

# The Human Body in Different Cultures — Movement and Dance

Base Sheet

The child explores how different cultures celebrate the human body through movement and dance traditions. This connects the science theme (body/skeleton) with cultural appreciation and physical expression.

## What You Need:

- Pictures or short videos of dance traditions
- Open floor space for movement
- World map (to locate origins)
- Music from different cultures (optional)
- Scarves or ribbons for movement (optional)

## Steps:

1. 'Our bodies are made for MOVEMENT! People in every culture express joy, tell stories, and celebrate through dance.'
2. Present 3-4 dance traditions with pictures or short video clips:
  - Hula (Hawaii) — storytelling with hand gestures
  - Ballet (Europe) — precise, graceful movements
  - Capoeira (Brazil) — martial arts mixed with dance
  - Bhangra (India/Punjab) — energetic celebration dance
3. Try simplified movements from each tradition.
4. 'Which bones and muscles are you using when you dance?'
5. Connect to skeleton: 'Your bones are the FRAME, your muscles MOVE the frame, and dance is what happens!'

## Work Space:

