Instruction-Tuning Llama-3-8B Excels in City-Scale Mobility Prediction

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Abstract

Human mobility prediction plays a critical role in applications such as disaster response, urban planning, and epidemic forecasting. Traditional methods often rely on designing crafted, domain-specific models, and typically focus on short-term predictions, which struggle to generalize across diverse urban environments. In this study, we introduce Llama-3-8B-Mob, a large language model fine-tuned with instruction tuning, for long-term citywide mobility prediction in a Q&A manner. We validate our approach using large-scale human mobility data from four metropolitan areas in Japan, focusing on predicting individual trajectories over the next 15 days. The results demonstrate that Llama-3-8B-Mob excels in modeling longterm human mobility—surpassing the state-of-the-art on multiple prediction metrics. It also displays strong zero-shot generalization capabilities-effectively generalizing to other cities even when finetuned only on limited samples from a single city. Source codes are available at https://github.com/TANGHULU6/Llama3-8B-Mob.

CCS Concepts

• Human-centered computing \rightarrow Mobile computing; • Computing methodologies \rightarrow Natural language generation.

Keywords

Human Mobility, Large Language Model, Long-term Forecasting, Transfer Learning

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1 Introduction

Human mobility prediction plays a vital role in various critical scenarios, such as disaster management [1], epidemic forecasting [2], and personalized location recommendations [3]. Numerous advanced machine learning models have been proposed for individual-level human mobility prediction. For instance, Feng et al. proposed a model that integrates Recurrent Neural Networks (RNNs) with attention mechanisms to jointly capture users' long- and short-term preferences for next-location prediction [4]. Similarly, Xu et al. transformed both individual historical movements and collective migration patterns into graphs, applying graph learning to capture complex spatial-temporal trends, leading to significant improvements in prediction accuracy [3]. However, these approaches rely on designing crafted, domain-specific models, which often struggle to generalize effectively across different cities and applications.

In recent years, Large Language Models (LLMs) have rapidly emerged, excelling not only in Natural Language Processing (NLP) tasks such as translation, sentiment analysis, and entity extraction but also redefining various scenarios like data preprocessing [5] and time series prediction [6]. In this context, human mobility modeling is also experiencing a significant paradigm shift. Wang et al. designed an effective prompting strategy that enables LLMs to perform zero-shot next-location prediction in a Q&A format for the first time [7]. The results showed that LLMs demonstrated competitive prediction performance and could offer better interpretability compared to existing domain-specific machine learning models. Furthermore, Li et al. fine-tuned the Llama-2-7B model by framing an individual's historical trajectory as input and the next location as the response, achieving state-of-the-art (SOTA) on three realworld check-in datasets [8]. These studies highlight the enormous potential of LLMs in human mobility modeling. However, several limitations remain: most work just focused on short-term predictions (i.e., next-location prediction), leaving long-term prediction largely unexplored, and the transferability among cities has yet to be examined, making it unclear whether mobility patterns learned in one city can be effectively transferred to another.

To this end, we introduce **Llama-3-8B-Mob**, an instruction-tuned version of Llama-3-8B [9], designed for long-term, multi-city human mobility prediction. We validate our approach on a large-scale human trajectory dataset from four metropolitan areas in Japan, focusing on predicting human mobility over the next 15 days. The results significantly surpass the existing SOTA method,

showcasing the impressive performance of Llama-3-8B-Mob in long-term prediction and its strong zero-shot generalization ability—training in a single city effectively generalizes to others. In the Human Mobility Prediction Challenge 2024¹, Llama-3-8B-Mob ranked among the top 10, surpassing over 100 competing prediction models.

2 Problem Definition

Definition 1. (**Trajectory**): A trajectory for a moving object consists of a sequence of spatial-temporal records that depict the object's location at a specific timestamp. Formally, it is defined as:

$$T = (uid, \{(t_i, x_i, y_i) | i = 1, \dots, n\}), \tag{1}$$

where uid is the unique identifier of the user , (x_i, y_i) represents the spatial coordinates at time t_i , and n depicts the trajectory length. Definition 2. (Individual Trajectory Prediction): Given the past M records T_{t-M+1}^t of a trajectory T, and the time information D_{t+1}^{t+N} for the future N records, the objective of individual trajectory prediction is to determine a mapping function $f(\cdot,\cdot)$ with parameters θ , which predicts the locations of the subsequent N records:

$$f(T_{t-M+1}^t, D_{t+1}^{t+N}) = \{(x_j, y_j) \mid j = t+1, \dots, t+N\},$$
 (2)

where

$$T_{t-M+1}^{t} = (uid, \{(t_i, x_i, y_i) \mid i = t - M + 1, \dots, t\}),$$
(3)

and

$$D_{t+1}^{t+N} = \{t_j \mid j = t+1, \dots, t+N\}.$$
 (4)

Definition 3. (Citywide Trajectories): Citywide trajectories, denoted as $\mathcal{T}_{\mathcal{X}}^{\mathcal{R}}$, refer to a collection of user trajectories within a specified urban area \mathcal{X} and time range \mathcal{R} .

Definition 4. (Citywide Trajectory Prediction): Given a citywide trajectory dataset for an urban area X within a past time range \mathcal{R}_{past} , the goal is to predict the future trajectories in the X over a future time range \mathcal{R}_{future} , using the individual trajectory prediction function $f(\cdot, \cdot)$ with parameters θ :

$$\mathcal{T}_{\mathcal{X}}^{\mathcal{R}_{\text{past}}}, \mathcal{R}_{\text{future}} \xrightarrow{f(\cdot, \cdot)} \mathcal{T}_{\mathcal{X}}^{\mathcal{R}_{\text{future}}}.$$
 (5)

3 Methodology

3.1 Problem Reformulation

It is widely known that LLMs imply vast amounts of knowledge, including the common understanding of human mobility behaviors and patterns [7, 8]. To explore the potential of LLMs in human mobility modeling, we re-framed the trajectory prediction (Equation 2) as a Q&A task with instructions (Figure 1):

- The **instruction block** offers guidelines on the model's #role, #target environment, #definition and example of trajectory, #task description, and the #format of the output.
- The question block includes the user's #historical trajectory and the #time information for which location predictions are required.
- While the answer block is the #predicted future trajectory in JSON format, which we expect as the model's response given the previous two blocks.

Instruction

[Role] You are a helpful assistant that predicts human mobility trajectories in a city.

[Introduction #Environment] The target city is divided into equally sized cells, creating a 200 x 200 grid. We use coordinate <x>,<y> to indicate the location of a cell within the target area. The horizontal coordinate <x> increases from left to right, and the vertical coordinate <y> increases from top to bottom. The coordinates of the top-left corner are (0, 0), and the coordinates of the bottom-right corner are (199, 199).

[Introduction #Trajectory Definition] A trajectory is a sequence of quadruples ordered by time. Each quadruple follows the format <day_id>, <timeslot_id>, <x>, <y>. It represents a person's location <x>, <y> at the timeslot <timeslot_id> of day <day_id>. The <day_id> is the index of day, representing a specific day. Each day's 24 hours are discretized into 48 time slots with a time interval of 30 minutes. < timeslot_id> is the index of the time slot, ranging from 0 to 47, representing a specific half-hour in a day.

[Introduction #Trajectory Example] Let me give you an example of a quadruple to better illustrate what is a record in a trajectory. For instance, a sequence (1,12,124,121) indicates that an individual was located at cell 124.121 between 11:30 and 12:00 on day 1.

[Task Description] You will receive an individual's trajectory in the target city, with some cell coordinates <x>,<y> that were missed and marked as 999,999. Please replace all instances of 999 with your predictions.

[Format emphasizing] Please organize your answer in Json object containing following keys: {"prediction": here should be the missing part of sequence only, without adding any extra things.} Do not write any code, just inference by yourself; do not provide any other things in your response besides the Json object.

```
Question

Here is the data I wish you to predict:
day_id, timeslot_id, x, y
<0,0,199,199>,<0,1,198,196>,<0,2,195,196>,...<59,47,198,196>,<60,1,999,999>,<61,1,999,999>,...<74,47,999,999>.

Answer

{ "prediction":
    [[60,1,92,94], [60,2,93,95], [61,1,93,94],... [74,47,101,108]]
```

Figure 1: Framing human mobility prediction as a Q&A task with instruction.

Compared to the **question block only** approach, this design offers LLMs a more comprehensive task context to aid in reasoning.

★ Dataset adaptation. It is important to note that the framework in Figure 1 has been specifically adapted for the Human Mobility Challenge 2024 dataset [10].

3.2 Instruction Tuning

Limitations of zero-shot approach. We conducted exploratory experiments with GPT-3.5 and 4, and found that our Q&A framework is capable of producing decent results in a zero-shot setting. However, due to the high cost of API calls and the potential risk of data leakage in production environments, open-source models may be a better option. Nevertheless, further exploration revealed that for open-source models (i.e., the Llama series), zero-shot is not a viable solution—the models struggled to yield outputs that adhered to the desired format or aligned with the task objectives. Even when producing seemingly acceptable results occasionally, the prediction accuracy was still poor.

¹https://wp.nyu.edu/humobchallenge2024/

Table 1: Basic statistics of dataset.

Attribute	City				
Attribute	A	B	C	D	
Time Coverage	75 days				
Time Granularity	30 minutes (48 time slots per day)				
Spatial Granularity	500 meters \times 500 meters (200 \times 200 grids)				
# Trajectories	100,000	22,000	17,000	3,000	
Avg. Traj. Len.	1115.35	998.91	948.08	1450.83	

Fine-tuning. To overcome challenges faced in zero-shot scenarios, we fine-tuned Llama-3-8B [9] through *instruction tuning* [11]: (1) *Data preparation*: we sampled a portion of users from the training set and constructed fine-tuning corpus with Figure 1 as the template, where the **instruction block** and **question block** served as the model input, and the **answer block** as the expected output. (2) *Parameter-efficient fine-tuning*: given a large number of parameters in LLMs, we applied Low Rank Adaptation (LoRA) adapters [12] to optimize fine-tuning efficiency, only targeting the key modules in the model, such as the query, key, value, and output projections of transformers, as well as the gate, up, and down projections. (3) *Loss function*: we utilized token-level cross-entropy as the loss function directly, converting the complex spatial-temporal learning problem as a Q&A fine-tuning task in the NLP domain.

4 Experiments

4.1 Experimental Setup

Dataset. The dataset we used comes from the Human Mobility Challenge 2024 [10], which includes human mobility data from four metropolitan areas in Japan (cities A, B, C, and D) over a 75day period. Each trajectory is represented as a quadruplet <x, y, day, time slot>, where x and y are discretized spatial coordinates mapped onto a 200 × 200 grid, and day and time slots represent discretized temporal information with half-hour intervals. The dataset contains complete trajectories for 100,000 individuals from city A and for 25,000, 20,000, and 6,000 individuals in cities B, C, and D respectively. For cities B, C, and D, the location data for the last 3,000 individuals during days 61 to 75 is masked; we excluded this subset of users directly in this study. Table 1 shows the basic statistics of the dataset. The goal is to infer the future trajectories of cities B, C, and D between days 61-75 using the past trajectories from days 1-60, corresponding to parameters \mathcal{R}_{past} and \mathcal{R}_{future} as defined in Definition 4. To evaluate the model performance, for each city, the data is further split into training and evaluation sets in an 8:2 ratio by user ids. Moreover, given the efficiency constraints of LLMs in inference tasks-where predicting a single user's trajectory takes approximately 5 minutes-we randomly selected 100 users from the validation set to form a smaller evaluation subset for performance analysis within a restricted timeframe.

Baselines. We used the champion model [13] of the Human Mobility Prediction Challenge 2023, namely LP-Bert, as our baseline. This model treats the trajectory prediction task as a BERT-based imputation task, where each location record's full information is represented as a token, with a spatial-temporal embedding layer converting it into token embedding. Since the model does not support cross-city predictions, we modified the output layer by adding a city embedding module to enable the multi-city scenario.

Table 2: Model performance comparison.

Model	Average DTW (↓)			Average GEO-BLEU (↑)			Mean
Model	В	C	D	В	C	D	Rank
LP-Bert [13]	23.30	23.81	38.89	0.3093	0.2682	0.3033	4.17
Llama-3-8B-Mob w/B	26.32	22.49	34.41	0.3322	0.2895	0.3157	2.50
Llama-3-8B-Mob w/C	31.58	23.75	34.49	0.3399	0.2891	0.2833	3.67
Llama-3-8B-Mob w/D	28.75	22.20	38.46	0.3251	0.2765	0.3056	3.50
Llama-3-8B-Mob $w/A+B$	25.39	20.57	31.94	0.3541	0.2969	0.3217	1.17

Parameter Settings. Our base model is an optimized version of Llama-3-8B, which is 2-5x faster than the original. It uses 4-bit quantization to reduce GPU memory usage by 70%. Readers can access it here². During fine-tuning, the rank of the LoRA adapters was set to 16. The training batch size was 1, with gradient accumulation over 4 steps and a learning rate of 2e-3. The number of fine-tuning epochs was set to 3. AdamW optimizer was used with a cosine learning rate scheduler and a weight decay of 0.01.

Environment. Experiments were conducted on a linux server equipped with 2 Intel(R) Xeon(R) Silver 4310 CPUs and 4 NVIDIA RTX A6000 GPUs, each offering 48 GB of memory. All training and inference procedures were tracked and logged using the Wandb tool³, ensuring reproducibility and consistent reporting.

Evaluation Metrics. We used Dynamic Time Warping (DTW) [14] and GEO-BLEU [15] to evaluate the quality of predictions. DTW measures the shape similarity between predicted and ground truth trajectories, while GEO-BLEU, a geospatial variant of BLEU, incorporates spatial proximity into n-gram matching to assess the similarity of geospatial sequences.

4.2 Effectiveness Evaluation

In this section, we assess the effectiveness of LP-Bert and Llama-3-8B-Mob. LP-Bert was trained using the complete training data of cities A, B, C, and D. In contrast, training Llama-3-8B-Mob with the entire dataset would be impractical and time-consuming, potentially taking several months (see Section 4.3). Therefore, we conducted instruct tuning separately with the training data from cities B, C, and D, resulting in three distinct versions of Llama-3-8B-Mob. Table 2 shows the performance of these models on the validation set. Notably, even with simple fine-tuning based solely on single city data, our model (all three variants) significantly outperforms last year's leading model which was trained on data from all cities. We attribute this superiority to Llama-3-8B's inherent understanding of human mobility patterns as well as its strong reasoning ability. Moreover, Llama-3-8B-Mob w/ single city performs remarkably well in predictions for other cities, showcasing its generalization ability across different urban environments without the need for cityspecific data! Furthermore, it can be found that fine-tuning with City B yields the best results (mean rank = 2.5). However, the average trajectory length of City B is 998.91, which may not encompass some long trajectory scenarios. Therefore, we randomly selected 1,000 trajectories from A (average trajectory length to 1115.35) to fine-tune together with B, resulting in improved outcomes: all metrics achieved SOTA results except for DTW@City-B.

Due to limitations in computational resources and time, we only investigated four data fine-tuning settings here (B, C, D, A+B). Even

²https://huggingface.co/unsloth/llama-3-8b-bnb-4bit

³https://github.com/wandb/wandb

Table 3: Training and inference efficiency.

Model	# Trainable	Training		Inference	
	Parameters	GPU Usage	t_{total}	GPU Usage	t_{infer}
LP-Bert [13]	12.20 M	25.97 GiB	2.77 d	1.49 GiB	13.94 ms
Llama3-8B-Mob w/ A+B	41.94 M	43.11 GiB	6.64 d	14.86 GiB	225.61 s

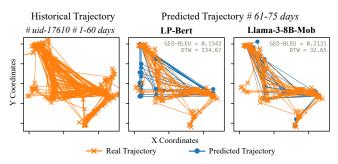


Figure 2: Visualization comparison of prediction results.

though, we believe that there exists an optimal data combination that covers more scenarios and corner cases while minimizing information redundancy.

4.3 Efficiency Evaluation

Although Llama-3-8B-Mob demonstrates strong predictive capabilities, we must acknowledge that its training and inference costs are significantly higher compared to LP-Bert. Table 3 provides an overview of the training and inference efficiency of both models. As shown, the training time for Llama-3-8B-Mob w/A+B reaches 6.64 days, which is 2.4x longer than that of LP-Bert. Additionally, the average inference time per trajectory (batch size = 1) is 225.61 seconds—16,000x slower than LP-Bert. Due to the auto-regressive nature of the Llama-3-8B, the inference time increases linearly with the length of the trajectory, with the longest inference time in the validation set reaching up to 15 minutes. This presents a significant challenge when applying LLMs to long-term trajectory prediction.

4.4 Case Study

We conducted a case study on a randomly selected individual from city B, as shown in Figure 2. The left panel displays the user's historical trajectory for days 1-60, while the middle and right panels show the predictions from LP-Bert and Llama-3-8B, respectively. As observed, LP-Bert tends to consistently predict trajectories with right-angled triangular shapes, which clearly deviate from general human mobility patterns. In contrast, Llama-3-8B accurately replicates an individual's movement behavior—the orange and blue lines nearly overlap. Notably, LP-Bert's behavior is not an isolated case; in many other examples, it also tends to predict regular geometric shapes (e.g., squares). Additionally, the gray text shows the DTW and GEO-BLEU scores for both models, indicating that Llama-3-8B-Mob significantly outperforms LP-Bert.

5 Conclusion

This study proposes an LLMs instruction tuning approach for long-term human mobility prediction across multiple cities. We validated the effectiveness and the superiority of the proposed method using large-scale human mobility data from four metropolitan areas in Japan. In the future, we will improve our work from three aspects:

(1) Recognizing that the effectiveness of fine-tuning LLMs is highly dependent on data quality, *designing better data selection strategies* (currently random) towards more efficient and effective fine-tuning will be next focus. (2) The slow inference time greatly affects the practicality of the Llama-3-8B-Mob. We will continue to explore the latest advances in *efficient inference techniques* and apply them to our model. (3) Expanding validation to *more trajectory datasets*, beyond human trajectories and grid-level data.

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