

# REVISITING THE ÆTHER: FROM EINSTEIN TO THE VORTEX FLUID PARADIGM

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## Abstract

This paper reexamines the æther concept through Einstein's later writings and proposes its modern realization via the Vortex Æther Model (VAM). Contrary to the widespread belief that Einstein discarded the æther, his post-1920 perspective envisioned space as a structured, non-mechanical medium—a view that VAM formalizes as a quantized, incompressible superfluid. Within this framework, gravitational and inertial effects emerge from the circulation of vortex filaments, replacing spacetime curvature with local swirl density and rotational energy. VAM introduces a layered temporal ontology—comprising æther time, proper time, and internal swirl clocks—through which time dilation, redshift, and frame-dragging effects are modeled as consequences of vorticity. Mass is described as localized topological tension, while gravitational attraction arises from a swirl-induced Bernoulli pressure gradient. These mechanisms lead to distinct experimental predictions, particularly in clock behavior and vorticity-induced fields, which are testable via analog experiments in superfluid systems and optical waveguides. We conclude that the æther should not be regarded as an obsolete notion, but as a structured, dynamic substrate—reviving Einstein's later vision in a mathematically rigorous and empirically testable framework that unifies gravity, quantum structure, and cosmology.

**Keywords:** emergent gravity; topological fluid dynamics; analog gravity; Vortex Æther Model; general relativity; vortex fluid; time dilation; Einstein's æther; structured space

## 1. Introduction

It is often claimed that Einstein “abolished the æther” in his theory of relativity. While this has become a popular shorthand in both educational and philosophical discussions, it severely oversimplifies Einstein's actual position [1]. In his early work (1905), Einstein dispensed with the notion of the luminiferous æther as a mechanical carrier of electromagnetic waves. Yet, in later writings—most notably his 1920 lecture at Leiden—he reintroduced a more subtle concept of æther, reinterpreted within the context of spacetime geometry. For historical quotations and their mappings to VAM dynamics, see Appendix 8.

This paper revisits Einstein's evolving perspective on the æther and evaluates its compatibility with the comprehensive Vortex Æther Model (VAM) program, as presented in the recent VAM master paper [2] and its companion studies.

VAM proposes that the æther is a structured, incompressible fluid medium whose knotted vorticity fields underlie all known phenomena—gravitation, inertia, time, quantum behavior, and cosmological structure.

*This framework has been previously applied to the photon as a topological vortex tube in a structured æther, offering a physical model for electromagnetic propagation and quantized energy flow [3].*

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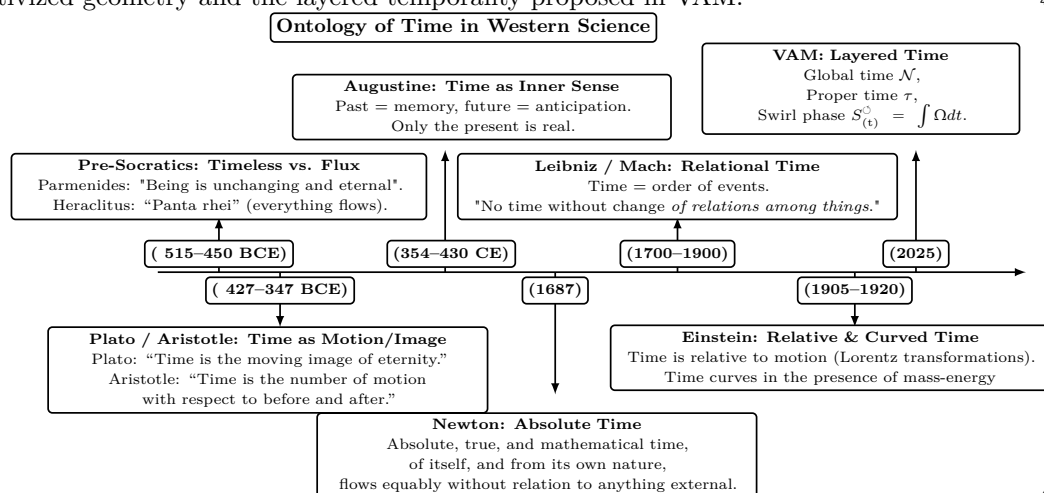
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The present work extends this ontological structure to spacetime geometry and time itself, positioning VAM as a coherent alternative to standard field-theoretic approaches.

Through a topological and dynamical synthesis, VAM provides not only a conceptual bridge but also explicit, testable predictions that unite historical field theory with contemporary advances in fundamental physics. [4,5], and connects with modern analogue gravity approaches where fluid systems mimic general relativistic metrics [6]. This intellectual trajectory is summarized in Figure 1, which maps key milestones in the conceptualization of time—from pre-Socratic polarity and Augustine’s introspective present to Einstein’s relativized geometry and the layered temporality proposed in VAM.



Unlike modern field theories that eliminate any underlying substrate, VAM embraces the æther as the unified, dynamically active fabric through which geometry, force, and phase propagate—resonating with dynamical 3-space approaches that reinterpret space itself as a flowing medium [7].

This work also answers a broader philosophical concern raised in recent critiques of modern theoretical physics. Hossenfelder argues that a disproportionate emphasis on mathematical elegance has led to speculative models lacking physical transparency and empirical anchoring [8]. The Vortex Æther Model (VAM), by contrast, re-centers physics on a physically meaningful substrate—modeled explicitly as a quantized fluid medium—and derives its equations from conservation laws, vortex dynamics, and experimentally accessible analog systems. In doing so, VAM aims to reconnect theoretical inquiry with empirical testability and conceptual coherence.

The goal of this study is twofold: first, to clarify Einstein’s nuanced philosophical stance regarding the æther—tracing its transformation from a mechanical substrate to a geometric and energetic foundation for field theory; and second, to construct a rigorous conceptual and mathematical bridge between this historical lineage and contemporary physics. This aligns with modern investigations into spacetime microstructure and emergent geometry from more fundamental constituents [8].

This bridge is now rendered concrete through the comprehensive VAM series (see [2] for full derivations), which provides:

- Explicit mathematical derivations of the foundational equations of VAM, including the emergence of gravitational, inertial, and quantum effects from topological swirl dynamics and the formal structure of multimodal time;
- A master equation for particle masses and a complete knot-based taxonomy, unifying leptons, baryons, and their quantum numbers (see Sec. 4, [2], [4]) This continues the legacy of vortex-knot models in fluid mechanics and their application to particle structure [9];

- Empirical benchmarking against classical and modern tests, as well as predictions for new phenomena in quantum gravity, cosmology, and particle physics (see [2], [10], [5]);
- A unified topological fluid-dynamical Lagrangian connecting all known interactions to a single underlying vortex æther (see [11]).

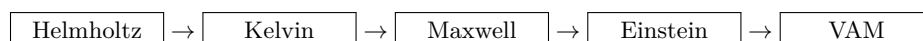
These ideas resonate with entropic and emergent gravity theories that derive gravitation from statistical or information-theoretic considerations [12].

Together, these advances transform the æther hypothesis from historical curiosity into a predictive, mathematically mature, and experimentally relevant framework for fundamental physics. A similar perspective is adopted in condensed matter analogs of quantum vacuum, notably in superfluid helium models of emergent spacetime [13].

