physical flexibility. In contrast with SFNC, an advantage of DFNC is that it allows the fluctuation of FC, within or between the brain functional networks, over short periods to be observed. Identification of the FC fluctuation patterns allows the brain's FC state profile to be identified. Following which, features characterizing the FC dynamics, such as the transition trajectories between distinct brain states (Allen et al., 2014; Vidaurre et al., 2021) can then be used to interpret brain behaviours.

Given such a capacity, DFNC has been increasingly applied to brain ageing. For instance, the DFNC method has demonstrated that the FC dynamics degenerate in normal ageing. This degeneration is reflected by the lower switching rate between brain states within salience network (Snyder et al., 2021) and default network (Xia et al., 2019), as well as by the decreased connectivity flexibility in the right middle frontal gyrus (Yin et al., 2016). The FC dynamics has also been demonstrated to correlate with cognitive ability (Xia et al., 2019). Studies using DFNC methods have revealed other opinions regarding dynamic FC. For example, FC dynamics is usually characterized by the switching rate of connectivity states, which is defined as the rate at which a state transitions between potential functional brain states over a certain period. However, in a study investigating the human brain across the lifespan, for example, the switching rate of brain state was observed to have no difference between different age groups (Viviano et al., 2017). These distinct results are possibly due to differences in the implementation method and the data samples. While the results are not consistent, all these collected findings imply that the DFNC analysis is a promising method for providing insight into human ageing neuromechanisms from multiple views and means.

Therefore, in this research, we explore the brains of two age-different groups with the DFNC method, to track the FC dynamics in the elderly over the MRI scan and to investigate the relationship between dynamic FC and age. Overall, we expect that the study of DFNC can reveal and track the change in flexibility of

67 function coordination and interaction in the elderly, and this alteration can facilitate brain age estimation at  
68 an individual level. This research also has the potential to form the basis for further investigations which  
69 may provide a deeper understanding of brain changes and ageing. This could offer clues to the relationship  
70 between brain maturity and brain behaviors as well as age-induced diseases.

71 Specifically, the resting-state functional MRI data from 34 younger adults aged 19 to 22 and 28 elderly  
72 adults aged 60 to 80 have been tested by an implemented DFNC analysis pipeline. The fMRI data is used  
73 to identify the intrinsic connectivity networks (ICNs), from which the brain states are estimated and the  
74 dynamic features extracted. The alterations in FC dynamics caused by ageing were examined, and the  
75 power of dynamic features in individual age prediction was evaluated in this framework. In addition, we  
76 have also discussed the relationship between dynamic features and mnemonic discrimination ability and  
77 the dynamic balance of functional integration and segregation in healthy ageing.

## 2 MATERIALS AND METHODS

### 78 2.1 fMRI acquisition

79 Resting-state scans were obtained from the University of North Carolina samples at Greensboro<sup>1</sup> after  
80 request, without any rights conflicts. The participants were 28 elderly adults (61–80 years old, mean age  $\pm$   
81 standard:  $69.82 \pm 5.64$ ; 20 female) and 34 young (18–32 years old, mean age  $\pm$  standard deviation(SD):  
82  $22.21 \pm 3.65$ ; 20 female). Participants were instructed to lie motionlessly in the scanner and stay awake with  
83 their eyes open. All functional images were collected using a Siemens Trio 3.0T scanner with a 16-channel  
84 head coil and the following recording parameters: 32 slices with 4.0 mm thickness and no skip, time of  
85 echo = 30 ms; time of repetition (TR) = 2000 ms; flip angle = 70, field of view = 220 mm, matrix size = 74  
86  $\times$  74  $\times$  32 voxels, 300 volumes in 10 minutes.

### 87 2.2 fMRI data preprocessing

88 The data for each participant has 300 measurements recorded over 10 minutes. The first five volumes of  
89 each scan were discarded to allow for magnetic stability and thus to generate a steady blood oxygenation  
90 level-dependent activity signal. The functional data was then processed with the following steps:

- 91 1. Realignment to correct head motion (see Section 2.3 for verification details).
- 92 2. Slice time correction.
- 93 3. Outlier identification.
- 94 4. Normalization (normalize to 3 mm MNI space using a templates from the SPM software  
95 package (Ashburner and Friston, 2005)).
- 96 5. Spatial smoothing with a Gaussian kernel of 8 mm full-width at half-maximum (FWHM).

97 The processing pipeline was executed using the CONN toolbox (Whitfield-Gabrieli and Nieto-Castanon,  
98 2012).

### 99 2.3 Verification of head motion correction

100 To verify there was no significant head movement in the data, for each participant the individual mean  
101 and maximum framewise displacements (FD) (Power et al., 2012) were calculated. As the participants  
102 with large outlier scans have been removed from the raw data, none of the available participants had head

<sup>1</sup> <https://openneuro.org/datasets/ds003871/versions/1.0.2>

103 motion greater than 0.5 mm. No significant group difference in FD was observable when comparing the  
104 final sample of 28 old adults and 34 young adults ( $p = 0.92$ ).

## 105 2.4 Static functional network connectivity analysis

106 To assess static connectivity, pairwise Pearson correlations were computed over the entire timeseries  
107 and then Fisher's Z-transformed. Group ICA-based was used to produce brain parcellations according to  
108 the same procedure as described in Section 2.5.1. This calculation resulted in correlation coefficients per  
109 participant, which represent the connectivity strength between the given ICNs. Then, the static connectivity  
110 matrices were averaged across the young and elderly adult groups.

111 The difference in static connectivity between the young and elderly groups was evaluated through a  
112 two-sample t-test (a significance level of  $p < 0.05$ ). The correction for multiple comparisons was applied  
113 using false discovery rate (FDR)-correction to determine statistical significance at  $p < 0.05$  (Benjamini  
114 and Hochberg, 1995).

## 115 2.5 Dynamic functional network connectivity analysis

116 Figure 1 shows the framework of our DFNC approach. Specifically, there are five main steps in this  
117 pipeline:

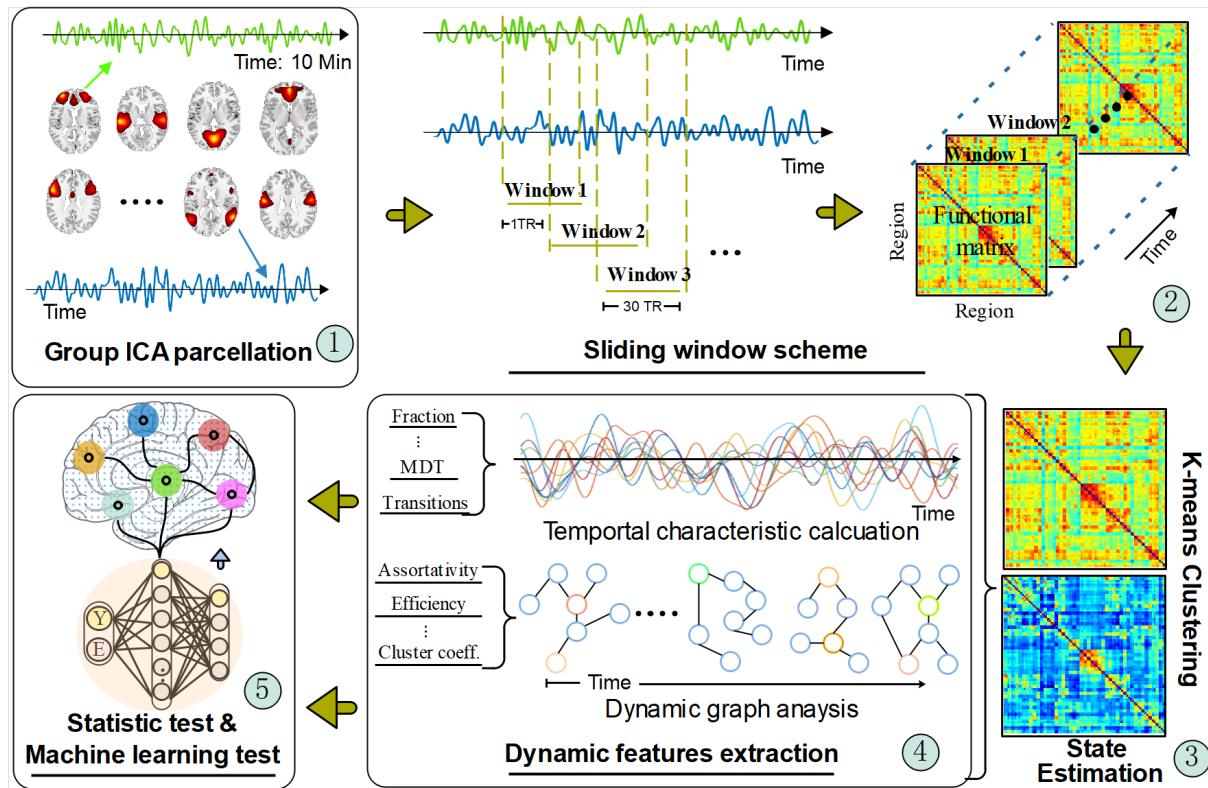
- 118 1. Group independent component analysis (ICA) parcellation for intrinsic connectivity network (ICN)  
119 recognition,
- 120 2. Sliding window cross-correlation,
- 121 3. Clustering analysis for brain state estimation,
- 122 4. Dynamic feature extraction,
- 123 5. FC dynamics examination via statistics and machine learning tests.

