

# Om Sarve Bhavantu Sukhinah, Asato Ma Sadgamaya

ॐ सर्वे भवन्तु सुखिनः (सभी सुखी हों)  
सर्वे सन्तु निरामयाः । (सभी रोग मुक्त रहें)  
सर्वे भद्राणि पश्यन्तु (सभी मंगलमय घटनाओं के साक्षी बनें)  
मा कश्चिद्दुःखभाग्यभवेत् । (और किसी को भी दुःख का भागी ना बनना पड़े)  
ॐ ॥

Om Sarve Bhavantu Sukhinah (Om, May All be Happy)  
Sarve Santu Niraamayaah, (May All be Free from Illness)  
Sarve Bhadraanni Pashyantu, (May All See what is Auspicious)  
Maa Kashcid-Duhkha-Bhaag-Bhavet, (May no one Suffer)  
Om ॥

ॐ असतो मा सद्गमय ।  
तमसो मा ज्योतिर् गमय ।  
मृत्योर्मा मृतं गमय ॥  
ॐ शान्ति शान्ति शान्तिः ॥

asato mā sadgamaya  
tamasomā jyotir gamaya  
mrityormāamritam gamaya  
Om śhānti śhānti śhāntiḥ

From ignorance, lead me to truth;  
From darkness, lead me to light;  
From death, lead me to immortality  
Om peace, peace, peace