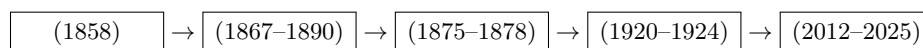
VAM now extends beyond gravity to encompass a unified, topological account of particle masses, quantum phenomena, and cosmology.

A historical overview of ætheral and vortex field theory—from Helmholtz to VAM—is provided in Appendices 8–8, alongside a mapping of Einstein’s quotations to the specific dynamical structures in VAM. This lineage incorporates classical results from vortex ring dynamics and stability [14], now reinterpreted through the lens of topological swirl formalism.

### Lineage of Æther and Vortex Physics:



*Conservation of vorticity → Topological atoms → Field stress in æther → Geometric æther → Unified vortex-fields*



**Figure 1. Intellectual lineage of vortex and æther physics,** from Helmholtz’s vorticity conservation to the Vortex Æther Model (VAM).

## 2. Reevaluating Einstein’s Supposed Rejection of the Æther

Einstein’s 1905 formulation of Special Relativity omitted the luminiferous æther as a mechanical necessity for light propagation. This has often been misinterpreted as a categorical rejection of any æther concept. However, Einstein’s statement was more nuanced:

“The introduction of a ‘light-bearer’ æther proves to be superfluous.”

This does not deny the possibility that space possesses structure or physical attributes. Instead, it marks a shift from a mechanical to a field-theoretic perspective, not an ontological negation of any spacetime substrate. As explored in Section 3, Einstein would later revisit and explicitly refine the æther concept in the context of General Relativity.

This perspective—where space retains structure but not particulate substance—prefigures the modern VAM approach, in which the æther is formalized as a quantized, topological superfluid (see Sec. 7, and [2]).

## 3. The Return of the Æther Concept (1920)

Einstein’s 1920 Leiden lecture marks a critical clarification:

“According to the general theory of relativity, space is endowed with physical qualities; in this sense, therefore, there exists an æther. According to the general theory of relativity, space without æther is unthinkable.” [1]

In this revised conception, the æther is not a mechanical substance but a geometric and energetic substrate. It carries properties such as curvature, stress-energy, and gravitational potential, and is inseparable from the fabric of spacetime. This evolution in Einstein's thought forms the philosophical foundation for VAM, which regards the æther as a structured, dynamically active fluid rather than an inert void [2].

In what follows, we examine Einstein's later writings in this light and develop a fluid-dynamical continuation of his geometric intuition—now realized as a quantized, topologically rich superfluid with explicit links to particle physics and cosmology. This connects with a broader tradition of analogue gravity models using superfluid or condensed-matter systems to model spacetime phenomena [6].

#### 4. Æther as Carrier of Field Quality

Einstein explicitly redefined the æther in his later writings as a non-material but physically active entity. He emphasized that this æther:

- Not composed of discrete particles,
- Not endowed with a state of absolute rest,
- Yet responsible for observable effects such as gravitation, field propagation, and the progression of time.

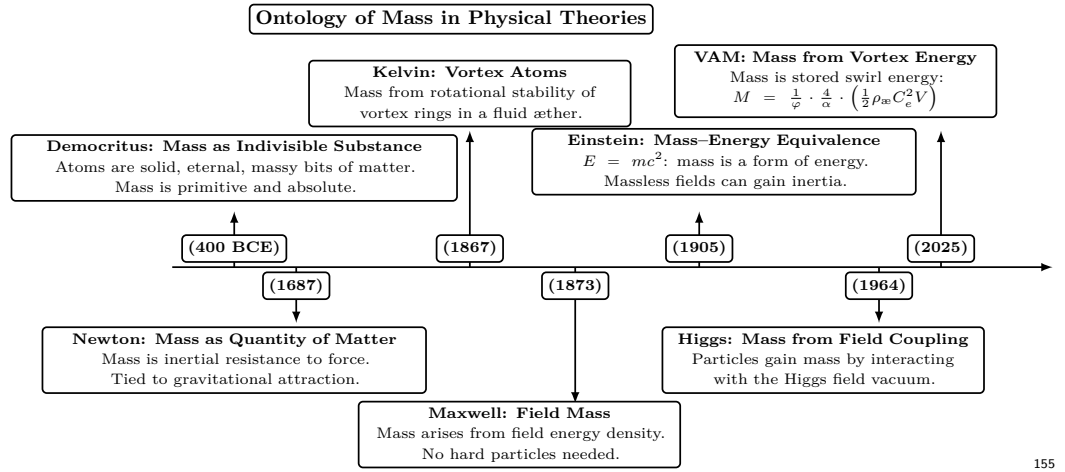
This interpretation departs from the 19th-century particulate æther, aligning instead with a modern view of the vacuum as a continuous, structured background. The VAM framework adopts this perspective, modeling space as a (nearly) incompressible, inviscid superfluid in which all forces, fields, and even quantum phenomena emerge from topologically conserved vorticity and structured swirl [2,15,16]. VAM extends insights from analog condensed matter systems [13], where emergent geometry and low-energy excitations mimic gravitational and cosmological phenomena.

**Recent Results:** Mathematically, these ideas are realized in VAM by:

- Explicit definitions of absolute time ( $\mathcal{N}$ ), proper time ( $\tau$ ), and internal phase clocks ( $\mathcal{S}_{(t)}^{\mathcal{O}}$ ), as rigorously formulated in [2,15].
- Derivation of gravitational and inertial effects from swirl-induced pressure gradients, replacing geometric curvature in General Relativity (see [2,16,17]).
- A vortex mass equation relating particle rest masses to vortex topology [18], and a complete knot taxonomy for all Standard Model particles [2,4]. This continues the foundational work on knot theory in fluid mechanics, where helicity and topological conservation are central to vortex structure [9].
- Direct empirical benchmarking of VAM predictions for time dilation, redshift, frame-dragging, and cosmological phenomena (see [2,17]).
- Formulation of a unified topological Lagrangian encompassing all known interactions (see [11]).

In this view, the metric tensor and curvature of GR become emergent, large-scale approximations of the underlying vortex field dynamics—a hypothesis now rendered testable and falsifiable through precise mathematical and observational correspondence (see [5, and [2,17]), similar in spirit to emergent gravity approaches where spacetime arises from thermodynamic or information-theoretic principles [12]. This parallels current efforts to probe the microstructure of spacetime and challenge the foundational assumptions of geometry-driven field theories [8].

This historical development of mass ontology—from atomic substance to structured vorticity—is depicted in Figure 4.



