

Music — Rhythm Patterns with Body Percussion

Base Sheet

Activity Sheet

The child learns to create and follow rhythm patterns using body percussion: clapping, stomping, patting knees, and snapping.

What You Need:

- Open space
- No materials needed — just bodies!

Steps:

1. Introduce body percussion: clap, stomp, pat knees, snap.
2. 'Let's make music with our bodies! No instruments needed!'
3. Create a simple pattern: clap-clap-stomp. Repeat 4 times.
4. Child creates their own pattern.
5. Call and response: I create a pattern, child repeats it.
6. Combine patterns into a 'body percussion song.'

Work Space:

