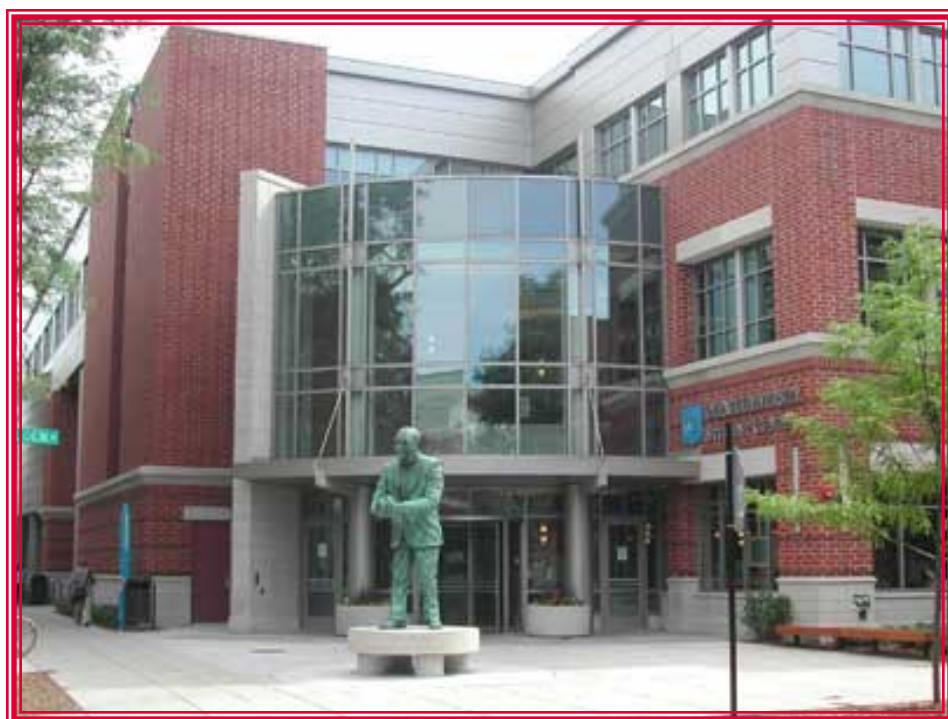




The Thrifty DePaul Student

a manual on how to economize as a DePaul student living
in the Loop and Lincoln Park campuses



What is the purpose of this manual?

The purpose of this manual is to provide DePaul University students with instructions on how to simultaneously purchase necessities and luxuries. Too often, students find themselves in a position of having to choose to necessities over luxuries or luxuries over necessities. This manual is eliminate this dilemma for students by demonstrating how to can economize efficiently.

Who is this manual for?

This manual designed to aide students who are experiencing financial hardships or are having problems budgeting their everyday budgeting. However, any DePaul student who wants to learn how they can spend less while enjoying their college experience more will benefit from the manual. Unfortunately, the Nightlife section is only reserved for students 21 and older.

What will I need?

Each section will warrant a different set of materials needed. In general, you will need the following:

- DePaul Student I.D. Card
- Debit or Credit Card
- Cash
- Computer

When and Where Would I use this?

Each section is specific to a different environment. Therefore, it is recommended that this manual be read in advance of performing the instructions.

Additionally, there are time constraints that can be uncontrolled by the user. For example, sales or specials deals in regards to food, clothing, and nightlife happen sporadically. Furthermore, the availability of used books and clothing are sporadic as well.

Introduction to Books

This section is for students who want to spend as little money as possible on the main school essential, books. In this section you will learn how to save on books by:

- Borrowing books in the library through I-Share
- Ordering direct from sellers in online marketplaces such as Amazon or Half.com through campusbooks.com

Borrowing Books from I-Share

I-Share is the online library catalog for Illinois universities and colleges. I-Share allows students from participating schools to borrow books from other libraries. This is a great resource for students who wish to avoid the hassle of buying and reselling books.



Caution:

Allow yourself with enough time to receive the book. Depending on the location of the library, it could take a couple days to a couple weeks for your book to arrive at your pick-up location.

1. In an internet browser, go to DePaul University's library website at <http://library.depaul.edu/>. You will arrive at the DePaul University's library website.
2. Under "Services", click "Borrow From other Libraries (ILL)". The webpage will change from a general "University Libraries" to a page specific to "Borrow from other Libraries".
3. Under "Requesting books and other items", click the first item "I-Share". The I-Share will open.

