# Elevate Wrist Based Heart Rate Vibration Alerts Customizable Data Fields GPS enabled with EPO

Stores 7 days of satellite info for quicker acquisition times using EPO

**Water Rating: 5ATM** 

# Simplified user interface

Display options include: Time, Distance, Current Pace, Average Pace, Lap Time, Lap Distance, Lap Pace, and Calories

### **Run options**

- Run/Walk alerts for interval training
- Virtual Pacer to stay on track with a goal pace
- Auto Lap automatically creates splits each mile
- Auto Pause pauses the timer when you stop moving

#### Personal records

# **ANT+ Compatibility** for heart rate monitor and foot pod support **Activity tracking**

Step count, sleep, calories, distance, and inactivity indicator

## Smartphone Connectivity via Bluetooth2

- Live Tracking
- Instant data upload to Garmin Connect
- Incoming call, text, email and calendar alerts

**Battery Life:** 13 hours in Training Mode (GPS) 9 days in watch mode

# Forerunner 35







