

# Manuscript

First Author<sup>1,†</sup>, Second Author<sup>2,†</sup>, Third Author<sup>1</sup>, and Corresponding Author<sup>2,\*</sup>

<sup>1</sup> Department of Biology, University of Example, City, Country

<sup>2</sup> Department of Medicine, Another University, City, Country

\* Correspondence: corresponding.author@email.com

† Equal contribution

## Abstract

**Objective:** Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. **Results:** Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum.

**Keywords:** template; formatting; zettlr; pandoc

## Introduction

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Nullam in dui mauris. Vivamus hendrerit arcu sed erat molestie vehicula. Sed auctor neque eu tellus rhoncus ut eleifend nibh porttitor. Ut in nulla enim. Phasellus molestie magna non est bibendum non venenatis nisl tempor. Suspendisse dictum feugiat nisl ut dapibus. Mauris iaculis porttitor posuere [1].

Praesent id metus massa, ut blandit odio. Proin quis tortor orci. Etiam at risus et justo dignissim congue. Donec congue lacinia dui, a porttitor lectus condimentum laoreet. Nunc eu ullamcorper orci. Quisque eget odio ac lectus vestibulum faucibus eget in metus. In pellentesque faucibus vestibulum. Nulla at nulla justo, eget luctus tortor [2].

Maecenas ultricies mi eget mauris pharetra viverra. The main findings are illustrated in Figure 1 and the summary data is provided in Table 1.

## Methods

Suspendisse potenti. Sed egestas, ante et vulputate volutpat, eros pede semper est, vitae luctus metus libero eu augue. Morbi purus libero, faucibus adipiscing, commodo quis, gravida id, est. Sed lectus. Praesent elementum hendrerit tortor. Sed semper lorem at felis. Vestibulum volutpat, lacus a ultrices

sagittis, mi neque euismod dui, eu pulvinar nunc sapien ornare nisl. Phasellus pede arcu, dapibus eu, fermentum et, dapibus sed, urna [3].

## Formatting Guide (Examples)

The following examples demonstrate common markup patterns.

### Typography & Units

- **Emphasis:** Use *italics* for emphasis and **bold** for strong emphasis.
- **Sub/Superscript:** H<sub>2</sub>O and E=mc<sup>2</sup>.
- **Non-breaking space:** Use a backslash+space \ to keep numbers and units together (e.g., 10 kg, p < 0.05).
- **En-dash:** Use double hyphens -- for ranges (e.g., 10–20%) to create a proper en-dash (10–20%).

### Lists

1. First item in a numbered list
2. Second item
  - Sub-item bullet
  - Another sub-item

### Math Equations

Inline equations look like this:  $P < 0.05$ . Block equations are enclosed in double dollar signs:

$$\sigma = \sqrt{\frac{\sum(x_i - \mu)^2}{N}}$$

## Results

### Main Findings

Fusce convallis metus id felis luctus adipiscing. Aliquam erat volutpat. Nam dui mi, tincidunt quis, accumsan porttitor, facilisis luctus, metus. As shown in Figure 1, phasellus ultrices nulla quis nibh.

### Statistical Analysis

Curabitur malesuada erat sit amet massa. Fusce ac convallis erat, vel aliquet diam. The data is summarized in Table 1 below.

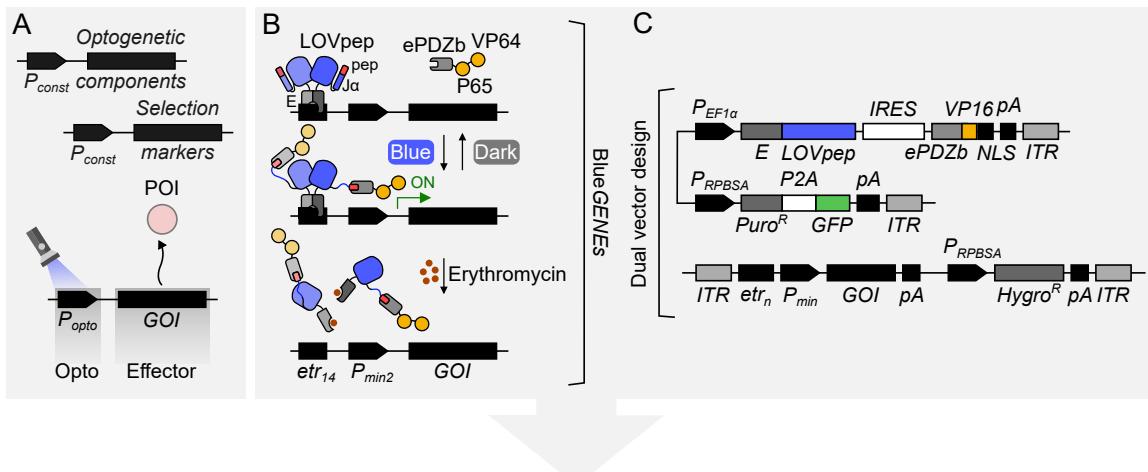


Figure 1: **Title of the Figure.** Lorem ipsum dolor sit amet, consectetur adipiscing elit.

Table 1: **Title of the Table.** Ut wisi enim ad minim veniam, quis nostrud exerci tation.

Group	Mean (SD)	P-value
Control	12.5 (1.2)	-
Treatment	18.2 (2.1)	< 0.05

## Discussion

Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Vestibulum tortor quam, feugiat vitae, ultricies eget, tempor sit amet, ante. Donec eu libero sit amet quam egestas semper. Aenean ultricies mi vitae est. Mauris placerat eleifend leo. Quisque sit amet est et sapien ullamcorper pharetra. Vestibulum erat wisi, condimentum sed, commodo vitae, ornare sit amet, wisi [4].

Aenean fermentum, elit eget tincidunt condimentum, eros ipsum rutrum orci, sagittis tempus lacus enim ac dui. Donec non enim in turpis pulvinar facilisis. Ut felis. Praesent dapibus, neque id cursus faucibus, tortor neque egestas augue, eu vulputate magna eros eu erat. Aliquam erat volutpat. Nam dui mi, tincidunt quis, accumsan porttitor, facilisis luctus, metus [5].

## Advanced Layout Tips

### Footnotes

You can add footnotes inline like this<sup>1</sup>.

### Definition Lists

**Term 1** Definition of term 1

**Term 2** Definition of term 2

## Declarations

**Ethics approval:** Not applicable.

**Consent for publication:** Not applicable.

**Competing interests:** The authors declare no competing interests.

## References

- Chen L, Muller H. The senescence-associated secretory phenotype in aging neurons. *Cell*. 2025;188:890–912. <https://doi.org/10.1016/j.cell.2025.01.012>.
- Smith SJ, Johnson M. Deep-tissue imaging with transparent mice using light-sheet microscopy. *Nature Methods*. 2024;21:112–20. <https://doi.org/10.1038/s41592-024-01000-x>.

---

<sup>1</sup>Lorem ipsum dolor sit amet, consectetuer adipiscing elit.

3. Doe J, Ray S. Quantum coherence in photosynthesis at room temperature. *Nature Communications*. 2025;16:4501. <https://doi.org/10.1038/s41467-025-22105-z>.
4. Lee M-S, Park J-H. Carbon capture using novel metal-organic frameworks. *Science Advances*. 2026;12:eaaz1234. <https://doi.org/10.1126/sciadv.aaz1234>.
5. Garcia M, Dubois J. Social dynamics in remote work environments: A global survey. *PLOS ONE*. 2023;18:e0285678. <https://doi.org/10.1371/journal.pone.0285678>.