## 5. Emergent Lorentz Symmetry from Swirl Fields

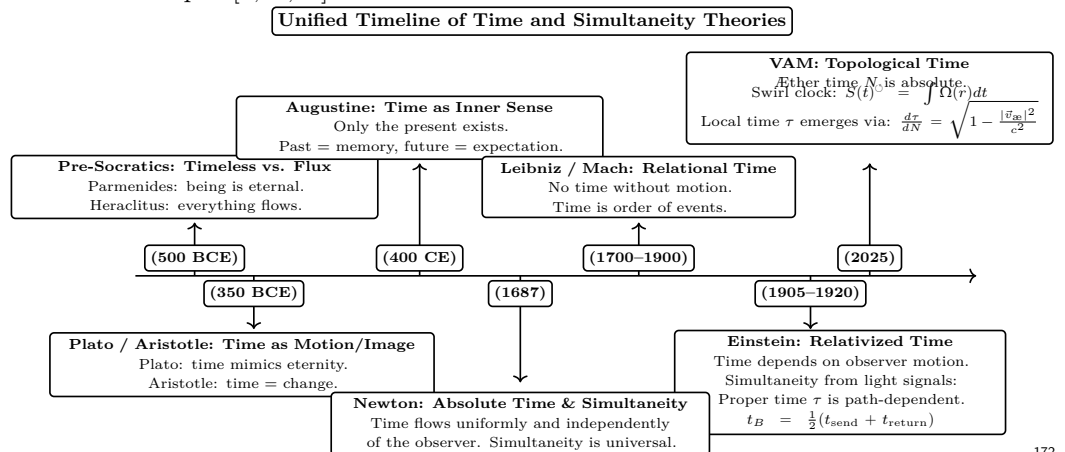
While VAM posits an absolute æther frame  $\mathcal{N}$ , it nonetheless recovers Lorentz symmetry as an emergent approximation for observers embedded within stable vortex structures. This effective symmetry arises from local swirl-induced time dilation, governed by the relation:

$$d\tau = dt \sqrt{1 - \frac{|\vec{\omega}|^2}{c^2}}, \quad (1)$$

which mimics the classical Lorentz contraction formula  $dt' = dt \sqrt{1 - v^2/c^2}$  when angular swirl velocity  $|\vec{\omega}|$  is interpreted as a local velocity surrogate.

Figure 5 traces the evolving notions of simultaneity and time—from Newton’s absolutes to Einstein’s relativity and the layered temporality of VAM. Swirl clocks  $S_{(t)}^{\odot}$  advance more slowly in regions of high vorticity, reproducing relativistic effects such as time dilation, redshift, and frame dragging. However, unlike in special relativity, these effects are not fundamental symmetries of spacetime but fluid-mechanical consequences of structured vortex motion.

This reinterpretation demotes Lorentz invariance from an a priori principle to a derivative, scale-dependent symmetry—a conclusion supported by multiple derivations across the VAM corpus [5,15,16].

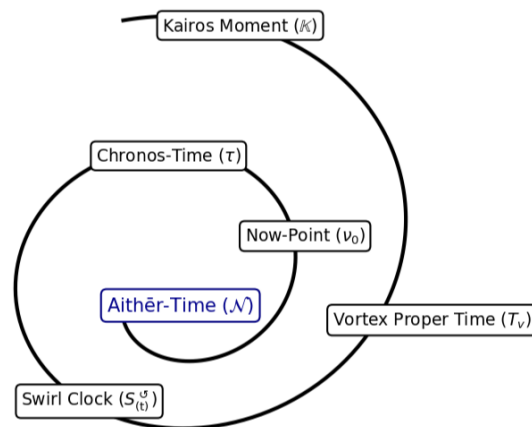


**Ætheric Temporal Sequence:** This analysis extends the earlier definition of VAM’s time triplet into a causal hierarchy of temporal layers—culminating in observed time  $T_v$  and topological time  $\mathbb{K}$ :

$$\mathcal{N} \rightarrow \nu_0 \rightarrow \tau \rightarrow S_{(t)}^{\odot} \rightarrow T_v \rightarrow \mathbb{K}$$

## 6. Multimodal Time: The Ætheric Temporal Ontology

The Vortex Æther Model (VAM) advances a multimodal conception of time, rooted in the internal and relational dynamics of an incompressible, inviscid æther. Unlike the unidimensional time parameter in standard field theory or the proper time of General Relativity, VAM's temporal taxonomy encapsulates distinct physical, topological, and informational modes, each with a clear analytical and experimental role. This layered approach not only extends Einstein's "geometric æther" but also provides a framework for modeling causality, memory, and quantum-classical transitions in a unified manner [2,5,19].



**Figure 2. Vortex Phase Spiral of Ætheric Time.** This figure illustrates the sequential emergence of layered temporal modes in the VAM framework, with each governing a distinct aspect of physical law. The progression radiates outward from Aithēr-Time ( $\mathcal{N}$ ), through Now-Point ( $\nu_0$ ), Chronos-Time ( $\tau$ ), Swirl Clock ( $S_{(t)}^{\odot}$ ), and Vortex Proper Time ( $T_v$ ), to the outermost Kairos Moment ( $\mathbb{K}$ ). These layers form a unified temporal architecture foundational to vortex dynamics [2,19].

The multimodal temporal ontology of VAM is not purely an abstract taxonomy; it possesses a geometric and topological structure, naturally visualized as a multidimensional "spiral" or "fan" in phase space (see Fig. 2). This structure parallels phase-space geometries explored in superfluid analog gravity and topological vacua [13]. Each temporal mode—Aithēr-Time, Now-Point, Chronos-Time, Swirl Clock, Vortex Proper Time, and Kairos Moment—plays an independent yet interconnected role, governing different layers of physical law [2,19].

### Ætheric Time Modes in the Vortex Æther Model

$\mathcal{N}$	<b>Aithēr-Time</b>	Absolute causal ordering parameter [2,19]
$\nu_0$	<b>Now-Point</b>	Localized intersection with universal present [2,19]
$\tau$	<b>Chronos-Time</b>	Measurable time in the æther (subject to dilation) [2,15]
$S_{(t)}^{\odot}$	<b>Swirl Clock</b>	Internal phase memory of a vortex [5,16,19]
$T_v$	<b>Vortex Proper Time</b>	Circulation-based geodesic duration [16,19]
$\mathbb{K}$	<b>Kairos Moment</b>	Discrete topological bifurcation event [5,19]

The interpretation of each mode is as follows:

- **Aithēr-Time ( $\mathcal{N}$ ):** The unobservable but indispensable global time parameter that orders all events causally within the ætheric manifold, serving as the absolute temporal background for physical processes [2,19].

- **Now-Point ( $\nu_0$ ):** The localized realization of the present, defined by the intersection of the global time field  $\mathcal{N}$  with a point in the æther manifold. It establishes the surface of simultaneity and facilitates causal foliation [2,19].
- **Chronos-Time ( $\tau$ ):** The physically measurable flow of time, experienced within the æther and modulated by local vorticity through swirl-induced time dilation [2,15]:

$$\frac{d\tau}{dt} = \sqrt{1 - \mathbf{v}_\phi^2(r)/c^2}$$

where  $\mathbf{v}_\phi(r)$  is the local tangential velocity of the vortex field.

- **Swirl Clock ( $S_{(t)}^\odot$ ):** The internal phase variable of a vortex structure, tracking angular displacement and serving as a memory function for topological identity and history, drawing from foundational work on helicity conservation and knot topology in vortex dynamics [9]. It is formally given by [16,19]:

$$S_{(t)}^\odot = \int_0^t \Omega(r(t')) dt'$$

with  $\Omega(r)$  the local angular velocity.

