

# vivosmart® HR

## Wrist Based Heart Rate using Garmin Elevate

vivosmart HR smart activity tracker<sup>1</sup> with Elevate™ wrist heart rate technology measures heart rate at the wrist 24/7

## Activity Features

- Daily activity tracking:
  - Steps, Mileage, Sleep, Calories and Floors Climbed
  - Auto Goal
  - Move Alert
- Activity Timer:
  - Start/Stop Activity
  - Displays and Logs Time, Distance, HR

## Bluetooth Features\*

- Smart notifications:
  - Text, Email, Calendar, and more
- Auto Sync
- Music control (+volume control for some Android phones)

## Physical

- Backlit Touch Screen
- Battery Life – up to 7 days
- Vibration alerts
- 5ATM



\*Requires iPhone 4S or newer, and Android 4.3 or newer with BT4.0 hardware