

Oppgave 1

$$s = v \cdot t$$

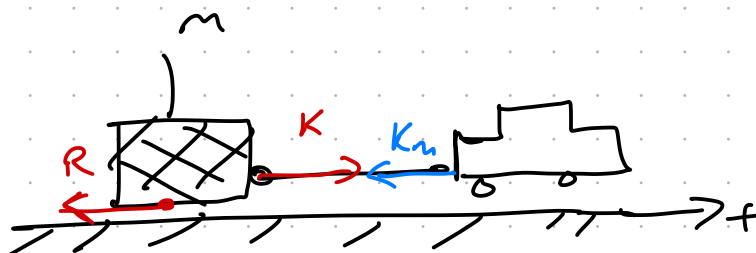
$$v = 340 \frac{\text{m}}{\text{s}}$$

$$t = 10 \text{ s}$$

$$s = 340 \frac{\text{m}}{\text{s}} \cdot 10 \text{ s} = 3400 \text{ m}$$

$$s = 3,4 \text{ km}$$

$$\text{Svar: 2) } 3,4 \text{ km}$$

Oppgave 2

$$m = 5 \text{ kg}$$

$$K = 15 \text{ N}$$

$$R = -5 \text{ N}$$

a) K_m : kraft fra kasse på bil

$$K_m = -K = -15 \text{ N}$$

(Newtons 3. lov)
kraft = motkraft

$$\text{Svar: 1) } -15 \text{ N}$$

$$b) \quad s = s_0 + v_0 t + \frac{1}{2} a t^2$$

↑ ↑ ↑
0 0 ?

$$\Sigma F = m \cdot a \quad (\text{Newtons 2. lov})$$

$$a = \frac{\Sigma F}{m}$$

$$\Sigma F = K - R$$

$$s = \frac{1}{2} \cdot \frac{(K - R)}{m} \cdot t^2$$

$$= \frac{1}{2} \cdot \frac{(15 - 5) \text{ N}}{5 \text{ kg}} \cdot (10 \text{ s})^2 = \frac{1}{2} \cdot \frac{10}{5} \cdot 100 \text{ m}$$

$$s = 100 \text{ m}$$

Svar: 1) 100 m

Oppgave 3

$$Z = X - Y$$

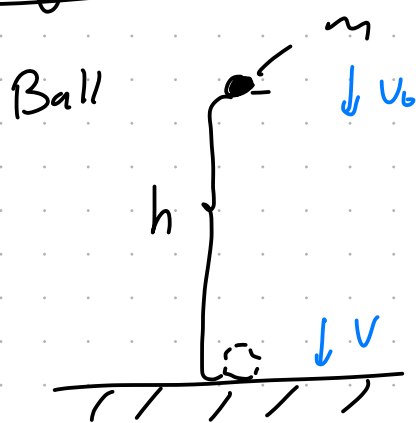
$$= (123,0 - 1,2) \text{ cm} = 121,8 \text{ cm}$$

$$\delta Z = \delta X + \delta Y = 0,5 \text{ cm} + 0,1 \text{ cm} = 0,6 \text{ cm}$$

$$Z = 121,8 \text{ cm} \pm 0,6 \text{ cm}$$

Svar: 4) $(121,8 \pm 0,6) \text{ cm}$

Oppgave 4



$$m = 80 \text{ g} = 0,080 \text{ kg}$$

$$h = 1,00 \text{ m}$$

$$v_0 = 0$$

$$v = ?$$

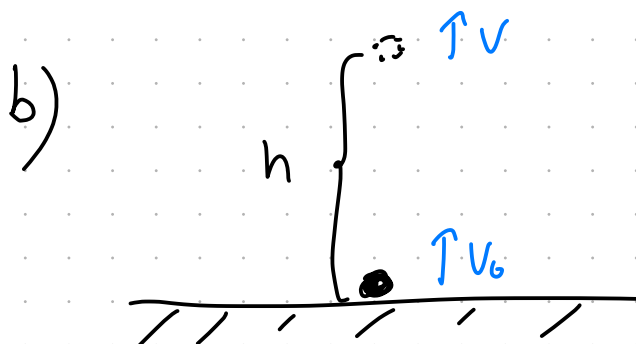
a) Beværing mekanisk energi:

$$mgh = \frac{1}{2}mv^2$$

$$v = \sqrt{2gh} = \sqrt{2 \cdot 9,81 \frac{\text{m}}{\text{s}^2} \cdot 1,00 \text{ m}}$$

$$v = 4,43 \frac{\text{m}}{\text{s}}$$

Svar: 3) $4,43 \frac{\text{m}}{\text{s}}$



$$v_0 = 0,9 \cdot 4,43 \frac{\text{m}}{\text{s}} = 3,987 \frac{\text{m}}{\text{s}}$$

$$v = 0$$

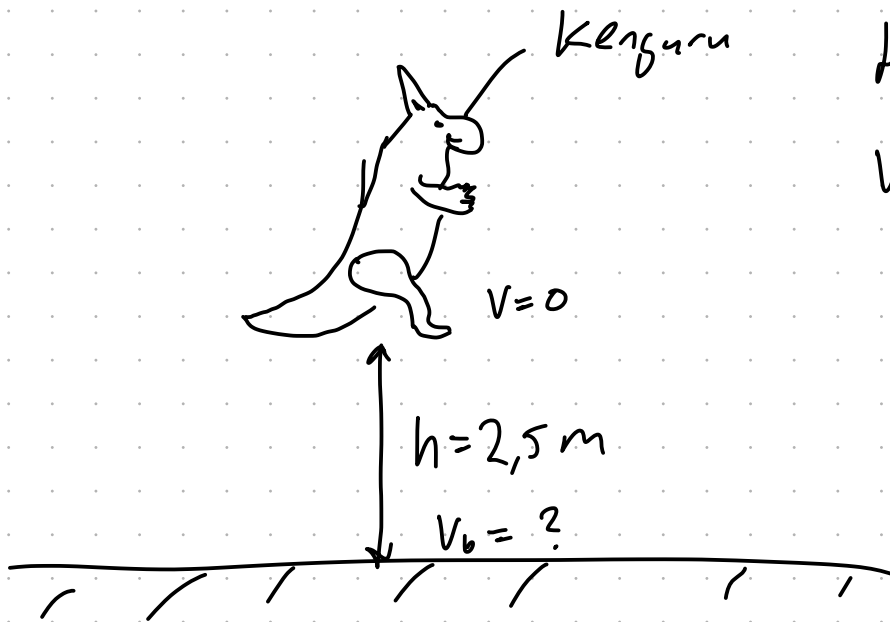
$$h = ?$$

$$\frac{1}{2}mv_0^2 = mgh$$

$$h = \frac{v_0^2}{2g} = \frac{(3,987 \frac{\text{m}}{\text{s}})^2}{2 \cdot 9,81 \frac{\text{m}}{\text{s}^2}} = 0,81 \text{ m}$$

Svar: 2) $0,81 \text{ m}$

Oppgave 5



Hopper 2,5 m rett opp

$$V_0 = ?$$

Energi bevaring: $\frac{1}{2} m v_0^2 = m g h$

$$v_0 = \sqrt{2gh} = \sqrt{2 \cdot 9,81 \frac{m}{s^2} \cdot 2,5 m}$$
$$= 7,0 \frac{m}{s}$$

Svar : 2) $7,0 \frac{m}{s}$

(kan også bruke tidløs formel)

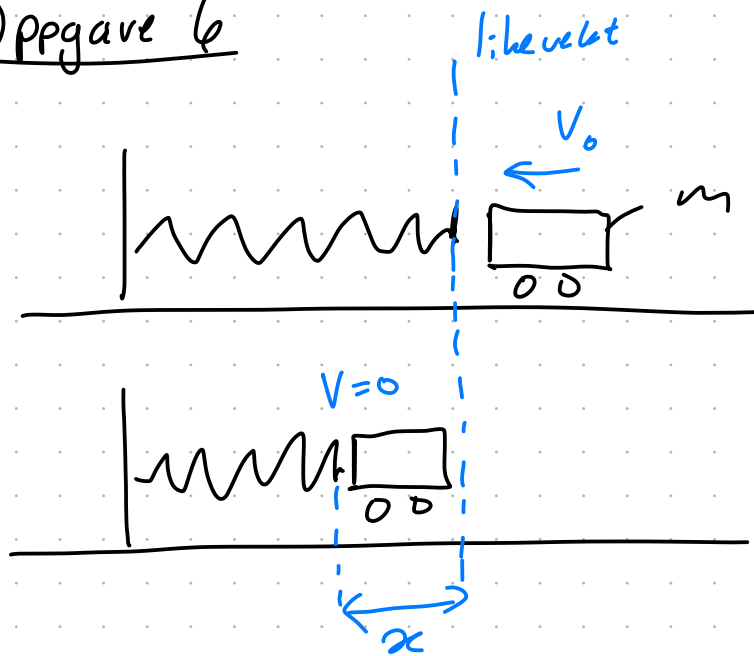
$$v^2 - v_0^2 = 2a(s - s_0)$$

$\uparrow \quad \uparrow \quad \uparrow$
 $0 \quad ? \quad 0$

$$-v_0^2 = 2as \leftarrow \text{positiv retning opp}$$
$$a = -g$$

$$v_0 = \sqrt{2gs} \quad (s = h, \text{ dvs. samme ligning som over})$$

Oppgave 6



$$m = 0,250 \text{ kg}$$

$$v_0 = 6,0 \frac{\text{m}}{\text{s}}$$

$$k = 200 \frac{\text{N}}{\text{m}}$$

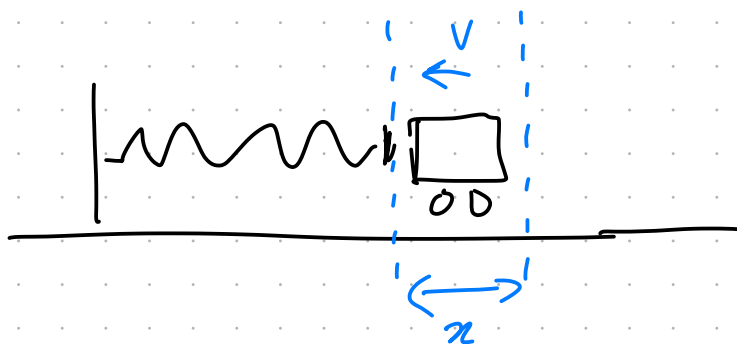
a) Energi bevaring: $\frac{1}{2}mv_0^2 = \frac{1}{2}kx^2$

$$x = \sqrt{\frac{mv_0^2}{k}} = \sqrt{\frac{0,250 \text{ kg} \cdot (6,0 \frac{\text{m}}{\text{s}})^2}{200 \frac{\text{N}}{\text{m}}}}$$

$$= \sqrt{\frac{9 \text{ kg} \frac{\text{m}^2}{\text{s}^2}}{200 \frac{\text{N}}{\text{m}}}} = 0,21 \text{ m}$$

Svar: 4) $x = 0,21 \text{ m}$

b)



$$V = \frac{1}{2} V_0$$

$$x = ?$$

Energi bevaring:

$$\frac{1}{2} k x^2 = \frac{1}{2} m V_0^2 - \frac{1}{2} m V^2$$

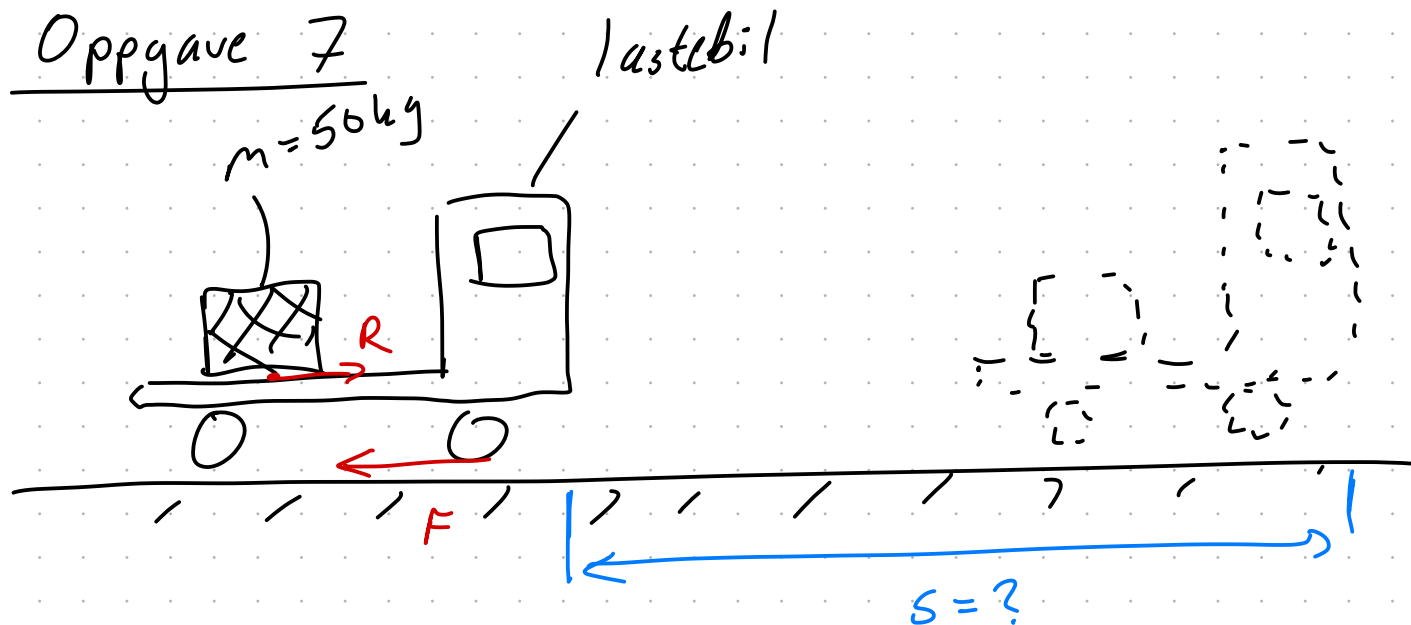
$$x = \sqrt{\frac{m}{k} (V_0^2 - V^2)} = \sqrt{\frac{m}{k} (V_0^2 - \frac{1}{4} V_0^2)}$$

$$= \sqrt{\frac{m}{k} \frac{3}{4} V_0^2} = \sqrt{\frac{m V_0^2}{k}} \cdot \sqrt{\frac{3}{4}}$$

$$= 0,18 \text{ m}$$

Svar : 1) $x = 0,18 \text{ m}$

Oppgave 7



Bremses uten at kassen glir.

Den kraftigste oppbremsingen bilen kan ha må ha kraft mindre eller lik friksjonskraften R til kassen når den glir.

$$R = \mu N = \mu mg$$

Akkselerasjonen til bilen er gitt ved bremskraften F .

$$F = m \cdot a$$

$$\Sigma F = F + R \Rightarrow F = -R$$

$$m \cdot a = -\mu mg$$

$$a = -\mu g$$

Strekning får vi fra tidløs formel

$$v^2 - v_0^2 = 2a(s - s_0)$$

\uparrow
0

\uparrow
0

$$-v_0^2 = 2as = -2\mu g s$$

$$s = \frac{v_0^2}{2\mu g} = \frac{\left(\frac{50 \text{ m}}{3.6 \text{ s}}\right)^2}{2 \cdot 0.5 \cdot 9.81 \frac{\text{m}}{\text{s}^2}}$$

$$s = 19.7 \text{ m}$$

Svar: 4) 20 m