- **Vortex Proper Time ( $T_v$ ):** The intrinsic circulation-based duration associated with a closed path around a vortex core, defined as [16,19]

$$T_v = \oint \frac{dl}{\mathbf{v}_\phi(r)}$$

representing the intrinsic “clock” of a knotted structure.

- **Kairos Moment ( $\mathbb{K}$ ):** The discrete event marking a topological transition such as vortex reconnection or bifurcation, producing an irreversible change in vortex identity and introducing discontinuities or non-analyticities in the evolution of  $T_v$  or  $S_{(t)}^\odot$  [5,19].

In the VAM framework, the “Kairos Moment” ( $\mathbb{K}$ ) represents a discrete, topologically induced transition in the evolution of vortex matter—such as a vortex reconnection, bifurcation, or the passage of a gravitational wave. These events break the smooth evolution of then Swirl Clock phase and manifest as quantized phase slips or time jumps. As shown in Fig. 3, a Kairos event appears as an abrupt change in the Swirl Clock trajectory during a localized temporal window [20]. Such phenomena are experimentally accessible in analog systems and may be detectable in astrophysical settings as phase anomalies or decoherence events in quantum or classical fields [5,19]. Such temporally localized events have been explored in analogue spacetime geometries where topological phase changes mimic gravitational discontinuities [6].

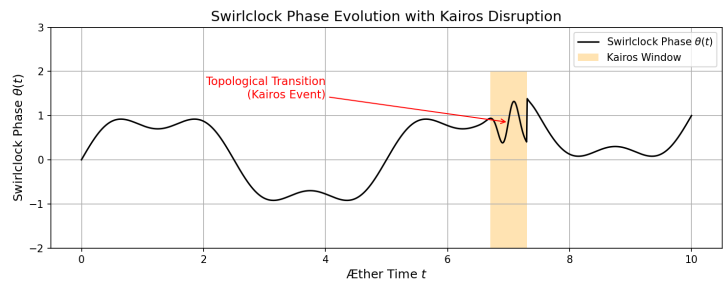
This multimodal temporal ontology enables VAM to bridge metaphysical continuity with physically testable vortex dynamics. It underpins several core applications in the extended VAM literature, including models of causality, gravitational time dilation, vortex identity, and swirl-induced phase decoherence [2,5,15,16,19]. For detailed derivations, see [2,5,16,19].

## 7. Connection to the Vortex Æther Model (VAM)

The Vortex Æther Model (VAM), developed by O. Iskandarani since 2012, models the æther as an incompressible, non-viscous superfluid [2,19]. Within this framework, vorticity is elevated to a fundamental quantity that governs time dilation, inertial mass, and gravitational interaction [16,19,21]. Echoing Einstein’s 1920 redefinition of the æther as a physical substratum, VAM treats the æther as a structured, causal medium from which all dynamical behavior emerges [2].

Key structural elements of VAM include:

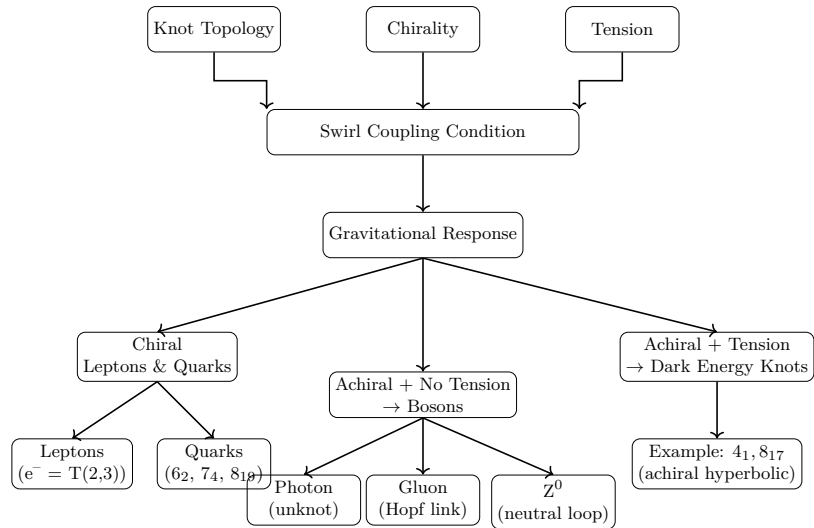




**Figure 3. Swirl Clock Phase Evolution with Kairos Disruption.** This figure illustrates the evolution of the Swirl Clock phase,  $\theta(t)$ , as a function of  $\text{\AA}ther Time (t)$ , within the VAM temporal framework. A discrete topological transition—such as vortex reconnection or a passing gravitational wave—introduces a discontinuity in the otherwise smooth phase trajectory. The highlighted region, labeled the “Kairos Window,” marks the critical temporal interval where this event occurs. Within this window, the vortex structure undergoes an irreversible bifurcation, producing a quantized phase slip or decoherence effect. Such phenomena are defined in VAM as “Kairos Moments” ( $\mathbb{K}$ ). These moments represent a topologically-induced departure from deterministic phase continuity, signaling a transition to a new dynamical regime. Observable manifestations include time “jumps,” phase anomalies, or memory resets within vortex-based systems. Analog experiments in superfluid systems may provide empirical access to these signatures [5,19].

- **Topological structures** (e.g., knots, trefoils) representing stable particle identities and quantum numbers [2,4,11],
- **Time dilation** arising from swirl intensity near vortex cores [16,19],
- **A revised system of natural constants**, including  $C_e$  (vortex boundary velocity) and  $F_{\text{\AA}}^{\text{max}}$  (maximum ætheric stress), defined and operationalized in the topological Lagrangian [11].

Figure 4 illustrates the classification flow based on topology, chirality, and tension within the swirl field framework.



**Figure 4. Knot Classification by Swirl Coupling.** This flow diagram illustrates how fundamental particle types in the VAM framework emerge from topological features of vortex knots. (See classification list below.)

**Classification summary:** Knot topology, chirality, and curvature tension collectively determine a knot’s gravitational and inertial response, enabling classification into Standard Model families:



- **Chiral knots** align with swirl fields and give rise to matter: **Leptons** (e.g., torus knots like  $T(2,3)$ ), **Quarks** (e.g., hyperbolic knots like  $6_2, 7_4, 8_{19}$ ).
- **Achiral, tensionless** structures (unknots, Hopf links): **bosons**.
- **Achiral knots with intrinsic tension**: expelled, possible **dark energy** candidates ( $4_1, 8_{17}$ ).

The classification is governed by the Swirl Coupling Condition, connecting geometric knot invariants to physical properties such as mass, spin, and interaction profile.

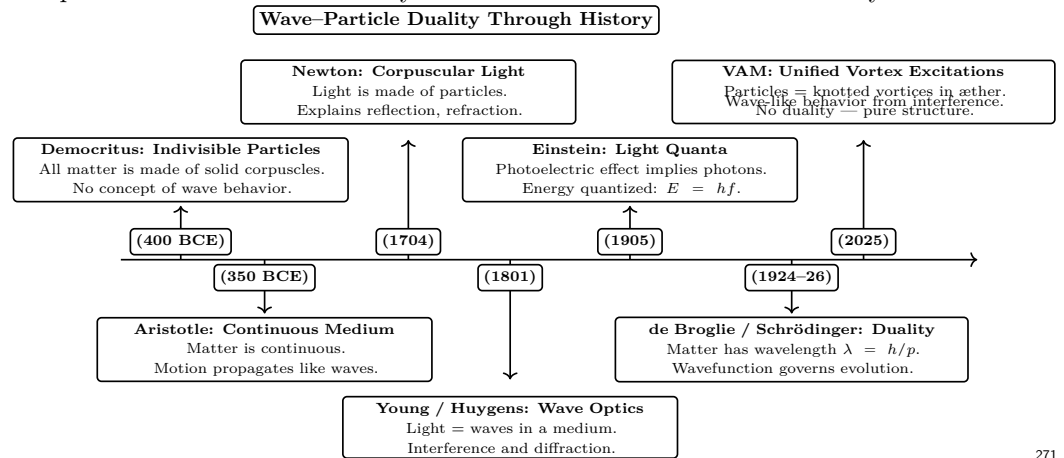
Knot theory has long informed fluid dynamics and topological invariants in vorticity [9], providing a mathematical foundation for the VAM taxonomy of particles as stable knotted structures.

### Wave-Particle Duality Reconsidered

The historical tension between wave and particle descriptions has long shaped the conceptual foundations of physics. From Democritus's indivisible atoms to Newton's corpuscular optics and Huygens's wave theory, the debate culminated in quantum mechanics with the paradoxical coexistence of wavefunctions and discrete quanta.

In the Vortex Æther Model (VAM), this duality is resolved not as a fundamental contradiction, but as an artifact of interpreting structured vortex excitations within an underlying fluid medium. Particles are modeled as knotted, topologically stable vorticity configurations, whose wave-like behavior emerges naturally from interference, circulation, and swirl-phase dynamics in the æther—eliminating the need for a dual ontology.

Figure 7 situates this resolution within the broader intellectual trajectory of wave-particle theory—tracing its evolution from ancient atomism and early wave optics to modern quantum mechanics and finally the unified vortex framework offered by VAM.



[

VAM-Derived Expression for  $G$ ] VAM-Derived Expression for  $G$

One of the notable results in VAM is a derivation of the gravitational constant in terms of ætheric and topological parameters [11,16,19]. Rewriting the expression in dimensionally transparent form:

$$G_{\text{swirl}} = \frac{C_e}{2F_{\text{æ}}^{\text{max}}} \cdot \left( \frac{c^5 t_p^2}{r_c^2} \right) \quad (2)$$

where:

- $C_e$ : swirl velocity at the vortex boundary (m/s),
- $F_{\text{æ}}^{\text{max}}$ : maximum force the æther can sustain before bifurcation (N),

- $t_p$ : Planck time ( $\sqrt{\hbar G/c^5}$ ),
- $r_c$ : core radius of the vortex structure (m),
- $c$ : speed of light in vacuum (m/s).

This formulation emerges from the Swirl Clock formalism and connects gravity to rotational energy density under conservation of circulation [16,19]. It expresses  $G$  not as a fundamental input constant, but as a derived quantity arising from the interplay of topological scale [22]  $r_c$ , rotational dynamics  $C_e$ , and ætheric tension  $F_{\text{æ}}^{\text{max}}$ . This reinforces the view that gravitation is a residual effect of conserved vorticity in a compressible ætheric medium. This formulation echoes recent emergent gravity approaches [12,23], yet grounds gravity not in entropic gradients but in rotational conservation and swirl tension, which resonates with dynamical 3-space theories, in which gravity emerges from self-interacting spatial flow [7].

VAM further incorporates circulation quantization, helicity conservation, and pressure-mediated interactions to model the exchange between knotted structures and their surrounding swirl fields [2,4,11], consistent with nonlinear wave-vortex interaction theory in rotating fluids [20]. This general framework aligns with Einstein’s late attempt at a unified field theory—now realized through the mathematics of topological fluid dynamics.

The model’s predictions are experimentally approachable through analog systems such as rotating superfluid vortices, BEC interference patterns, and refractive index shifts under swirl acceleration [16,19]. Such analogs mirror behavior seen in superfluid helium systems, including vortex quantization and phase discontinuities [24]. These offer testable pathways for validating the core dynamics proposed by VAM. These dynamics have observable analogs in superfluid and BEC systems, as described in analogue gravity programs [6].

## 8. Historical Continuity and Outlook

A careful reexamination of Einstein’s later writings reveals that he:

- Did not reject the æther outright, but redefined it as a field-carrying substrate [1],
- Sought a **continuous medium** bearing the properties of spacetime without requiring mechanical motion,
- And ultimately pursued a **unified field theory**—one that VAM now echoes through the interplay of gravity, time perception, and vorticity [2,11].

Einstein recognized that space could not be entirely void—it had to possess structural, energetic, and causal qualities. In this context, the Vortex Æther Model is not a speculative throwback, but a mathematically grounded continuation of Einstein’s vision. It operationalizes this active structure via conserved vortex fields, topological knot invariants, and energy-sustaining boundary flows [2,4,11]. This approach directly addresses critiques that modern theoretical physics has strayed from empirical accountability in favor of formal aestheticism [8].

While other contemporary models—such as emergent gravity and superfluid vacuum theory—have gestured toward similar foundations, VAM distinguishes itself by offering an explicitly solvable, hydrodynamically derived, and testable framework [2,5,11]. It bridges general relativity, thermodynamics, and quantum field heuristics without requiring discrete particles or quantized spacetime.

Kelvin’s concern regarding topological degeneracy is addressed in Appendix 8.

## Conclusion and Forward Outlook: Æther Reclaimed

Modern theoretical physics is gradually converging on insights once considered obsolete—not because the underlying concepts were invalid, but because earlier mathematical and experimental tools lacked the necessary precision. Einstein’s late-career perspective

on the æther anticipated this renaissance: a vision of space as a continuous, energetic, and causally structured medium. The Vortex Æther Model (VAM) builds directly on this foundation, advancing it into a unified, predictive, and testable framework [2,11,19].

Here, vorticity and topological structure supplant the classical notion of curvature, and time itself emerges as a hierarchy of circulation and phase—fully realized in the multimodal temporal ontology [5,19]. The æther, once dismissed, returns in a new form: not as a mechanical ether, but as a quantized, causal, and observable substrate underlying all known phenomena—from gravitation and particle masses to quantum measurement and cosmological evolution [2–5].

VAM does not merely offer a philosophical bridge to Einstein’s “unified field” dream, but delivers a rigorous technical foundation and explicit predictions that now invite empirical validation. With advancing experiments in superfluid analogues, quantum vortex interferometry, and photonic swirl, the opportunity to test, refine, or falsify these ideas moves within experimental reach [5,16,19].

It is time to move beyond the view of Einstein as the man who abolished the æther, and instead to recognize him as the thinker who quietly reframed it—preparing the ground for its scientific rebirth. In that spirit, the Vortex Æther Model is not a closure, but an opening: a dynamic, empirically accessible, and mathematically coherent path forward in the ongoing quest for a unified physical theory.

