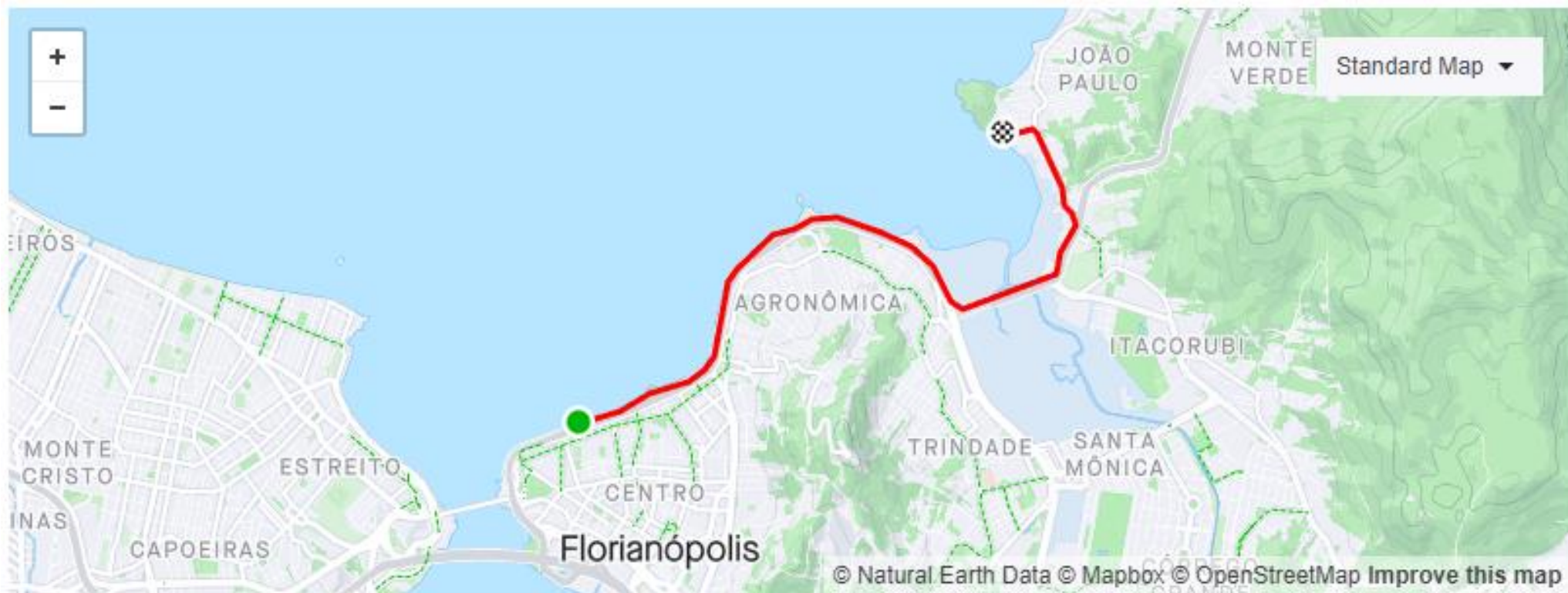


Percursos – Volta à Ilha 2024

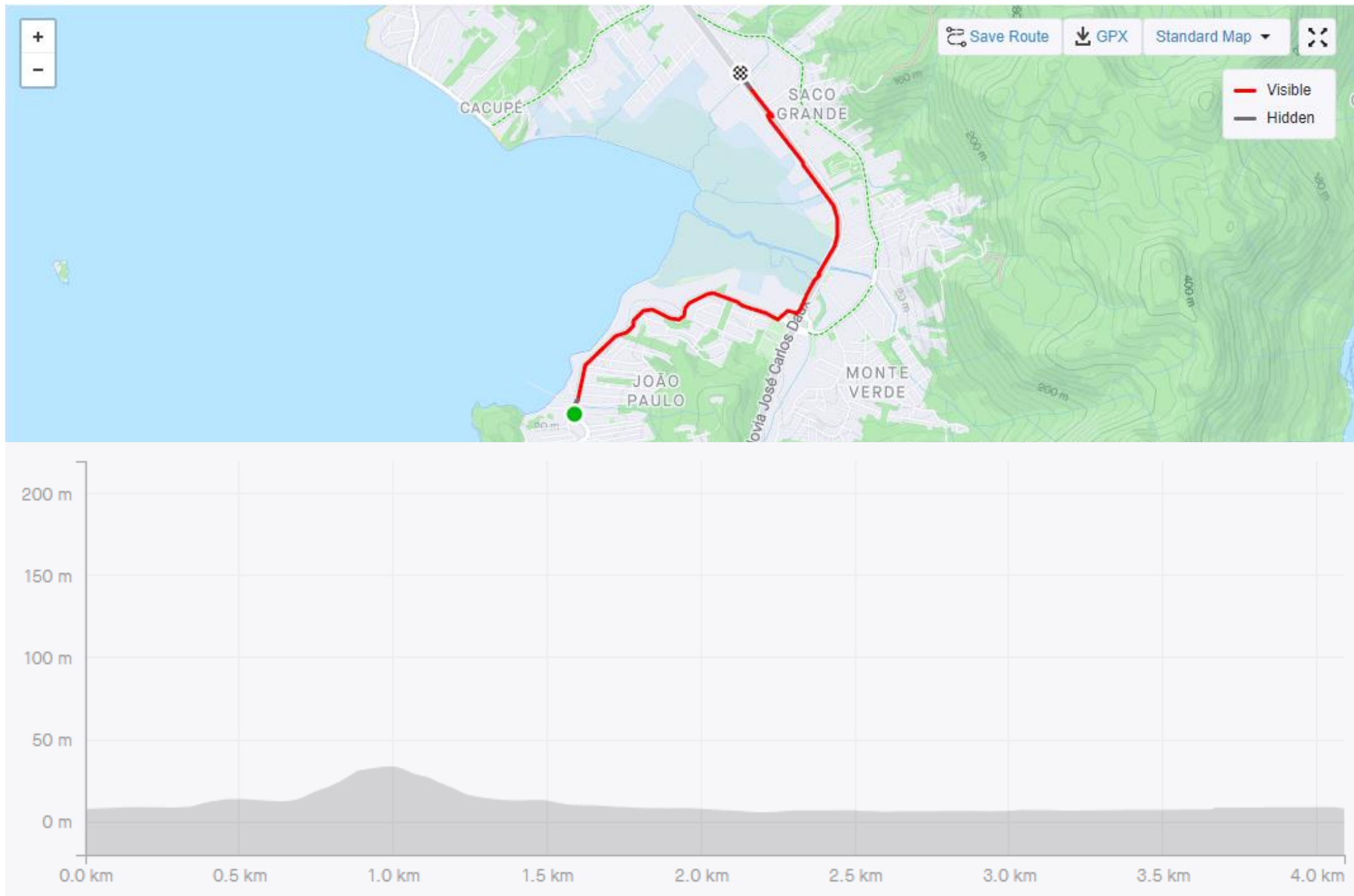
Para abrir os percursos no APP Strava, basta clicar no nome da sessão.

BONS TREINOS!

