

Antarctica and All Seven Continents

Base Sheet

Activity Sheet

Introducing Antarctica and reviewing all seven continents. Singing the continent song and beginning the world puzzle map.

What You Need:

- Montessori globe
- World puzzle map (optional)
- Continent song lyrics
- Continent cards (optional)

Steps:

1. Review 6 continents on the globe.
2. Show Antarctica (white): 'This is Antarctica — the coldest place on Earth!'
3. 'Now we know all seven: North America, South America, Europe, Africa, Asia, Australia, Antarctica.'
4. Sing a continent song (to the tune of 'Are You Sleeping?' or 'Frère Jacques').
5. Introduce the world puzzle map if available.
6. Identify each continent piece by its Montessori color.

Work Space:

