

॥ Ōm Śrī Paramātmanē Namaḥ ॥

॥ Atha Pañcamō'dhyāyaḥ ॥

Karma-Sannyāsa-Yōgaḥ

arjuna uvāca -

sannyāsaṁ karmaṇāṁ kṛṣṇa
punaryōgaṁ ca śamsasi ।
yacchrēya ētayōrēkaṁ
tanmē brūhi suniścitam ॥1॥

śrī bhagavānuvāca -

sannyāsaḥ karmayōgaśca
niśśrēyasakarāvubhau ।
tayōstu karmasannyāsāt
karmayōgō viśiṣyatē ॥2॥

jñēyaḥ sa nityasannyāsī
yō na dvēṣṭi na kāṅkṣati ।
nirdvandvō hi mahābāhō
sukhaṁ bandhātpramucyātē ॥3॥

sāṅkhyayōgau pṛthagbālāḥ
pravadanti na paṇḍitāḥ ।
ēkamapyāsthitaḥ samyak
ubhayōrvindatē phalam ॥4॥

yatsāṅkhyaiḥ prāpyatē sthānaṁ
tadyōgairapi gamyatē ।
ēkaṁ sāṅkhyam ca yōgaṁ ca
yaḥ paśyati sa paśyati ॥5॥

sannyāsastu mahābāhō
duḥkhamāptumayōgataḥ |
yōgayuktō munirbrahma
nacirēṇādhigacchatī ||6||

yōgayuktō viśuddhātmā
vijitātmā jitēndriyaḥ |
sarvabhūtātmabhūtātmā
kurvannapi na lipyatē ||7||

naiva kiñcitkarōmīti
yuktō manyēta tattvavit |
paśyanśṛṇvan spṛśaṅjighran
āśnangacchan svapan śvasan ||8||

pralapan viśṛjan grhṇan
unmiṣannimiṣannapi |
indriyāṇīndriyārthēṣu
vartanta iti dhārayan ||9||

brahmaṇyādhāya karmāṇi
saṅgam tyaktvā karōti yaḥ |
lipyatē na sa pāpēna
padmapatramivāmbhasā ||10||

kāyēna manasā buddhyā
kēvalairindriyairapi |
yōginaḥ karma kurvanti
saṅgam tyaktvā tmaśuddhayē ||11||

yuktaḥ karmaphalaṁ tyaktvā
 śāntimāpnōti naiṣṭhikīm |
 ayuktaḥ kāmakārēṇa
 phalē saktō nibadhyatē ||12||

sarvakarmāṇi manasā
 sannyasyāstē sukhaṁ vaśī |
 navadvārē purē dēhī
 naiva kurvanna kārayan ||13||

na kartṛtvaṁ na karmāṇi
 lōkasya sṛjati prabhuḥ |
 na karmaphalasaṁyōgaṁ
 svabhāvastu pravartatē ||14||

nādattē kasyacitpāpaṁ
 na caiva sukṛtaṁ vibhuḥ |
 ajñānēnāvṛtaṁ jñānaṁ
 tēna muhyanti jantavaḥ ||15||

jñānēna tu tadajñānaṁ
 yēṣāṁ nāśitamātmanaḥ |
 tēṣāmādityavajjñānaṁ
 prakāśayati tatparam ||16||

tadbuddhayastadātmānaḥ
 tanniṣṭhāstatparāyaṇāḥ |
 gacchantyapunarāvṛttim
 jñānanirdhūtakalmaṣāḥ ||17||

vidyāvinayasampannē
brāhmaṇē gavi hastini |
śuni caiva śvapākē ca
paṇḍitāḥ samadarśinaḥ ||18||

ihaiva tairjitaḥ sargaḥ
yēṣāṁ sāmyē sthitaṁ manaḥ |
nirdōṣaṁ hi samaṁ brahma
tasmāt brahmaṇi tē sthitāḥ ||19||

na prahr̥ṣyētpriyaṁ prāpya
nōdvijētpṛāpya cāpriyam |
sthira buddhirasammūḍhaḥ
brahmavit brahmaṇi sthitaḥ ||20||

bāhyasparśēṣvasaktātmā
vindatyātmani yat sukham |
sa brahmayōgayuktātmā
sukhamakṣayamaśnutē ||21||

yē hi saṁsparśajā bhōgāḥ
duḥkhayōnaya ēva tē |
ādyantavantāḥ kauntēya
na tēṣu ramatē budhaḥ ||22||

śaknōtihaiva yaḥ sōḍhum
prāk śarīravimōkṣaṇāt |
kāmakrōdhōdbhavaṁ vēgam
sa yuktaḥ sa sukhī naraḥ ||23||

yō'ntaḥ sukhō'ntarārāmaḥ
 tathā'ntarjyōtirēva yaḥ |
 sa yōgī brahmanirvāṇam
 brahmabhūtō'dhigacchati ||24||

labhantē brahmanirvāṇam
 ṛṣayaḥ kṣīṇakalmaṣāḥ |
 chinnadvaidhā yatātmānaḥ
 sarvabhūtahitē ratāḥ ||25||

kāmakrōdhaviyuktānām
 yatīnām yatacētasām |
 abhitō brahmanirvāṇam
 vartatē veditātmanām ||26||

sparsān kṛtvā bahirbāhyān
 cakṣuścaivāntarē bhruvōḥ |
 prāṇāpānau samau kṛtvā
 nāsābhyantaracāriṇau ||27||

yatēndriyamanōbuddhiḥ
 munirmōkṣaparāyaṇaḥ |
 vigatēcchābhayaokrōdhaḥ
 yaḥ sadā mukta ēva saḥ ||28||

bhōktāraṁ yajñatapasām
 sarvalōkamahēśvaram |
 suhrdaṁ sarvabhūtānām
 jñātvā mām śāntimṛcchati ||29||

|| ōm tatsaditi śrīmadbhagavadgītāsu upaniṣatsu
brahmavidyāyām yōgaśāstrē śrīkṛṣṇārjuna-saṁvādē
karma-sannyāsa-yōgō nāma pañcamō'dhyāyaḥ ||

