State Representative Wade Rousselot was in Coweta recently to visit with residents of Coweta Manor Nursing Home during their November Residents' Council Meeting. One of the most talked about subjects was Oklahoma earthquakes, and what legislators are doing to get a handle on their cause. Fracking has been cited as having an impact on the earth's shifting. "They can't say that fracking is not related to earthquakes, so we're finding alternatives to fracking. They use that mainly with horizontal drilling which is different than vertical drilling,― Rousselot said. "The oil and gas industry is starting to listen. I'm not sure what the alternative is going to be, but you can't deny that it is related.― Staying with an oil subject, residents asked the State Representative about the status of oil well cleanups in the state. "There is money from royalty owners that goes to the Oklahoma Environmental Resources Board (OERB) to clean up those old sites and reclaim them, get them where you can run cattle on them,― Rousselot noted. "This is one of the better deals we have in the state right now. It's a positive and a good program.― "Oil and gas is important to Oklahoma, but we want them to do it right. We don't want them to ruin the environment any more than necessary,― the legislator added. Residents also asked Rep. Rousselot about childhood obesity rates and what is being done to bring those rates down. "The state Department of Education receives recommendations from the U.S. Department of Agriculture,― he explained. "Everybody cooks different. Some can take a little to nothing and do wonders with it and some don't seem to put their hearts in it and the kids won't eat it.― "The Department of Education and the Department of Health are trying to push both diet and exercise guidelines,― he added. "We need to have a little more physical fitness in our schools during the day.― Many of the residents said they remembered having physical education classes back when they were in school. "Unfortunately, we put so much emphasis on End of Instruction testing that we've gotten away from physical fitness,― Rousselot said. "Our health department and state are

trying to get that back and address the obesity problem.― Coweta Manor Resident's Council

President Wendy Kitch extended her appreciation to Rep. Rousselot for coming to the meeting.

She said it is the council's goal to keep residents informed on important issues

in their home, community and state.