

Brooke Fromkin

Current Address:

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Permanent Address:

37 Mann Court
Monmouth Beach New Jersey, 07750

EDUCATION

Virginia Polytechnic Institute and State University (Virginia Tech), Blacksburg, VA *Expected Graduation May 2019*

Major: Food Science and Technology

Concentration: Science

Skills and Certification: Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Laboratory Equipment

RELEVANT EXPERIENCE

Student Nutrition and Dietetic Association

Spring 2017- Present

Member

- Increase involvement in food and nutrition activities through educational and community experiences
- Educate people on nutrition information
- Serve as a liaison with the Academy of Nutrition and Dietetics

Monmouth Medical Center

Summer 2011, 2012, 2013 and 2014

Volunteer/ Shadowing Dietician and Nutritionist

- Shadowed Dietician/Nutritionist at the hospital
- Gained hands-on experience of what an everyday schedule as a dietitian is like
- Practiced teamwork and communication with other volunteers and people who worked at MMC

Camp Counselor/ Waitress

Summer 2015 and Summer 2016

Waitress

- Practiced WHO approved hygiene and sanitation guidelines in the service area
- Utilized customer service and problem-solving skills
- Dealt with high-pressure situations
- Understanding the specific needs of campers with identified food allergies and intolerances

Warm Hearth Nursing Home

2017 and 2018

Volunteer

- Worked on socialization skills with a specific special needs resident
- Helped rehabilitate sensory motor skills with the residents by teaching them how to play Wii Sports

Operation Jersey Cares

Volunteer

- Packaged nonperishable, nutritional foods that can be utilized by military personnel overseas

ACTIVITIES

Kappa Delta Sorority

Epsilon Pi Chapter, Virginia Tech- Blacksburg, VA

External Philanthropy Committee

Spring 2016- Present

- Applied public speaking and team building skills
- Acquired leadership roles among my peers

Monmouth Medical "Mini Med" Program

Accepted

- Experienced first-hand a day in the life of multiple doctors in Monmouth medical
- Was able to learn about some of the patents cases and how they are handled

