

Climate and Weather — How Geography Affects What People Eat

Base Sheet

Activity Sheet

The child explores the connection between geography, climate, and food: why people in different regions eat different things. This bridges geography and science while connecting to the cultural meal project.

What You Need:

- World climate map (printed or from an atlas)
- Food pictures or cards
- Large paper for chart
- Colored pencils
- Markers

Steps:

1. 'Why do people in Japan eat so much fish and rice, while people in Mexico eat corn and beans?'
2. Discuss: food comes from the land. What grows depends on CLIMATE (hot/cold, wet/dry).
3. Show a world climate map. Identify: tropical (hot, wet — fruits, rice), temperate (seasons — wheat, vegetables), arid (dry — dates, olives), arctic.
4. Match foods to climates: rice ! tropical, wheat ! temperate, dates ? arid, fish ! (very cold — fish, seal meat).
5. Connect to the child's country study: 'What is the climate in your country? How does that affect what people eat there?'
6. Create a chart: Climate ! Foods That Grow ! Traditional Dishes.
7. 'Geography shapes what is on every dinner plate in the world!'

Work Space:

A large, dashed rectangular border occupies the bottom half of the page, intended for the child to draw or write their responses to the activity steps.

Montessori Homeschool • Print on US Letter (8.5 x 11") • Activity sheet — print on standard paper