

Forerunner®630

GPS + GLONASS with Extended Predicted Orbit

Acquires location faster when regularly synced with Garmin Connect™

Audio Prompts

Receive audio prompts from your connected smartphone, including laps and lap times.

Large Touch Screen Display

Viewable screen area is 44% larger than Forerunner 620, but the same physical size.

Vibration alerts

Bluetooth connection with compatible smartphone

Live Track, upload to Garmin Connect, smart notifications, control smartphone's music app

Activity Tracking

Indoor/Outdoor training

Pace & Run/Walk alerts

Speed/Cadence sensor support

Virtual Partner, Race an activity, Custom workouts & Training Plan Support

Connect IQ Support

Download additional watch faces, widgets, apps and data fields.

With an ANT+ HRM

VO2-max, Recovery Advisor, Race Predictor

Paired with HRM-Run™

Vertical Oscillation, Ground Contact Time/Balance, Cadence, Stride Length, Vertical Ratio

Physiological Measurements- Provides metrics associated with stress, performance as it relates to previous activities & lactate threshold

Lactate Threshold, Performance Condition, Stress Score

Water Rating: 5ATM

Battery Life

- 16 hrs training mode with GPS
- 4 weeks in watch/activity tracking mode



Both Forerunners are available with and without the HRM Run

GARMIN