Brooke Fromkin

EDUCATION

Virginia Polytechnic Institute and State University (Virginia Tech), Blacksburg, VA   *Expected Graduation May 2019*
Major: Food Science and Technology
Concentration: Science

Skills and Certification: Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Laboratory Equipment

RELEVANT EXPERIENCE

Student Nutrition and Dietetic Association   *Spring 2017- Present*
Member
- Increase involvement in food and nutrition activities through educational and community experiences
- Educate people on nutrition information
- Serve as a liaison with the Academy of Nutrition and Dietetics

Monmouth Medical Center   *Summer 2011, 2012, 2013 and 2014*
Volunteer/ Shadowing Dietician and Nutritionist
- Shadowed Dietician/Nutritionist at the hospital
- Gained hands-on experience of what an everyday schedule as a dietitian is like
- Practiced teamwork and communication with other volunteers and people who worked at MMC

Camp Counselor/ Waitress   *Summer 2015 and Summer 2016*
Waitress
- Practiced WHO approved hygiene and sanitation guidelines in the service area
- Utilized customer service and problem-solving skills
- Dealt with high-pressure situations
- Understanding the specific needs of campers with identified food allergies and intolerances

Warm Hearth Nursing Home   *2017 and 2018*
Volunteer
- Worked on socialization skills with a specific special needs resident
- Helped rehabilitate sensory motor skills with the residents by teaching them how to play Wii Sports

Operation Jersey Cares
Volunteer
- Packaged nonperishable, nutritional foods that can be utilized by military personnel overseas

ACTIVITIES

Kappa Delta Sorority
Epsilon Pi Chapter, Virginia Tech- Blacksburg, VA
External Philanthropy Committee   *Spring 2016- Present*
- Applied public speaking and team building skills
- Acquired leadership roles among my peers

Monmouth Medical "Mini Med" Program
Accepted
- Experienced first-hand a day in the life of multiple doctors in Monmouth medical
- Was able to learn about some of the patents cases and how they are handled