

**New Methods in Sampling in Molecular Mechanics  
Simulations and and Improved Algorithm for  
Calculating Energy Contribution of Implicit  
Solvent Models**

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# ABSTRACT

## **New Methods in Sampling in Molecular Mechanics Simulations and and Improved Algorithm for Calculating Energy Contribution of Implicit Solvent Models**

**Joseph Bylund**

The process of bringing drugs to market continues to be a slow and expensive affair. And despite recent advances in technology, the cost both in monetary terms and in terms of time between target identification and arrival of a new drug on the market continues to increase.

High throughput screening is a first step in the direction of being able to test a large number of possible bioactive compounds very quickly. However the space of possible small molecules is limitless, and high throughput screening is limited both by the size of available libraries and the cost of running such a large number of experiments.

Computational drug design, or computer assisted drug design offers a possible way of addressing some of the shortfalls of conventional high throughput screening. Using computational methods it is possible to estimate parameters such as binding affinity, of any small molecule, even those not currently present in any small molecule library, without having to first invest in the possibly slow and expensive process of finding a synthesis. Computational methods can be used to screen similar molecules, or mutations in small molecule space, seeking to increase binding affinity to the protein target, and thereby efficacy, while simultaneously minimizing binding affinity to other proteins, decreasing cross reactivity, and reducing toxicity and harmful side effects.

Computational biology methods of drug research can be broadly classified in a number of different ways. However; one of the most common classifications is along the lines of the methods used to identify possible drug compounds and later optimize those leads. The first broad category is the informatics or artificial intelligence based approaches. In these

approaches artificial intelligence methods such as neural networks, support vector machines and qualitative structure-activity relationships (QSAR) are used to identify chemical or structural properties that contribute heavily to binding affinity. Ligand based approaches are very useful when a large number of known binders are known for a specific family of proteins. In this case the ligands cluster together in some sort of chemical space and new compounds which occupy a similar chemical space are likely to also bind strongly with the protein of interest. The class explored in this thesis is the diverse class known as structural methods. These methods in the most general sense make use of a sampling method to sample a number of protein, or protein-small-molecule interaction conformations and an energy model or scoring function to measure dimensions which would be very difficult and or expensive to measure experimentally.

In this thesis a number of different sampling methods which are applicable to different questions in computational biology are presented. Additionally an improved algorithm for evaluating implicit solvent effects is presented, and a number of improvements in performance, reliability and utility of the molecular mechanics program used are discussed.

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# Chapter 1

## Introduction

### 1.1 Drug Development

#### 1.1.1 Costs of Drug Development

The process of bringing new drugs to market is a long and expensive affair. Information about both the costs and time necessary to bring a drug to clinical trials are less available than statistics for drug molecules reaching clinical trials. There is much debate over the average cost and time investment needed to develop a new drug. At the least it is necessary to identify a possible target molecule, find a small molecule with promising binding characteristics to that target which is additionally not toxic nor a strong binder to the wide variety of other proteins necessary for regular cellular function. These small molecules are then varied to maximize binding affinity to the target molecule, while attempting to simultaneously minimize cross reactivity. Finally after this process, these drug compounds are rigorously tested through clinical trials. The final costs necessary for this process range from 400 million per new chemical entity to as much as 2 billion. Estimates for the time required also vary significantly, but many estimates place the time required at around 10 years from target identification to an approved drug. One of the largest factors affecting the average cost of each new drug compound is the low success rate for compounds which have been under active research for a number of years. Effectively screening these compounds earlier in the pipeline has the potential to significantly decrease the average cost of each

new drug molecule. [Adams and Brantner, 2006]

The average cost of identifying a new drug molecule and gaining approval for that molecule is actually growing at a rate greater than inflation. The number of new drugs introduced during the period 2005-2010 was actually 50% fewer than the number introduced during the time frame from 2000-2005. New drug compounds have been shown to have important impacts on both longevity and quality of life. In fact, during the 14 year period from 1986 to 2000, 40% of the two year increase in life expectancy can be accounted for by the effect of new drugs introduced during that period. [Paul *et al.*, 2010]

The expected period of time that a candidate drug compound will spend in clinical trials is approximately nine to fourteen years [DiMasi *et al.*, 2003; Paul *et al.*, 2010]. During the period from 1981 to 1990 the rate of approval of potential drugs decreased, as did that of self-originated drugs, or those drugs which were originally identified by a pharmaceutical research company. Of potential drug compounds which reach clinical trials, only 10% will finally be approved as new drugs [DiMasi, 2001; Paul *et al.*, 2010]. Of potential drug compounds entering clinical trials that fail to be approved as new drugs, approximately two thirds will be abandoned or fail during phase II clinical trials, which test the efficacy of a drug. This is generally viewed as a failure to find a small molecule with sufficiently high binding affinity to the target protein. Thirty percent of potential drug compounds entering clinical trials will fail in stage I, either because they are poorly tolerated, toxic to humans or cause side effects. Each of these is a potential indicator of cross reactivity with proteins other than the target molecule. Computationally screening these compounds earlier in the process has the potential of reducing the attrition rate at this point in the process. Additionally, increasing the affinity for the target itself can allow for lower dosages which can increase survival through phase II clinical studies. Finally, approximately 20% of potential drug compounds entering clinical trials will fail in stage III. These drugs fail for a variety of reasons, though ineffectiveness is frequently cited as a reason. All told efficacy accounts for 37.6% of all drugs that are abandoned after reaching clinical trials, making it the single largest contributing factor to the failure of these compounds to eventually receive approval as new drugs. Other factors include safety, and economics. [DiMasi, 2001]

For new chemical entities introduced in the 1990's the cost of research and development

increasing at a rate 7.4% above inflation. Rates for the 2000's are not yet available or are only now becoming available due to the long lead time between introduction of a new chemical entity and that new chemical entity becoming an approved drug. During the period from 1985 to 2000 the rate of spending on research and development increased at approximately twice the rate of introduction of new chemical entities. Although the largest factors in determining this cost are the costs during clinical trials significant amounts are also spent earlier in the drug discovery pipeline, such as target identification, lead identification, and lead optimization. Improved computational techniques are generally viewed as possible means of decreasing costs or times associated with the earlier steps in the process. However, by increasing the fraction of leads which survive the screening process techniques which help identify and optimize lead molecules can have a very large effect on the cost of each new molecular entity. Clinical trials consist of six sometimes overlapping stages, denoted 0 to V, though stages I to III are where the majority of drug molecules are abandoned. Of the candidate compounds which enter clinical trials only approximately 20% will finally be approved as drugs. [DiMasi *et al.*, 2003]

Since 1950, the number of new chemical entities introduced per billion dollars has decreased by 50% every 9 years. Possible problems cited as contributing to this decrease in efficiency include:

1. the ready availability of high quality and effective generic drugs as treatment options for many diseases,
2. decreased risk tolerance among regulatory agencies,
3. increased spending and personnel without understanding underlying relationships between spending and personnel and discovery of new compounds, and the long period of time between beginning research on a drug target and finally gaining approval for a new drug compound, and
4. systematic overestimation of the efficacy of high throughput screening techniques relative more classical techniques such as clinical science, and animal screening [Scannell *et al.*, 2012].



The high failure rates during clinical trials have been identified as one of the most critical factors in determining the overall costs of drug development. [Bleicher *et al.*, 2003]

### 1.1.2 Computer Assisted Drug Design

The ultimate goal of computer assisted drug design is to improve rational drug design by exploiting the continuously increasing processing power available both in high performance super computers, but also in single workstations. Seeking to supplement the ability of a researcher either by allowing examination of a large number of possible interactions quickly or providing some insight that might be much more difficult to obtain through biochemical experiments, both in terms of time and expense. Different classes of programs have been developed to help solve each of the distinct steps in the pre-clinical stages of drug development, namely:

1. Hit Identification the process of screening a large small molecule database (up to one million or more small molecules) database to identify small molecules which bind a given target protein, or hits. These hits are usually small molecules with a target binding affinity on the order of micromolar.
2. Hit to lead optimization - the process of modifying these “hit” molecules either by substitution or addition of chemical moieties or mixing and matching substructures between given hits, to produce compounds with higher binding affinities than the initial hit compounds. Hit to lead optimization seeks to improve the micromolar binding affinity of hit compounds to nanomolar affinity or better.
3. Lead Optimization the final step of modifying lead compounds to increase “druglikeness” to ensure that the molecule is sufficiently soluble, well tolerated, and does not disrupt regular cellular function.

#### 1.1.2.1 Hit Identification

The earliest form of hit identification experiments were animal screens, where mutant animals were studied to find the specific gene or protein causing a specific phenotype. This type of experiment relies on careful genetic controls and breeding, but also some

element of luck in observing a relevant phenotype in the first place. “Brute force” animal screens have since been improved with extensive mutation libraries and exhaustive non-lethal mutation libraries for organisms such as yeast and *Escherichia coli*. Even so, these screens are slow, often taking three years or longer, and error prone, as performing a large number of repetitive experiments causes even the most fastidious of scientists to lose focus. High-throughput screening seeks to supplement the human factor with robots, which are capable of performing similar experiments with greater speed and fewer errors. With the help of this automation it is possible to test the interactions of as many as 100 million different reactions per day [Agresti *et al.*, 2010]. Though the high initial cost of high-throughput screening equipment as well as the cost of the small molecule libraries necessary for screening are often prohibitive even to large research institutions. In order to make this sort of experiment available to a larger number of institutions some research institutions have instituted means of sharing this equipment, through high-throughput screening as a service type arrangements [HTSRC, 2004; MSSR, 2006].

The direct computational equivalent to high-throughput screening is virtual screening, where a library of small molecules is computational “docked” into the active site of the target protein, and some scoring metric is used to identify possible binders. In this sort of computational screen, the problem of the cost of small molecule libraries is essentially a solved problem in virtual screening as there are readily available libraries of drug-like small molecules for use in virtual screening programs. For example, the ZINC database provides a library of over seven-hundred thousand commercially available small molecules in a number of different file formats for use in virtual screening [Irwin and Shoichet, 2005]. Another possibility for hit identification *in silico* is through fragment assembly methods.

The first published study using computational docking was published in 1982 by Irwin Kuntz describing a program which would later go on to become the well known DOCK program [Kuntz *et al.*, 1982]. Generally docking consists of a method of quickly screening possible protein-small-molecule interaction conformations. An emphasis is placed on the computational cost of evaluating the energy function over accuracy, as the poses generated by this step are usually fed into structural refinement programs for further sampling and

more accurate estimation of energies. For example in the original Kuntz study, the system only only had six degrees of freedom on which to sample, three translational and three rotational degrees of freedom for the ligand with the protein held fixed. Along with a hard sphere collision model this provided a sufficiently selective screen to identify the native binding geometry of the heme group to myoglobin as well as thyroid hormone analogs to prealbumin [Kuntz *et al.*, 1982].

The rate at which new structures are being deposited into the Protein Data Bank is increasing on an annual basis. But tools are necessary to draw meaningful insights from this data, hopefully leading to new drugs.

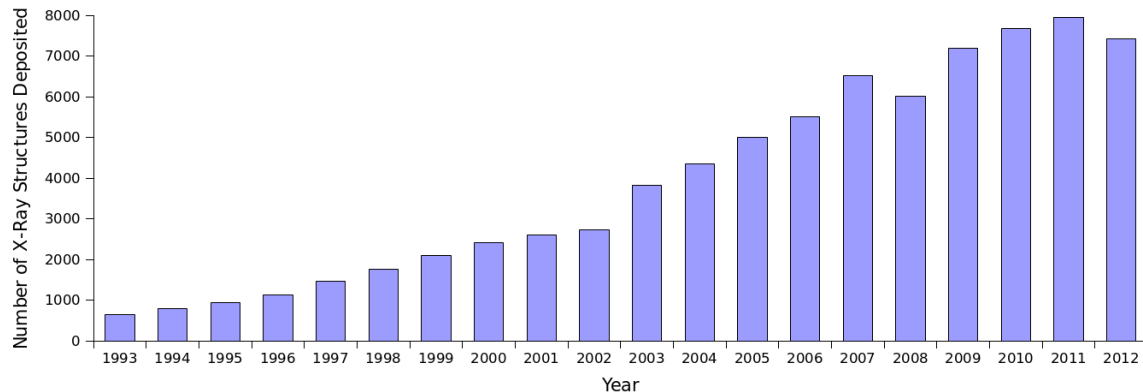


Figure 1.1: The rate at which new structures is deposited into the PDB over the last two decades. Due to a variety of improvements in the field of crystallography this rate has been steadily increasing.

For example a recent increase in the field of crystallography, is "crystal-less" crystallography in which small molecules are bound by a porous scaffold matrix. The regular structure of the matrix imparts a regular packing arrangement, necessary for interpreting diffraction patterns, onto the arrangement of small molecules. This has the potential to address one of the largest difficulties in obtaining quality structural data for proteins, which is that it is very difficult to purify and crystallize certain proteins [Inokuma *et al.*, 2013].

The number of target molecules of the set of all drugs currently available on the market consists of only about 500 proteins. The bottleneck in introduction of new chemical entities

is not virtual screening, but rather optimizing these hits into higher affinity leads and eventually balancing the requirements across all characteristics to produce a new drug [Bleicher *et al.*, 2003].

Of the total proteome only 30,000 are regulated by small molecule binding, making them reasonable targets of drug action. A large number of these possible drug targets are not implicated in any disease, due to this and a number of other factors, estimates of the total number of these proteins which are possible drug targets is much lower. Frequently cited numbers for the number of possible drug targets in humans are six-hundred to fifteen-hundred, still significantly higher than the total number of targets which are exploited by current drugs. The different families of cellular proteins are not equally likely to be targets of drugs. As of 2013 47% of current drug targets are enzymes, followed by 30% being GPCR's [Hopkins and Groom, 2002].

The consists of a number of characteristics which are generally true of drug like molecules:

1. Five or fewer hydrogen bond donors,
2. 500 Da or less total molecular mass
3. high lipophilicity
4. sum of nitrogen and oxygen atoms is not greater than 10 [Lipinski *et al.*, 1997]

Through understanding the protein-ligand conformation and specific contacts they were able to modify a known substrate There is an advantage to flexible substrates, which is that they can flex in order to create better contacts with the protein structure increasing binding affinity. This is especially important as the location of heavy atoms in the target protein is frequently only known to an accuracy of 0.4 angstroms. Further specific knowledge of the binding geometry between the initial lead compound and the target makes it possible to computationally screen possible chemical group substituents, to maximize binding affinity, increase solubility or bioavailability. One of the earliest examples of the successful application of structure based drug design is the carbonic anhydrase inhibitor dorzolamide, in which most of these ideas were applied to find a drug with very high binding affinity [Greer *et al.*, 1994].

Despite advantages in speed and cost due to limitations in accuracy computational screening has struggled to produce the same results as empirical screening. However, more recently virtual screening has succeeded in producing hit rates greater than those from empirical screening techniques. Virtual screening identified leads which were later developed into the human immunodeficiency virus (HIV) protease inhibitor Viracept, and the anti-influenza drug Relenza. A number of challenges which limit the utility of docking programs have been identified

1. The number of possible small molecules is essentially unbounded, however only a very small fraction of these ligands are potentially drug compounds. Limiting sampling to this subspace is a challenging problem.
2. The number of conformations of ligand molecules rises exponentially with the number of internal degrees of freedom of the ligand. Sampling the huge conformational space of the ligand becomes a computationally difficult problem on its own.
3. The difficulty of accurately assessing or comparing the energy of different protein-ligand complexes or conformations[Shoichet, 2004].

It has been found that introduced drugs are often very chemically similar the “hit” compounds from which they were derived [Proudfoot, 2002]. So in order to increase the diversity of drugs and find drugs which are able to treat new diseases, or diseases which have evolved resistance to current drugs it may be necessary to either increase the size of the screened database or increase the possible diversity which might be increase through the hit-to-lead step.