124 Details of each step are provided in the following sections.

### 125 2.5.1 Step 1: Group independent component analysis parcellation

126 Group ICA was performed in order to parcellate the brain into various functional networks. Following  
127 the recommendations from previous studies (Allen et al., 2014; Xia et al., 2019; Abrol et al., 2017), the  
128 number of components that can functionally parcellate the brain was predefined at 100. The configuration  
129 for the group information-guided ICA algorithm was developed according to the detailed description  
130 provided by (Salman et al., 2019). In particular, we adopt the two-stage Principal Component Algorithm  
131 (PCA) to preserve the components that account for the most variance. In the first stage, each participants'  
132 functional data was decomposed into 120 principal components (PCs), and the PCs of all participants  
133 were concatenated across time and then further reduced to 100 in the second stage. Finally, the infomax  
134 algorithm, from the ICASSO software package (Himberg and Hyvärinen, 2003), was used with 20 repeats  
135 to find steady independent components (ICs). After back reconstruction, the participant-specific spatial  
136 maps and corresponding time courses can be obtained. Three methods were employed to detect the ICNs  
137 from potential functional networks:

- 138 (1) The spatial activation maps from the ICs were visually inspected to identify if they match the large-  
139 scale functional network locations from previous studies (Kim et al., 2017; Di and Biswal, 2015) and  
140 anatomical brain regions.



**Figure 1.** The dynamic functional connectivity analysis pipeline. The timeseries signal was extracted from the network regions recognized from the group ICA parcellation method. Then, the regional timeseries were decomposed with a sliding window scheme for a time-varying function network connectivity(FNC) estimation. Those FNC matrixes were fed into a clustering algorithm to obtain different transient brain states by forming a cluster centroid. After that, two types of dynamic features were calculated based on the acquired transient states and temporal signals. Finally, statistical and machine learning methods were applied to verify the extracted dynamic FC features.

141 (2) The multiple regression method was used to select ICs whose spatial pattern matches with the existing  
142 functional networks template given by:

$$Y = \beta_1 X_1 + \beta_2 X_2 + \dots + \beta_n X_n + \varepsilon, \quad (1)$$

143 where  $Y$  is the collection of the spatial vector of template ICNs,  $X_i$  represents the spatial vector of the  
144  $i$ -th IC and  $\beta$  is the regression coefficient. The regression analysis is used to select the ICs closest to the  
145 functional network template spatially (the first rank of  $\beta$ ), and the calculation is done by least-squares  
146 estimation.

147 (3) The power spectrum of the ICs was checked to see if it follows a low-frequency peak and a high-  
148 frequency steady pattern (the time courses of ICs are characterized by high dynamic range) (Griffanti  
149 et al., 2017).

150 Following the practice presented in (Bonkhoff et al., 2020; Tu et al., 2019), before passing the ICNs to the  
151 subsequent steps of the DFNC pipeline, additional post-processing of the time courses of all included ICNs  
152 was performed. The post-processing involved (a) linear, quadratic, and cubic detrending, (b) regressing out  
153 motion parameters (six realignment parameters and their first temporal derivatives), (c) low-pass filtering  
154 with a high-frequency cut-off of 0.15 Hz (to retain only BOLD-related signal fluctuations (Calhoun et al.,

155 2001)), and (d) despiking using 3D despike. These actions ensure artifact noise has minimal impact on the  
156 signal analysis.

### 157 2.5.2 Step 2: Sliding window cross-correlation scheme

158 In the second step a sliding window is used to segment the timeseries of the ICNs into sub-fragments.  
159 For each time window the correlations between the ICNs during that window were calculated. There  
160 is no consensus in terms of the window size and the length of the sliding step. However, prior studies  
161 provide evidence that a window size between 30s and 60s enables successful estimation of DFNC giving an  
162 appropriate balance between accurate calculation of the correlation and the ability to detect time variations  
163 in the ICN timeseries (Liégeois et al., 2016; Preti et al., 2017; Hindriks et al., 2016). Thus, in our experiment,  
164 we opted for the common parameter settings, where the width of the window is 22 TR time (Kim et al.,  
165 2017; Bonkhoff et al., 2020), windows were convolved with a Gaussian of  $\sigma = 3$  TR to smooth the transition  
166 between windows (Allen et al., 2014), and the window shifted with a step of 1 TR (Bonkhoff et al., 2020; Tu  
167 et al., 2019). The window cross-correlation produced 273 correlation matrices, representing the fluctuation  
168 of functional connectivity between the identified ICNs. These matrices are Fisher's Z transformed before  
169 being passed to step 3 for clustering analysis.

### 170 2.5.3 Step 3: Clustering analysis for brain state estimation

171 Recurrent or repeating connectivity patterns in an fMRI scan are known as dynamic brain states. To  
172 identify these brain states clustering is performed using the k-means based clustering algorithm. The  
173 distance between clustering points was computed using the Manhattan distance (i.e., the "city-block"),  
174 which is the distance metric recommended for high-dimensional-space clustering (Aggarwal et al., 2001).  
175 The number of clusters is automatically computed by maximizing the ratio of within-cluster distance  
176 and between-cluster distance, and the optimal candidate is then manually estimated using the elbow  
177 method (Allen et al., 2014; Bonkhoff et al., 2020). For each subject the correlation matrices from step 2  
178 were grouped into different clusters according to the distance from the clustering centroid. This results in  
179 state labels for each of the time windows which are used in the dynamic feature calculations in the next  
180 step in order to investigate the difference between the young and elderly adult groups.

### 181 2.5.4 Step 4: Dynamic feature extraction

182 Next, the FC temporal characteristic evaluation as well as the dynamic graph analysis were performed.  
183 Following (Allen et al., 2014; Bonkhoff et al., 2020), using the state labels, four FC temporal characteristics  
184 were calculated as features for the between-group difference: (i) state fraction: the percentage of the total  
185 number of FC windows for one subject which take the given state; (ii) mean dwell times: the mean time  
186 a subject spent in a state without switching to another one; (iii) number of transitions: how many times  
187 a subject changed states; and (iv) transition probability matrix: the transition likelihood between the k  
188 connectivity states.

189 The rationale behind the dynamic graph analysis is that, with the FC potentially fluctuating with each  
190 time window, so too the topological structure of the graph can vary. For the dynamic graph analysis, as  
191 shown in step 4 in Figure 1, the ICNs were defined as the nodes in the graph and the FC between them as  
192 the edges, thus for each participant a graph is obtained for each time window. To define the adjacency of the  
193 nodes a threshold can be applied to the edges in the graph to produce an undirected and binary adjacency  
194 matrix. However, as the topological structure is not constant within one graph if using different network  
195 thresholds, the network sparsity method has been adopted in our experiment to avoid the bias of unstable  
196 measures in between-group dynamic feature comparison (Kim et al., 2017; Xia et al., 2019; Zhang et al.,

197 2011; Rashid et al., 2021). Similar to prior studies (Hashmi et al., 2017; Tu et al., 2019; van den Heuvel  
 198 et al., 2017), 10 thresholds ranging from 0.05 to 0.50 with a step of 0.05 were used to obtain the sparse  
 199 network. Each threshold produced an adjacency matrix for each DFNC matrix.

200 Having obtained the adjacency matrices then, graph theory was applied to investigate the topological  
 201 organization of the DFNC state and the series of graphs. Specifically, we use 12 graph metrics to measure  
 202 the graph characteristics and dynamics during the fMRI scan. For example, network efficiency, measures  
 203 how efficiently a node exchanges information or communicates with other nodes within a network. The  
 204 other selected metrics include assortativity, global and local efficiency, and synchronisation, which depict  
 205 a brain function network's resilience, segregation, and integration. Detailed definitions of these graph  
 206 metrics and their formulas are listed in Table 1 in the Supplemental Materials: Appendix 1. To balance the  
 207 sparsity selection for the sequence of thresholds, the area under the curve (AUC) for the metric values was  
 208 computed. Then, the AUC was utilised as a graph feature for further analysis.

