

wonder

PREP PROCEDURE

Date Issued: 01.28.2026

SUPERGREENS MIX

Version: 02

Issued by: HDR Operations

SMALL WARES/TOOLS

- Mixing bowl
- Gram scale

YIELD

One (1) Pan = ~6 Portions

LABEL

Prep N Print

UPDATED SHELF LIFE

4 days

INGREDIENTS

- Arugula, Wild, Satur Farms [Pack, 4oz Retail] (8807336)
- Lettuce, Curly Kale, 1/4" Sliced [Pack, 2LB Retail] (8807240)
- Lettuce, Romaine, Chopped (5182218)

QUALITY/TASTING NOTES

None

PROCEDURES



1

Place a mixing bowl on a scale and tare the scale to 0.



2

In a mixing bowl, put in a 4 oz bag of Arugula (113g).



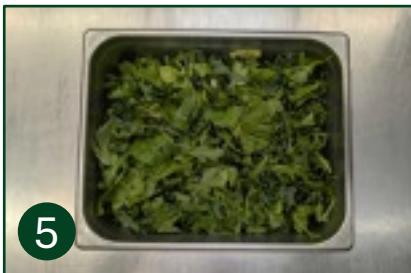
3

Tare the scale and place 200g of Curly Kale into the mixing bowl.



4

Tare the scale and place 250g of Romaine Lettuce into the mixing bowl.



5

Toss lightly with gloved hand until fully incorporated and transfer the mixture to a deep, 6" half hotel pan.