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## Week Nine Leadership Tool

★★★★★

160 Minutes w/ Friedman

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### Product Description

Week 9 - New Tool Added and Thoughts Before Use

- The fundamentals = something many people know but few practice
- Are you just playing school? And going through the motions
- Learning is not received but rather achieved
- You must be in charge of your life and choose to learn through experience
- Everything you do makes a statement
- Catching
- No need for natural transition ■ Ask questions without needing an answer
- Be super generic when introducing a product so you can figure out what they are looking for first

### Tool Description

This week 9 tool helps me understand the importance of practicing the basics because even though they might seem easy, they still need improvement. The tool also reminded me that school should not just be about memorizing information but rather applying what you're learning to your life. You learn a lot more by actually taking action compared to just taking in information. Furthermore, this tool provides me with catching tips like not trying to force the conversion a certain direction.

### Customer Reviews

★★★★★ Using Week 9 Leadership Tool – Thought

Verified Student

**The fundamentals = something many people know but few practice**

Thought about the time when I tried out for the freshman basketball team, the coach made us practice 5-foot chest passes for 30 minutes even though it seemed easy

★★★★★ Using Week 9 Leadership Tool – Thought

Verified Student

**Are you just playing school?**

Thought about all the times in my AP/honors high school classes where all I tried to do was memorize information for

the test

### ★★★★★ School Realization

Verified Student

School Realization:

- After learning about the topic of “playing school,” I have reflected on my schooling career.
- In high school, I took a ton of really hard classes like AP calculus and AP US history and did quite well. I had a 4.35 GPA and thought I was on the right track to get a great job and make a lot of money. Fast forward to this year, I have realized why that may not have been as impressive as I once thought. The way I was learning, and how everyone else in the class was learning, was taking in information in class, writing notes, and then memorizing all the notes or memorizing class example solutions. Then, when it came test day, the class would regurgitate it on the test and do quite well.
- The grade result may be good from this, but I have now realized it wasn’t the best way to be learning. Most of the stuff I’ve learned in high school, I have totally forgotten about. It seems that the things I learn in my ESP classes, especially this one, tend to stick with me more. And the weird thing is that I don’t even go out of my way to look over notes or review information. I have simply used the information in my life.

### ★★★★★ Day of Positivity

Verified Student

Day of Positivity:

- Tuesday, November 4th, was my day of positivity. I woke up earlier than usual, around 9 am. I then decided to drive to Tours Les Jours, which is a coffee shop. Even though I don’t drink coffee, I thought I would try Mocha. I actually really enjoyed it. I also got a ham and cheese croissant, which was amazing. I then drove to the parking garage where I normally start my day and enjoyed the coffee and croissant while listening to music. This woke me up, and I enjoyed it a lot more than most mornings.
- I then walked into Farmer, trying to keep a smile on my face. I walked into my first class and really tried to be appreciative of everything and the fact that I get to sit in a classroom at an amazing college. As the day progressed, there were many times when I would start to get mad about something, whether it was homework or a long wait for food. I tried to block out these negative thoughts, but it was really hard.
- After class, I went to the business center and hopped on a call with a new developer, and this really boosted my mood. He was very smart and understanding. I then went home and treated myself to McDonald’s for dinner, which I normally try to stay away from, but I knew it would make me happy.
- I then went to my intramural football game and tried to just be a nice person to all my teammates and congratulate them on good plays. I came back from the game, took a shower, got some more work done, and then prayed before going to bed, appreciating all the amazing things I have in my life.



Customer image

### **Customers say**

This tool allowed me to see imperfections in the current schooling system. Many kids just have information thrown at them and then have to memorize it for a test - then move on. It's important to take action with what you're learning and apply it to your life, or it will be forgotten. This tool made me rethink the way I learn in school. This tool also made me aware of the fact that you dictate how your day goes. If you choose to be positive, treat yourself, and not overreact to the small inconveniences that happen, you will enjoy life a lot more.