

Music — Rhythm Composition with Body Percussion

Base Sheet

Activity Sheet

Composing original rhythm patterns using body percussion (clap, snap, stomp, pat) and teaching them to others.

What You Need:

- Open space for movement
- Optional: rhythm cards with symbols for clap, stomp, snap, pat

Steps:

1. 'Today we make music with our BODIES! No instruments needed.'
2. Teach four sounds: CLAP (hands), STOMP (feet), SNAP (fingers), PAT (knees)
3. Simple pattern: clap-clap-stomp, clap-clap-stomp. Repeat 4 times.
4. More complex: clap-pat-stomp-snap, clap-pat-stomp-snap.
5. 'Now I will do a pattern and you ECHO it back.' Do call-and-response.
6. 'Your turn! Make up your OWN pattern and I will echo YOU.'
7. Try combining with counting: clap on 1 and 3, stomp on 2 and 4.

Work Space:

