## || Ōm Śrī Paramātmanē Namaḥ || || Atha Dvādaśō'dhyāyaḥ || | **Bhakti-Yōgah**

## arjuna uvāca -

ēvam satatayuktā yē
bhaktāstvām paryupāsatē |
yē cāpyakṣaramavyaktam
tēṣām kē yōgavittamāḥ ||1||

## śrī bhagavānuvāca -

mayyāvēśya manō yē māṁ nityayuktā upāsatē | śraddhayā parayōpētāḥ tē mē yuktatamā matāḥ ||2||

yē tvakṣaramanirdēśyam avyaktam paryupāsatē | sarvatragamacintyam ca kūtasthamacalam dhruvam ||3||

sanniyamyēndriyagrāmam sarvatra samabuddhayaḥ | tē prāpnuvanti māmēva sarvabhūtahitē ratāh ||4||

klēśō'dhikatarastēṣām avyaktāsaktacētasām | avyaktā hi gatirduḥkhaṁ dēhavadbhiravāpyatē ||5||

yē tu sarvāņi karmāņi mayi sannyasya matparāh ananyēnaiva yōgēna mām dhyāyanta upāsatē 11611 tēṣāmaham samuddhartā mṛtyusamsārasāgarāt | bhavāmi nacirātpārtha mayyāvēśitacētasām | 17 | 1 mayyēva mana ādhatsva mayi buddhim nivēśaya | nivasisyasi mayyēva ata ūrdhvam na samsayah 11811 atha cittam samādhātum na śaknōsi mayi sthiram | abhyāsayōgēna tataḥ māmicchāptum dhananjaya | 1911 abhyāsē'pyasamarthō'si matkarmaparamō bhava | madarthamapi karmāni kurvansiddhimavāpsyasi | | 10 | | athaitadapyaśaktō'si

kartum madyōgamāśritaḥ | sarvakarmaphalatyāgam tataḥ kuru yatātmavān ||11|| śrēyō hi jñānamabhyāsāt
jñānāddhyānam viśiṣyatē |
dhyānātkarmaphalatyāgaḥ
tyāgācchāntiranantaram ||12||

advēṣṭā sarvabhūtānāṁ maitraḥ karuṇa ēva ca | nirmamō nirahaṅkāraḥ samaduḥkhasukhaḥ kṣamī ||13||

santuṣṭaḥ satataṁ yōgī
yatātmā dṛḍhaniścayaḥ |
mayyarpitamanōbuddhiḥ
yō madbhaktaḥ sa mē priyaḥ ||14||

yasmānnōdvijatē lōkaḥ lōkānnōdvijatē ca yaḥ | harṣāmarṣabhayōdvēgaiḥ muktō yaḥ sa ca mē priyaḥ ||15||

anapēkṣaḥ śucirdakṣaḥ udāsīnō gatavyathaḥ | sarvārambhaparityāgī yō madbhaktaḥ sa mē priyaḥ ||16||

yō na hṛṣyati na dvēṣṭi na śōcati na kāṅkṣati | śubhāśubhaparityāgī bhaktimānyaḥ sa mē priyaḥ ||17|| samaḥ śatrau ca mitrē ca tathā mānāpamānayōḥ | śītōṣṇasukhaduḥkhēṣu samaḥ saṅgavivarjitaḥ ||18||

tulyanindāstutirmaunī santuṣṭō yēna kēnacit | anikētaḥ sthiramatiḥ bhaktimānmē priyō naraḥ ||19||

yē tu dharmyāmṛtamidam yathōktam paryupāsatē | śraddadhānā matparamāḥ bhaktāstē'tīva mē priyāḥ ||20||

|| ōm tatsaditi śrīmadbhagavadgītāsu upaniṣatsu brahmavidyāyām yōgaśāstrē śrīkṛṣṇārjuna-samvādē bhakti-yōgō nāma dvādaśō'dhyāyaḥ ||