SERVICES

Renew Books (My Account)

Borrow From DePaul

Borrow From Other Libraries (ILL)

Research Assistance

Online Instruction & Workshops

Room Reservations

More ...

REQUESTING BOOKS AND OTHER

1. **I-Share:** If you need a book or other item not owned by DePaul, try the I-Share catalog. Request books from more libraries in Illinois using your library number, found on the back of your library card. (You may also go directly to another library and check the book out using your DePaul ID.)



Caution:

I-Share will end your session after 10 minutes of inactivity.



Your session will expire in 09:08

[New Search](#) [I-Share Libraries](#) [Renew Books/My Account](#) [New in I-Share](#) [Quit](#) [Help](#)

Now Searching: I-Share

Quick Search **Advanced Search**

Search for:

Quick Limit:

Search by:

Any Word Anywhere
Title (omit first word a, an, the)
Journal/Magazine Title
Author (last name, first name)
Subject
Boolean Search (use and, or, not)
Prolific Author/Composer

20 records per page [More Limits](#)

Search Examples

Any Word Anywhere [Show me](#)
DO NOT use and, or, not between search terms
Use the plus (+) to indicate a word must be present: **+alien**
Use an exclamation mark (!) to indicate that a word should not be present: **!migration**
To truncate, use *: **statistic*** finds statistics, statistical, statistician
To search phrases, use quotes: **"civil war"**
The system will search for any of the words you enter, except for AND, OR, NOT, OF, IN, THE, WITH, TO, or FOR. These words it will ignore.

4. Type the title of the book you are searching for under “Search for” to yield the least results and click “Search”. You will see a list of results.
NOTE: For more detailed instructions on how to narrow searches on I-Share, refer to the links below “Search Examples”.

Now Searching: I-Share

You Searched: Subject = chicago

Search Results: Displaying 1 through 10 of 10 entries.

Search for: Search by: Quick Limit:

20 records per page

Sort by:

[Change Limits](#)

#	Subject Heading	Full Title	Date	Format	Cover
<input type="checkbox"/> 1	Chicago.	Healthy and natural living in Chicago : the best alternative resources in the city and suburbs / Darlene E. Paris.	1998	Book	
Multiple holdings: Click title for details.					
<input type="checkbox"/> 2	Chicago.	Ingredients of healthy communities : findings from interviews with Chicago community leaders / Nara Hoviat-Gallin, Margie Schaps.	1997	Book	
Library Location: Univ. of Illinois-Chicago					
<input type="checkbox"/> 3	Chicago.	Contraindications / Student Health Organization of Chicago	1972	Magazine / Journal	
Library Location: Univ. of Illinois-Chicago					
<input type="checkbox"/> 4	Chicago.	Boss : Richard J. Daley of Chicago / by Mike Royko.	1971	Book	

5. Click the title of the book you wish to borrow. A full description of the book will appear.

Institution: Trinity Christian College
Location: .Circulating Shelves
Call Number: HM211 A7 → [Text me this call number](#)
Copy: 1
Status: Available
[Back to library list](#)

6. Scroll down the page to confirm that at least one library has a status labeled “Available”.

Institution: University of Illinois at Urbana-Champaign
Location: Main Stacks
Call Number: 301 Ar33h1959 → [Text me this call number](#)
Copy: 1
Status: Available
[Back to library list](#)

books

- After confirming there is an available copy of the book, click “Request” button located on both the top tool bar and the bottom tool bar. A “Patron Login” page will appear.



- On the “Patron Login” page, fill out the information. Click “Login” when you finish. A successful login will produce a page with “login confirmed”.

Patron Login

)

en click the Login button. [Show me how.](#) Your Borrower ID may be printed near the barcode on your library ID card.

our last name.

..

Select Your Home Library: *Please Select Library*

Library Borrower ID:

Last Name:

- Click “OK” to confirm you want to request the first available copy. You will be brought to a page “I-Share Request::Request first available copy”.
NOTE: you do not have the option of changing
- Follow the instructions. If you are going to pick up the book at location other than Lincoln Park, change the “Pick-up Desk or Office” to reflect the circulation desk. Click “Submit Request” when you are done. A page stating “Your request is now in progress” will appear.
- Click “New Search” if you want to look for a new book. Otherwise,

Ordering Books from Campus Books

Campus Books is an online search engine that looks through several online marketplaces such as Amazon and eBay as well as the bookstores of various top retailers such as Barnes and Nobles. Students can choose to purchase the books at the cheapest price available online (usually the worst condition) or they can search for new condition books for a discounted price.