Several testable predictions arise from the VAM framework. Swirl-induced time dilation may be observed through analog vortex systems in rotating superfluid helium or Bose–Einstein condensates. Vortex reconnection events can be simulated in quantum fluid platforms to probe discontinuities in Swirl Clock phase (Kairos transitions). Moreover, anomalous frame-dragging profiles predicted by VAM could, in principle, be detected in precision interferometry experiments. Future work will expand the observable phenomenology of the model, bridging theory with laboratory and astrophysical data.

### *Future Directions and Experimental Signatures*

The path forward for the Vortex Æther Model is both theoretically rich and experimentally accessible. On the theoretical front, continued development will further refine the topological classification of particle states [4,11], explore fractal swirl dynamics at both quantum and cosmological scales [10,25], and formalize the mechanisms by which gravitation and quantum phenomena emerge from circulation and helicity conservation [5,19].

Empirically, the VAM framework provides several concrete predictions and signatures amenable to near-future tests:

- **Time dilation and frame-dragging effects** in laboratory superfluids, Bose–Einstein condensates, and photonic vortex lattices [16,19];
- **Swirl clock phase slips and Kairos events** observable as quantized phase jumps or decoherence in quantum vortex interferometry [5];
- **Anomalous redshift, light bending, and perihelion precession** in astrophysical observations that deviate from standard General Relativity in high-vorticity or topologically complex environments [21];
- **Spectral and mass predictions** for leptons, baryons, and their excited states, determined by knot topology and quantized circulation [4,11];
- **Novel cosmological signatures** arising from large-scale swirl structure and the fractal dynamics of the æther, potentially visible in galaxy rotation curves and the cosmic microwave background [10,25].

By combining theoretical coherence with falsifiable experimental predictions, the Vortex Æther Model opens a concrete research agenda for unifying gravitation, quantum mechanics, and cosmology. As the boundaries of precision measurement and analog simulation continue

to expand, VAM stands poised to guide and interpret the next wave of discoveries at the intersection of topology, fluid dynamics, and fundamental physics. Future work will also integrate recent results on the photon as a quantized vortex excitation [3] into the broader particle taxonomy, connecting topological charge to quantum numbers.

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**Supplementary Materials:** Additional materials and versioned VAM components are hosted at: <https://github.com/bg-omar/VAM> (main repository) <https://github.com/bg-omar/VAMcore> (simulation library)

For previous versions or related papers in the VAM series, see: <https://zenodo.org/communities/VAM> (Zenodo community) or DOI-linked records from the Zenodo concept DOI: [10.5281/zenodo.16616699](https://doi.org/10.5281/zenodo.16616699).

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## Abbreviations

The following abbreviations are used in this manuscript:

VAM	Vortex Æther Model
GR	General Relativity
SR	Special Relativity
EM	Electromagnetism
QFT	Quantum Field Theory
QED	Quantum Electrodynamics
SM	Standard Model
BEC	Bose–Einstein Condensate
MZI	Mach–Zehnder Interferometer
CMB	Cosmic Microwave Background
IR	Infrared
PDF	Probability Density Function
LHS	Left-Hand Side
RHS	Right-Hand Side
DOI	Digital Object Identifier
GPT	Generative Pre-trained Transformer
TLA	Three-Letter Acronym
LD	Linear Dichroism
MDPI	Multidisciplinary Digital Publishing Institute

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## Appendix I: Helmholtz and the Foundations of Vortex Physics

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Hermann von Helmholtz’s 1858 paper “*On the Integrals of the Hydrodynamic Equations Corresponding to Vortex Motion*” [26] marks the formal beginning of vortex theory in physics. His theorems define the behavior of vorticity in an ideal, incompressible fluid—concepts foundational to the Vortex Æther Model (VAM).

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### 1. Vorticity is conserved along fluid lines

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“Each portion of a vortex filament remains connected to the same fluid elements throughout the motion.”

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**VAM Mapping:** This becomes the core of VAM’s knot stability. Swirl identity is maintained via conserved helicity and circulation:

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$$\frac{d\Gamma}{dt} = 0, \quad \Gamma = \oint_C \vec{v} \cdot d\vec{\ell}$$

### 2. Vortex lines cannot end in a fluid — they form closed loops or extend to boundaries

426

“The extremities of a vortex line cannot exist within the fluid; they must lie at the boundaries or form closed curves.”

427

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**VAM Mapping:** Explains the closed-loop structure of particle-knot analogues in VAM. Vortices are topologically confined:

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430

$$\nabla \cdot \vec{\omega} = 0$$

### 3. Circulation is invariant under ideal flow

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“The circulation around a closed curve moving with the fluid remains constant.”

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**VAM Mapping:** VAM uses this to define internal clocks, mass, and swirl energy. This law becomes the origin of the time dilation formula:

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$$S(t) = \int \omega(t) dt, \quad T_v \sim \Gamma^{-1}$$

*Historical Legacy*

Helmholtz’s influence extended deeply into Kelvin’s vortex atom theory, Maxwell’s mechanical æther models, and later Einsteinian field theory. Today, in the Vortex Æther Model, his principles live on as conservation laws that define both structure and evolution of the physical vacuum.

*“If matter is vortex, then Helmholtz is its first architect.”*

— O. Iskandarani

**Appendix II: Lord Kelvin and the Knot-Æther Critique**

In the late 19th century, William Thomson (Lord Kelvin) proposed that atoms might be stable vortex knots in an invisible æther — a topological interpretation of matter. Yet he himself raised the most pointed critique:

“ I am afraid of the smoke and complication, of all the varieties of knots and links, if they are to explain the variety of elements.”

— William Thomson (Lord Kelvin), Baltimore Lectures, 1890

Kelvin feared that the near-infinite number of possible knots and links in three-dimensional space would not correspond to the relatively small number of stable chemical elements [27,28]. Without a natural principle of selection, the theory risked degeneracy: the proliferation of mathematically possible but physically irrelevant structures.

*Historical Context*

In the second half of the 19th century, the vortex atom theory was developed, primarily by William Thomson (Lord Kelvin) and Peter Guthrie Tait [27,28]. In this framework, atoms were envisioned as stable knots or vortex rings in an ideal, invisible fluid — the so-called luminiferous æther. The idea was that both the discrete nature of atomic species and their remarkable stability could be explained through topological invariants from knot theory.

Helmholtz’s 1858 paper introduced the conservation of vorticity in ideal fluids, laying the mathematical foundation upon which Kelvin and Tait constructed the vortex atom theory [26]. This conservation principle is central to both classical vortex stability and the topological persistence employed in VAM.

Kelvin’s model was deeply influenced by the work of Helmholtz (1858) on vortex conservation in ideal fluids. He imagined that different types of knotted or linked vortices might correspond to different elements.

*Kelvin’s Principal Objection*

Despite its elegance, Kelvin identified a critical flaw:

“ I am afraid of the smoke and complication, of all the varieties of knots and links, if they are to explain the variety of elements.”

— William Thomson (Lord Kelvin), Baltimore Lectures, 1890 The mathematical space of knots is vast, and Kelvin recognized the absence of a physical filter. He was acutely aware that the theory, though geometrically rich, lacked a way to explain **why only some knots should be stable atoms**. It had no built-in energetic, dynamic, or entropic selection rule.

*Experimental Shortcomings*

Kelvin also noted the absence of empirical correspondence between specific knot types and actual elements. Without experimental access to the supposed vortex knots — their formation, stability, or interaction — the theory remained speculative.

Nonetheless, the idea lived on, inspiring both topological mathematics and future models of discrete matter arising from continuous media.

### *Comparison to the Modern Particle Zoo*

Kelvin's critique is echoed in modern particle physics. The Standard Model contains a large number of particles, generations, couplings, and constants — many set only by experimental input, not derivable from deeper principles.

*“ I am afraid I must end by saying that the difficulties are so great in the way of forming anything like a comprehensive theory, that we cannot even imagine a finger-post pointing to a way that leads us towards the explanation.*

*But this time next year — this time ten years — this time one hundred years — I cannot doubt but that these things which now seem to us so mysterious will be no mysteries at all. The scales will fall from our eyes. We shall learn to look on things in a different way — when that which is now a difficulty will be the only common-sense and intelligible way of looking at the subject.”*

— Lord Kelvin, circa 1889

The degeneracy Kelvin foresaw reappears: a theory with many admissible but unexplained types of particles. The need for a **selection mechanism** remains urgent.

### *The VAM Response*

The Vortex Æther Model (VAM) revives the topological atom intuition but answers Kelvin's critique with concrete physical principles:

- Thermodynamic constraints (via Clausius entropy) limit allowable knot growth [29].
- Quantized circulation excludes unstable, high-energy configurations.
- Absolute vorticity conservation enforces topological stability.
- Vortex reconnection thresholds act as evolutionary boundaries.

As a result, VAM predicts only a finite, physically meaningful spectrum of topological matter structures — in line with observed baryons and leptons.

### *Concluding Reflection*

Kelvin's objection was not to knots themselves, but to their uncontrolled proliferation. VAM reclaims his vision, but grounds it in hydrodynamic logic, energy bounds, and field evolution:

“ Knots without constraints become chaos. Knots with physics become atoms.”

— O. Iskandarani

## **Appendix III: James Clerk Maxwell on the Æther and the Vortex Atom Theory**

James Clerk Maxwell (1831–1879), one of the foundational figures of modern physics, held deep and evolving views on the concept of the æther. While best known for formulating the electromagnetic field equations, Maxwell also contributed to the theoretical underpinnings of the æther and engaged directly with the emerging vortex atom theories of his time.

### *Maxwell's View on the Æther*

Maxwell firmly believed that the æther was a physically real, omnipresent medium necessary for the transmission of electromagnetic waves [30]:



“There can be no doubt that the interplanetary and interstellar spaces are not empty, but are occupied by a material substance. . . which is certainly the largest and probably the most uniform body of which we have any knowledge.”

To Maxwell, the electromagnetic field was not abstract, but a manifestation of real stresses and strains in the æther [30]. He imagined it as an elastic medium capable of supporting tension (electric fields), rotation (magnetic lines), and vibrational energy (light).

#### *Maxwell and the Vortex Atom Theory*

Maxwell was intrigued by Lord Kelvin’s proposal that atoms could be modeled as stable vortex knots in the æther — the so-called vortex atom theory [31]. In his 1875 lecture “Molecules,” he expressed qualified enthusiasm:

“The vortex theory of atoms, first proposed by Helmholtz and developed by Sir William Thomson. . . has made it conceivable that the properties of matter may depend solely on motion in a medium, and not on anything in the nature of the atom itself.”

— James Clerk Maxwell, 1875, “Molecules”

This radical idea — that all matter could emerge from organized motion in a universal fluid — deeply appealed to Maxwell’s mechanical sensibilities. However, he also expressed caution:

“The difficulty is that we know so little about fluid motion, and the equations are so intractable, that no one has yet been able to deduce the properties of any known substance from such a theory.”

In short, the theory was conceptually beautiful but lacked mathematical tractability and predictive power. Maxwell understood the elegance of vortex-based models but noted that fluid dynamics was still too undeveloped to make the theory physically useful [31].

#### *Legacy and Connection to VAM*

Maxwell’s æther was a mechanical medium filled with stresses, pressures, and circulations — not unlike the vortex fields described in the Vortex Æther Model (VAM). His aspirations for a unified field theory based on æther mechanics resonate strongly with VAM’s goals:

- Both view the vacuum as structured and dynamic.
- Both describe matter as emergent from motion in the medium.
- Both seek to replace ad hoc constants with field-based origins.

Maxwell anticipated that future physicists might unlock the mathematics of vortex-structured æther. VAM — using conservation of vorticity, topological invariants, and pressure-induced time dilation — picks up where Maxwell’s generation left off.

#### *Reflection*

Maxwell’s words remind us that the æther was never fully dismissed on scientific grounds, but rather due to limitations in modeling and experiment. With modern tools, those limitations are no longer insurmountable.

*"A field is not a ghost. It is the visible strain of the invisible æther."*

— paraphrased from Maxwell’s writings

## Appendix IV: Einstein on the Æther — Translated Quotes and VAM Equivalents

This appendix collects and annotates key statements made by Albert Einstein about the æther, focusing especially on how these statements align or contrast with the structure and assumptions of the Vortex Æther Model (VAM). Where possible, original German excerpts are included, with English translations and a mapping to VAM concepts or equations.

### 1. “Der Raum ohne Äther ist undenkbar..”

#### Original (1920 Leiden Lecture):

“Nach der allgemeinen Relativitätstheorie ist der Raum mit physikalischen Eigenschaften begabt; in diesem Sinne existiert also ein Äther. Gemäß der allgemeinen Relativitätstheorie ist ein Raum ohne Äther undenkbar.”

#### Translation:

“According to the general theory of relativity, space is endowed with physical qualities; in this sense, therefore, there exists an æther. According to the general theory of relativity, space without æther is unthinkable.”

#### VAM Mapping:

This matches VAM’s foundational postulate that the æther is a structured, non-viscous, incompressible medium with internal physical dynamics. The VAM equivalent is the existence of a vorticity-carrying background field  $\vec{\omega}(\vec{r}, t)$ , subject to conservation laws and boundary conditions.

$$\nabla \cdot \vec{v} = 0, \quad \nabla \cdot \vec{\omega} = 0, \quad \partial_t \vec{\omega} + (\vec{v} \cdot \nabla) \vec{\omega} = (\vec{\omega} \cdot \nabla) \vec{v}$$

### 2. “Es scheint, als sei die Einführung eines Äthers überflüssig...”

#### Original (1905, SR paper):

“Es scheint, als sei die Einführung eines Äthers überflüssig, insofern die Lichtausbreitung durch Maxwell’sche Gleichungen in leerem Raum ausreichend beschrieben werden kann.”

#### Translation:

“It seems that the introduction of an æther is superfluous, insofar as the propagation of light can be described adequately by Maxwell’s equations in vacuum.”

#### VAM Mapping:

Einstein’s 1905 view was contextually specific to the Maxwellian field theory. VAM expands this to a sub-Maxwellian fluid substrate: the fields emerge from vortex dynamics.