### 209 2.5.5 Step 5: Statistics and machine learning tests

210 The final step in the pipeline conducts statistical testing to examine the results. To obtain robust and  
 211 reliable results on ageing-related variations within and between groups, a non-parametric permutation test  
 212 with 5000 randomizations was implemented for all of the dynamic features produced in the DFNC analysis  
 213 pipeline. The difference in the means of the distributions yielded after the 5000 random permutations  
 214 served as the t statistic. In addition, we investigated the presence of the distinct transient brain states  
 215 across different age groups by performing a two-sample t-test. All statistical results were corrected by false  
 216 discovery rate (FDR) for multiple comparison correction with a significance level of  $p < 0.05$ .

217 Meanwhile, nine machine learning algorithms were implemented to examine the power of the dynamic  
 218 features to predict the age of an individual. These algorithms were exploited to learn a mapping from the  
 219 raw fMRI space,  $\mathcal{X}$ , to the age distribution of participants,  $\mathcal{Y}$ . That is:  $\Phi : \mathcal{G}(\mathcal{X}) \rightarrow \mathcal{Y}$  given the fMRI  
 220 scan collection of training samples  $\mathcal{T} = \{(x_n, y_n)\}_{n=1}^N$ . Here,  $N$  is the number of training sample scans,  
 221  $x_n \in \mathcal{X}$  is the input scan and  $y_n \in \mathcal{Y}$  is the associated age label indicating if the participant is an elderly  
 222 adult.  $\mathcal{G} = \{g_i\}_{i=1}^V$  is the function extracting dynamic FC features, and  $V$  is the number of features.

223 These algorithms were all implemented using the sklearn python package. For the 6 methods listed in  
 224 Table 1 the default setup with the given parameters was used. In addition, we developed a neural network  
 225 method using Keras's deep learning package. Considering our small sample data size could cause problems  
 226 with over-fitting in the training phase for complicated network structures, a 2-layer forward neural network  
 227 (FNN) was developed. The first and second layers of the neural network compose of 256 and 2 neurons  
 228 (corresponding to the number of age categories.). At the end of the first and second layers, there is a tanh  
 229 and sigmoid activation function to learn the non-linear mapping relationship. The model is trained by  
 230 minimising the loss function:

$$L_{loss} = \frac{1}{N} \sum_i -[y_i \cdot \log(p_i) + (1 - y_i) \log(1 - p_i)], \quad (2)$$

231 where  $p_i$  is the predicted probability. Finally, we test two ensemble fusion-based methods: one is  
 232 Adaboost (Hastie et al., 2009), and the other one is Voting (Ruta and Gabrys, 2005). Both algorithms try to  
 233 promote prediction performance by weighting multiple embedded estimators. In the Adaboost method, the  
 234 default setup was opted for. In the voting method, the ensemble rule was set to be "hard", which means that  
 235 the predicted class labels for majority voting will be the final prediction results.

**Table 1.** Machine learning algorithms and their parameters.

Algorithm	Parameters
Nearest Neighbors	number of neighbors = 2
Linear SVM	regularisation parameter = 0.025
RBF SVM	same as Linear SVM
Gaussian Process	default
Decision Tree	depth = 5
Random Forest	number of neighbors = 5, number of estimators = 10

236 The dynamic feature output by  $g_i$  was singly fed into these machine learning methods to examine whether  
 237 the ageing group classification facilitates dynamic classification. In addition, we have also cascaded the  
 238 outputs of  $\mathcal{G}(\mathcal{X})$  together to examine if the concatenated dynamic feature can promote the performance.

### 3 RESULTS

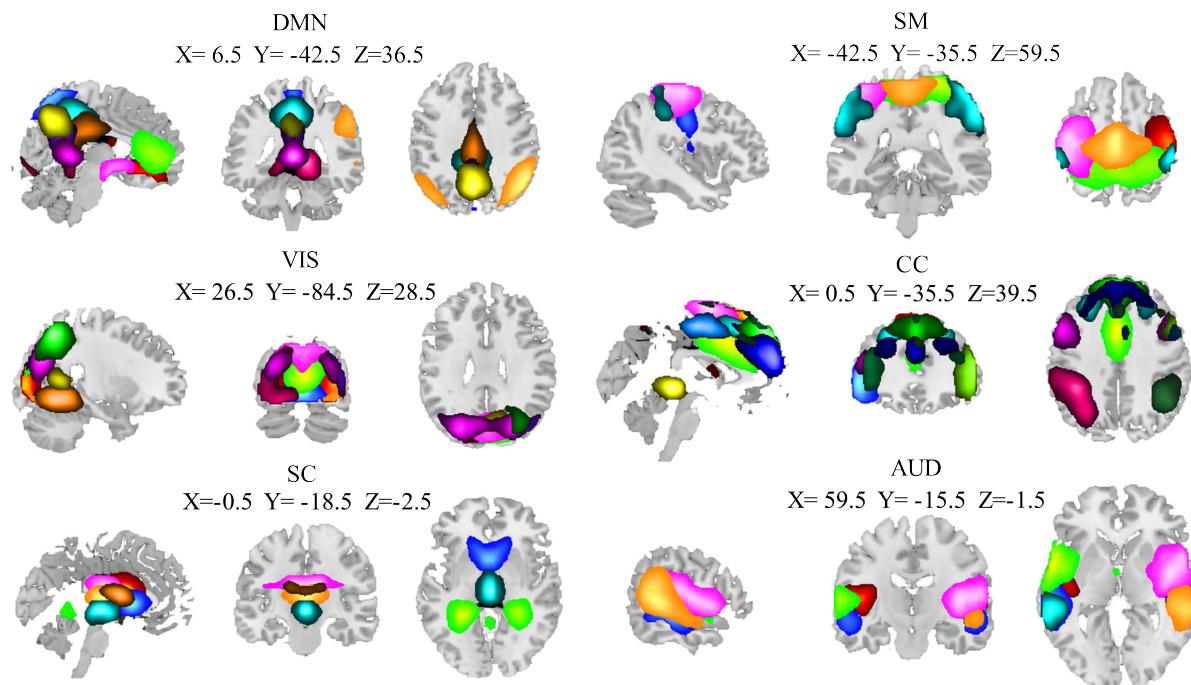
239 **3.1 Intrinsic connectivity networks**

240 Of the 100 ICs identified by the group ICA, 40 ICs were identified as noise components and then  
 241 discarded. The remaining 60 components were finally identified as ICNs. The 60 ICNs were assigned to  
 242 one of six domains that have been widely studied in normal ageing (Snyder et al., 2021; Xia et al., 2019)  
 243 (Figure 2): subcortical domain (SC), auditory domain (AUD), visual domain (VIS), sensorimotor domain  
 244 (SM), cognitive control domain (CC), and default mode domain (DMN). The detailed component labels  
 245 and peak coordinates of each ICN have been provided in the Supplementary Material: Appendix 2.

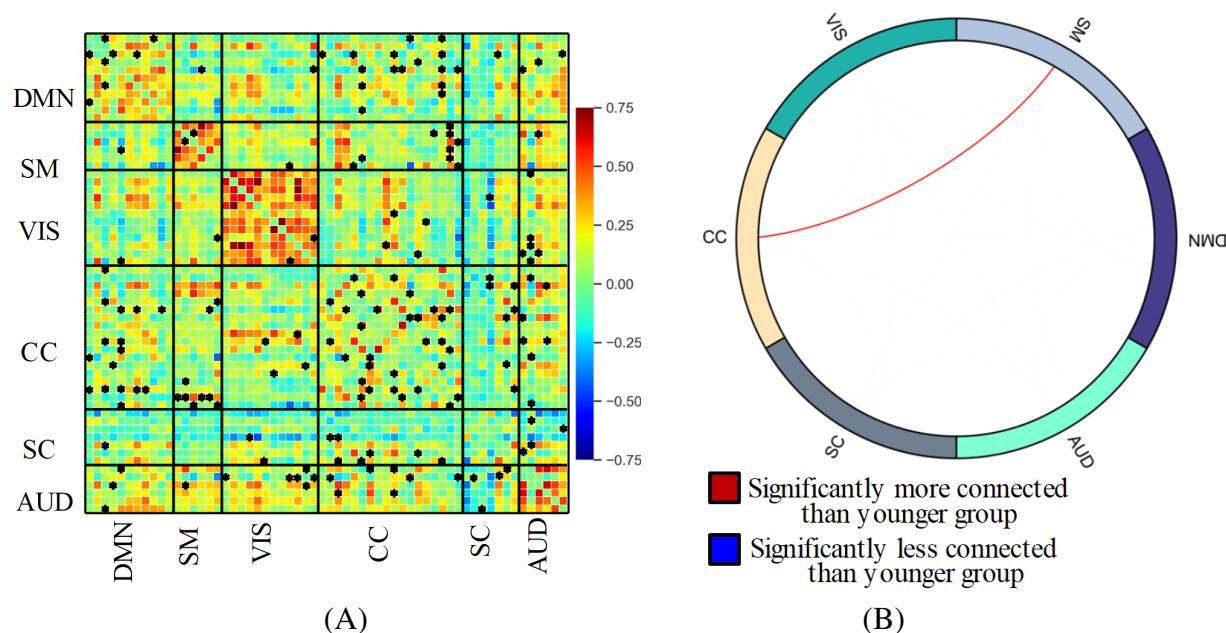
246 **3.2 Static functional network connectivity analysis**

