

## GPS + Glonass Multisport Watch with built in wrist based HR

# Forerunner 735XT

- 14HR battery life with continuous GPS use—Up to 24hrs with UltraTrac
- Watch/activity tracking mode (Up to 11 days battery life)
  - Steps, Mileage, Calories, Auto Goal, Move Alert, Sleep Tracking,
- **Connect IQ support** to Customize with watch faces, data fields, widgets and apps
- **Faster GPS fix with EPO (Extended Prediction Orbit)**
- **5ATM Water Rating**, open swim tracking, indoor swim metrics
  - Distance, Pace, Stroke Type Identification, Swolf Score, Stroke Count, Lap Count, Drill Logging, Rest Splits
- **Auto Multisport Mode, Virtual Partner, Courses, Custom Workouts**
- **Vibrating/Audible Alerts**
  - Time, Distance, Calories, HR, Power, Run/Walk, Swim Alerts
- **Running Metronome**
- **Basic Navigation**
- **Virb support** to start/stop recording or capture still
- **Garmin Connect Mobile Support – BLE\***
  - Live Track, Social/Activity Upload
  - Smart Alerts
    - email, text, calls, etc. (iOS & Android)
- **Ant+ support:** Power Meter, HRM-Run, foot pod, speed/cadence\*
- **With any HRM:**
  - VO2 max - Running, Race Predictor, Recovery timer, Performance Condition, Lactate Threshold, Stress Score
- **Paired with HRM-Run™:**
  - Vertical Oscillation, Vertical Ratio, Stride Length, Ground Contact Balance, Ground Contact Time, Cadence
- **Paired with HRM and Power Meter - VO2 max - Cycling**



**Plus** built in apps for:  
SUP, Rowing, Ski/Board,  
XC skiing