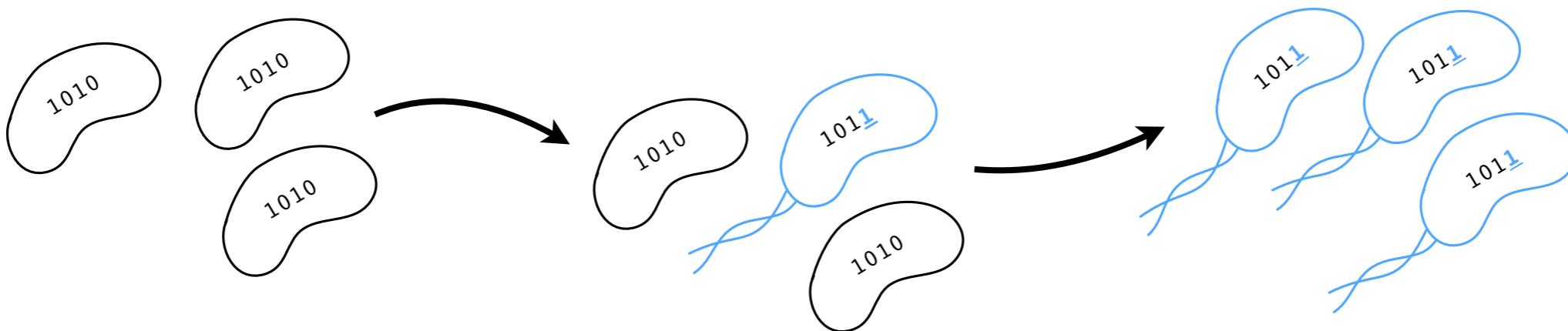


# APPHYS 205 // BIO 126/226: Introduction to Biophysics



Winter 2023

# Biology generates exquisitely complex behavior from simple chemical building blocks



e.g. a human white blood cell “chasing” an *S. aureus* bacterium (credit: David Rogers)

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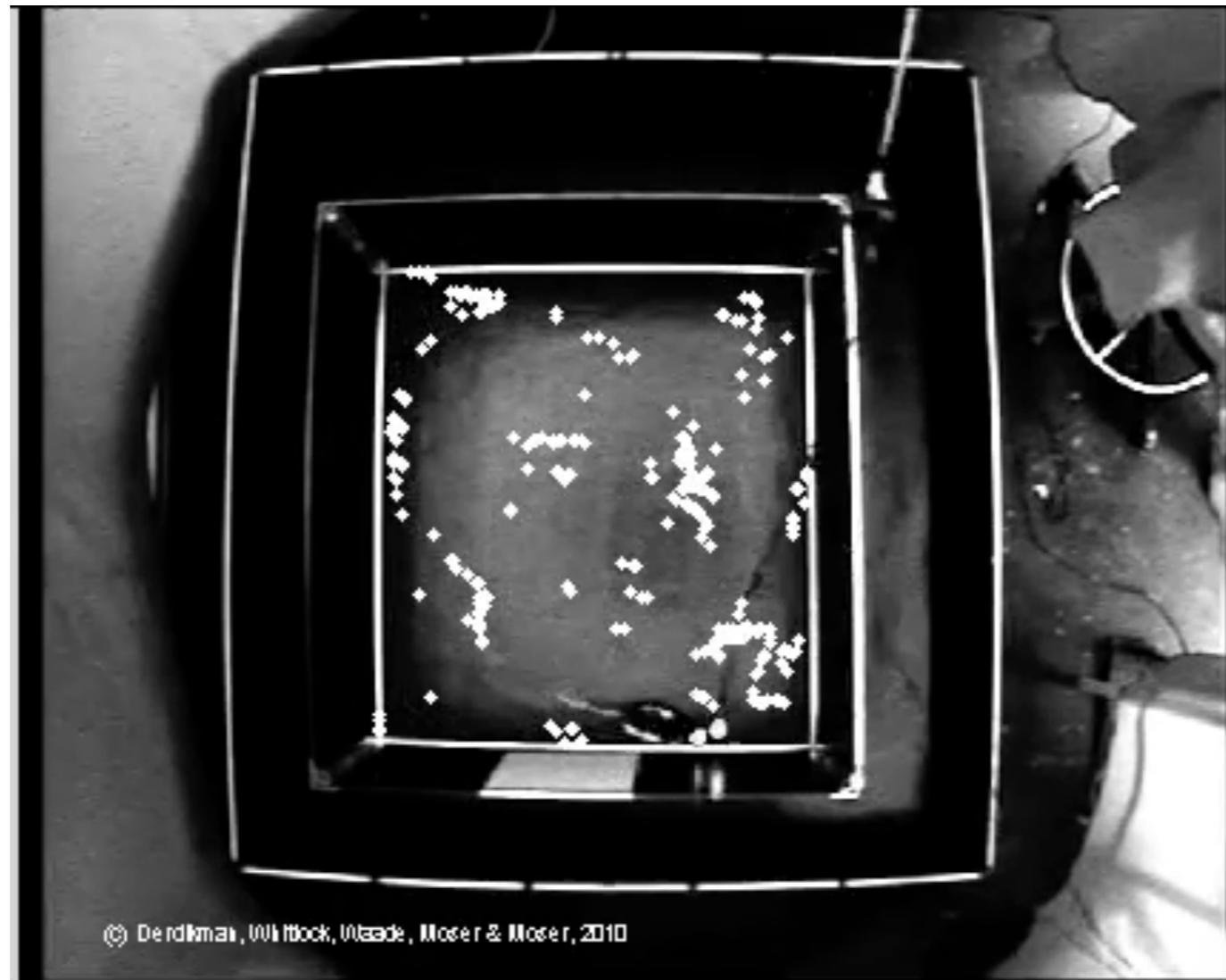
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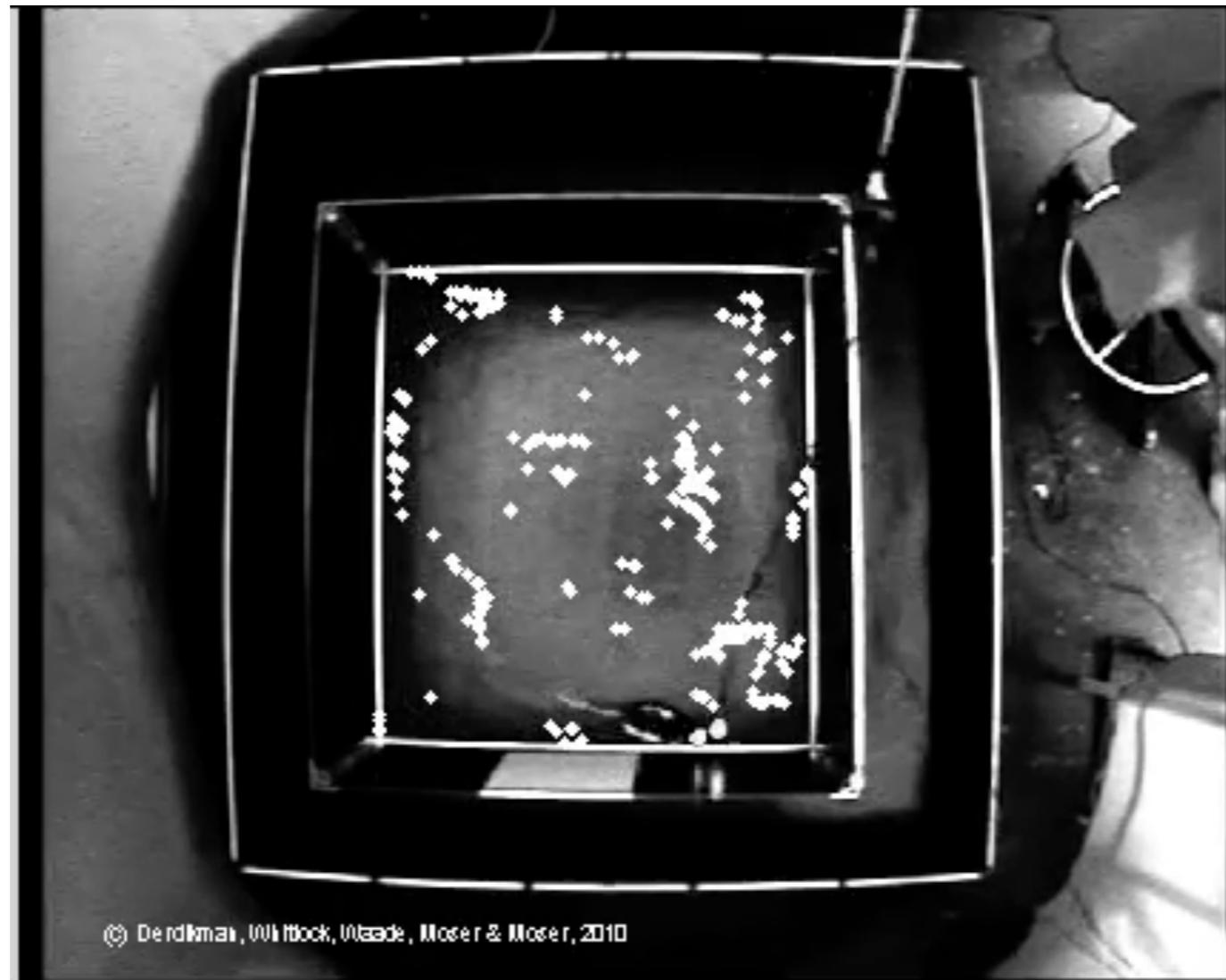
→ will discuss more in Lectures 7 & 8 (Chemotaxis)

# Biology generates exquisitely complex behavior from simple chemical building blocks



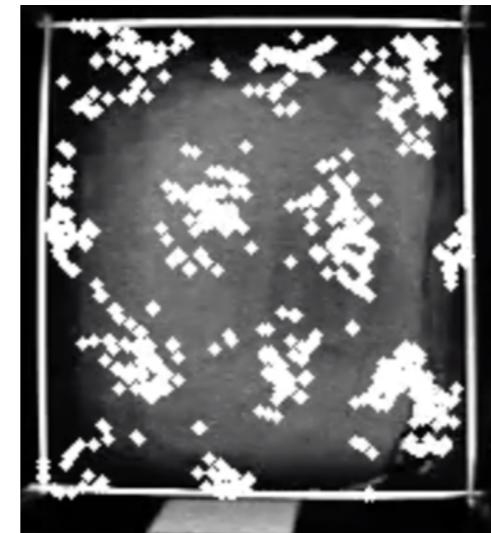
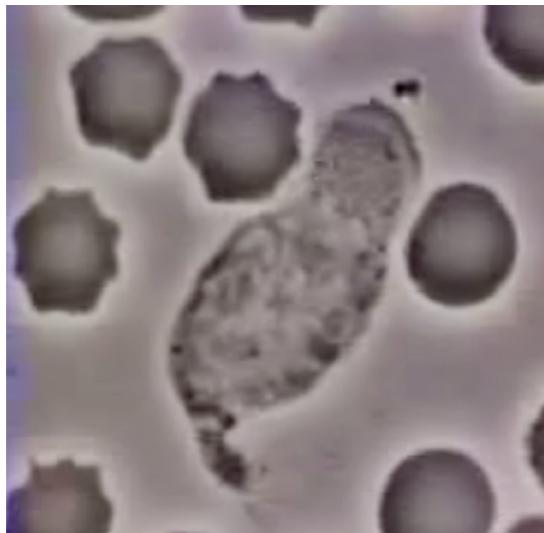
e.g. firing pattern of a single “grid neuron” in a rat moving within a box (credit: Derdikman, Whitlock, Waade, Moser & Moser)

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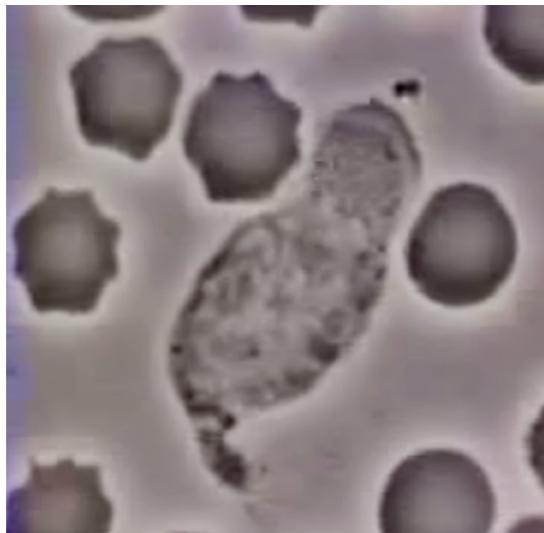
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# **Biology generates exquisitely complex behavior from simple chemical building blocks**



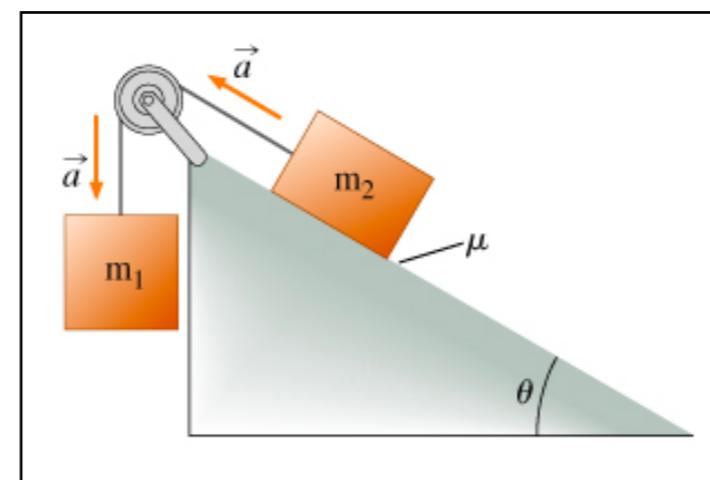
**...but physics imposes  
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# Biology generates exquisitely complex behavior from simple chemical building blocks

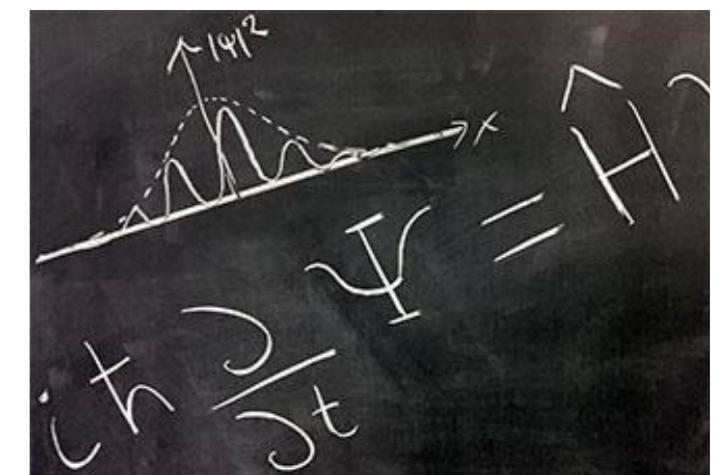


...but physics imposes strong constraints!

Can be different from our “usual” physical intuition:

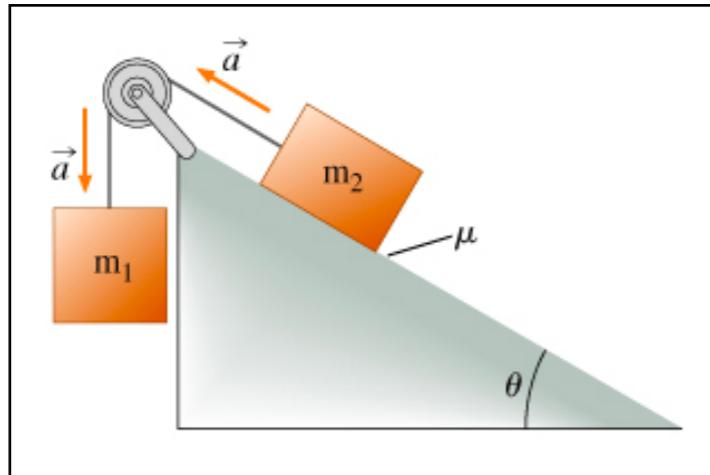


Physics of everyday objects



Quantum mechanics

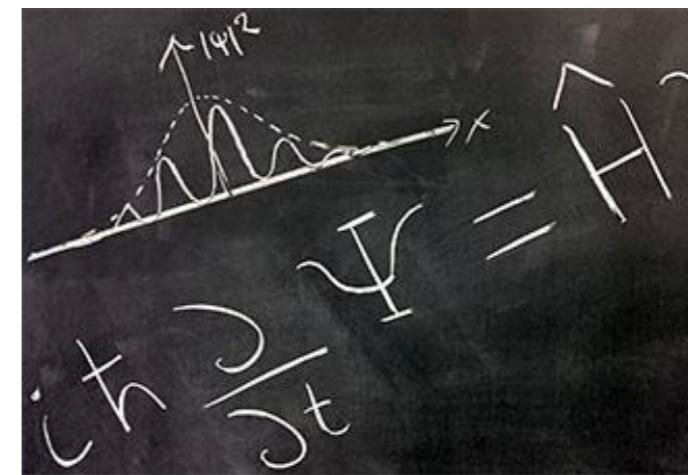
# Biology generates exquisitely complex behavior ...but physics imposes strong constraints



Physics of everyday objects



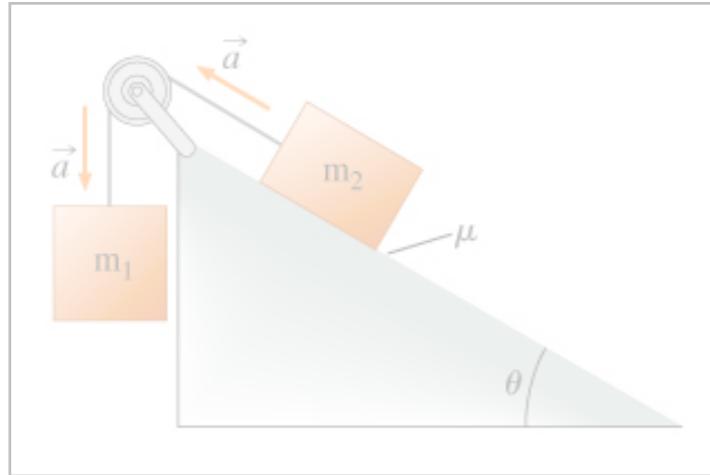
**Biophysics**



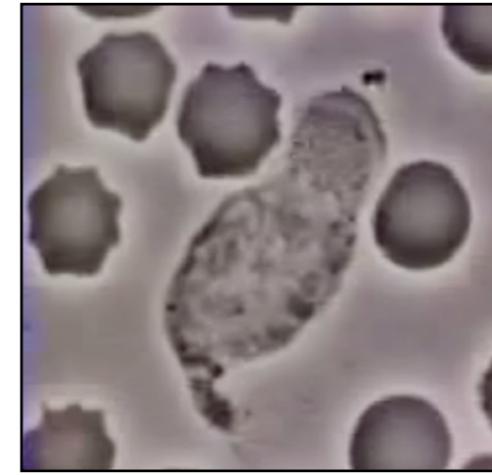
Quantum mechanics

interesting new physics emerges at these cellular scales

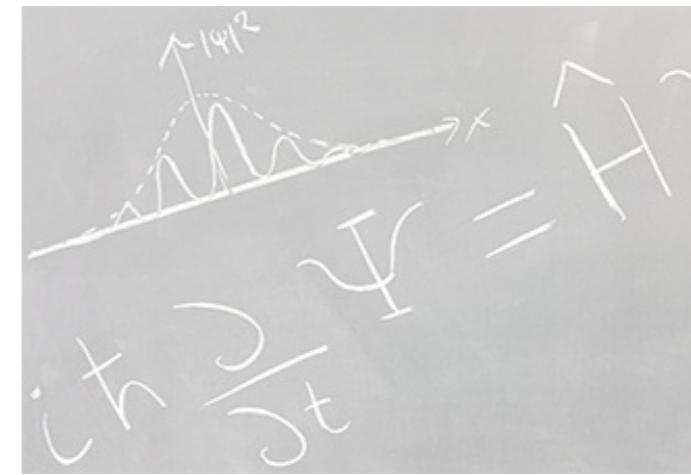
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Physics of everyday objects



**Biophysics**

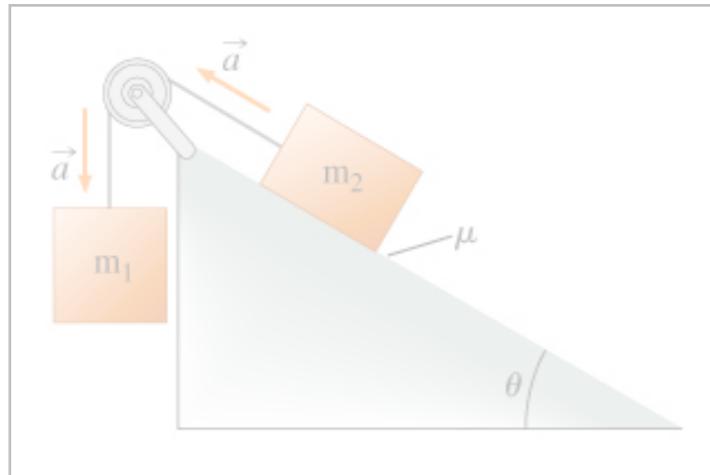


Quantum mechanics

## Major themes:

- Thermal fluctuations (**statistical mechanics**)
- Constant jostling of particles in solution (**diffusion**)
- Finite # molecules per cell (**counting noise**)

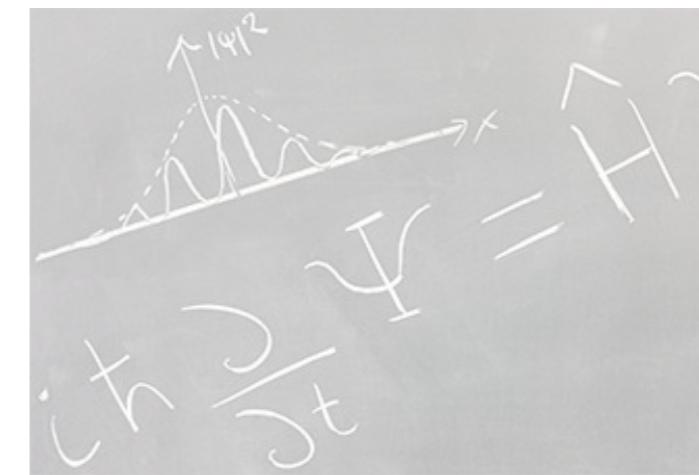
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Physics of everyday objects



**Biophysics**

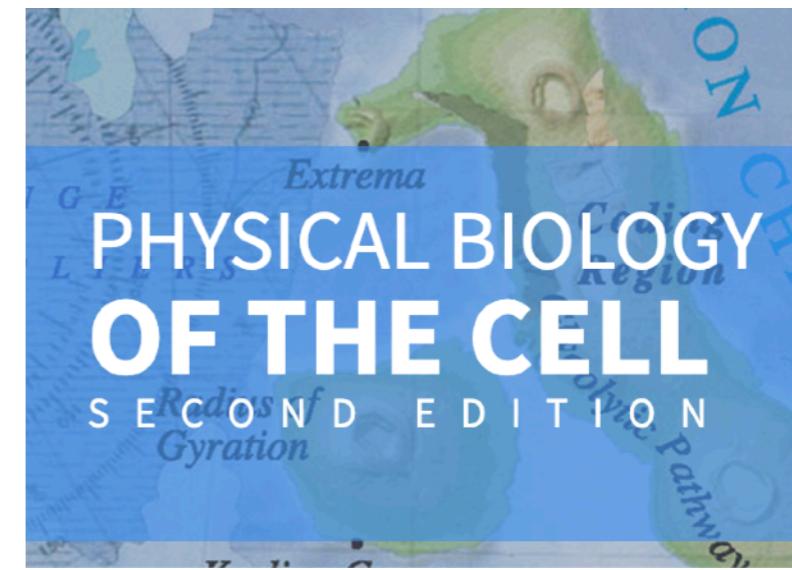


Quantum mechanics

## Major themes:

- Quantitative reasoning & order-of-magnitude estimation

**“biology by the numbers”**



Phillips, Kondev, Theriot, & Garcia

## **Today:**

tour of basic length, time,  
& number scales in biology

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tour of basic length, time,  
& number scales in biology

## Why?

- #s impose strong constraints on what physical processes are relevant

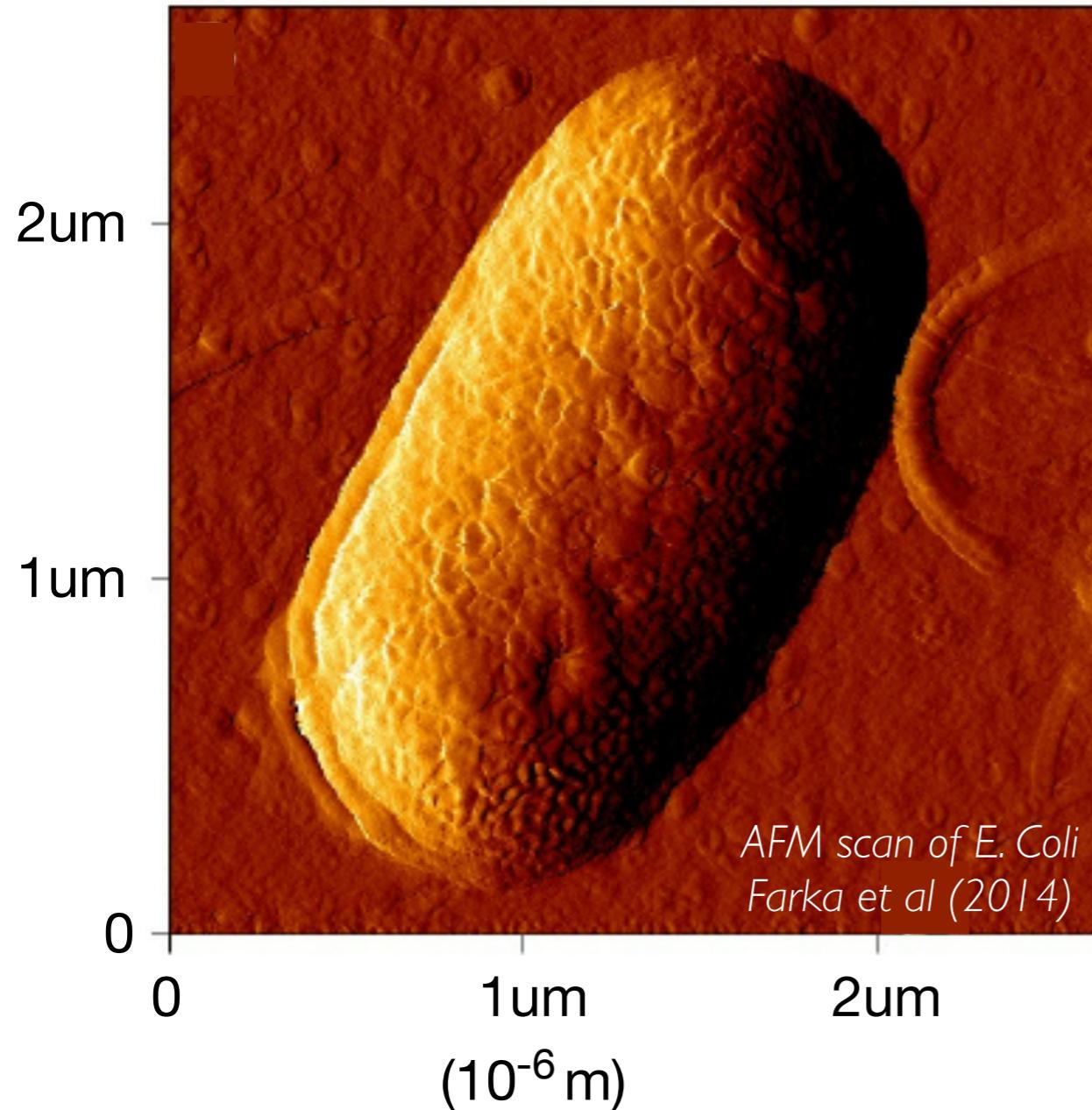
## Today:

tour of basic length, time,  
& number scales in biology

## Why?

- #s impose strong constraints on what physical processes are relevant
- “trying to explain **why** #s have the values they do often ends up being an engine of discovery.”
  - *Cell Biology by the Numbers* (Milo & Phillips) <http://book.bionumbers.org/>

# *E. Coli* will be our standard ruler

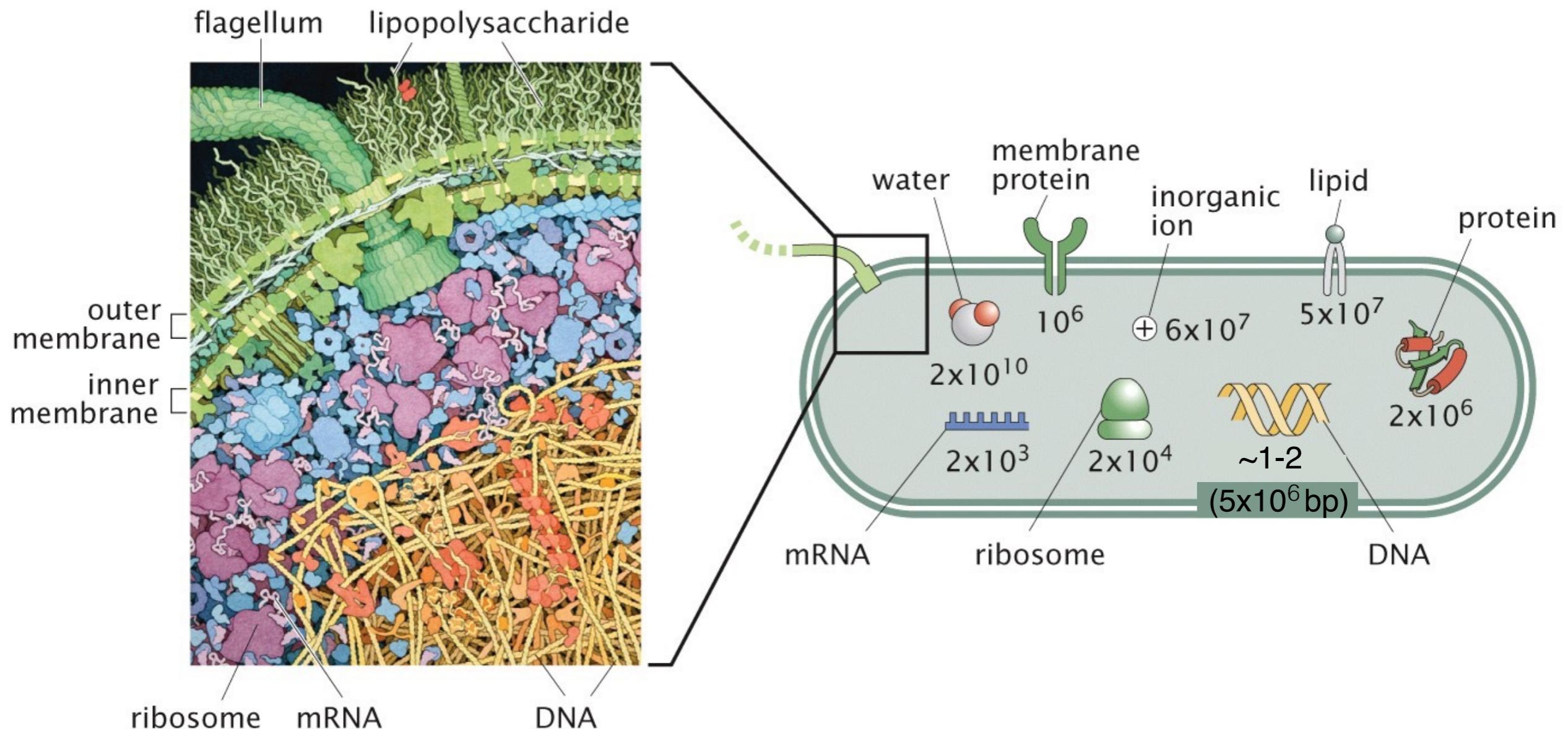


→ Volume:  $\sim(1\text{um})^3 = 10^{-15} \text{ L}$

Mass  $\sim (10^{-15} \text{ L}) (1\text{g/ml}) = 10^{-12} \text{ g}$

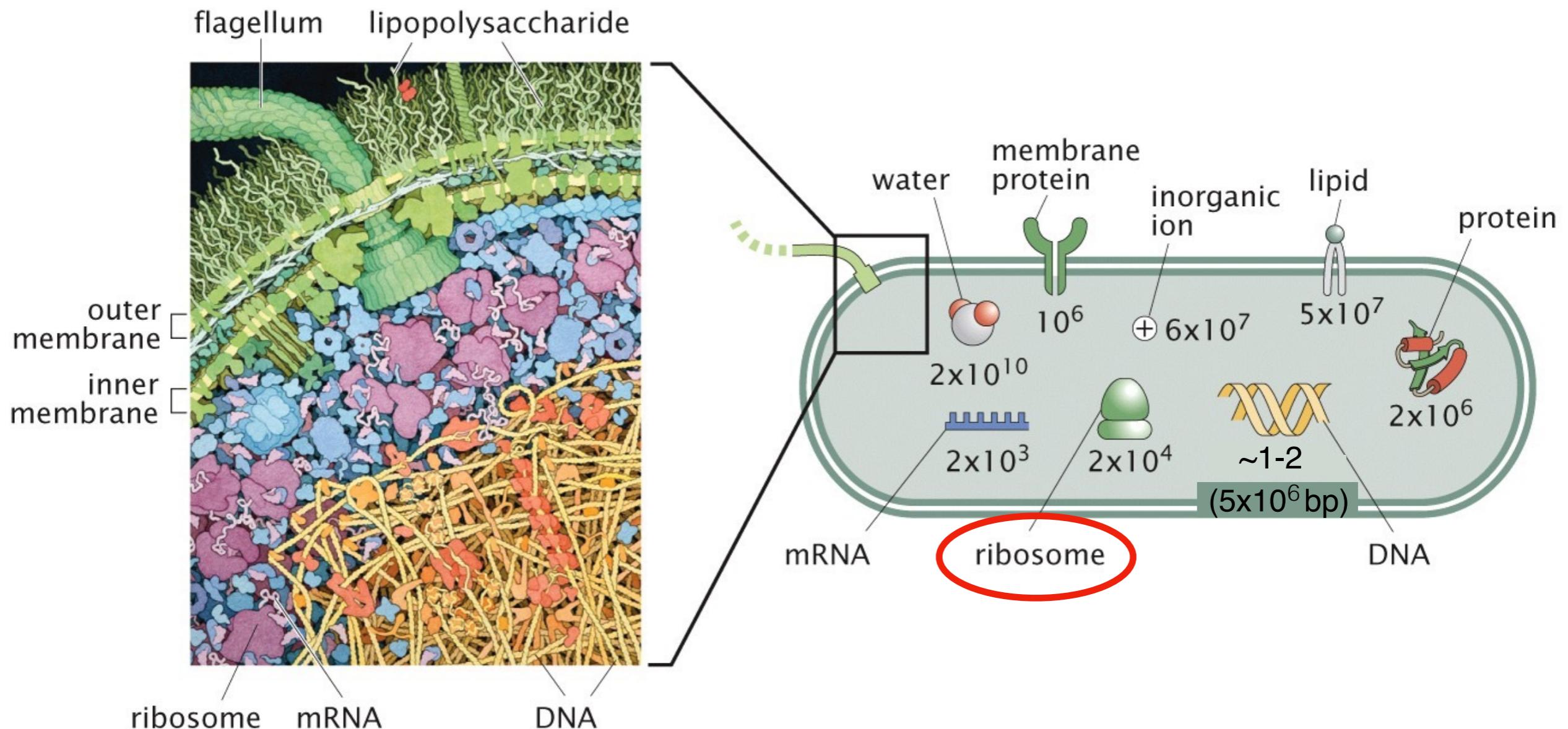
(assuming density  $\sim$  water)

# Taking the molecular census of an *E. Coli* cell



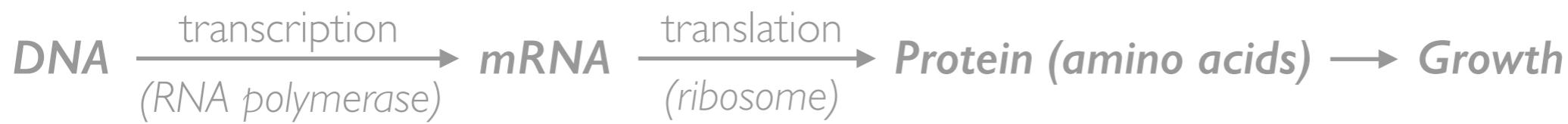
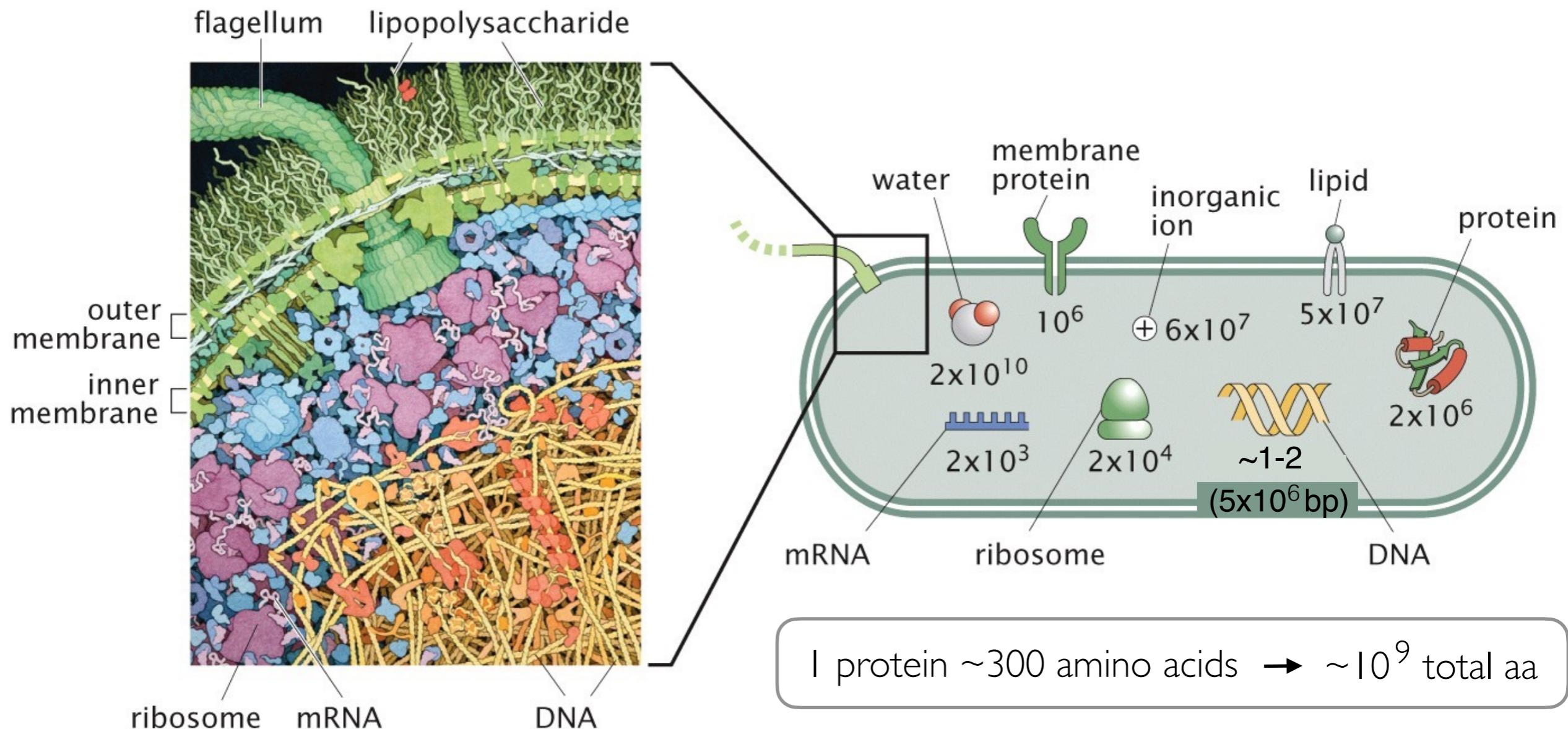
**DNA**  $\xrightarrow[\text{(RNA polymerase)}]{\text{transcription}}$  **mRNA**  $\xrightarrow[\text{(ribosome)}]{\text{translation}}$  **Protein (amino acids)**  $\rightarrow$  **Growth**

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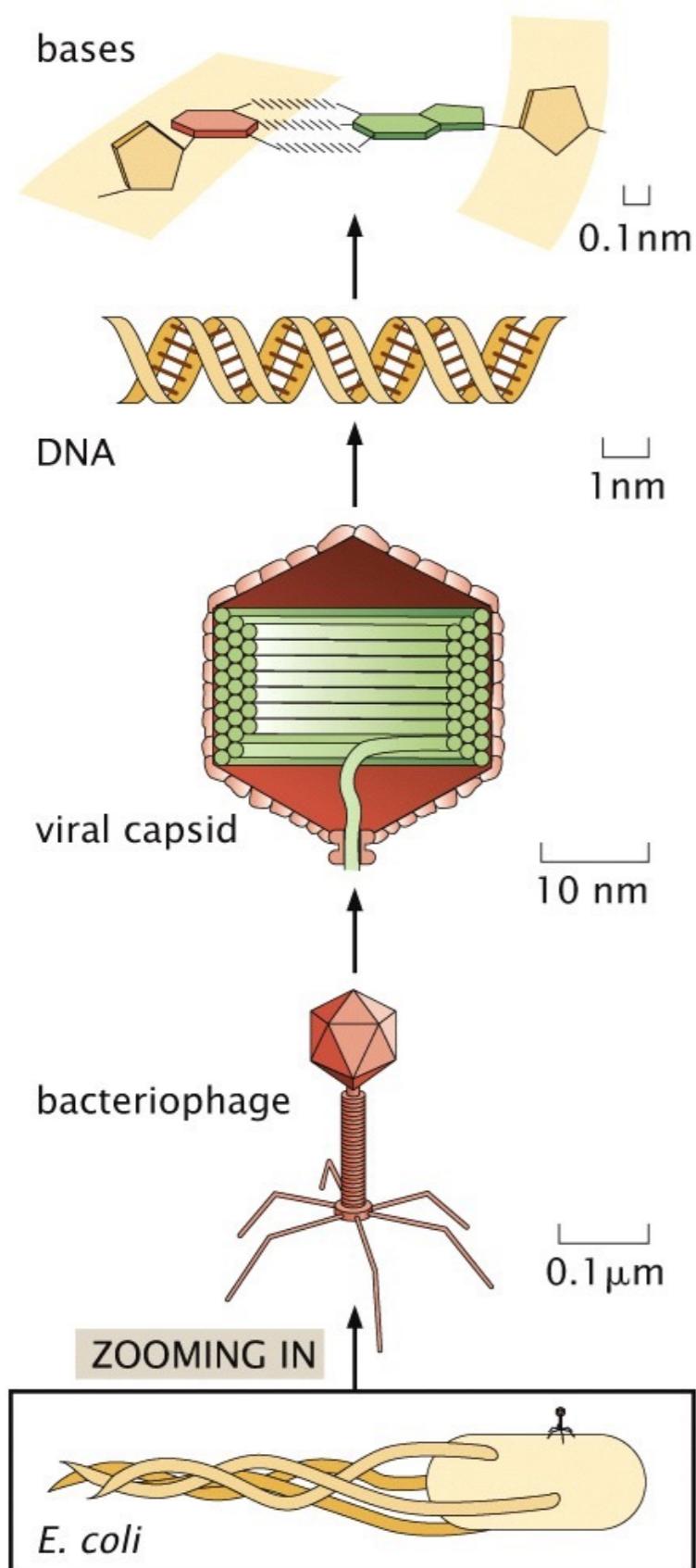


Figure 2.15 (part 1 of 2) Physical Biology of the Cell, 2ed. (© Garland Science 2013)

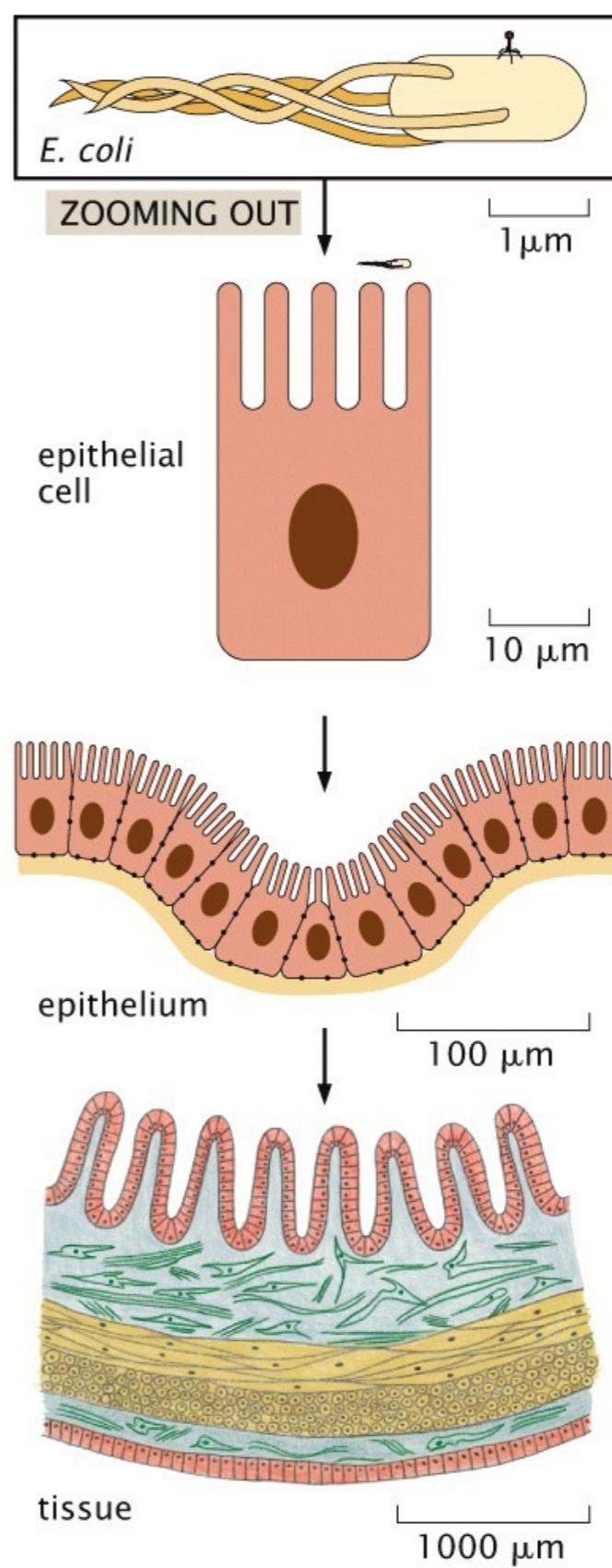
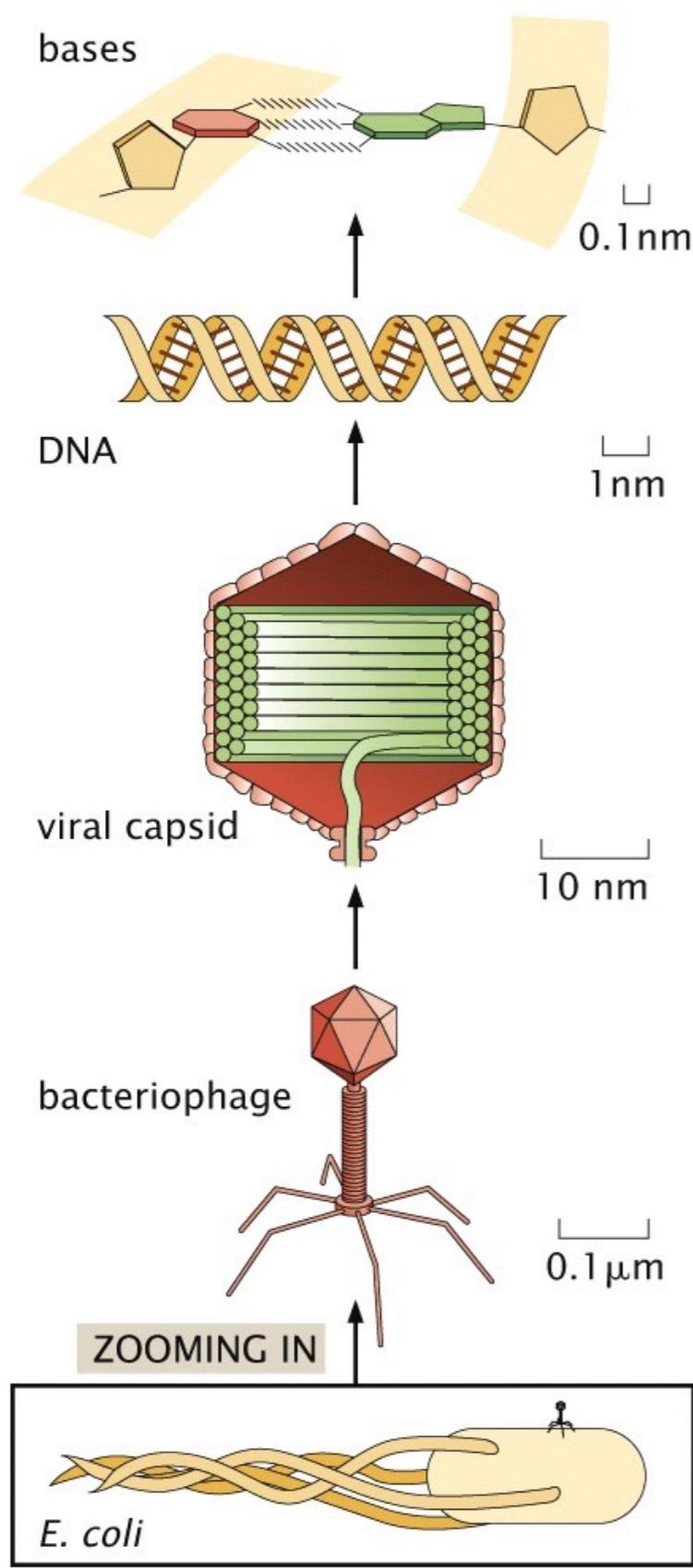
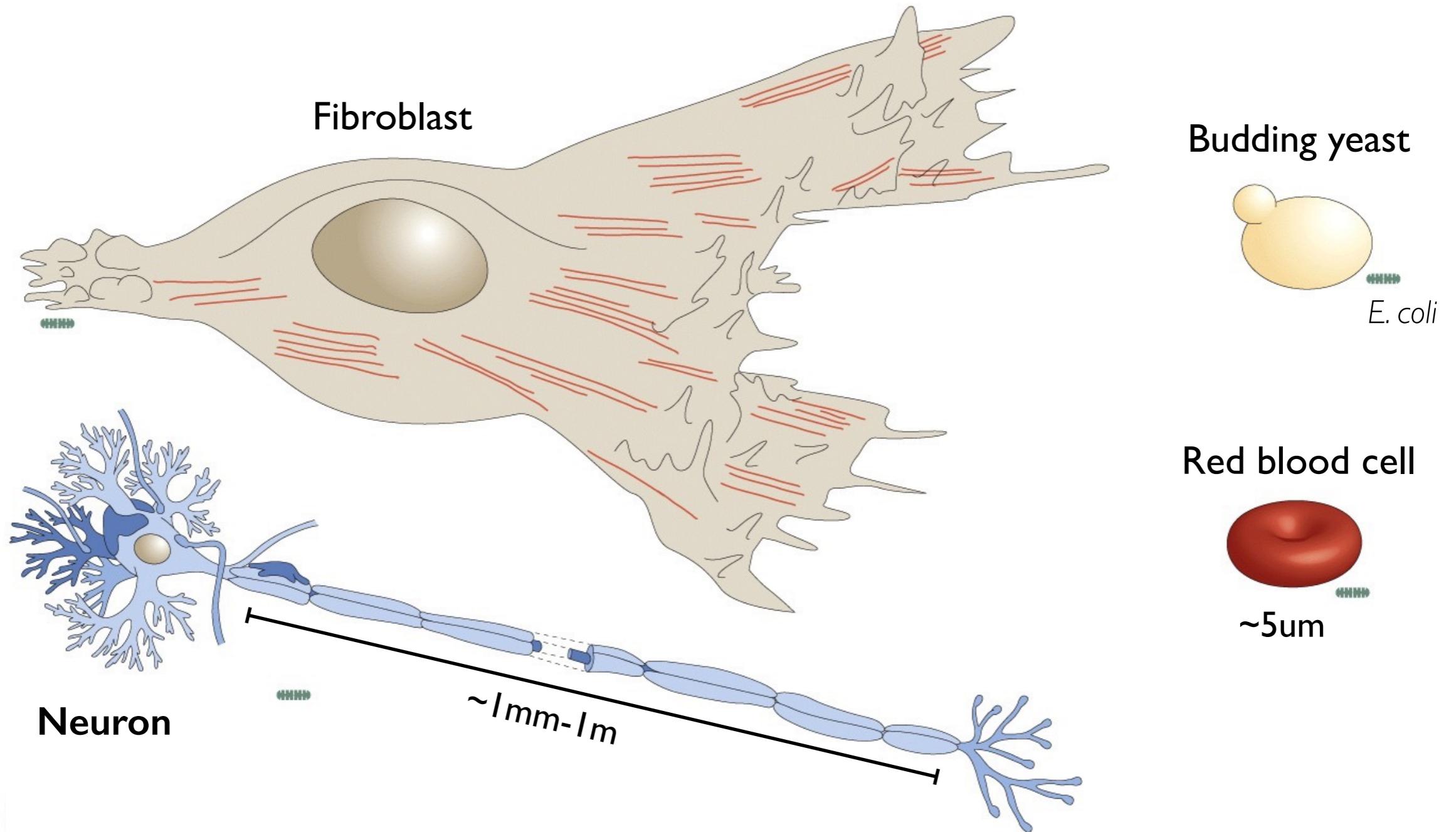
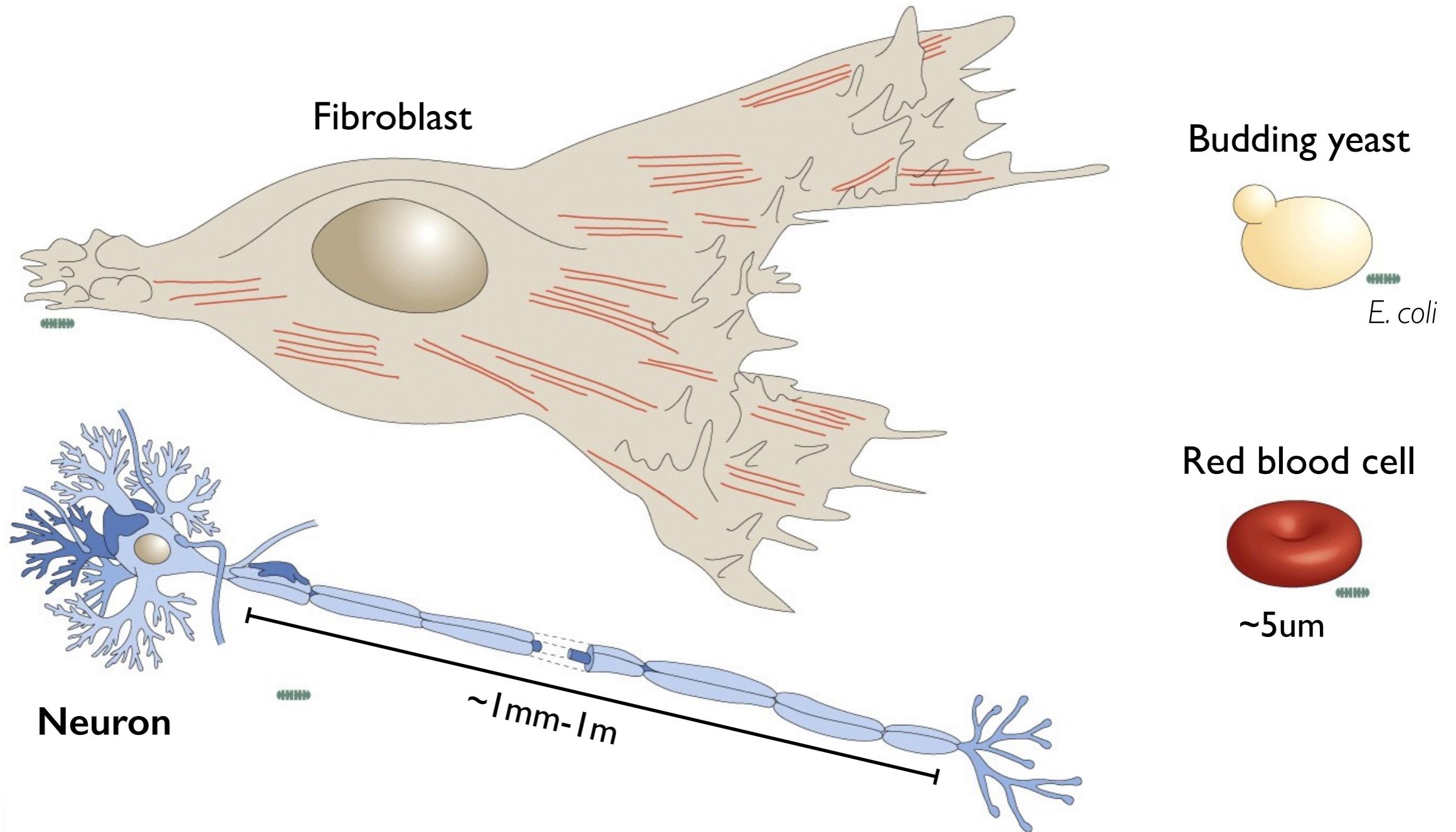


Figure 2.15 (part 1 of 2) Physical Biology of the Cell, 2ed. (© Garland Science 2013)

# Human cells have a huge diversity of structure and function



# Human cells have a huge diversity of structure and function



→ Implications for intra-cellular communication  
(Lectures 5 & 7)

# Biological processes occur over a huge range of timescales

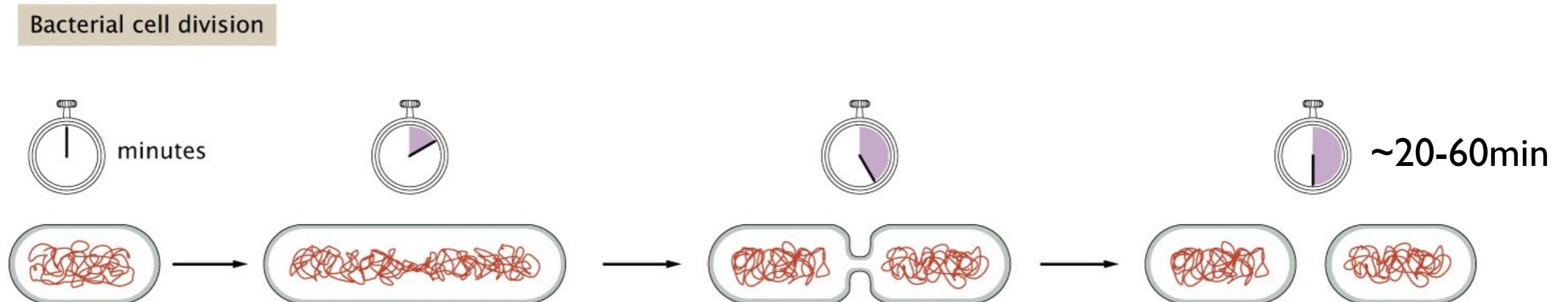


Figure 3.2c Physical Biology of the Cell, 2ed. (© Garland Science 2013)

# Biological processes occur over a huge range of timescales

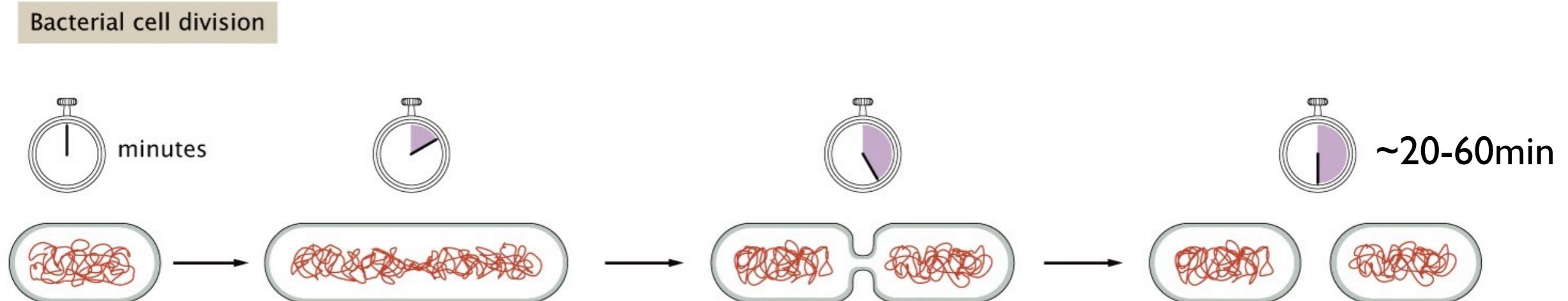
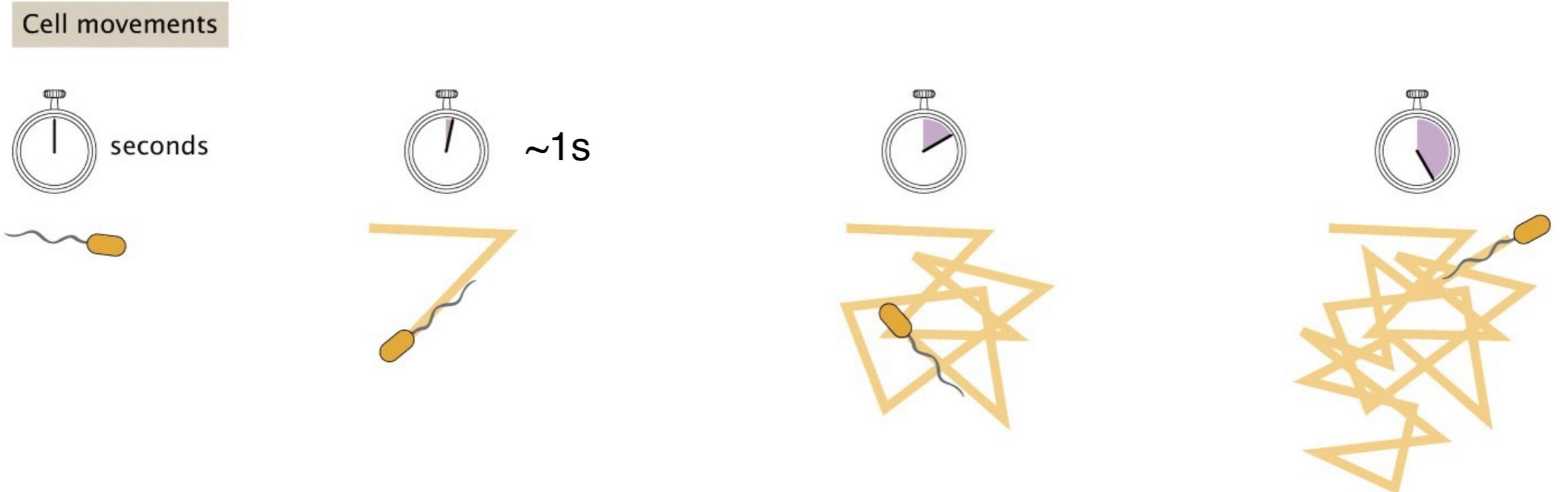


Figure 3.2c Physical Biology of the Cell, 2ed. (© Garland Science 2013)



# Biological processes occur over a huge range of timescales

Bacterial cell division

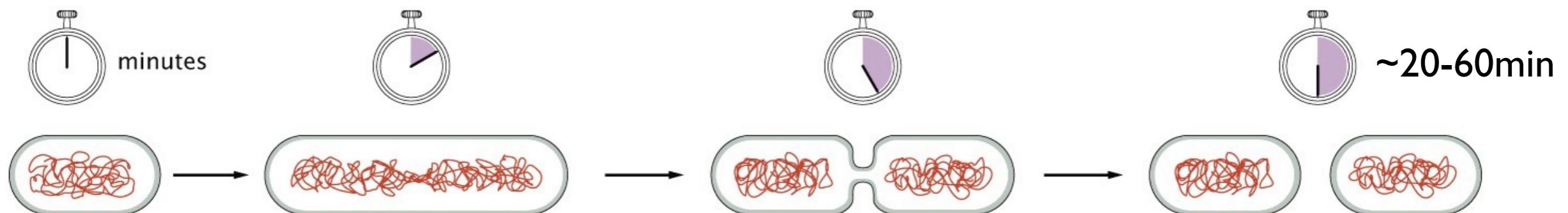
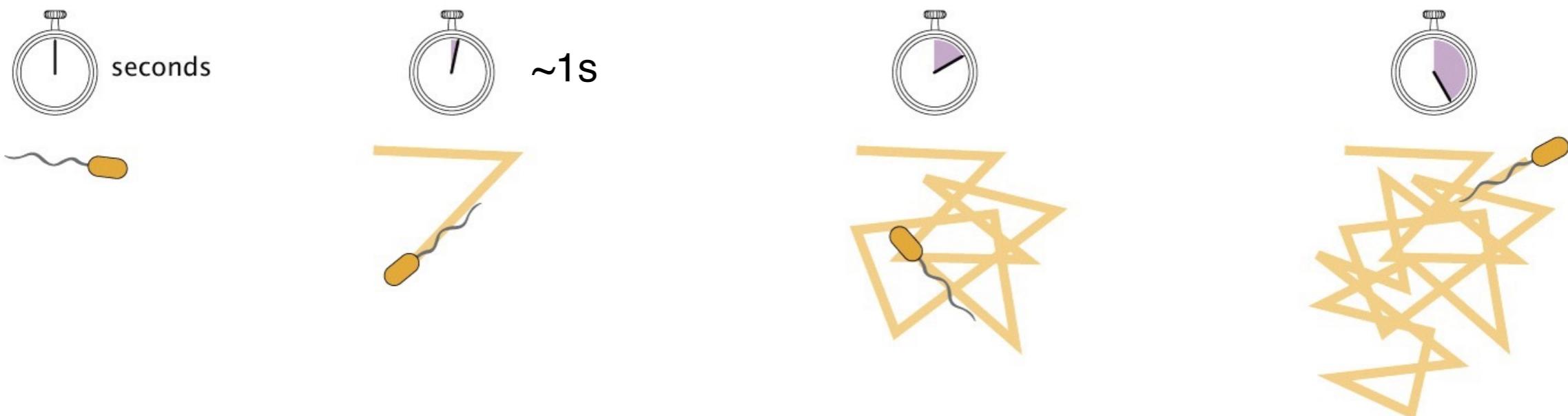


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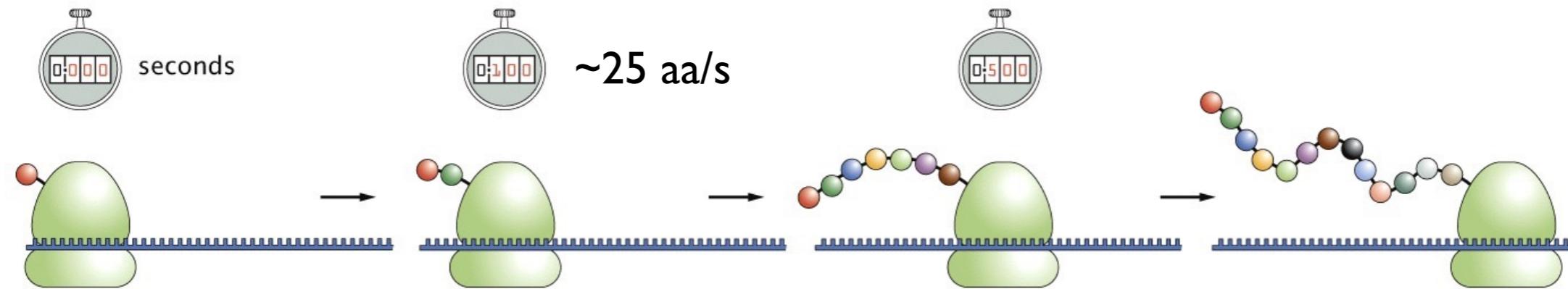
Cell movements



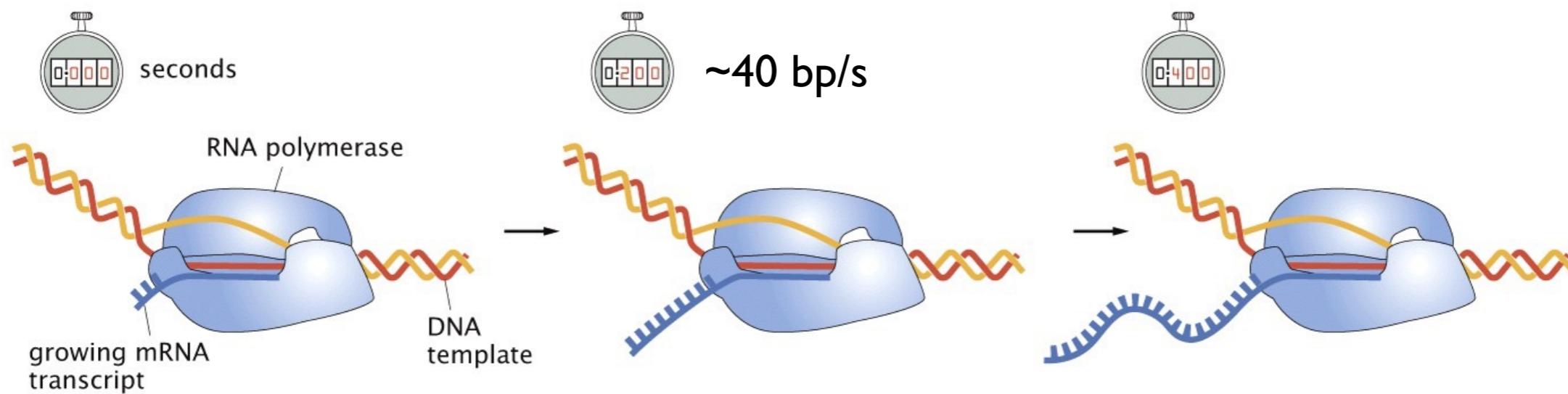
→ will explore in detail in Lectures 7 & 8 (Chemotaxis)

# Biological processes occur over a huge range of timescales

Protein synthesis

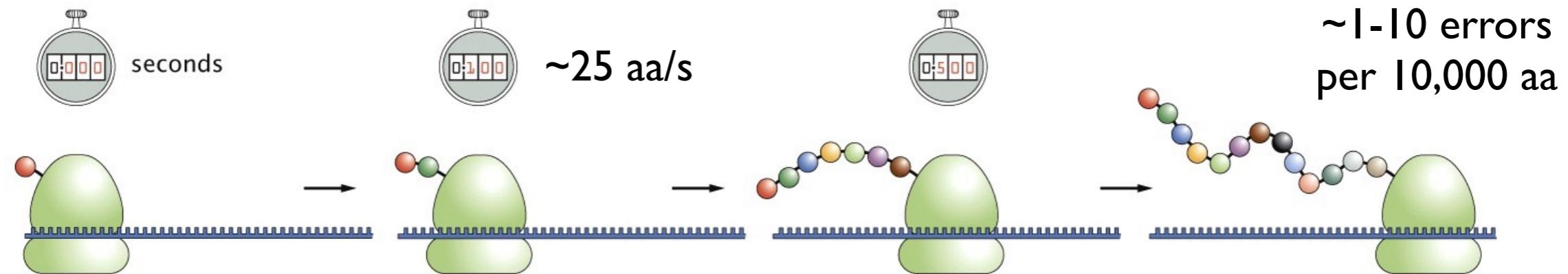


Transcription

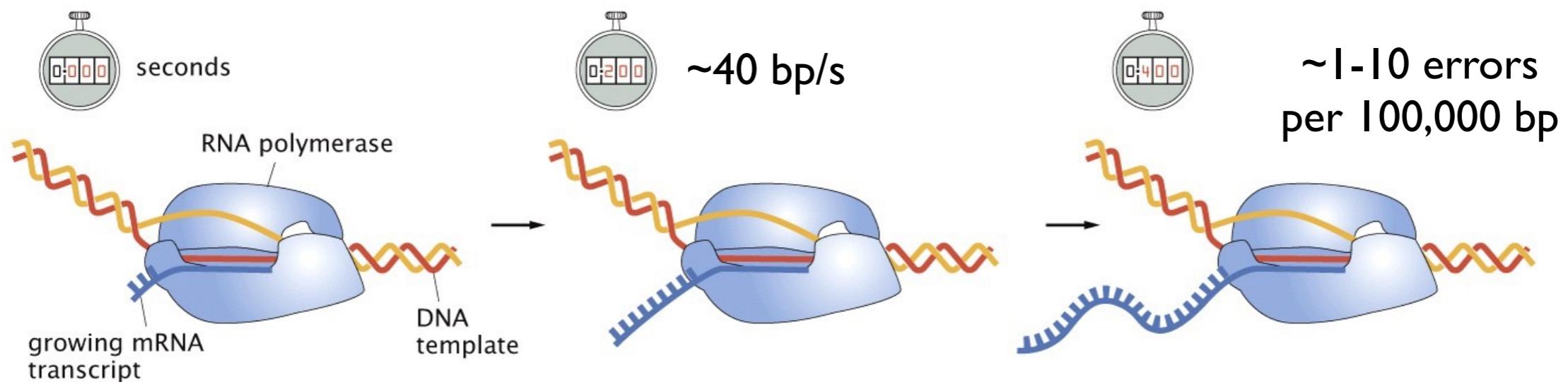


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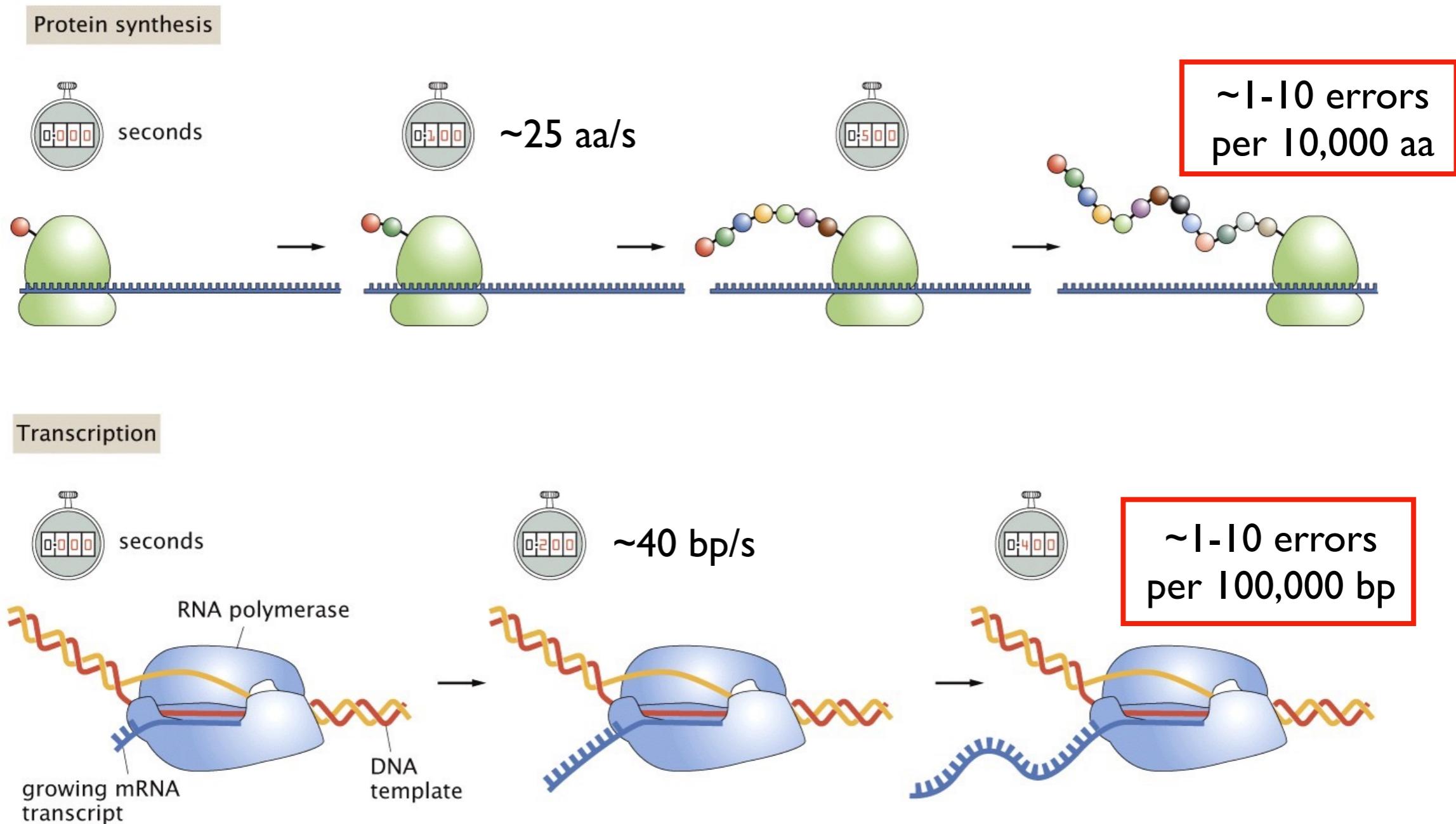
Protein synthesis



Transcription



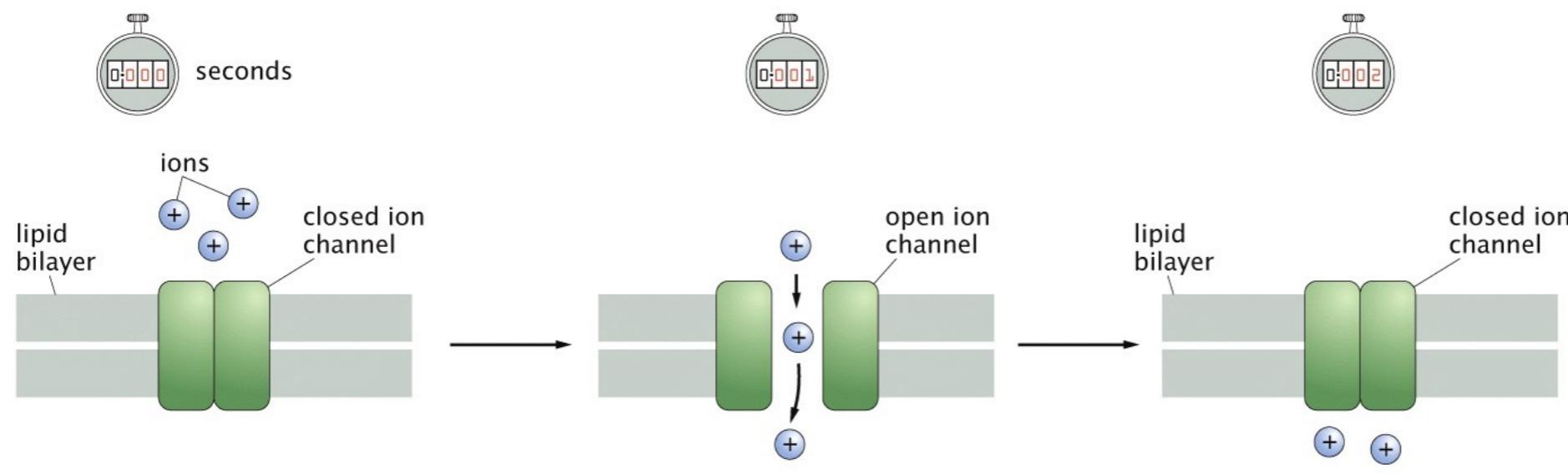
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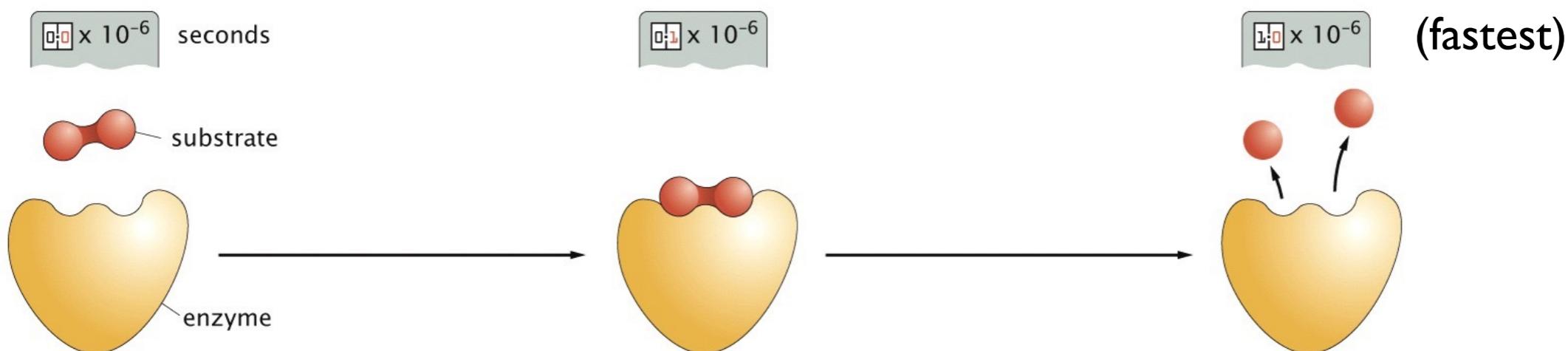
→ Lectures 9 & 10: How do these machines achieve such low error rates?  
(& how could evolution make them better?)

# Biological processes occur over a huge range of timescales

## Gating of ion channels



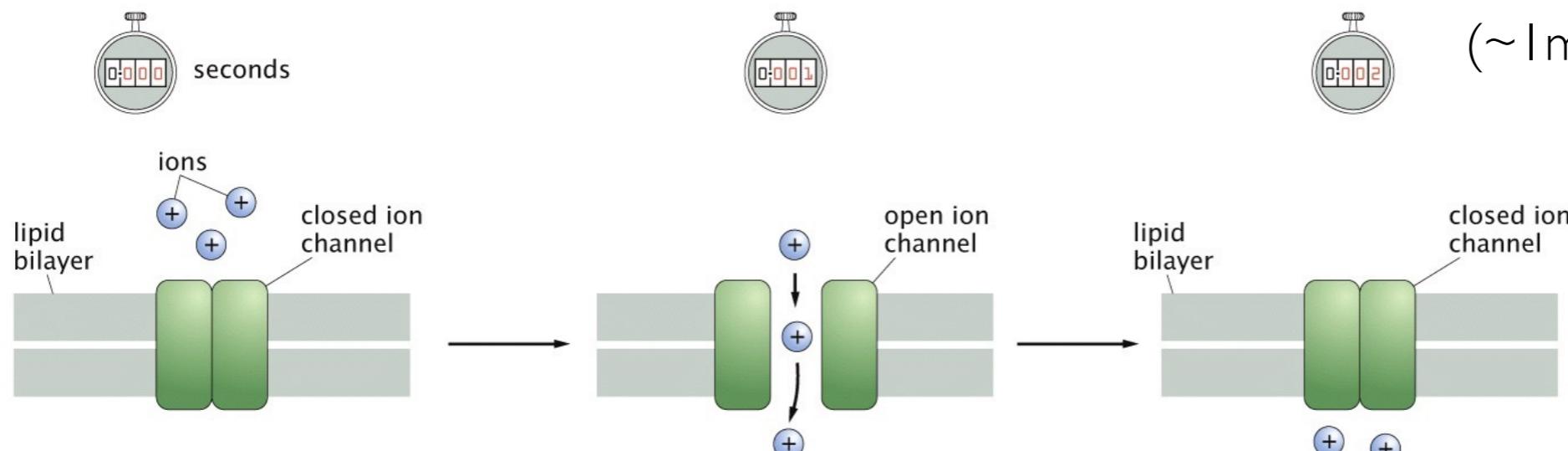
## Enzyme catalysis



( Floor ~ characteristic QM timescale,  $h/kT \sim 10^{-12} \text{ s}$  )

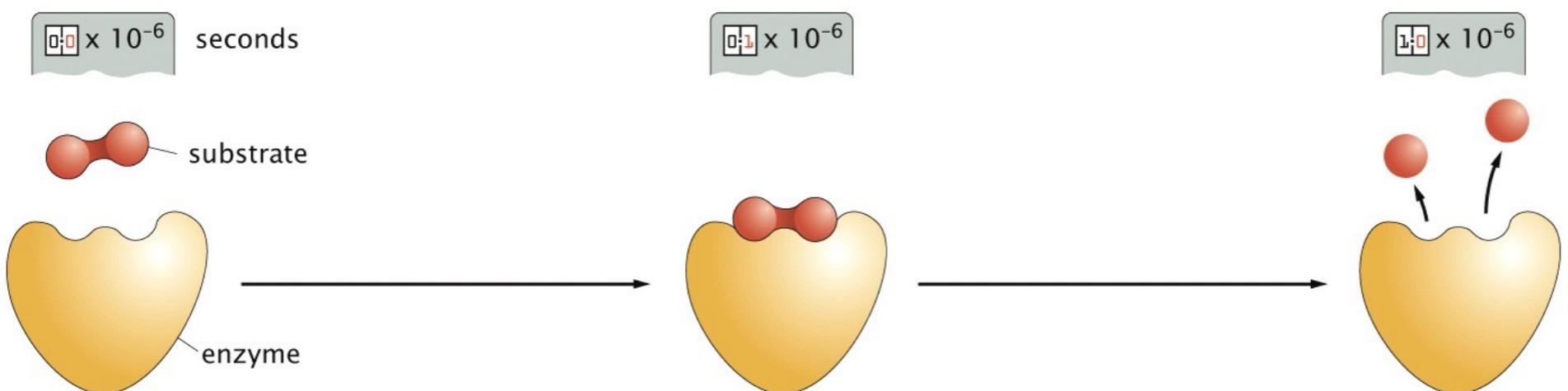
# Biological processes occur over a huge range of timescales

## Gating of ion channels



but many still slow!  
(~1ms-1s, Lecture 7)

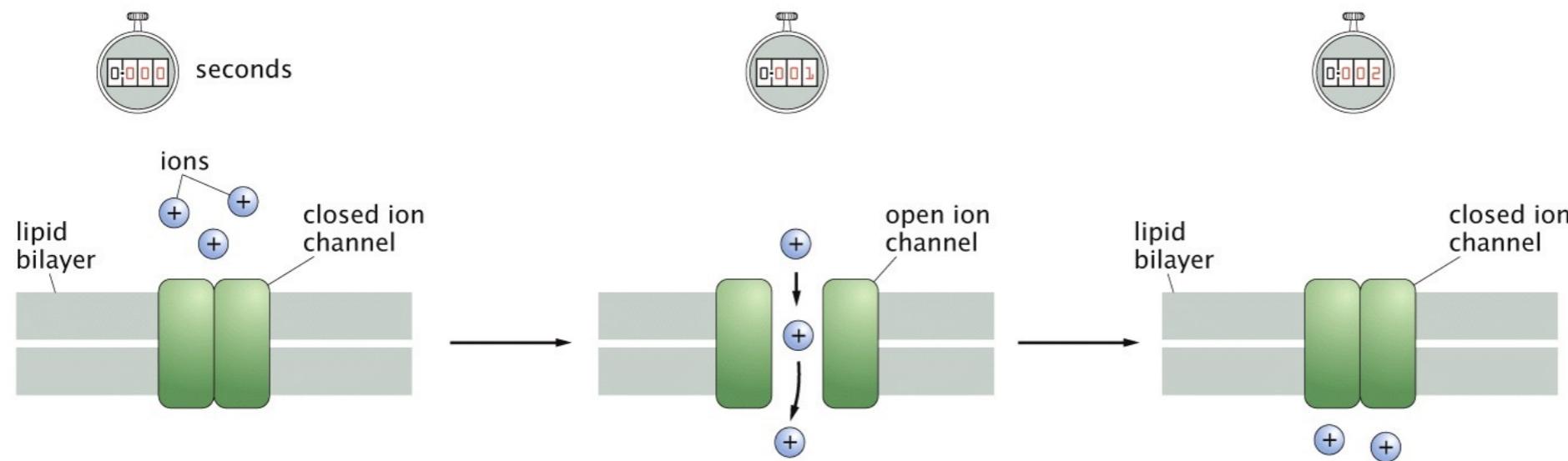
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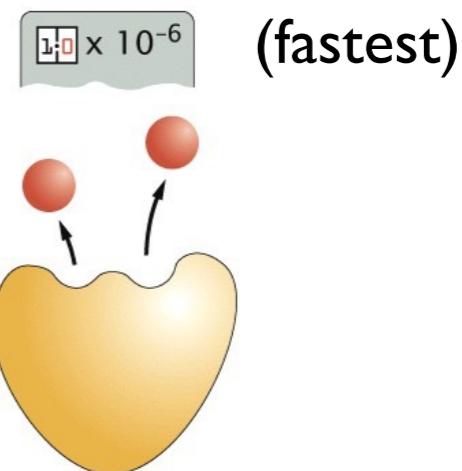
# Biological processes occur over a huge range of timescales

## Gating of ion channels



## Goal:

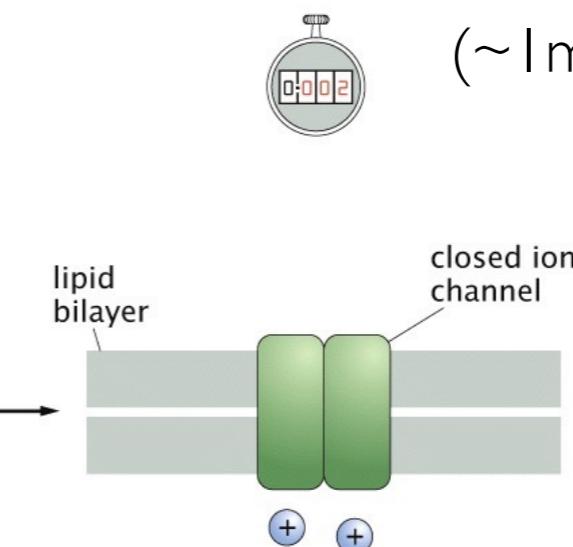
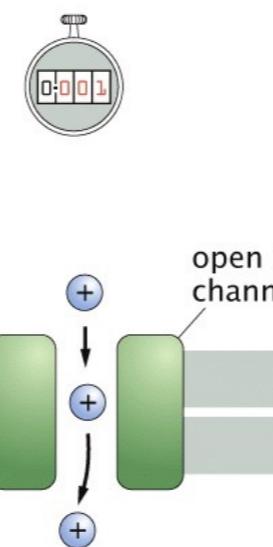
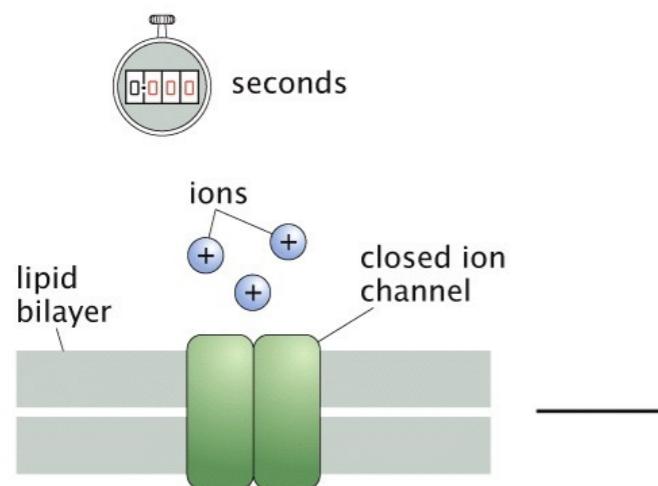
Understand ***physical processes*** that set timescales,  
& how they influence ***design*** of cells & organisms.



