

vivosmart® HR+

Wrist Based Heart Rate using Garmin Elevate PLUS Built in GPS

technology measures heart rate at the wrist 24/7

Move IQ – track your walking, running, biking swimming & elliptical training without the need to start a timed activity

Running Metrics – track distance, pace & personal records, run/walk mode & Virtual pacer

Activity Features

- Daily activity tracking:
 - Steps, Mileage, Sleep, Calories and Floors Climbed
 - Auto Goal
 - Move Alert
- Activity Timer:
 - Start/Stop Activity
 - Displays and Logs Time, Distance, HR

Bluetooth Features*

- Smart notifications:
 - Text, Email, Calendar, and more
- Auto Sync
- Music control (+volume control for some Android phones)

Physical

- Backlit Touch Screen
- Battery Life – up to 5 days
- Vibration alerts
- 5ATM



*Requires iPhone 4S or newer, and Android 4.3 or newer with BT4.0 hardware