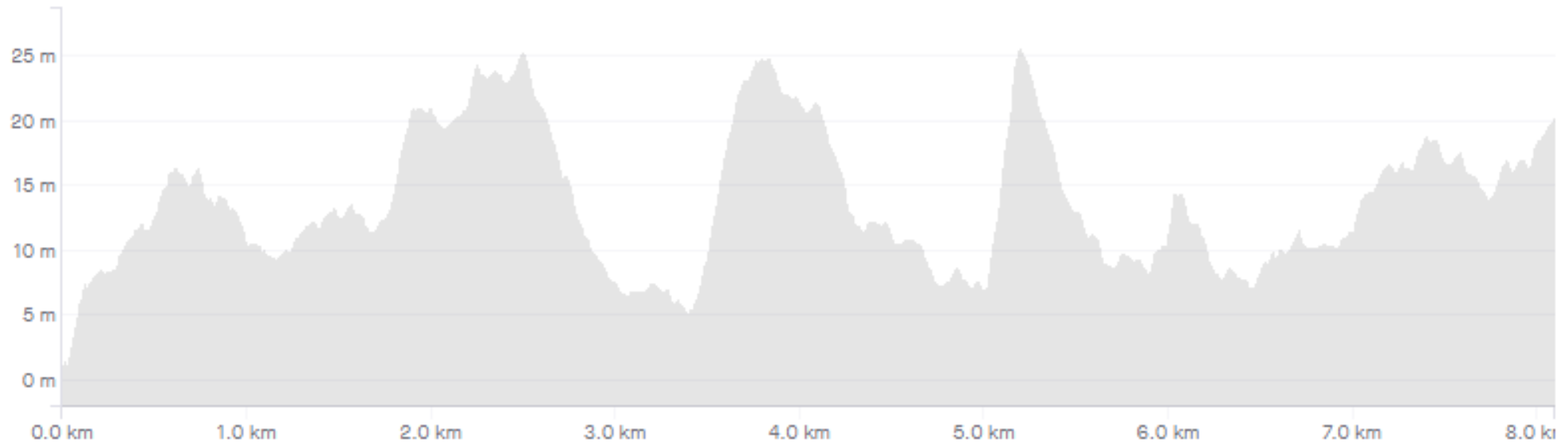
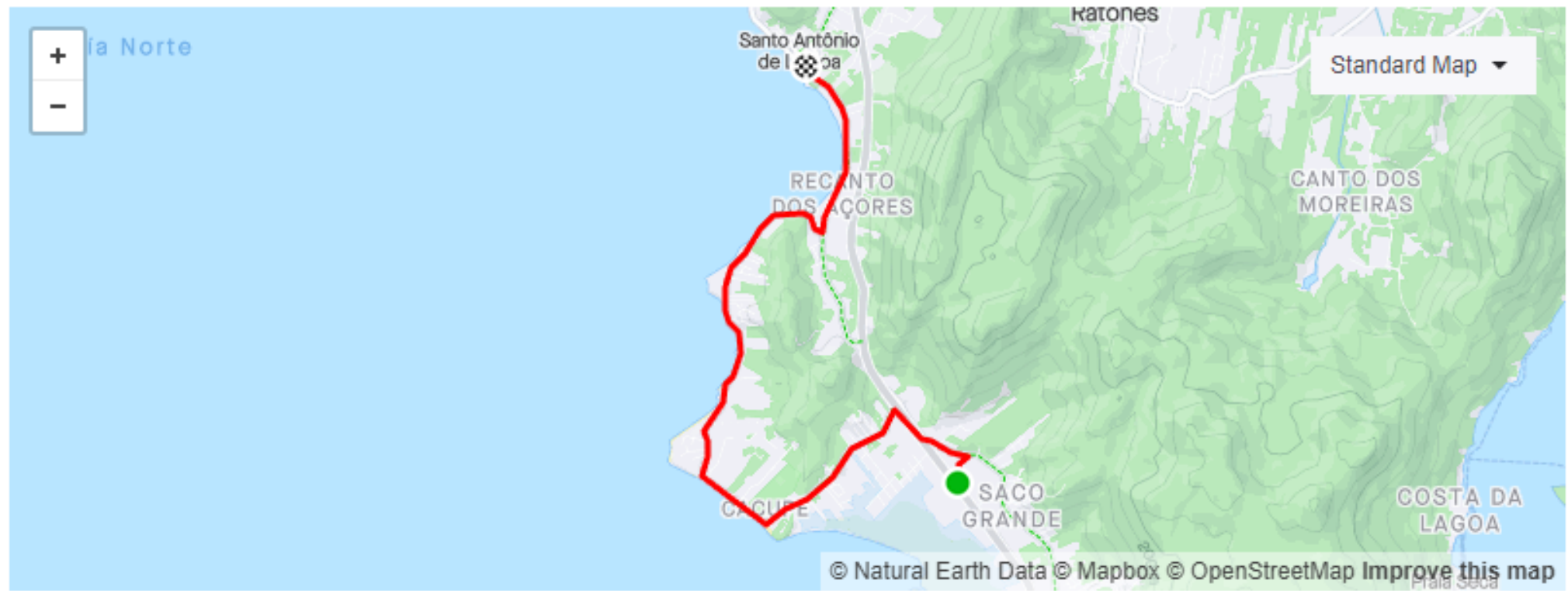
Seção 1



Seção 2

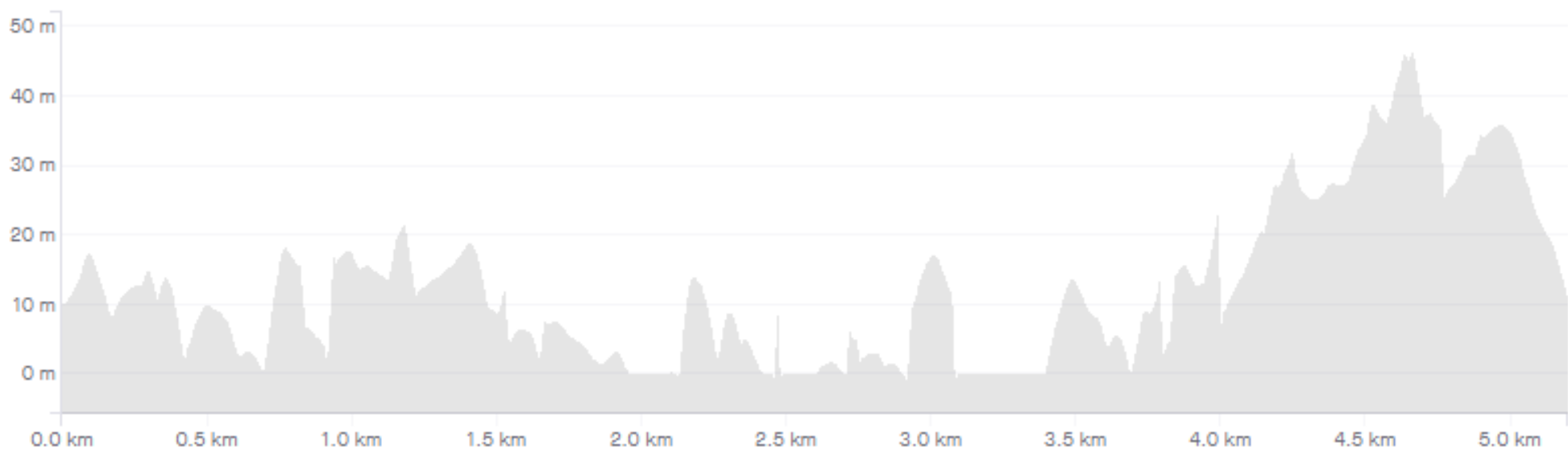
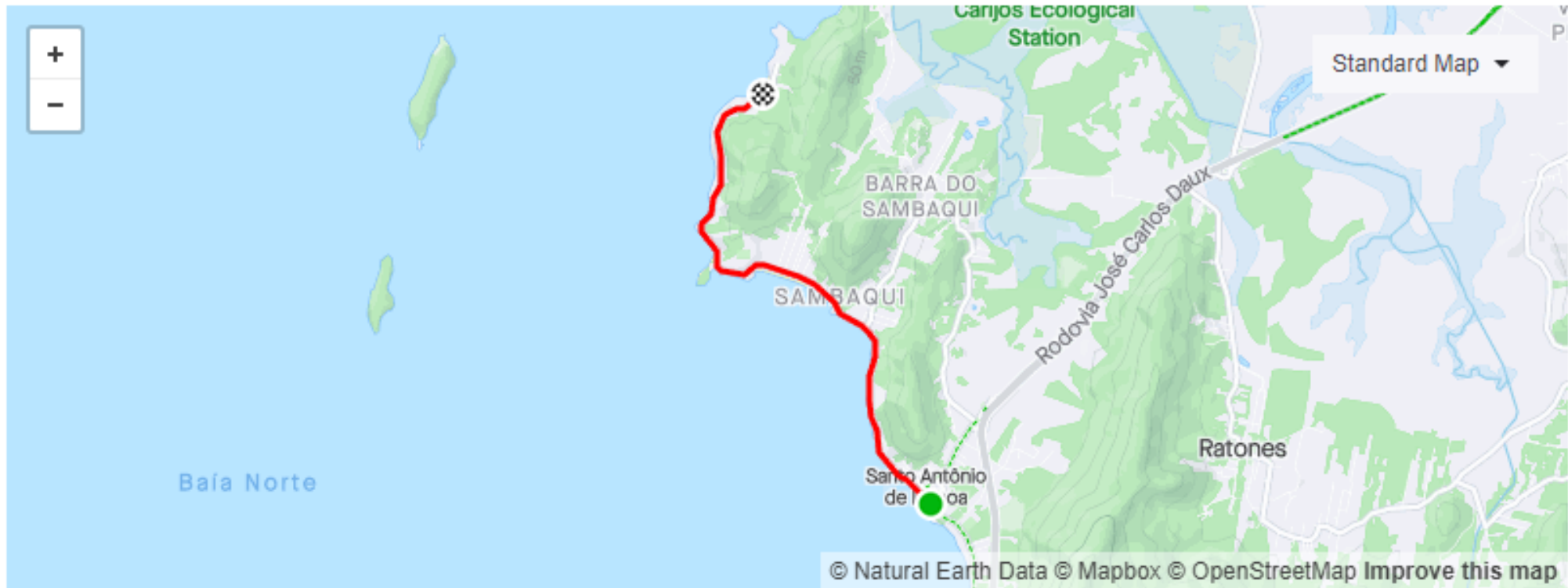