VAM introduces:

$\vec{E} = -\nabla\Phi - \partial_t \vec{A}$ ,  $\vec{B} = \nabla \times \vec{A}$  as secondary fields derived from swirl-based potentials in the æther.

### 3. “Der Äther darf nicht als ein Medium mit mechanischen Eigenschaften gedacht werden...”

#### Original (1920):

“Der Äther darf nicht als ein Medium mit mechanischen Eigenschaften gedacht werden, wie es die alten Ätherkonzepte vorschlugen. Er besitzt keine Bewegungen, wie z.B. Geschwindigkeit.”

#### Translation:

“The æther must not be thought of as a medium with mechanical properties, as the old concepts of æther suggested. It has no motion in the usual sense, like velocity.”

#### VAM Mapping:

In VAM, the æther has field-like behavior, not particulate or elastic-body behavior. The “no absolute velocity” principle is respected via invariance under global coordinate trans-

formation, but local rotational states  $\vec{\omega} \neq 0$  define structure. Time dilation depends on vorticity [16]:

$$\frac{d\tau}{dt} = \sqrt{1 - \frac{C_e^2}{c^2} e^{-r/r_c}}$$

4. “Das Gravitationsfeld selbst kann als ein Zustand dieses Äthers angesehen werden.”

**Original (1920):**

“Das Gravitationsfeld selbst kann als ein Zustand dieses Äthers angesehen werden.”

**Translation:**

“The gravitational field itself can be regarded as a state of this æther.”

**VAM Mapping:**

This is directly analogous to the VAM interpretation of gravity: not as spacetime curvature, but as an emergent effect of vorticity-induced pressure gradients:

$$\nabla P = \rho_{\text{æ}} \vec{a} = -\frac{1}{2} \rho_{\text{æ}} \nabla |\vec{\omega}|^2$$

5. “Die Zeit ist in einem Gravitationsfeld anders definiert...”

**Original (1916, Grundlagen der ART):**

“Die Zeit ist in einem Gravitationsfeld anders definiert als in der Abwesenheit desselben; die Zeitdifferenz hängt von der Lage im Feld ab.”

**Translation:**

“Time is defined differently in a gravitational field than in its absence; the time differential depends on the position within the field.”

**VAM Mapping:**

This statement supports VAM’s approach of local time dilation derived from rotational energy density and vorticity:

$$\frac{d\tau}{dt} = \sqrt{1 - \frac{1}{U_{\text{max}}} U_{\text{vortex}}} = \sqrt{1 - \frac{1}{2U_{\text{max}}} \rho_{\text{æ}} |\vec{\omega}|^2}$$

“Einstein did not eliminate the æther. He redefined it. VAM takes the next step.”

— O. Iskandarani

## Appendix V: VAM Resolution of Einstein’s Final Æther Paradox

Einstein’s Final Æther Statement (1920)

“Space without æther is unthinkable; for in such space there not only would be no propagation of light, but also no possibility of existence for standards of space and time (measuring-rods and clocks), nor therefore any space-time intervals in the physical sense. But this æther may not be thought of as endowed with the quality characteristic of ponderable media, as consisting of parts which may be tracked through time. The idea of motion may not be applied to it.”

**The paradox:** Einstein’s statement crystallizes his ultimate æther paradox: space must be endowed with physical qualities (an æther), yet the æther must possess no trackable motion, no mechanical parts, and no temporally evolving components. The æther is thus essential but static—a silent scaffolding for relativistic structure.

## VAM Resolution: Internal Motion Without Bulk Translation

The Vortex Æther Model (VAM) resolves this paradox by distinguishing between bulk translational motion and internal rotational structure:

- The æther is **incompressible and inviscid**, preserving the continuum assumptions of fluid dynamics.
- It is **globally at rest** ( $\vec{v}_{\text{bulk}} = 0$ ), with no net velocity relative to absolute space.
- It is **locally dynamic**, supporting conserved vorticity and phase evolution:

$$\boldsymbol{\omega} = \nabla \times \vec{v}, \quad \vec{v}(r) = \frac{C_e}{r} e^{-r/r_c} \hat{\theta}$$

- It is **temporally causal**, with internal memory encoded in the swirl clock phase:

$$S(t) = \int \Omega(r) dt = \int \frac{C_e}{r_c} e^{-r/r_c} dt$$

No “parts” are tracked spatially, but topological invariants (vortex knots, helicity, linking number) serve as memory carriers—fulfilling Einstein’s requirements without violating his restrictions.

## Clocks and Rods from Swirl Geometry

Einstein argued that standards of space and time (measuring rods, clocks) require a nontrivial substrate. In VAM:

- Both are emergent from local swirl structures. A “particle” is a **knotted vortex loop** with angular frequency  $\Omega$ , circulation  $\Gamma$ , and internal energy:

$$U_{\text{vortex}} = \frac{1}{2} \rho_{\text{æ}}^{(\text{energy})} |\boldsymbol{\omega}|^2$$

- Time dilation near such a structure follows:

$$\frac{d\tau}{dt} = \sqrt{1 - \frac{U_{\text{vortex}}}{U_{\text{max}}}} = \sqrt{1 - \frac{1}{2U_{\text{max}}} \rho_{\text{æ}}^{(\text{energy})} |\boldsymbol{\omega}|^2}$$

- Thus, “clocks” and “rods” are manifestations of local energetics and topology, not primitive objects.

## Reinterpreting “No Trackable Parts”

Einstein forbade tracking “parts” of the æther through time. In VAM:

- Fluid elements are not tracked by position;
- Instead, **vortex filaments** and their topological invariants ( $\ell$ ,  $H$ ,  $K$ ) encode causal evolution and system memory;
- These are not particulate—they are topological excitations, reconciling Einstein’s view with a physically rich substrate.

## Conclusion: From Silent Substrate to Structured Swirl

Where Einstein’s æther was a silent backdrop enabling relativity, VAM’s æther is an active but non-translating medium whose internal structure encodes mass, time, inertia, and gravity.

*“Einstein stripped the æther of velocity to preserve symmetry. VAM restores internal motion to recover substance.”*

— O. Iskandarani

## Final Reflection: Æther Past and Future

These appendices trace a conceptual lineage—beginning with Maxwell’s mechanical æther as a carrier of field stresses, evolving through Kelvin’s vision of atoms as knotted vortex rings, and reformulated by Einstein into a geometric substrate underlying spacetime itself. Each step preserved the core intuition: that empty space is not truly empty, but possesses structure, energy, and dynamical influence. The Vortex Æther Model (VAM) completes this lineage by merging the fluid and field paradigms into a unified topological framework. In VAM, the æther is no longer an abstract scaffolding or discarded relic, but a physically real medium: incompressible, inviscid, and threaded with quantized vorticity. Mass arises from rotational energy; gravity from swirl-induced pressure gradients; time from the internal phase of topological knots. Where previous æther models lacked formal consistency or empirical validation, VAM draws on modern tools—fluid dynamics, knot theory, Hamiltonian flows, and high-precision measurement—to revisit the æther hypothesis with scientific rigor and predictive power. Einstein redefined the æther without abandoning it. VAM takes the next step—restoring motion, structure, and causality to the medium beneath all physical law.

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