

# Human Body as Geography — Mapping Our Bodies

Base Sheet

Activity Sheet

The child creates a body map, connecting the concept of mapping (learned in geography) to the human body. This bridge lesson introduces the body systems that will be studied in science this week.

## What You Need:

- Large roll paper (big enough to trace the child)
- Marker for tracing
- Colored pencils or markers for labeling
- Pencil
- Body part label cards

## Steps:

1. 'We have made maps of continents and the world. Today we are going to make a map of something even closer — YOUR BODY!'
2. Have the child lie on a large piece of paper. Trace their outline.
3. 'This is your body map! Just like a world map shows where things are, this shows where YOUR parts are.'
4. Label body parts: head, neck, shoulders, arms, hands, chest, stomach, hips, legs, feet.
5. 'Inside your body are bones, muscles, and organs. This week we will learn about the SKELETON — the bones that hold you up!'
6. The child draws eyes, mouth, hair, and clothing on their body map.

## Work Space:

