



Intermediate

Name:

Date:

11/26/2023

"<< Knowledge knot>>"

Conflict Resolution Skills

Goal

The goal of this performance task is for students to develop a solid understanding of conflict and its various aspects. They will learn to identify and manage emotions, empathize with others, and utilize effective conflict resolution strategies. By the end of the task, students should be able to apply these skills to real-life situations and recognize the positive outcomes conflicts can bring.

Role

As a student, you will take on the role of a conflict resolution expert. Your task is to guide and educate children on conflict resolution strategies.

Audience

The target audience for this performance task is children aged 8-12 years old.

Situation

You have been invited to conduct a workshop on conflict resolution for a group of children. The workshop will be interactive and engaging, focusing on helping children understand and navigate conflicts in their daily lives.

Product, Performance, and Purpose

1. ****Introduction to Conflict****:
 - Explain the concept of conflict using relatable examples such as disagreements with siblings or friends.
 - Engage students in a discussion on different types of conflicts they may encounter.



- Purpose: To help children understand what conflict means and recognize it in various situations.

2. **Understanding Emotions**:

- Conduct activities and discussions to help children identify and express their feelings during conflicts.

- Teach them how to recognize and validate the emotions of others involved in a conflict.

- Purpose: To enhance children's emotional intelligence and improve their ability to communicate their emotions effectively.

3. **Empathy Building Exercises**:

- Engage children in role-playing or storytelling exercises that promote understanding of different perspectives.

- Encourage them to put themselves in others' shoes and consider alternative viewpoints.

- Purpose: To foster empathy and respect for others' perspectives during disagreements.

4. **Conflict Resolution Strategies**:

- Teach children various strategies such as using "I" statements to express feelings, active listening, brainstorming solutions together, and seeking help from an adult when necessary.

- Provide examples and scenarios for role-playing to practice these strategies.

- Purpose: To equip children with practical conflict resolution techniques and encourage them to apply these strategies in real-life conflicts.

5. **Emotion Management Techniques**:

- Introduce strategies like deep breathing, taking a timeout, or using positive self-talk to help children manage their emotions during conflicts.

- Guide them on when and how to employ these techniques to stay calm and focused.

- Purpose: To empower children with effective emotion management skills to avoid escalating conflicts.

6. **Positive Aspects of Conflict**:

- Engage in a discussion about how conflicts can lead to personal growth, improved understanding, and stronger relationships.

- Share examples of positive outcomes resulting from conflicts.

- Purpose: To help children realize that conflicts can be opportunities for learning and personal development.



Standards and Criteria

Table 5.1. Learning outcome or task description for the output-based rubric

Criteria	Below expectations	Needs Improvement	Meets expectations	Exceeds expectations	Score
Understanding of Conflict	Demonstrates limited understanding	Shows some understanding	Demonstrates good understanding	Demonstrates excellent understanding	____ / 3 (max 3)
Identification of Emotions	Struggles to identify and articulate emotions	Shows partial ability to identify emotions	Identifies and articulates emotions	Accurately identifies and articulates emotions	____ / 2 (max 2)
Empathy and Perspective Taking	Lacks empathy and struggles with perspective	Shows some empathy and attempts perspective	Displays empathy and considers perspectives	Demonstrates exceptional empathy and perspective taking	____ / 2 (max 2)
Conflict Resolution Strategies	Struggles to apply strategies effectively	Partially applies strategies	Applies strategies effectively	Applies strategies with exceptional skill	____ / 3 (max 3)
Emotion Management	Struggles to manage emotions during conflicts	Partially manages emotions during conflicts	Manages emotions effectively during conflicts	Manages emotions exceptionally during conflicts	____ / 2 (max 2)

Suggested sample answer

1. ****Understanding of Conflict****: Begin by explaining conflict using relatable examples such as disagreements with siblings or friends. Ask students to share their experiences with conflicts and discuss different types of conflicts they have encountered. Provide them with



opportunities to recognize conflicts in various situations and explain why they are considered conflicts.

2. ****Identification of Emotions****: Engage students in activities where they have to identify and express their emotions during conflicts. Use scenarios or role-playing exercises to help them practice recognizing different emotions. Encourage them to articulate their feelings and explain why they feel that way.

3. ****Empathy and Perspective Taking****: Conduct role-playing or storytelling exercises that require students to understand different perspectives. Encourage them to imagine themselves in others' shoes and consider alternative viewpoints. Discuss the importance of empathy and how it can help resolve conflicts.

4. ****Conflict Resolution Strategies****: Teach students various strategies such as using "I" statements to express feelings, active listening, brainstorming solutions together, and seeking help from an adult when necessary. Provide examples and scenarios for role-playing to practice these strategies. Encourage students to apply these strategies in real-life conflicts.

5. ****Emotion Management****: Introduce emotion management techniques such as deep breathing, taking a timeout, or using positive self-talk. Explain when and how to use these techniques to manage emotions during conflicts. Provide opportunities for students to practice these techniques and reflect on their effectiveness.

Suggested scoring

- Understanding of Conflict: 2/3 - Shows some understanding of conflict, but could provide more examples and explanations.
- Identification of Emotions: 1/2 - Struggles to identify and articulate emotions accurately, needs more practice.
- Empathy and Perspective Taking: 2/2 - Displays empathy and considers perspectives effectively.
- Conflict Resolution Strategies: 3/3 - Applies strategies effectively and demonstrates good understanding.
- Emotion Management: 1/2 - Partially manages emotions during conflicts, needs improvement.

Total Score: 9/12