



## Marlene Koch S Sensational Splenda Recipes

**Author :**Marlene Koch / **Category :**Cooking / **Total Pages :** 400 pages

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**Summary :** Free marlene koch s sensational splenda recipes pdf download - with the newest addition to her splenda library marlene koch has created the ultimate healthy low sugar cookbook featuring 125 brand new recipes along with all of her critically acclaimed recipes from unbelievable desserts with splenda and fantastic food with splenda many with revisions and new updates marlene offers you 375 sensational recipes for every day and every occasion from cold drinks and smoothies to hot beverages and breakfast foods to salads vegetables and protein-packed entrees these are foods the entire family will love hungry for a treat you ll find all your favorites and more from puddings and custards to frozen desserts cookies pies cakes cheesecakes toppings and even cocktails even more sensational marlene s recipes are as easy to follow as they are on the waistline so no matter what your diet you too can enjoy great food like creamy iced coffee decadent hot chocolate stuffed french toast minced chicken lettuce wraps easy re-pickled sweet pickles lemon meringue pie and yes even strawberry topped new york cheesecake because they ve all been incredibly reduced in sugar fat and calories but not in taste this book also features 24 recipes in full color recipes information and invaluable tips for cooking and baking with every type of splenda including the sugar-blends sweet ways to cut the sugar and fantastic ways to cut the fat in all your own recipes up-to-date nutritional information for every recipe including weight watcher point comparisons and diabetic exchanges

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