

# Independent Work Cycle — Self-Assessment

Base Sheet

Activity Sheet

The child completes another independent work cycle of three works, but this time adds self-assessment by rating their own concentration and effort. This builds metacognition — thinking about their own thinking and learning.

## What You Need:

- Prepared shelves with available works
- Self-assessment chart (3 rows, columns for work name and rating)
- Pencil
- Work mats
- Star/check/circle stamps or stickers (optional)

## Steps:

1. Review the work cycle expectations.
2. Introduce the self-assessment: 'After each work, you will give yourself a rating. Were you focused? Did you do your best?'
3. Show the simple rating system: star (excellent focus), check (good focus), circle (needs more practice)
4. The child selects and completes three works independently.
5. After each work, the child marks their self-assessment on a simple chart.
6. Discuss the ratings together: 'Why did you give yourself a star for that work? What made it easy to focus?'

## Work Space:



