

Gratitude and Reflection — Looking Back at Our Learning

Base Sheet

The child reflects on everything they have learned during this week and throughout the year, creating a gratitude list and discussing their growth. This builds self-awareness and emotional intelligence.

What You Need:

- Drawing paper (divided in half: Before/Now)
- Pencil and colored pencils
- List paper for gratitude list
- Photos from earlier in the year (optional)

Steps:

1. 'We have had an amazing week! Let's think about everything we learned and everything we are grateful for.'
2. Review the week together: tea party, five senses, research report, multiplication
3. 'What are you most proud of this week?'
4. Create a gratitude list: 'What are 5 things you are thankful for in your learning?'
5. 'Think about the beginning of the year. What could you NOT do then that you CAN do now?'
6. The child draws a before-and-after: 'Me at the beginning of the year / Me now.'
7. Celebrate growth: 'Look how much you have grown!'

Work Space:

