Q1

Q₁a

We know that $I_{ij}=m_{lpha}(\delta_{ij}|r_{lpha}'|^2-x_{lpha i}x_{lpha j})$, Then, the middle row is

$$-m_{lpha}ig[x_{lpha2}x_{lpha1}ig] \qquad -m_{lpha}ig[x_{lpha1}^2+x_{lpha3}^2ig] \qquad -m_{lpha}ig[x_{lpha2}x_{lpha3}ig]$$

Q₁b

In such a case, by symmetry

$$oxed{I_{11}=I_{22}}$$

Similarly, substituting the above in, we clearly see

$$\boxed{rac{1}{2}(I_{11}+I_{22})=I_{11}}$$

Q₁c

We begin

$$I_{xx}=\int\int\int dx dy dz\, \gamma(y^2+z^2)=\int\int\int dV\, \gamma(y^2+z^2)$$

Recall that from previous question,

$$rac{1}{2}(I_{xx}+I_{yy}) = I_{xx} \implies I_{xx} = rac{1}{2} \int \int \int dV \ \gamma(x^2+y^2+2z^2)$$

Converting the cartesian variables to cylindrical,

$$dV =
ho d
ho d\phi dz \implies I_{xx} = rac{1}{2} \int\!\int\!\int d
ho d\phi dz \, \gamma
ho (
ho^2 + 2z^2)$$

$$oxed{I_{xx}=rac{\gamma}{2}\int_{0}^{2\pi}d\phi\int_{z_{min}}^{z_{max}}dz\int_{
ho_{min}}^{
ho_{max}}(
ho^2+2z^2)
ho\;d
ho}$$

Q₁d

Since the object has rotational symmetry about the z-axis, we find that

$$I_{xy}=0$$

This is by axial symmetry. I_{xy} is the product of the x and y coordinates summed over all the masses dm. Since there is axial symmetry about the z axis, this means that mass is symmetrically distributed across the x and y directions. Then, the object's mass distribution is mirrored about the z axis. Therefore, the

product of the x and y for each point of mass is mirrored by a corresponding mass on the other side, and therefore the contribution is canceled out by its corresponding mirrored point mass. Contributions from one side of the z axis will be canceled out by equal contributions on the other side of the axis.

Q₁e

By the above argument, since there is axial symmetry, all the off diagonal elements are zero.

$$I_{ij} \propto \delta_{ij}$$

Further, since z is an axis of symmetry for the object, we observe that $I_{11} = I_{22}$ as above in part b, We now find the diagonal elements using the result from c,

$$I_{xx}=I_{yy}=rac{\gamma}{2}\int_{0}^{2\pi}d\phi\int_{z_{min}}^{z_{max}}dz\int_{
ho_{min}}^{
ho_{max}}(
ho^{2}+2z^{2})
ho\;d
ho$$

By calculator,

$$dz = rac{\gamma}{2} \int_{0}^{2\pi} d\phi \int_{-z_{sc}}^{z_{sc}} dz \int_{0}^{
ho_{sc} \sqrt{1 - rac{z^{2}}{z_{sc}^{2}}}} (
ho^{2} + 2z^{2})
ho \ d
ho = rac{4 \gamma \pi
ho_{
m sc}^{2} z_{
m sc} \left(z_{
m sc}^{2} +
ho_{
m sc}^{2}
ight)}{15}$$

We solve I_{zz} the same way by calculating this integral using calculator,

$$I_{zz} = \gamma \int_0^{2\pi} d\phi \int_{-z_{sc}}^{z_{sc}} dz \int_0^{
ho_{sc} \sqrt{1-rac{z^2}{z_{sc}^2}}} (
ho^2)
ho \ d
ho = \gamma \pi rac{8
ho_{
m sc}^4 z_{
m sc}}{15}$$

Our final tensor is,

$$I = egin{pmatrix} rac{4\gamma\pi
ho_{
m sc}^2z_{
m sc}\left(z_{
m sc}^2 +
ho_{
m sc}^2
ight)}{15} & 0 & 0 \ 0 & rac{4\gamma\pi
ho_{
m sc}^2z_{
m sc}\left(z_{
m sc}^2 +
ho_{
m sc}^2
ight)}{15} & 0 \ 0 & rac{\gamma\pi8
ho_{
m sc}^4z_{
m sc}}{15} \end{pmatrix}$$

Using $V=rac{4\pi\gamma}{3}
ho_{sc}^2z_{sc}\implies \gamma=rac{M}{V}$,

$$I = M egin{pmatrix} rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 & 0 \ 0 & rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 \ 0 & rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 \ 0 & 0 & rac{2
ho_{
m sc}^2}{5} \end{pmatrix}$$

Q1f

We do the matrix multiplication,

$$ec{L} = I ec{\omega} = M egin{bmatrix} rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 & 0 \ 0 & rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 \ 0 & rac{z_{
m sc}^2 +
ho_{
m sc}^2}{5} & 0 \ 0 & 0 & rac{2
ho_{
m sc}^2}{5} \end{bmatrix} egin{bmatrix} 0 \ 0 \ \omega \end{bmatrix} = rac{2M
ho_{
m sc}^2\omega}{5}$$

$$egin{equation} ec{L} = rac{2M
ho_{
m sc}^2\omega}{5}\hat{e}_z \end{split}$$