

॥ Ōm Śrī Paramātmanē Namaḥ ॥

॥ Atha Pañcadaśō'dhyāyaḥ ॥

Puruṣōttama-Prāpti-Yōgaḥ

śrī bhagavānuvāca -

ūrdhvamūlamadhaḥ śākham

aśvattham prāhuravyayam ।

chandāmsi yasya parṇāni

yastam vēda sa vēdavit ॥1॥

adhaścōrdhvam prasṛtāstasya śākhāḥ

guṇappravṛddhā viṣayappravālāḥ ।

adhaśca mūlānyanusantatāni

karmānubandhīni manuṣyalōkē ॥2॥

na rūpamasyēha tathōpalabhyatē

nāntō na cādirna ca sampratiṣṭhā ।

aśvatthamēnam suvirūḍhamūlam

asaṅgaśastrēṇa dṛḍhēna chittvā ॥3॥

tataḥ padaṁ tatparimārgitavyam

yasmingatā na nivartanti bhūyaḥ ।

tamēva cādyam puruṣam prapadyē

yataḥ pravṛttiḥ prasṛtā purāṇī ॥4॥

nirmānamōhā jītasāṅgadōṣāḥ

adhyātmanityā vinivṛttakāmāḥ ।

dvandvairvimuktāḥ sukhaduḥkhasañjñaiḥ

gacchantyamūḍhāḥ padamavyayam tat ॥5॥

na tadbhāsayatē sūryaḥ
na śaśāṅkō napāvakaḥ
yadgatvā na nivartantē
taddhāma paramaṁ mama ||6||

mamaivāṁśō jīvalōkē
jīvabhūtaḥ sanātanaḥ |
manaḥ ṣaṣṭhānīndriyāṇi
prakṛtisthāni karṣati ||7||

śarīraṁ yadavāpnōti
yaccāpyutkrāmatīśvaraḥ |
grhītvaitāni saṁyāti
vāyurgandhānivāśayāt ||8||

śrōtraṁ cakṣuḥ sparśanaṁ ca
rasanaṁ ghrāṇamēva ca |
adhiṣṭhāya manaścāyaṁ
viṣayānupasēvatē ||9||

utkrāmanāṁ sthitaṁ vā'pi
bhuñjānaṁ vā guṇānvitam |
vimūḍhā nānupaśyanti
paśyanti jñānacakṣuṣaḥ ||10||

yatantō yōginaścainaṁ
paśyantyātmanyavasthitaṁ |
yatantō'pyakṛtātmānaḥ
nainaṁ paśyantyacētaṣaḥ ||11||

yadādityagataṁ tējaḥ
 jagadbhāsayatē'khilam |
 yaccandramasi yaccāgnau
 tattējō viddhi māmakam ||12||

gāmāviśya ca bhūtāni
 dhārayāmyahamōjasā |
 puṣṇāmi cauṣadhīḥ sarvāḥ
 sōmō bhūtvā rasātmakaḥ ||13||

aham vaiśvānarō bhūtvā
 prāṇinām dēhamāśritaḥ |
 prāṇāpānasamāyuktaḥ
 pacāmyannaṁ caturvidham ||14||

sarvasya cāham hṛdi sanniviṣṭaḥ
 mattaḥ smṛtirjñānamapōhanaṁ ca |
 vēdaiśca sarvairahamēva vēdyah
 vēdāntakṛdvēdavidēva cāham ||15||

dvāvimau puruṣau lōkē
 kṣaraścākṣara ēva ca |
 kṣaraḥ sarvāṇi bhūtāni
 kūṭasthō'kṣara ucyatē ||16||

uttamaḥ puruṣastvanyaḥ
 paramātmētyudāhṛtaḥ |
 yō lōkatrayamāviśya
 bibhartyavyaya īśvaraḥ ||17||

yasmātkṣaramatītō'ham
akṣarādapi cōttamaḥ |
atō'smi lōkē vēdē ca
prathitaḥ puruṣōttamaḥ ||18||

yō māmēvamasammūḍhaḥ
jānāti puruṣōttamam |
sa sarvavid bhajati mām
sarvabhāvēna bhārata ||19||

iti guhyatamaṁ śāstram
idamuktaṁ mayā'nagha |
ētadbuddhvā buddhimānsyāt
kṛtakṛtyaśca bhārata ||20||

|| ōm tatsaditi śrīmadbhagavadgītāsu upaniṣatsu
brahmavidyāyām yōgaśāstrē śrīkṛṣṇārjuna-saṁvādē
puruṣōttama-prāpti-yōgō nāma
pañcadaśō'dhyāyaḥ ||