★ Caution:

Allow yourself enough time to order a book. Although you may request overnight shipping, books arrival may be delayed.

★ Caution:

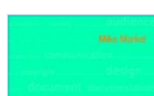
Compare shipping prices and taxes in addition to the price of books. If a new copy is only available, it may be cheaper to purchase the book at a local book store.

1. In an internet browser, open Campus Books' website at <http://www.campusbooks.com>. You will arrive at the Campus Books' homepage

Compare Prices on New and Used Colle

Title	ISBN
Author	
Keyword	Enter one or more semi-colon or retu
Search Textbooks	

2. Enter either the Title and Author, or ISBN and click "Search Textbooks". Your results will appear.
NOTE: Title will yield the greatest amount of results by providing different variations of the title whereas ISBN will narrow the results to a single book.
3. Identify the book you wish to purchase and click "Compare Prices". The bookstores that are selling your book will appear in order of the best to worst condition.

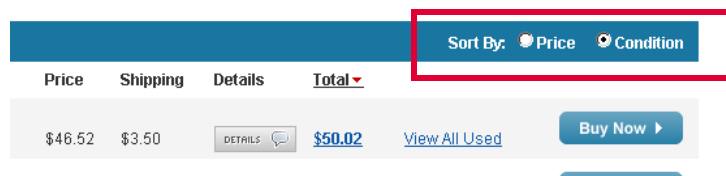


Technical Communication

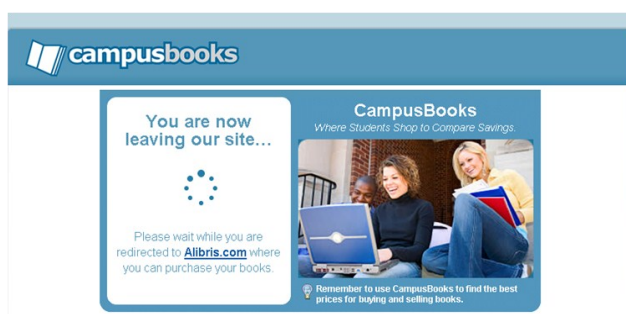
Author: Mike Markel
ISBN 10: 0312485972
ISBN 13: 9780312485979

[Compare Prices](#)
[Add to My Bookbag](#)

- Next to “Sort by”, click “Price” to arrange the books by lowest to highest price.



- Click the “Buy now” button next to the book which best represents your choice of price and condition. You will be redirected out of [Campus Books](#) and into the website of the bookseller.



- Follow the directions on the website to check out the book. If you need help, consult the “Help” section of that website.



Caution:

Never give out personal information such as your credit card number or social security number through e-mail solicitations claiming to be the official bookseller.

Introduction to Cheap Food Around Campus

This section of the manual outlines different techniques and tips you should know about to help you find ways to eat cheaply. By effectively buying groceries and meals, students can save small amounts of money two to three times a day, which can add up to a substantial amount.

This section gives tips to students on what to do

- before buying groceries
- while at the grocery store
- when you need cheap and convenient food

Before Heading to the Grocery Store

Grocery shopping can seem daunting if you have never done it before. Here are some actions to take before shopping.

1. **Cut coupons** from newspapers, for example the RedEye (usually weekend editions).
2. **Follow local store specials and sales.** Buying items on sale in large quantities (as long as they won't spoil) can be very advantageous.
3. **Make a list while at home.** This will help you to avoid unnecessary purchases



While at the Grocery Store

1. **Stick to your list.**

More often than not shoppers find themselves buying things they don't need. Make your list and then stick to it.

2. **Look for store brand alternatives.**

Store brands are almost always less money for an identical product. Some stores, for example Aldi, sell practically nothing but store brand items.

3. **Remember that dates on food are subjective.**

Many stores will cut the price of meat or perishable items because the "best if used by" or "sell-by" date is very soon or passed. What many people don't know is that food can still be safe to eat days after its "expiry" date has gone by.