( Floor ~ characteristic QM timescale,  $\hbar/kT \sim 10^{-12} \text{ s}$  )

# Biological processes occur over a huge range of timescales

## Gating of ion channels



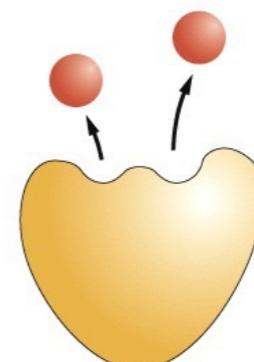
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(~1ms-1s, Lecture 7)

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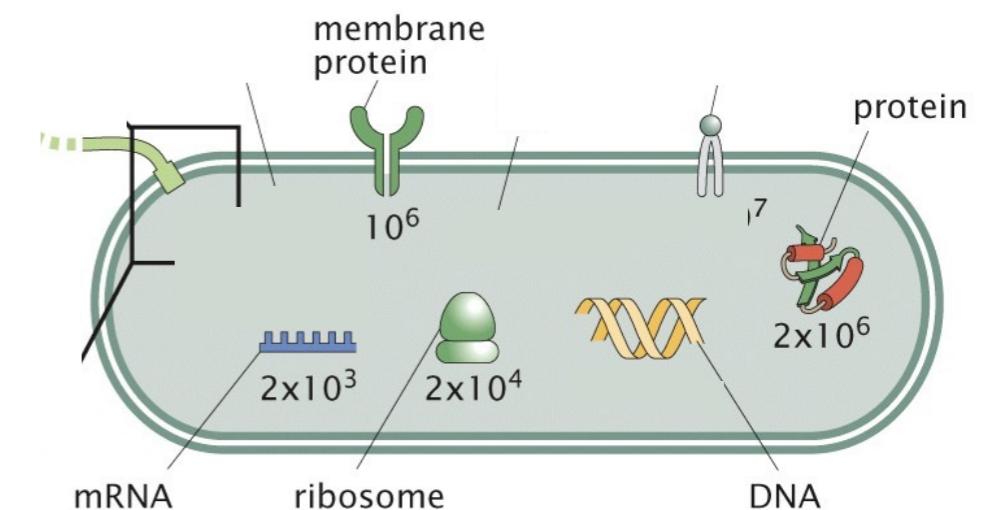
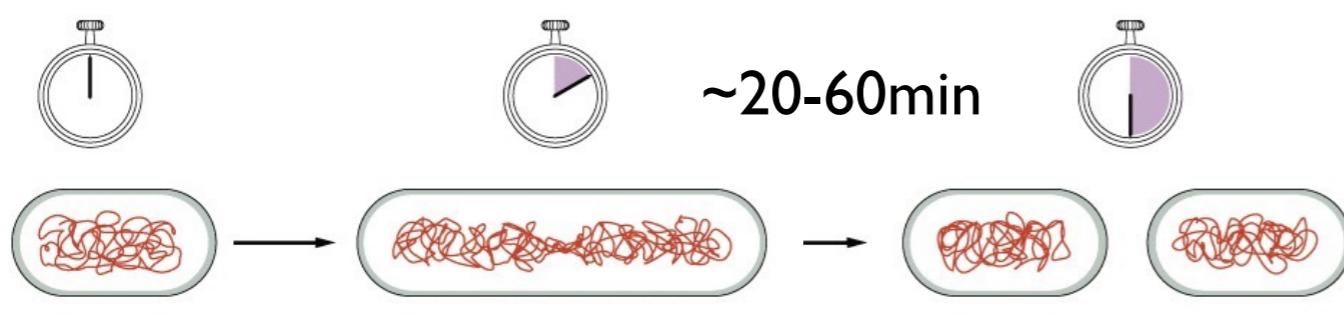
$1 \cdot 0 \times 10^{-6}$

(fastest)

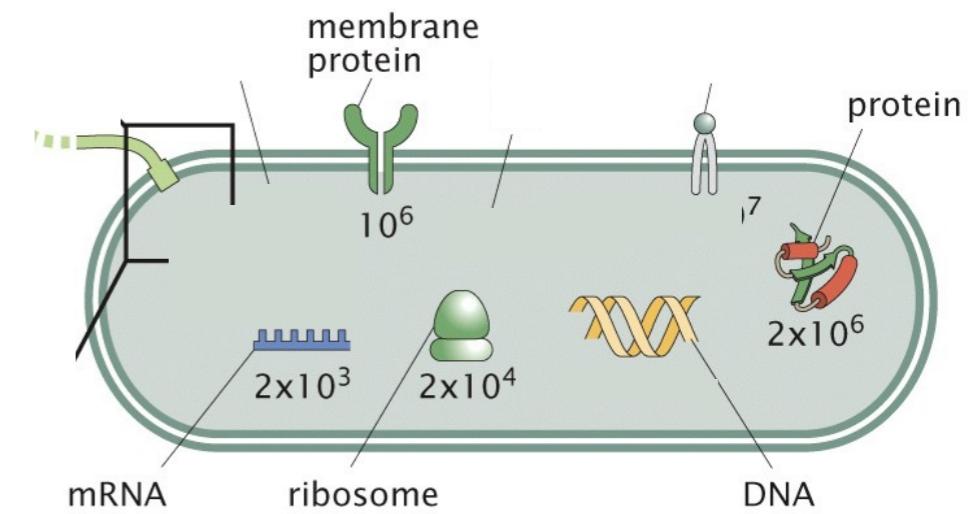
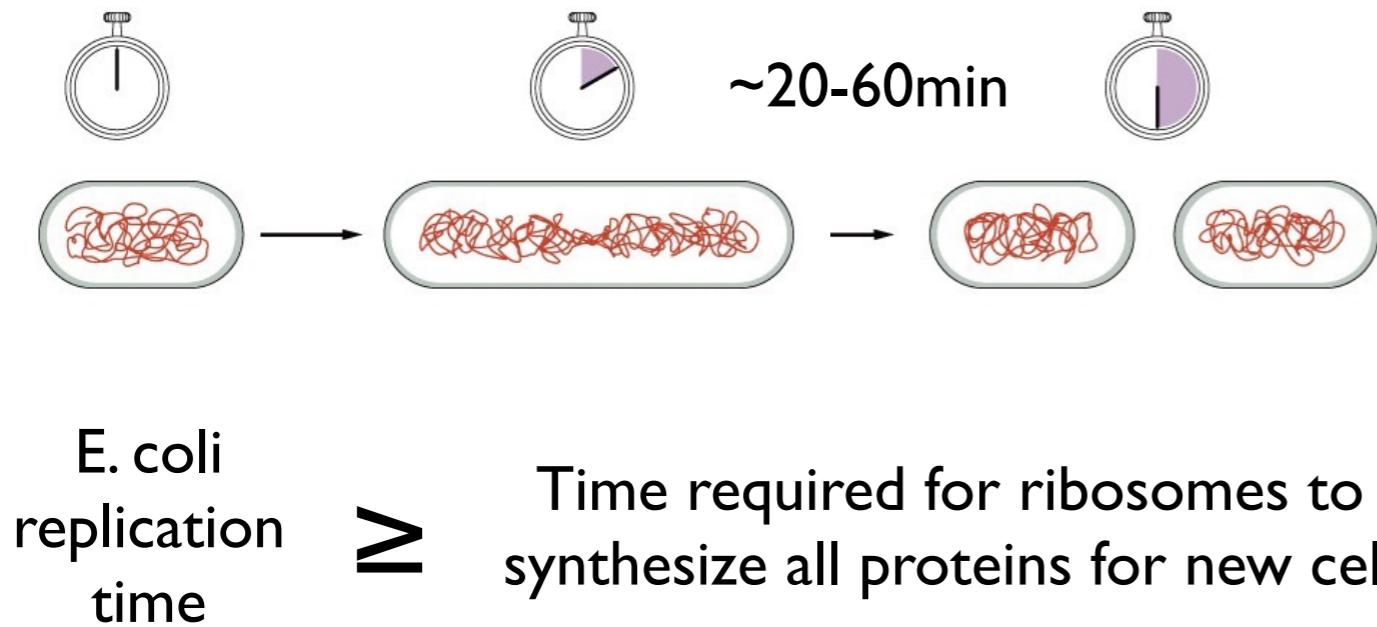


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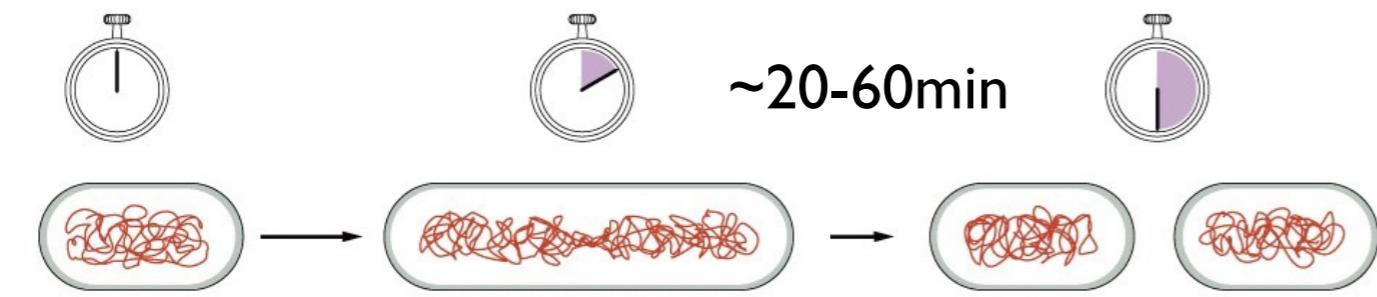
# Example: what can we learn from these numbers?



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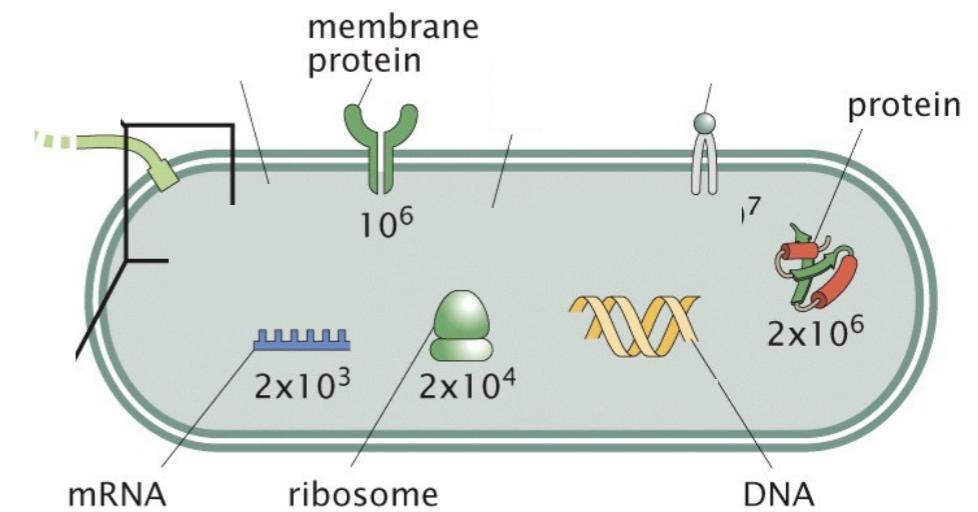
*E. coli*  
replication  
time



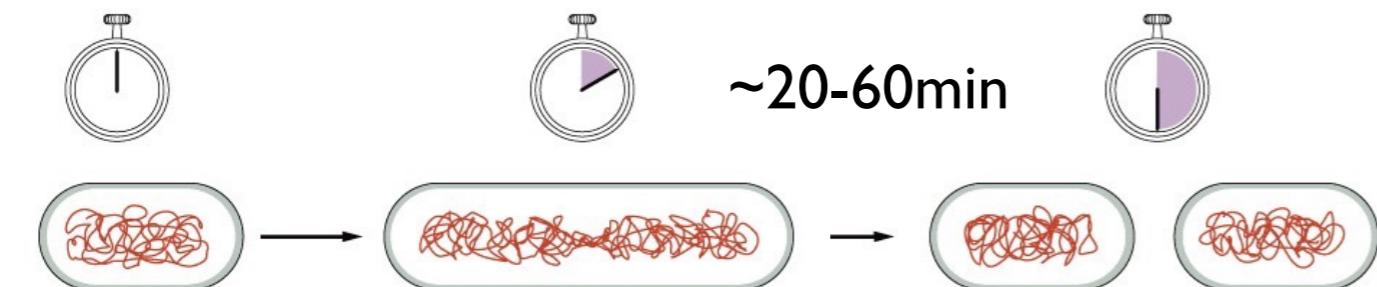
Time required for ribosomes to  
synthesize all proteins for new cell



( $\sim 3 \times 10^6$  proteins)



# Example: what can we learn from these numbers?



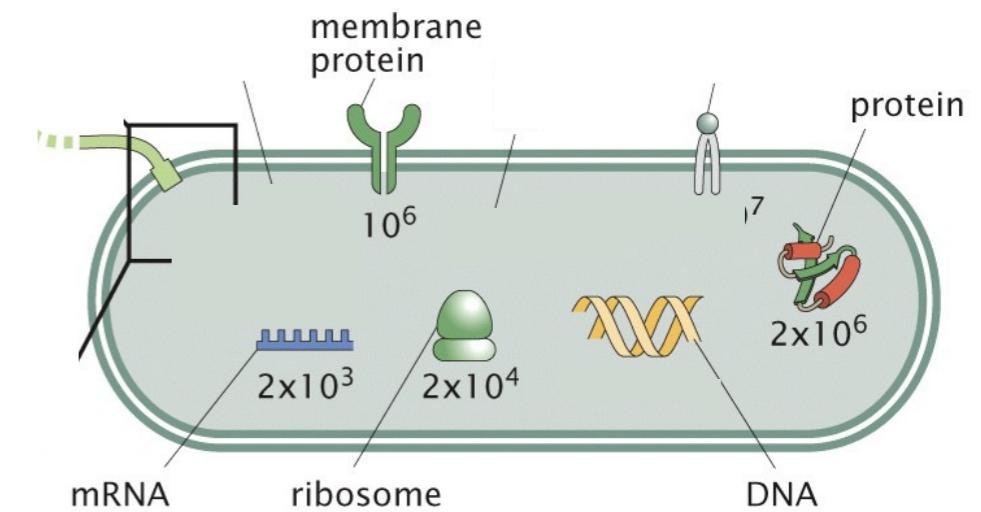
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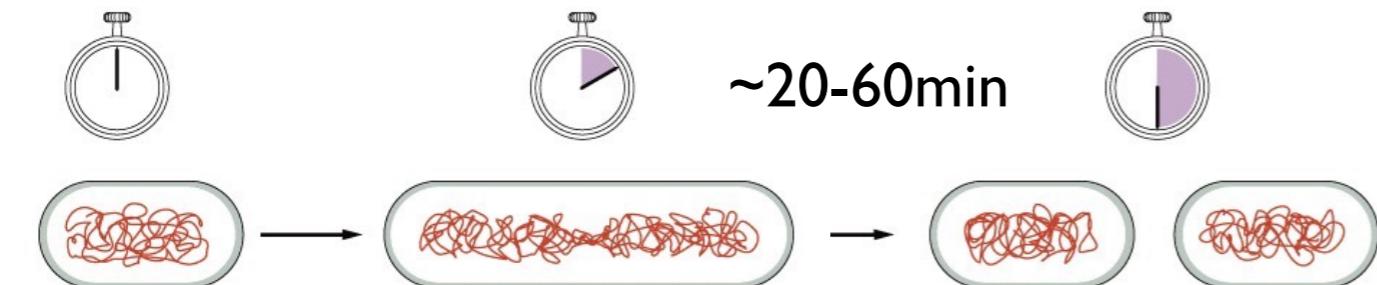
Time required for ribosomes to  
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$(\sim 3 \times 10^6 \text{ proteins}) (\sim 300 \text{ aa/protein})$



# Example: what can we learn from these numbers?



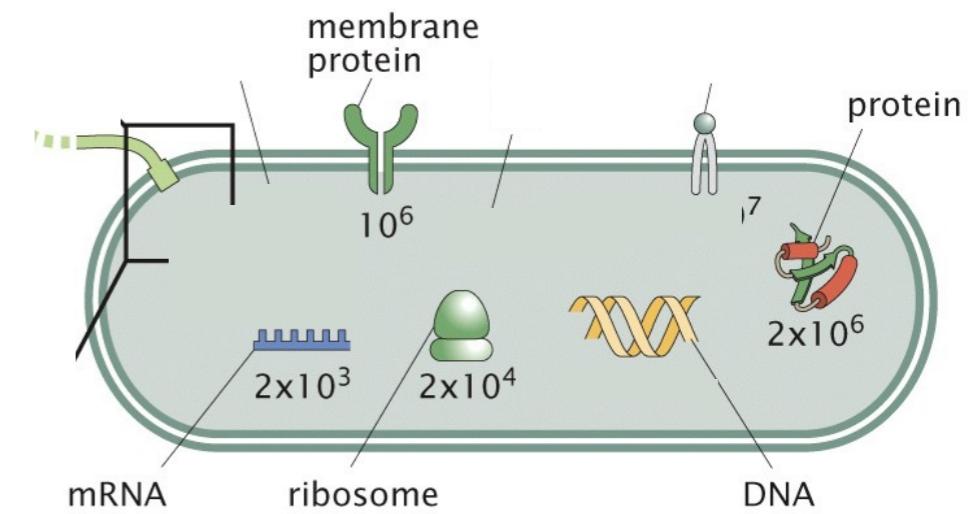
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Time required for ribosomes to  
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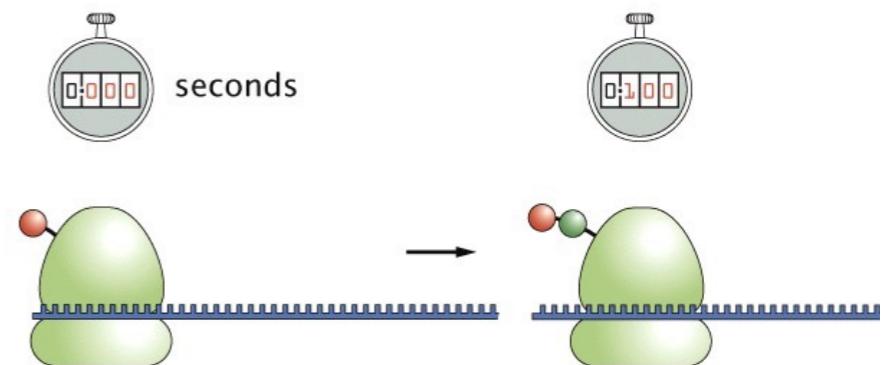


$$\frac{(\sim 3 \times 10^6 \text{ proteins}) (\sim 300 \text{ aa/protein})}{(\sim 25 \text{ aa/s})}$$

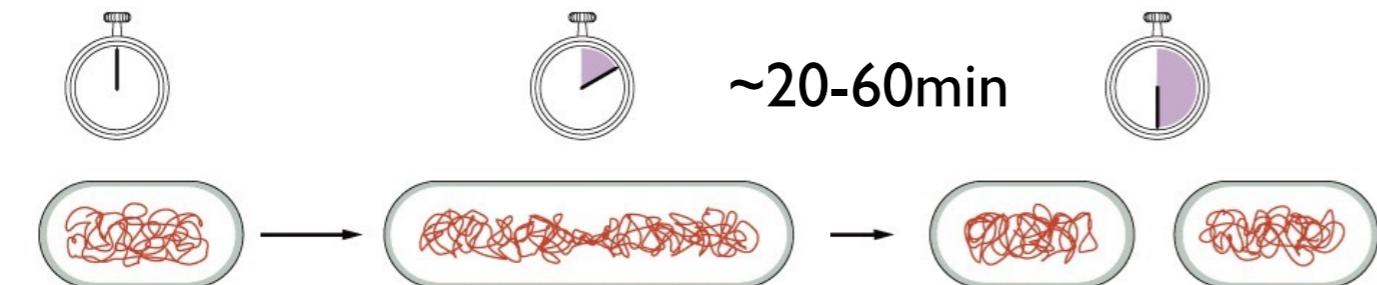


Protein synthesis

$\sim 25 \text{ aa/s}$



# Example: what can we learn from these numbers?



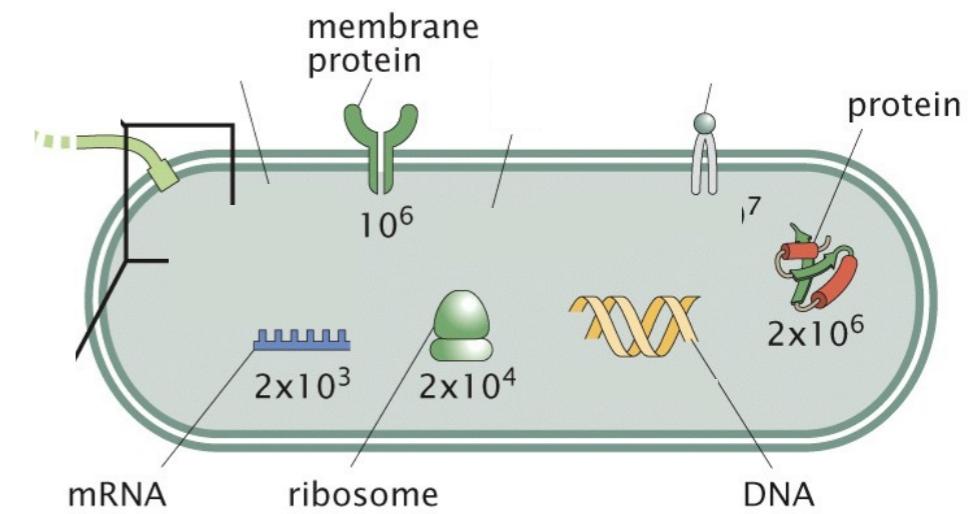
*E. coli*  
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time



Time required for ribosomes to  
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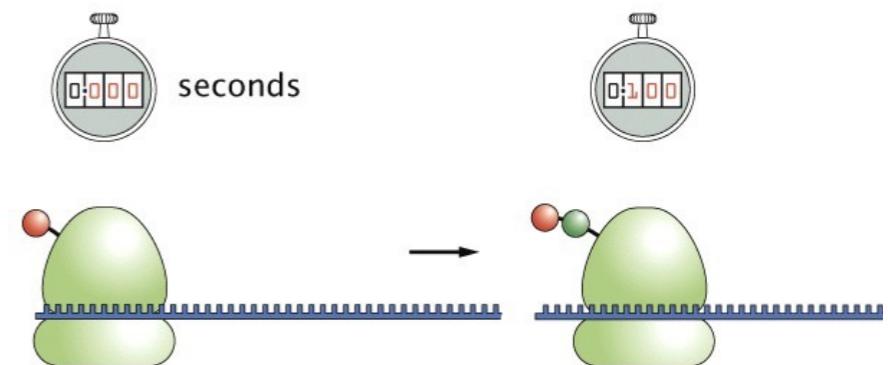


$$\frac{(\sim 3 \times 10^6 \text{ proteins}) (\sim 300 \text{ aa/protein})}{(\sim 25 \text{ aa/s}) (\sim 2 \times 10^4 \text{ ribosomes})}$$

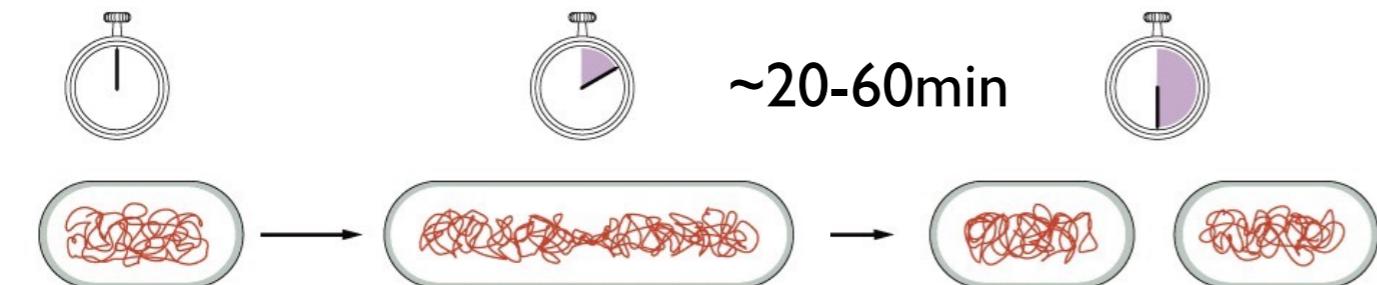


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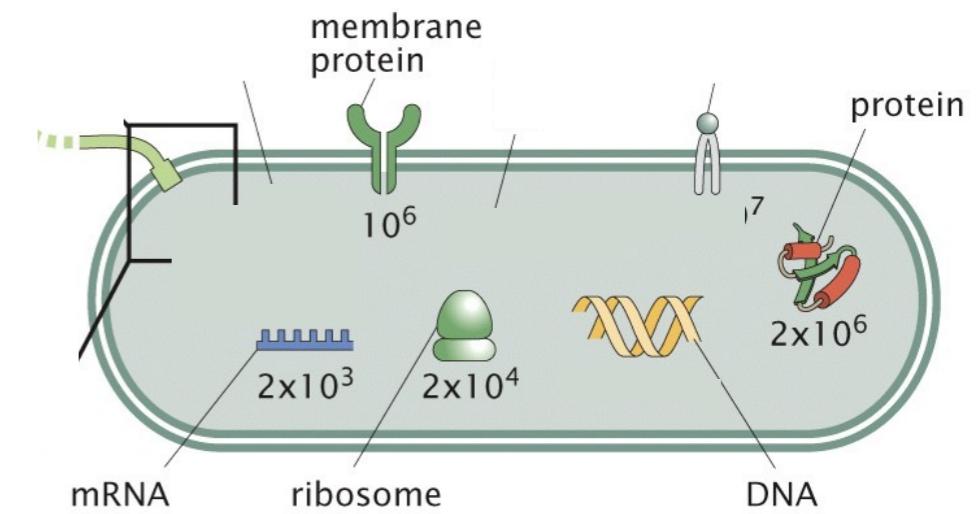
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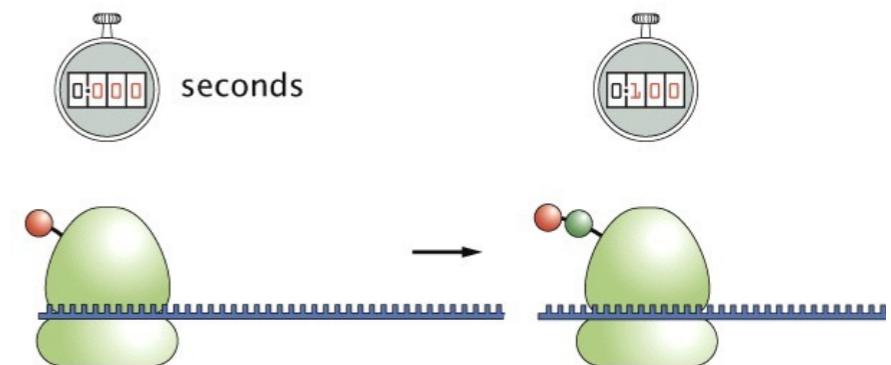


≈ 30 mins!

