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## Week Six Leadership Tool



160 Minutes w/ Friedman

### Product Description

Week 6 - New Tool Added and Thoughts Before Use

- My Purpose
- Do what's easy, effortless, and enjoyable → 3 E's
- Vocation = a strong feeling of suitability in your position, like it's meant to be
- 4th E -= enthusiasm
- 5th E = essence → inner most significant thing
- LIVE MY POST IT NOTE!
- What activities provide the truest expression of me?
- When we don't have a vision, we slow down + tense up
- You can always control your attitude
- Fish Philosophy
- Don't be mediocre or stop halfway up the mountain
- The leader gets too much credit → followers are just as important

### Tool Description

This week's 6 tool helps me understand the importance of finding my purpose. It helps me identify what in my life is easy, effortless, enjoyable, and fulfills me. The tool helps me figure out what in my life is working with those values and also against them. Furthermore, the tool helps me always be a kind person with a positive attitude.

### Customer Reviews

★★★★★ Using Week 6 Leadership Tool – Thought

Verified Student

**My Purpose – 3 E's**

Thought about how for me that's having alone time and working on my goals - moving the needle.

★★★★★ Using Week 6 Leadership Tool – Thought

Verified Student

**Vocation / loving the hard work**

Thought about how I don't always love the hard work but I know I will love the end result

## ★★★★★ Using Week 6 Leadership Tool – Thought

Verified Student

### Don't be mediocre

Thought about how I'm doing a lot of things mediocre. Especially in this class.

## ★★★★★ Office Hours Actionables

Verified Student

After meeting with you on the 29th for office hours, I left confused. I talked to you about my resume and elevator image, hoping for feedback, but that's not really what I got. For the most part, when I asked for your opinion, it seemed you didn't care since nothing much was said. When I asked you about my elevator image and whether or not the text was good, you said, "What do you think?". That's when it started to make sense. After leaving the meeting, I began to think maybe you were silent for a reason. I think you wanted me to realize it's not always about what other people think or how they do something. It's important to think for yourself. After this meeting, I started realizing that I need to be more confident in what I think is right. No more asking people how they are doing an assignment or trying to look for a definitive answer. I should do what I think is correct.

## ESP252A - 09/29 Office Hours Recap

Geissler, Bennett <geisslb@miamioh.edu>  
to Jim ▾

Hello Dr. Friedman,

Thanks for meeting with me today. Here are some takeaways I had.

1. Be more confident and trust what I think is right
2. Craft my resume in a way that appeals to me and shows my values
3. Continue doing more research about my personal brand and the caption

I look forward to carrying out my C4 ideas soon.

Best Regards,  
Bennett Geissler  
—



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Customer image

## ★★★★★ Life Update

Verified Student

This assignment reminds me of the Law of Attraction. It allowed me to envision my ideal future. I thought of exactly how I wanted my life to go over the next 5 years. This future involved me owning a successful business and finally making it. I began pondering the decisions I had to make today to reach my goals. This painted a clear picture of what needs to change in my life for me to be successful, such as: not spending as much time with friends, not rotting on the couch, networking, seeking mentorship, establishing a relationship with ESP professors, and not wasting free time. Many of these I have already made big strides in.



Customer image

### ★★★★★ Post-it Note

Verified Student

Here are my top 5 values that I look at every night before I go to bed and every morning when I wake up.



Customer image

### Customers say

This tool allowed me to have confidence in myself and my decision-making. I don't always need to ask others or ChatGPT how I SHOULD do something. This tool also helped me understand what in my life needed to be altered in order to end up in my dream position 5 years from now. I was able to see how the life I was currently living didn't line up with the life I eventually wanted. Things changed for the better.