Caution:

Buying in bulk is not always cheapest!

Looking for bulk buys can often be misleading. The safest way to compare food prices is by calculating the price of food per ounce (or pound). This way is the most effective way to measure how much food you're getting for your dollar. The size of packaging (e.g. cereal boxes or chip bags) can be misleading, instead look for how many ounces a package contains. Once you know how many ounces you're actually getting, divide the price of the item by the number of ounces and compare that to other products' price per ounce.



Caution:

Eating spoiled food can make you violently ill!

Even though drinking milk past its expiration date can seem harmless, spoiled milk (and other foods) can cause food poisoning and EXTENSIVE VOMITTING or DIARRHEA. When consuming "expired" food use your best judgment.



http://farm1.static.flickr.com/78/225531381_54a38faf8d_o.jpg



Caution:

Watch out for product placement!

Often times grocery stores put the most desirable or most expensive foods in readily seen locations . In aisles, eye level shelving is usually saved for the most popular or most expensive brands. The ends of aisles are also great target spots for more expensive groceries.

Important Things to Remember

- **Portion sizes** can make food last much longer. Eating less food more often throughout the day not only makes your dollar stretch farther, it's healthier for you.
- **Cheap and filling:** Certain items, such as rice and beans, can be very filling for their low price.
- **Prep Work:** Often times food that is sold precut, like cheeses or meats, can be much more expensive than the same uncut amount. If you have the time, you can save money by doing as much of the preparation work for a meal at home.
- **Convenience:** Dominick's on Sheffield and Fullerton is conveniently located, and the managers are well aware of that fact. Located on a college campus and nearby an El stop, Dominick's know how to profit from shoppers' laziness. If you need to shop there, make sure you have a Dominic's card, it **will** save you money.

Convenient Food

Options by DePaul

- **Use your meal plan**

Although the cafeteria food can seem absolutely appalling at times, if your housing situation forces you to have a meal plan, use it. That money is gone already, whether you buy cafeteria food or not DePaul University will keep whatever money is remaining at the end of the school year. So use it while you can.

- **Use Demon Express**

Alternatively, DePaul offers a debit account called Demon Express which is linked onto your DePaul ID. Demon Express is accepted not only in any of the school's cafeterias but also at location around campus. Demon express will not expire until you leave the university, instead of each school year like a meal plan. Locations where Demon Express is accepted and more information can be found at <http://discounts.depaul.edu/demonexpress.html>



Fast Food Options

- **Chipotle** is known for their massive portions of Mexican cuisine. For six or seven dollars it is very possible to make one of those burritos into two meals. Practicing this portion control makes each meal only three to four dollars, which is very economical.
- **Pita Pit** and **Subway** are both inexpensive meals (\$5-7) and healthy choices.

Introduction to Clothing

This section is for students who want to buy cheap but trendy and stylish clothing. In this section you will learn how to stay on latest fashions cheaply by:

- Shopping at retail stores
- Shopping at thrift stores
- Using Shopbop

Shopping at Retail Stores

Shopping at department, or higher-end stores can be done conscientiously. Being aware of your funds is essential, but learning how to “bargain shop” at higher priced stores is possible by using coupons or getting discounts online. Here are a couple things to consider:

1. **Join their Rewards Club** Before shopping at a store, or ordering clothes from a website, join their version of a rewards club. They often send emails with coupons or alert members of upcoming sales.
2. **Check the Sunday Newspaper** Sunday newspapers include arrays of sales clippings that can be used on items at department stores.
3. **Look for Coupons and Sales** Stores distribute flyers with coupons in-store for customers. If you are planning on buying a specific item, it is best to do the research about where this item is sold for the lowest price, and wait till it is on sale.
4. **Search Online** Websites sometimes include free shipping on orders over a certain value, for example: \$20 off an order of \$100, \$50 off an order of \$250 etc. Online stores sometimes offer free shipping on orders over a specific amount. It is important to pay attention to these deals and take advantage of

Additionally, there are retail stores that mimic higher end style and design for a lower price. Here are a couple stores that are near the DePaul University's Lincoln Park and Loop Campus:

- Forever 21
- H&M
- Payless Shoe Source
- Marshalls
- TJ Max
- Filenes Basement

Shopping at Thrift Stores

Lincoln park offers several options for thrifting. Thrifting refers to the act of shopping at a thrift store, flea market, garage sale, or a shop of a charitable organization, usually with the intent of finding interesting items at a cheap price.

Items sold at these stores can have tons of character, so a shopper does not have to compromise his or her style for the price.

The following are thrift stores in Lincoln Park:

- McShane's Exchange
- St. Vincent DePaul Center
- White Elephant Resale Shop
- Elliott Consignment
- Cynthia's Consignment



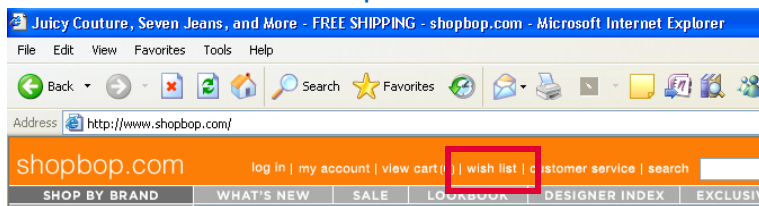
Caution:

Just because an item is on sale does NOT mean that it is a smart buy. Take a second to think an impulse buy over. ONLY purchase items that you truly need or want.

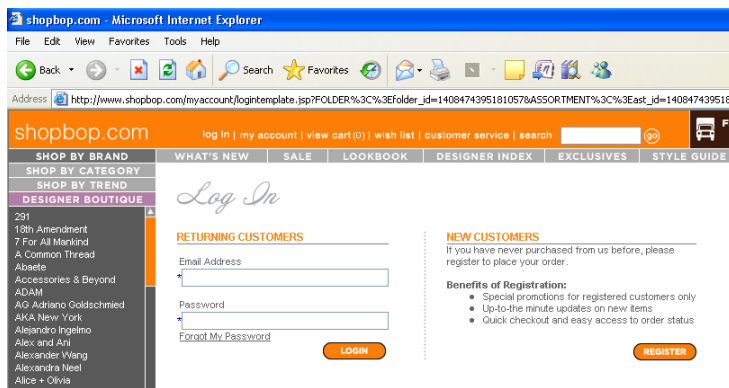
Using Shopbop

Shopbop is an internet based store that sells designer clothing. Shopbop is a source which can be used to a budget shoppers advantage. The site offers people who frequent it often an option to create a Wishlist. Once you have created a Wishlist, Shopbop will remember the items on your list and alert you when items on their website go on sale, or when they are having special promotions.

1. Go to www.shopbop.com
2. Click on the link in the top/center of the page labeled: wish list.
You will see a screen with options for a wish list.

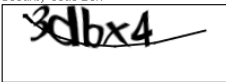


3. Click CREATE A WISH LIST. A log in page will appear
4. Enter your email address and password if you are already a member. If not, click the REGISTER link under NEW CUSTOMERS



5. After filling out all of the information to Create An Account, correctly enter the code in the Security Code Box, and click SAVE.

Security Code Box



Enter the characters exactly as you see them in the above box

SAVE

clothing



Do NOT read any
further if you are
under 21



Do NOT read any further if you are under 21

Introduction to Nightlife

This section is for students enjoy going out to the bars and clubs at night, but may feel that they cannot because they do not have enough money. In this section you will learn how to enjoy nightlife cheaply by:

- Using Metromix to find bars and clubs
- Searching for deals on food and drink in the Redeye

Since each student is different in terms of taste for bars and clubs, each section is divided into preferences.

Using Metromix

Metromix is an easy to use, effective guide that allows DePaul students to become familiar with Chicago entertainment and nightlife. Metromix offers photos, videos, articles, and reviews that assist you in the decision-making process of what bars to go to receive deals and specials.

Metromix is a great tool because it will help not only help you become more familiar with Chicago nightlife, but enable you to save money as well.

1. Go to www.metromix.com
2. Click on a location (Chicago)
3. Click on the tab “Bars & Clubs”

Once you have entered the Bars & Clubs section, a user is able to skim through a wide variety of tabs that enable views of different photos, videos, reviews, and recommendations.

Different students may have different interests. You should utilize the “Browse By” tab located on the left of the screen. This tab specifically focuses on individual preference rather than random selection.

Just Dance!

Maybe you prefer an environment that encompasses dance music, lots of people, and trendy styles. This type of nightlife can be expensive to afford.

