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## Appendix A

### Keystone Constant Relations in VAM

Throughout the main text we defined the three primitive æther parameters

$$F_{\max}, \quad r_c, \quad C_e, \quad (1)$$

and showed how they fix all familiar quantum and gravitational constants. For completeness we collect here the four one-line identities that anchor  $\hbar$ ,  $E = h\nu$ , the Bohr radius  $a_0$  and Newton's constant  $G$  in terms of (??). All algebra employs only dimensional relations, the fine-structure constant  $\alpha = 2C_e/c$ , and the Planck time  $t_P \equiv \sqrt{\hbar G/c^5}$ . Figures quoted use the canonical numerics of Tab. 1.

#### A.1 Planck's Constant from Æther Tension

A photon of Compton frequency  $\nu_e$  wraps two half-wavelength helical arcs ( $n = 2$ ) around the electron vortex. Matching angular momenta and adopting a Hookean core gives

$$h = \frac{4\pi F_{\max} r_c^2}{C_e} = 6.626\,070 \times 10^{-34} \text{ J s}; \quad (2)$$

see Sec. 3.1.

#### A.2 Photon Energy: $E = h\nu$

Treating the helical photon as a parallel-plate capacitor of plate area  $A = \lambda^2$  and spacing  $d = \lambda/2$  yields

$$C = 2\varepsilon_0 \lambda, \quad E = \frac{Q^2}{2C} = \frac{e^2}{4\varepsilon_0 C_e} \nu = h\nu, \quad (3)$$

where  $e^2/4\varepsilon_0 C_e = h$  follows from Eq. (??) plus  $\alpha = 2C_e/c$ .

#### A.3 Bohr (or Sommerfeld) Radius

Combining Eq. (??) with  $\alpha = 2C_e/c$  gives

$$a_0 = \frac{\hbar}{m_e c \alpha} = \frac{F_{\max} r_c^2}{m_e C_e^2} = 5.291\,772 \times 10^{-11} \text{ m}. \quad (4)$$

All hydrogenic orbital radii then follow the textbook  $r_n = n^2 a_0 / Z$  scaling with no further parameters.

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#### A.4 Newton's Constant

Eliminating  $\hbar$  between Eq. (??) and the Planck-time identity  $t_P^2 = \hbar G/c^5$  yields

$$G = F_{\max} \alpha \frac{(ct_P)^2}{m_e^2} = \frac{C_e c^5 t_P^2}{2F_{\max} r_c^2} = 6.674\,30 \times 10^{-11} \text{ m}^3 \text{ kg}^{-1} \text{ s}^{-2}. \quad (5)$$

Either form in Eq. (??) matches all laboratory and astronomical measurements within the quoted CODATA uncertainty.

#### A.5 Consequences

A single triad  $(F_{\max}, r_c, C_e)$  locks  $\hbar, a_0, h\nu$ , and  $G$ . Any independent experimental change to one of the three primitives would break *all* four constants simultaneously—making the VAM framework highly falsifiable.

**Numerical Inputs** (taken from Tab. 1):  $F_{\max} = 29.053507 \text{ N}$ ,  $r_c = 1.40897017 \times 10^{-15} \text{ m}$ ,  $C_e = 1.09384563 \times 10^6 \text{ m s}^{-1}$ ,  $m_e = 9.10938356 \times 10^{-31} \text{ kg}$ ,  $t_P = 5.391247 \times 10^{-44} \text{ s}$ .