# WHO WILL CRY WHEN YOU DIE?

LIFE LESSONS FROM THE MONK WHO SOLD HIS FERRARI

### ROBIN SHARMA



## JAICO PUBLISHING HOUSE

Ahmedabad Bangalore Bhopal Chennai Delhi Hyderabad Kolkata Mumbai Published by Jaico Publishing House A-2, Jash Chambers, 7-A Sir Phirozshah Mehta Road Fort, Mumbai - 400 001 jaicopub@jaicobooks.com www.jaicobooks.com

© Robin Sharma

Published in arrangement with HarperCollins*PublishersLtd* Toronto, Canada

WHO WILL CRY WHEN YOU DIE? ISBN 81-7992-232-4

First Jaico Impression: 2003 Fifty-second Jaico Impression: 2009

No part of this book may be reproduced or utilized in any form or by any means, electronic or mechanical including photocopying, recording or by any information storage and retrieval system, without permission in writing from the publishers.

Printed by
Rashmi Graphics
#3, Amrutwel CHS Ltd., C.S. #50/74
Ganesh Galli, Lalbaug, Mumbai-400 012
E-mail: tiwarijp@vsnl.net

# Contents

Prefac	re	i
1.	Discover Your Calling	1
2.	Every Day, Be Kind to a Stranger	4
3.	Maintain Your Perspective	6
4.	Practice Tough Love	9
5.	Keep a Journal	2
6.	Develop an Honesty Philosophy	4
7.	Honor Your Past	6
8.	Start Your Day Well	9
9.	Learn to Say No Gracefully	2
10.	Take a Weekly Sabbatical	5
11.	Talk to Yourself2	7
12.	Schedule Worry Breaks3	0
13.	Model a Child	3
14.	Remember, Genius Is 99 Percent Inspiration 3	5
15.	Care for the Temple	7
16.	Learn to Be Silent	C

17.	Think About Your Ideal Neighborhood42
18.	Get Up Early
19.	See Your Troubles as Blessings47
20.	Laugh More
21.	Spend a Day Without Your Watch51
22.	Take More Risks
23.	Live a Life
24.	Learn from a Good Movie58
	Bless Your Money
26.	Focus on the Worthy62
27.	Write Thank-You Notes
28.	Always Carry a Book with You 68
29.	Create a Love Account
30.	Get Behind People's Eyeballs
31.	List Your Problems
32.	Practice the Action Habit78
33.	See Your Children as Gifts 80
34.	Enjoy the Path, Not Just the Reward82
35.	Remember That Awareness Precedes Change 84
36.	Read Tuesdays With Morrie86
37.	Master Your Time88
38.	Keep Your Cool
39.	Recruit a Board of Directors93
40.	Cure Your Monkey Mind 96
41.	Get Good at Asking98
42.	Look for the Higher Meaning of Your Work 100
43.	Build a Library of Heroic Books
44.	Develop Your Talents
<b>45</b> .	Connect with Nature
46.	Use Your Commute Time

47.	Go on a News Fast
48.	
49.	Remember the Rule of 21
50.	Practice Forgiveness
51.	Drink Fresh Fruit Juice121
52.	Create a Pure Environment
53.	Walk in the Woods
54.	Get a Coach
55.	Take a Mini-Vacation
56.	Become a Volunteer
57.	Find Your Six Degrees of Separation
58.	Listen to Music Daily135
59.	Write a Legacy Statement137
60.	Find Three Great Friends
61.	Read The Artist's Way
62.	Learn to Meditate
63.	Have a Living Funeral145
64.	Stop Complaining and Start Living 147
65.	Increase Your Value
66.	Be a Better Parent
67.	Be Unorthodox
68.	Carry a Goal Card
69.	Be More than Your Moods
70.	Savor the Simple Stuff
71.	Stop Condemning
72.	See Your Day as Your Life
73.	Create a MasterMind Alliance
74.	Create a Daily Code of Conduct 167
75.	Imagine a Richer Reality
76.	Become the CEO of Your Life

77.	Be Humble		174
78.	Don't Finish Every Book You Start		176
79.	Don't Be So Hard on Yourself		178
80.	Make a Vow of Silence		180
81.	Don't Pick Up the Phone Every Time It Rings		182
82.	Remember That Recreation Must Involve		
	Re-creation		184
83.	Choose Worthy Opponents		185
84.	Sleep Less		188
85.	Have a Family Mealtime		
	Become an Imposter		
87.	Take a Public Speaking Course		195
88.	Stop Thinking Tiny Thoughts		197
89.	Don't Worry About Things You Can't Change		199
90.	Learn How to Walk		201
	Rewrite Your Life Story		
92.	Plant a Tree		205
93.	Find Your Place of Peace	. 2	207
94.	Take More Pictures	. 2	209
95.	Be an Adventurer	. 2	211
	Decompress Before You Go Home		
	Respect Your Instincts		
	Collect Quotes That Inspire You		
	Love Your Work		
100.	Selflessly Serve	. 2	221
	Live Fully so You Can Die Happy		
Ackno	owledgments		233

## **Preface**



I honor you for picking up this book. In doing so, you have made the decision to live more deliberately, more joyfully and completely. You have decided to live your life by choice rather than by chance, by design rather than by default. And for this, I applaed you.

Since writing the two previous books in *The Monk Who Sold His Ferrari* series, I have received countless letters from readers who saw their lives change through the wisdom they discovered. The comments of these men and women inspired and moved me. Many of the notes I received also encouraged me to distill all that I have learned about the art of living into a series of life lessons. And so, I set about compiling the best I have to give into a book that I truly believe will help transform your life.

The words on the following pages are heartfelt and written in the high hope that you will not only connect

xvii

#### ROBIN SHARMA

with the wisdom I respectfully offer but act on it to create lasting improvements in every life area. Through my own trials, I have found that it is not enough to know what to do — we must *act* on that knowledge in order to have the lives we want.

And so as you turn the pages of this third book in *The Monk Who Sold His Ferrari* series, I hope you will discover a wealth of wisdom that will enrich the quality of your professional, personal and spiritual life. Please do write to me, send me an e-mail or visit with me at one of my seminars to share how you have integrated the lessons in this book into the way you live. I will do my very best to respond to your letters with a personal note. I wish you deep peace, great prosperity and many happy days spent engaged in a worthy purpose.

Robin S. Sharma

Toll-Free Line for Readers: 1-888-RSHARMA e-mail address: wisdom@robinsharma.com Internet address: www.robinsharma.com

xviii

# 1. Discover Your Calling



When I was growing up, my father said something to me I will never forget, "Son, when you were born, you cried while the world rejoiced. Live your life in such a way that when you die the world cries while you rejoice." We live in an age when we have forgotten what life is all about. We can easily put a person on the Moon, but we have trouble walking across the street to meet a new neighbor. We can fire a missile across the world with pinpoint accuracy, but we have trouble keeping a date with our children to go to the library. We have e-mail, fax machines and digital phones so that we can stay connected and yet we live in a time where human beings have never been less connected. We have lost touch with our humanity. We have lost touch with our purpose. We have lost sight of the things that matter the most.

And so, as you start this book, I respectfully ask you, Who will cry when you die? How many lives will you

#### ROBIN SHARMA

touch while you have the privilege to walk this planet? What impact will your life have on the generations that follow you? And what legacy will you leave behind after you have taken your last breath? One of the lessons I have learned in my own life is that if you don't act on life, life has a habit of acting on you. The days slip into weeks, the weeks slip into months and the months slip into years. Pretty soon it's all over and you are left with nothing more than a heart filled with regret over a life half lived. George Bernard Shaw was asked on his deathbed, "What would you do if you could live your life over again?" He reflected, then replied with a deep sigh: "I'd like to be the person I could have been but never was." I've written this book so that this will never happen to you.

As a professional speaker, I spend much of my work life delivering keynote addresses at conferences across North America, flying from city to city, sharing my insights on leadership in business and in life with many different people. Though they all come from diverse walks of life, their questions invariably center on the same things these days: How can I find greater meaning in my life? How can I make a lasting contribution through my work?

q/who will cry 11/10/05 4:16 PM Page

#### WHO WILL CRY WHEN YOU DIE?

and How can I simplify so that I can enjoy the journey of life before it is too late?

My answer always begins the same way: Find your calling. I believe we all have special talents that are just waiting to be engaged in a worthy pursuit. We are all here for some unique purpose, some noble objective that will allow us to manifest our highest human potential while we, at the same time, add value to the lives around us. Finding your calling doesn't mean you must leave the job you now have. It simply means you need to bring more of yourself into your work and focus on the things you do best. It means you have to stop waiting for other people to make the changes you desire and, as Mahatma Gandhi noted: "Be the change that you wish to see most in your world." And once you do, your life will change.