

# Human Body as Geography — Mapping Our Bodies

Base Sheet

Activity Sheet

The child creates a body map, connecting the concept of mapping (learned in geography) to the human body. This bridge lesson introduces the body systems that will be studied in science this week.

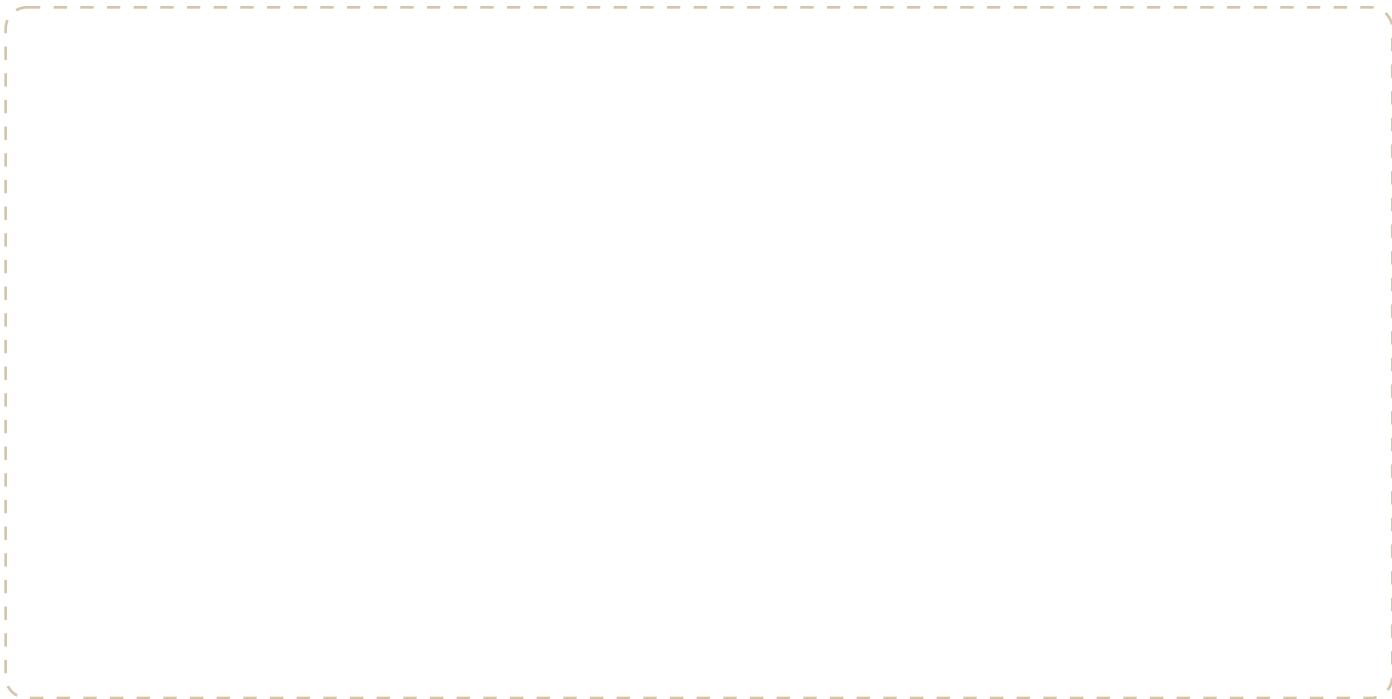
## What You Need:

- Large roll paper (big enough to trace the child)
- Marker for tracing
- Colored pencils or markers for labeling
- Pencil
- Body part label cards

## Steps:

1. 'We have made maps of continents and the world. Today we are going to make a map of something even closer — YOUR BODY!'
2. Have the child lie on a large piece of paper. Trace their outline.
3. 'This is your body map! Just like a world map shows where things are, this shows where YOUR parts are.'
4. Label body parts. Head, neck, shoulders, arms, hands, chest, stomach, hips, legs, feet.
5. Inside your body are bones, muscles, and organs. This week we will learn about the SKELETON — the bones that hold you up!'
6. The child draws eyes, mouth, hair, and clothing on their body map.

## Work Space:



Montessori Homeschool • Print on US Letter (8.5 x 11") • Activity sheet — print on standard paper