Seção 3



Seção 4 A

Até o banana boat



Seção 4 B

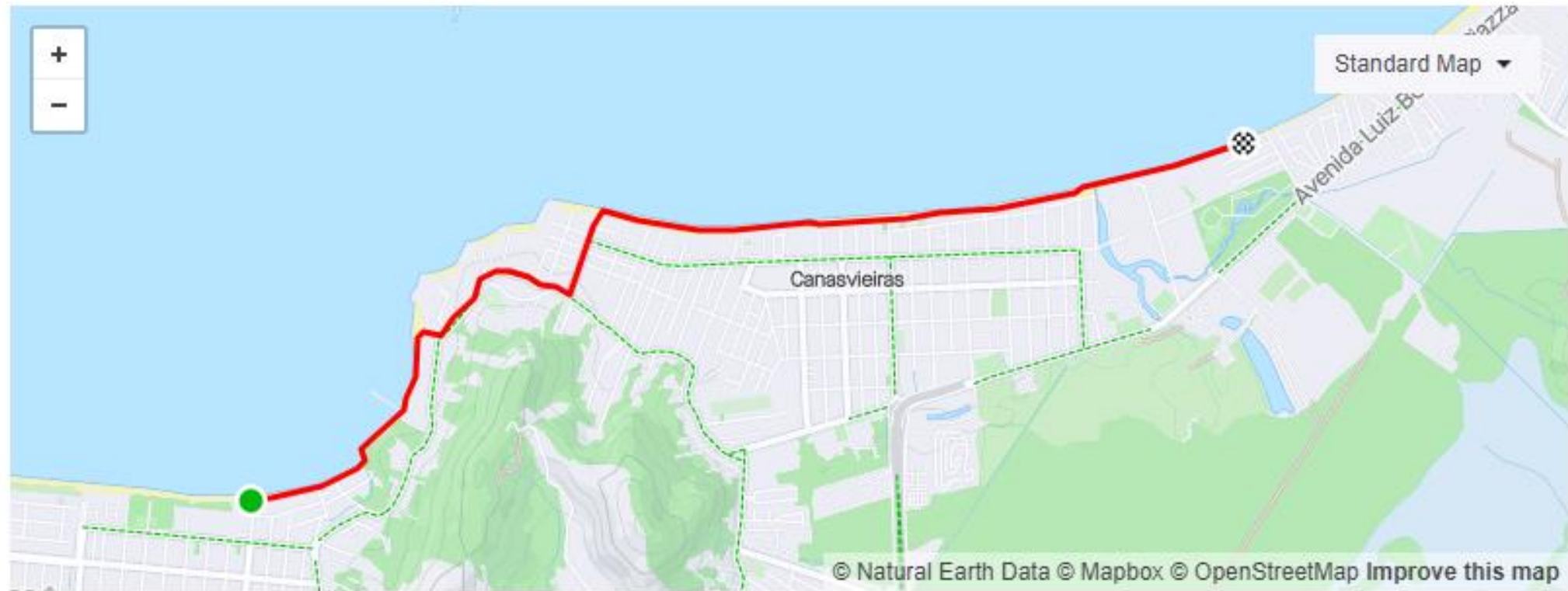
Após o banana boat



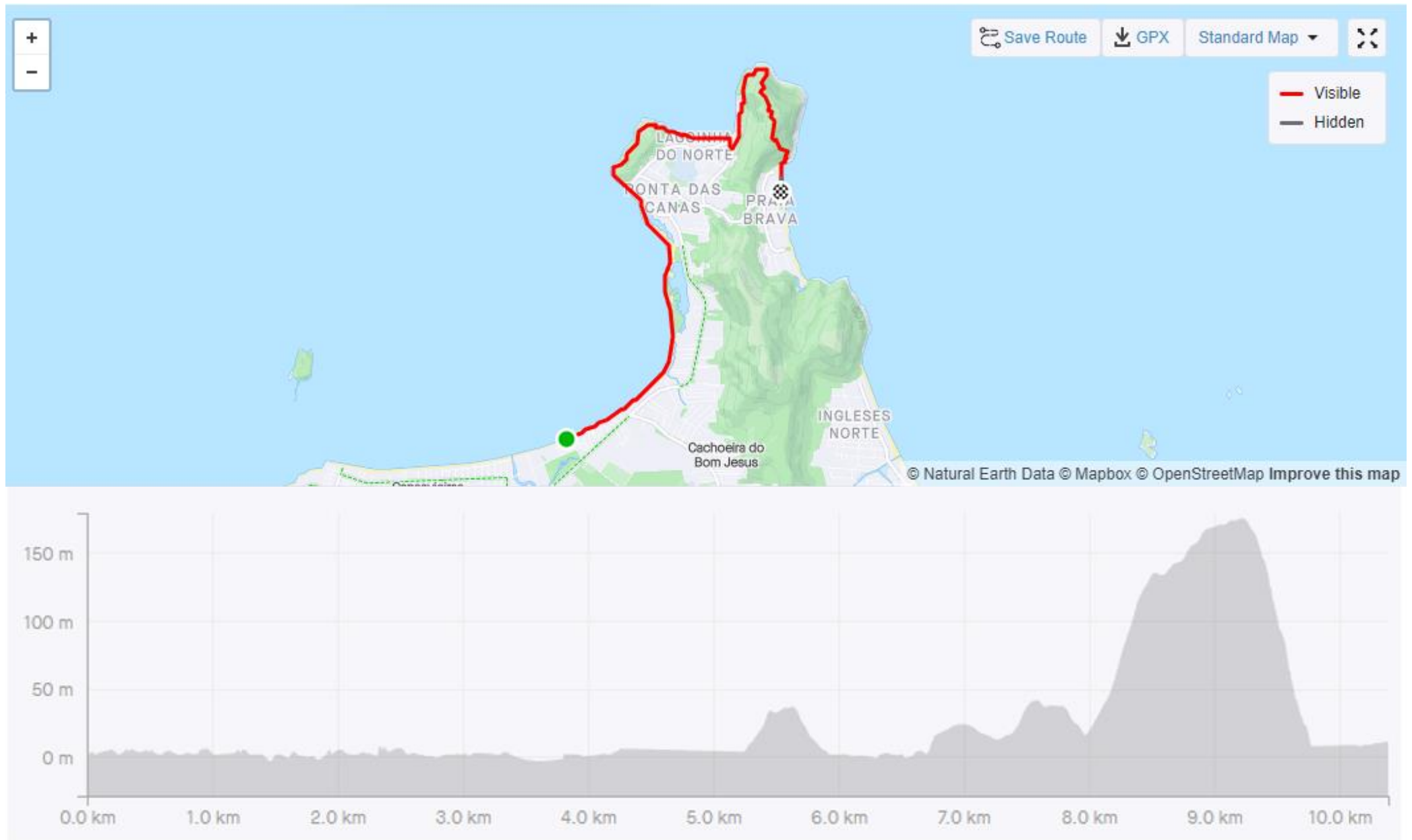
Seção 5



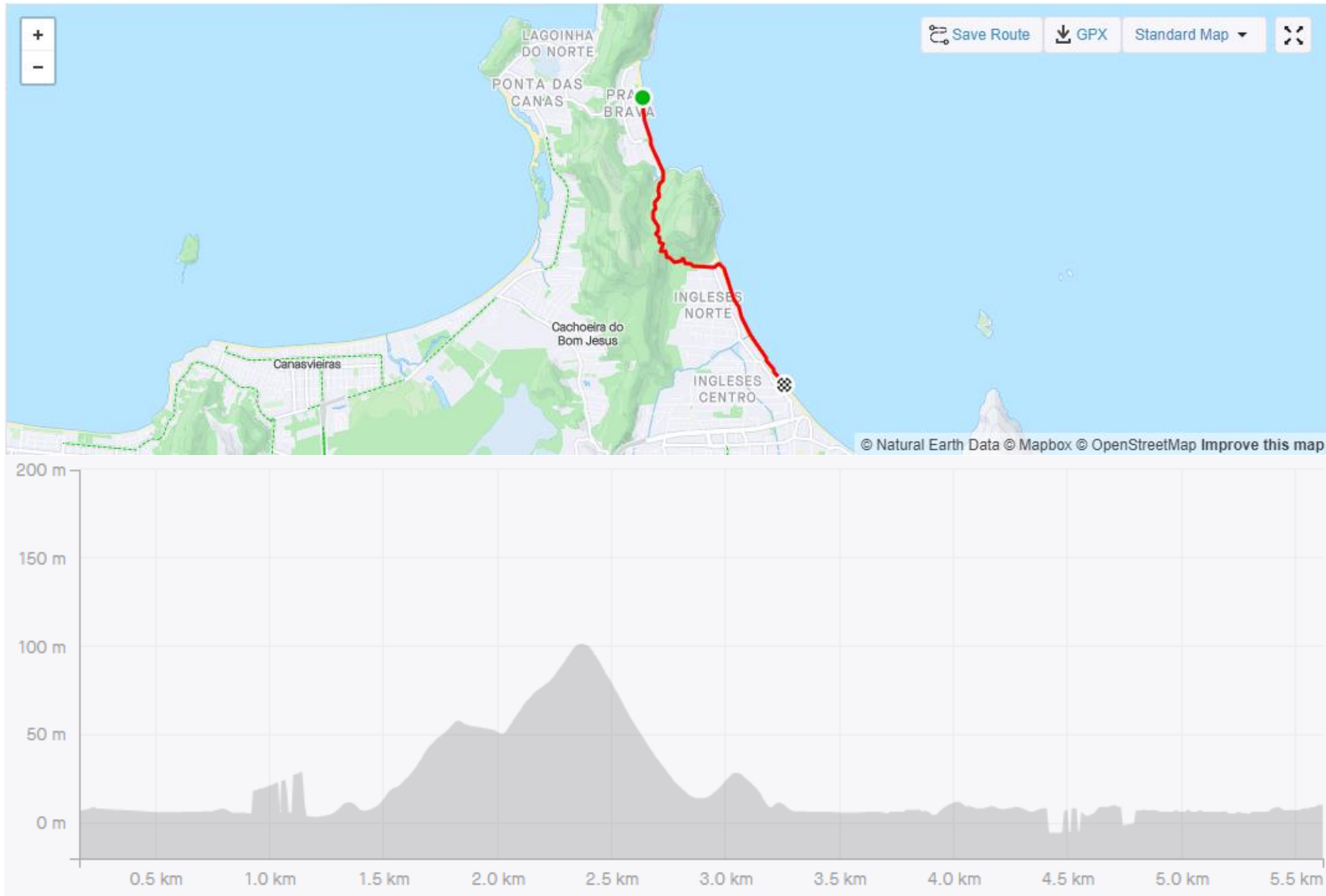
Seção 6



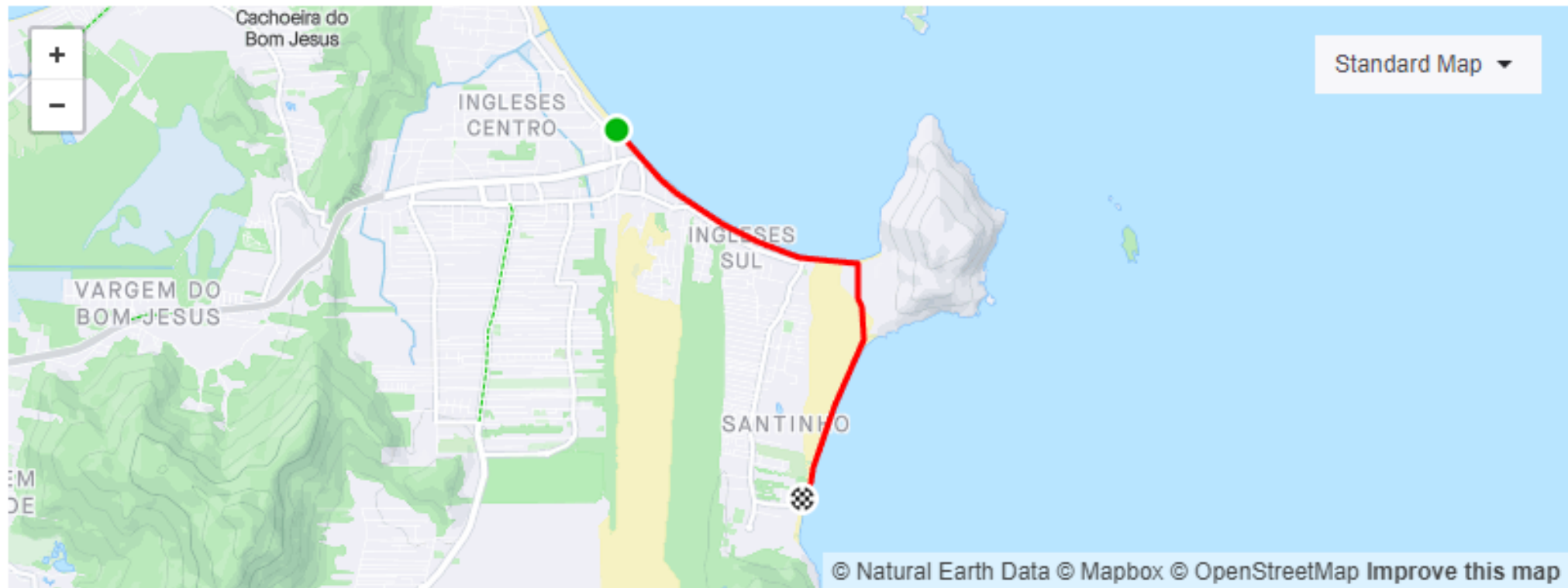
Seção 7



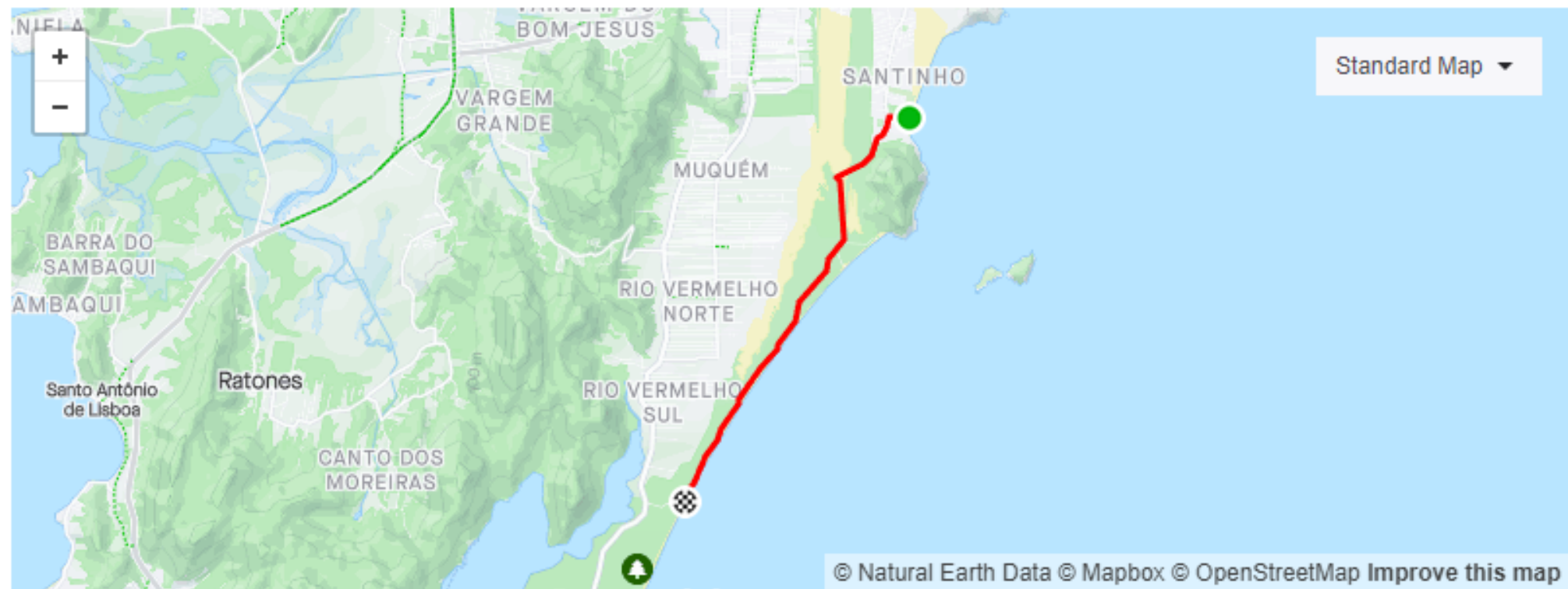
Seção 8



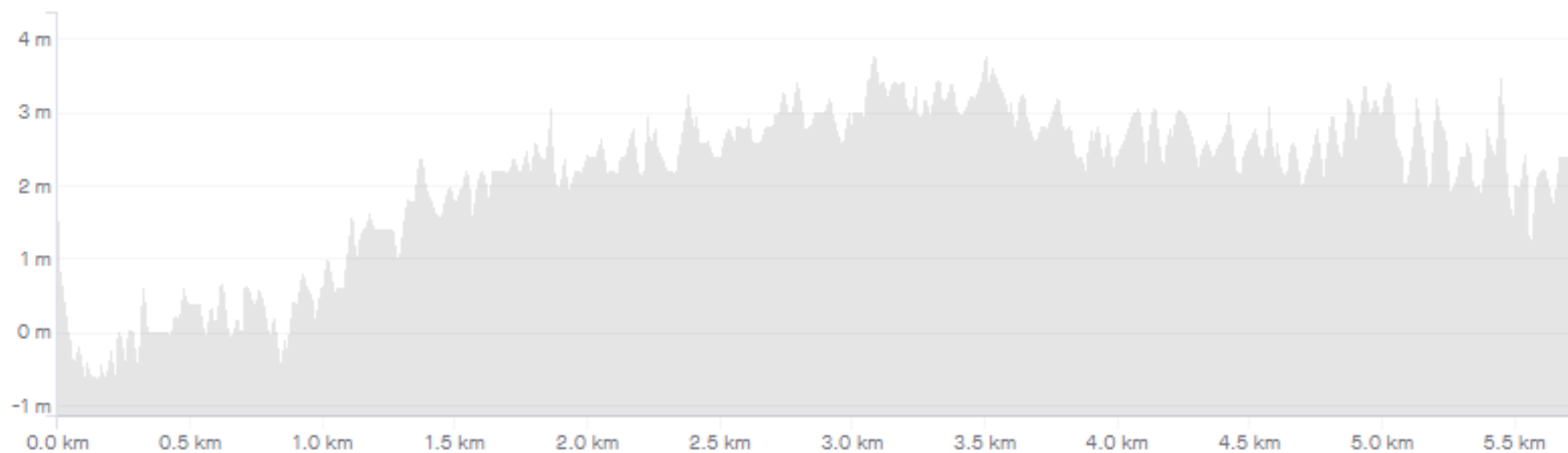
Seção 9



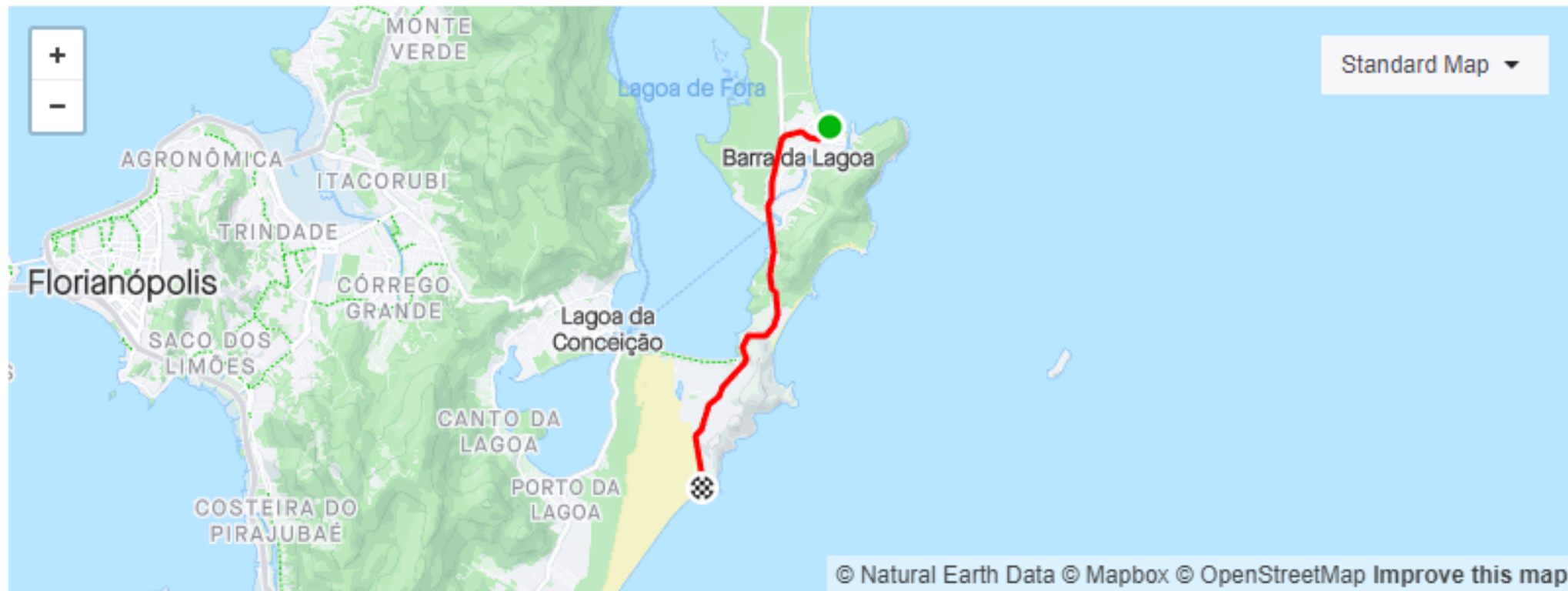
Seção 10



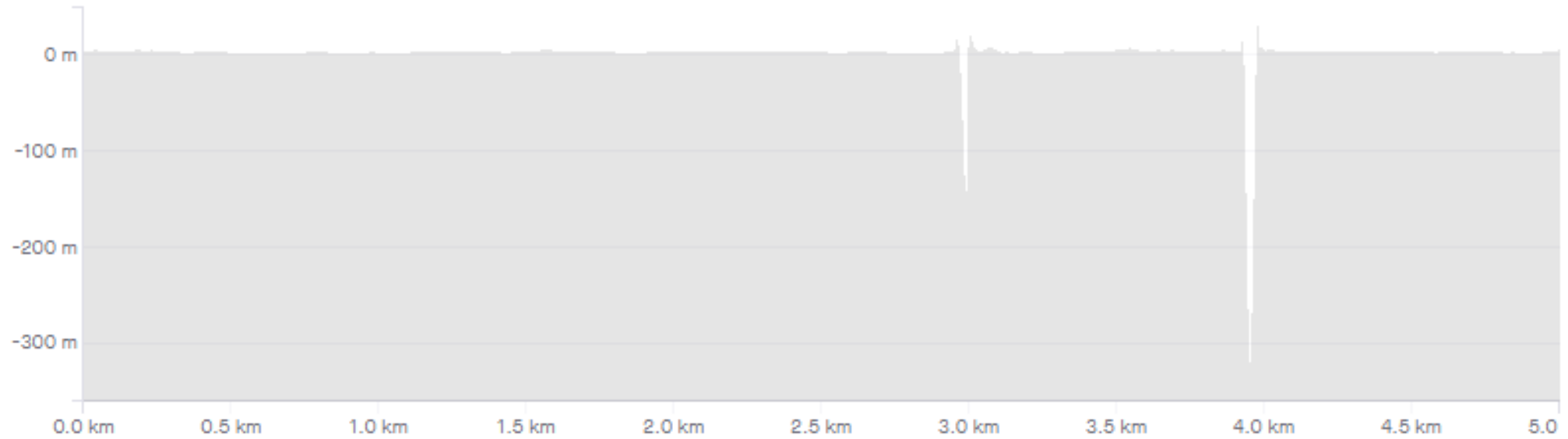
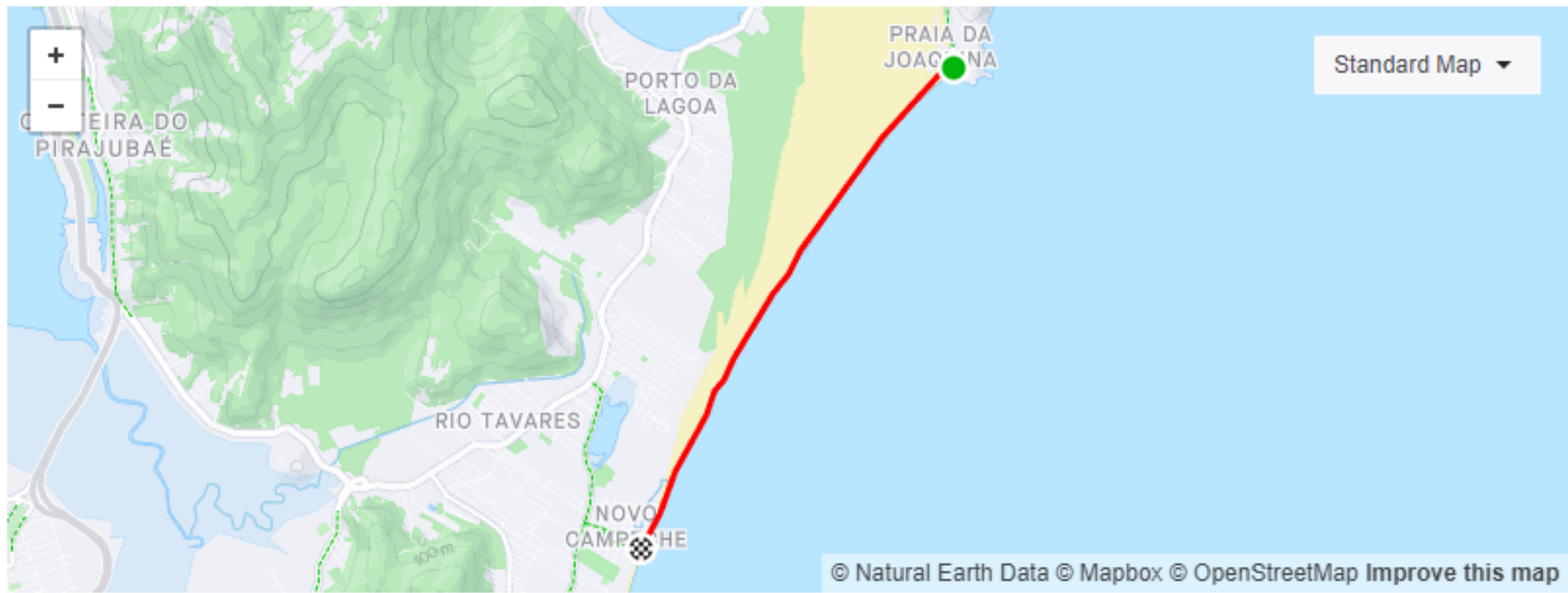
Seção 11



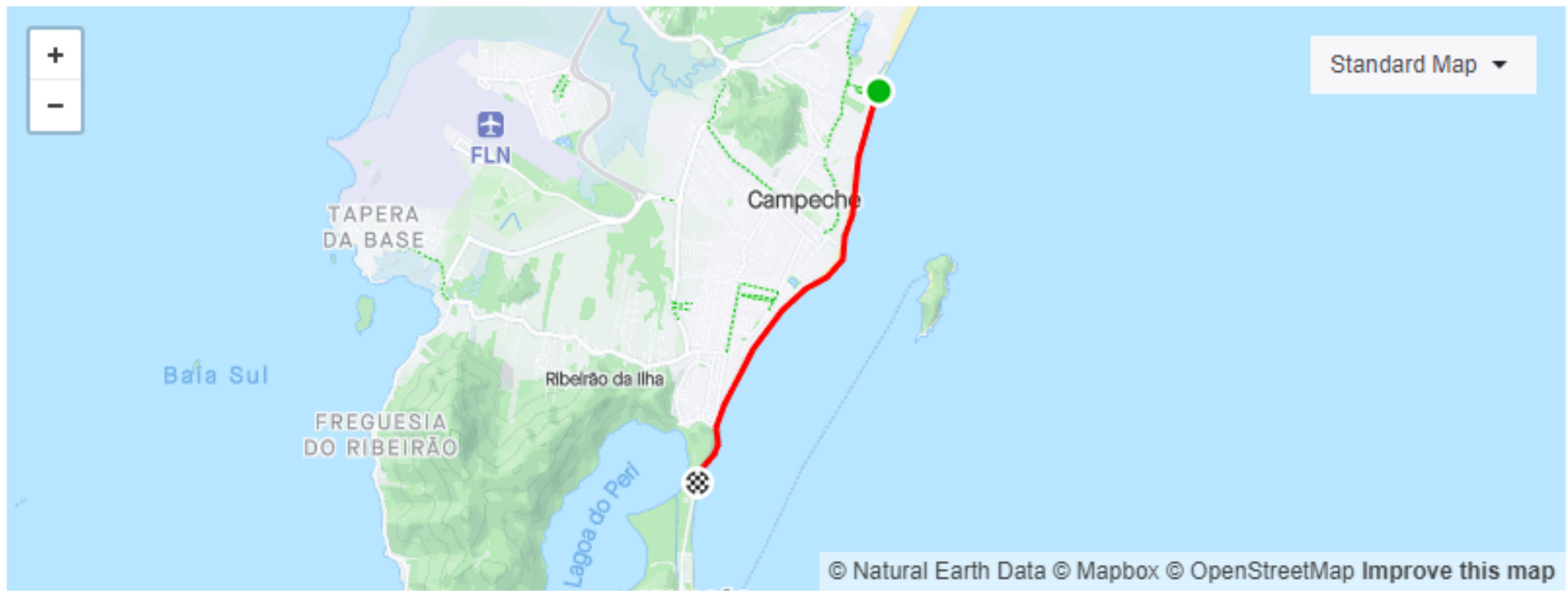
Seção 12



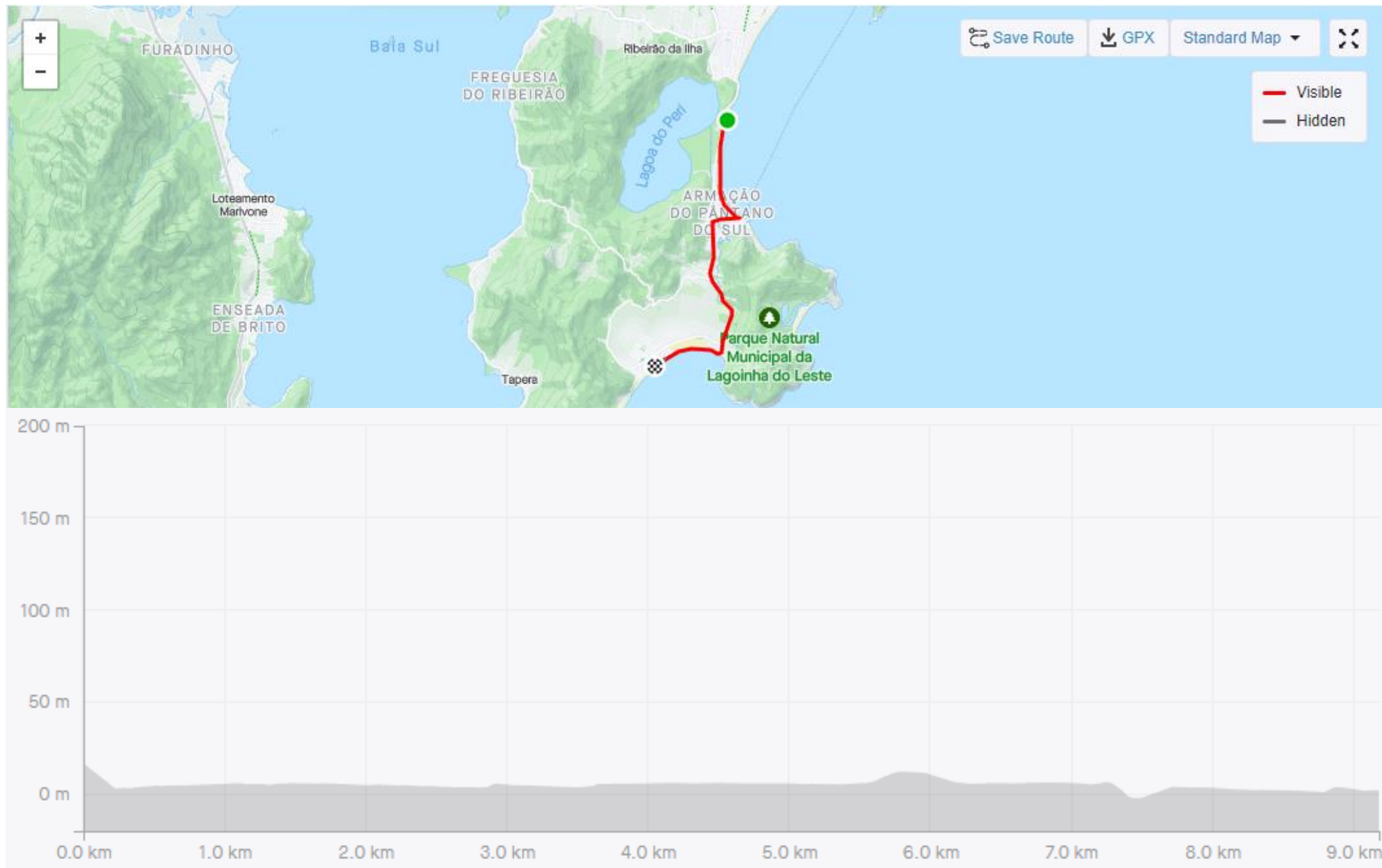
Seção 13



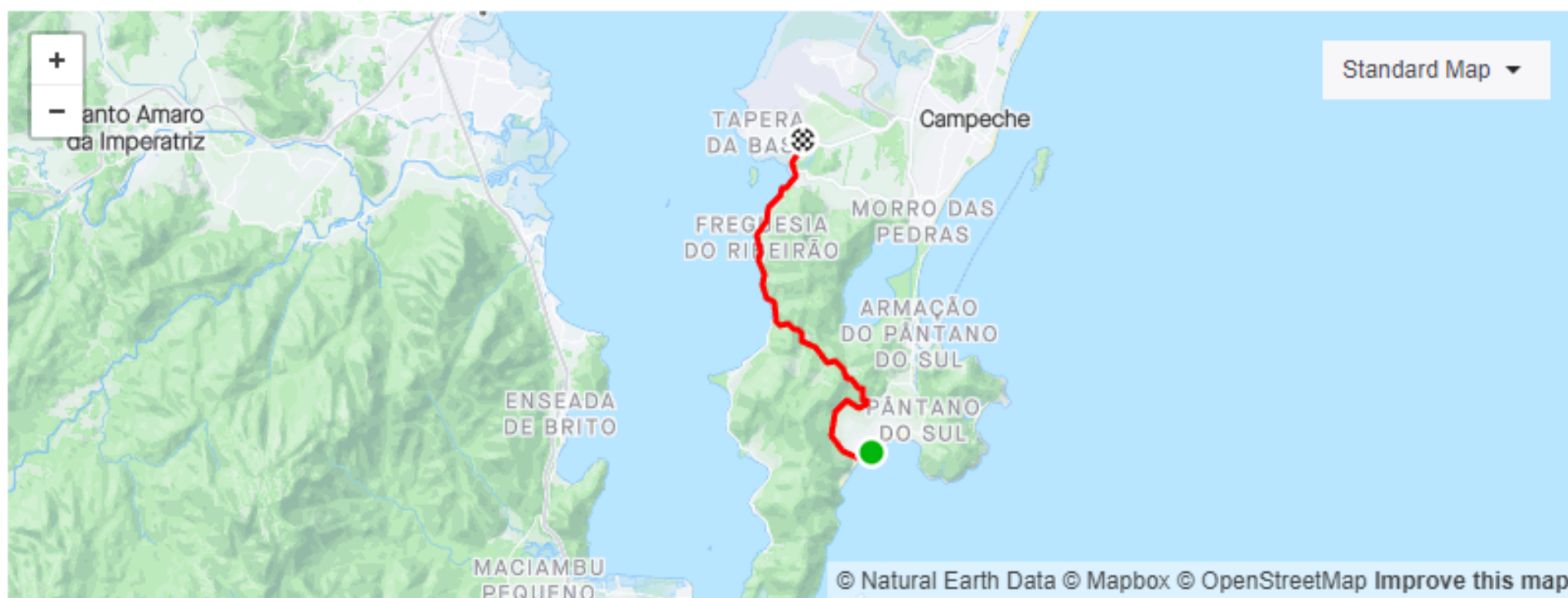
Seção 14



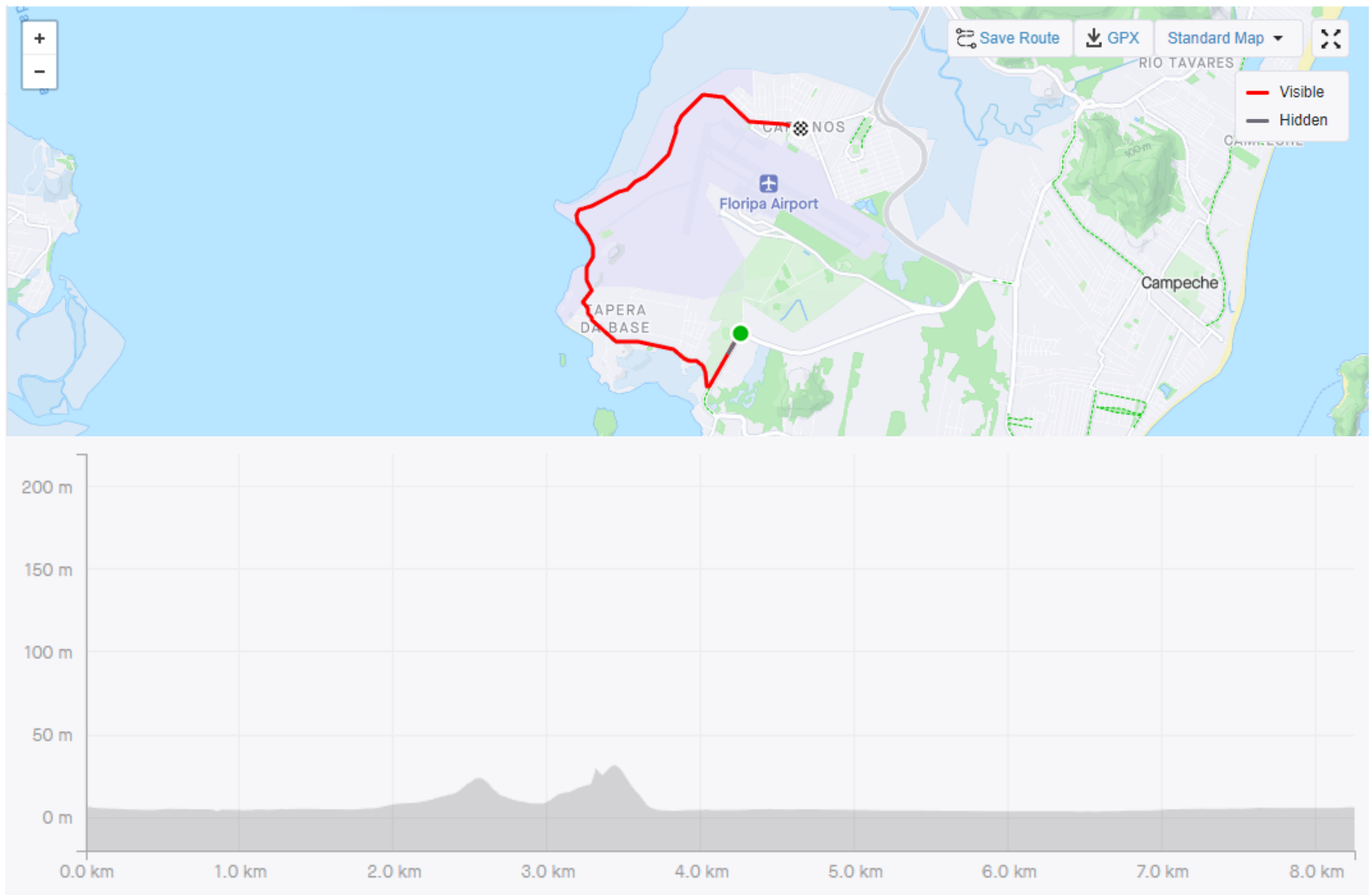
Seção 15



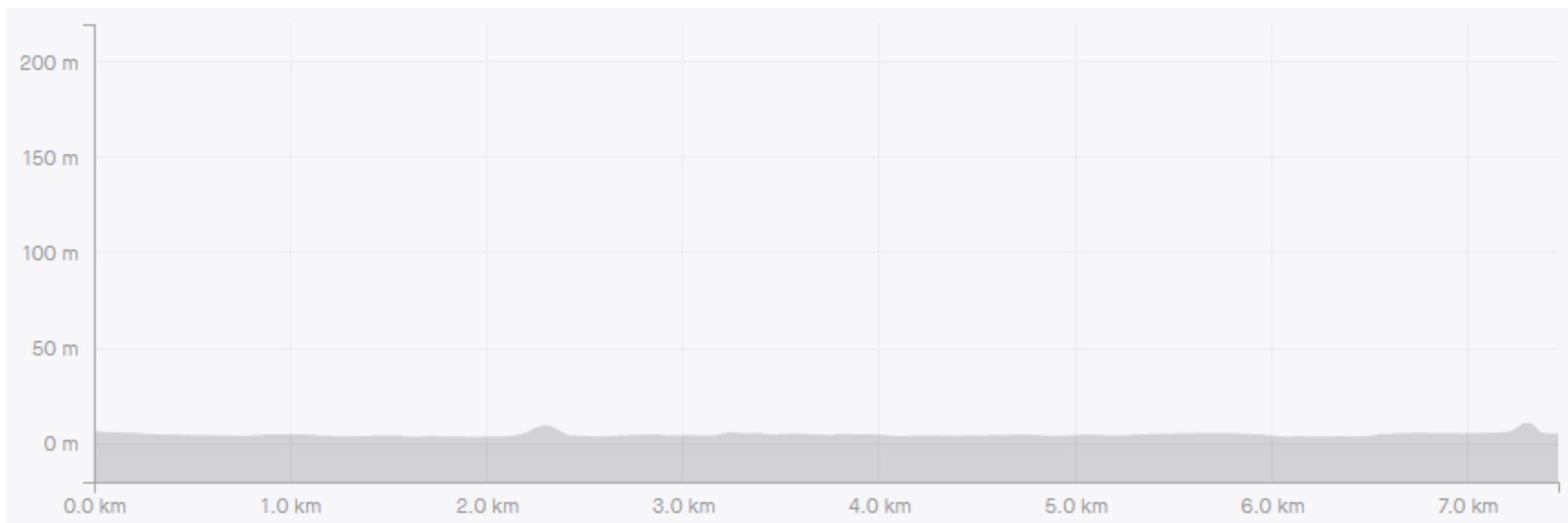
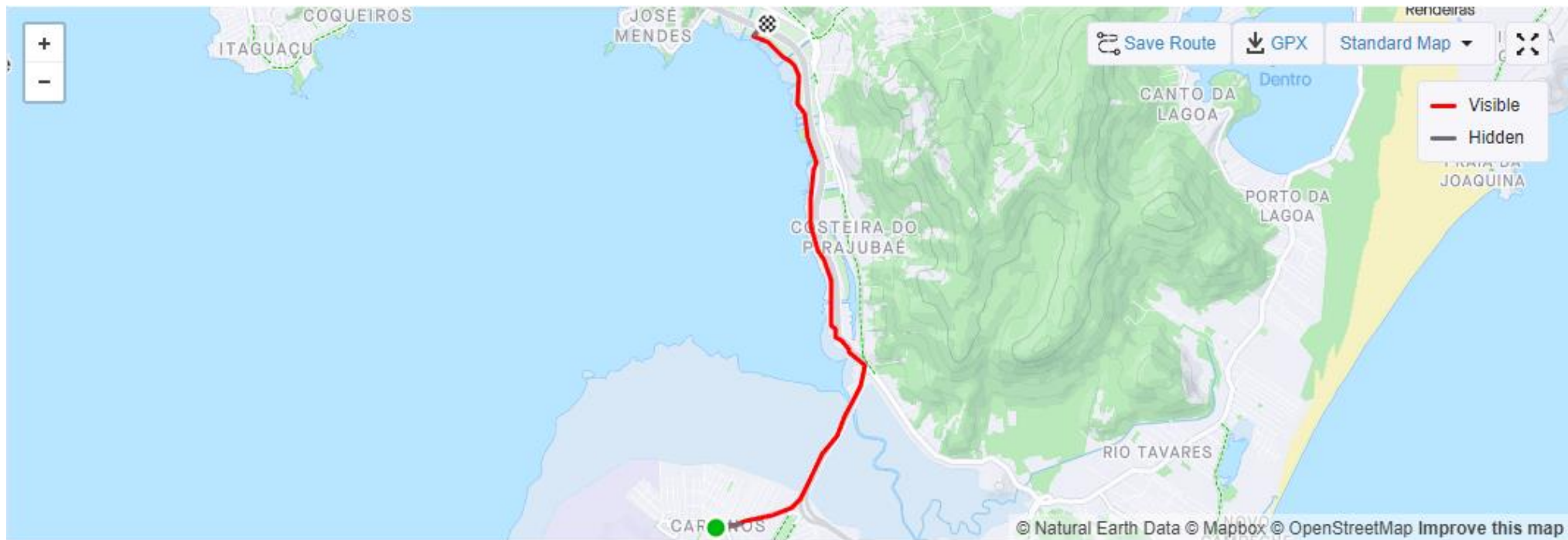
Seção 16



Seção 17



Seção 18



Seção 19