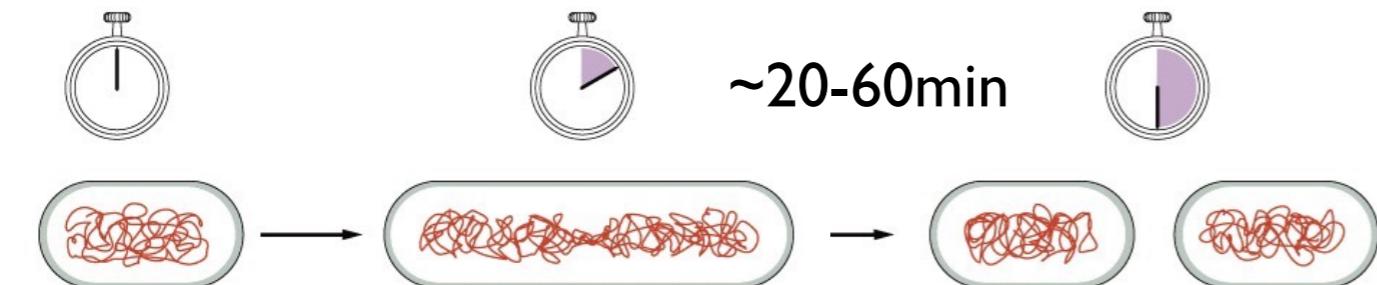


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# Example: what can we learn from these numbers?



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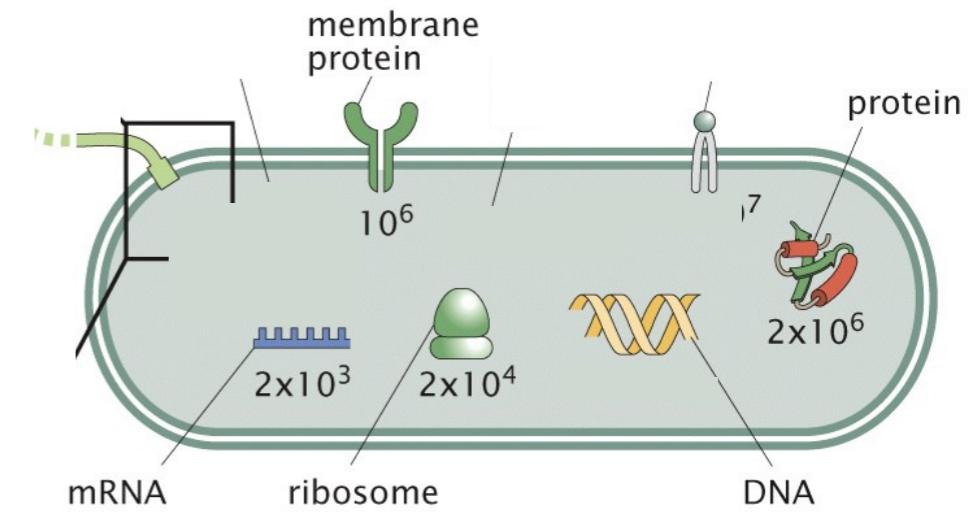


≈ 30 mins!

*E. coli*  
replication  
time

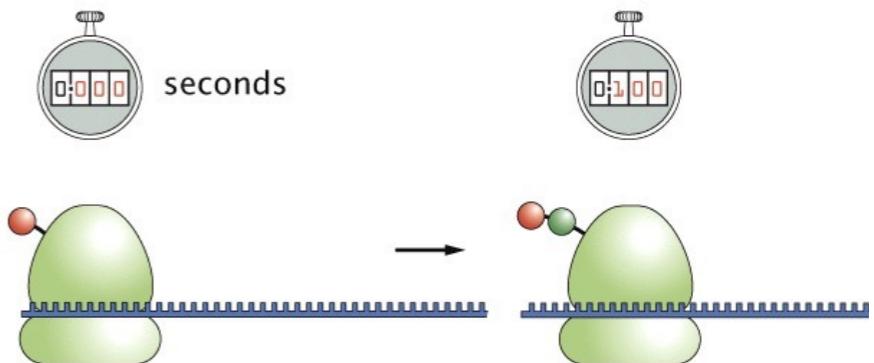


Time required for DNA<sub>p</sub>  
to copy entire genome

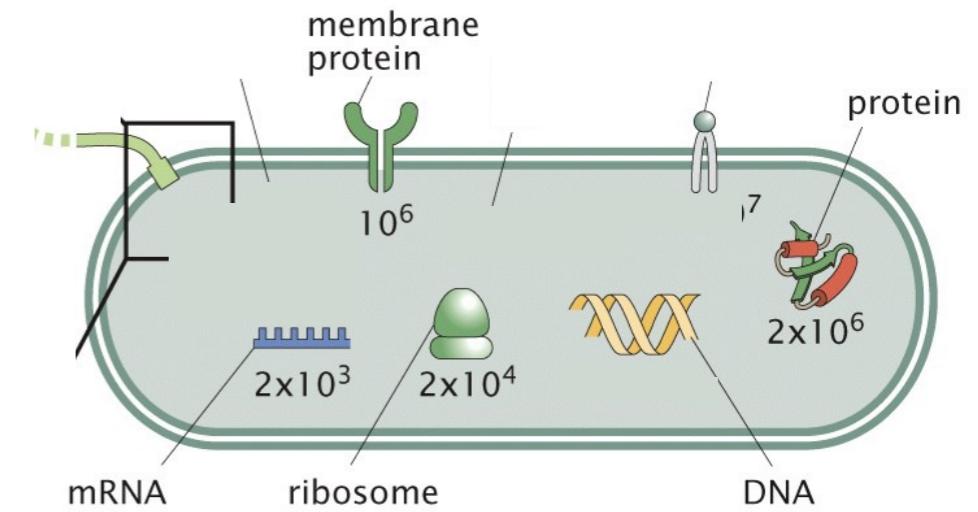
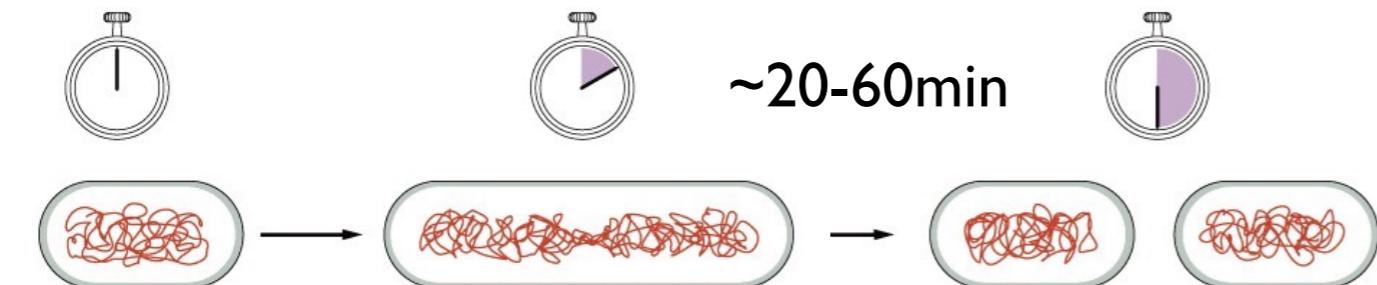


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~25 aa/s



# Example: what can we learn from these numbers?

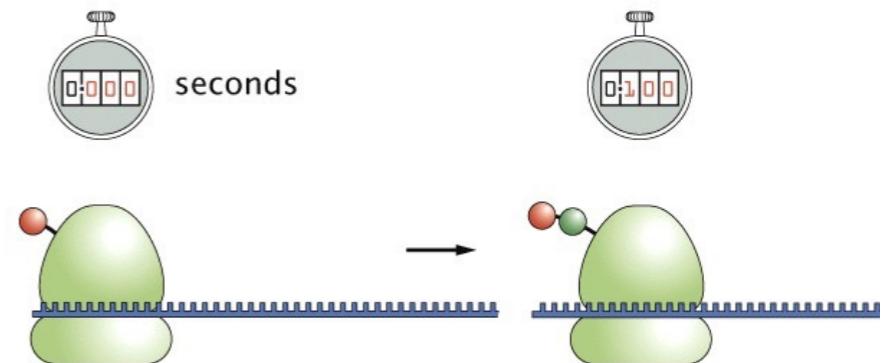


Protein synthesis       $\sim 25 \text{ aa/s}$

$$\approx \frac{(\sim 3 \times 10^6 \text{ proteins}) (\sim 300 \text{ aa/protein})}{(\sim 25 \text{ aa/s}) (\sim 2 \times 10^4 \text{ ribosomes})}$$

$\approx$

$\sim 30 \text{ mins!}$



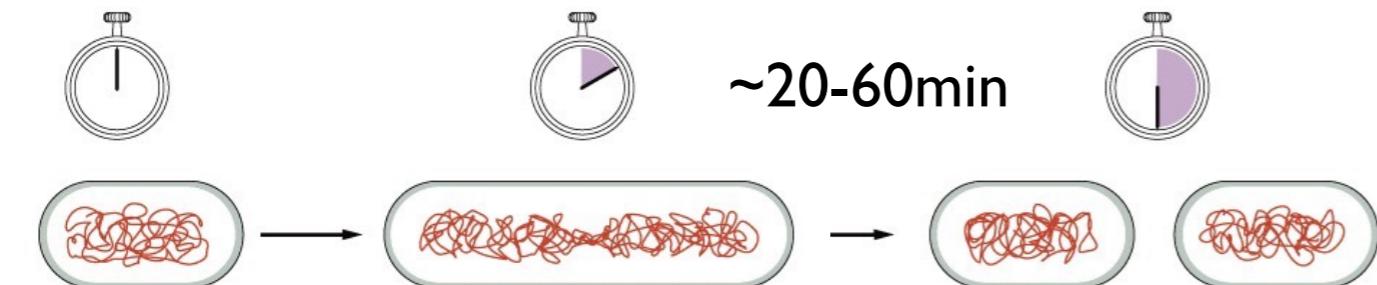
$\text{E. coli}$   
replication  
time

$\approx$

Time required for DNAP  
to copy entire genome

$$\approx \frac{1 \times (\sim 4 \times 10^6 \text{ bp})}{}$$

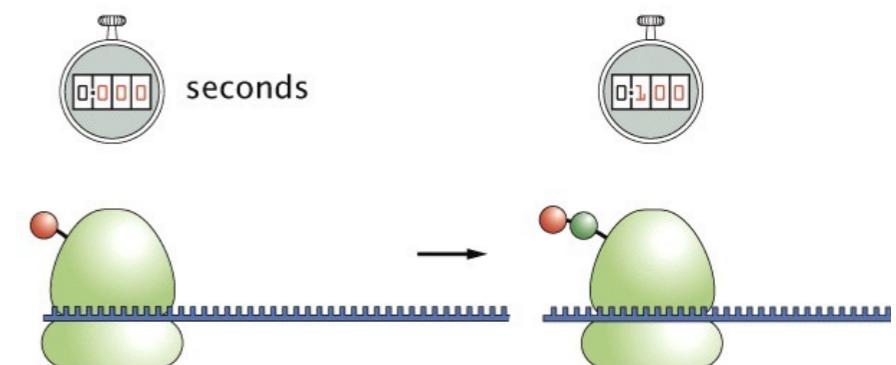
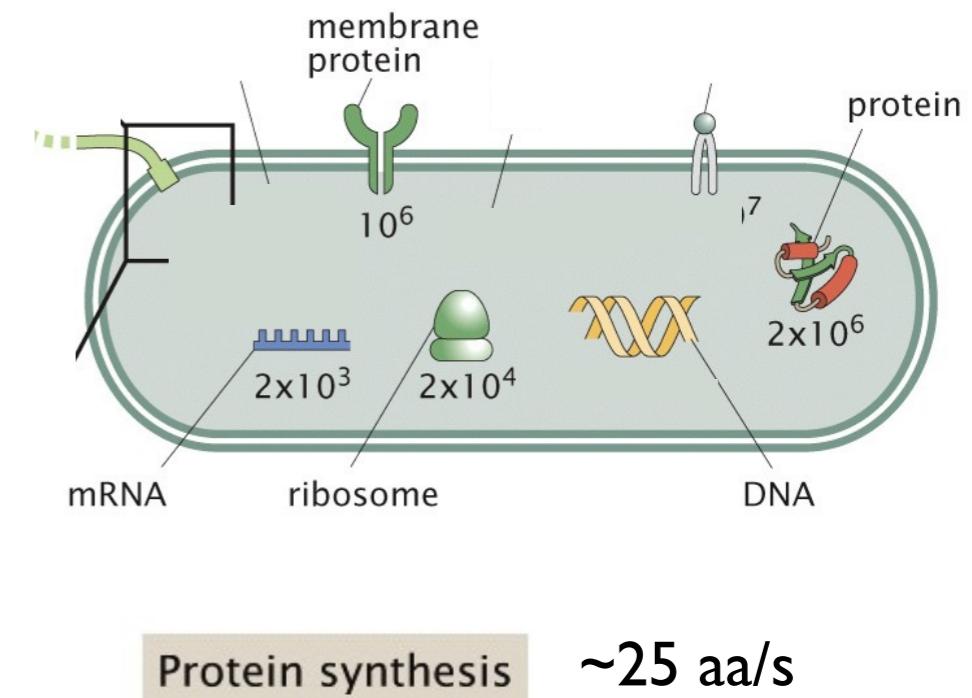
# Example: what can we learn from these numbers?



$\text{E. coli}$   
replication  
time  $\approx$  Time required for ribosomes to  
synthesize all proteins for new cell

$$\approx \frac{(\sim 3 \times 10^6 \text{ proteins}) (\sim 300 \text{ aa/protein})}{(\sim 25 \text{ aa/s}) (\sim 2 \times 10^4 \text{ ribosomes})}$$

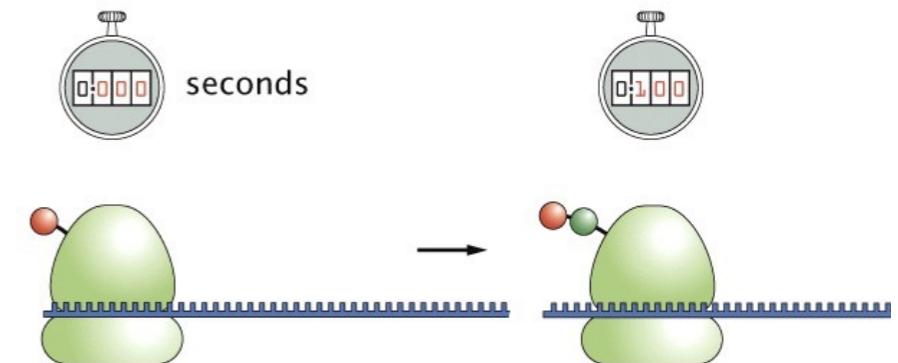
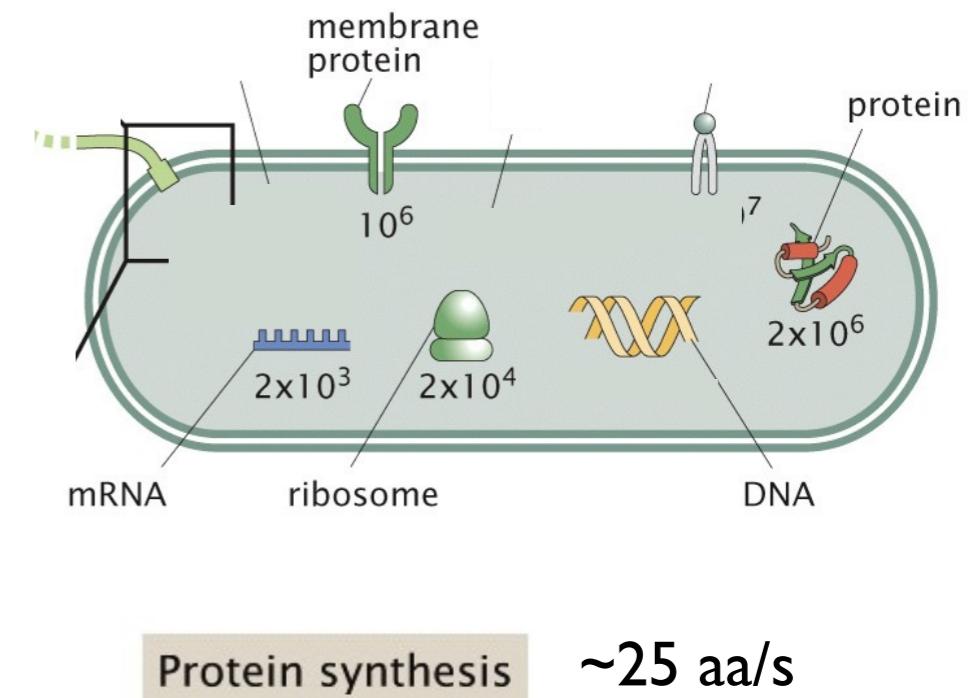
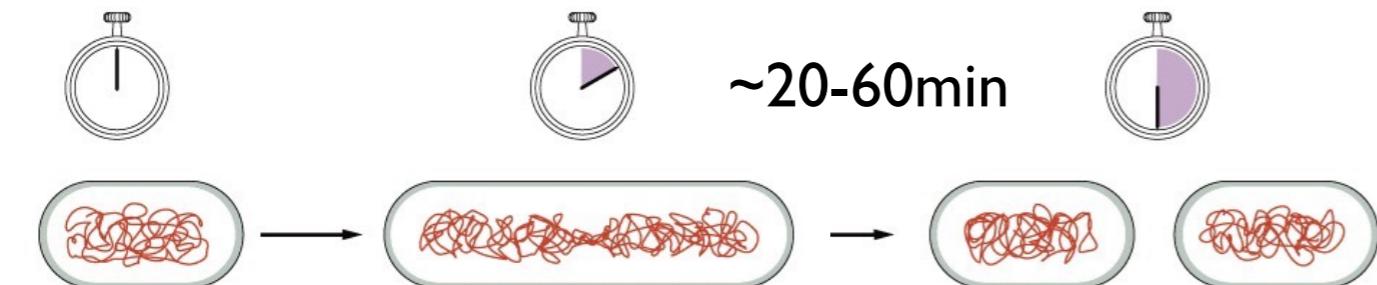
$\approx$  30 mins!



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$$\approx \frac{1 \times (\sim 4 \times 10^6 \text{ bp})}{(\sim 1000 \text{ bp/s}) \times 1}$$

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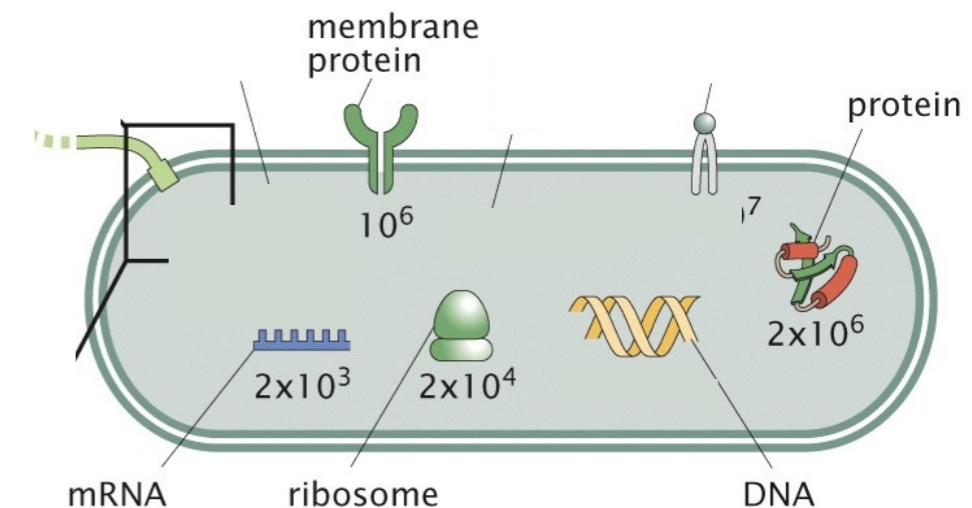
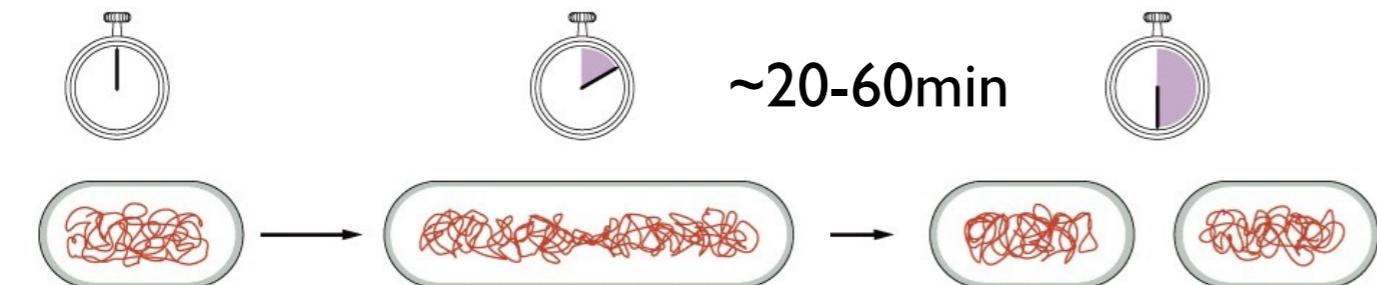
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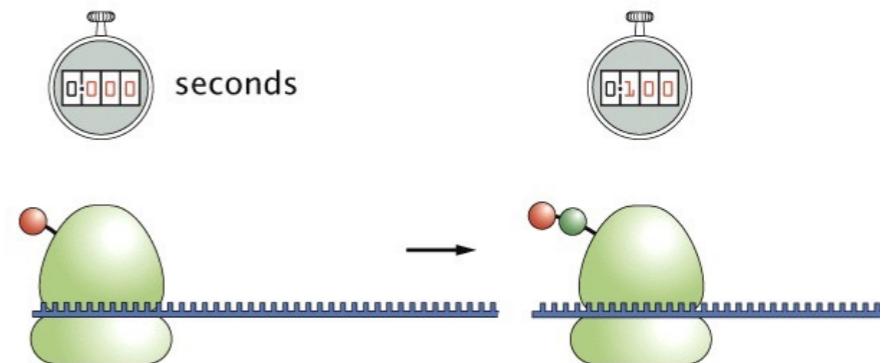
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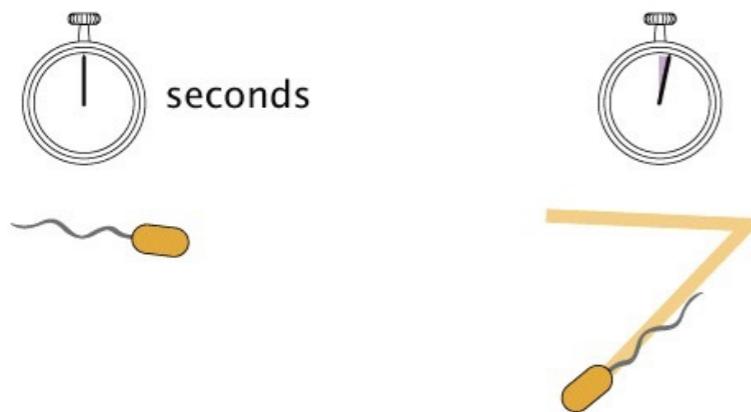
$\approx$  Time required for DNA<sub>p</sub> to copy entire genome  $\approx \frac{1 \times (\sim 4 \times 10^6 \text{ bp})}{(\sim 1000 \text{ bp/s}) \times 1} \approx 1 \text{ hr (too long!)}$

Solution: E. Coli starts copying next genome before first one finishes!

# Challenge Question:

How long does it take a cell to transcribe and translate a single protein?

Cell movements

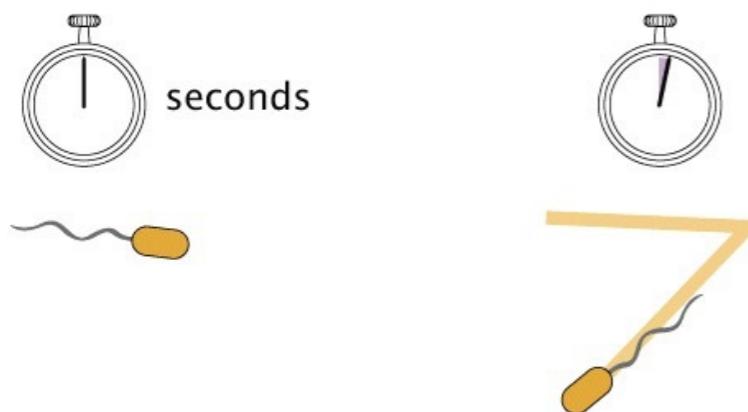


What does this tell us about the mechanisms responsible for regulating these cell movements?

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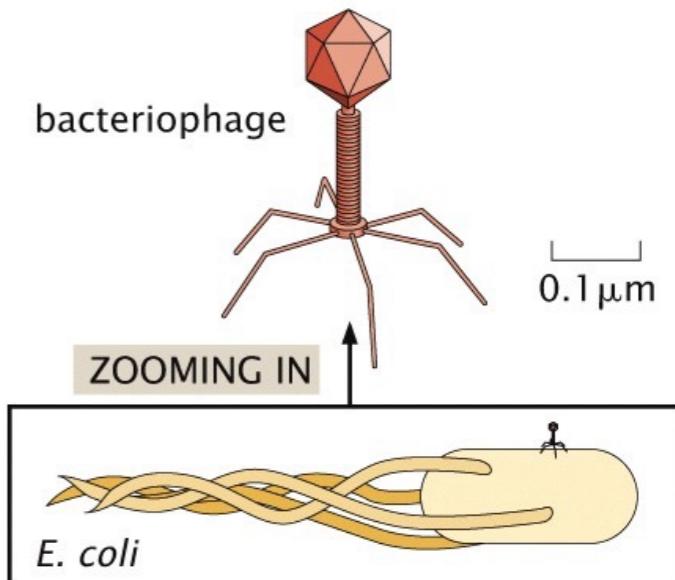
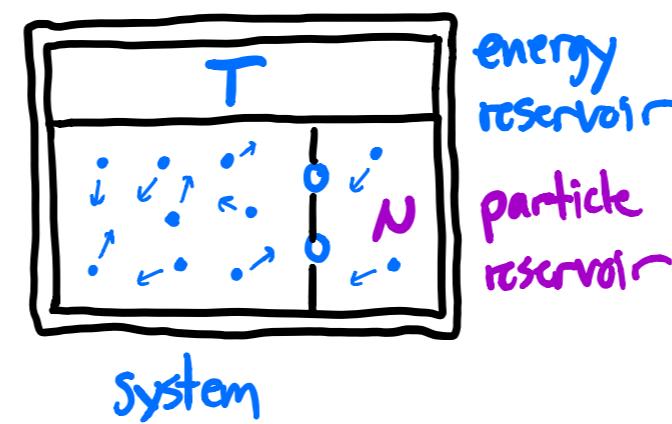
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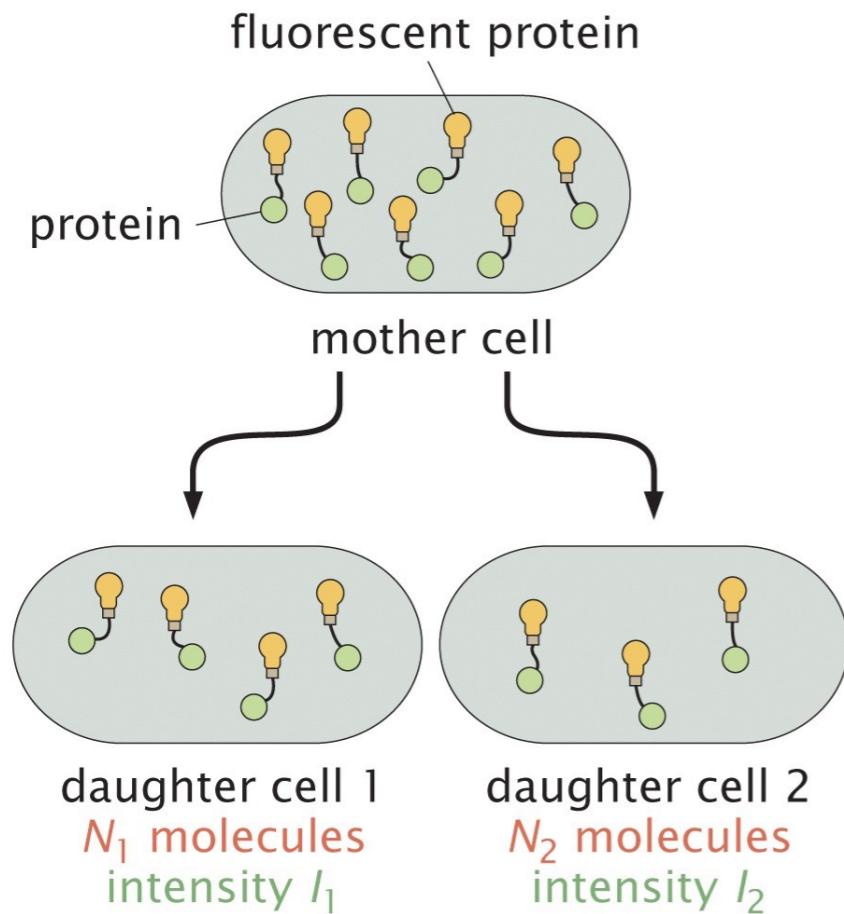
Next time:

Introduction to  
**Statistical Mechanics**



# How can we count absolute # of molecules per cell?

One way: *fluctuations during division*



Each molecule **flips a coin:**

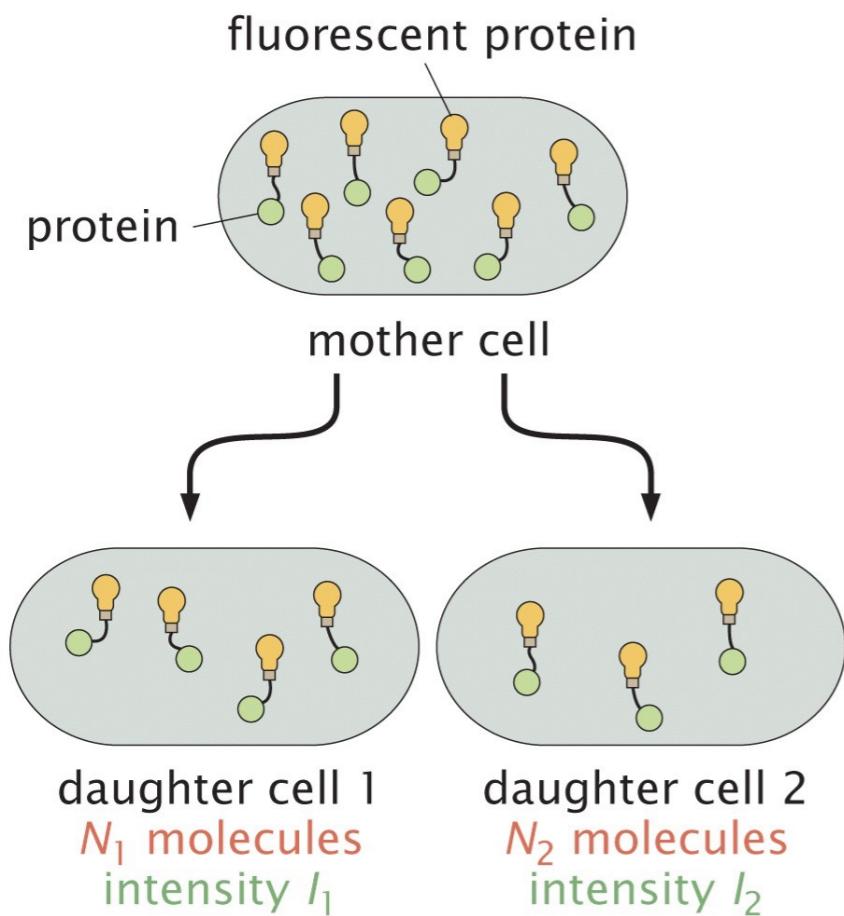
$$\Pr[N_1 = k] = \binom{N}{k} \left(\frac{1}{2}\right)^k \left(1 - \frac{1}{2}\right)^{N-k}$$

**“binomial distribution”**

Figure 2.10a Physical Biology of the Cell, 2ed. (© Garland Science 2013)

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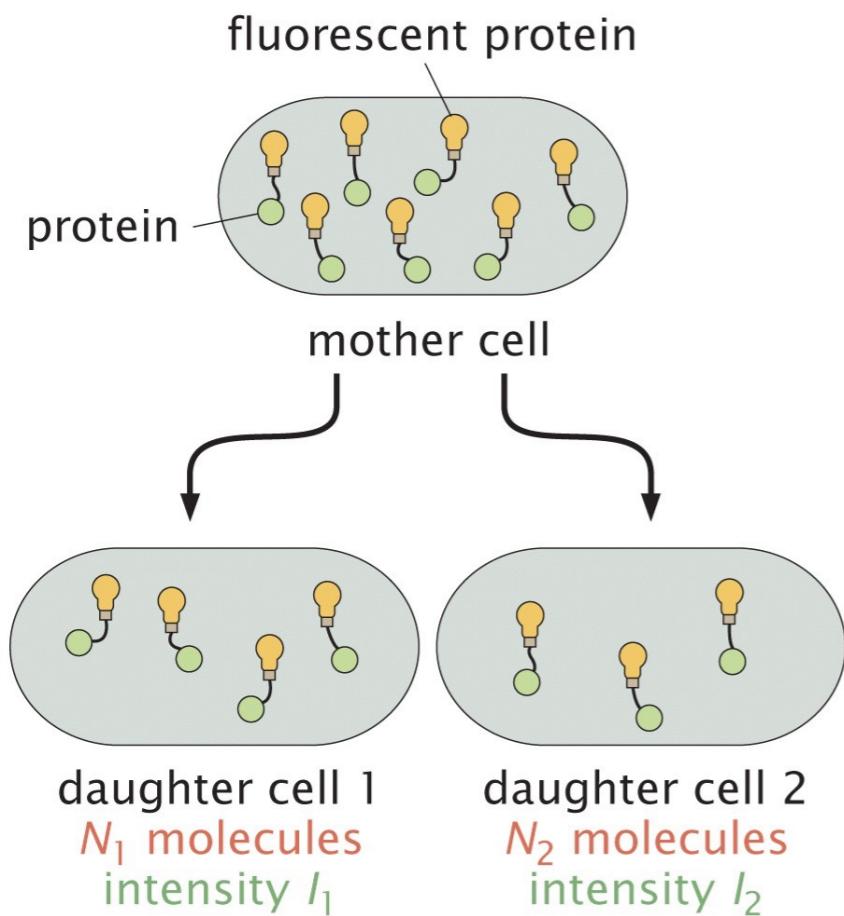
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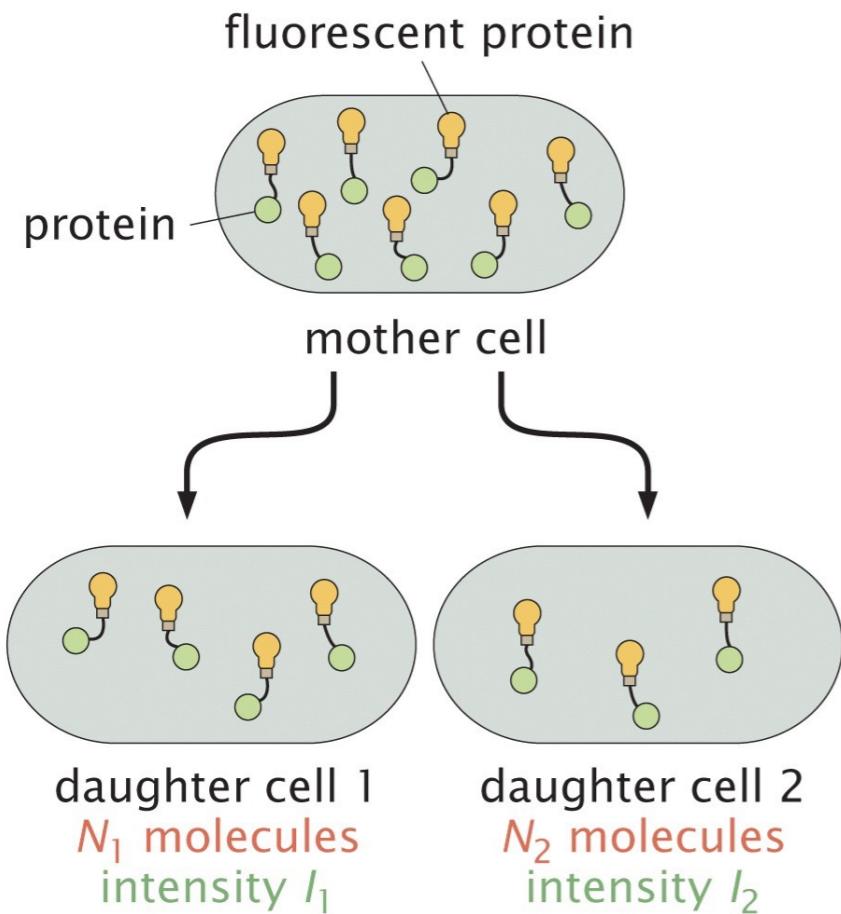


Figure 2.10a Physical Biology of the Cell, 2ed. (© Garland Science 2013)

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**Fluorescence differences between daughters:**

$$\left\langle \left( \frac{\delta I}{I} \right)^2 \right\rangle = \left\langle \left( \frac{\delta N}{N} \right)^2 \right\rangle = \frac{1}{N}$$

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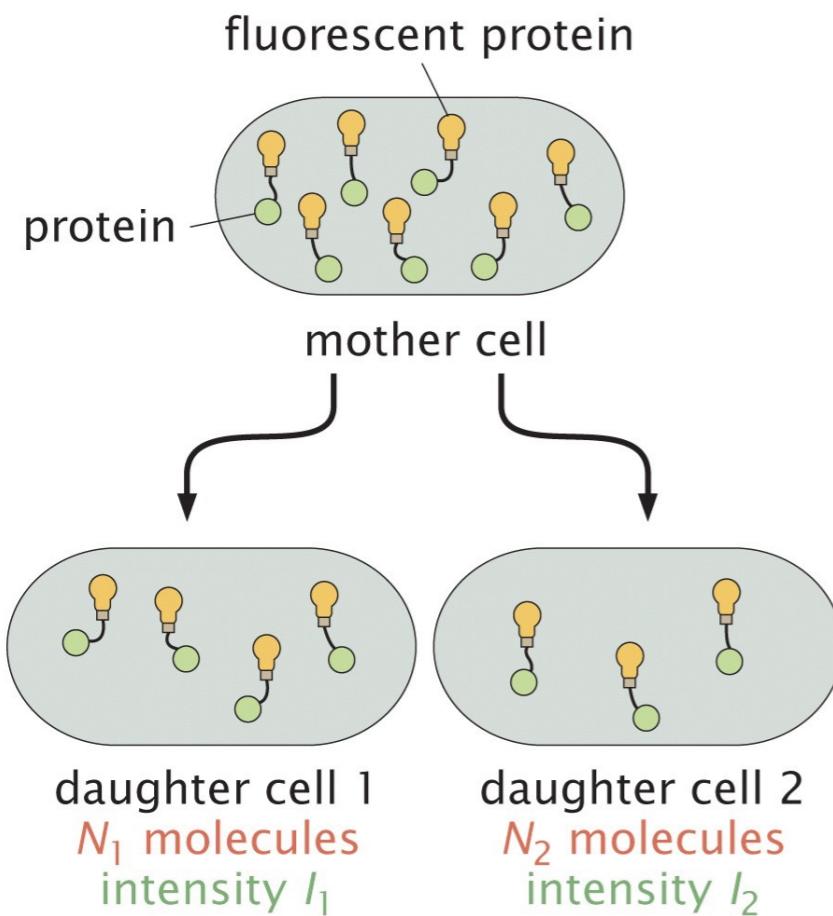
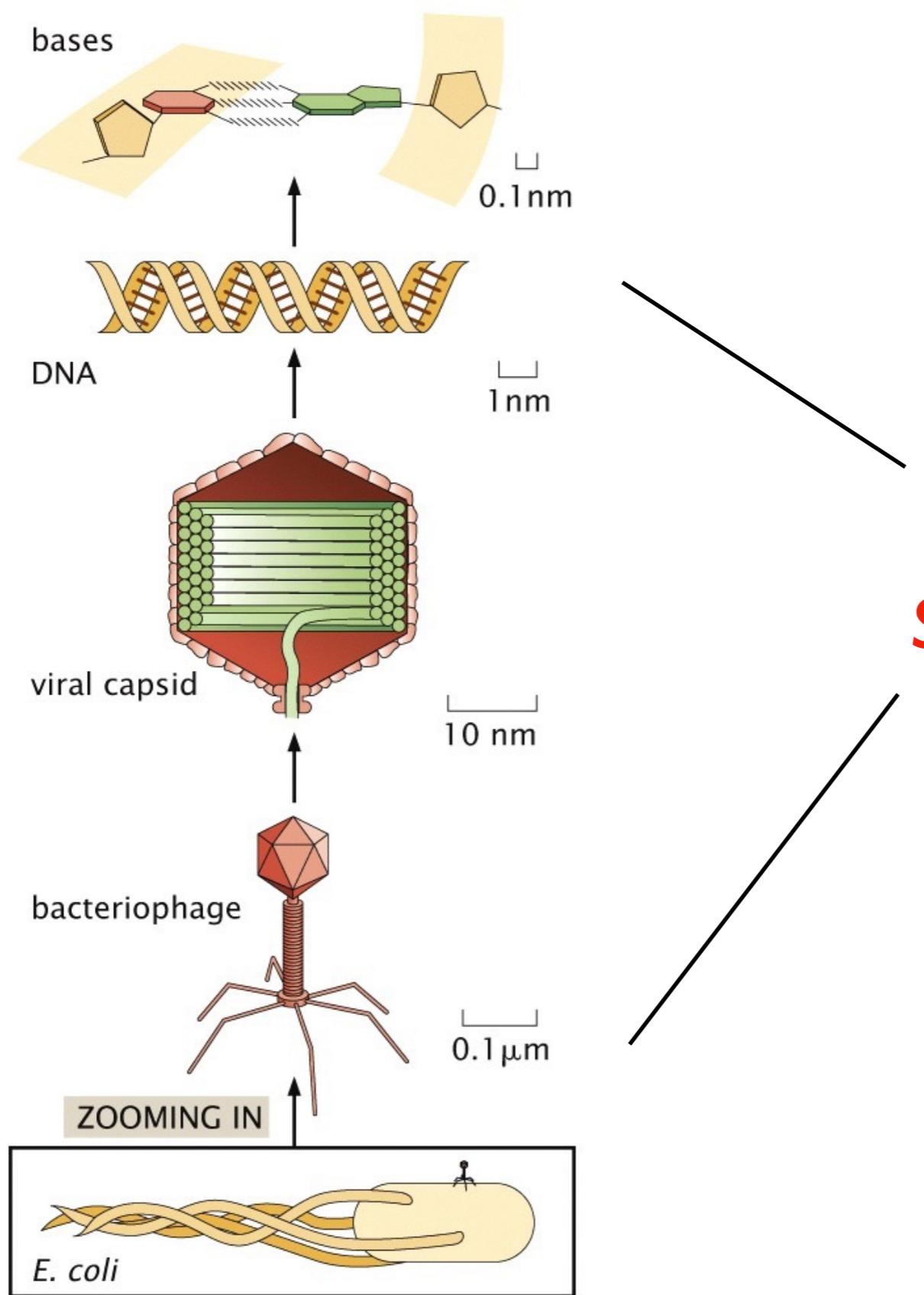


Figure 2.10a Physical Biology of the Cell, 2ed. (© Garland Science 2013)

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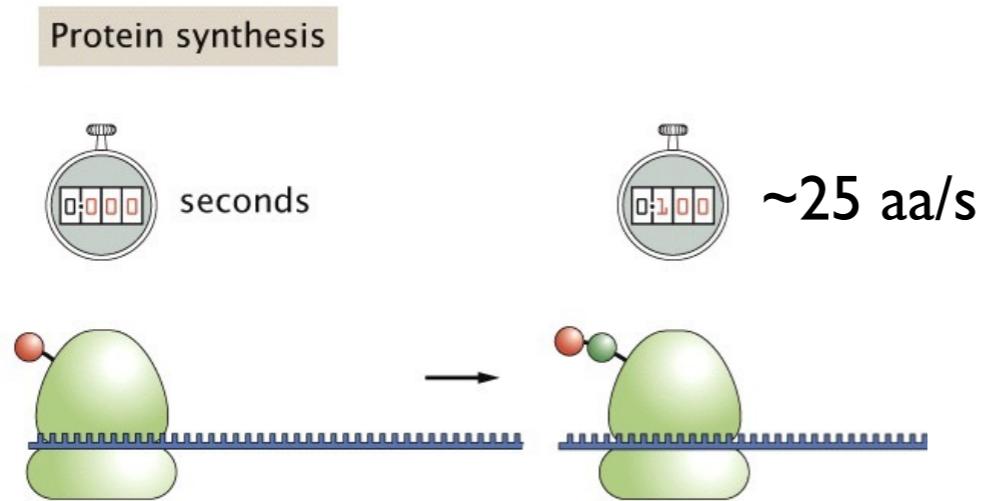
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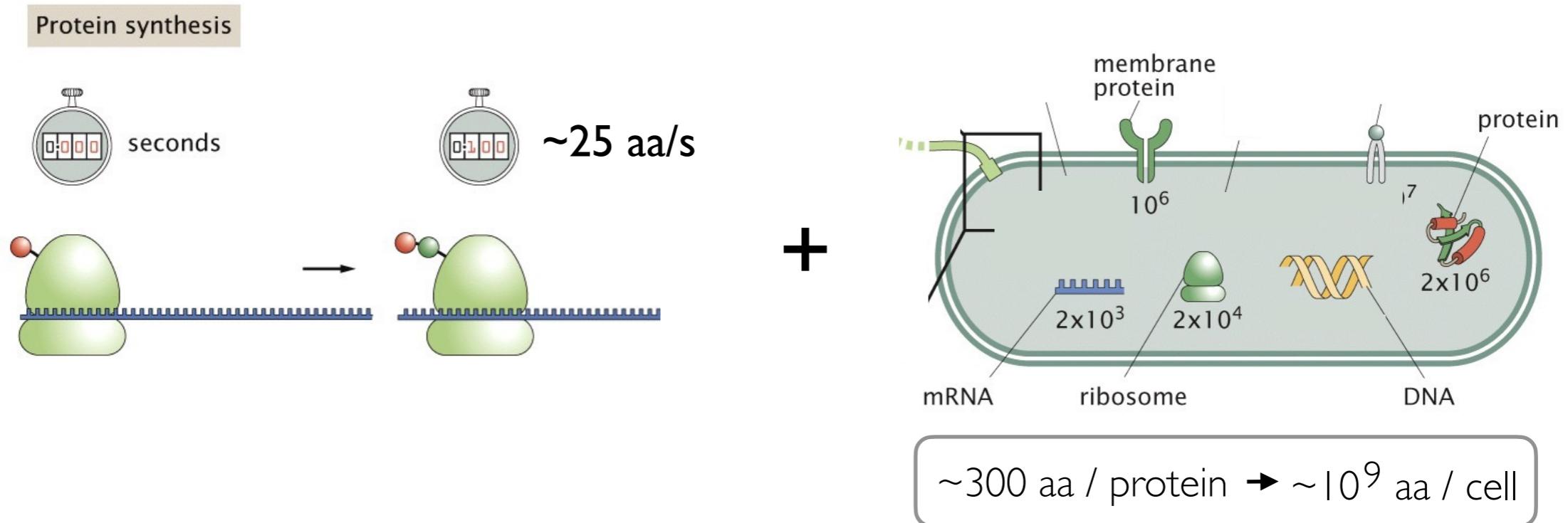
Next time:  
Introduction to  
**Statistical Mechanics**