1. If you live in Lincoln Park, click on the tab that says “Lincoln Park” and a selection of different bar locations appears. Each bar will offer a picture, a brief description, and the bar spe-

Do NOT read any further if you are under 21

cial.

2. Search through these descriptions to locate keywords such as dancing, music, or style.

For example, **Vain Nightclub and Lounge** may provide you with an energetic nightclub experience:

“This 7,000-square-foot club in the former Big House space features a first floor lounge, a second floor for dancing and a third VIP level overlooking the dance floor. Scantly clad—and slippery—go-go dancers gyrate around the base of a waterfall. Chicago’s Music 101 and house DJ/producer, Terry Hunter, are behind the beats and music programming. A state-of-the-art sound system pumps out dual sounds to the first and upper levels. Refuel at two bars, or reserve a table for bottle service.”

Thursday Special: \$1 shots



Let’s Just Chill Tonight...

Relaxation may be more intriguing than blaring music and large crowds. You may prefer a setting that is social, but not overbearing. Quality beer and food at cheap prices are the appealing type of nightlife for you.

1. Click on the tab that says “Catering” and a selection of 23 different pages of bars will appear.
2. Search through the pages while carefully reading the food and drinks specials. Remember to pay close attention to the type of environment the bar offers.

For example, **Goose Island Brewpub** offers home-brewed beers and tasty food.

“Fresh-beer enthusiasts have always benefited from the Goose Island

Do NOT read any further if you are under 21

label in the Chicago area. But the nectar is served up even fresher in the label's own brew pub. The menu features more than 50 different ales and lagers. The Clybourn brewpub's brought in new talent to spice things up for 2009: John Manion (known for his eats at **Mas** and **Old Oak Tap**) just came on board to retool the food menu, while Paul Johnston (formerly of **The Bluebird**) will serve as cicerone (a beer sommelier). Expect to see more beer pairings, locally sourced ingredients and even a reserve list of brews.

Monday-Friday Special (4pm – 6pm): Half-Price Appetizers & Half-Price Beer of the Month

Take Me Out To The Ball Game

There is nothing better than watching sports, drinking beer, and eating stadium-style food. You want to cheer for your favorite sports team, the Chicago Cubs.



Caution:

Gamedays in Wrigleyville are a major event. Bars will raise prices to make more profit.

1. Click on the tab that says “Wrigleyville” and find a location on one of the pages provided.
2. Compare and contrast prices for gameday descriptions to see what bars are the best money-savers.

For example, Harry Caray’s Tavern offers great deals, despite popular sports events held in the area

“Harry Caray's Tavern is an amped-up version of the same-named restaurants, complete with mahogany-paneled walls, tin ceilings and mosaic tile floors, plus 53 flat-screen TVs including a 123-inch flat-screen Star-glass system on the back wall to satisfy overstimulated sports fans. Belly up to the 60-foot-6-inch bar (yes, that's the distance from the pitcher's mound to home plate) or grab a high-top table in the massive main room.”

Gameday Special: \$2 Budweiser, Bud Light, Bud Select, & Michelob

Do NOT read any further if you are under 21

Searching through the Redeye

The Redeye is a free newspaper offered to Chicago residents that encompasses everything ranging from international news to crossword puzzles.

The Redeye is a great free, on-the-run resource for students who may not have access to internet on a computer or cell phone, but want to know what are the good deals of the day or the week at the local bars and clubs.

Midterm Madness

Finally, it's time to celebrate. You just finished a midterm you have been studying for a week, and you don't have class tomorrow! Fat Tuesday is a great night to go out, let loose, and enjoy the festivities.

1. Try to search for Redeye distributors or vending machines.
2. When you receive the Redeye, open the pages to the "Bars & Clubs" section.

For example, Uncle Fatty's may be hosting the Mardi Gras party you have been waiting to attend all week long.

"We're bringing Bourbon Street to the Windy City. Rock out with Wedding Banned and DJ Risky while sipping on festive hurricane cocktails and other drink specials. Don't miss our dance contest for a chance to win a 3 night trip for two to Riu Tequila in Riviera Maya, Mexico, courtesy of Apple Vacations. RedEye wants to buy you a hurricane! The first 20100 people at the event will receive their first hurricane on the house!"



Caution:

Not all bar deals are located in the Bars & Clubs section. Pay attention to advertisements located on random pages.

nightlife