247 Figure 3 shows the static functional network connectivity aggregated over the entire scanning time series  
 248 using the group ICA method. The red colour indicates a positive correlation, and the blue colour represents  
 249 a negative correlation between functional spatial regions. With the static functional network connectivity,  
 250 we observed strong intra-domain connectivity, i.e., connectivity within the DMN, SMN, VIS, and AUD  
 251 domains was positively correlated. In contrast, the inter-domain connectivity was comparably low, where  
 252 the functional regions in the 6 domains were either independent of each other or negatively connected. This  
 253 phenomenon was particularly obvious for the SC domain, where the connectivity with the other 5 domains  
 254 was nearly all negative. Within the SC domain, the brain areas also exhibit negative connectivity.

255 Further reviewing the difference in connectivity from the elderly group and the younger using a two-  
 256 sample t-test, 193 connectivity pairs show significantly altered between-network connectivity components.  
 257 The significant alterations in ICNs have been denoted with an asterisk in Figure 3(A), from which we  
 258 can see that these alterations are mainly related to the CC domain. Post t-tests, contrasting elderly adults  
 259 and younger controls, reveals ageing-induced reduced connectivity ( $p < 0.05$ , FDR-corrected). From  
 260 Figure 3(B), we can see only the connectivity between SM and CC domains was left after post t-tests in  
 261 group ICA ( $p < 0.05$ , FDR-corrected). This result shows consistency with the studies that show higher  
 262 connectivity between the somatosensory and control network (Geerligs et al., 2015).



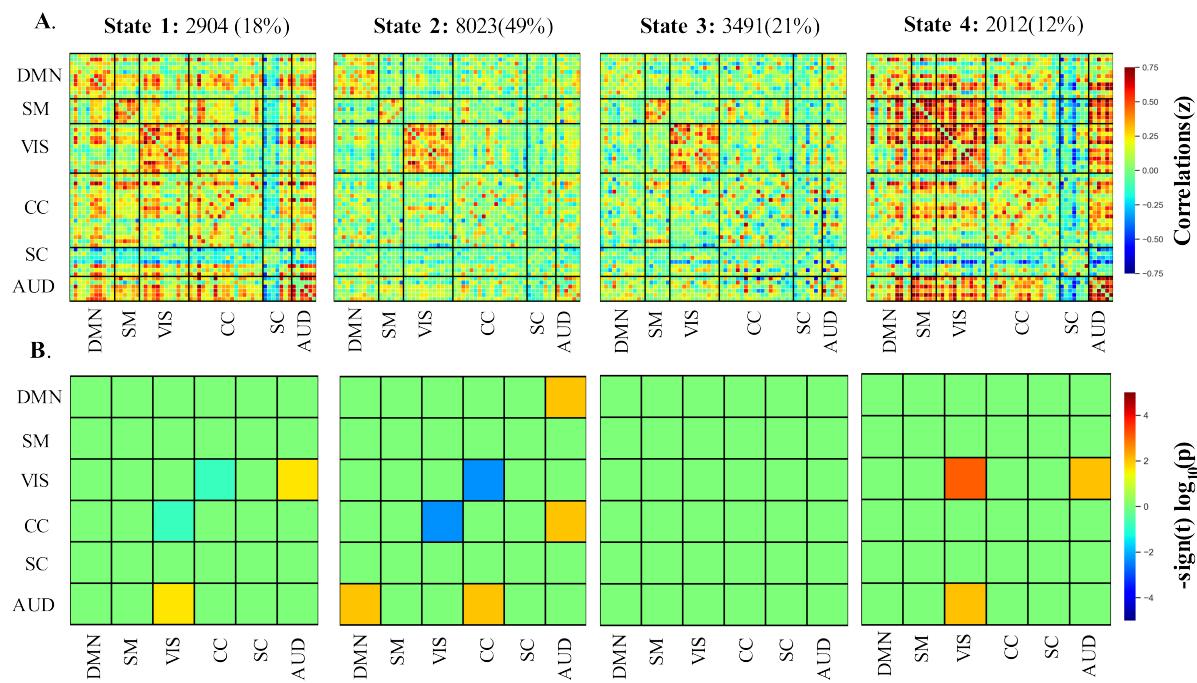
**Figure 2.** Spatial maps of the 60 independent components result from the entire group (28 elderly and 34 younger adults). The coordinates denote the max peak location of functional domains, and different colors pass spatial information. AUD = auditory domain; CC = cognitive control domain; DMN = default mode domain; SC = subcortical; SM = sensorimotor domain; VIS = visual domain.



**Figure 3.** (A) Static functional network connectivity between 60 independent components resulting in 1770 (  $60 \times (60-1)/2$  )connectivity pairs for the entire group. Asterisks indicate significant differences between the elderly and younger groups. (B) Circle plot of significant static functional network connectivity differences of 6 domain between the elderly adult and younger group.

263 **3.3 Dynamic functional network connectivity analysis**264 **3.3.1 DFNC State**

265 Four DFNC states were identified from the clustering. The identified states were the functional patterns  
 266 that frequently reoccurred across all the participants, and are stable characterisations of the brain activity  
 267 during the fMRI scanning. The four states are presented in Figure 4(A) indexed with the order given by  
 268 k-means.



**Figure 4.** (A) 4 functional connectivity states as well as their frequencies across all participants using the group-ICA method. (B) Group differences of the 6 selected brain networks between elderly and younger adults in the 4 states. AUD = auditory domain; CC = cognitive control domain; DM = default mode domain; SC = subcortical; SM = sensorimotor domain; VIS = visual domain.

269 According to the connectivity pattern, the states can be grouped into two categories. State 1 and 4  
 270 compose the first class, characterized by dense inter-and intra-domain connectivity. We can observe highly  
 271 positive between-AUD domain connectivity and negative between-SC domain connectivity. State 1 closely  
 272 matches the static connectivity in terms of Manhattan distance. The second category involves states 2 and  
 273 3. Compared with the first, this class featured relatively weak and sparse connectivity, which is particularly  
 274 obvious for the SC and AUD domains. Thus, we refer to the category as the weakly connected class. The  
 275 state frequency of two connectivity types also supports this classification, in which the frequencies of two  
 276 states in class 1 are no more than 20%, which is less than that of class 2 (which accounts for 70% in total  
 277 for all subjects). Meanwhile, it is worth noting that the strong positive connectivity within VIS can be  
 278 observed for all 4 states.

279 Even though the DFNC states exhibit two categories, group differences for each state are varied (see  
 280 Figure 4(B)). Within state 1, the elderly adults have slightly lower connectivity between VIS and CC while  
 281 having relatively higher connectivity between VIS and the AUD domain ( $p < 0.05$ , FDR-corrected). In  
 282 state 2, the connectivity between VIS and CC in the elder group shows a further decline. At the same time,

significantly increased connectivity between DMN and AUD and CC and AUD can be found in this state. The only significantly different intra-domain connectivity was observed in state 4. The result shows that within state 4, the elderly group has markedly stronger connectivity in the VIS domain than younger adults (post t-tests:  $p < 0.05$ , FDR-corrected). Similar to state 1, the weaker connectivity between VIS and AUD domains can also be observed in state 4. We did not find any significantly different connectivity in state 3 between the two groups (post t-tests:  $p < 0.05$ , FDR-corrected). In contrast to the connectivity difference that the static connectivity state exhibits between the two groups, there is no significant difference between CC and SMN after the FDR-corrected in all 4 states.

### 3.3.2 DFNC temporal features

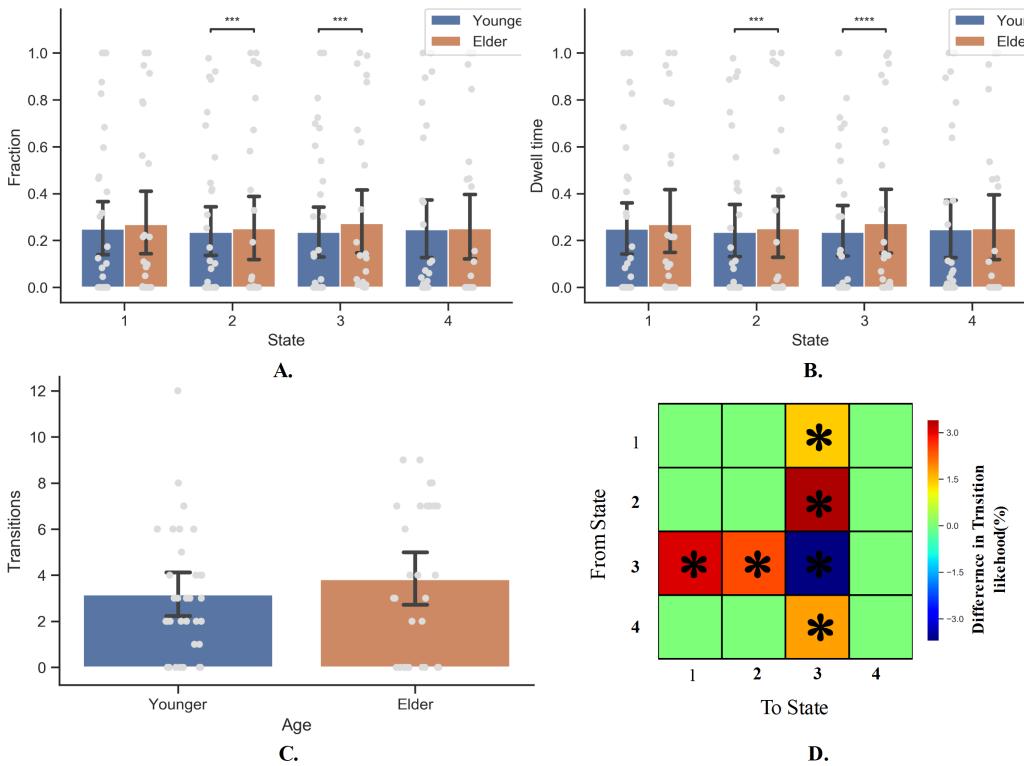
With four dynamic functional connectivity states and window-based FNC matrices, we subsequently tested for between-group differences in the measures of dynamic features (see Figure 5). Two sample t-tests comparing younger and elderly adults revealed a significant difference in the dynamic measures (fraction and dwell time) of state 2 as well as state 3 (i.e., the weak connectivity pattern,  $p < 0.05$ , FDR-corrected). In contrast to younger adults, the elderly prefer states 2 and 3 ( $p = 0.0001$ ), and they are more likely to stay in states 2 and 3 once they enter these states ( $p = 0.0001$ ). The between-group difference in dwell time of state 3 is more prominent ( $p < 0.0001$ ). No significant between-group difference was observed in terms of the number of state transitions.

With respect to the transition probability matrix between states, there were significant between-group effects on the likelihood of staying in one state stably or switch to another. Consistent with the finding that the elderly prefer to spend more time on state 3, results showed that the elderly are more inclined than younger people to switch to state 3 when the current state is not state 3. This is particularly true when the current state is state 2 ( $p = 0.0001$ , FDR-corrected), demonstrating why the elderly prefer state 2 but have less dwell time than state 3. However, when entering State 3, older people are less likely to remain in this state than younger ones. More elderly people prefer to switch to state 1 or state 2, while younger people tend to maintain a stable state ( $p < 0.05$ , FDR-corrected). When the next state is state 4, the transition probabilities of elderly and younger people do not differ.

To better utilise the dynamic connectivity features to serve ageing classification, we next explored the correlation between these features and the age of participants. The dynamic connectivity features correlated with age have been listed in Table 2. As can be seen, the fraction time and dwell time of state 2 are negatively correlated with age (fraction time:  $r = -0.639$ ,  $p = 0.000$ ; dwell time:  $r = -0.502$ ,  $p = 0.000$ ). In contrast, the fraction time and dwell time of state 3 are positively correlated with age (fraction time:  $r = 0.651$ ,  $p = 0.000$ ; dwell time:  $r = 0.555$ ,  $p = 0.000$ ). In terms of transition probability between states, the likelihood of state 1 switching to state 3, of state 3 switching to state 1, as well as state 3 switching to state 2 all have a positive correlation with age ( $r = 0.316, 0.265, 0.254$ ,  $p = 0.012, 0.038, 0.046$ , respectively), while the probability of switching from state 3 to state 3 is negatively correlated with age ( $r = -0.409$ ,  $p < 0.001$ ).

### 3.3.3 Dynamic graph analysis

To explore the age effect on the functional network topology, the subsequent work employed graph theory to characterise the dynamic graph changing during fMRI scanning. Various graph metrics have been utilised, which can describe multiple network properties. These graph measures were calculated based on the sparsening-threshold binary networks per participant and then averaged within the group. Subsequently, they were tested for between-group differences in terms of graph dynamics.



**Figure 5.** Dynamic connectivity feature analysis for the elderly and younger groups. **(A)** The fraction of time the occurrence of DFC state 2 and state 3 has significant between group difference. The elder prefer state 2 ( $P < 0.05$ ) and state 3( $P < 0.05$ ). **(B)**. The dwell time. Once again, the senior group is more like to stay within state 2 and state 3. **(C)**. The number of transition between states. There is no significant difference in the number of state transition between two groups. **(D)**. State Transition Probability matrix. Comparing with younger adults, the older people more inclined to switch to state 3 when they are in state 1, 2 or 4. However, they are also more likely to transfer to other state when they are entering state 3 than younger people.

**Table 2.** Dynamic state features correlated with age.

Dynamic Connectivity Features	r	p
Fraction time of State 2	-0.639	0.000
Fraction time of State 3	0.651	0.000
Dwell time of state 2	-0.502	0.000
Dwell time of state 3	0.555	0.000
Transition probability from state 1 to state 3	0.316	0.012
Transition probability from state 3 to state 1	0.265	0.038
Transition probability from state 3 to state 2	0.254	0.046
Transition probability from state 3 to state 3	-0.409	0.001

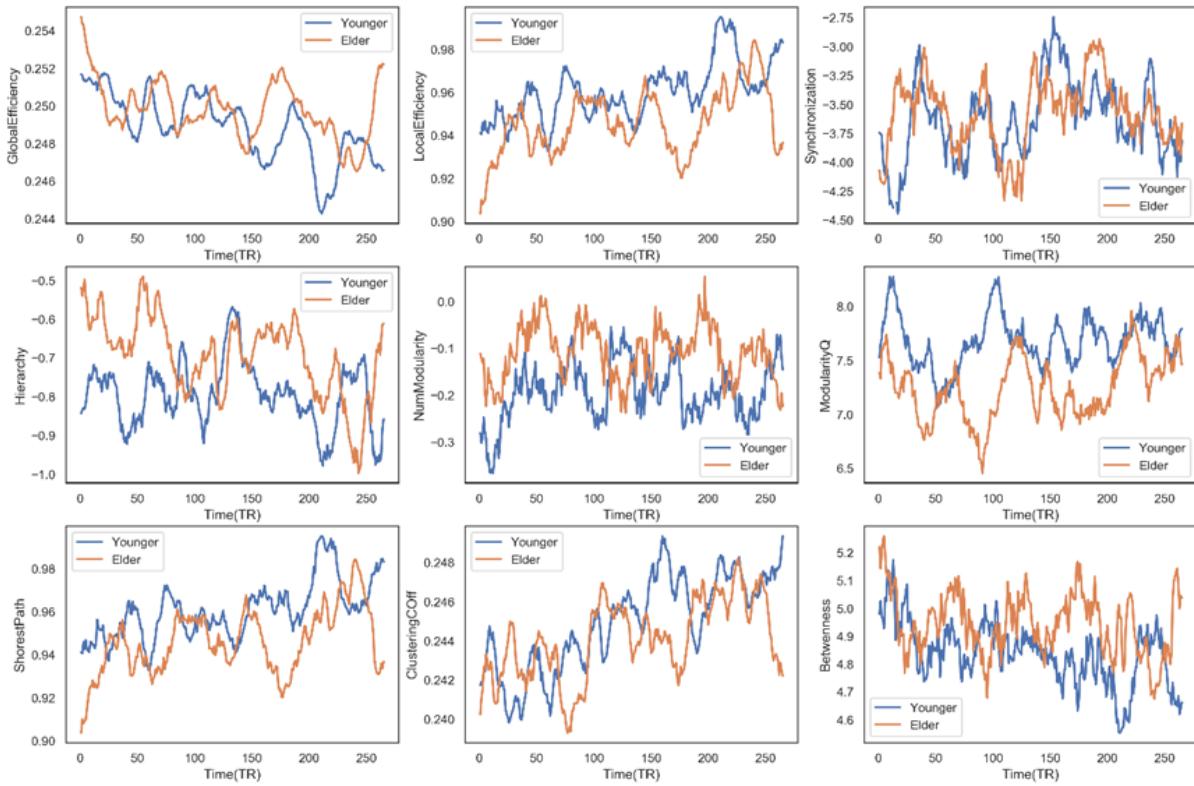
325 Firstly, we observed a significant between-group difference ( $t = 6.5046, p < 0.0001$ ),  
 326 local efficiency ( $t = -11.4388, p < 0.0001$ ), synchronization ( $t = 2.2756, p = 0.0232$ ), hierarchy  
 327 ( $t = 12.384, p < 0.0001$ ), modularity ( $t = 16.1638, p < 0.0001$ ), the shortest path ( $t = -11.4388,$   
 328  $p < 0.0001$ ), clustering coefficient ( $t = -4.1766, p < 0.0001$ ) and the betweenness ( $t = 10.8943,$   
 329  $p < 0.0001$ ). Figure 6 displays the time course of these graph metrics. In terms of efficiency, we can see

**Table 3.** The correlation between nodal graph measures and age.

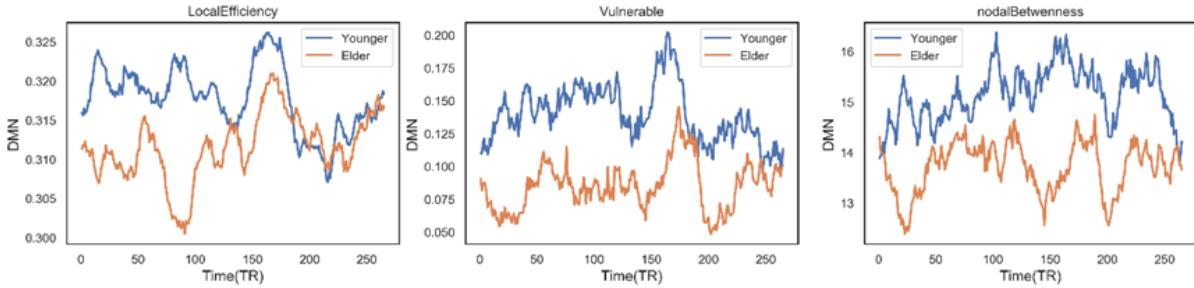
r(p<0.05) \ Metric	Local Efficiency	Vulnerable	Nodal Betweenness
Domain			
DMN	-0.263	-0.433	-0.496
SMN	0.159	0.2121	0.364
VIS	-0.298	-0.117	0.237
CC	0.048	0.004	0.087
SC	0.252	0.137	-0.093
AUD	0.111	0.049	0.163

330 that the elderly group has a higher global but lower local efficiency than the younger group, suggesting that  
 331 the information transfer is more efficient in the global but less efficient in the local functional network as  
 332 age grows. Across these dynamic measures, the elderly people only have three measurements significantly  
 333 higher than the younger group: the synchronisation coefficient, hierarchy coefficient, and modularity.  
 334 These higher measures indicate that as the age increases, the synchronisation ability of the functional  
 335 region in the brain network increases. The raised age increases modularity and enriches the hierarchy  
 336 structure. Note that the significantly higher value in elderly people is not overwhelming. At some transient  
 337 time points, these younger people have a stronger performance in these measures. Examples include the  
 338 weaker synchronisation in the younger group at TR=150, which is consistent with the observed lower  
 339 synchronisation in transient dynamic state 2 for older adults. A significant difference can also be observed  
 340 in the clustering coefficient and the shortest path, which directly results in the distinguishing small-world  
 341 property of the two groups. The lower small-world property implies that the elderly group is less robust to  
 342 external perturbations, according to the hypothesis by (Barabási, 2013). In that case, it fits our biological  
 343 intuition that older people are subject to damage by mutation or viral infection. However, there may be a  
 344 lack of direct evidence to demonstrate a linear relationship.

345 Secondly, there are three other nodal graph measures explored in our work: local efficiency, vulnerable  
 346 coefficient, and betweenness, which characterise the information-transferring efficiency of a specific  
 347 node, the vulnerability of a node, and the importance of the node's role in the network, respectively. Six  
 348 sub-networks were observed to have significant differences between the two groups on the three measures.  
 349 For the DMN network, people 60 to 80 years old have significantly lower local efficiency( $t = -16.8892$ ,  
 350  $p < 0.0001$ ) and vulnerable coefficient ( $t = -31.5046$ ,  $p < 0.0001$ ) than younger people, suggesting  
 351 the DMN has less efficient information transfer and a higher risk of slowing global efficiency. The same  
 352 situation occurs in the VIS network ( $t = -19.9135$  and  $-7.0166$  for the two metrics, respectively). The  
 353 DMN network efficiency decline can also be supported by the significantly decreased nodal betweenness ( $t$   
 354 =  $-31.8963$ ,  $p < 0.0001$ ), where the higher the nodal betweenness coefficient, the more likely information  
 355 will transfer through the node. Figure 7 shows the time-varying curve of these three measures in DMN  
 356 during the fMRI scan. We can see that older people's metric curves do not have an apparent trend, but they  
 357 are always lower than younger people's. Besides, the correlation between the nodal graph measures and the  
 358 age for the six domains also behaved differently (see Table 3). The DMN's local efficiency, vulnerable  
 359 coefficient, and nodal betweenness have some of the highest negative correlation values compared to the  
 360 other five networks. On the other hand, the CC domain has the smallest correlation in all three measures  
 361 compared to other parts.



**Figure 6.** Time course of multiple dynamic measures for the different age groups.



**Figure 7.** Time varying curve of the three dynamic measures of DMN network: local efficiency, vulnerable, nodal betweenness in age-different group, where no matter which metric elder people are lowest.

### 362 3.4 Machine learning test for individual age prediction

363 Given that the dynamic features are significantly different between the two groups, it is natural to test  
364 their power in individual age prediction using a machine learning algorithm.

365 Firstly, the single dynamic state feature (the fraction, MDT, etc.) was fed into the nine machine learning  
366 algorithms respectively to test their prediction power, with the static functional connectivity strength serving  
367 as baseline for comparison. The performance of each pipeline was evaluated with 5-fold cross-validation,  
368 and the result of the test set is summarized in Table 4. The evaluation metric is accuracy, i.e., the probability  
369 that the method correctly categorizes the candidates into the correct class. We report the mean of 5-fold  
370 cross-validation results in each metric with a 95% confidence interval.

371 As can be seen, by using the state fraction feature, all the machine learning algorithms have an accuracy  
372 over 80%, which is higher than any other feature (except the AdaBoost method with concatenated

**Table 4.** The prediction accuracy of multiple machine learning algorithms with dynamic state features. The bold values represent the algorithm that achieves the best performance using the feature indicated in the column. The italic values denote the highest accuracy that the machine learning algorithm could obtain across all the input dynamic features.