### 1.1.2.2 Hit-to-Lead Optimization

Hit compounds generally have a binding affinity for the target protein on the order of micromolar binding. The goals of hit-to-lead optimization are to further increase that affinity with the goal of eventually reaching binding affinities on the order of 10 nanomolar or better, find other molecules with similar chemical characteristics to increase the size and diversity of the set of lead compounds, and screening hit compounds for any obvious issues. At this stage for computational screening more accurate energy models are required

than for the initial screen [Jorgensen, 2004; Gohlke and Klebe, 2002; Jorgensen, 2009]. Depending on the type of “hit” compounds identified in the initial screen, hits are either combined through molecular-growing and evolution techniques, or similar structures to the hit compounds can be sampled either by exploring the local chemical space or “mutation” of substituents. In either case, the potential lead compound is docked or grown in the known binding site. A scoring function which is hopefully well correlated with the binding energy is then used to rank these possible compounds. Interestingly it is not necessarily the case that the scoring function is anchored in a physical force field, it is possible to use statistical or artificial intelligence approaches with success, so long as they are able to successfully solve the classification problem of distinguishing strong binders from weak binders. Docking as a means of converting hit compounds to lead compounds is very similar to docking as a means of hit generation, however in this case the small molecule library is much smaller and is generated to cover chemical space surrounding hit compounds. Additionally whereas for initial hit generation a coarse grained energy function might have been sufficient to differentiate ligands which bind strongly from those which do not bind at all, to convert these “hits” to lead compounds it is necessary to use a more sensitive, and necessarily slower, energy model to accurately rank the binding affinity of different small molecules [Jorgensen, 2004; Gohlke and Klebe, 2002]. These energy models will be discussed briefly in 1.3.

A popular program for building, or mutating lead compounds is Biochemical and Organic Model Builder (BOMB) [Barreiro *et al.*, 2007]. BOMB can operated as either a hit identification program or as a hit to lead optimization method. Working to identify new compounds BOMB starts with a number of different small “core” scaffolds and attempts to increase binding affinity by adding or replace substituents with favorable interactions while avoiding steric clashes. BOMB has been successfully used to evolve a hit compound which showed no inhibition of HIV reverse transcriptase into a potent non-nucleoside RT inhibitor with nanomolar level binding [Barreiro *et al.*, 2007].

Whereas previously, lead compounds were evaluated almost exclusively on binding affinity to the target protein, more recently more weight is being placed on identifying hit compounds which satisfy other characteristics besides binding affinity [Bleicher *et al.*, 2003]. It

is important to begin to consider other characteristics of the potential drugs earlier in the pre-clinical process, because later it is difficult to make changes which affect characteristics such as solubility without significantly altering the binding affinity of an already highly modified hit compound. As “lead” compounds are rarely very chemically distinct from the hits from which they were derived, and increasing binding affinity is actually sometimes an easier problem than addressing some of the other characteristics in the “rule of five” it is reasonable to begin by first trying to optimize hit compounds to satisfy some other criteria and postpone maximizing binding affinity [Proudfoot, 2002].

### 1.1.2.3 Lead Optimization

In lead optimization the compounds which have been identified by the earlier steps in the process are optimized to drug molecules. The largest differentiating factor between hit-to-lead optimization and lead optimization is the plausibility of the compound to act as a successful drug molecule. The goals of lead optimization overlap heavily with those of the hit-to-lead stage. Although this can include increasing binding affinity to the target even further, usually the focus is on other characteristics including selectivity, ease of synthesis, pharmacokinetic properties and intellectual property concerns [Keserű and Makara, 2006]. Computational modelling can help not only identify hit compounds, and convert those initial hits into leads, but also to help estimate absorption, distribution, metabolism, elimination, toxicology, sometimes referred to as the ADME characteristics [Kerns and Di, 2008].

Computational models for ADME characteristics ususally use regression equations or neural networks to predict these characteristics [Jorgensen, 2004].

Up to one half of all drugs which do not survive clinical trials, fail to do so because of lack of efficacy, which is influenced both by binding, but also by the absorption characteristics of the molecule. The number of drugs which fail to make it through clinical trials due to toxicity is similarly high, about 40% [Li, 2001]. Advancing a potential drug to clinical trials represents a very large financial investment, and effective computational screens of lead molecules at this point in the process can reduce the rate of failure in clinical trials, thereby having a very large impact on the final costs of new drugs brought to market.

## **1.2 Molecular Modeling**

## **1.3 Energy Functions**

### **1.3.1 Entropy-Enthalpy Compensation**

## **1.4 Protein Local Optimization Program**



## Part I

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