

## 7 ways you can provide a safer classroom for students with food allergies...

1. Make sure the parents are notified in advance of any parties or celebrations. This gives them time to read the labels or provide an alternative item for their child.
2. Read ALL labels of ALL products in the classroom. Allergens may be in the lotion, craft supplies, pet food, etc. If it has a label...read it!
3. Don't use food items for manipulatives. Use buttons or other non-food items instead of candy.
4. Celebrate birthdays without food. Kids love to feel special....how about having them be your assistant for the day, getting a prize, or wearing a fun hat or button instead?
5. Make classroom parties entertaining and educational. Watch a movie and complete a fun worksheet. Give extra time at recess or play a game together as a class.
6. Have non-food rewards or provide a prize box they can choose from instead. Ask them the types of prizes they'd like and cheaply fill it with items from the dollar store.
7. Listen closely and act promptly. Do you hear someone trying to unwrap a piece of candy? Do you hear someone teasing about the food allergy? Is someone trying to share food with the child?

Thank you for all you do to help children with food allergies have a safer environment and feel included - No one likes to be left out of the fun!

For more tips on food allergy safety, please visit us at:  
**[www.peanutfreezone.com](http://www.peanutfreezone.com)**