Algorithm	Baseline	Dynamic State Feature					Concatenated
		Fraction	MDT	NumofTrans.	Transition Probability		
Nearest Neighbors	0.551(0.124)	0.852 ( <i>0.117</i> )	0.636 (0.251)	0.690 (0.160)	0.648 (0.135)	0.795 (0.200)	
Linear SVM	0.531 (0.112)	0.852 ( <i>0.117</i> )	0.612 (0.152)	0.640 (0.107 )	0.648 (0.112)	0.840 (0.124)	
RBF SVM	0.531 (0.112)	0.852 ( <i>0.117</i> )	0.617 (0.207)	0.607 (0.119 )	0.631 (0.141)	0.740 (0.186)	
Gaussian Process	0.483 (0.106)	0.838 ( <i>0.124</i> )	0.536 (0.170)	0.690 (0.141)	0.683 (0.1770)	0.729 (0.158)	
Decision Tree	0.585 (0.132)	<b>0.886</b> ( <i>0.129</i> )	0.583 (0.165)	0.729 (0.175)	0.648 (0.211)	0.840 (0.144)	
Random Forest	0.585 (0.153)	0.855 ( <i>0.116</i> )	<b>0.650</b> (0.225)	0.755(0.157)	0.695 (0.175)	0.852 (0.157)	
FNN	0.552 (0.173)	0.838 ( <i>0.124</i> )	0.579 (0.155)	0.560 (0.118)	0.564 (0.104)	0.807 (0.161)	
AdaBoost	0.577 (0.111)	0.807 (0.142)	0.617 (0.193)	<b>0.771</b> (0.150)	<b>0.731</b> (0.195)	<b>0.855</b> ( <i>0.138</i> )	
Voting	0.511 (0.131)	0.852 ( <i>0.117</i> )	0.617 (0.193)	0.624 (0.156)	0.679 (0.143)	0.840 (0.163)	

373 feature). The decision tree achieves the highest accuracy of 0.886 using this feature, which is also the best  
 374 performance in all of the dynamic state features. The highest accuracy for the number of transitions and  
 375 transition probability is similar, 0.771 and 0.731, respectively. Meanwhile, the best performance of the  
 376 number of transitions is more stable than that of transition probability, where the accuracy variance is  
 377 less by 0.04. However, the number of transitions has a large gap in performance in terms of the different  
 378 methods, where it can only achieve an accuracy of 0.560 with the FNN algorithm. The MDT has the lowest  
 379 accuracy of 0.650. Concerning the concatenated feature, even though the results are not much worse than  
 380 those for the number of transitions and transition probability, the highest accuracy is only 0.855, which is  
 381 still less than the state fraction. On the other hand, with respect to the classic methods, the FNN method is  
 382 the most unstable one. It obtains a mean accuracy of 0.855 using fractions while it has a 0.560 when using  
 383 the transition probability as input. For the two ensemble-fusion-strategy-based methods, the voting method  
 384 did not perform well for individual age prediction, though its best result is still for the fraction feature. In  
 385 contrast, the AdaBoost method has achieved the best performance three times, the most frequent optimal  
 386 method.

387 Second, similar to the dynamic state features, the dynamic graph features were also input into different  
 388 machine learning algorithms. However, the results were not impressive using the single graph features (see  
 389 Table 5 and Table 6). All of the features do not achieve accuracy over 70%, the best accuracy was just  
 390 0.693 obtained by the SVM with the number of modularity.

## 4 DISCUSSION

391 Given the known dynamic nature of brain activity, it is reasonable to use the DFNC method to investigate  
 392 the differences in dynamics between age groups. In the study presented here, four transient brain states that  
 393 frequently reoccur at rest were identified. These 4 states exhibit two types of connectivity patterns: the  
 394 densely inter-and intra-domain connectivity pattern and the weakly sparse one. The elderly tend to transfer  
 395 to and stay in the weakly connected state, which cannot be shown with static analysis. Notably, the fraction  
 396 of these DFNC states and the dwell time were correlated with age ( $r = 0.6392/0.6507$  for time fraction of  
 397 state 2 and 3 respectively;  $r = 0.5022/0.5553$  for the dwell time of state 2 and 3 respectively). Besides,

**Table 5.** The prediction accuracy of multiple machine learning algorithms with dynamic graph features (I). The bold values represent the algorithm that achieves the best performance using the feature indicated in the column. The italic values denote the highest accuracy that the machine learning algorithm could obtain across all the input dynamic graph features.

Algorithm	Baseline	Dynamic Graph Feature				
		Global Efficiency	Local Efficiency	Synchronization	Hierarchy	ModularityQ
Nearest Neighbors	0.551 (0.124)	0.5262 (0.208)	0.505 (0.165)	0.481 (0.209)	<i>0.571</i> (0.183)	0.533 (0.129)
Linear SVM	0.531 (0.112)	<i>0.555</i> (0.195)	0.517 (0.142)	0.502 (0.166)	0.506 (0.231)	0.564 (0.220)
RBF SVM	0.531 (0.112)	0.548 (0.066)	0.548 (0.656)	<b>0.548</b> (0.066)	0.548 (0.066)	0.548 (0.066)
Gaussian Process	0.483 (0.106)	0.471 (0.271)	0.531 (0.154)	0.469 (0.217)	0.607 (0.141)	<b>0.617</b> (0.111)
Decision Tree	0.585 (0.132)	0.340 (0.155)	<b>0.567</b> (0.188)	0.407 (0.172)	0.576 (0.172)	0.483 (0.168)
Random Forest	0.585 (0.153)	0.483 (0.121)	0.502 (0.157)	0.457 (0.150)	0.579 (0.172)	0.500 (0.226)
FNN	0.552 (0.173)	0.436 (0.161)	0.533 (0.129)	0.467 (0.211)	<b>0.648</b> (0.247)	0.483 (0.259)
AdaBoost	0.577 (0.111)	0.505 (0.188)	0.369 (0.228)	0.390 (0.186)	0.569 (0.302)	0.519 (0.209)
Voting	0.511 (0.131)	<b>0.676</b> (0.150)	0.533 (0.217)	0.536 (0.139)	0.500 (0.206)	0.357 (0.129)

**Table 6.** The prediction accuracy of multiple machine learning algorithms with dynamic state features (II). The bold values represent the algorithm that achieves the best performance using the feature indicated in the column. The italic values denote the highest accuracy that the machine learning algorithm could obtain across all the input dynamic graph features.

Algorithm	Dynamic Graph Feature				
	NumModularity	ClusteringCOff	ShorestPath	Betweenness	Concatenated
Nearest Neighbors	0.562 (0.200)	0.450 (0.171)	0.531 (0.186)	0.529 (0.194)	0.437 (0.049)
Linear SVM	<b>0.693</b> (0.133)	0.486 (0.164)	<b>0.564</b> (0.165)	0.500 (0.032)	0.515 (0.074)
RBF SVM	0.548 (0.066)	0.548 (0.066)	0.548 (0.066)	0.548 (0.066)	0.548 (0.019)
Gaussian Process	0.598 (0.123)	0.448 (0.122)	0.500 (0.152)	<b>0.598</b> (0.105)	0.548 (0.019)
Decision Tree	0.579 (0.201)	0.436 (0.143)	0.419 (0.182)	0.567 (0.115)	<b>0.610</b> (0.153)
Random Forest	0.517 (0.168)	<b>0.581</b> (0.162)	0.467 (0.189)	0.579 (0.155)	0.421 (0.197)
FNN	0.662 (0.082)	0.367 (0.149)	0.514 (0.198)	0.550 (0.143)	0.533 (0.012)
AdaBoost	0.650 (0.121)	0.310 (0.141)	0.507 (0.152)	0.581 (0.207)	0.579 (0.068)
Voting	0.511 (0.222)	0.474 (0.208)	0.529 (0.099)	0.593 (0.188)	0.529 (0.099)

398 these dynamic measures gain advantage in brain age classification compare to static ones. The fraction  
 399 time of DFNC state can achieve highest accuracy of 0.8857 using a decision tree.

400 There is a significant difference in the dynamic graph topology found between the young group and  
 401 the elderly group. Older people have higher global but lower local information transformation efficiency,  
 402 stronger synchronization ability, increased betweenness, more rich modularity and hierarchy structure,  
 403 shorter shortest path length, and a declining clustering coefficient than younger people. At the nodal  
 404 level, elderly adults differed from younger people in terms of local efficiency, vulnerable coefficient,  
 405 and betweenness. The most notable of these differences is that the information transfer efficiency, the  
 406 vulnerability, and the nodal betweenness of older people's DMN are all less than those of the younger group  
 407 during the rest period. Thus, we here substantiated the lower role of DMN in elderly people, indicating  
 408 dynamic analysis's benefit.

#### 409 4.1 The correlation between dynamic features and mnemonic discrimination ability

410 Mnemonic discrimination ability (MDA) is the perception ability of humans to distinguish existing  
411 memories from current inputs by retrieving and encoding past events or experiences. Studies have shown  
412 that the decrease in MDA is a sign of neurodegenerative diseases relative to ageing. Many pieces of evidence  
413 show that as age increases, the MDA will significantly decline (Stark et al., 2019, 2013) (Wahlheim et al.,  
414 2022). However, whether the relationship is linear or not is not clear.

415 MDA is usually measured by the lure discrimination index (LDI), calculated as the difference in similar  
416 responses to lures and foils in the mnemonic discrimination task (Stark et al., 2019). Previous studies have  
417 demonstrated the DMN network has an age-induced abnormal connectivity (Nash et al., 2021; Raichle,  
418 2015), and this connectivity abnormality can develop a positive prediction model for LDI (Wahlheim et al.,  
419 2022). Nevertheless, this prediction is based on the static connectivity strength, the dynamic characteristics  
420 of DMN, or broadly, the function sub-networks, have not been thoroughly investigated. Hence, with the  
421 LDI provided by the original data source, this section additionally investigates the correlation between age,  
422 the dynamic feature, and MDA.

423 Firstly, age was observed to be negatively correlated with LDI ( $r = -0.3890, p = 0.001$ ), which is  
424 consistent with the previous findings (Reagh et al., 2016). In terms of dynamic state features, the fraction  
425 time of state 2 is positively correlated with LDI ( $r = 0.3270, p = 0.0094$ ), and the fraction time of state  
426 3 is negatively correlated with LDI ( $r = -0.3882, p = 0.0018$ ). Similar to fraction time, the MDT of  
427 states 2 and 3 has a significant correlation with LDI, where the correlation is  $r = 0.3145 (p = 0.0127)$   
428 and  $r = -0.3591 (p = 0.0041)$  respectively. There is no significant correlation between the number of  
429 transitions and LDI or between transition probability and LDI. Recall that the connectivity pattern of  
430 state 3 is both weakly connected. This finding implies that the transient weakly connected state impacts  
431 the ability of everyday people to distinguish objects. We speculate the aging brain regulates the fraction  
432 of the weak state and its dwell time to determine the perceptive ability. In the weak state, the ability of  
433 different brain regions to communicate and coordinate with one another is reduced. As age increases, the  
434 brain cannot afford the active connectivity state and prefer a "standby" or "sleep" mode, thus lowering the  
435 perceptive function. In addition, cognitive and perceptual changes may be interrelated since they are both  
436 susceptible to age-related factors, meaning that a reduction in the functioning of the perceptual system  
437 may have an impact on cognitive abilities. Hence, it is possible to speculate that the common finding  
438 of cognitive decline in the aging brain could be closely related to the weak state of the brain. However,  
439 further experiments are necessary to confirm these speculations and explore the relationship between DFNC  
440 differences and health and cognitive function during aging. In addition, compared with state 3, state 2 has  
441 obvious positive connectivity within the DMN network, especially between the right angular gyrus and the  
442 anterior cingulum, suggesting that the transient state with positive connectivity in the DMN domain may  
443 promote the increase of MDA. In fact, previous studies have reported that connections positively related to  
444 mnemonic discrimination are broadly distributed across prefrontal, temporal, and parietal regions (Huijbers  
445 et al., 2011; Kim, 2016; Sestieri et al., 2011). Thus, we subsequently investigate the correlation between the  
446 nodal-level graph measure of DMN and LDI to hopefully extend our understanding of the DMN network's  
447 role in MDA.

448 The results show that only the node betweenness of DMN was observed with a weakly positive correlation  
449 ( $r = 0.2644, p = 0.03780$ ) among the three nodal graph measures. According to the definition of nodal  
450 betweenness, this finding implies that the more information transfer passes through the DMN functional  
451 region, the more MDA. Besides, recall the highly negative relationship between DMN nodal betweenness  
452 and age. One possible and reasonable reason for the older adults' MDA being significantly lower than

453 younger ones is that the ageing process mitigates DMN participation gradually, thus inducing the decrease  
454 in the MDA. However, it may involve a complicated process. To substantiate this implication, more detailed  
455 experiments that target the brain DMN function domain are needed.

#### 456 **4.2 Dynamic balance of functional integration and segregation in healthy ageing**

457 The brain system keeps normal functions by maintaining the balance of functional integration (of  
458 different functional regions' information transmission for function response) and segregation (specialized  
459 information processing within the isolated functional regions). In many diseases with psychiatric disorders  
460 like schizophrenia, the disrupted balance between segregation and integration within the brain functional  
461 network has been demonstrated (Duan et al., 2019; Wang et al., 2016). Previous studies in human ageing  
462 also revealed the abnormal integration and segregation within the brain function system: the decreased  
463 segregation occurs in the healthy ageing process (Chan et al., 2014; Wig, 2017). Usually, the balance  
464 between integration and segregation can be quantified with small-worldness, a graph measure based on  
465 the trade-off between high local clustering and short path length (Humphries and Gurney, 2008). This  
466 network-level metric measures a graph with many local connections and a few random distance connections.  
467 Below, we calculate the dynamic small-worldness to investigate the time-varying balance of integration  
468 and segregation.

469 Firstly, the 2-way ANVOA result shows that age has no significant effects on the small-worldness  
470 measure ( $F = 2.18, p = 0.14$ ), even though this measure is different between transient states. It suggests  
471 that the small-world network has not functionally changed as one ages. From the time-varying curve of  
472 small-worldness across the entire rest period, we can see that the small-worldness of both young people  
473 and the elderly has no clear boundaries. Most of the time, two curves are interwoven together. No one is  
474 always higher or lower than another. Besides, the two small-worldness curves are not smooth during the  
475 entire rest period. They have large fluctuations, with many spikes. What the spikes mean for the people's  
476 behaviors or if their characteristics, like the number of spikes and the energy, cause the age difference has  
477 not been clear. However, the measured value always fluctuates around 1 as time goes by, which means that  
478 both younger and older people keep a dynamic balance of functional integration and segregation.

479 Subsequently, from other graph metrics, we may have some clues to the changed functional integration  
480 and segregation in elderly people. As a spatially isolated functional specialization, segregation has multiple  
481 ways to be quantified. For example, previous studies have quantified segregation with the relationship  
482 connectivity strength within and between the modules (Bonkhoff et al., 2020; Chan et al., 2014; Wig,  
483 2017). Hence, segregation is often connected with brain modularity. The higher the value of modularity, the  
484 more segregation in functional domains. Recall the modularity measure curves in Figure 6. The elderly's  
485 modularity is nearly always lower than the young, which perhaps implies more functional segregation  
486 in senior group people. However, a prior study in a long-term observation has demonstrated that the  
487 modularity and segregation might follow a U-shaped curve (Duncan and Small, 2016). Thus, the simple  
488 linear relationship between modularity and segregation in terms of age may not be true, and more evidence  
489 is needed to support that.

## 5 CONCLUSION

490 Ageing has a profound influence on brain functional connectivity. This paper employed the DFNC method  
491 to explore the altered dynamic brain function interaction using the resting fMRI scans. Compared with  
492 static approach, the DNFC can capture the transient brain state in the elderly as well as young adults. The  
493 statistical analysis shows that the state-related features are significantly different between senior adults aged

494 60 to 80 and younger adults aged 18 to 30. In addition, DFNC exhibits the graph topology change spanning  
495 the entire scan, suggesting that growing age will induce an alteration in the information transformation  
496 efficiency, the robustness of the brain function network, and the dynamic balance of brain integration and  
497 segregation. Furthermore, this paper demonstrates that the time fraction of a transient stage could assist in  
498 brain age prediction due to the essential clues it carries (with the highest accuracy of 0.88). Overall, using  
499 a DFNC approach allows new insights into the systems-level effects that brain ageing has on dynamic  
500 neural interaction, highlighting that the human brain tends to form differential function coupling patterns  
501 with ageing. In future work, this function pattern alteration would be promising to help us interpret the  
502 relationship between aging and elderly-related diseases such as Alzheimer's disease or stroke.

## CONFLICT OF INTEREST STATEMENT

503 The authors declare that the research was conducted in the absence of any commercial or financial  
504 relationships that could be construed as a potential conflict of interest.

## AUTHOR CONTRIBUTIONS

505 KC, BJ, KN, QF contributed to the conception and design of the study. KC organized the database, and  
506 wrote the first draft of the manuscript. All authors contributed to manuscript revision, read, and approved  
507 the submitted version.

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511 data.

## SUPPLEMENTAL DATA

512 The supplemental materials and data can be found in the attached Supplementary Materials.

## DATA AVAILABILITY STATEMENT

513 The datasets analyzed for this study can be found in the OpenNEURO REPOSITORY.  
514 MATLAB scripts for DFNC computation were based on templates available in the GIFT toolbox,  
515 additional jupyter notebooks in python 3.7 for statistical evaluations and visualizations can be found here

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