Figure 2.15 (part 1 of 2) Physical Biology of the Cell, 2ed. (© Garland Science 2013)

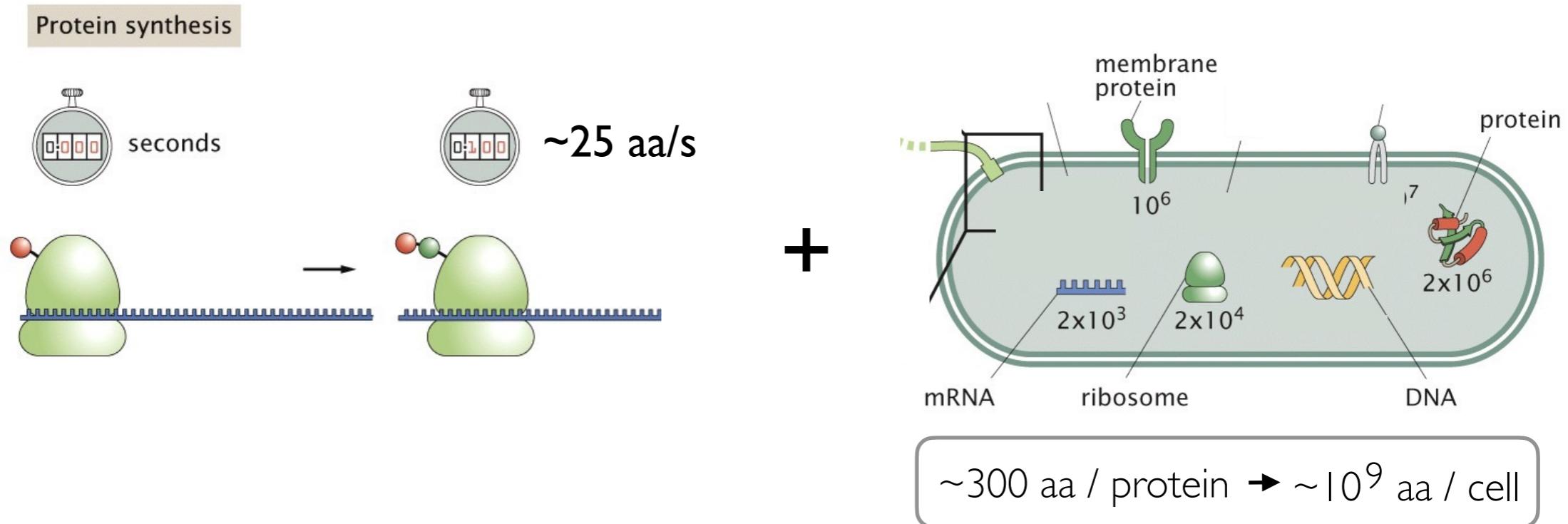
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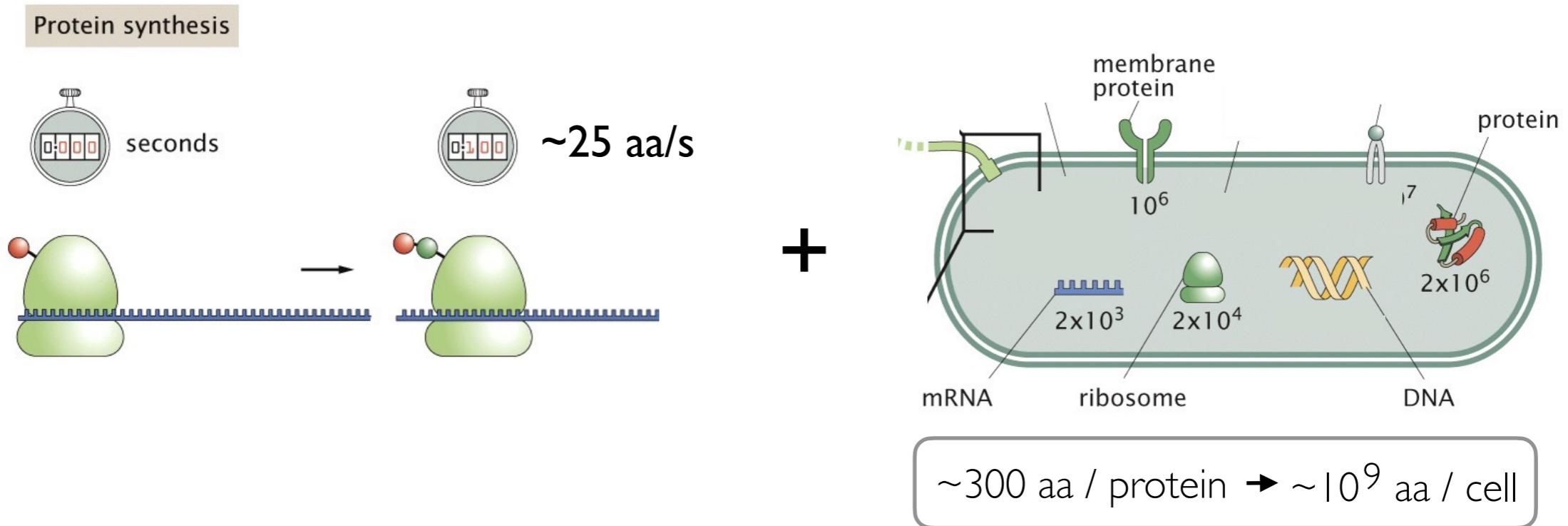


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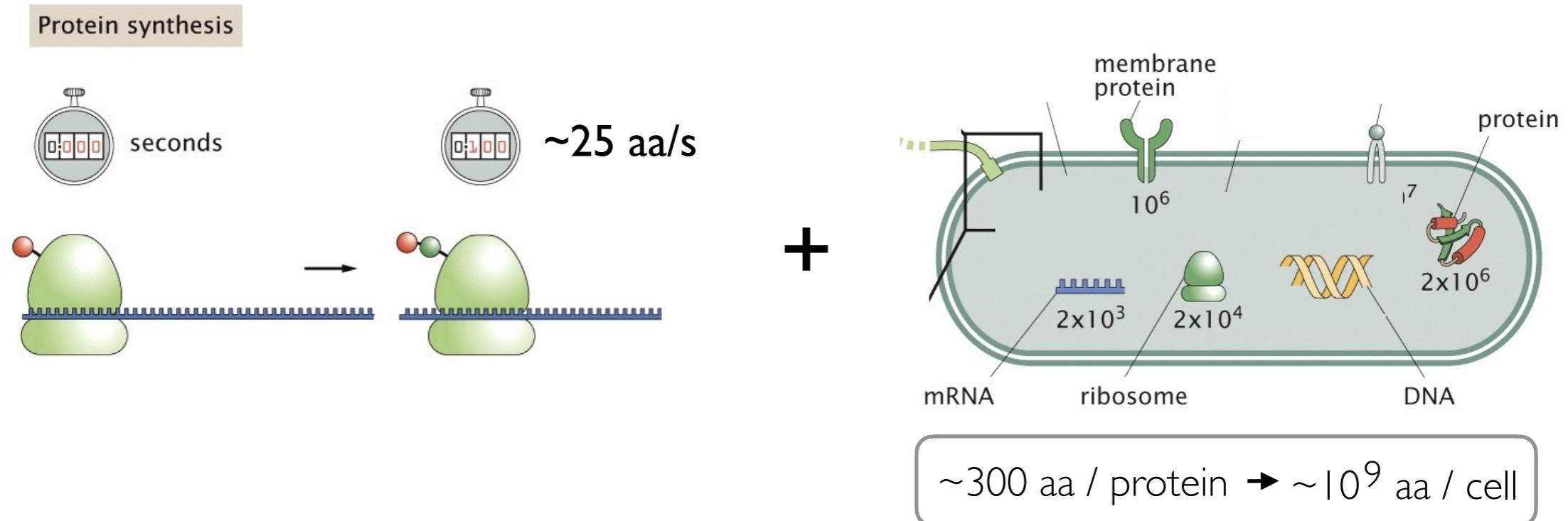
Minimum  
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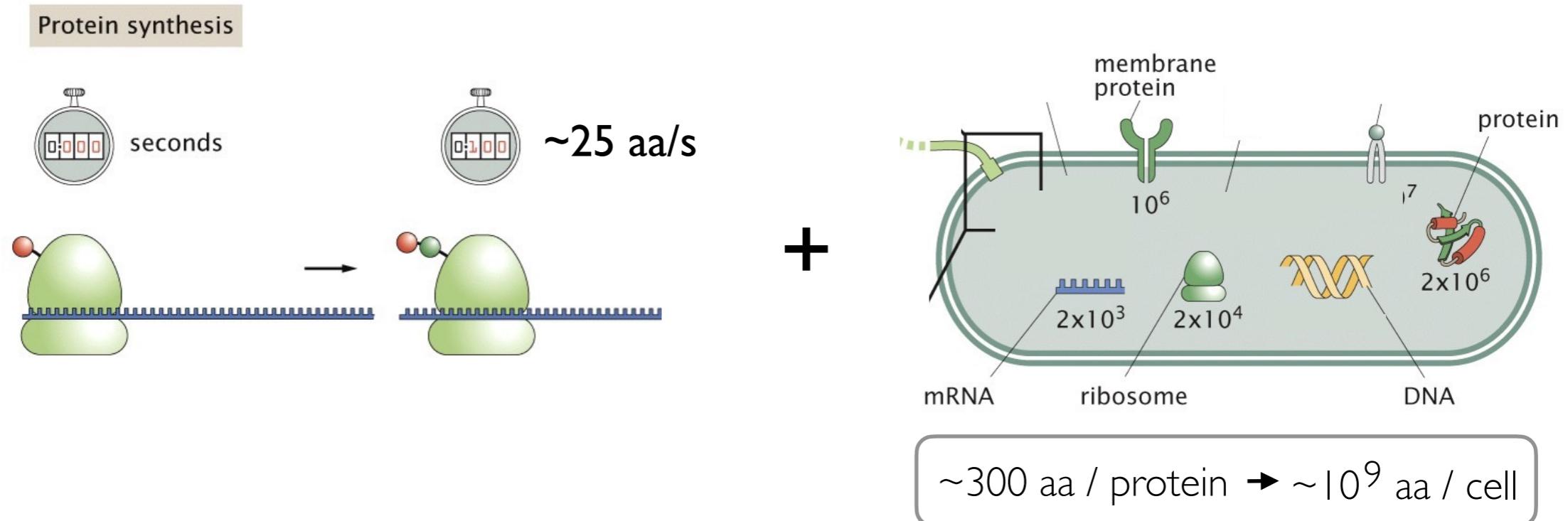
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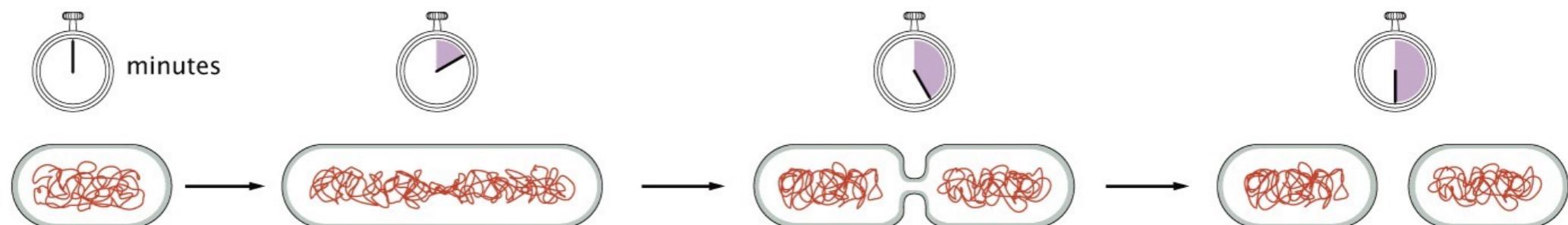


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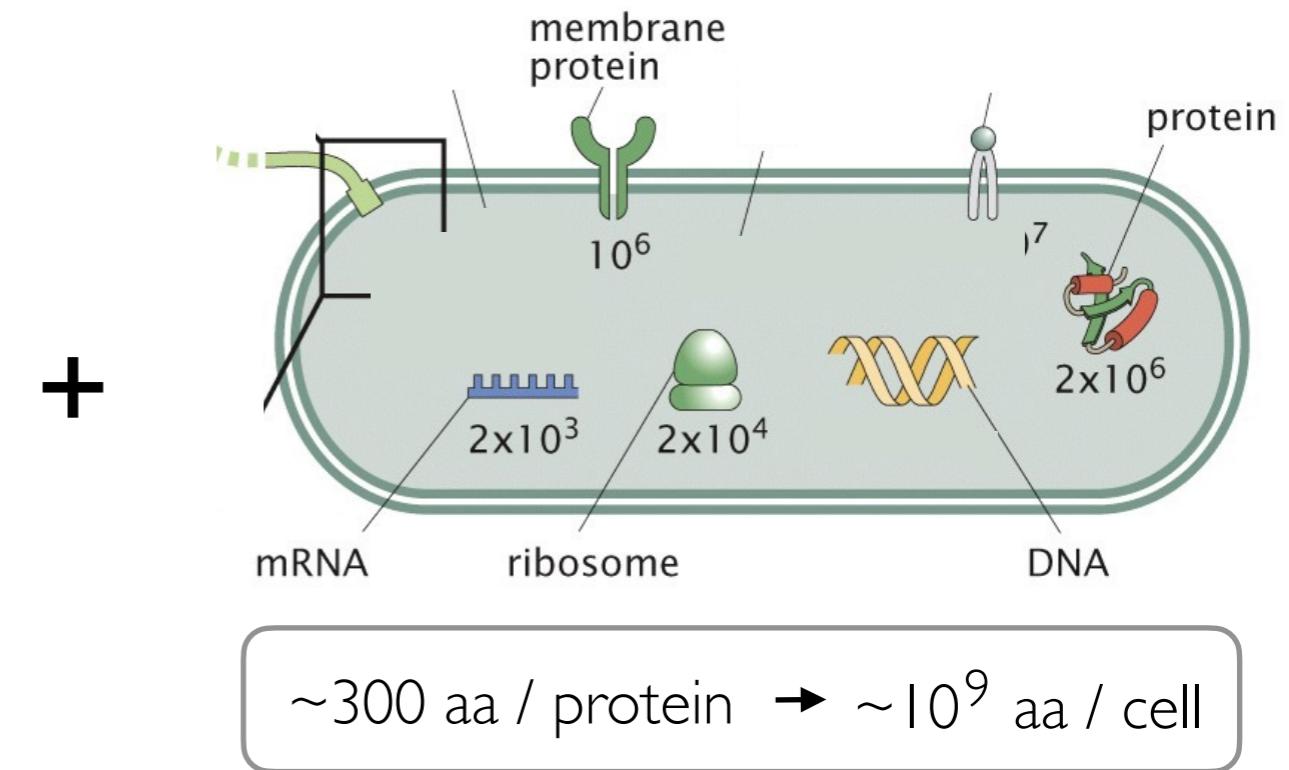
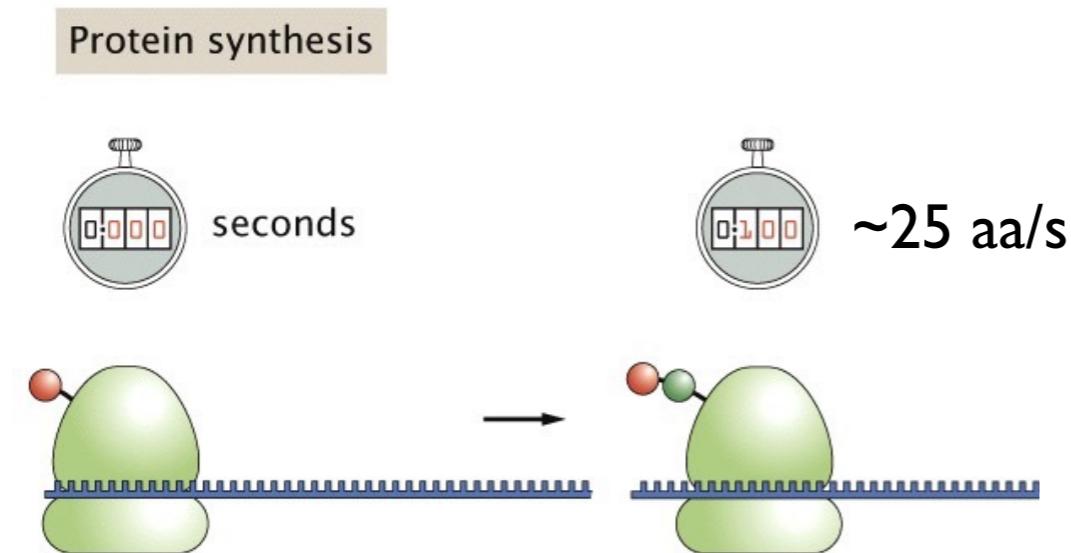
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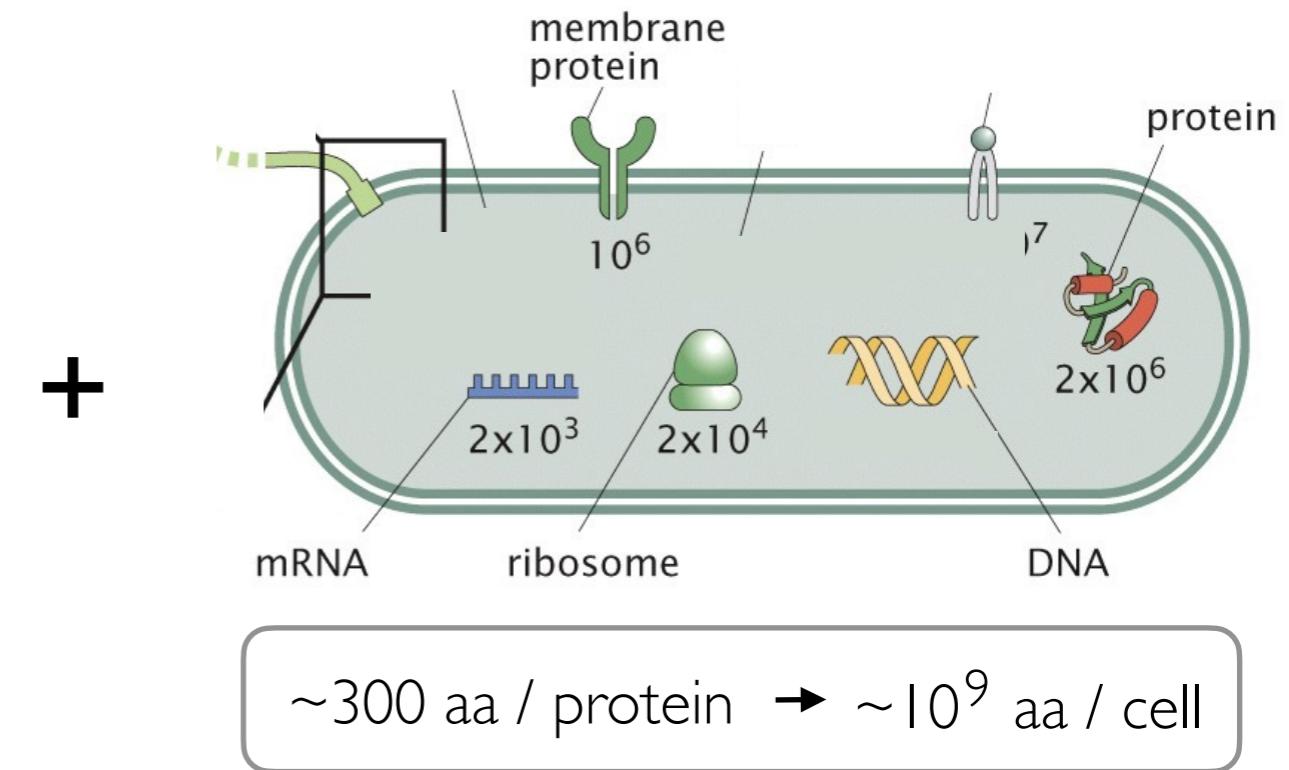
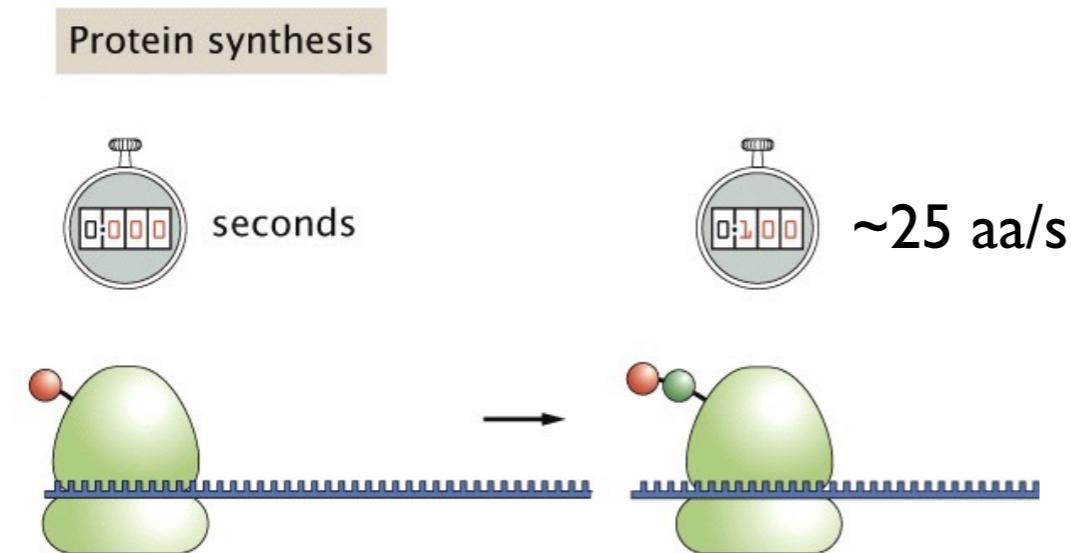
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→ ~10s per protein  
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