

# Vivoactive HR

## Activity Tracking

Step count, calories, distance, sleep, floors climbed, intensity minutes, wrist based HR 24/7, auto step-goal

## Move Bar

Displays a red move bar after one hour of inactivity and grows across the screen each 15 minutes of inactivity.

**Color Touchscreen Display** - Ultra-thin, high-resolution and sunlight readable

**Smart Notifications** - Gently vibrates and displays alerts for incoming calls, texts, emails, calendar, etc.

**Built-in GPS + GLONASS + EPO** (For faster satellite acquisition)

**Running** - Track pace, time, cadence, distance, and heart rate.\* Includes Auto Pause, Auto Lap, and more.

**Cycling** - Measure time, distance and speed, cadence\*, and heart rate\*

**Swimming** - Track distance, pace, stroke count/rate, and SWOLF score

**Standup Paddleboarding App (SUP)** - stroke rate, stroke count, distance per stroke, stroke rate alerts

**Row App** - 500m pace, stroke rate, stroke count, distance per stroke, stroke rate alerts

**Row Indoor App** - stroke rate, stroke count, stroke rate alerts

**Ski/Snowboard/XC ski** - speed, distance, run count, elevation change

## Golfing

Supports over 40,000 courses worldwide, supports individual scorecards, displays front/middle/back of green, Layup, and dogleg distance, and measures shot distance

## Connect IQ

Free downloads of watch faces, widgets, data fields and apps from our Connect IQ store

**Garmin Connect™** support to save, plan and share your progress and join online challenges

**Auto Sync** automatically syncs with your smartphone throughout the day

## Battery Life

Up to 8 days in watch/smart alert/activity tracking mode

Up to 13 hours using GPS



\*With compatible ANT+ accessory

GARMIN